

# ESD Ideas: Positive Tipping points towards global regenerative systems

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## Abstract:

Coping with the threats posed by multiple negative Earth tipping points calls for large coordinated actions conducive to creating long-lasting positive synergies between human and biophysical systems. Boundary concepts, engaging narratives and aspirational visions play a crucial role in coordinating the kinds of deliberate transformations needed to address global existential challenges. The regenerative sustainability vision and paradigm offers such an enabling cognitive and discursive capacity to integrate the insights from social and natural sciences so net-positive tipping points towards a safe and just space for humanity can better be operationalised, coordinated and enacted within and across multiple kinds of social-ecological systems.

## 1. Introduction

Our world is a world of systems of systems. Energy systems, agri-food systems, financial systems, urban mobility systems, information systems, educational systems, religious systems and many others; each of them operates under its bounded rationalities, organisational and normative rules that justify its existence in different ways. Each system also has its effects on other systems, which can be detrimental or beneficial to the goals and development of these other systems. Given such complexity and heterogeneity, social scientists conceptualise each system change using different approaches and metrics from natural scientists. So when transdisciplinary teams meet together to try to find transformative pathways and solutions to cope with large and existential risks, like those posed by Earth tipping points, not only might different individuals look at different systems, but they might also look at a same system in different ways.

Hence, robust knowledge and actions aimed at dealing with the increasing threats of negative Earth tipping points does not only require reflexive spaces conducive to mutual learning among such diversity of perspectives; but also, of higher-order concepts, engaging narratives and visions able to provide an actionable sense of the complexity entailed in understanding such threats. In this contribution, I argue that the regenerative sustainability paradigm offers such a cognitive, discursive and collective capacity to integrate the insights from diverse social and natural sciences in a way that *net-positive tipping points* can better be operationalised, coordinated and enacted within and across multiple kinds of social-ecological systems and actions.

## 40 2. From less harm to net-positive tipping points

41 A tipping point can be defined as the moment at which a relatively small additional force of change makes a  
42 complex system adopt a fundamentally different configuration and long-term dynamics, either by embarking on  
43 a new development trajectory or by evolving around a new system's attractor. In the case of positive tipping  
44 points that happen in social-ecological systems (Tàbara, Frantzeskaki et al., 2018, Lenton 2020; Otto et al. 2020)  
45 we assume that the new dynamics contribute to improving the quality of life, long-term human sustainability and  
46 thus can help avoid existential risks derived from negative global environmental change.

47 Nevertheless, a major difficulty in conceptualising positive tipping points has to do with agreeing on what positive  
48 means. A dominant view in mainstream economics tends to assume and communicate to the larger publics that  
49 an increase in GNP is positive, while a reduction is negative. Such narrow, *short-termist* and exemptionalist  
50 (Dunlap, 1980) understanding of socio-economic development, however, tends to disregard the negative  
51 cumulative effects of past social-ecological interactions on the quality and quantity of life-support systems.  
52 Greenhouse emissions, biodiversity loss or the accumulation of persistent pollutants (usually not registered in  
53 corporate and national accounts as collective losses) also affect negatively future options and conditions for  
54 development. Hence, it is clear that a more nuanced and coupled understanding of wealth and development,  
55 that takes into account all the interactions and feedbacks -both positive and negative- with the natural world, is  
56 needed.

57 Alternatively, and using a whole-life systems' perspective, it can simply be argued that positive is what contributes  
58 to the maintenance, improvement and self-regeneration of social-ecological conditions that make human  
59 societies flourish and allow them to remain on Earth in the long term; whilst negative, simply constitutes the  
60 opposite, that which destroys life support systems and degrades such basic sustainability conditions. A lot of the  
61 public discourses on sustainability, however, have focused on products and services that only contribute to  
62 generating 'less harm' ( $<0$ ), or to policy commitments that aim at 'neutral targets' ( $=0$ ); rather than actually  
63 improving social-ecological systems in net positive terms ( $>0$ ). In this regard, *relative positive tipping points*, or  
64 those that focus on partial gains, may be associated to sectorial socio-technical transitions; while net-positive or  
65 *absolute positive tipping points* can be associated to those achieved by full-systems transformations; the latter  
66 entailing changes in individual behaviours, social practices, relationships and worldviews, and that eventually  
67 enhance the conditions for the self-regeneration of Earth life-support systems (Tàbara 2023). Therefore, relative  
68 positive tipping points refer to those that are limited in scope, time and nature (e.g., either social or biophysical  
69 but not both) but that may eventually create rebound effects or further increase resource scarcities and  
70 inequalities; whilst absolute tipping points refer to those that contribute to improving both social and biophysical  
71 conditions or capitals and secure long-term sustainability in enduring, self-propelling synergistic ways.

