Mercury records covering the past 90 kyr from lakes Prespa and Ohrid, SE Europe

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ABSTRACT

The element mercury (Hg) is a key pollutant, and much insight has been gained by studying the present-day Hg cycle. However, many important processes within this cycle operate on timescales responsive to centennial to millennial-scale environmental variability, highlighting the importance of also investigating the longer-term Hg records in sedimentary archives. To this end, we here explore the timing, magnitude, and expression of Hg signals retained in sediments over the past ~90 ka from two lakes, linked by a subterranean karst system: Lake Prespa (Greece/North Macedonia/Albania) and Lake Ohrid (North Macedonia/Albania). Results suggest that Hg fluctuations are largely independent of variability in common host phases in each lake, and the recorded sedimentary Hg signals show distinct differences first during the late Pleistocene (Marine Isotope Stages 2 – 5). The Hg signals in Lake Prespa sediments highlights an abrupt, short-lived, peak in Hg accumulation coinciding with local deglaciation. In contrast, Lake Ohrid shows a broader interval with enhanced Hg accumulation, and, superimposed, a series of low-amplitude oscillations in Hg concentration peaking during the Last Glacial Maximum, that may result from elevated clastic inputs. Divergent Hg signals are also recorded during the early and middle Holocene (Marine Isotope Stage 1). Here, Lake Prespa sediments show a series of large Hg peaks; while Lake Ohrid sediments show a progression to lower Hg values. Around 3 ka, anthropogenic influences overwhelm local fluxes in both lakes. The lack of coherence in Hg accumulation between the two lakes suggests that, in the absence of an exceptional perturbation, local differences in sediment composition, lake structure, Hg sources, and water balance all influence the local Hg cycle, and determine the extent to which Hg signals reflect local or global-scale environmental changes.

1. Introduction

Mercury (Hg) is a volatile metal released into the environment from both natural and anthropogenic sources, and actively cycled between surface reservoirs (e.g., atmosphere, ocean, lakes). Emissions
of Hg by geological processes are unevenly distributed across the Earth’s surface, and are generally concentrated where tectonic, volcanic, and geothermal activities are most intense (Rytuba, 2003; Edwards et al., 2021; Schlüter, 2000). Geological processes have been major drivers of variability in the global Hg cycle throughout Earth’s history (Selin, 2009), leading to the use of sedimentary Hg to reconstruct periods of intense volcanism (e.g., large igneous provinces (LIPs)) in Earth’s geological past (e.g., Grasby et al., 2019; Percival et al., 2018). In recent times, Hg release associated with industrialisation, the extraction and combustion of fossil fuels, and natural resources (metals) has overwhelmed the natural background flux (Outridge et al., 2018; Streets et al., 2019; United Nations Environment Programme, 2018).

Existing in the atmosphere primarily in the form of gaseous elemental mercury, Hg has an atmospheric lifetime of up to 2 years, facilitating its deposition far from the original source (Lyman et al., 2020). Once removed from the atmosphere, Hg may enter vegetation and soils where it is cycled between reservoirs by a complex series of processes, many of which occur on timescales that exceed present-day monitoring (Fig. 1) (Branfireun et al., 2020; Selin, 2009). Evasion back to the atmosphere, consumption by living organisms, or sequestration within aquatic sediments all represent ways in which Hg may ‘leave’ the terrestrial environment, and aquatic sediments are known to be particularly effective sinks within the global Hg cycle (Bishop et al., 2020; Selin, 2009). Here, microbial processes lead to the formation of methylmercury (MeHg), which is the most bio-accumulative Hg species and can cause severe neurological and physiological damage to complex organisms if ingested (Driscoll et al., 2013; Wang et al., 2019).

The ecological and societal risks of environmental Hg contamination underscore the importance of quantifying how natural and anthropogenic processes may influence Hg sequestration within aquatic systems, and the timescales upon which they are effective. Time-resolved sediment records sourced from marine and lacustrine basins are highly suitable for assessing these roles further back in time, as the Hg deposited may originate from one of several potential sources in the atmospheric (e.g., precipitation, dust), terrestrial (e.g., soils, detrital matter), aquatic, and/or lithospheric domain (Fig. 1). Thus, they can provide time-resolved records of Hg deposition, cycling, burial, and accumulation relative to changing environmental conditions on a local, regional, or even global-scale (Cooke et al., 2020; Zaferani and Biester, 2021), and so can offer new insights into the cycling of Hg in the terrestrial realm.

Analysis of pre-industrial marine and lacustrine sediment records suggest that Hg concentration broadly reflects variability in climate (Li et al., 2020). On orbital (>103-year) timescales, oceanic Hg signals manifest as low-amplitude fluctuations corresponding to global-scale climate shifts from warm (interglacial) to colder (glacial) conditions; for example due to changes in atmospheric composition (e.g., mineral dust loading) and circulation, biogeochemical cycling (Figueiredo et al., 2022), and/or ocean circulation (Figueiredo et al., 2020; Gelety et al., 2007; Jitaru et al., 2009; Kita et al., 2016). On centennial to millennial (102–103-years) timescales, lacustrine Hg signals correspond more closely to transient changes in hydrology, landscape dynamics, and ice/permafrost extent on local/regional scales (Chede et al., 2022; Cordeiro et al., 2011; de Lacerda et al., 2017; Fadina et al., 2019; Li et al.,
Importantly, climate-associated Hg signals retained in lacustrine records integrate a range of processes and some records show higher sedimentary Hg concentrations during cold, arid conditions (e.g., Li et al., 2020), while other records tend to have higher Hg concentrations with warm and wet climates. For example, increases in catchment-sourced detrital input have been proposed as the primary cause of Hg enrichment in temperate lakes (Pan et al., 2020; Schütze et al., 2018), and near-shore marine records (Fadina et al., 2019). Conversely, lakes located in glaciated regions may show dilution of Hg by the same inputs (Schneider et al., 2020). Local, site-specific factors are therefore likely to influence sedimentary Hg records. Yet, the combined effects of global and local processes complicate study of how changes in the terrestrial Hg cycle may translate to measurable sedimentary signals and signals that are comparable between different regional or global archives.
Figure 1: A summary diagram depicting the key anthropogenic, geogenic, biospheric, cryospheric, and lacustrine processes, which could generate and modify a sedimentary Hg signal over $10^1$-$10^5$-year timescales. Processes are abbreviated as: WD – wet deposition, DD – dry deposition. Non-filled arrows depict processes acting to increase the atmospheric Hg burden, and colour filled arrows depict processes acting to influence the quantity of Hg stored in terrestrial reservoirs. This figure is schematic (not drawn to scale), and constructed on the basis of reviews by Bishop et al. (2020), Obrist et al. (2018), Selin et al. (2009).
Sedimentary Hg presence (or absence) at discrete intervals can be quantified using the total Hg concentration (Hg<sub>T</sub>) (Bishop et al., 2020; Kohler et al., 2022; Nasr et al., 2011). However, internal changes in bioproduction, organic matter type and/or flux, sedimentation rate, pH, and redox conditions could all produce a distinct, local, transient, sedimentary Hg enrichment without a meaningful change in the total amount of Hg present and/or mobile in the broader aquatic system. In light of these complexities, it has become common practice to examine total Hg concentration (Hg<sub>T</sub>) alongside Hg concentration divided by (normalised to) the concentration of various chemical species. Normalisation is often applied when it can be shown that the abundance of a carrier (or “host”) phase directly impacts Hg content. Normalisation (e.g. Hg/total organic carbon (TOC), Hg/total sulphur (TS)) may, in those cases, then reveal broader changes in environmental Hg availability (Grasby et al., 2019; Percival et al., 2015; Shen et al., 2020; Them et al., 2019). Such an approach is particularly beneficial for studies typically spanning >10<sup>2</sup>-year timescales, where the goal is to isolate the effects of catchment-scale depositional and/or transport processes on Hg signals recorded in the sediment through time.

Organic matter (hereafter represented by total organic carbon (TOC)) is generally considered the dominant carrier phase of sedimentary Hg (Chakraborty et al., 2015; Ravichandran, 2004). For records in which TOC and Hg co-vary linearly, Hg is generally normalized to TOC (Chede et al., 2022; Figueiredo et al., 2022, 2020; Kita et al., 2016; Outridge et al., 2019). Some systems do not exhibit a relation to TOC and Hg may instead be adsorbed onto (fine-grained) detrital minerals and detected by a correlation between Hg and mineral-dominating elements such as aluminium (Al), titanium (Ti), zirconium (Zr), rubidium (Rb), or potassium (K) (Sanei et al., 2012; Sial et al., 2013; Them et al., 2019). In few cases, sulphide minerals may act as important Hg hosts (Benoit et al., 1999; Han et al., 2008), however this is less common in freshwater lacustrine systems where sulphate-reduction is often limited and only a small fraction of non-organic sulfur is buried (Ding et al., 2016; Holmer and Storkholm, 2001; Tisserand et al., 2022; Watanabe et al., 2004).

Mercury’s relationship with other sedimentary components is often complex. For example, Hg<sub>T</sub> may also be suppressed through dilution by Hg-poor detrital or biogenic (carbonate, silica) material, and Hg in many sediments is not exclusively or clearly modulated by balances between host-phase abundance and dilution. Notably, this can also occur when the host-phases are always present in sufficient quantities to sequester available Hg. In such cases, and where (single) host-phase abundance or dilution cannot be easily accounted for, Hg accumulation rate (Hg<sub>AR</sub>) may provide the most optimal assessment of Hg availability through time as long as a robust age model is available for the archive.

