



1 **Conservation agriculture increases soil organic carbon stocks but not soil CO<sub>2</sub> efflux in**  
2 **two 8-year-old experiments in Zimbabwe**

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26 **Abstract**

27 Conservation agriculture (CA), combining reduced or no tillage, permanent soil cover and  
28 improved rotations, is often promoted as a climate-smart practice. However, our understanding  
29 about the impact of CA and its respective three principles on top and sub-soil organic carbon  
30 (SOC) stocks and on soil CO<sub>2</sub> efflux in low input cropping systems of sub-Saharan Africa is  
31 rather limited. The study was conducted at two long-term experimental sites established in  
32 2013 in Zimbabwe. The soil types were abruptic Lixisols at Domboshava Training Centre  
33 (DTC) and xanthic Ferralsol at the University of Zimbabwe farm (UZF). Six treatments,  
34 replicated four times were investigated: conventional tillage (CT), conventional tillage with  
35 rotation (CTR), NT, no-tillage with mulch (NTM), no-tillage with rotation (NTR), no-tillage  
36 with mulch and rotation (NTMR). Maize (*Zea mays* L.) was the main crop and treatments with  
37 rotation included cowpea (*Vigna unguiculata* L. Walp.). SOC concentration and bulk density  
38 were determined for samples taken from the 0-5, 5-10, 10-15, 15-20, 20-30, 30-40, 40-50, 50-  
39 75 and 75-100 cm depths. Gas samples were regularly collected using the static chamber  
40 method during the 2019/20 and 2020/21 cropping seasons and during the 2020/21 dry season.  
41 SOC stocks were significantly ( $p < 0.05$ ) higher under NTM, NTR and NTMR compared to  
42 NT and CT in top 5 and 10 cm layers at UZF, while SOC stocks were only significantly higher  
43 under NTM and NTMR compared to NT and CT in top 5 cm at DTC. NT alone had a slightly  
44 negative impact on top SOC stock. Cumulative SOC stocks were not significantly different  
45 between treatments when considering the whole 100 cm soil profile. Regardless of larger  
46 organic carbon inputs in mulch treatments, there were no significant differences in CO<sub>2</sub> efflux  
47 between treatments, but it was higher in maize rows than in inter-rows as a result of autotrophic  
48 respiration from maize roots. Our results show the overarching role of crop residue mulching  
49 in CA cropping systems in enhancing SOC storage but that this effect is limited to the topsoil.



50 **Key words:** climate change mitigation, climate-smart agriculture, deep soil organic carbon,  
51 mulch, sustainable intensification

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### 53 **1. Introduction**

54 Soil organic carbon (SOC) is an important determinant of soil fertility, productivity and  
55 sustainability, and is a useful indicator of soil quality in tropical agricultural systems where  
56 nutrient poor and highly weathered soils are managed with little external inputs (Chivenge et  
57 al., 2007; Feller & Beare, 1997; Lal, 1997). Therefore, rebuilding depleted SOC stocks in such  
58 soils holds potential to contribute to climate change mitigation (Bossio et al., 2020; Minasny  
59 et al., 2017; Swanepoel et al., 2016) through sustainable management of agricultural soils  
60 (Dignac et al., 2017; Paustian et al., 2016).

61 Conservation agriculture (CA), based on minimum soil disturbance, crop residue retention and  
62 crop rotation, has been known to improve surface SOC, with beneficial effects on soil  
63 functioning such as improved water infiltration (Thierfelder & Wall, 2009, 2012) and better  
64 aggregate stability (Six et al., 1999; Thierfelder & Wall, 2012). The potential of CA to increase  
65 SOC stocks and thereby mitigate climate change has, however, been much debated (Corbeels,  
66 Cardinael, et al., 2020). The general understanding is that, this potential is relatively low (Du  
67 et al., 2017; Powlson et al., 2014), which is well demonstrated in sub-Saharan Africa (SSA)  
68 (Cheesman et al., 2016; Corbeels et al., 2019; Powlson et al., 2016). In fact, soil C storage has  
69 often been over-estimated for CA due to shallow soil sampling. Compared to conventional  
70 tillage systems, no-tillage redistributes SOC in the soil profile, with higher concentrations in  
71 the topsoil but potentially lower concentrations below, which can result in no differences in  
72 whole profile SOC stocks between no-tillage and conventional tillage (Angers & Eriksen-  
73 Hamel, 2008). However, this lack of significant differences in many studies assessing whole



74 profile SOC stocks suffer from not enough statistical power to accurately assess the potential  
75 significant SOC changes (Kravchenko & Robertson, 2011).