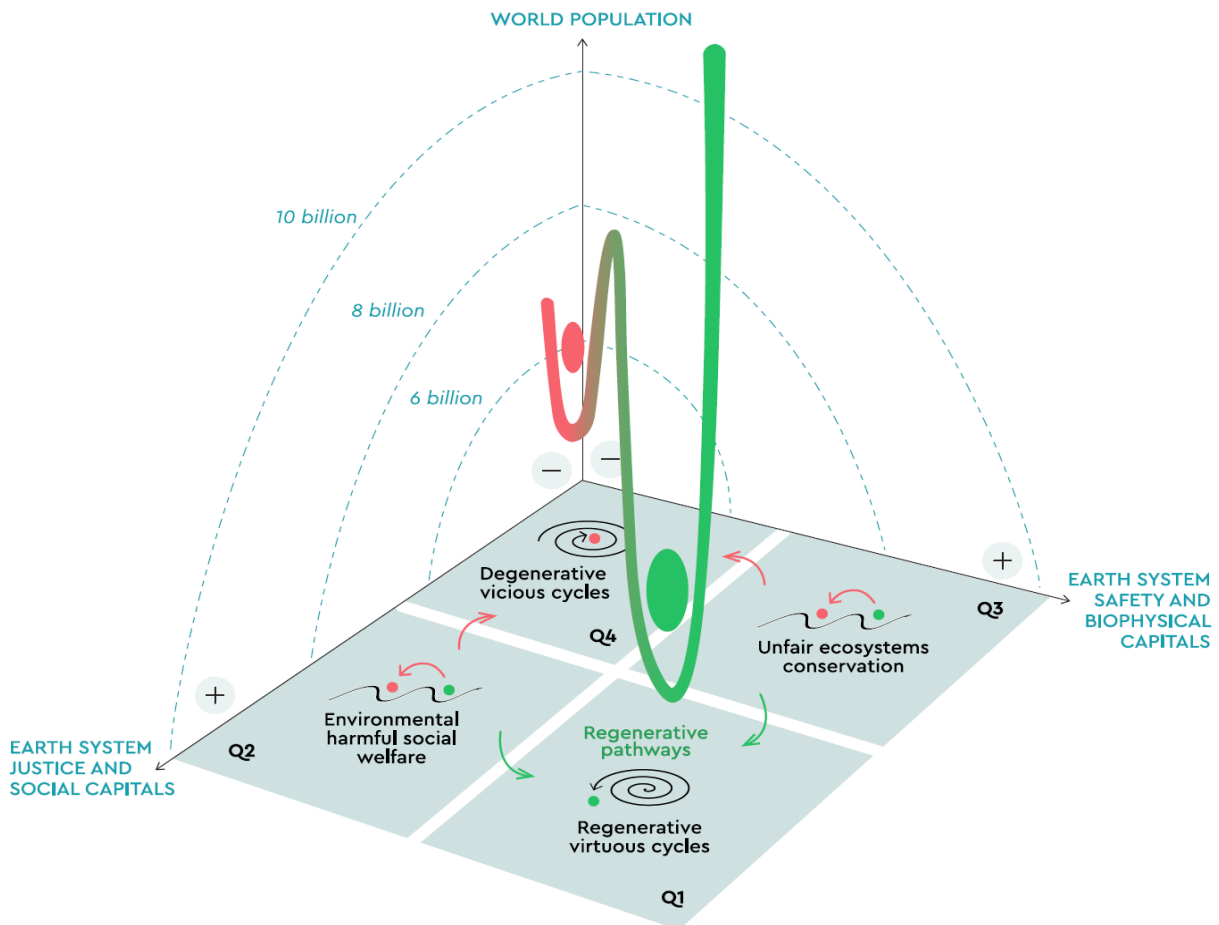
## 72 3. Positive synergies between social and biophysical systems

73 Positive tipping points can occur in many social systems, for instance, when access to education, health services  
74 or effective political participation and rights are granted to marginalised populations. But also in biophysical  
75 systems, as happens when a previously degraded ecosystem eventually regains its properties and conditions for  
76 self-regeneration. Although social and natural scientists tend to focus on one or the other, a regenerative  
77 perspective of sustainable development means that positive synergies between both are required (see also  
78 Buckton et al., 2023; Smithwick et al., 2023). In a world moving towards possibly 10 billion people by 2050, coping  
79 with global risks will depend not only on the health of the ecosystems (e.g., the safe planetary boundaries  
80 ;Rockstrom et al., 2021 ) but most importantly, on the possibility to improve the social conditions and institutions  
81 that ensure equity, social cohesion, mutual support, and effective, just, and trusted governance of the common  
82 good (Gupta et al., 2023 ).

