The upstream-downstream ~~mechanism~~ connection of North Atlantic and Mediterranean cyclones in semi-idealized simulations

Alexander Scherrmann[1], Heini Wernli[1], and Emmanouil Flaounas[2]

[1]ETH Zurich, Institute for Atmospheric and Climate Science, Zurich, Switzerland
[2]Hellenic Centre for Marine Research, (HCMR), Anavyssos, Greece

Correspondence: Alexander Scherrmann (alexander.scherrmann@env.ethz.ch)

Abstract. Cyclogenesis in the Mediterranean ~~typically follows an archetypal scenario with~~ is typically triggered by the intrusion of a potential vorticity (PV) streamer over the Mediterranean~~, which~~. The intrusion of the PV streamer results from a preceding Rossby Wave breaking (RWB) upstream over the North Atlantic. The ~~RWB is~~ ridge leading to the RWB is typically amplified by the presence of warm conveyor belts (WCBs) in at least one North Atlantic cyclone about 4 days prior to Mediterranean cyclogenesis. ~~This scenario has been found in several case studies of intense Mediterranean cyclones with a variety of different North Atlantic cyclone tracks and intensities, and different locations of PV streamers intruding the Mediterranean. While~~ Thus, the sequence of these four main events (namely North Atlantic cyclone, WCBs, RWB and the resulting PV streamers) ~~are suggested to be necessary for Mediterranean cyclogenesis~~ form an archetypal scenario leading to Mediterranean cyclogenesis. However, they rarely occur in a spatially consistent, fully repetitive pattern for real cyclone cases. To more systematically study this ~~link between the~~ connection between upstream North Atlantic ~~cyclone dynamics and the~~ cyclones and Mediterranean cyclogenesis, we perform a set of semi-idealized simulations over the Euro-Atlantic domain. For these simulations, we prescribe a constant climatological atmospheric state in the initial and boundary conditions. To trigger the downstream Mediterranean cyclogenesis scenario, we perturb the climatological polar jet through the inversion of a positive upper-level PV anomaly. The amplitude of this perturbation determines the intensity of the triggered North Atlantic cyclone. This cyclone provokes RWB, the intrusion of a PV streamer over the Mediterranean, and thereby the formation of a Mediterranean cyclone. Therefore, our results show a direct ~~causality~~ connection between the presence of a North Atlantic cyclone and the downstream intrusion of a PV streamer into the Mediterranean, which causes cyclogenesis about 4 days after perturbing the polar jet~~, which we refer to~~. We refer to this as the upstream-downstream ~~mechanism of cyclogenesis~~ connection of North Atlantic and Mediterranean cyclones. To investigate the sensitivity of this ~~mechanism~~ connection, we vary the position and amplitude of the upper-level PV anomaly. In all simulations, cyclogenesis occurs in the Mediterranean. Nevertheless, the ~~evolution, track~~ tracks and intensity of the Mediterranean cyclones may vary by up to $20°$ and $10\,\text{hPa}$ (at the time of the mature stage), respectively. This indicates that the Mediterranean cyclone dynamics are sensitive to the dynamical structure and ~~intensity~~ amplitude of the intruding PV streamer, which itself is sensitive to the interaction of the upstream cyclone and the ~~RWB~~ RW(B). By applying different seasonal climatological atmospheric states as initial conditions we show that cyclogenesis occurs in distinct regions in different seasons. Thus, the seasonal cycle of Mediterranean cyclogenesis ~~indeed depends on~~ might be partly determined by the large-scale atmospheric circulation. ~~In particular~~, i.e., the seasonal location of the polar jet. Furthermore, we show that the

Mediterranean cyclones in these semi-idealized simulations show characteristics that agree with the observed climatology of Mediterranean cyclones in the respective season.

1 Introduction

Mediterranean cyclones are frequent and potentially high-impact weather systems in one of the most densely populated regions of the world. In fact, the Mediterranean basin belongs to the regions of highest winter cyclone activity around the globe (Trigo et al., 1999; Ulbrich et al., 2009; Neu et al., 2013). Mediterranean cyclones typically form due to Rossby wave breaking (RWB) in the upper troposphere and the consequent southward intrusion of stratospheric air of high potential vorticity ~~(PV; PV streamers; Appenzeller and Davies, 1992)~~ (PV; PV streamers; Appenzeller and Davies, 1992) over the region (Raveh-Rubin and Flaounas, 2017). The spatially distinct regions of cyclogenesis in ~~the Mediterranean (,~~ e.g. ~~Bartholy et al., 2009; Almazroui et al., 2015)~~ the eastern and western parts of the Mediterranean basin (e.g., Bartholy et al., 2009; Almazroui et al., 2015) suggest that there is a high variability in the spatial structure of the PV streamers that ~~results~~ result in Mediterranean cyclogenesis. Indeed, it has been shown by several case studies ~~(e.g. Grams et al., 2011; Chaboureau et al., 2012, Pantillon et al., 2013, Portmann et al., 2020)~~ (e.g., Grams et al., 2011; Chaboureau et al., 2012; Pantillon et al., 2013; Portmann et al., 2020) that, depending on where the PV streamer intrudes into the Mediterranean, cyclogenesis occurs in different parts of the Mediterranean and the resulting cyclones may affect different areas in the basin with different impacts. For instance, PV streamers and the resulting cyclones in the western parts of the Mediterranean, e.g., the Gulf of Genoa potentially lead to heavy precipitation south of the Alps ~~(Massacand et al., 1998; Argence et al., 2008)~~ (e.g., Massacand et al., 1998) and North Africa (e.g., Argence et al., 2008). But the RWB can also lead to PV streamers further east with cyclones affecting the eastern Mediterranean ~~(e.g. Portmann et al., 2020)~~ (e.g., Portmann et al., 2020).

The presence of the PV streamer is regarded as essential to trigger cyclogenesis (Massacand et al., 1998; Emanuel, 2005; Fita et al., 2006; Chaboureau et al., 2012; Flaounas et al., 2015; Raveh-Rubin and Flaounas, 2017), and, in addition, several studies have shown that the detailed structure of the streamer is essential for determining the cyclone's track and intensity ~~(e.g. Flocas, 2000; Romero, 2001; Homar and Stensrud, 2004; Argence et al., 2008; Claud et al., 2010; Carrió et al., 2017)~~ (e.g., Flocas, 2000; Romero, 2001; Homar and Stensrud, 2004; Argence et al., 2009; Claud et al., 2010; Carrió et al., 2017). Despite the importance of the PV streamer, our knowledge on the chain of events that determines the location of its intrusion over the Mediterranean and its detailed structure are still not fully clear.

Indeed, Portmann et al. (2020) highlighted the importance of a credible representation of the upstream RWB for the accurate forecasting of the intrusion of the PV streamer and the consequent cyclogenesis. They showed that forecast errors of the location of a PV streamer over the Mediterranean were significantly reduced, once the outflow of a warm conveyor belt ~~(WCB; Madonna et al., 2014)~~ (WCB; Madonna et al., 2014) of an upstream North Atlantic cyclone was represented accurately

in the initial conditions. WCBs can amplify the ridge by transporting low-PV air from the lower to the upper troposphere (condensation inside the ascending airstreams results in PV destruction above) and thereby lead to the RWB downstream of the amplified negative PV anomaly. Therefore, North Atlantic WCBs seem to play a crucial role in forecasting Mediterranean cyclones. Furthermore, ~~e.g.~~ Pantillon et al. (2013) showed that a tropical cyclone over the North Atlantic~~cyclone~~, that underwent extratropical transition, is essential for the RWB and the intrusion of a PV streamer into the Mediterranean~~, as by removing~~; when they removed the North Atlantic cyclone from the initial conditions of a forecast, they could suppress the formation of the downstream Mediterranean cyclone.

Raveh-Rubin and Flaounas (2017) showed that there is a systematic scenario that links Mediterranean cyclogenesis to different preceding atmospheric features. This scenario includes one or several extratropical cyclones over the North Atlantic. From those cyclones, WCBs originate and amplify the ridge downstream (typically over the central or eastern North Atlantic). The anticyclonic circulation induced by the (amplified) ridge provokes the RWB, which causes the intrusion of a PV streamer over the Mediterranean. Finally, the cyclonic circulation induced by the upper-level streamer contributes to surface cyclogenesis in the Mediterranean. In summary the chain of events that leads to Mediterranean cyclogenesis includes (i) North Atlantic cyclone(s), (ii) WCBs amplifying a ridge, (iii) RWB, and (iv) an intruding PV streamer. Raveh-Rubin and Flaounas (2017) identified these features in the ERA-Interim reanalysis as coherent spatial objects and connected them in time. They showed that this scenario occurred in 181 out of the 200 intense Mediterranean cyclones they investigated. They found that 1-5 North Atlantic cyclones are connected to each Mediterranean cyclone downstream, suggesting that there is indeed an upstream-downstream connection between cyclones over the North Atlantic and in the Mediterranean. Although the same preceding atmospheric features are present for almost all Mediterranean cyclone events, the large-scale atmospheric conditions, i.e., the location of the jet and already acquired wave activity, are highly variable. Therefore, every case of Mediterranean cyclogenesis might be unique even if the features (i-iv) were always present. Hence, it is unknown how the location and intensity of the polar jet and of the North Atlantic cyclone affect the consequent intensity and location of the downstream Mediterranean cyclone.

In these regards, idealized model simulations may serve to better understand this upstream-downstream connection of cyclones as they can be operated with reduced complexity, e.g., less internal variability, compared to realistic simulations. Using such an idealized framework, several studies ~~(e.g. Schär and Wernli (1993); Wernli et al. (1999); Schemm et al. (2013))~~ (e.g., Schär and Wernli, 1993; Wernli et al., 1999; Schemm et al., 2013) showed that downstream cyclogenesis can be triggered by locally perturbing the zonal jet, and that moist processes affect the intensity of the downstream cyclone. However, these studies used a so-called channel setup with zonally uniform, analytically prescribed atmospheric conditions, which are not directly comparable to the (sub-)daily and zonally varying atmospheric states over the North Atlantic. Furthermore, they do not involve the unique geographical features of the Mediterranean basin, which have been shown to be a key factor for cyclone dynamics in the Mediterranean ~~(e.g. Flaounas et al., 2022; Scherrmann et al., 2023)~~(e.g., Flaounas et al., 2022; Scherrmann et al., 2023).

To contribute towards closing the gap in understanding the connection between the upstream and downstream cyclones, here the North Atlantic and Mediterranean cyclones, respectively, we introduce a semi-idealized ~~modelling~~ modeling framework. In this framework, we trigger cyclogenesis in climatological flow conditions over the North Atlantic and investigate the chain

of events suggested in the literature, i.e., the formation of a cyclone over the North Atlantic, the downstream ridge, RWB, intrusion of the PV streamer, and eventually the cyclogenesis in the Mediterranean. To study the characteristics and sensitivity of this upstream-downstream ~~mechanism~~connection, we trigger cyclogenesis over the North Atlantic in a similar way as done in previous baroclinic channel simulations, i.e., by placing a finite-amplitude, localized, positive upper-level PV anomaly with varying amplitude in different locations relative to the upper-level jet. With this approach we address the following objectives:

1. Develop a semi-idealized ~~modelling~~ modeling framework that demonstrates the upstream-downstream cyclogenesis ~~mechanism~~connection of North Atlantic and Mediterranean cyclones.

2. Determine the sensitivity of Mediterranean cyclogenesis to the location and intensity of the upstream cyclone over the Atlantic ocean.

3. Investigate the sensitivity of Mediterranean cyclogenesis to the initial large-scale flow, representing climatological mean conditions in different seasons.

The study is structured as follows: In Sect. 2 we provide an overview of the model, the setup of the simulations, and algorithms used, before showing that the upstream-downstream cyclogenesis ~~mechanism~~ connection occurs in our simulations for winter in Sect. 3. The results of the sensitivity analysis with varying initial perturbations are presented in Sect. 4. Section 5 provides results where we vary the initial basic state by choosing the climatological mean flow from another season. In the last section we summarize and discuss our results and give an outlook for future studies.

2 Numerical experiments and methods

2.1 ~~Modelling~~ Modeling approach

In this study, we use the Weather, Research and Forecasting Model ~~(WRF; version 4.3; Skamarock et al., 2021)~~(WRF; version 4.3; Skamaro
. The domain of our experiments covers the North Atlantic-European domain (Fig. 1a) with a horizontal grid spacing of $0.5° \times 0.5°$ and we use 45 vertical hybrid sigma-pressure levels, which is adequate to reproduce Mediterranean cyclogenesis and dynamics (Flaounas et al., 2013). Simulations with a nested domain over the Mediterranean of $0.1°$ resolution provided similar results and conclusions within the variability of cyclone intensities and tracks presented below. The constant in time initial and boundary conditions consist of climatological averages calculated from ERA5 reanalyses (Hersbach et al., 2020) for a particular season. For all simulations, the duration has been set to nine days. In our experiments microphysical processes are ~~reproduced~~ parameterized by a one–moment 5–class scheme (Hong et al., 2004) and convection is parameterized by the Kain-Fritsch scheme (Kain, 2004). Both long-wave and short-wave radiation are taken from the RRTMG scheme (Iacono et al., 2008). We use the Yonsei University Scheme (Hong et al., 2006) for the planetary boundary layer parameterization, and for land processes a 5-layer thermal diffusion scheme according to Dudhia (1996). Finally, the surface layer physics are represented by the revised MM5 scheme after Jiménez et al. (2012). The combination of these physical parameterizations has been shown

to adequately reproduce Mediterranean cyclones ~~(e.g. Fita and Flaounas, 2018; Miglietta and Rotunno, 2019; Flaounas et al., 2021)~~(e.g., Claud et al., 2010; Miglietta and Rotunno, 2019; Flaounas et al., 2021).

2.2 Numerical experiments

In order to study the characteristics of the upstream-downstream ~~cyclone mechanism~~connection of cyclones, we construct a semi-idealized atmospheric basic state~~, which corresponds to the climatological atmospheric conditions in the four seasons~~. We calculate it by taking the average of ERA5 reanalysis (Hersbach et al., 2020) at 0000 UTC and 1200 UTC during the period from 1979-2020. Initializing the model with climatological conditions, we remove synoptic-scale wave activity that provides the intense daily and sub-daily variability that characterizes the large-scale dynamics in the North Atlantic storm tracks. Further, it allows us to provide a more straightforward analysis of the relationship between North Atlantic cyclones and downstream cyclogenesis in the Mediterranean. Therefore, our semi-idealized numerical framework, with a climatological basic state and idealized initial perturbations, produces realistic large-scale dynamics in the region, without being influenced by already established wave activity. Note that this approach is not unlike the one used by Grams and Archambault (2016), who studied limited-area numerical simulations of extratropical transition in the western North Pacific, using initial and boundary conditions from compositing suitable large-scale flow situations. A major difference is that here, the initial conditions simply correspond to the seasonal mean state.