76 CA can potentially build SOC in deeper soil layers from e.g. the use of cover crops with more  
77 extended root systems (Kell, 2011; Thorup-Kristensen et al., 2020; Yang et al., 2023).  
78 However, proper soil sampling strategies, to account for both topsoil and subsoil (> 30 cm  
79 depth) SOC stocks must, therefore, be prioritized. Soil sampling has often been limited to the  
80 top soil plough layer (0-30 cm) in the past two decades (Dube et al., 2012; Patra et al., 2019;  
81 Powlson et al., 2016; Yost & Hartemink, 2020), where SOC concentrations, root densities  
82 (Chikowo et al., 2003) and microbial activities (Mtambanengwe et al., 2004) are generally  
83 largest (Rumpel et al., 2012) and which is the minimum default soil depth recommended by  
84 the Intergovernmental Panel for Climate Change (IPCC, 2019). In a meta-analysis of SOC  
85 stocks in the top 1 m of soils, Balesdent et al. (2018) found that soils below 0.3 m contain on  
86 average 47 % of total SOC stock in the 1 m soil depth and accounts for 19 % of the SOC that  
87 has been recently incorporated. Therefore, focusing on topsoil only, could underestimate the  
88 potential of agricultural management practices to store SOC (Cardinael et al., 2015). In turn,  
89 this can give wrong conclusions on the climate change mitigation potential of agricultural  
90 management practices.

91 There has been many studies on the effects of CA on crop productivity and soil health benefits  
92 (Corbeels, Naudin, et al., 2020; Kimaro et al., 2016; Mhlanga et al., 2022a; Swanepoel et al.,  
93 2018; Thierfelder et al., 2015, 2017; Thierfelder & Mhlanga, 2022), and other studies have  
94 fuelled the debate on CA practicality and adoption in SSA (Giller et al., 2009, 2015; Kassam  
95 et al., 2019). However, the effects of CA on SOC dynamics and soil CO<sub>2</sub> efflux have not been  
96 widely investigated in SSA. Thierfelder et al., (2017) have alluded to the fact that, data on  
97 climate change mitigation potential of CA in southern Africa is scanty hence the need for more



98 research to better quantify the mitigation effects of CA as a climate-smart technology. It has  
99 also been observed that depending on the socio-economic and biophysical conditions, farmers  
100 may find it easier to adopt certain CA principles and/or their different combinations (Baudron  
101 et al., 2012; Mbanyele et al., 2021), although this also opened up new debates (Thierfelder et  
102 al., 2018). Therefore, in this study, the focus was on the individual versus combined effects of  
103 CA principles (no-tillage, crop residue retention, crop rotation) on SOC stocks and soil CO<sub>2</sub>  
104 effluxes.

105 As changes in SOC stocks take time to be detected, long-term experiments are crucial, but are  
106 rare, especially in Africa (Bationo et al., 2013; Cardinael et al., 2022; Powlson et al., 2016;  
107 Thierfelder & Mhlanga, 2022). This study was conducted on two long-term experiments  
108 established in 2013 in Zimbabwe. We hypothesized that the full combination of CA  
109 components would be associated with more rapid increases of SOC stocks and soil CO<sub>2</sub> efflux  
110 than adoption of only one component, and that this increase would mainly be due to increased  
111 C inputs to the soil and minimum soil disturbance.

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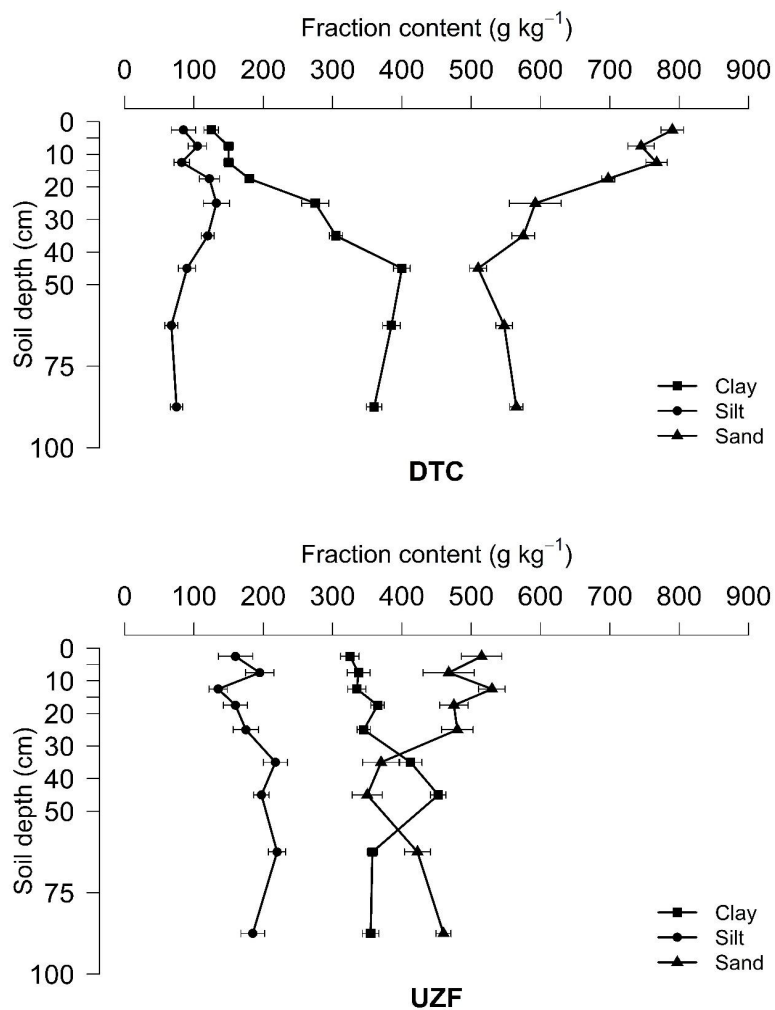
## 113 **2. Materials and methods**