83 Finding explicit, operational and visual means able to identify the requirements needed to move the present  
84 global development trajectory away from a degenerative attractor to a regenerative one is urgently required. This  
85 can be represented in Figure 1, based on the SEIC conceptual model (Tàbara 2023) in which all social-ecological

86 systems and societies and individuals' interactions are seen to be inevitably conditioned by four kinds of  
 87 subsystems of relations: structures and rules (S), energy and natural resource use (E), information and knowledge  
 88 systems (I), and anthropogenic cumulative or depletive environmental change (C). In this guise, the model can  
 89 also help to identify *the places to intervene* in a given social-ecological system, often referred to as leverage  
 90 points. Thus, interventions aimed at improving social systems will mostly tend to focus on the S and I subsystems;  
 91 whilst interventions seeking to improve biophysical systems interactions will namely concentrate on harnessing  
 92 feedback and cumulative/depletive processes occurring in E and C subsystems and reorient them towards a  
 93 regenerative trajectory. However, for a net-positive tipping point to be realised, transformations in all the  
 94 subsystems relations need to happen at the same time in a coordinated and synergistic way.

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97 **Figure 1: Achieving a global net-positive tipping point towards a regenerative attractor that increases**  
 98 **the safe and just operating space for humanity in a world moving towards 10 billion people requires**  
 99 **synergising fast improvements in global social conditions (or capitals) and biophysical conditions across**  
 100 **multiple levels of individual and collective action (Based on Tàbara, 2023).**

101

102 Thus, the two horizontal axes of Figure 1 represent, on the left-hand side, variations in social system conditions  
 103 and equity that make social cohesion, good governance and agents' cooperation and collaboration possible as to  
 104 take collective action; while the right-hand axis represents changes in the quality and quantities of the biophysical  
 105 stocks necessary for the long-term integral functioning of life-support systems. Achieving partial gains -or relative  
 106 tipping points- that only improve equity and social conditions but in ways that eventually lead to the depletion  
 107 or degradation of biophysical conditions - ecological capitals or stocks- will eventually turn into a negative system  
 108 tipping point (Q2). Similarly, gains in environmental protection, Earth system's safety, or the improvement in the

109 quality of ecosystems that are achieved at the cost of social equity and participation eventually are also likely to  
110 be rejected or undermined and result in a negative tipping point (Q3). Contexts or societies lacking fair and  
111 competent governance structures, as is the case of countries with rampant corruption or inequality, are also likely  
112 to derive to further ecosystems degradation and thus the whole social-ecological dynamics will descend and  
113 propagate into a full-systems negative tipping point (Q4). It is only by creating self-propelling virtuous cycles that  
114 improve *at the same time* the just and safety conditions in multiple kinds of systems that net-positive absolute  
115 tipping points may be achieved (Q1); and in this mode, net-positive tipping points occurring at lower levels of  
116 human-biophysical interactions, e.g., at individual or organisational ones, may contribute to move the whole  
117 global system towards a regenerative system development trajectory. In this upper system attractor, the  
118 'ecospace' (or the just and safe space for humanity; Gupta et al., 2023) would expand, as represented by the  
119 growing green dot, contrary to what would occur in the lower system' attractor, represented by the shrinking red  
120 dot.

121 In a nutshell, Figure 1 underlines in a very synthetic way that: (1) equity issues are at the core of the dynamics on  
122 net-positive tipping points, (2) population trends cannot be omitted when thinking about global tipping points,  
123 as tipping points are also affected by the scale of the system of reference, and (3) moving towards a safe and just  
124 development corridor for humanity depends on transforming whole-systems social-ecological interactions across  
125 all levels of human agency, so absolute, net-positive tipping points can be achieved<sup>1</sup>.