Sedimentary TOC, total sulphur (TS), and detrital and biogenic mineral concentrations change in space and time, underscoring the need to assess how Hg covaries in relation to different host phases and other sedimentary materials. Hydrology, sedimentation regime, and geochemistry may each influence mercury host-phase availability and burial in a lacustrine system, and are likely to change through time, highlighting the importance of investigating the longer-term records of Hg burial and accumulation in sedimentary archives.
This study explores the timing, magnitude, and expression of Hg signals retained in the sediment records of Lake Prespa (Greece/Albania/North Macedonia) and Lake Ohrid (North Macedonia/Albania) over the past ~90 ka. The two lakes are located only ~10 km apart (Fig. 2), are hydrologically connected by karst aquifers with ~50% of water inflow to Lake Ohrid originating from Lake Prespa (Matzinger et al., 2006), and their sediments encode records of environmental change in southeast Europe over the last ~90 ka (Damaschke et al., 2013; Francke et al., 2016; Leng et al., 2010; Panagiotopoulos et al., 2014; Sadori et al., 2016; Wagner et al., 2010). Comparison of their sedimentary records provides a rare opportunity to explore three important questions. First, we test how the local sedimentary environment (e.g., host phase availability and sources) influences Hg burial. Second, we investigate whether Hg signals reflect changes in catchment hydrology, structure, and/or varying degrees of interaction between the two lake systems. Finally, we explore whether regional-scale climate variability could have measurably affected the Hg signals retained in the sediments.

2. Site Description

2.1. Regional Climate

The Mediterranean Sea and the European continent are both major influences on present-day climate of the region surrounding lakes Prespa and Ohrid. Summer months (July to August) are hot and dry (average monthly air temperature +26 °C) while winter months (November to January) are cold, cloudy and wet, with an average monthly air temperature of −1 °C (Matzinger et al., 2006). Annual precipitation in the region averages ~750 mm yr⁻¹, with winter precipitation falling predominantly as snow at high elevations (Hollis and Stevenson, 1997). Present-day vegetation in the Prespa/Ohrid region comprises a mixture of Balkan endemic, central European, and Mediterranean species (Donders et al., 2021; Panagiotopoulos et al., 2014, 2020; Sadori et al., 2016).

Major shifts in sedimentation and catchment structure of lakes Prespa and Ohrid generally correspond to the large-scale climate oscillations captured by proxy records across southern Europe throughout the last glacial-interglacial cycle (~100-kyr) (e.g., Rasmussen et al., 2014; Sanchez Goñi and Harrison, 2010; Tzedakis et al., 2006). Generally higher local temperatures and moisture availability are observed during the last interglacial (pre-74 ka), following which conditions became distinctly colder and/or drier. This resulted in the rapid recession of forest ecosystems, intense erosion of local soils and catchments, and elevated aeolian activity (e.g., Panagiotopoulos et al., 2014; Sadori et al., 2016; Francke et al., 2016). Although slightly warmer conditions were restored between ~57 and 29 ka, both moisture availability and temperature dropped again during the Last Glacial Maximum (LGM; ~29 – 12 ka) – favouring the growth and development of glaciers and (peri)glacial features (e.g., moraines) in the Prespa/Ohrid catchment (Ribolini et al., 2018; Gromig et al., 2018; Ruszkiczay-Rüdiger et al., 2020), but also across the Balkan peninsula (Allard et al., 2021; Hughes and Woodward, 2017; Leontaritis et al., 2020). Lake Prespa’s sediments host evidence for millennial scale climate variability during the Last Glacial, which were tentatively correlated to Heinrich Events in the
North Atlantic (Wagner et al., 2010). At ~12 ka, the Pleistocene to Holocene transition saw the rapid
propagation of warmer, wetter conditions across the region (known as Termination I) with only brief
excursions from this warming trend, such as episodes of transient drying and/or cooling at 8.2 ka and
4.2 ka (Bini et al., 2019; Aufgebauer et al., 2012a). Anthropogenic influence on the Balkan landscape
becomes increasingly clear from ~2.5 ka onwards, mainly in the form of increased erosion regimes,
forest clearance, agricultural land modification, and evidence for metallurgic practices
(Panagiotopoulos et al., 2013; Cvetkoska et al., 2014; Radivojević and Roberts, 2021).

2.2. Lake Prespa

The Prespa lake system (40°54′ N, 21°02′ E) is composed of two lakes separated by an isthmus and
located on the tripoint of North Macedonia, Albania and Greece, at an altitude of 844 metres (m)
above sea level. The ~1300 km² catchment of the Prespa lakes encompasses the Pelister Mountains
to the east and the Galičica Mountains to the southwest and west (Fig. 2). Here we focus on Megali
Prespa (hereafter referred to as Lake Prespa), the larger of the two lakes, which has a surface area of
254 km², a maximum water depth of 48 m, and a mean water depth of 14 m. The total inflow into Lake
Prespa averages ~16.9 m³ s⁻¹ (Matzinger et al., 2006). Water input is sourced from surface runoff
(56%), direct precipitation (35%), and inflow from the smaller of the two lakes (Mikri Prespa; 9%)
(Matzinger et al., 2006). Lake Prespa has no surface outflow. The residence time of the lake’s waters
is ~11 years (Matzinger et al., 2006) and water is predominantly lost through evaporation (52%),
underground karst channels into Lake Ohrid located 10 km to the west (46%), and irrigation (2%). The
lake is currently mesotrophic with an average total phosphorus (TP) concentration of 31 mg m⁻³ in the
water column, basal anoxia in summer months, and generally clear waters; all signalling moderate
biological productivity (Hollis and Stevenson, 1997). However, the lake likely held a more oligotrophic
(low) nutrient status during the colder late Pleistocene, where biological productivity reduced
substantially (Matzinger et al., 2006; Wagner et al., 2010).

2.3. Lake Ohrid

Lake Ohrid (41°02′ N, 20°43′ E) lies 693 m above sea level. Separated from Lake Prespa by the
Galičica Mountains, the lake straddles the boundary between North Macedonia and Albania (Fig. 2).
The lake is ~30 km long and 15 km wide, with a maximum water depth of 293 m, water volume of
55.4 km³, and hydraulic residence time of ~70 years. Water input is sourced from direct precipitation
(23%), river inflow (24%), and karst springs (53%) fed by precipitation and water from Lake Prespa
(Matzinger et al., 2006; Lacey and Jones, 2018), and this hydrological link increases the Ohrid
catchment by ~1300 km² to ~2610 km². Evaporation (40%) and outflow via the river Crn Drim (60%)
are the dominant pathways for water loss from Lake Ohrid, and complete mixing of the lake occurs
only every few years (Matzinger et al., 2006). The present-day lake shows low levels of biological
productivity (oligotrophic) with an average dissolved phosphorus content of 4.5 mg m$^{-3}$, and regular mixing maintains moderately oxygenated bottom waters (Matzinger et al., 2006; Wagner et al., 2010).

Figure 2: (a) Map showing the location of lakes Prespa and Ohrid within Southern Europe (yellow shaded box). Volcanoes from which tephra has been identified in Co1215 (Prespa) and/or 5045-1 (Ohrid) are coloured as black triangles, and numbered as: 1 – Vesuvius, 2 – Campi Flegrei, 3 – Ischia, 4 – Pantelleria, 5 – Etna. Volcanoes of the South Aegean Volcanic Arc with known explosive eruptions (>magnitude 4.0) between 90 and 0 ka are also numbered: 6 – Santorini, 7 – Nisyros, 8 – Yali. Sites referred to in this study are also labelled as follows: (red squares) MT – Mount Tymphi, MO – Mount Olympus, MC – Mount Chelmos; (red star) VRB – Voidomatis river basin. (b) Aerial photo showing the coring locations of Co1215 and 5045-1, and illustrating the vegetation distributions of the area surrounding lakes Prespa and Ohrid. Mikri Prespa is labelled as ‘MP’. Base image sourced from GoogleEarth v 9.177.0.1™. (c) Hillshade map of the Prespa/Ohrid region and bathymetric data of lakes Prespa and Ohrid (Jovanovska et al., 2016; Wagner et al., 2022). Grey dashed lines denote watershed boundaries for lakes Prespa and Ohrid, respectively adapted from Panagiotopoulos et al. (2019). Basemap sourced from ArcGIS v 10.0™ (spatial reference 102100 (3857)). Orange shading denotes mountain ranges are labelled as: P/BMC – Pelister/Baba mountain chain (circle marking the location of Mount Pelister: 2601 m a.s.l), GMR – Galičica mountain range, and JMR – Jablanica mountain range (circle marking the location of Jablanica Mountain - 2257 m a.s.l). All mountain ranges contain evidence for the presence of glaciers and/or (peri)glacial features of late Pleistocene age (Hughes et al., 2022, 2023).
3. Methods

3.1. Lake Prespa (Co1215)

Composite core Co1215 was recovered in autumn 2009 and summer 2011 from the central-northern section of Lake Prespa (40°57’50” N, 20°58’41” E, Fig. 2). Sediment recovery was performed using a floating platform, with a gravity corer for surface sediments and a 3-m-long percussion piston corer (UWITEC Co. Austria) for deeper sediments. Overlapping 3-m-long sediment cores were cut into segments of up to 1 m in length for transport and storage. After splicing and correlation of core segments according to geocemical and optical information, the resulting 17.7 m composite core was continuously sampled at 2-cm-resolution, yielding a total of 849 samples. It is comprised of three major lithofacies, which differ in colour, sediment structure, grain size, organic-matter and carbonate content, and geochemistry. There are no lithological indications of any hiatuses or instances of non-contiguous sedimentation in core Co1215. A detailed lithostratigraphic characterisation of the entire succession (90–0 ka) is presented in Damaschke et al. (2013), along with details of the six visible tephra layers and five cryptotephra layers identified in Co1215 (Table S3).