Figure 1 provides an overview of the climatological atmospheric state in the four seasons. Due to the averaging, the climatological PV fields at 300 hPa in Fig. 1a,d,g,j are lacking the sharp gradients we find in instantaneous fields. ~~On the other hand, averaging allows us to eliminate the intense daily and sub-daily variability of the atmospheric state and we can study the impact of imposed perturbations of the polar jet in the initial conditions. In DJF~~In winter, the climatological fields show a prominent Icelandic Low (1000 hPa) and a broad Azores High (1020 hPa) that extends over the entire central North Atlantic into the Mediterranean and over North Africa (purple contours). In between those systems the polar jet spans from North America to the United Kingdom, with its maximum zonal velocity of about $40\,\mathrm{m\,s^{-1}}$ at the east coast of North America (Fig. 1b).

To analyse the seasonal dependency of Mediterranean cyclogenesis with respect to large-scale atmospheric conditions, we also calculate the climatological atmospheric state for ~~MAM, JJA and SON~~spring, summer and autumn, see Fig. 1d-l. In ~~both MAM and SON~~ spring and autumn conditions the dynamical tropopause (depicted by the 2 PVU contour at 300 hPa; black line in Fig. 1b,e,h,k) is nearly at the same latitude, which in both cases is shifted towards the north compared to ~~DJF~~winter, stronger for ~~SON~~ autumn (Fig. 1k) than for ~~MAM~~ spring (Fig. 1e). The dipole of the Icelandic Low and the Azores High is weakest in ~~MAM~~spring, moderate in ~~SON~~ autumn and strongest in ~~DJF. In MAM~~ winter. In spring the maximum zonal jet at 300 hPa (Fig. 1e) is at a similar position as in ~~DJF~~winter, whereas in ~~SON~~ autumn it is shifted ~~northward~~ northeastward and located around the Gulf of Saint Lawrence (Fig. 1k). In both ~~MAM and SON~~spring and autumn, the jet is much weaker than in ~~DJF~~winter, with maximum zonal wind speeds of slightly above $20\,\mathrm{m\,s^{-1}}$. In ~~MAM~~ spring the jet becomes asymmetric to the south in the upper ~~atmosphere~~ troposphere (Fig. 1f) compared to ~~SON~~ autumn (Fig. 1l) and ~~DJF~~ winter (Fig. 1c). In ~~JJA~~ summer both the dipole in SLP (Fig. 1g) and the polar jet, which primarily extends zonally at 50°N (Fig. 1h), are of the lowest amplitude (1010-1020 hPa and $15\,\mathrm{m\,s^{-1}}$). The dynamical tropopause at 300 hPa is entirely north to 60°N.
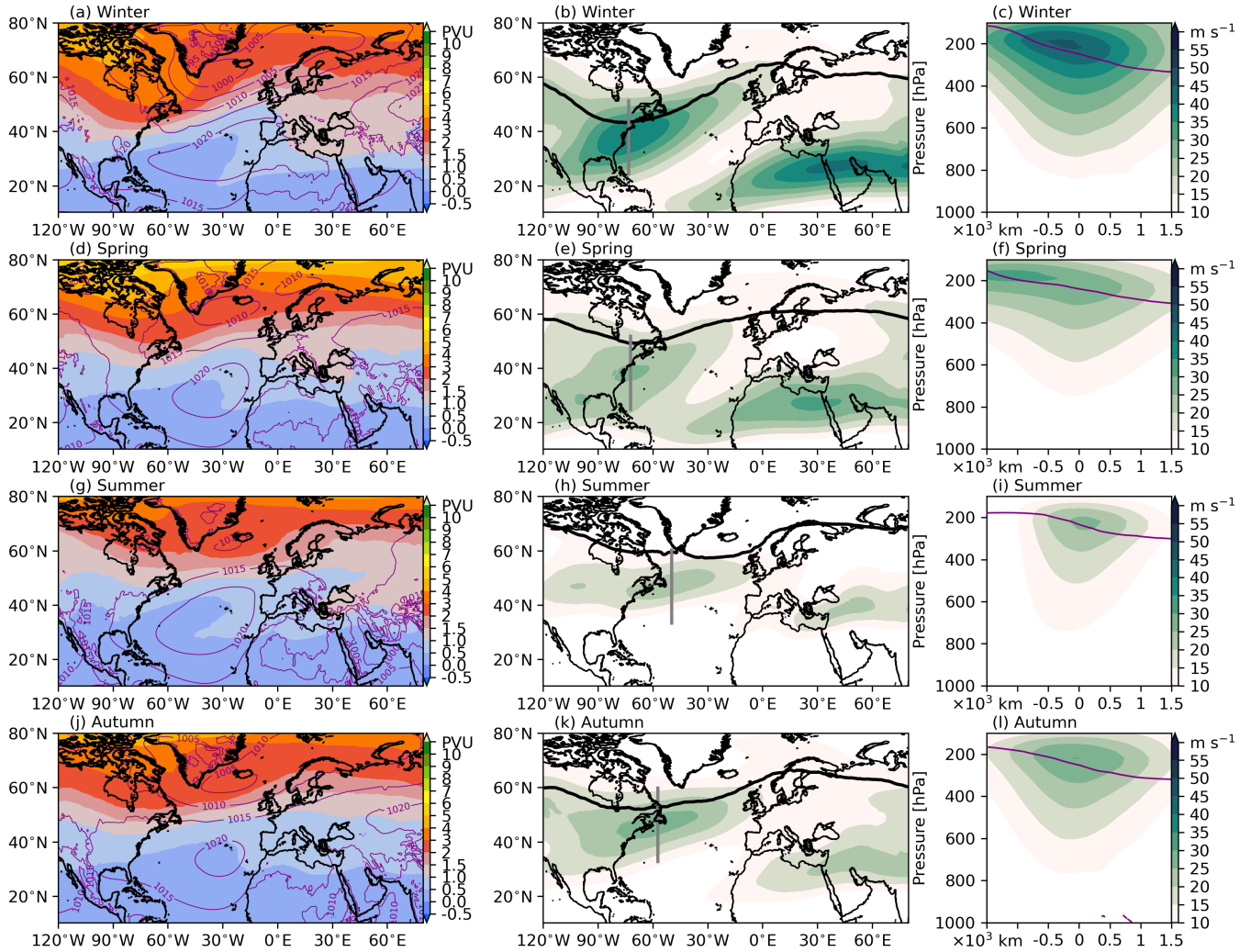
Figure 1. Overview of the climatological atmosheric conditions in ~~DJF~~ winter (a-c), ~~MAM~~ spring (d-f), ~~JJA~~ summer (g-i) and ~~SON~~ autumn (j-l). (a,d,g,j): PV at 300 hPa, the purple contours show SLP with intervals of 5 hPa; (b,e,h,k): Zonal wind at 300 hPa, the black line shows the 2 PVU contour; (c,f,i,l): Vertical cross section of zonal wind along grey line in (b,e,h,k) from south to north. The 2 PVU contour is shown in purple.

Model integration is ~~initialised~~ initialized with the reference atmospheric states in Fig. 1, and localized wind, temperature and geopotential perturbations. These perturbations correspond to a positive upper-level quasi-geostrophic PV anomaly located at the latitude of the maximum zonal jet speed at 300 hPa. The anomalies are of different amplitudes (A), with a horizontal extension of $L_x = L_y = 1000$ km, and a vertical exponential decay length of $L_z = 4$ km, which have been used before in the studies by Wernli et al. (1999) and Schemm et al. (2013):

$$\mathrm{QGPV}(x,y,z) = A \left[\exp\left(-\frac{x}{L_x} \frac{|x - x_\mathrm{p}|}{L_x} \right) \exp\left(-\frac{y}{L_y} \frac{|y - y_\mathrm{p}|}{L_y} \right) \exp\left(-\frac{z - z_\mathrm{h}}{L_z} \frac{|z - z_\mathrm{p}|}{L_z} \right) \right], \tag{1}$$

where ~~z_h marks the height~~ $x_\mathrm{p}, y_\mathrm{p}, z_\mathrm{p}$ mark the spatial position of the center of the anomaly~~, for which we~~. We use the geopotential height at the location of the maximum zonal jet for the height z_p. PV anomalies have been inverted according to the approach of Sprenger (2007), where we use a constant surface pressure $p_0 = 1017$ hPa, a uniform stratification in the troposphere (up to 10 km) of $N = 0.015\,\mathrm{s}^{-1}$, and constant potential temperature at the surface of $\theta_\mathrm{surface} = 290$ K, which provides the corresponding wind, temperature and pressure anomalies. From those anomalies we calculate the resulting geopotential height perturbation, Z', at vertical level k according to:

$$Z'_k = \frac{R}{g} \frac{T'_{k+1} + T'_k}{2} \log\left(\frac{p_k + p'_k}{p_{k+1} + p'_{k+1}} \right), \tag{2}$$

with the specific gas constant of dry air R and the gravitational acceleration g. Here, the $'$ indicates the perturbation by the imposed anomaly. We assume that the surface ($k = 0$) is unaffected by the anomaly and add the perturbations to the reference atmospheric state to obtain the initial conditions for our runs. We use quasi-geostrophic PV amplitudes of $A = 0.7$, 1.4 and $2.1 \times 10^{-4}\,\mathrm{s}^{-1}$, which translate to a maximum zonal wind speed perturbation of 11, 22 and $34\,\mathrm{m\,s}^{-1}$, respectively. Note, that hereafter, we will refer to the amplitude of the induced wind speed perturbation when mentioning the anomaly.

As an example, Fig. 2 shows the climatological atmospheric state in ~~DJF~~ winter that is perturbed by a quasi-geostrophic PV anomaly with a maximal amplitude in the zonal wind of $22\,\mathrm{m\,s}^{-1}$ at 300 hPa. The PV anomaly amounts to 4-5 PVU, resulting in a total PV value of 6-7 PVU (Fig. 2a) at the location of the zonal jet maximum ($\approx 60\,\mathrm{m\,s}^{-1}$) at 300 hPa over the east coast of North America (Fig. 2b). Furthermore, the addition of the anomaly yields a deformation of the jet, i.e. an acceleration of winds in the south (solid contours in Fig. 2c).

~~For the experiments in Table 1 marked with a $^+$ we further perform a set of 10 ensemble simulations (using the same initial conditions) and utilize the stochastically perturbed parameterization tendency (SPPT) option in WRF to investigate the sensitivity of the mechanism to uncertainties in the parameterization of physical processes. These processes are important for the diabatic ridge amplification, e.g., in the outflow of WCBs and thereby potentially affect the RWB and downstream cyclogenesis (Gray, 2006; Spreitzer et al., 2019; Portmann et al., 2020). Note that the SPPT experiments in MAM and SON are performed for a reduced set of experiments according to Table 1, as they show the same variability of the cyclone dynamics as the ones performed for DJF (discussed in Sect. 5.2).~~ Table 1 lists the conducted simulations in all four seasons. We apply three perturbation amplitudes to which we refer as "weak", "moderate", and "strong", which correspond to a maximum wind perturbation of 11, 22, and $34\,\mathrm{m\,s}^{-1}$, respectively.
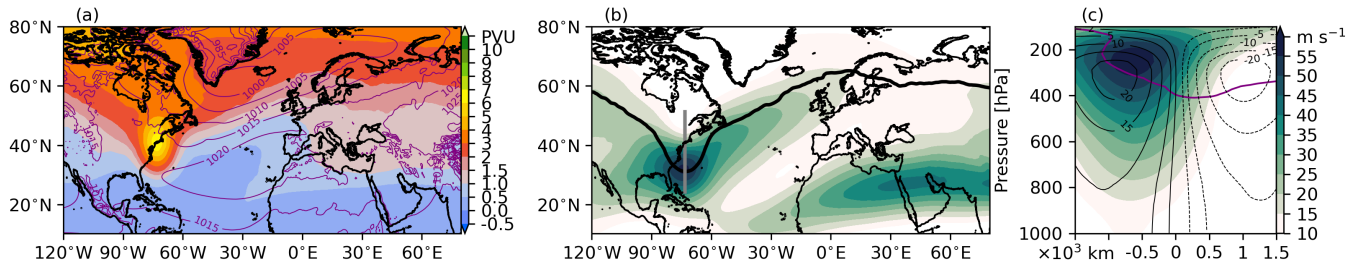
Figure 2. Same as Fig. 1a-c, but here with an additional upper-level positive PV perturbation with a $22\,\mathrm{m\,s^{-1}}$ wind anomaly. The black contours in (c) indicate the difference to the unperturbed reference state, solid lines show positive and dashed lines negative differences.

Table 1. Overview of the conducted simulations ~~performed~~in all four seasons winter, spring, summer, and autumn. The location indicates the horizontal position of the initial perturbation relative to the maximum zonal jet at $300\,\mathrm{hPa}$, which is either central (~~C,~~ no shift) or shifted by 200 or $400\,\mathrm{km}$ to the east, north, south and west.~~+ indicates that 10 SPPT experiments were performed with the same initial conditions.~~ ~~* indicates simulations that are not explicitly discussed as they provided no additional insight.~~

~~Season location DJF C 5*,+ 8*,+ 11+ 14* 17* 22+ 25* 34+ 45*200 8* 11 22+ 34+400 8* 11 22+ 34+MAM C 11+ 22+ 34+ 45* 200 11 22 34400 11 22~~

~~JJA C 11 22 34 45* 200 11 22 34400 11 22 34~~

~~SON C~~

~~34~~

Location	maximum perturbation amplitude $[\mathrm{m\,s^{-1}}]$ (label)		
Center	$11^{\pm}$ ("weak")	$22^{\pm}$ ("moderate")	$34^{\pm}$ ~~45*~~ ("strong")
200 km	11	22	34
400 km	11	22	34

2.3 Cyclone tracking

190 To establish the relationship between cyclones, we apply the method of Wernli and Schwierz (2006) with the modifications described in Sprenger et al. (2017) to objectively identify and track cyclones in all simulations. The updated algorithm introduced by Sprenger et al. (2017) first detects local sea level pressure minima which are then enclosed by pressure contours that meet a minimum and maximum length threshold. These identified enclosed areas are then classified as cyclones at a given point in time. Note that cyclones identified above an elevation of $1500\,\mathrm{m}$ are eliminated, as the temperature interpolation for the SLP

195 calculation over mountains might lead to spurious small-scale features (Wernli and Schwierz, 2006). To obtain cyclone tracks, the identified cyclones are concatenated in time, but only if the consecutive positions of the cyclones are less than a certain threshold distance apart. We track the North Atlantic cyclone initialized by the imposed initial perturbation and the consequent Mediterranean cyclone. Note that each simulation will provide a pair of a North Atlantic cyclone (triggered by the initially imposed perturbation) and a Mediterranean cyclone (triggered by the PV streamer associated with the RWB that is induced by

200 the North Atlantic cyclone).