#### 126 **4. Conclusion:**

127 Coping with the large systemic risks posed by negative Earth tipping points needs the coordination of multiple  
128 kinds of systems in a way that all can contribute to the just improvement and renewal of the social-ecological  
129 conditions that make human life possible on Earth in the long term. Aspirational visions and narratives towards  
130 regenerative futures can play this role because they are necessarily inclusive and engaging -as after all, the  
131 challenge of sustainability is a large-scale global engagement challenge. This is also so because moving towards  
132 a global regenerative trajectory or regenerative global systems' attractor (and contrary to Malthusian positions)  
133 needs of everybody's capacities and sources of transformative imagination (Galafassi, 2018) to expand and  
134 improve the social-ecological space in which everyone in a world of 10 billion people can potentially be better-  
135 off. The regenerative sustainability vision and paradigm can contribute to coordinate the many kinds of  
136 transformations needed to achieve a global net-positive tipping point at a global scale. In this regard, when goals  
137 conflict - e.g., between short-term individual interests and long-term collective ones, and impede achieving a  
138 better-off whole system situation-, it may be useful to explore the role of inclusive win-win solutions able to turn  
139 defective strategies into collaborative ones (Jaeger et al., 2012; Tàbara et al., 2013; Hinkel, et al. 2020). This may  
140 require reframing original perspectives, creating new coalitions of action or finding new welfare metrics and  
141 processes able to reassess and redistribute wealth under strong equity principles that can be supported, again,  
142 by open transdisciplinary research.

143 The framework provided here underlines the fact, especially at global social-ecological system level, that there  
144 are no neutral interactions: all have either positive or negative effects, or as argued by Fath (2007) 'all objects in  
145 an ecological network are related... and ... interact with the others in the web: there are no null community-level  
146 relations'. Hence the regenerative narrative goes beyond ecological restoration, because it is mostly a relational  
147 social-ecological approach that can inspire transformative actions across individuals, organisations and large  
148 systems and encompasses many cultural, political and lifestyle dimensions. That is, it considers many social-  
149 ecological interactions that are not limited to those biophysical phenomena traditionally studied by natural

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<sup>1</sup> Please note that the number of people that there will be in the world is not an indication at all about how much ecospace (Gupta et al., 2023) there will eventually be available to secure dignified life conditions for the future generations living then. Such ecospace will mostly be dependent onto the extent just and synergistic necessary institutional arrangements and policies able to move societies towards the upper attractor can be implemented in a fair way, e.g., following principles of transformative and Earth Systems' justice.

150 scientists. Therefore, it does not disregard but instead also includes the urgent need to stop the destruction of  
151 the conditions and ecological links that ensure the integral functioning of the biosphere in the first place.

152 The overall argument behind the ideas of global regenerative systems and of a plausible positive tipping point  
153 toward a global regenerative development pathway is that, if it ever comes to happen, it must be built on the  
154 conditions generated by endless numbers of positive tipping points at lower system' levels (Tàbara, Takama et al.,  
155 2018, and Tàbara et al., 2019). The quadrants at the basis of the 3D figure intend to represents these complex  
156 system dynamics at lower levels: fundamental qualitative changes at higher systems' levels may result from  
157 relatively slow, non-linear but cumulative dynamics building the conditions that at one point may create a window  
158 of opportunity for whole system's transformation. But without the constitution of such previous enabling  
159 conditions, even if one abrupt or potentially disruptive event occurs, such transformation may not happen. And  
160 even when they happen, as is the case of extending and institutionalising human rights to marginalised  
161 populations, they may only endure in time to the extent that continuous reinforcing learning feedbacks are able  
162 to renew and improve original paradigms, mechanisms and practices in which such new institutions operate, e.g.,  
163 through second-order sustainability learning (Tàbara & Pahl-Wostl, 2007, Pahl-Wostl, 2009). Hence,  
164 transdisciplinary science in this domain would not only be researching 'what is the problem?'; but namely, 'who  
165 is part of the solution?' and how can these agents be empowered (Tàbara, Jäger et al. 2018) through sustainability  
166 learning as to create positive synergistic interactions with the natural world at all systems levels? All in all, a  
167 massive complex process which could be supported and reconfigured with the help the proposed coordinating  
168 narrative.

169 However, much transdisciplinary and integrated research is yet lacking and still required to understand,  
170 operationalise and foster the potential synergies between improvements in global social-ecological conditions  
171 and biophysical capitals regeneration so as to guarantee a safe and just space for humanity.

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225 **Competing interests**

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