Published data for Lake Prespa (Co1215) includes: total carbon (TC), total inorganic carbon (TIC), and total sulphur (TS) analyses (Aufgebauer et al., 2012; Damaschke et al., 2013). These data were measured at ~2 cm resolution with a DIMATOC 200 (DIMATEC Co., Germany), and TS using a Vario Micro Cube combustion CNS elemental analyser (VARIO Co.) at the University of Cologne. TOC was calculated as the difference between TC and TIC by Aufgebauer et al. (2012) for the upper ~3.2 m, and by Damaschke et al. (2013) for the full ~17 m succession. The inorganic chemistry of the sediments was determined by X-ray fluorescence (XRF) data, generated using an ITRAX core scanner (COX Ltd., Sweden) equipped with a Mo-tube set to 30 kV and 30 mA, and a Si-drift chamber detector (Wagner et al., 2012). Core Co1215 was scanned with a resolution of 2 mm and a scanning time of 10 seconds per measurement. Elemental intensities were obtained for potassium (K), titanium (Ti), manganese (Mn), strontium (Sr), iron (Fe), calcium (Ca), and rubidium (Rb) (Wagner et al., 2012).

3.1.1. Chronology

A chronology for Co1215 was previously produced by linear interpolation using volcanic ash layers, coupled with 14C and electron spin resonance (ESR) dates obtained for bulk organic, fish, and aquatic plant remains (Aufgebauer et al., 2012). Here, we update this chronology with a Bayesian age-depth model that re-calculates previously obtained 14C-dates (Table S4) with the latest (Intcal20) radiocarbon calibration (Fig. 3) (Reimer et al., 2020). We used rBacon v 2.5.7 (Blaauw and Christen, 2011), and the new age model includes updated 40Ar/39Ar dates of two eruptions geochemically correlated to specific tephra layers within the Prespa core (Damaschke et al., 2013); the Y-5 (39.85 ± 0.14 ka, 2σ (Giaccio et al., 2017)) and Y-6 (45.50 ± 1 ka , 2σ (Zanchetta et al., 2018; Scaillet et al., 2013)) tephra units. Every tephra layer is assumed to have been deposited instantaneously. The final
model used herein presents the median of all the iterations (generally indistinguishable from the mean), and when referring to ages of specific depths within the core we include the 95% confidence intervals. The upper 2 m (Holocene) section of core Co1215 is chronologically well constrained by 10 $^{14}$C dates and two tephra layers, with modelled age uncertainties in this section ranging from ~5 to 580 years. Uncertainty increases with depth due to the lack of independent chronological anchors available. For example, three ESR dates for a shell fragment layer (~14.6 m depth) give an average age of 73.6 ± 7.7 ka, and form the only tie point currently available below 8.5 m. All twenty-seven tie-points and accompanying chronological details are presented in Text SI3 and Table S3. Our revised model shows broad agreement with the interpolation-based chronology presented by Damaschke et al. (2013), and suggests that core Co1215 provides a continuous record of sedimentation over the past ~90-kyr (Fig. S1), with each 2 cm sample equating to ~100 years (on average).

![Figure 3: A Bayesian age-depth model for core Co1215 from Lake Prespa. Calibrated ages for the twenty-seven tie points used in model generation are displayed by type: radiocarbon-dated bulk organic, fish, or aquatic plant remains (light grey triangles), volcanic tephra layers (black squares) and electron-spin resonance (ESR)-derived dates for a shell layer ( Dreissena ) located at 14.63–14.58 m depth (dark grey diamonds). Uncertainties for ESR dates at 1σ are presented as dark grey vertical lines. Black line marks the median core age predicted by the model, which is generally indistinguishable from the predicted mean. Minimum and maximum model ages at 95% (2σ) confidence are marked with orange shading. Grey bars mark the stratigraphic placement of tephra layers used as tie-points, and widths of these bars are proportional to the thickness of the tephra layers within the core, respectively. Uncertainties for radiocarbon and tephra dates are within the displayed point sizes, and presented in Table S4.]

3.2. Lake Ohrid (core 5045-1)

The 5045-1 coring site ("DEEP") is located in the central part of Lake Ohrid (41°02'57" N, 20°42'54" E) (Fig. 2). The uppermost 1.5 m of sediments at DEEP were recovered in 2011 using a UWITEC gravity and piston corer. Sediments below 1.5 m depth were recovered from six closely-spaced drill holes at the site in 2013 (5045-1A to 5045-1F), with a total composite field recovery amounting to >
95% (545 m); accounting for overlap between cores (Wagner et al., 2014b). Sediment cores were spliced to a composite record using optical and geochemical information. For sedimentological and geochemical analyses, 2 cm thick slices (40.7 cm³) were removed from the core at a resolution of 16 cm (~480-yr) at the University of Cologne. For this study, we analysed 217 samples from between 0 and 36.27 m composite depth. We cannot entirely rule out that changes in sedimentation occurred between samples, however, recent seismic (Lindhorst et al., 2015), borehole logging (Ulfers et al., 2022) and sedimentological studies (Wagner et al., 2022, 2019) suggest that sedimentation at the DEEP site has been near-continuous since ~1.3 Ma, with no clear evidence for any major (>1-kyr) hiatuses. A detailed lithostratigraphic characterisation of the 5045-1 core succession is presented by Francke et al. (2016). Details of the six microscopic and two visible tephra layers identified in the ~36 m section analysed in this study are presented by Leicher et al. (2021), and listed in Table S5.

The Hg data obtained from core 5045-1 (Lake Ohrid) are presented herein alongside two previously existing datasets. The first dataset comprises TC and TIC measured using a DIMATOC 200 (TOC calculated as the difference between TC and TIC), and TS using a Vario Micro Cube combustion CNS elemental analyser at the University of Cologne - both by Francke et al. (2016). The second dataset comprises XRF data obtained using an ITRAX XRF core scanner at the University of Cologne at 2.56 m increments, carried out on 2 cm thick samples, and processed using QSpec 6.5 software (Cox Analytical) by Francke et al. (2016). Elemental intensities were obtained for K, Ti, Fe, Zr, and Ca. To validate the quality of the XRF scanning data, conventional wavelength dispersive XRF (WDXRF, Philips PW 2400, Panalytical Cor.) was conducted on the 2-cm-thick samples at 2.56-m resolution. ITRAX data for each WDXRF sample was averaged to ensure comparability with the conventional XRF data, and $r^2$ values were to compare ITRAX and WDXRX datasets (Francke et al. 2016).

### 3.2.1. Chronology

This study uses the age-depth model generated by Francke et al. (2016), and extended by Wagner et al. (2019) for the upper ~248 m and ~447 m of core 5045-1, respectively. Both combined tephrochronological data with orbital parameters using a Bayesian age modelling approach (Bacon 2.2). Tephra layers were used as first-order constraints. From the eleven total $^{39}$Ar/$^{40}$Ar dated tephra layers employed in Wagner et al. (2019), seven are found in the upper ~36 m section analysed in this study. The age of the eighth tie-point (OH-DP-0009) is defined following geochemical correlation of this tephra layer to the AD472/512 eruption of Somma-Vesuvius, Italy (Francke et al., 2019; Leicher et al., 2021). This chronological information was coupled with climate-sensitive proxy data (TOC and TIC) to define cross-correlation/inflection points with orbital parameters, which were included in the age–depth model as second-order constraints (Table S6). Four of these points correspond to the ~36 m interval analysed in this study (Wagner et al., 2019). The 95% confidence intervals of ages for specific depths produced by the model average at ±5.5 kyr, with a maximum of ±10.6 kyr. The resulting chronology suggests that the 0.97-36.27 m core section analysed here covers the time interval 1.6 – 89.6 ka, with each sample possessing a resolution of ~400 years (Francke et al., 2016;
Wagner et al., 2019). Full description of the 5045-1 chronology and associated methods are presented in Supplementary Text SI4.

### 3.3. Mercury measurements

Total Hg concentrations (Hg\textsubscript{T}) in the bulk sediments of cores 5045-1 (Ohrid) and Co1215 (Prespa) were measured using an RA-915 Plus Portable Mercury Analyzer with PYRO-915 Pyrolyzer, Lumex (Bin et al., 2001) at the University of Oxford. Samples were analysed for Hg\textsubscript{T} at a resolution of ~2 cm for Co1215 (Lake Prespa), and ~16 cm for 5045-1 (Lake Ohrid) (see sections 3.1 and 3.2).