3 The upstream-downstream ~~cyclogenesis mechanism~~ connection of cyclones

3.1 Simulation with the unperturbed winter basic state

In this section we investigate how the large-scale circulation and cyclones develop in a simulation with unperturbed initial conditions. The left panels in Fig. 3 show the evolution of PV at 300 hPa and SLP in the first 8 days of the simulation. Two days after the model initialization (Fig. 3b), almost no upper-level wave activity developed and the large-scale circulation is still fairly close to the initial conditions (Fig. 3a). By day 4 (Fig. 3c), a (deep) cyclone starts to develop over the central North Atlantic while another weak one has reached Brittany (~~purple star~~ white star, A), which formed at day 2 in the central North Atlantic and moved eastward (~~grey~~ white line in Fig. 3b-e). To the east of both cyclones, RWB is starting to develop, over western Europe and in the central North Atlantic, respectively, and by day 6 (Fig. 3d), both RWB events resulted in the intrusion of stratospheric PV streamers into the Mediterranean. The PV streamer over the central Mediterranean breaks anticyclonically, similarly to the so-called "life cycle 1" (LC1) in Thorncroft et al. (1993), and extends over northwest Africa. The second ~~one~~ PV streamer is located over the Black Sea and Turkey. The streamers are separated by a narrow ridge over Greece, that is caused by the shallow cyclone, now located over Poland and Belarus (~~purple~~ white star in Fig. 3d). After 6.5 days, genesis of a very shallow Mediterranean cyclone (1015 hPa) took place close to Cyprus (~~grey~~ B and white line in Fig. 3e). As cyclogenesis took place underneath the PV streamer that resulted from the shallow North Atlantic cyclone, we associate this Mediterranean cyclone to the early shallow cyclone over the North Atlantic. After 8 days (Fig. 3e), the polar jet shows a pronounced wave activity with multiple ridges over the Mediterranean and North Atlantic, cyclones over the North Atlantic (south of Greenland, to the east of the UK, and of the east coast of North America) that reach spatial sizes, amplitudes and intensities comparable to observed systems represented in reanalyses.

Compared to the cyclone climatology (e.g., Flaounas et al., 2014), the first cyclones that develop in this simulation over the North Atlantic (A) and the Mediterranean (B), respectively, are of low intensity. Without a well-defined upper-level trough as initial perturbation, cyclogenesis is expected to be ~~naturally~~ weaker. Therefore, the North Atlantic cyclone starts with a low intensity of 1018 hPa and reaches its mature stage (time of minimum SLP along the cyclone track) over central Europe around day 5 with a central SLP of 1002 hPa. Also, the horizontal PV gradients along the PV streamer over the Black Sea and Turkey are weak and the resulting Mediterranean cyclone is shallow with 1015 hPa at cyclogenesis and 1010 hPa at its mature stage over Turkey. Later in the simulation, when upper-level waves have grown to larger amplitude, cyclones with more realistic intensity and sizes develop (Fig. 3d,e).

3.2 Simulation with an additional initial upper-level PV perturbation

In this section, we analyze how the presence of a North Atlantic cyclone, triggered by an initial upper-level PV perturbation (Fig. 2) at the location of the maximum climatological zonal jet at 300 hPa, affects the upper-level wave and downstream cyclogenesis. The positive PV perturbation has a wind amplitude of $22\,\mathrm{m\,s^{-1}}$ and represents an approaching trough over the North Atlantic (Fig. 3f). Compared to the evolution in the unperturbed simulation (Fig. 3a-e), the presence of the perturbation triggers almost instantaneous cyclogenesis over the North Atlantic, to the east of the perturbation. After 2 days of model
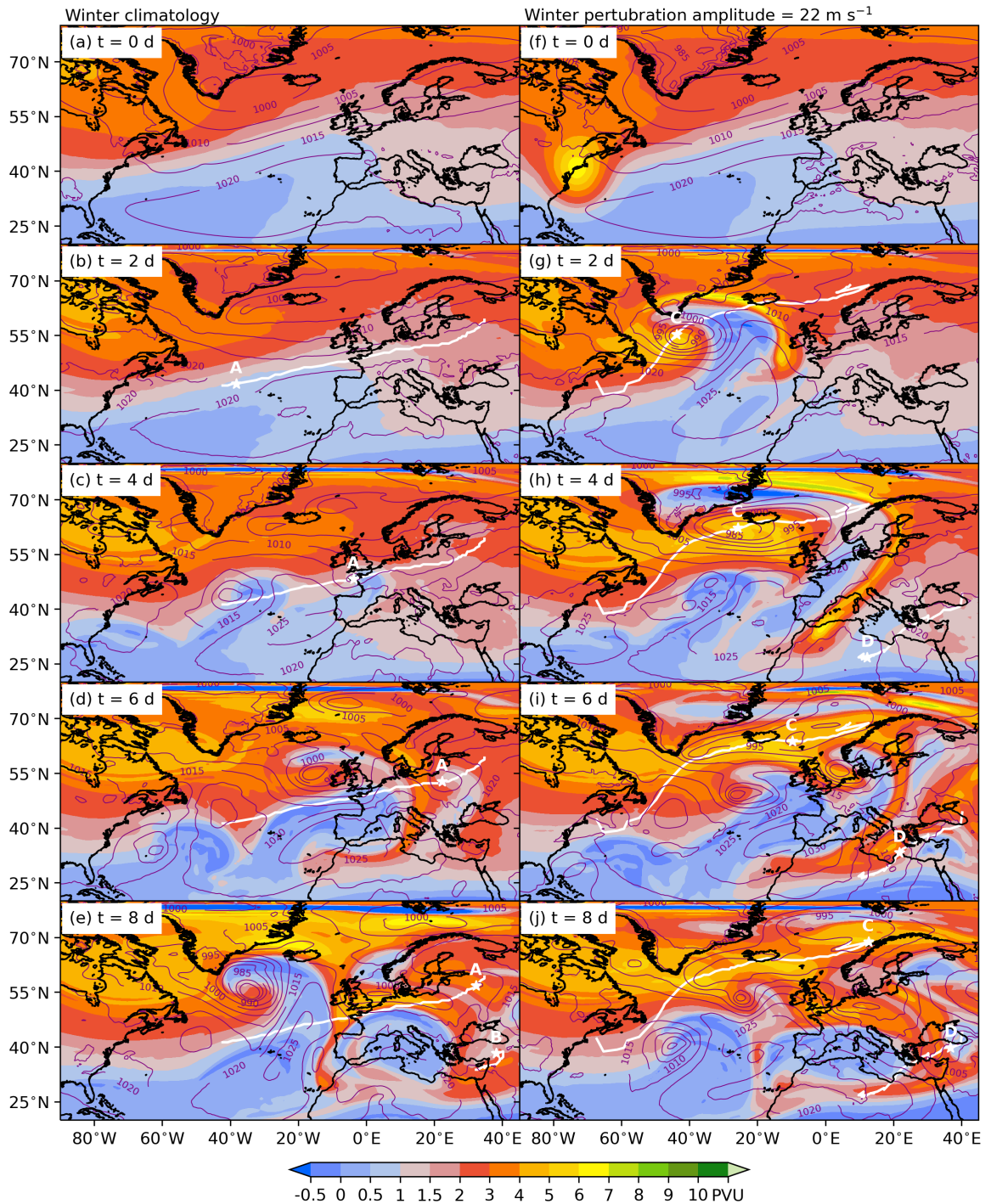
Figure 3. Time evolution of the simulation initialized with the unperturbed climatological reference state in winter (a-e) and with a moderate initial perturbation (f-j). Panels show PV at 300 hPa at (a,f) 0 d, (b,g) 2 d, (c,h) 4 d, (d,i) 6 d, and (e,j) 8 d of simulation time. Purple contours show SLP in 5 hPa intervals. The ~~grey~~ white lines show the tracks of the initial North Atlantic (A, C) and Mediterranean (B, D) cyclones, and ~~purple~~ white stars their current location.

integration (Fig. 3g), the cyclone (C) has deepened below 985 hPa, while moving northeastward (~~grey~~ white line) to the south of Greenland (~~purple~~ white star). Furthermore, the perturbation led to the formation of an intense ridge and a disruption of the zonal orientation of the tropopause (Fig. 3g), which results in the formation and southward intrusion of a PV streamer to the west of the UK (Fig. 3g). The upper-level trough and ridge pattern, and the North Atlantic cyclone are spatially larger and more intense compared to the ones forming between days 4-6 in the unperturbed simulation (Fig. 3c,d). The North Atlantic cyclone continuously deepens until it reaches its mature stage between Greenland and Iceland, with a minimum SLP of 977 hPa around day 3. After day 4 (Fig. 3h), a prominent and, compared to the unperturbed reference run (Fig. 3c), narrow but large-amplitude PV streamer ($\approx 6\,\mathrm{PVU}$) has intruded into the western and central Mediterranean. The spatial size and amplitude of the streamer is comparable to PV streamers described in real case studies (e.g. Tripoli et al., 2005; Argence et al., 2008; Wiegand and Knippertz, 2014, their Fig. 4a, 1c and 8b, respectively), which induced intense Mediterranean cyclones. The streamer triggers cyclogenesis over Libya (~~grey~~ D, white line in Fig. 3h), from where the Mediterranean cyclone propagates to the northeast and transitions to the Mediterranean Sea northwest of Egypt on day 6 (Fig. 3i). At the time of minimum SLP around day 8 (Fig. 3j), the Mediterranean cyclone (994 hPa) is located over the eastern Pontic mountains. ~~The location of cyclogenesis and lysis in our semi-idealized simulation are consistent with the extended winter and wet season climatology described by Almazroui et al. (2015) (their Fig. 3 and 4).~~

Perturbing the initial conditions at the center of the zonal jet immediately triggers cyclogenesis over the North Atlantic, with a prominent cyclonic RWB and a strong ridge forming downstream as a consequence. The timing, spatial size and intensity of the large-scale features, i.e., the cyclone over the North Atlantic, the ridge east of the cyclone, the intrusion of a PV streamer into the Mediterranean and Mediterranean cyclogenesis, are very different in the perturbed compared to the unperturbed experiment (Sec. 3.1). In particular, perturbing the zonal jet in this particular way reveals the upstream-downstream ~~cyclogenesis mechanism~~ connection between North Atlantic and Mediterranean cyclones. In the next section we discuss how different locations and amplitudes of the initial perturbation affect the wave evolution, the intensity and location of the North Atlantic cyclone, and the subsequent downstream development of the Mediterranean cyclone.

4 Sensitivity of the upstream-downstream ~~mechanism~~ connection to variations of the upstream conditions

We now probe the sensitivity of the upstream-downstream ~~cyclogenesis mechanism~~ connection in winter to different intensities and locations of the initial upper-level perturbation, and hence also of the North Atlantic cyclones. Therefore, we repeat the simulation in which the initial perturbation is positioned at the maximum intensity of the jet at 300 hPa (Fig. 3f-j), with two different amplitudes of the perturbation, i.e., 11 and $34\,\mathrm{m\,s^{-1}}$, corresponding to half and 1.5 times the one applied in Sec. 3.2. Henceforth, we will refer to the three perturbation intensities as weak ($11\,\mathrm{m\,s^{-1}}$), moderate ($22\,\mathrm{m\,s^{-1}}$), and strong ($34\,\mathrm{m\,s^{-1}}$). Furthermore, we displace the perturbation by 200 and 400 km to the north, south, east and west, relative to the location of the maximum zonal wind at 300 hPa, which gives a total of 9 simulations per intensity of the perturbation (see Table 1). Regardless of the change in the location and intensity of the perturbation, the upstream-downstream ~~mechanism~~ connection is consistently

occurring. ~~In addition, by applying SPPT in selected simulations (see Table 1) we test whether the proposed mechanism is robust against small-scale atmospheric perturbations.~~

4.1 Morphology and intensity of the RWB

We first investigate the effect of displacing the initial perturbation on the RWB, for the moderate intensity case already discussed in Sect. 3.2. The effect on the PV streamer that forms on day 4 (Fig. 3h) is surprisingly small. Figure 4 shows the overlapping frequency (shading) of PV $\geq 2\,\mathrm{PVU}$ at $300\,\mathrm{hPa}$ and the corresponding $2\,\mathrm{PVU}$ contours (colored lines) after $4\,\mathrm{d}$ for all 9 experiments in ~~DJF~~ winter with a moderate initial perturbation ~~(without SPPT experiments)~~. The dark red shading shows that the overall location and timing of the PV streamer over Central Europe are fairly consistent and rather independent of the imposed variations in the location of the initial upper-level PV perturbation. However, the exact position of the PV streamer is slightly shifted according to the horizontal shift of the initial perturbation, e.g. the eastward shifted perturbation results in an eastward shifted ridge and PV streamer (purple contour). The spatial displacement of ridges and PV streamers is slightly larger for a larger displacement of the initial upstream PV perturbation. Overall, similar results in the variability of the ridge and PV streamer within the set of simulations initialized same perturbation amplitude are found for the strong and weak initial perturbation ~~, although~~ . However, the shifts in the position of the PV streamer over Europe are larger for strong perturbations compared to weak perturbations (not shown). This suggests that the variations of the initial upper-level PV structure over the North Atlantic are advected and further enhanced with the nonlinear flow evolution. This is consistent with the findings of Portmann et al. (2020), who showed that upstream differences in the PV structure over the Gulf of Saint Lawrence resulted in different shapes and location of PV streamers over the Mediterranean in an ensemble forecast. However, they observed shifts in longitude up to $15°$, which is much larger than the ~~shits~~ shifts observed in our experiments ($\pm 4°$). This difference in amplitude of the spread of the PV streamers might be due to the choice of the climatological initial conditions in our case, which appears to be more robust against small perturbations than instantaneous fields with larger isentropic PV gradients. The spread of the PV streamers are equally low with up to $\pm 2.5°$ in the weak and $\pm 5.5°$ strong perturbation experiments, respectively (not shown).