Approximately 2 cm\textsuperscript{3} of sediment was homogenized to fine powder for TOC (Wagner et al., 2019; Francke et al., 2016; Aufgebauer et al., 2012a; Damaschke et al., 2013) and Hg analyses (this study). For Hg analysis, powdered samples were weighed into glass measuring boats, with masses ranging between 35–96 mg for Co1215, and between 27–78 mg for 5045-1. For samples particularly rich in inorganic fractions (e.g., samples coinciding with tephra layers), masses needed to be greater in order to yield a sufficiently high peak area (Lumex output) for calculation of sediment mercury concentrations. Samples were then placed into the pyrolyzer (Mode 1) and heated to ~700\degree C, volatilizing any Hg in the sample. Spectral analysis of the gases produced yields the total Hg content of the sample. Six measures of standard material (paint-contaminated soil – NIST Standard Reference Material ® 2587) with an expected Hg concentration of 290 ± 9 ng g\textsuperscript{-1} (95% confidence) were run to calibrate the instrument prior to sample analysis, and then one standard between every 10 lacustrine samples (calibration results in Supplementary Information). Long-term observations of standard measurements with total Hg yield similar to the sediment samples analysed here indicate reproducibility is ±6 % or better for Hg concentrations >10 ng g\textsuperscript{-1} (Frieling et al., 2023), and with Hg recovery close to 100% as expected from pyrolysis-based instrumentation (Bin et al., 2001). Details of standard runs for each core are included as a supplementary file.

#### 3.3.1. Mercury accumulation

Rates of Hg accumulation in both cores were calculated by:

\[
Hg_{AR} = Hg_{T} \times (DBD \times SR) \tag{eqn. 1}
\]

where Hg\textsubscript{AR} is the total Hg mass accumulation rate (mg m\textsuperscript{-2} kyr\textsuperscript{-1}), Hg\textsubscript{T} is the total mercury concentration (expressed in mg g\textsuperscript{-1}), DBD is the dry bulk density (g m\textsuperscript{-3}), and SR is the sedimentation rate (SR) in m kyr\textsuperscript{-1}. Values for Hg\textsubscript{AR} are also calculated with respect to the median age estimate for each sample, meaning that uncertainties increase with depth.

Sedimentation rates for both Prespa and Ohrid were calculated by combining stratigraphic and lithological observations with the age-depth relationship ascertained for each core, respectively. For Lake Prespa, we calculate the sedimentation rate using the updated age-depth model presented in section 3.1.2. Dry bulk density values were calculated on the basis of sedimentological data available...
for each core. For the Lake Ohrid dataset, DBD values were already available following the analyses of Francke et al. (2016). To acquire these values for Lake Prespa, we employed the formula:

\[
DBD = \frac{M_{\text{solid}}}{V_{\text{total}}}
\]  

(eqn. 2)

where \(M_{\text{solid}}\) is the mass of dry solid material (g) measured in each sample, and \(V_{\text{total}}\) is the volume of each respective sample (2 cm\(^3\)). Values for \(M_{\text{solid}}\) were calculated based on recorded weight loss between wet and dry samples taken for CNS analyses by Aufgebauer et al. (2012), assuming an average wet density of 1 g cm\(^{-3}\) for wet sediments, and 2.6 g cm\(^{-3}\) (grain density) for dry sediments.

For Lake Ohrid, we utilise the sedimentation rate values calculated by Wagner et al. (2019), and dry bulk density measurements measured by Francke et al. (2016) (see these publications for full methods).

3.4. Mercury normalization

The availability of specific host phases is often assumed to exert control on the sedimentary burial of Hg. Here, we test if the Hg deposited into the sediments of lakes Prespa and Ohrid may be impacted by abundance of a suite of phases. To do this, we assess both Hg\(_T\) records relative to quantitative estimates of TOC and TS (assuming sulphides contribute to TS): both considered potential host phases of Hg in sedimentary successions (Chakraborty et al., 2015; Garcia-Ordiales et al., 2018; Ravichandran, 2004; Shen et al., 2020). Detrital minerals constitute another potential host phase of Hg in sedimentary records. Elements such as Al, Ti, K, Zr, and Rb are commonly used as proxies for this purpose (Kongchum et al., 2011; Percival et al., 2018b; Shen et al., 2020). We observe a close correlation between K and Ti in Lake Prespa, and quartz in Lake Ohrid (Fig. S2): all proxies for fine-grained material inputs to a lake basin (Grygar et al., 2019; Warrier et al., 2016). To facilitate direct comparison of the two cores, we assess the relative abundances of (fine-grained) detrital material using XRF-based K counts. To account for differences in resolution between Hg and XRF data, K measurements were averaged to the thickness of each discrete Hg sample, and K values corresponding to the Hg sample depths extracted.

In line with previous studies (Shen et al., 2020), we assume that the strongest positive-sloped linear correlation with Hg among the analysed elements TS, TOC, and K signals the most likely dominant influence on Hg loading in each core, which may then be interpreted as the ‘host-phase’. However, it is conceivable that different host phases may dominate in different sections of the individual cores or that no single host-phase clearly dominates, and so the same approach is also applied restricted to the data within each individual marine isotope stage (MIS) (Table 1).
4. Results & Discussion

Sediment cores extracted from Lake Prespa (Co1215) and Lake Ohrid (5045-1) provide a detailed, time-resolved record of Hg cycling between ~90 and 0 ka. Results are presented with direct reference to key stratigraphic intervals: the Holocene (12–0 ka; MIS 1), and the late Pleistocene (120–12 ka; MIS 2–5). Widespread proxy-based evidence for warmer temperatures, forest expansion, and increased precipitation representative of interglacial climatic conditions marks the start of the Holocene epoch (~12 ka) in SE Europe (Kern et al., 2022; Panagiotopoulos et al., 2014; Sadori et al., 2016; Tzedakis et al., 2006). For simplicity, we hereafter equate “MIS 1” to the Holocene, allowing a clearer distinction between glacial (late Pleistocene) and interglacial (Holocene) climate conditions. We use these time-slices, that also represent broad climate and environmental ‘modes’, as a framework upon which the Hg composition of both cores can be directly compared relative to local changes in sediment lithology and geochemistry (Table 1), and a foundation upon which local and regional-scale environmental changes can be assessed relative to global shifts in glaciation, climate, sea level, and ocean circulation. We first consider the extent to which soft sediment processes (section 4.1) and lithological features (section 4.2) may have influenced the Hg variability observed in Figures 5 and 6, before adopting a catchment-scale perspective in section 4.3 to explore the role of diverse environmental processes in Hg cycling through these two systems.
Table 1: A comparison of the features of cores Co1215 (Lake Prespa) and 5045-1 (Lake Ohrid) relative to the late Pleistocene (LP; 120 – 12 ka), the Holocene (H; 12 – 0 ka), and the marine isotope stage (MIS) stratigraphic framework defined in Lisiecki & Raymo (2005)*. Hg is given in ng g⁻¹, and HgAR is given in mg m⁻² kyr⁻¹.

<table>
<thead>
<tr>
<th>Depth (m)</th>
<th>Mean</th>
<th>Sedimentology**</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Hg</td>
<td>HgAR</td>
</tr>
<tr>
<td></td>
<td>6.46</td>
<td>1.9</td>
</tr>
<tr>
<td>MIS 1</td>
<td>2.4 – 0</td>
<td>2.9-2.4 m – High fine sand (&lt;250 μm), with clayey silt and evidence of laminated,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>6.1</td>
</tr>
<tr>
<td>MIS 2</td>
<td>6-2.4</td>
<td>41.9</td>
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<tr>
<td>MIS 3</td>
<td>11-6.1</td>
<td>32.8</td>
</tr>
<tr>
<td>MIS 4</td>
<td>13.9-11</td>
<td>33.7</td>
</tr>
<tr>
<td>MIS 5a-c</td>
<td>17.7-13.9</td>
<td>44.2</td>
</tr>
<tr>
<td></td>
<td></td>
<td>4.8-3 m – Slightly calcareous silty clay and massive sediment structure. Frequent siderite-rich layers.</td>
</tr>
<tr>
<td>MIS 1</td>
<td>4.6 – 1.1</td>
<td>47.2</td>
</tr>
<tr>
<td>MIS 2</td>
<td>11.3 – 4.6</td>
<td>69.2</td>
</tr>
<tr>
<td>MIS 3</td>
<td>23–11.3</td>
<td>50.6</td>
</tr>
<tr>
<td>MIS 4</td>
<td>36.3–28.8</td>
<td>36</td>
</tr>
</tbody>
</table>
| MIS 5a-c  | 36.6 – 35.6 m – Silty clay. Mottled, often massive sediment structure. Frequent siderite-rich layers. | Higher carbonate δ¹³C and δ¹⁸O corresponds to reduced TIC, and high siderite. Low sedimentation rate. | **Summarised from the following references:
4.1. Host Phase Controls

The availability and abundance of specific host phases is often assumed to control sedimentary Hg accumulation and burial (Outridge et al., 2007). Both Lake Prespa and Lake Ohrid show evidence for complex relationships between Hg$_T$, TOC, TS, and K concentrations through time (Fig. 4). However, the trends displayed in Figure 4 also suggest that: (1) the strength of the relationships between Hg, TOC, TS, and detrital minerals (K) are distinctly different between the two lakes, and (2) the Hg$_T$ signals preserved in Lake Prespa and Lake Ohrid cannot be fully explained by variability in abundance of these potential host phases individually.

Core Co1215 from Lake Prespa shows a moderate correlation between Hg$_T$ and TOC during the Holocene and late Pleistocene (all data in Fig. 4; Table 1). This correlation is most significant during the Holocene (MIS 1), where distinct enrichments in Hg$_T$ occur in conjunction with a similarly sharp
increase in TOC, and low variability in Hg/TOC values (Fig. 5). However, it is more inconsistent during the late Pleistocene (MIS 2–5). For example, the highest Hg_T values are measured in the relatively TOC-lean sediments of MIS 2 (Fig. 4, 5), and a plateau also appears when higher TOC concentrations are reached during MIS 5 whereby Hg_T no longer increased in step with TOC (Fig. 4, S2). The correlations observed are not strong enough to conclude that TOC availability can fully explain the Hg signals observed in Lake Prespa throughout the 90-kyr succession.

Correlations between Hg_T, detrital mineral and/or TS availability are also largely absent, suggesting that the complex Hg/TOC relationship is not a function of time-varying sulphides and detrital mineral availability. Large peaks in Hg/K are visible during the Holocene (Fig. 5), but these are not reflected in HgAR and therefore an artefact of considerably lower K concentrations within this section of the core rather than indicators of changes in lake Hg levels. The highest positive r^2 value between Hg_T and TS is observed during the Holocene (MIS 1: r^2 = 0.25) (Fig. 4), implying that >75 % of variance in the dataset cannot be explained with sulphide availability during this time period. Correlations for other periods are even weaker and some periods appear to show distinct patterns of Hg and potential host-phase behaviour (Fig. 4).

One possibility is that Hg signals reflect changes in the dominant sources of organic and detrital materials deposited in the lake. For example, combined isotopic and sedimentological data record episodes of stronger algal blooms during MIS 1 and 5 (Leng et al., 2013), supported by coeval abundance of freshwater diatom genera such as Cyclotella and Aulacoseira (Cvetkoska et al., 2015). All correspond to elevated Hg_T, and so could imply more effective Hg burial by autochthonous organic material compared to allochthonous (Leng et al., 2013; Damaschke et al., 2013). However, in the presence of abundant binding ligands such as for the Lake Prespa record, maximum Hg burial is limited principally by supply regardless of productivity, and so changing Hg signals in Lake Prespa more likely reflect changes in environmental Hg availability; resulting from externally-driven oscillations in Hg emission and/or exchange between (local) surface reservoirs such as forests, water courses, and soils (Bishop et al., 2020; Obrist et al., 2018)). This interpretation is supported by the lack of a close statistical correspondence between Hg, organic matter, sulphur, or detrital mineral content, source, or composition (Fig. 4), which suggests that Hg burial efficiency is only weakly associated with host phase availability in this system.
Lake Prespa

Figure 5: Total Hg (Hg\textsubscript{T}) and total Hg accumulation rate (Hg\textsubscript{AR}) for core Co1215 from Lake Prespa, presented as a function of depth and time, and relative to lithofacies, visible (grey shading) and cryptotephra (orange shading) layers. We include records of Hg\textsubscript{T} (this study) normalized to records of total organic carbon (TOC) (Damaschke et al., 2013), total sulphur (TS) (Aufgebauer et al., 2012), and detrital mineral abundance (estimated by potassium (K)) (Panagiotopoulos et al., 2014), with filled shading marking the original datasets. A distinct lake low stand based on seismic profiles and sedimentological data is marked at 14.63 - 14.58 m depth (Wagner et al., 2014a). A purple arrow marks sections where artificially high Hg/TOC values are generated by a sharp drop to near-zero TOC (<0.06 wt %) coinciding with deposition of the Y-5 (17.1 m) tephra unit – an effect expected as background sedimentation is interrupted by volcanic ash deposition. White boxes mark the marine isotope stages defined by (Lisiecki and Raymo, 2005), and stratigraphic periods are labelled in black/white.

Core 5045-1 from Lake Ohrid shows elevated Hg\textsubscript{T} during the late Pleistocene compared to the Holocene (Fig. 6; Table 1). Peaks in Hg\textsubscript{T} most consistently correspond to increases in K (detrital mineral) intensities, reflected in a broadly positive relationship between Hg\textsubscript{T} and K throughout the succession (Fig. 4, S3). However, this relationship is only described by \( r^2 \) values <0.5 and the strength of this correlation varies across the span of the record, weakening during the Holocene (Fig. 4).

Variable Hg values in the Ohrid record appear less influenced by organic matter and/or sulphide availability. Fluctuations in TOC/TS values suggest that some sulphide formation may have occurred during the late Pleistocene (MIS 2-5) (Wagner et al., 2009; Francke et al., 2016). However, even in these phases, TS remains low and correlations between Hg\textsubscript{T} and TS are generally negative or weak (\( r^2 < 0.2; \) Fig. 4) so that Hg signals do not change in magnitude or expression even when TS
variability is accounted for (Fig. 6), potentially due to the oligotrophic state of Lake Ohrid favouring burial of sulphide-depleted sediments (Francke et al., 2016; Vogel et al., 2010). More remarkable, the relationship between Hg\textsubscript{T} and organic matter in Lake Ohrid also shows an inverse correlation (Fig. 4). These trends may be explained by a scenario where the Hg flux to Ohrid from direct deposition and/or surrounding catchment is typically the limiting factor, rather than availability of potential host phases.

Lake Ohrid

Figure 6: Total Hg (Hg\textsubscript{T}) and total Hg accumulation rate (Hg\textsubscript{AR}) for core 5045-1 from Lake Ohrid, presented as a function of depth and time, and relative to lithofacies, visible (grey shading) and cryptotephra (orange shading) layers. We include records of Hg\textsubscript{T} (this study) normalized to records of total organic carbon (TOC) (Francke et al., 2016), sulphide (estimated by total sulphur (TS)) (Francke et al., 2016), and detrital mineral abundance (estimated by potassium (K)) (Francke et al., 2016; Wagner et al., 2019), with filled shading marking the original datasets. A mass movement deposit (MMD) is marked at 7.87 m depth (brown shading) (Francke et al., 2016). Purple arrows mark sections where artificially high Hg/TOC values are generated by a sharp drop to near-zero TOC (<0.06 wt %) coinciding with deposition of the Y-5 (17.1 m) and Mercato (11.5 m) tephra layers – an effect expected as background sedimentation is interrupted by volcanic ash deposition. White boxes mark the marine isotope stages as defined by Lisiecki and Raymo (2005), and stratigraphic periods are labelled in black/white.

Lake Ohrid and Lake Prespa show distinct differences in the strength of their Hg-host phase relationships. In Lake Prespa, Hg broadly covaries with organic matter (TOC), whereas in Lake Ohrid correlations are observed between Hg and detrital minerals (K). Nonetheless, only a relatively small proportion of Hg variability can be explained by host phase availability in each record. This suggests that while host phase availability may, at times, exert an influence on the Hg signals recorded in these lakes, the catchment-controlled changes in Hg fluxes are typically the more dominant effect on Hg in these sediment records. In the absence of a pronounced host-phase influence, retention of a measurable Hg signal requires that the net influx of Hg into the lake (e.g., surface runoff, wet/dry
deposition) exceeds the amount leaving the system due to processes such as runoff or evasion. Therefore, we surmise that the Hg\textsubscript{T} and Hg\textsubscript{AR} signals recorded in Lake Prespa and Lake Ohrid are records of net Hg input to the two lakes rather than the efficiency of sedimentary drawdown.

### 4.2. Tephra layers

As volcanic eruptions are among the most significant natural Hg sources, we assess whether the previously recognized tephra deposition events in Lake Prespa correspond to changes in Hg deposition. Overall, we find that individual tephra horizons and surrounding sediments do not consistently correspond to measurable peaks in Hg\textsubscript{T} or Hg\textsubscript{AR} in Lake Prespa (Fig. 5). Only two of the eleven preserved ash layers coincide with elevated Hg\textsubscript{T}: Mercato (8.54 \pm 0.09 ka; Somma-Vesuvius), and LN1 (14.75 \pm 0.52 ka; Campi Flegrei). These two units are not associated with disproportionately large tephra volumes and neither coincide with evidence for transient changes in authigenic carbonate precipitation or sediment diagenesis that may impact sedimentary Hg. This implies that Hg concentrations in Lake Prespa cannot, in general, be unequivocally linked to short-lived (<1-year) individual eruption events between ~90 and 0 ka (Fig. S5).