In contrast to the weak sensitivity of the morphology of the ridge and PV streamer to the location of the initial perturbation (with constant amplitude), the sensitivity to ~~its initial amplitude~~ the initial amplitude of the perturbation (to the degree tested with our setup) is much larger. We first consider the evolution during the first $4\,\mathrm{d}$, i.e. until the formation of the PV streamer over Europe, in the weak and strong perturbation simulations (Fig. 5) and compare them with the simulation with the moderate perturbation (Fig. 3f-h). For all three simulations, the initial perturbation was not shifted relative to the position of the maximum zonal wind at $300\,\mathrm{hPa}$. Figure 5 shows that the stronger the initial perturbation, the larger becomes the ridge that forms within $2\,\mathrm{d}$ over the central North Atlantic (Fig. 5a,c). Furthermore, in the experiment with a strong perturbation (Fig. 5c), the ridge has lower PV-values and its comma-shape extends further north. As a result, the cyclonic RWB occurs near southern Greenland compared to the central North Atlantic in the experiment with a weak perturbation (Fig. 5a). In the experiment with a strong perturbation, the more amplified RWB with a more intense negative PV anomaly in the ridge ~~cause~~ causes the intruding PV
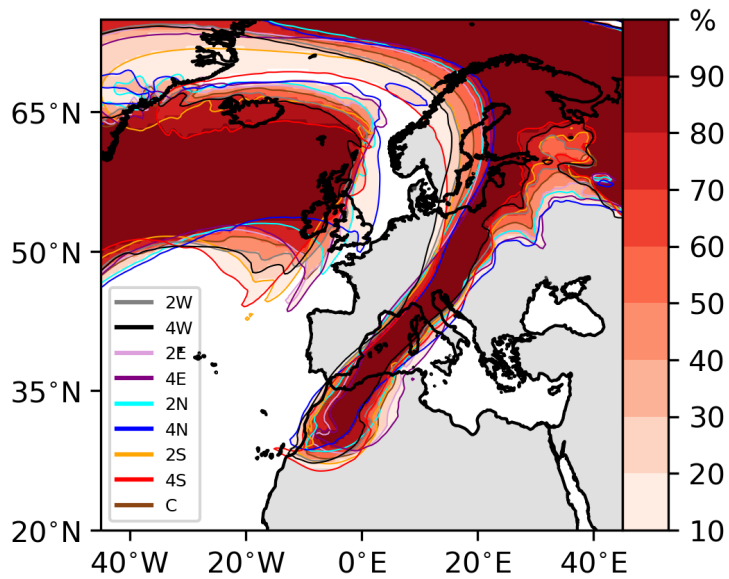
Figure 4. Averaged frequency of the PV streamer at $300\,\mathrm{hPa}$ ($\geq 2\,\mathrm{PVU}$) at $t = 4\,\mathrm{d}$ of the 9 simulations with the moderate intensity perturbation located at slightly different initial positions. Colored contours mark the $2\,\mathrm{PVU}$ line for the individual simulations. The legend indicates the horizontal shift relative to the location of the maximum zonal wind speed at $300\,\mathrm{hPa}$: labels 2 and 4 denote displacements by 200 and $400\,\mathrm{km}$, respectively, and E, N, W, and S indicate the direction of the shift. Finally, label C indicates the experiment with the perturbation located at the center of the jet (discussed in Sect. 3.2).

streamer over western Europe after $4\,\mathrm{d}$ to be of higher amplitude and to reach further south over Algeria (Fig. 5d), compared
300   to the weak perturbation experiment (Fig. 5b).

These important differences in the character of the RWB and structure of the PV streamer over Europe after $4\,\mathrm{d}$ when increasing the amplitude of the initial perturbation are still very obvious when comparing small ensembles for each perturbation amplitude. To this end, ensembles with 9 simulations each were performed for the weak, moderate and strong initial perturbation with slightly shifted positions of the initial perturbation as described above for the moderate intensity case. Figure 6 shows
305   the ensemble averaged PV at $300\,\mathrm{hPa}$ for the three intensity categories, revealing well-defined PV streamers and therefore a very similar large-scale evolution for the simulations with the same intensity of the initial perturbation. The spread of the PV streamers for the moderate initial perturbation experiments is given in Fig. 4. With a weak initial perturbation (Fig. 6a), the PV streamer curves anticyclonically and extends over Italy. In the experiments with a moderate (Fig. 6b) and strong (Fig. 6c) initial perturbation, the PV streamer has higher PV values and extends further equatorward. In the moderate case, a straight PV
310   streamer forms with almost uniform PV from Poland to Morocco, whereas in case of the strong perturbation, a "bulb" (or tip vortex) with high PV values forms at its southern end. The composite SLP fields (purple contours in Fig. 6) reveal that with increasing intensity of the initial upstream perturbation, the higher PV values of the PV streamers provide a stronger baroclinic forcing and thus cyclogenesis occurs earlier in the simulation (further discussed ~~below~~in Sect. 5.2). In the simulations with the
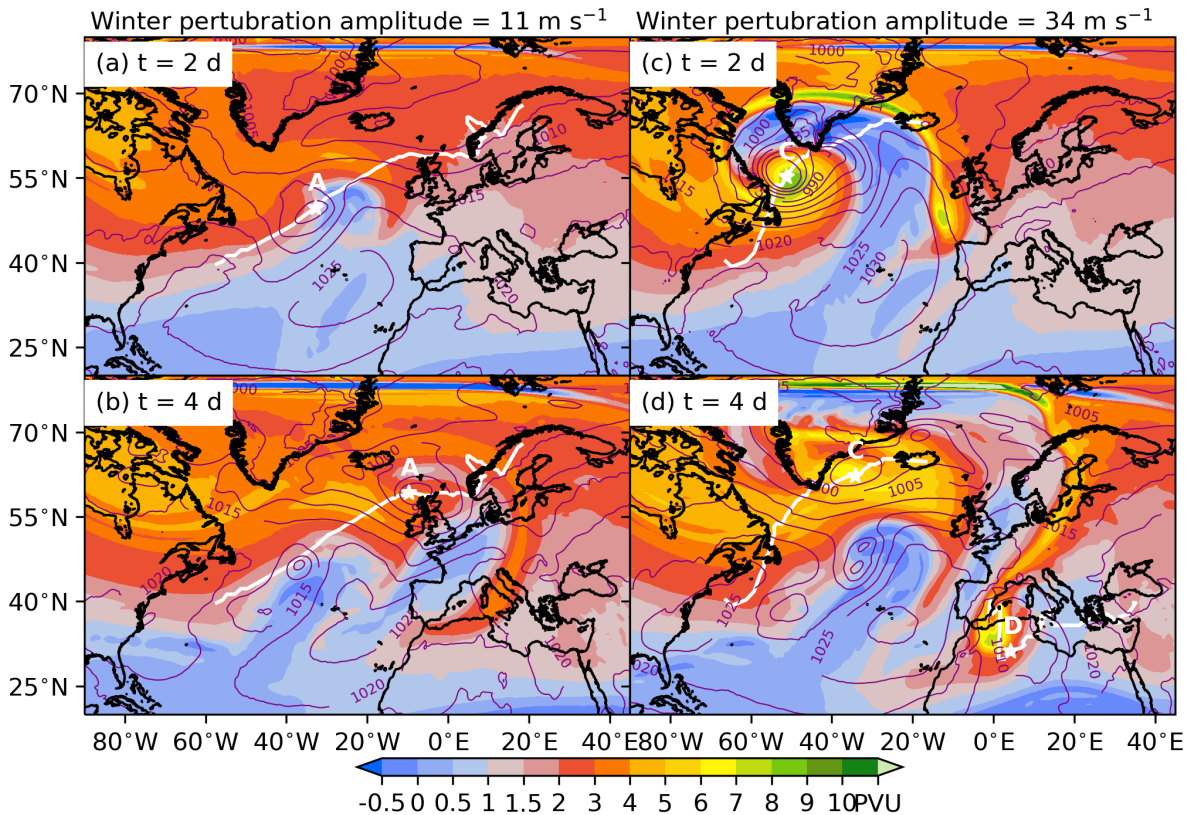
Figure 5. Same as Fig. 3f-j for an initial wind anomaly of $11\,\mathrm{m\,s^{-1}}$ (a,b) and $34\,\mathrm{m\,s^{-1}}$ (c,d). Panels show the development after 2 and 4 d, respectively.

strong initial perturbation (6c), a weak surface cyclone appears in the composite at day 4 over northwestern Africa, most likely induced by the prominent upper-level tip vortex.

4.2 Tracks and intensities of the upstream and downstream cyclones

We now turn our attention to the effects of the initial perturbation on the resulting North Atlantic and Mediterranean cyclones, first considering cyclones in the 9 simulations in the moderate intensity category (Fig. 7). The North Atlantic cyclones (Fig. 7a) propagate fairly coherently ($\pm2°$) from south of Newfoundland towards Iceland and reach the mature stage at similar locations (indicated by ~~asterisks~~star), except for the simulation labeled 4S, where the initial perturbation is shifted 400 km to the south. Larger differences occur at the end of the cyclone tracks. The Mediterranean cyclone tracks (Fig. 7c) show slightly more spread with substantial differences in the location of the mature stage (up to 20°), which varies from the Aegean Sea to Syria. Considering also the evolution of minimum SLP along the cyclone tracks (Fig. 7b) reveals substantial differences in the timing of the intensification and the maximum intensity reached for both the North Atlantic and Mediterranean cyclones.
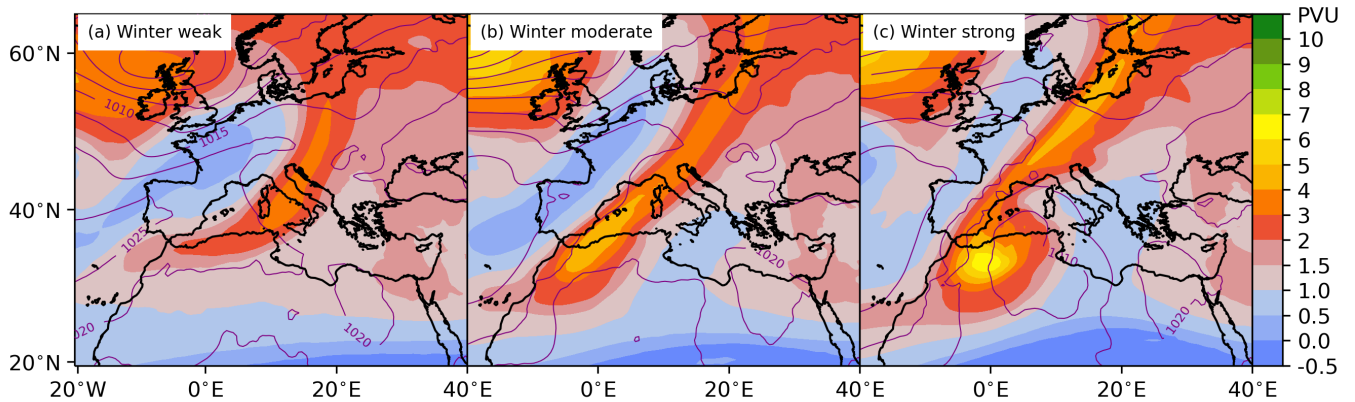
Figure 6. Composites after 4 d of 9 simulations each with slightly displaced initial perturbations (Table 1) for (a) ~~"weak", 11 $^{-1}$~~, (b) ~~"moderate", 22 $^{-1}$~~, and (c) ~~"strong ", 34 $^{-1}$~~ perturbation amplitudes. Colors show PV at 300 hPa, and the purple contours SLP with 5 hPa intervals.

325 For instance, the peak intensity of the North Atlantic cyclone in the simulations 4N and 4S differs by 10 hPa and the time of maximum intensity by 2 d, and for the Mediterranean cyclones, there is a relatively poor agreement in the timing of the intensification.

As a next step, we consider the maximum intensity of North Atlantic and Mediterranean cyclones in all simulations listed in Table 1. The goal is to identify potential correlations between the intensities of the upstream-downstream cyclone pairs, and
330 between characteristics of the initial conditions and the intensity of the North Atlantic cyclone. To this end, the maximum zonal wind at 300 hPa in the vicinity of the initial perturbation is chosen as an important characteristic of the initial conditions (via the thermal wind relationship, high wind speed implies strong baroclinicity). This zonal wind maximum clearly increases with the amplitude of the PV perturbation, but it also depends on the position of the perturbation. For instance, for the moderate intensity perturbation located at the central position, the maximum zonal wind in the initial conditions amounts to about $58\,\mathrm{m\,s^{-1}}$ (see
335 Fig. 2b,c). Figure 8a shows that the maximum intensity (minimum SLP along the cyclone track) of the North Atlantic cyclone (grey dots) increases almost linearly with the maximum zonal jet velocity in the initial conditions (the correlation is statistically significant with ~~$\sigma = -0.93$~~ the Pearson correlation coefficient $\sigma = -0.95$, with a confidence level of $p < 10^{-10}$). Perturbations with higher PV values induce a stronger cyclonic wind field for the vertical baroclinic coupling, similar to the results of Barnes et al. (2022). Furthermore, they create a more intense jet streak, leading to increased large-scale forcing for upward motion that
340 amplifies the development of the cyclone.