Discrete ash fall events (recorded by tephra/cryptotephra) do not consistently correspond to measurable peaks in Hg\textsubscript{T} or Hg\textsubscript{AR} in the slightly lower-resolution (~400-yr per sample) Lake Ohrid record (Fig. S5). Considering this lack of correspondence of Hg with ash layers, in conjunction with the Lake Prespa data too, suggests that (a) surface Hg loading was not appreciably increased with most large eruption events over the past 90 kyr in the Balkans and/or (b) sampling resolution may need to be significantly higher and/or focused on lesser-bioturbated records to identify single, short-lived volcanogenic perturbations of the scale and type occurring during the period recorded in the Ohrid (and Prespa) sedimentary successions.
4.3. Variability through time
Figure 7: Total mercury (HgT) and mercury accumulation rate (HgAR) records for Lake Prespa and Lake Ohrid generated by this study and proxy datasets generated by prior studies. For Lake Prespa, these include arboreal pollen (AP) concentrations (Panagiotopoulou et al., 2014), microcharcoal (Panagiotopoulou, 2013), potassium (K) (Aufgebauer et al., 2012; Wagner et al., 2010), and pollen assemblage zones (PAZ) (Panagiotopoulou et al., 2014). For Lake Ohrid, these include AP concentrations (Sadori et al., 2016), potassium (K) (Wagner et al., 2019; Francke et al., 2016), 1000-year average surface-air temperature (SAT - °C) and annual mean precipitation (millimetres) both simulated by the LOVECLIM Earth system model (Goosse et al., 2010) for the Prespa/Ohrid region (Wagner et al., 2019), and pollen assemblage zones (PAZ) (Sadori et al., 2016). Pollen assemblage zones defined by Panagiotopoulou et al. (2014) (Lake Prespa) and Sadori et al. (2016) (Lake Ohrid) are presented as green bars, shaded relative to tree population density (darker colour = higher density). We include a chronology of glacial processes based on radiometric dating of glacial landforms in the following locations: the Voidomaitis river basin (purple) (Lewin et al., 1991; Woodward et al., 2008), the Pindus Mountains (lilac) (Allard et al., 2021, 2020; Stylias et al., 2018; Hughes et al., 2006; Pope et al., 2017), and the Dinaric Alps (blue) (Gromig et al., 2018; Ribolini et al., 2018; Ruszkiczay-Rüdiger et al., 2020). White boxes mark the marine isotope stages (MIS) as defined by Lisiecki and Raymo (2005), and stratigraphic periods are labelled in black/white. Vertical grey shading denotes the timing of the largest changes in glacier extent and volume.

4.3.1. Late Pleistocene (90 – 35 ka; MIS 5 to MIS3)

The Lake Prespa and Lake Ohrid sediment cores show similarly muted variability in HgT and HgAR values between ~90 and 35 ka (broadly MIS 5a-c, 4 & 3), alluding to relatively stable Hg inputs (Fig. 7; Table 1). High organic and low clastic material concentrations point to warmer climate conditions during this interval, in which both catchments experienced an increase in moisture availability, pronounced forest expansion, and plant diversification – collectively acting to stabilize hillslopes and reduce deep soil erosion (Francke et al., 2019; Panagiotopoulou et al., 2014; Sadori et al., 2016, 2016). One possibility is that Hg sequestration during this interval was controlled by consistent rates of algal scavenging (Biester et al., 2018; Outridge et al., 2007, 2019; Stern et al., 2009). Elevated TOC (Fig. 5), hydrogen index, TOC/TH, and biogenic carbonate concentrations between ~90 and 71 ka in both Lake Prespa and Lake Ohrid signal nutrient upwelling and increased allochthonous inputs, in conjunction with elevated primary productivity. For example, Lake Prespa records green algae accumulation (Cvetkoska et al., 2016, 2015; Leng et al., 2013; Panagiotopoulou et al., 2014), and sediments rich in biogenic silica (bSiO2) are also evident in Lake Ohrid (Francke et al., 2016). Slow changes in lake geochemistry associated with these biological processes are consistent with a steady HgAR in both Lake Prespa and Lake Ohrid during this time, and absence of any especially pronounced changes in HgT. This could suggest that, for a relatively prolonged period (~96–35 ka), Hg flux to the two lakes did not change with a magnitude sufficient to cause measurable sedimentary changes, and processes capable of amplifying differences in sedimentary Hg between Ohrid and Prespa were not particularly influential.

MIS 3 marks the start of slow divergence between the Hg records of Lake Prespa and Lake Ohrid. During MIS 3, proxy records suggest that conditions in the Prespa/Ohrid region were milder than MIS 4, but cooler and drier than MIS 5 (Fig. 7) (Panagiotopoulou et al., 2014; Sadori et al., 2016; Wagner et al., 2019). Divergent Hg signals could be linked to two climate-driven processes. First, a reduction in primary productivity in Lake Prespa signalled by decreasing TOC, hydrogen index, and endogenic carbonate compared to values observed during MIS 5 (Aufgebauer et al., 2012; Cvetkoska et al.,
2016; Leng et al., 2013). Second is an increase in detrital material flux to both lakes (signalled by elevated K count; Fig. 7), due to recession of the surrounding forests and subsequently elevated rates of catchment erosion (Damaschke et al., 2013; Francke et al., 2019; Panagiotopouls et al., 2014; Sadori et al., 2016). This environmental shift is more likely to favour enhanced Hg mobility in the catchment and burial in a system whereby detrital minerals could either constitute the primary host phase or correlate to Hg\textsubscript{T}; and so could explain the progressive elevation in Hg\textsubscript{T} and Hg\textsubscript{AR} observed in Lake Ohrid (Fig. 4).

4.3.2. Last Glaciation (35–12 ka; MIS 3 to MIS2)

The timing, amplitude, and expression of Hg signals captured in Lake Prespa and Lake Ohrid change significantly between ~35 and 12 ka (Fig. 7). The largest Hg\textsubscript{T} and Hg\textsubscript{AR} peaks in Lake Ohrid coincide with the Last Glacial Maximum (LGM), and begin at ~35 ka (Fig. 7). Synchronous enrichments in K, quartz, and Ti (Francke et al., 2016; Wagner et al., 2019) provide evidence for elevated clastic terrigenous matter inputs and erosion, and are consistent with evidence for a significantly less-vegetated catchment (Donders et al., 2021; Sadori et al., 2016). High clastic fluxes into the lake during the LGM could also relate to meltwater run-off from local mountain glaciers (Ribolini et al., 2011), which would transport large volumes of sediment generated by glacial abrasion, quarrying and plucking (Carrivick and Tweed, 2021; Overeem et al., 2017) into the lake basin. Given that Hg sequestration in Lake Ohrid appears partially related to the abundance of detrital minerals for much of the record (Fig. 4, 5), these Hg peaks could relate to local, climate-driven shifts in landscape structure associated with glaciation during MIS 2 (Fig. 4, 7).

Alternatively or in addition to these local effects, atmospheric mineral dust concentrations were also up to twenty-times higher during the LGM (Simonsen et al., 2019). Mineral dust may be the most important Hg carrier in ice-cores (Jitaru et al., 2009; Vandal et al., 1993), and studies have shown evidence for notable redistribution of terrestrial Hg during the LGM owing to changes in regional atmospheric dust deposition (de Lacerda et al., 2017; Fadina et al., 2019; Pérez-Rodríguez et al., 2015). However, we see no clear evidence atmospheric dust deposition played a major (direct) role in the local Hg cycle in our data. For example, peaks in elemental ratios typically associated with mineral dust deposits (e.g., Zr/Ti) do not correspond to peaks in Hg\textsubscript{T} and/or Hg\textsubscript{AR} (Fig. S7) (Vogel et al., 2010), nor do not capture measurable changes in Saharan dust influx to the Ionian and Aegean seas corresponding to pronounced Hg signals in Lake Ohrid (Fig. S7) (Ehrmann and Schmiedl, 2021). Therefore, we cannot mechanistically link elevated Hg values during MIS 2 in Lake Ohrid to broad-scale changes in atmospheric dust deposition.

The largest Hg\textsubscript{T} and Hg\textsubscript{AR} peaks in Lake Prespa occur between 21.3 ±1.7 (1σ from the Bayesian age model, see Fig. 3) ka and 17.5 ±0.7 ka. These signals do not correspond to a measurable change in host phase availability (Fig. 5), so it is unlikely that these peaks reflect changes in TOC, TS, and/or K.
However, they do coincide with deglaciation of the Pindus and Dinaric mountains (Fig. 7) (Hughes et al., 2023). Geomorphological evidence suggests that glaciers were present across the Prespa/Ohrid region between ~26.5 and 15 ka (Belmecheri et al., 2009; Gromig et al., 2018; Ribolini et al., 2018; Ruszkiczay-Rüdiger et al., 2020), and indeed that periglacial processes created a landscape characterized by intense weathering, erosion and sediment transport (Hughes and Woodward, 2017; Allard et al., 2021). Glacial meltwaters thus likely constituted a major source of water input to Lake Prespa during the last deglaciation. Glaciers are important sinks for atmospheric Hg deposited by both dry and wet processes (Durnford and Dastoor, 2011; Zhang et al., 2012), and large quantities of Hg can accumulate in organic-rich frozen soils (permafrost, Schuster et al., 2018). High proportions of detrital matter within glacial ice, snow, and organic matter facilitate the effective, long-term (>100s-1000s of years) retention of atmospheric Hg, meaning that rapid snow/ice melt and permafrost thawing can produce transient ‘pulses’ of Hg into lakes without a comparable peak in sediment influx (Durnford and Dastoor, 2011; Kohler et al., 2022). This is consistent with the abrupt and short-lived increase in Hg concentration retained in Lake Prespa between 21.3 and 17.5 (±1.7–0.7 (1σ)) ka, which occurs in the absence of a pronounced change in terrigenous elements (e.g., Ti, Rb) or TS (Fig. 5, 7).