The maximum intensity of the Mediterranean cyclone (black markers in Fig. 8a) also increases with an increased maximum zonal wind speed at 300 hPa, but the correlation is much less obvious than for the North Atlantic cyclone. There appears to be a threshold zonal wind speed value of about $50\,\mathrm{m\,s^{-1}}$ beyond which the intensity of the Mediterranean cyclones remains fairly constant. The discussion above has shown that the PV streamers in the experiments with stronger perturbations have higher
345 maximum PV values, which could lead to stronger Mediterranean cyclones. However, since other non-linear atmospheric pro-
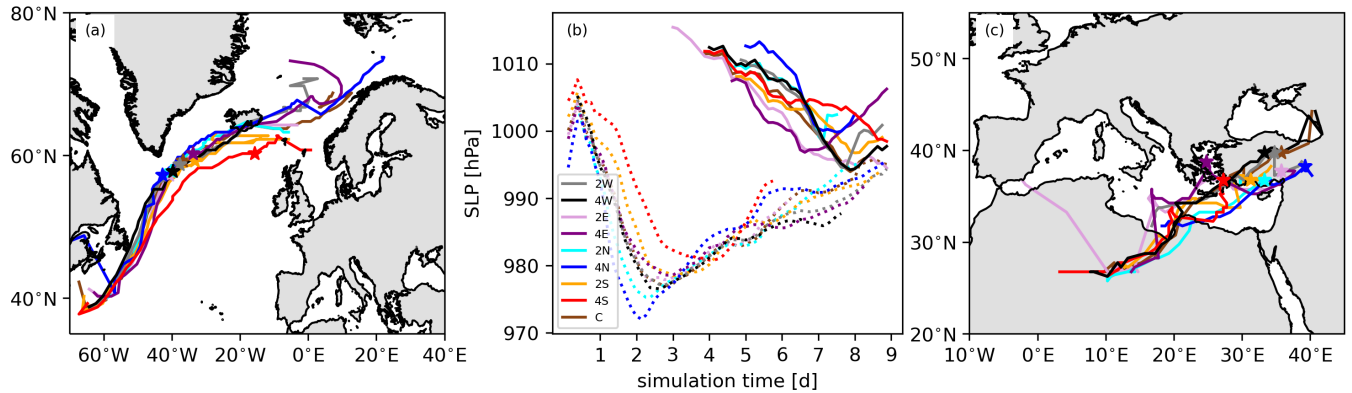
Figure 7. Cyclone tracks and characteristics for all ~~non-SPPT~~ 9 experiments in winter with a perturbation ~~strength~~ amplitude of $22\,\mathrm{m\,s^{-1}}$. (a) North Atlantic cyclone tracks, maximum intensity highlighted with ~~asterisks~~star; (b) SLP evolution of the North Atlantic (dotted) and Mediterranean (solid) cyclones. The legend indicates the horizontal location of the initial perturbation relative to the location of the maximum zonal jet: 2 and 4 mark displacements by 200 and 400 km, respectively and E, N, W, S indicate the direction of the shift. C labels the experiment with the perturbation located at the center of the jet; (c) Mediterranean cyclone tracks, ~~asterisks~~ stars again highlight maximum intensity.
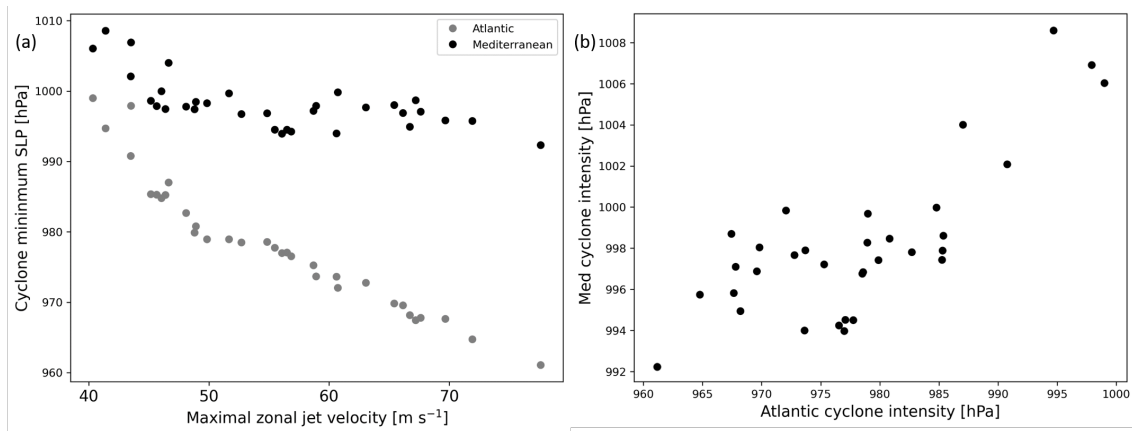
Figure 8. Scatter plots for all winter simulations of (a) the maximum 300 hPa zonal wind near the initial perturbation and the minimum SLP of the North Atlantic (gray) and Mediterranean (black) cyclones, and (b) the minimum SLP of the Mediterranean vs. the North Atlantic cyclone. Every dot represents one simulation~~, and this analysis also includes the SPPT experiments (see Table 1), which align in (a) at the same zonal wind value~~.

cesses also contribute to the intensity of the Mediterranean cyclone, there is no straightforward correlation with the amplitude of the initial maximum zonal upper-level wind as we found for the North Atlantic cyclones. The variability of the intensities of the Mediterranean cyclones suggests that this intensity depends on the detailed structure and location of the PV streamer, which is consistent with the findings from several previous studies ~~(Flocas, 2000; Romero, 2001; Homar and Stensrud, 2004; Argence et al., 2008; C~~

350 (Flocas, 2000; Romero, 2001; Homar and Stensrud, 2004; Argence et al., 2009; Claud et al., 2010; Carrió et al., 2017).

In Fig. 8b, we correlate the intensities of the cyclone pairs, which consistent with Fig. 8a shows a good correlation for relatively weak North Atlantic cyclones and no correlation for North Atlantic cyclones deeper than 980 hPa. The primary finding of this analysis is that while the intensity of the North Atlantic cyclone is closely connected to the amplitude of the initial upper-level zonal wind peak, the connection is substantially weaker for the intensity of the Mediterranean cyclone

355 downstream when all zonal wind speeds are considered. Up to $50 \, \mathrm{m \, s^{-1}}$ the intensity of the Mediterranean cyclones also shows a strong correlation with the initial zonal wind. Consistent with previous studies, the dynamics of the latter is heavily influenced by local factors like sea surface temperature ~~and orography~~ (e.g., Hagay and Brenner, 2021; Varlas et al., 2023) and orography (e.g., Horvath et al., 2006) in the Mediterranean, and by the non-linear flow evolution during the 4-day simulation period prior to Mediterranean cyclogenesis.

5 Seasonal variability of the upstream-downstream ~~mechanism~~connection

360 So far, all experiments were performed for (perturbed) winter-mean initial conditions. In this section, we investigate whether the upstream-downstream ~~mechanism~~ connection exists when initializing the simulations with climatological mean states of the other seasons. Thereby, we investigate how the track and intensity of the North Atlantic cyclone, the morphology of the RWB and the PV streamer, and the track and intensity of the Mediterranean cyclone are affected by different locations and

365 intensities of the polar jet (Fig. 1), as well as different temperature and moisture profiles. Therefore, we repeat the previous experiments, but now use the climatological mean states for ~~MAM, JJA and SON~~ spring, summer and autumn (see Table 1 and Fig. 1). Independent of the locations and amplitudes of the initial perturbation, the downstream cyclogenesis over the Mediterranean occurs in all simulations for ~~MAM and SON~~spring and autumn, but not for ~~JJA~~summer, which is consistent with the lowest observed cyclone frequency during the summer season (Campins et al., 2011; Flaounas et al., 2013; Lionello

370 et al., 2016).

5.1 Morphology of the RWB

First, we investigate the evolution of the ~~SON and MAM~~ autumn and spring simulations that are perturbed by a moderate initial perturbation, placed at the maximum zonal wind speed of the polar jet at 300 hPa, similar to the ~~DJF~~ winter experiment in Sect. 3.2. Figure 9 shows the evolution of PV at 300 hPa and SLP for the ~~SON~~ autumn (Fig. 9a-e) and ~~MAM~~ spring (Fig. 9f-j)

375 initial conditions (compare to ~~DJF~~ winter in Fig. 3f-j). In ~~SON~~autumn, the initial perturbation is located over the Gulf of Saint Lawrence (Fig. 9a), whereas in ~~MAM~~ spring it is located over the east coast of North America (Fig. 9f), similar to the one in ~~DJF~~winter (Fig. 3f). With the more northerly location of the jet, and thereby the initial perturbation, at about 50°N in ~~SON~~
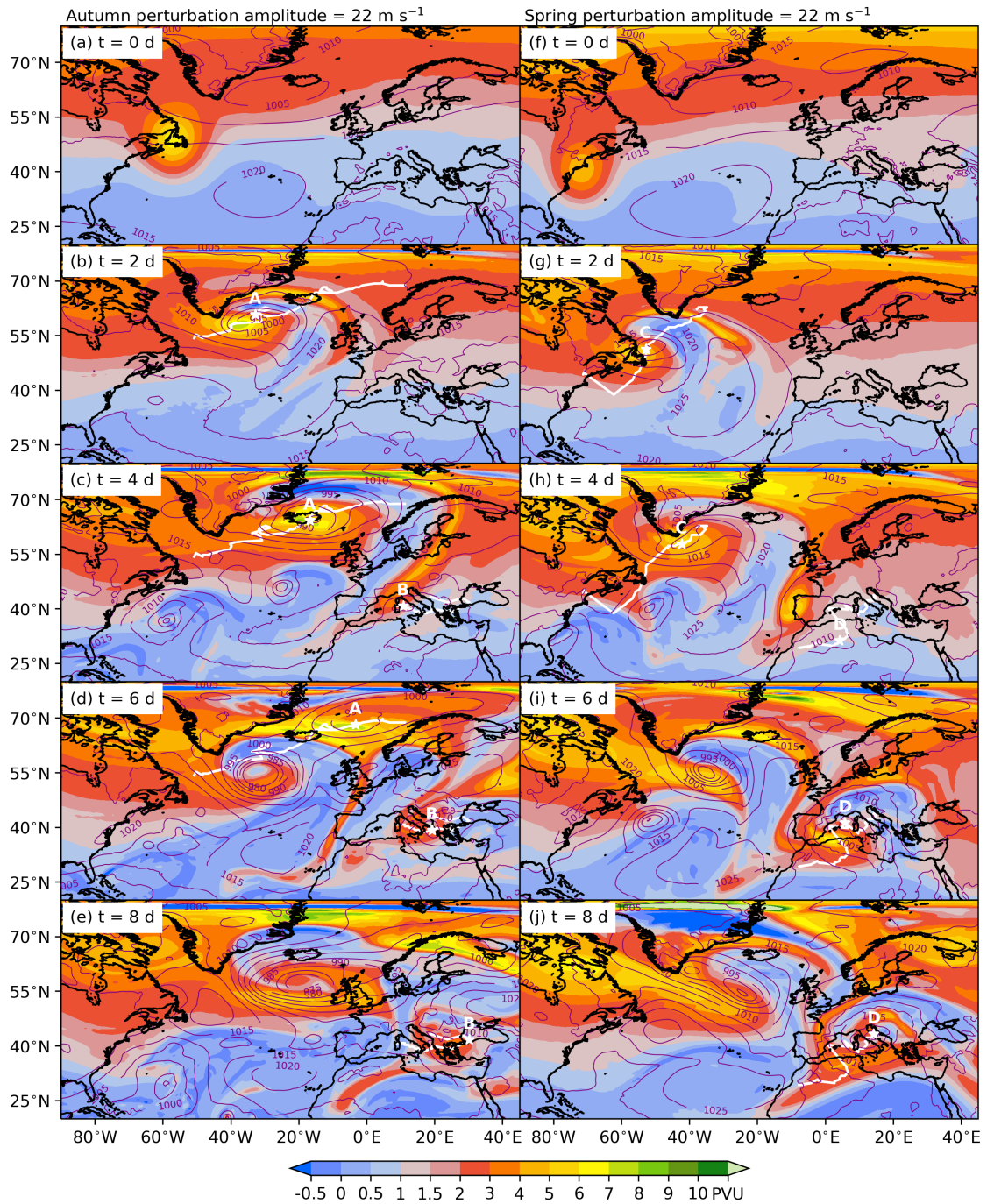
Figure 9. Same as Fig. ~~53~~f-j for initial conditions corresponding to the climatological mean in ~~SON~~ autumn (a-e) and ~~MAM~~ spring (f-j).
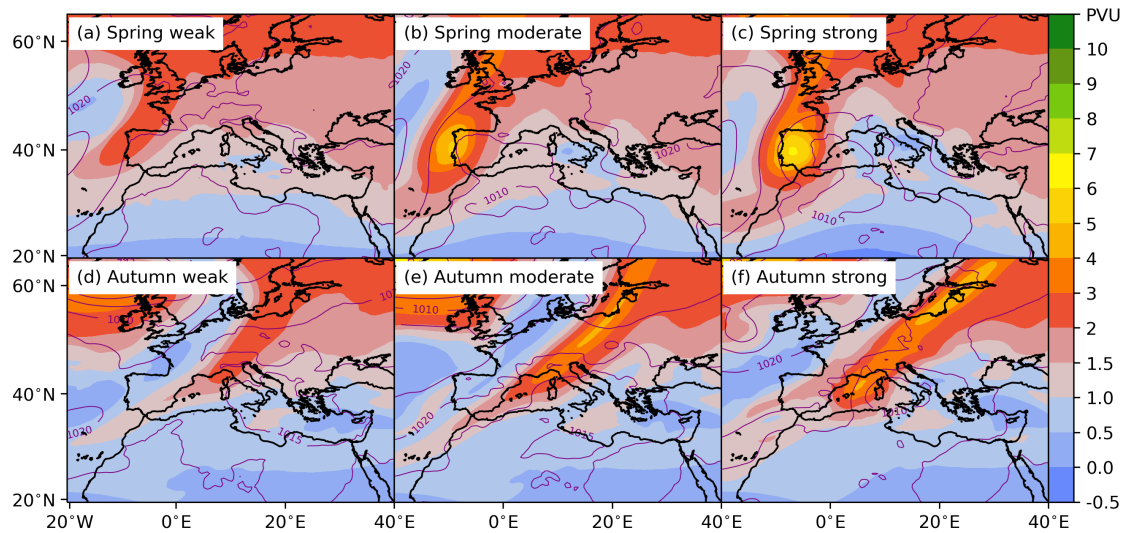
Figure 10. Same as Fig. 6 for initial conditions corresponding to the climatological mean in ~~MAM~~ spring (a-c) and ~~SON~~ autumn (d-f).

autumn (compared to about 40 °N in ~~DJF~~winter), cyclogenesis over the North Atlantic occurs at higher latitudes and the North Atlantic cyclone (A) propagates primarily eastward (~~grey~~ white line in Fig. 9b) in the first 2 d, compared to the northeastward propagation of the cyclones forming close to Newfoundland in ~~MAM (~~spring (C; Fig. 9g) and ~~DJF (~~winter (C; Fig. 3g). After 4 days, both the ridge and PV streamer in ~~SON~~ autumn are comparable in morphology to the ones in ~~DJF~~ winter (Fig. 3h), but the PV streamer over the Mediterranean has lower PV values (Fig. 9c). Over the North Atlantic, the ridge, the RWB and the PV streamer are all located further north, with the tip of the PV streamer located over the Gulf of Genoa (Fig. 9c), in contrast to the ~~DJF~~ winter simulation where the tip reaches Algeria (Fig. 3h). In ~~SON~~autumn, the PV streamer triggers Mediterranean cyclogenesis in the Tyrrhenian Sea, from where the cyclone (B) moves eastwards over Greece (~~purple asterisk~~ white star in Fig. 9d) and afterwards into the Black Sea (Fig. 9e).

Repeating the experiment with the climatological mean state in ~~MAM,~~ spring reproduces the upstream-downstream ~~mechanism~~ connection with a similar development of the ridge, RWB and PV streamer (Fig. 9g,h) as in ~~DJF~~ winter (Fig. 3g,h). However, the intrusion of the PV streamer differs as it is located further west, over Portugal and Spain after 4 days (Fig. 9h). It appears that the weaker jet in ~~MAM~~ spring (Fig. 1e) leads to a slower eastward propagation of the flow compared to the more intense jet and thereby faster propagation in ~~DJF~~winter. The intrusion of the PV streamer into the western Mediterranean triggers cyclogenesis over Algeria (D), from where the cyclone propagates northwards into the Balearic Sea (~~purple asterisk~~ white star in Fig. 9i) and afterwards into the Adriatic Sea (Fig. 9j).

These results showed that for all ~~MAM and SON~~ spring and autumn experiments with a moderate initial perturbation we find similar RWB patterns and coherent locations of the PV streamers after 4 d of model integration, similar to ~~DJF~~ winter (Fig. 4). The average locations of the PV streamers of the 9 ensemble experiments are summarized in Fig. 10 for weak, moderate and strong initial perturbations. For all perturbation amplitudes, the ~~MAM~~ spring PV streamer is located over Spain and
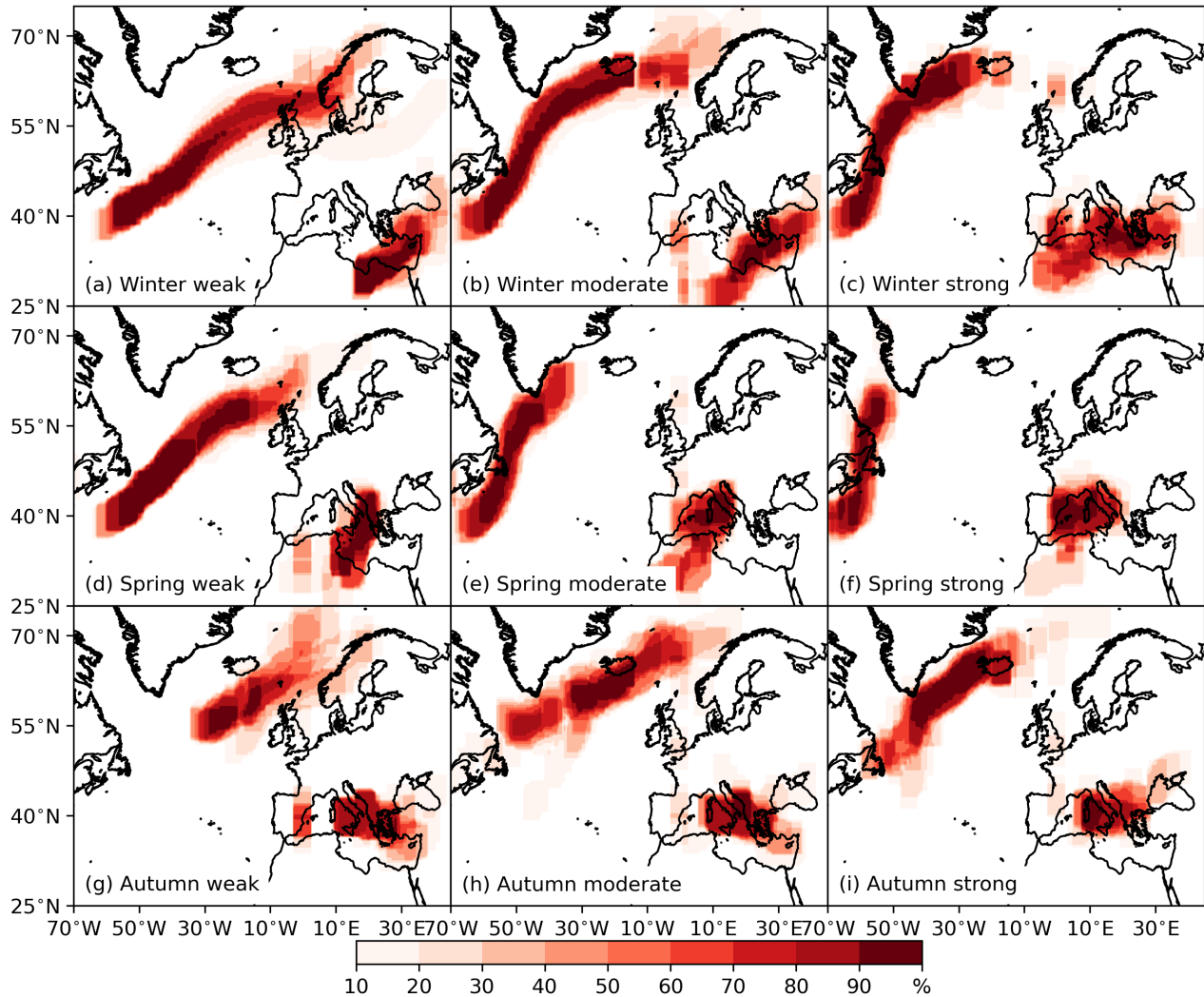
Figure 11. Cyclone track density for all ~~DJF~~ winter (a-c), ~~MAM~~ spring (d-f), ~~SON~~ autumn (g-i) experiments, initialized with (a,d,g) weak, (b,e,h) moderate, and (c,f,i) strong initial perturbation experiments.

Portugal (Fig. 10a-c), while in ~~SON~~ autumn it is located over the Gulf of Genoa (Fig. 10d-f) and the Balearic Sea, compared to Northern Africa and Algeria in ~~DJF~~ winter (Fig. 6). For ~~MAM~~spring, Fig. 10 shows that the larger the amplitude of the initial perturbation the more the tip of the PV streamer tends to wrap cyclonically, resulting in strongly positive PV anomalies in the upper troposphere, similar to ~~DJF~~ winter (Fig. 6). In all simulations the stronger baroclinic forcing by higher-amplitude PV streamers provokes earlier cyclogenesis, as indicated by the composite SLP fields (purple contours in Fig. 10c,f).

5.2 Cyclone tracks and intensities of the upstream and downstream cyclones

In this section, we focus on the change in the tracks and intensities of the North Atlantic and Mediterranean cyclones, similar to
405 Sect. 4.2. Note that ~~since~~ the variability of the cyclone tracks and their intensities in the experiments in ~~MAM and SON~~ spring and autumn in the 9 experiment ensemble is comparable to the findings presented in Sect. 4.2~~, we now include all experiments (also those with SPPT; see Table 1) in the final analysis~~.

Figure 11 shows the cyclone track frequency (percentage of simulations that share cyclone track points within $\pm 2.5°$) of the North Atlantic and Mediterranean cyclones). The similar morphology and location of the polar jet in ~~DJF and MAM~~ winter
410 and spring leads to comparable cyclone tracks over the North Atlantic, with cyclogenesis taking place south of Newfoundland both in ~~DJF~~ winter (11a-c) and ~~MAM~~ spring (11d-f). In ~~SON~~autumn, the North Atlantic cyclones form over the central North Atlantic (Fig. 11g) and east of Newfoundland (11h,i), as the polar jet is located at higher latitudes (Fig. 1k). Independent of the season, the North Atlantic cyclones propagate more zonally in the experiments with weak initial perturbations (Fig. 11a, d, g) and and more meridionally in the simulations with strong initial perturbations (Fig. 11c,f,i). The high track frequencies (dark
415 red) in each panel of Fig. 11 suggest that the cyclone tracks over the North Atlantic are fairly coherent, independent of the initial upstream upper-level PV perturbation~~and of random small-scale perturbations induced by SPPT~~. The deepest cyclones over the North Atlantic form in ~~DJF and SON~~winter and autumn, where the baroclinicity is larger compared to ~~MAM~~spring. The deepest North Atlantic cyclones in spring reach intensities of about $990\,\mathrm{hPa}$ compared to $970\,\mathrm{hPa}$ in ~~DJF and SON~~ winter and autumn (not shown).

420 The different location of the PV streamers (Fig. 10 and Fig. 6) leads to Mediterranean cyclogenesis in different regions. In ~~DJF~~ winter (Fig. 11a,b,c), cyclogenesis takes place over Libya (Fig. 11a,b) from where the cyclones propagate towards Greece, Cyprus and Turkey. In ~~MAM~~ spring cyclogenesis takes places over Algeria for the weak and moderate initial perturbations~~, from where the~~. Afterwards, these cyclones move over to the east and west of Italy, respectively (Fig. 11d,e)~~, where cyclogenesis occurs in case of~~. In the strong perturbation experiments ~~. In SON~~ (Fig. 11f) cyclones form and remain over
425 the western Mediterranean Sea, i.e., the Balearic Sea and Gulf of Genoa. In autumn cyclogenesis takes place in the central Mediterranean and the cyclones propagate eastwards (Fig. 11g,h,i). In all experiments with a strong initial perturbation (Fig. 11c,f,i), the PV streamers have larger PV values (Fig. 6 and Fig. 10c,f) and thus provide a stronger baroclinic forcing that triggers Mediterranean cyclogenesis at earlier times (Fig. 12c,f,i), resulting in westward shifted cyclogenesis and cyclone tracks (Fig. 11c,f,i). The Mediterranean cyclone tracks in ~~DJF~~ winter are consistent in time and space with the tracks of Almazroui
430 et al. (2015) during the extended winter period (their Fig. 3 and 4). The tracks and mature stages of Mediterranean cyclones in ~~MAM and SON~~ spring and autumn are consistent with the tracks from Campins et al. (2006). However, cyclogenesis does not take place in the hotspots ~~found by Bartholy et al. (2009) in either season. Note that in DJF, there is a larger variability in the cyclone tracks due to the larger number of SPPT experiments (Table 1). This spread becomes most visible for experiments with strong initial perturbations (Fig. 11c,f, i).Here, the amplitude of diabatic processes is larger due to the larger amplitude of~~
435 ~~the PV streamer and therefore the variability provoked by the SPPT is increased~~in the western Mediterranean, i.e., the Gulf of Genoa, Balearic Sea and west coast of Spain, found by Bartholy et al. (2009) in either season.
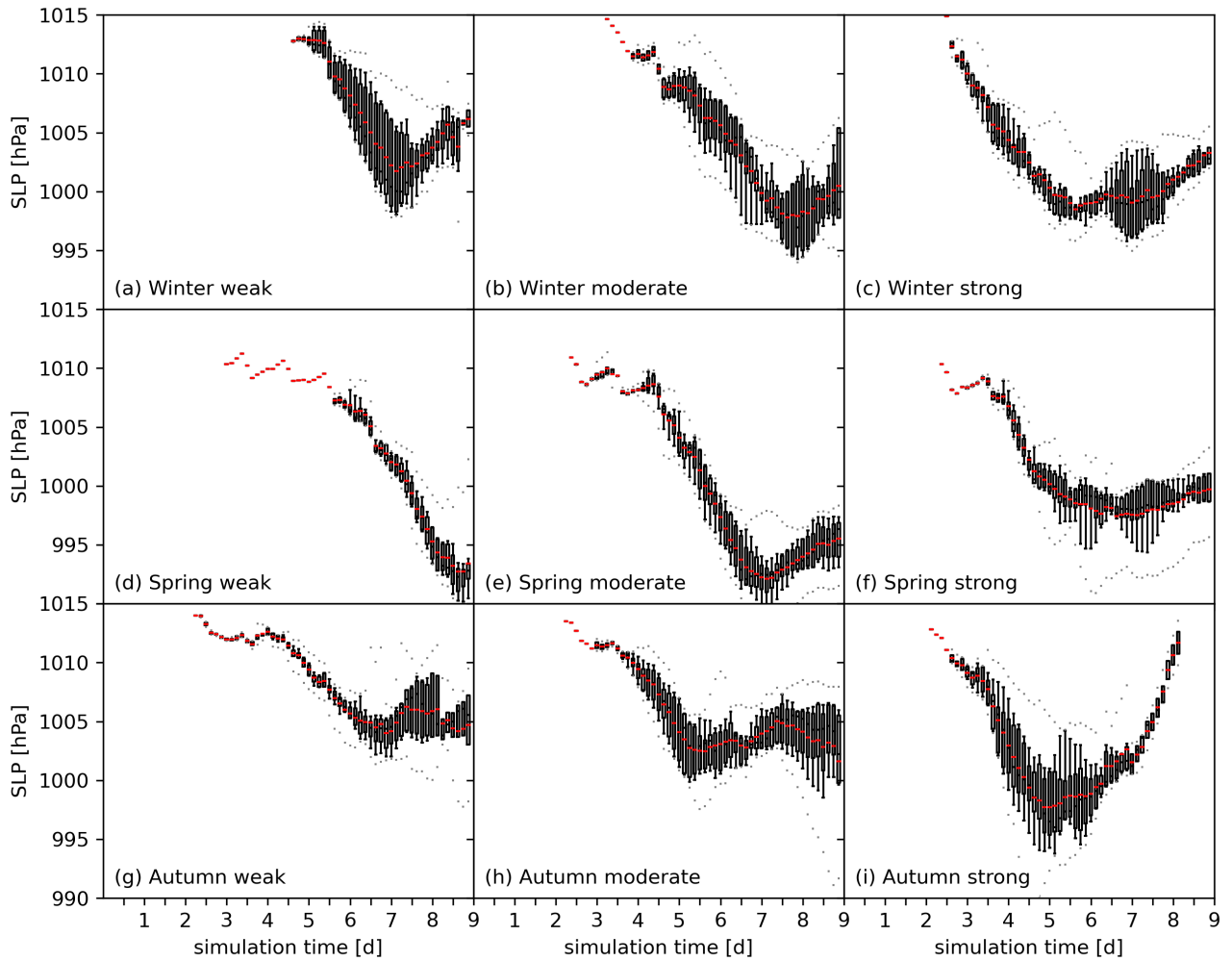
Figure 12. SLP evolution of Mediterranean cyclones in all (a-c) ~~DJF~~winter, (d-f) ~~MAM~~spring, and (g-i) ~~SON~~ autumn simulations, perturbed with a (a,d,g) weak upper-level PV anomaly, (b,e,h) moderate-intensity anomaly experiments, and (c,f,i) strong PV anomaly. Boxes mark the interquartile range, whiskers the 10th and 90th percentile and the red and black line the mean and median, respectively. The grey dots mark outliers of the 10th and 90th percentiles.

The different seasonal-mean conditions over the Mediterranean and the different intrusion of the PV streamers not only result in different locations of cyclogenesis but further provide different intensification rates and maximum intensities of Mediterranean cyclones. Figure 12 shows the distribution of SLP along the Mediterranean cyclone tracks. In all experiments, the average SLP (red) shows a stronger decrease with increasing amplitude of the initial perturbation (columns in Fig. 12). Here, higher-amplitude PV streamers provide a stronger baroclinic forcing and thus a stronger intensification of the Mediterranean cyclones. Further, when comparing the weak to moderate amplitude experiments (left and central column in Fig. 12) the cyclones reach lower minimum SLP values and thereby a larger maximum intensity in the simulations with a moderate initial perturbation. The intensity of Mediterranean cyclones in the strong perturbation experiments (right column in Fig. 12) is similar in winter (Fig. 12c), lower in spring (Fig. 12f), and stronger in autumn (Fig. 12i) compared to the moderate perturbation experiments. In the experiments in spring with a strong initial perturbation (Fig. 12f), Mediterranean cyclones obtain an average minimum of about 996 hPa that is about 4 hPa higher than for the ones in the experiments with a moderate initial perturbation (about 992 hPa in Fig. 12e). Although the cyclones are weaker in the experiments with a strong initial perturbation in spring, they maintain their maximum intensity for about 3 d, as suggested by the increasing perseverance of lowest average SLP value (red in Fig. 12f). This might be due to less propagation of the cyclones over the Balearic Sea (Fig. 11f) where they access the moisture provided by the ocean surface and therefore can maintain their intensity by latent heat release in convection.