Lakes Ohrid and Prespa show two other striking differences in Hg concentration between 35–12 ka (Fig. 7). First, Lake Prespa does not record a distinct HgT or HgAR signal during the LGM, and second, Lake Ohrid does not record a distinct HgT or HgAR signal corresponding to deglaciation. Given their close proximity and environmental similarity, both lakes could be expected to record similar overall signals if the climate-driven processes influencing HgAR were broadly similar. One plausible explanation could be a disproportionately large change in Lake Prespa’s total volume compared to Lake Ohrid. Increased abundance of small Fragilariaeaceae and benthic Eolimna submuralis diatom species point to generally low temperatures and lake levels during MIS 2 (Cvetkoska et al., 2015). These conditions are also indicated by elevated concentrations of ice-rafted coarse sand and gravel grains, and further suggest persistent ice formation on the lake surface, likely facilitated by the lake’s shallow depth (Damascshe et al., 2013; Wagner et al., 2010; Vogel et al., 2010). It is possible that the heightened presence of ice at the peak of glaciation served as a natural barrier between the surface and the sediments of Lake Prespa, effectively slowing the net flux of Hg into delivery of solutes to the basin. A simultaneous lack of ice cover on Lake Ohrid, linked to greater water depths, could also justify why HgAR remained high in this lake during the LGM, as the Hg influx pathway would be unaffected by ice formation (Fig. 7).

Water volume changes may have also influenced the hydrological connection between lakes Ohrid and Prespa during deglaciation (Cvetkoska et al., 2016; Jovanovska et al., 2016; Leng et al., 2010). Tracer experiments and stable isotope (δ18O) analysis suggest that water draining from Lake Prespa accounts for a significant proportion of Lake Ohrid’s water inflow alongside precipitation (Matzinger et al., 2006; Wagner et al., 2010; Lacey and Jones, 2018), with high rates of prior calcite precipitation occurring in the connecting karst system (Eftimi et al., 1999; Leng et al., 2010; Matzinger et al., 2006). However, a change to lower δ18O of lakewater and TIC in both lakes during the last glaciation point to...
a reduction in the contribution of karst-fed waters to Lake Ohrid (Lacey et al., 2016; Leng et al., 2013). Although it is unlikely that the two hydrological systems became completely decoupled (Belmecheri et al., 2009; Lézine et al., 2010), evidence for permafrost formation at high elevations between 35 and 18 ka (Oliva et al., 2018) and lower precipitation could be linked to a reduction in karst aquifer activity (Fig. 7). For shallower Lake Prespa, lower precipitation may also have led to a larger reduction in lake volume compared to Lake Ohrid, decrease in the number (and pressure) of active sinkholes, and subsequently the outflow of water and solutes (e.g., Hg) into Lake Ohrid (Wagner et al., 2014a) – increasing both Hg\textsubscript{T} and Hg\textsubscript{AR}. Together, the collective impact of disproportionately large, climate-driven reductions in water level could explain why rates of Hg accumulation were significantly higher in Lake Prespa during deglaciation compared to the LGM. Glacial meltwaters would elevate the net Hg input compared to the LGM, and reduced ice cover would permit a more direct pathway for Hg to be delivered into the basin; both processes becoming effective while underground permafrost continued to limit the intra-basin exchange of water and solutes.

Neither Lake Ohrid nor Lake Prespa show large changes in Hg concentration nor accumulation during the Oldest (17.5-14.5 ka) and Younger (12.9-11.7 ka) Dryas. Both lakes contain clear evidence for an abrupt return to glacial conditions during this time. Lake Prespa sediments record shifts in tree pollen and diatom assemblages alluding to a net reduction in local winter temperatures and moisture availability (Aufgebauer et al., 2012a; Panagiotopoulos et al., 2013; Cvetkoska et al., 2014), and high uranium \(^{234}\text{U}/^{238}\text{U}\) activity ratios, low tree pollen percentages, and low TIC concentrations in Lake Ohrid also pertain to intense hillslope erosion owing to a more open catchment structure (Francke et al., 2019b; Lézine et al., 2010). Geomorphological evidence also pertains to local glacier stabilization (Gromig et al., 2018; Ribolini et al., 2018; Ruszkiczay-Rüdiger et al., 2020) (Fig. 7). Nonetheless, we suggest these events may have been too (a) short-lived, and/or (b) climatically mild to produce a similarly distinct response in the terrestrial Hg cycle as the processes operating during, and immediately following, the LGM; potentially explaining the lack of an associated sedimentary Hg signal.

4.3.3. Holocene (12–0 ka; MIS 1)

The timing and amplitude of Hg\textsubscript{T} and Hg\textsubscript{AR} signals recorded in Lake Prespa and Lake Ohrid sediments are noticeably different during the Holocene (MIS 1). Between 12±0.5 and 3±0.2 ka, Lake Prespa captures a series of large peaks in Hg\textsubscript{T} and Hg\textsubscript{AR}, corresponding to high TOC and TIC indicative of elevated productivity, higher rates of organic material preservation, and limited mixing (Fig. 5). Conversely, Hg\textsubscript{T} and Hg\textsubscript{AR} show a progressive decline in Lake Ohrid during MIS 1, despite coeval increases in TOC and TIC (Fig. 6). These observations suggest that for most of the Holocene Hg fluxes into the two lakes were largely decoupled, likely due to differences in catchment and basin dynamics which impacted the rate of Hg delivery to (and burial in) the lakes.

Divergent Hg signals in Lake Ohrid and Lake Prespa during this time may be linked to heightened wildfire frequency and/or intensity. Wildfires have the capacity to (in)directly release Hg from
vegetation, and/or through associated changes in soil erosion. Proxy evidence alludes to interglacial conditions characterised by heightened seasonality, characterized by very warm, dry summers coupled with wet, mild winters, an overall increase in the prevalence of deciduous tree species (Cvetkoska et al., 2014; Panagiotopoulos, 2013); but also an increase in macro and microcharcoal concentrations in Lake Prespa (Fig. 7; Panagiotopoulos et al. 2013). Large wildfires would have a broadly regional-scale impact which, given the close proximity of our two lakes, could theoretically produce a measurable Hg signal in both systems. However, more frequent and/or intense regional fires could also yield measurably different sedimentary Hg signals by their capacity to: (1) enhance surface run off without a corresponding increase in erosion and effectively reduce transport of downstream transport of Hg released from burned soils and bound to fine and coarse particulate matter (Burke et al., 2010; Takenaka et al., 2021); and/or (3) release large quantities of Hg into the atmosphere following biomass combustion (Howard et al., 2019; Melendez-Perez et al., 2014; Roshan and Biswas, 2023). All three combine to generate impacts that may vary in significance owing to lake-specific differences in sedimentation, accumulation, and flux of materials to/from the lake.

An increase in wildfire activity also corresponds to a period of intensifying human influence in the region; predominantly in the form of land use change, agriculture, and animal husbandry (Cvetkoska et al., 2014; Masi et al., 2018; Panagiotopoulos et al., 2013; Rothacker et al., 2018; Thiemenmann et al., 2017; Wagner et al., 2009). Widespread mineral resource exploitation and metalworking on the Balkan peninsula is recorded as early as ~8 ka (Gajić-Kvaščev et al., 2012; Longman et al., 2018; Radivojević and Roberts, 2021; Schotsmans et al., 2022), and release of detrital Hg during cinnabar ore extraction and use of Hg in gold extraction (amalgamation) has been linked to pronounced Hg contamination in modern sedimentary units in the region (Covelli et al., 2001; Fitzgerald and Lamborg, 2013). Directly quantifying the influence of (hydro)climate- versus human-driven impacts on sedimentary Hg records presents a major challenge as these factors are interdependent. Nonetheless, these factors could produce a more measurable effect in lake systems with heightened sensitivity to changes in water, nutrient and pollutant fluxes. This could explain why large Hg signals are observed in Lake Prespa between ~12 and 3 ka but not Lake Ohrid: Lake Prespa is shallow relative to its surface area (Fig. 2), meaning that relatively small oscillations in pollutant influxes can lead to appreciable changes in lake geochemistry (Cvetkoska et al., 2015; Matzinger et al., 2006).

Decoupling of the two Hg records effectively disappears ~3 ka ago, where both lakes show a sharp and pronounced rise in HGT and HgAR (Fig. 7). Several lines of evidence point to human activity as the primary cause. On a local scale, a rapid increase in the biological productivity (eutrophication) of Lake Prespa since ~1.6 (±0.06) ka alludes to greater disturbance of catchment soils by agricultural practices, and eventually use of inorganic compounds such as pesticides and fertilizers (Aufgebauer et al., 2012; Cvetkoska et al., 2014; Krstić et al., 2012; Leng et al., 2013). Signals observed in Figure 7 may thus be a product of human-induced changes in organic or minerogenic material flux: each facilitating more efficient delivery of catchment-sourced Hg (Fitzgerald et al., 2005), and possibly also stimulating microbial Hg methylation within the sediment (Soerensen et al., 2016). On a broader scale
peaks in Hg$_T$ and Hg$_{AR}$ correspond to a sustained rise in European and/or global Hg emissions, owing to increased deforestation, fossil fuel extraction and combustion, and intentional use of Hg for resource extraction/production (Outridge et al., 2018; United Nations Environment Programme, 2018). An increasing number of sedimentary archives record Hg enrichments as early as ~3 ka ago (Biskaborn et al., 2021; Guédron et al., 2019; Li et al., 2020; Pan et al., 2020). The emergence of simultaneous Hg$_T$ and Hg$_{AR}$ peaks in Lakes Ohrid and Prespa following ~3 ka underscores the magnitude and global distribution of this change in Hg sources and emissions (Fig. 7), and point to a rise in Hg fluxes between 3 and 0 ka that was distinct enough to effectively overwhelm previously dominant natural drivers of Hg variability.