Compared to winter and autumn, we find the most intense Mediterranean cyclones in spring. Here, higher sea surface temperatures (SSTs; e.g., Shaltout and Omstedt, 2014) and a less stable atmospheric state, i.e., weaker vertical temperature gradients, might favor convection and thus result in a stronger deepening of the Mediterranean cyclones. It is interesting to note that in the strong perturbation experiments the high amplitude PV streamer do not result in the highest intensities of Mediterranean cyclones. Considering the results of Flaounas et al. (2021), who showed that the stronger the upper-level forcing of Mediterranean cyclones the weaker is the diabatic forcing, there might be a balancing factor that makes it difficult to attribute a straightforward connection between the amplitude of the PV streamers and the intensity of the cyclones. We have two hypotheses where one is that convection is exceptionally stronger in the strong perturbation experiments compared to the moderate ones and thus might erode the upper-level PV and thereby inhibit its maximum contribution to the intensity of the cyclones. The second hypothesis involves the displacement of the PV streamer by low-PV air that is transported to the upper-troposphere and thereby results in a less favorable alignment of the PV streamer and the cyclone, yielding a reduced intensity. However, both hypotheses require further investigation, as we could only find some cases that agree with one of the hypotheses but no systematic pattern.

6 Discussion and conclusion

For the first time, we show, using a semi-idealized simulation setup, the direct relationship between upstream North Atlantic and downstream Mediterranean cyclones, which we refer to as the upstream-downstream ~~mechanism~~ connection and investigate its sensitivity to variations in the upstream PV perturbation. Therefore, we introduce a modeling framework using WRF in which we prescribed the climatological seasonal-mean atmospheric states as initial and boundary conditions and perturbed them by a weak, moderate and strong PV anomaly near the maximum zonal wind speed of the polar jet at $300\,\mathrm{hPa}$. We investigated the flow evolution over the North Atlantic and Mediterranean region, which is primarily affected by the North Atlantic cyclone that forms rapidly after the model initialization due to the presence of the initial perturbation. An upper-tropospheric ridge builds up downstream of the ~~cycle~~ cyclone and thereby provokes RWB, causing a PV streamer to intrude into the Mediterranean and trigger cyclogenesis or enhance the intensity of a Mediterranean cyclone after about $4\,\mathrm{d}$ of simulation time.

To investigate the sensitivity of this upstream-downstream ~~mechanism~~ connection to variations in the upstream upper-level PV structure over the North Atlantic, we changed both the horizontal position of the initial perturbation around the maximum zonal jet and its amplitude. Our results show that the upstream-downstream ~~cyclogenesis mechanism~~ connection occurs consistently, regardless of the ~~the~~ position and amplitude of the initial perturbation (within the variations considered in this study). Furthermore, we find that the intensity of the synoptic-scale dynamics, i.e., the intensity of the North Atlantic cyclone, the area and amplitude of the ridge, the amplitude of the PV streamer over the Mediterranean and thereby, to some extent, the intensity of the Mediterranean cyclone, are strongly influenced by and correlate with the amplitude of the initial upper-level PV perturbation. With increasing amplitude of the initial perturbation we find a northward shift of the North Atlantic cyclone track and the RWB, but a similar position of cyclogenesis in the Mediterranean in a given season. This suggests, that different flavors of RWB and resulting structures of PV streamers can lead to cyclogenesis in similar regions in the Mediterranean. ~~Furthermore, results from simulations including SPPT show that the proposed mechanism is robust against random perturbations of model physics, which have the potential to affect the formation of the ridge and thereby the RWB (Gray, 2006; Spreitzer et al., 2019).~~

To study the influence of the differing seasonal large-scale flow configurations on the upstream-downstream ~~mechanism~~connection, we repeated the experiments using as initial conditions the climatological seasonal-mean conditions of ~~MAM, JJA, and SON~~spring, summer, and autumn. The upstream-downstream ~~mechanism~~ connection is not present in the simulations for ~~JJA~~summer, which is plausibly consistent with the lowest cyclone frequency during that time period (Flaounas et al., 2013, 2015). For ~~MAM and SON~~spring and autumn, the RWB shows a similar spread as in ~~DJF~~ winter and our findings demonstrate that the seasonal position of the polar jet influences the specific location of the intrusion of PV streamers to the Mediterranean. Thereby, cyclogenesis is provoked in different regions of the Mediterranean (e.g., preferentially in the eastern Mediterranean when using ~~DJF~~ winter initial conditions and further west when using ~~SON and MAM~~ autumn and spring initial conditions), with the corresponding seasonal variability in the tracks and intensity of these cyclones.

The tracks of the North Atlantic cyclone as well as the RWB and the intrusion of the PV streamers are fairly insensitive to horizontal shifts of the initial perturbation by 200 and $400\,\mathrm{km}$. However, this lack of sensitivity of the North Atlantic cyclone

tracks and downstream intrusion of the PV streamer to the initial perturbation might be due to our choice of the climatological atmospheric states as initial conditions. For instance, Portmann et al. (2020) showed that the detailed structure of a high-PV anomaly in the lower stratosphere over the Gulf of Saint Lawrence (north to the jet streak) in an ensemble forecast resulted in different shapes and location of PV streamers over the Mediterranean prior to cyclogenesis and consequently different cyclone tracks and intensities. Therefore, the coherency of the downstream PV streamer in our simulations might be the result of weaker gradients at the level of the tropopause (because we consider climatologically smoothed initial conditions), which might be less sensitive to perturbations than sharper gradients in instantaneous fields. However, this choice of initial conditions allows us to establish a clear connection between the simulated North Atlantic and Mediterranean cyclones.

The small shifts of the location of the PV streamers over the Mediterranean, due to variations in the horizontal positions of the initial perturbation, and the associated changes in their upper-level PV structure affect the intensity of the Mediterranean cyclones. The weaker the amplitude of the PV streamer the more essential its PV structure becomes for the intensity of the Mediterranean cyclone. This sensitivity of the intensity of Mediterranean cyclones to the upper-level PV structure is consistent with case studies of heavy-precipitation events and Mediterranean cyclones (e.g. Fehlmann and Davies, 1997; Fehlmann and Quadri, 2000; Romero, 2001; Homar and Stensrud, 2004; Argence et al., 2008; Chaboureau et al., 2012)(e.g., Fehlmann and Davies, 1997; Fehlmann and Quadri, 2000; Romero, 2001; Homar and Stensrud, 2004; Argence et al., 2008, 2009; C . They showed that even mesoscale variations in the upper-tropospheric PV structure resulted in different intensities (and tracks) of those events. In essence, our results show that the weaker the initial upstream perturbation, the more the intensification and maximum intensity of the North Atlantic and Mediterranean cyclone are affected by changes in the upstream upper-level PV structure.

Nevertheless, factors such as seasonal variations of static stability and Mediterranean SST, and the relative location of cyclones to orography might further contribute to the variability of the intensity and tracks of the Mediterranean cyclones. In particular in the experiments during MAM spring the intensity of the downstream Mediterranean cyclone is rather independent of the intensity of the initial upstream perturbation, in contrast to the experiments in DJF and SONwinter and autumn, in which the intensity of the Mediterranean cyclone scales to some extent with the amplitude of the initial upstream perturbation. This suggests that the atmosphere in MAM spring might have reduced static stability and thus favors convection and intensification of the Mediterranean cyclone provoked by the approaching PV streamer, but also that the intensity of the Mediterranean cyclones is significantly affected by the temperature and moisture distribution over the Mediterranean. In this regard, although we found that increasing the horizontal resolution to $0.1°$ does not significantly change the variability of the intensities of the Mediterranean cyclones nor their tracks, future studies could address the role of convection to the intensity of the cyclones in experiments with higher resolution and explicitly resolved convection.

In our study, we investigated the impact of how North Atlantic cyclones, triggered by an upper-level PV anomaly, affect the propagation of the RW and the RW's impact on downstream cyclone dynamics over the Mediterranean. We specifically analyzed how the intensity and location of North Atlantic cyclones affect this mechanismconnection. However, our research is restricted to the selected initial conditions that impact this link. Therefore, identifying pairs of North Atlantic and Mediterranean cyclones in ERA5 reanalyses, similar to Raveh-Rubin and Flaounas (2017), could serve to further study

the relationship between the position and strength of North Atlantic cyclones and subsequent Mediterranean cyclones. Such an analysis could contribute to research about the correlation between cyclone properties in the North Atlantic and the resulting cyclogenesis in different regions of the Mediterranean, with interesting implications for forecasting Mediterranean cyclones. Additionally, the proposed modeling framework provides a new perspective on the future trends of Mediterranean cyclones. Recent studies (e.g Lionello and Giorgi, 2007; Ulbrich et al., 2009; Cavicchia et al., 2014; and Nissen et al., 2014) (e.g., Lionello and Giorgi, 2007; Ulbrich et al., 2009; Cavicchia et al., 2014; Nissen et al., 2014) have examined the impact of future climate projections on the tracks and intensities of Mediterranean cyclones. However, the interpretation of the spread of various model results requires support from a more comprehensive understanding of large-scale forcing of Mediterranean cyclogenesis, specifically the effects of future changes in the upstream-downstream mechanism connection. Presently, this aspect is missing from the state of the art and is a critical factor for comprehending the impact of climate change on regional high-impact weather. In particular, such a study would allow the investigation of how climate change impacts on the jet stream, i.e., altered intensity and position affect the prevalence of this cyclone connection in future climates.

Data availability. The WRF model and ERA5 reanalysis are openly available. Upon request the authors provide the namelists used to perform the simulations.

Author contributions. AS prepared all analyses and the manuscript. EF and HW provided scientific advice throughout the project and provided valuable suggestions for improving the manuscript.

Competing interests. Heini Wernli is executive editor of WCD.

Acknowledgements. We thank the anonymous reviewer and Florian Pantillon for the constructive and valuable feedback that helped to further improve the manuscript. AS acknowledges funding form the Swiss National Science Foundation (Project 188660). Furthermore, AS thanks Lukas Papritz for the help with the simulation setup and Michael Sprenger for guidance with the cyclone tracking. This work is a contribution to the COST Action CA19109 "MedCyclones: European Network for Mediterranean Cyclones in weather and climate".

References

Almazroui, M., Awad, A. M., Islam, M. N., and Al-Khalaf, A.: A climatological study: wet season cyclone tracks in the East Mediterranean region, Theor. Appl. Climatol., 120, 351–365, https://doi.org/10.1007/s00704-014-1178-z, 2015.

Appenzeller, C. and Davies, H. C.: Structure of stratospheric intrusions into the troposphere, Nature, 358, 570–572, https://doi.org/10.1038/358570a0, 1992.

Argence, S., Lambert, D., Richard, E., Chaboureau, J.-P., and Söhne, N.: Impact of initial condition uncertainties on the predictability of heavy rainfall in the Mediterranean: A case study, Q. J. Roy. Meterol. Soc., 134, 1775–1788, https://doi.org/10.1002/qj.314, 2008.

Argence, S., Lambert, D., Richard, E., Pierre Chaboureau, J., Philippe Arbogast, J., and Maynard, K.: Improving the numerical prediction of a cyclone in the Mediterranean by local potential vorticity modifications, Q. J. Roy. Meterol. Soc., 135, 865–879, https://doi.org/10.1002/qj.422, 2009.

Barnes, M. A., Ndarana, T., Sprenger, M., and Landman, W. A.: Stratospheric intrusion depth and its effect on surface cyclogenetic forcing: an idealized potential vorticity (PV) inversion experiment, Weather Clim. Dynam., 3, 1291–1309, https://doi.org/10.5194/wcd-3-1291-2022, 2022.

Bartholy, J., Pongrácz, R., and Pattantyús-Ábrahám, M.: Analyzing the genesis, intensity, and tracks of western Mediterranean cyclones, Theor. Appl. Climatol., 96, 133–144, https://doi.org/10.1007/s00704-008-0082-9, 2009.

Campins, J., Jansà, A., and Genovés, A.: Three-dimensional structure of western Mediterranean cyclones, Int. J. Climatol., 26, 323–343, https://doi.org/10.1002/joc.1275, 2006.

Campins, J., Genovés, A., Picornell, M., and Jansà, A.: Climatology of Mediterranean cyclones using the ERA-40 dataset, Int. J. Climatol., 31, 1596–1614, https://doi.org/10.1002/joc.2183, 2011.

Carrió, D., Homar, V., Jansa, A., Romero, R., and Picornell, M.: Tropicalization process of the 7 November 2014 Mediterranean cyclone: Numerical sensitivity study, Atmos. Res., 197, 300–312, https://doi.org/10.1016/j.atmosres.2017.07.018, 2017.

Cavicchia, L., von Storch, H., and Gualdi, S.: Mediterranean tropical-like cyclones in present and future climate, J. Clim., 27, 7493–7501, https://doi.org/10.1175/JCLI-D-14-00339.1, 2014.

Chaboureau, J.-P., Pantillon, F., Lambert, D., Richard, E., and Claud, C.: Tropical transition of a Mediterranean storm by jet crossing, Q. J. Roy. Meterol. Soc., 138, 596–611, https://doi.org/10.1002/qj.960, 2012.

Claud, C., Alhammoud, B., Funatsu, B. M., and Chaboureau, J.-P.: Mediterranean hurricanes: large-scale environment and convective and precipitating areas from satellite microwave observations, Nat. Hazards Earth Syst. Sci., 10, 2199–2213, https://doi.org/10.5194/nhess-10-2199-2010, 2010.

Dudhia, J.: A multi-layer soil temperature model for MM5, in: Preprints, The Sixth PSU/NCAR mesoscale model users' workshop, pp. 22–24, 1996.

Emanuel, K.: Genesis and maintenance of "Mediterranean hurricanes", Adv. Geosci., 2, 217–220, https://doi.org/10.5194/adgeo-2-217-2005, 2005.

Fehlmann, R. and Davies, H. C.: Misforecasts of Synoptic Systems: Diagnosis via PV Retrodiction, Mon. Weather Rev., 125, 2247–2264, https://doi.org/https://doi.org/10.1175/1520-0493(1997)125<2247:MOSSDV>2.0.CO;2, 1997.

Fehlmann, R. and Quadri, C.: Predictability issues of heavy Alpine south-side precipitation, Meteorol. Atmospheric Phys., 72, 223–231, https://doi.org/10.1007/s007030050017, 2000.

Fita, L. and Flaounas, E.: Medicanes as subtropical cyclones: the December 2005 case from the perspective of surface pressure tendency diagnostics and atmospheric water budget, Q. J. Roy. Meteorol. Soc., 144, 1028–1044, https://doi.org/10.1002/qj.3273, 2018.