4.4. Key differences & implications

The magnitude and expression of Hg signals recorded in Lake Prespa and Lake Ohrid are different in three aspects. First, the extent to which different host phases can (or cannot) explain time-varying patterns in Hg concentration differs between the two lakes. Although only a limited fraction of Hg variability in either record can be explained by availability of any single host phase, the low degree of covariance that we do observe points to organic material playing the most significant role as a Hg host in Lake Prespa. In contrast, Hg correlates most strongly with detrital minerals in Lake Ohrid over the same period (0-90 ka) (Fig. 4). The second difference is visible during the last glaciation (~35–12 ka): in Lake Ohrid Hg concentrations peak during the LGM (35.8–12 ka), whereas Lake Prespa captures transient, high-amplitude peaks during deglaciation, starting ~15-kyr later (Fig. 7). The third difference is visible during the Holocene. The largest signals in the entire Lake Prespa record are observed between ~8 and 0 ka, whereas Hg concentrations do not increase in Lake Ohrid until ~2 ka. These observations raise the question: for two lakes located in such close geographical proximity and having experienced similar climate conditions, what may have caused such pronounced differences from ~35 ka (Fig. 2)?

Differences in bathymetric structure may offer a plausible explanation. For example, the largest changes in the amplitude and frequency of peaks in Hg$_T$ and Hg$_{AR}$ are exhibited by Lake Prespa (Fig. 7): a shallow basin that contains >90 % less water than Lake Ohrid, despite only a ~30 % difference in surface area (Wagner et al., 2010). Increased distance from lake margin to core site in Lake Ohrid would mean distribution of material over a greater total area, and thus more time for net Hg loss to occur either by evasion from the water surface (Cooke et al., 2020), removal of water (and suspended material) via riverine outlets (Bishop et al., 2020), or processes taking place within the water column (Frieling et al., 2023) prior to burial. Therefore, preservation of a measurable Hg signal in a deep lake (e.g., Lake Ohrid) would require notably larger influx of Hg, and this sedimentary signal would also likely be significantly smaller than the equivalent ‘dose’ delivered to a smaller and/or shallower lake (e.g., Lake Prespa). Coupled with evidence for high-amplitude fluctuations in lake water $\delta^{18}$O ($\pm6\%$) (Leng et al., 2010) and lake level (Cvetkoska et al., 2015, 2016) corresponding to pronounced Hg

(Leng et al., 2010) (e.g., Lake Prespa).
variability in Lake Prespa, but not in Lake Ohrid (Fig. 7), our data suggest that smaller, shallower lakes may be particularly sensitive recorders of transient, changes in Hg fluxes.

Divergent bathymetric structures are also linked to distinct differences in biological composition and nutrient availability in lakes Ohrid and Prespa. The deep (~240 m) waters of Lake Ohrid host a highly oligotrophic (nutrient poor) environment characterized by low levels of biological productivity, and a high abundance of planktonic diatom species (e.g., *Cyclotella*) (Cvetkoska et al., 2021). Conversely, Lake Prespa’s shallower (~14 m) waters host a dominantly mesotrophic (nutrient-rich) system in which benthic and planktonic diatom species are present in equal abundance (Jovanovska et al., 2016; Cvetkoska et al., 2016), and allude to moderate/high biological productivity (Leng et al., 2013).

Productivity is a potentially important factor influencing the Hg composition of lake sediment: high productivity typically favours higher concentrations of algal biomass, allowing for more effective Hg scavenging by organic particles and export to the sediment (Biester et al., 2018; Soerensen et al., 2016; Hermanns et al., 2013). While the overall signal will remain dominated by Hg availability, broad-scale differences in productivity between lakes Prespa and Ohrid through time could provide an additional explanation for the disparate expression of recorded Hg signals (section 4.1); with notably higher productivity in the shallower Lake Prespa further increasing its sensitivity to changes in nutrient status, erosion, and hydrology.

Local differences in Hg emission by neotectonic activity may have also contributed to the divergent Hg signals, owing to differences in the host rock geology, tectonic instability, and mechanical stress regimes of faults surrounding the two basins (Hoffmann et al., 2010; Lindhorst et al., 2015). However, the significance of these differences cannot be fully assessed in the absence of direct Hg emission measurements (see Text SD4).

The two records presented here highlight that Hg cycling in lacustrine environments is distinct from open marine systems. In marine systems, Hg fluxes can be broadly modulated by large-scale continental sediment (Fadina et al., 2019; Figueiredo et al., 2022; Kita et al., 2016) and/or atmospheric inputs (Chede et al., 2022), and Hg burial flux ultimately becomes more closely related to host-phase availability. Conversely, both Lake Prespa and Lake Ohrid highlight how the local basin and catchment characteristics both exert a key control on the delivery of Hg to lacustrine sediments, and suggest that differences in Hg cycling between geographically-proximal basins could occur as a function of diverse physical, hydrological, and biological properties.

Our observations highlight that multi-millennial lacustrine Hg records allow a different perspective of the Hg cycle compared to marine records, and, for example, may be used to infer how local, regional and global climatic conditions could have altered processes important to the terrestrial Hg cycle.

Because lacustrine records are much better suited to recording smaller-scale processes it is also clear that extrapolating the (non-marine) Hg cycle response from a single lacustrine Hg record is challenging. For example, a single-core approach could produce a large degree of uncertainty owing to variable sediment focussing and catchment-sourced influx of organic and inorganic materials (Blais and Kalff, 1995; Engstrom and Rose, 2013; Engstrom and Wright, 1984). A valuable next step would
be to apply a source-to-sink approach within a well-known lacustrine catchment: to assess the extent
to which Hg sedimentation is spatially heterogeneous within a lacustrine system, and whether multiple
cores extracted from different locations within the same basin would yield markedly different Hg
trends. Intra-basin heterogeneity in Hg sources, reactions, and transformations could also be
examined through measurement of stable Hg isotopes; particularly in millennia-scale sedimentary
records where the nature of these processes may change through time (Blum et al., 2014; Jiskra et
al., 2022; Kurz et al., 2019). Work of this nature would make great strides toward assessing how
representative of variability in the local Hg cycle a single, in this case, lake core is, and whether intra-
basin fluctuations in sedimentation, resuspension, and erosion could translate to measurable changes
in sedimentary Hg burial.

Past changes in environmental Hg availability inferred from sedimentary records have typically been
examined (and presented) by normalizing Hg to a dominant host phase, often taken as organic matter
(Fadina et al., 2019; Figueiredo et al., 2020; Grasby et al., 2019; Kita et al., 2016; Percival et al.,
2015). However, availability of organic matter or other host phases that scavenge Hg here appear to
represent just one of several processes governing Hg burial in lacustrine systems, and this process is
very likely systematically less significant compared to marine records in lieu of changes in catchment
and basin processes such as erosion, nutrient status, and hydrology (Outridge et al., 2019). Outside
pre-industrial times (or periods without an overwhelming global Hg cycle perturbation; such as during
LIP formation (Grasby et al., 2019)), a single common process/mechanism is therefore unlikely to
produce a unanimous stratigraphic signal across all lakes or even for two adjacent lakes as shown in
this study.

6. Conclusions

To better understand local and regional impact of climate, vegetation and catchment characteristics
on lacustrine Hg records, we present two new high-resolution, Hg records for the last ~90 kyr from
Lake Prespa and Lake Ohrid. The two records show some similarities but also distinct differences in
the strength of the relationships between Hg, TOC, TS, and detrital minerals (K), with only a relatively
small proportion of Hg variability attributable to host phase availability in each record. Our findings
provide three valuable insights. First, that local sedimentary environment does influence Hg burial.
Covariance with host phases accounts for a limited proportion of the observed variability, suggesting
that many of the HgT and HgAR signals recorded in Lake Prespa and Lake Ohrid reflect net Hg input to
the two lakes across timescales ranging from decades to multiple millennia. Second, Hg signals can
reflect changes in (and also differences between) catchment hydrology and structure. Despite their
proximity, the magnitude and expression of the recorded signals are considerably different between
Lake Prespa and Lake Ohrid, suggesting these inputs changed relative to sedimentary setting and in
response to changing interactions between the two systems. Finally, regional-scale climate variability
can measurably affect the Hg signals retained in lake sediments: both lakes Prespa and Ohrid
showing changes in Hg concentration and accumulation corresponding to glacial (late Pleistocene)
and interglacial (Holocene) climate conditions. It follows that local, regional, or global changes in climate or hydrological cycling capable of affecting mineral soils, (peri-)glacial features or fire regime in the lake catchment could all impact Hg fluxes. These findings prompt further examination of how orbital-scale climate variability (>10^3-year timescales) may influence the terrestrial Hg cycle, not only to better resolve processes acting on single lacustrine and terrestrial successions, but also to identify which of these (local) processes could hold relevance for Hg cycling on a global scale.

**Competing Interests**

The corresponding author declares that none of the authors have any competing interests.

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