600   Fita, L., Romero, R., and Ramis, C.: Intercomparison of intense cyclogenesis events over the Mediterranean basin based on baroclinic and diabatic influences, Adv. Geosci., 7, 333–342, https://doi.org/10.5194/adgeo-7-333-2006, 2006.

Flaounas, E., Drobinski, P., and Bastin, S.: Dynamical downscaling of IPSL-CM5 CMIP5 historical simulations over the Mediterranean: benefits on the representation of regional surface winds and cyclogenesis, Clim. Dynam., 40, 2497–2513, https://doi.org/10.1007/s00382-012-1606-7, 2013.

605   Flaounas, E., Raveh-Rubin, S., Wernli, H., Drobinski, P., and Bastin, S.: The dynamical structure of intense Mediterranean cyclones, Clim. Dynam., 44, 2411–2427, https://doi.org/10.1007/s00382-014-2330-2, 2015.

Flaounas, E., Gray, S. L., and Teubler, F.: A process-based anatomy of Mediterranean cyclones: from baroclinic lows to tropical-like systems, Weather Clim. Dynam., 2, 255–279, https://doi.org/10.5194/wcd-2-255-2021, 2021.

Flaounas, E., Davolio, S., Raveh-Rubin, S., Pantillon, F., Miglietta, M. M., Gaertner, M. A., Hatzaki, M., Homar, V., Khodayar, S., Korres,
610   G., Kotroni, V., Kushta, J., Reale, M., and Ricard, D.: Mediterranean cyclones: Current knowledge and open questions on dynamics, prediction, climatology and impacts, Weather Clim. Dynam., 3, 173–208, https://doi.org/10.5194/wcd-3-173-2022, 2022.

Flaounas, E., Kotroni, V., Lagouvardos, K., and Flaounas, I.: CycloTRACK (v1. 0)–tracking winter extratropical cyclones based on relative vorticity: sensitivity to data filtering and other relevant parameters, Geosci. Model Dev., 7, 1841–1853, https://doi.org/10.5194/gmd-7-1841-2014, 2014.

615   Flocas, H.: Diagnostics of cyclogenesis over the Aegean Sea using potential vorticity inversion, Meteorol. Atmospheric Phys., 73, 25–33, https://doi.org/10.1007/s007030050061, 2000.

Grams, C. M. and Archambault, H. M.: The key role of diabatic outflow in amplifying the midlatitude flow: A representative case study of weather systems surrounding western North Pacific extratropical transition, Mon. Weather Rev., 144, 3847–3869, https://doi.org/10.1175/MWR-D-15-0419.1, 2016.

620   Grams, C. M., Wernli, H., Böttcher, M., Čampa, J., Corsmeier, U., Jones, S. C., Keller, J. H., Lenz, C.-J., and Wiegand, L.: The key role of diabatic processes in modifying the upper-tropospheric wave guide: a North Atlantic case-study, Q. J. Roy. Meteorol. Soc., 137, 2174–2193, https://doi.org/10.1002/qj.891, 2011.

Gray, S.: Mechanisms of midlatitude cross-tropopause transport using a potential vorticity budget approach, J. Geophys. Res., 111, https://doi.org/10.1029/2005JD006259, 2006.

625   Hagay, O. and Brenner, S.: Sensitivity of Simulations of Extreme Mediterranean Storms to the Specification of Sea Surface Temperature: Comparison of Cases of a Tropical-Like Cyclone and Explosive Cyclogenesis, Atmosphere, 12, 921, https://doi.org/10.3390/atmos12070921, 2021.

Hersbach, H., Bell, B., Berrisford, P., Hirahara, S., Horányi, A., Muñoz-Sabater, J., Nicolas, J., Peubey, C., Radu, R., Schepers, D., Simmons, A., Soci, C., Abdalla, S., Abellan, X., Balsamo, G., Bechtold, P., Biavati, G., Bidlot, J., Bonavita, M., De Chiara, G., Dahlgren, P., Dee,
630   D., Diamantakis, M., Dragani, R., Flemming, J., Forbes, R., Fuentes, M., Geer, A., Haimberger, L., Healy, S., Hogan, R. J., Hólm, E., Janisková, M., Keeley, S., Laloyaux, P., Lopez, P., Lupu, C., Radnoti, G., de Rosnay, P., Rozum, I., Vamborg, F., Villaume, S., and Thépaut, J.-N.: The ERA5 global reanalysis, Q. J. Roy. Meteorol. Soc., 146, 1999–2049, https://doi.org/https://doi.org/10.1002/qj.3803, 2020.

Homar, V. and Stensrud, D. J.: Sensitivities of an intense Mediterranean cyclone: Analysis and validation, Q. J. Roy. Meteorol. Soc., 130, 2519–2540, https://doi.org/10.1256/qj.03.85, 2004.

Hong, S.-Y., Dudhia, J., and Chen, S.-H.: A revised approach to ice microphysical processes for the bulk parameterization of clouds and precipitation, Mon. Weather Rev., 132, 103–120, https://doi.org/10.1175/1520-0493(2004)132<0103:ARATIM>2.0.CO;2, 2004.

Hong, S.-Y., Noh, Y., and Dudhia, J.: A new vertical diffusion package with an explicit treatment of entrainment processes, Mon. Weather Rev., 134, 2318–2341, https://doi.org/10.1175/MWR3199.1, 2006.

Horvath, K., Fita, L., Romero, R., and Ivancan-Picek, B.: A numerical study of the first phase of a deep Mediterranean cyclone: Cyclogenesis in the lee of the Atlas Mountains, Meteorolo. Z., 15, 133–146, https://doi.org/10.1127/0941-2948/2006/0113, 2006.

Iacono, M. J., Delamere, J. S., Mlawer, E. J., Shephard, M. W., Clough, S. A., and Collins, W. D.: Radiative forcing by long-lived greenhouse gases: Calculations with the AER radiative transfer models, J. Geophys. Res., 113, https://doi.org/10.1029/2008JD009944, 2008.

Jiménez, P. A., Dudhia, J., González-Rouco, J. F., Navarro, J., Montávez, J. P., and García-Bustamante, E.: A revised scheme for the WRF surface layer formulation, Mon. Weather Rev., 140, 898–918, https://doi.org/10.1175/MWR-D-11-00056.1, 2012.

Kain, J. S.: The Kain–Fritsch convective parameterization: an update, J. Appl. Meteorol., 43, 170–181, https://doi.org/10.1175/1520-0450(2004)043<0170:TKCPAU>2.0.CO;2, 2004.

Lionello, P. and Giorgi, F.: Winter precipitation and cyclones in the Mediterranean region: future climate scenarios in a regional simulation, Adv. Geosci., 12, 153–158, https://doi.org/10.5194/adgeo-12-153-2007, 2007.

Lionello, P., Trigo, I. F., Gil, V., Liberato, M. L., Nissen, K. M., Pinto, J. G., Raible, C. C., Reale, M., Tanzarella, A., Trigo, R. M., et al.: Objective climatology of cyclones in the Mediterranean region: a consensus view among methods with different system identification and tracking criteria, Tellus A: Dyn. Meteorol. Oceanogr., 68, , https://doi.org/10.3402/tellusa.v68.29391, 2016.

Madonna, E., Wernli, H., Joos, H., and Martius, O.: Warm conveyor belts in the ERA-Interim dataset (1979–2010). Part I: Climatology and potential vorticity evolution, J. Clim., 27, 3–26, https://doi.org/10.1175/JCLI-D-12-00720.1, 2014.

Massacand, A. C., Wernli, H., and Davies, H. C.: Heavy precipitation on the Alpine southside: An upper-level precursor, Geophys. Res. Lett., 25, 1435–1438, https://doi.org/10.1029/98GL50869, 1998.

Miglietta, M. M. and Rotunno, R.: Development mechanisms for Mediterranean tropical-like cyclones (medicanes), Q. J. Roy. Meterol. Soc., 145, 1444–1460, https://doi.org/10.1002/qj.3503, 2019.

Neu, U., Akperov, M. G., Bellenbaum, N., Benestad, R., Blender, R., Caballero, R., Cocozza, A., Dacre, H. F., Feng, Y., Fraedrich, K., Grieger, J., Gulev, S., Hanley, J., Hewson, T., Inatsu, M., Keay, K., Kew, S. F., Kindem, I., Leckebusch, G. C., Liberato, M. L. R., Lionello, P., Mokhov, I. I., Pinto, J. G., Raible, C. C., Reale, M., Rudeva, I., Schuster, M., Simmonds, I., Sinclair, M., Sprenger, M., Tilinina, N. D., Trigo, I. F., Ulbrich, S., Ulbrich, U., Wang, X. L., and Wernli, H.: IMILAST: A Community Effort to Intercompare Extratropical Cyclone Detection and Tracking Algorithms, B. Am. Meteorol. Soc., 94, 529–547, https://doi.org/10.1175/BAMS-D-11-00154.1, 2013.

Nissen, K. M., Leckebusch, G. C., Pinto, J. G., and Ulbrich, U.: Mediterranean cyclones and windstorms in a changing climate, Reg. Environ. Change, 14, 1873–1890, https://doi.org/10.1007/s10113-012-0400-8, 2014.

Pantillon, F., Chaboureau, J.-P., Lac, C., and Mascart, P.: On the role of a Rossby wave train during the extratropical transition of Hurricane Helene (2006), Q. J. Roy. Meterol. Soc., 139, 370–386, https://doi.org/10.1002/qj.1974, 2013.

Portmann, R., González-Alemán, J. J., Sprenger, M., and Wernli, H.: How an uncertain short-wave perturbation on the North Atlantic wave guide affects the forecast of an intense Mediterranean cyclone (Medicane Zorbas), Weather Clim. Dynam., 1, 597–615, https://doi.org/10.5194/wcd-1-597-2020, 2020.

Raveh-Rubin, S. and Flaounas, E.: A dynamical link between deep Atlantic extratropical cyclones and intense Mediterranean cyclones, Atmos. Sci. Lett., 18, 215–221, https://doi.org/10.1002/asl.745, 2017.

Romero, R.: Sensitivity of a heavy-rain-producing western Mediterranean cyclone to embedded potential-vorticity anomalies, Q. J. Roy. Meterol. Soc., 127, 2559–2597, https://doi.org/10.1002/qj.49712757805, 2001.

Schär, C. and Wernli, H.: Structure and evolution of an isolated semi-geostrophic cyclone, Q. J. Roy. Meterol. Soc., 119, 57–90, https://doi.org/10.1002/qj.49711950904, 1993.

Schemm, S., Wernli, H., and Papritz, L.: Warm conveyor belts in idealized moist baroclinic wave simulations, J. Atmos. Sci., 70, 627–652, https://doi.org/10.1175/JAS-D-12-0147.1, 2013.

Scherrmann, A., Wernli, H., and Flaounas, E.: Origin of low-tropospheric potential vorticity in Mediterranean cyclones, Weather Clim. Dynam., 4, 157–173, https://doi.org/10.5194/wcd-4-157-2023, 2023.

Shaltout, M. and Omstedt, A.: Recent sea surface temperature trends and future scenarios for the Mediterranean Sea, Oceanologia, 56, 411–443, https://doi.org/10.5697/oc.56-3.411, 2014.

Skamarock, W. C., Klemp, J. B., Dudhia, J., Gill, D. O., Liu, Z., Berner, J., Wang, W., Powers, J. G., Duda, M. G., Barker, D. M., and Huang, X.-y.: A description of the advanced research WRF model version 4.3, National Center for Atmospheric Research: Boulder, CO, USA, 145, 165, https://doi.org/10.5065/1dfh-6p97, 2021.

Spreitzer, E., Attinger, R., Boettcher, M., Forbes, R., Wernli, H., and Joos, H.: Modification of potential vorticity near the tropopause by nonconservative processes in the ECMWF model, J. Atmos. Sci., 76, 1709–1726, https://doi.org/10.1175/JAS-D-18-0295.1, 2019.

Sprenger, M.: Numerical piecewise potential vorticity inversion: A user guide for real-case experiments, ETH Zurich, 87, 2007.

Sprenger, M., Fragkoulidis, G., Binder, H., Croci-Maspoli, M., Graf, P., Grams, C. M., Knippertz, P., Madonna, E., Schemm, S., Škerlak, B., and Wernli, H.: Global Climatologies of Eulerian and Lagrangian Flow Features based on ERA-Interim, B. Am. Meteorol. Soc., 98, 1739–1748, https://doi.org/10.1175/BAMS-D-15-00299.1, 2017.

Thorncroft, C., Hoskins, B., and McIntyre, M.: Two paradigms of baroclinic-wave life-cycle behaviour, Q. J. Roy. Meterol. Soc., 119, 17–55, https://doi.org/10.1002/qj.49711950903, 1993.

Trigo, I. F., Davies, T. D., and Bigg, G. R.: Objective climatology of cyclones in the Mediterranean region, J. Climate, 12, 1685–1696, https://doi.org/10.1175/1520-0442(1999)012<1685:OCOCIT>2.0.CO;2, 1999.

Tripoli, G., Medaglia, C., Dietrich, S., Mugnai, A., Panegrossi, G., Pinori, S., and Smith, E.: The 9–10 November 2001 Algerian flood: A numerical study, Bull. Am. Meteorol. Soc., 86, 1229–1235, https://doi.org/10.1175/BAMS-86-9-1229, 2005.

Ulbrich, U., Leckebusch, G., and Pinto, J. G.: Extra-tropical cyclones in the present and future climate: a review, Theor. Appl. Climatol., 96, 117–131, https://doi.org/10.1007/s00704-008-0083-8, 2009.

Varlas, G., Pytharoulis, I., Steeneveld, G.-J., Katsafados, P., and Papadopoulos, A.: Investigating the impact of sea surface temperature on the development of the Mediterranean tropical-like cyclone "Ianos" in 2020, Atmos. Res., 291, 106 827, https://doi.org/10.1016/j.atmosres.2023.106827, 2023.

Wernli, H. and Schwierz, C.: Surface cyclones in the ERA-40 dataset (1958–2001). Part I: Novel identification method and global climatology, J. Atmos. Sci., 63, 2486–2507, https://doi.org/10.1175/JAS3766.1, 2006.

Wernli, H., A. Shapiro, M., and Schmidli, J.: Upstream development in idealized baroclinic wave experiments, Tellus A: Dyn. Meteorol. Oceanogr., 51, 574–587, https://doi.org/10.1034/j.1600-0870.1999.00003.x, 1999.

Wiegand, L. and Knippertz, P.: Equatorward breaking Rossby waves over the North Atlantic and Mediterranean region in the ECMWF operational Ensemble Prediction System, Q. J. Roy. Meterol. Soc., 140, 58–71, https://doi.org/10.1002/qj.2112, 2014.