### 114 **2.1 Study sites**

115 The study was conducted at two long-term experimental sites established in November 2013  
116 by CIMMYT. The site at the University of Zimbabwe Farm (UZF) is located about 12 km north  
117 of Harare city centre (31° 00' 48" E; 17° 42' 24" S), while the site at the Domboshava Training  
118 Centre (DTC) is located about 30 km north-east of Harare (31° 07' 33" E; 17° 35' 17" S). UZF  
119 soils are dolerite-derived xanthic *Ferralsols* (FAO classification) and are medium-textured  
120 sandy clay loams (34 % clay) in the top 20 cm with a subsoil (20-40 cm) of slightly higher clay



121 content (38 %). DTC soils are granite-derived abruptic *Lixisols* (FAO classification) and are  
122 light-textured sandy loams (15 % clay) in the 0-20 cm layer, overlying abruptly a heavier-  
123 textured subsoil (20-40 cm) of 30 % clay (Figure 1).



124 **Figure 1:** Soil texture to 1 m soil depth at the DTC (top) and UZF (bottom) sites in Zimbabwe.

126 Error bars represent standard errors (N = 4).

127



128 The two study sites have a sub-tropical climate with cool, dry winters and hot, wet summers  
129 with mean annual minimum and maximum temperatures of 12°C and 25°C, respectively  
130 (Mapanda et al., 2010). The rainy season starts in November and tails off in March with a mean  
131 annual rainfall of 826 and 814 mm at UZF and DTC, respectively (Mhlanga, et al., 2022b).  
132 Cumulative seasonal rainfall in 2019/20 (474 mm) was almost half of rainfall received in the  
133 2020/21 season (932 mm) at DTC (Figure S1). At UZF, cumulative seasonal rainfall was 551  
134 mm and 637 mm in the 2019/20 and 2020/21 cropping seasons. On average, minimum and  
135 maximum temperatures were 16.9 and 28.1 °C in 2019/20 and 15.5 and 27.2 °C in 2020/21 at  
136 DTC and 15.5 and 28.6 °C in 2019/20 and 15.3 and 27.5 °C in 2020/21 cropping season at  
137 UZF.

138

## 139 **2.2 Experimental treatments and crop management**

140 Two identical experiments were set up at the study sites and treatments were maintained every  
141 season since November 2013. The experiments were set up in a randomised complete block  
142 design (RCBD) with eight treatments replicated in four blocks. However, in this study we  
143 investigated only six of these treatments. All crop residues were removed soon after harvesting  
144 in all treatments, stored and then applied prior to planting in treatments with mulch. The six  
145 treatments in our study were:

- 146 i. Conventional tillage (CT) – land preparation was done through digging with a hand hoe  
147 and maize (*Zea mays* L.) was sown as a sole crop in rip lines that were created  
148 afterwards using an animal-drawn Magoye ripper (a traditional plough with the  
149 mouldboard replaced with a ripper tine) at DTC, and in planting basins (approximately  
150 10 cm diameter and 10 cm depth) created using a hand hoe at UZF.



- 151 ii. Conventional tillage with rotation (CTR) – land preparation was done as in the CT  
152 treatment and maize was rotated with cowpea (*Vigna unguiculata* L.).
- 153 iii. No-tillage (NT) – sole maize was sown in rip lines created using an animal-drawn  
154 Magoye ripper (no further soil disturbance was done) at DTC, and in planting basins  
155 (approximately 15 cm diameter and 15 cm depth) created using a hand hoe at UZF.
- 156 iv. No-tillage with mulch (NTM) – maize was sown as in the NT treatment and maize  
157 residues from the previous season were applied on the soil surface between maize  
158 rows at planting at a rate of 2.5 t DM ha<sup>-1</sup>.
- 159 v. No-tillage with rotation (NTR) – maize was sown in rip lines and rotated with cowpea.
- 160 vi. No-tillage with mulch and rotation (NTMR) – maize was sown in rip lines and rotated  
161 with cowpea and maize residues were applied on the soil surface between maize rows  
162 at planting at a rate of 2.5 t DM ha<sup>-1</sup>.

163 Crop residues were removed every year after harvest and weighed in again to maintain the  
164 exact 2.5 t ha<sup>-1</sup> residue weight year after year. There was a total of 24 plots at each site which  
165 were 6 m wide and 12 m long (72 m<sup>2</sup>). Treatments with rotation (CTR, NTR, NTMR) were  
166 split into 6 m wide and 6 m long (36 m<sup>2</sup>) subplots where maize and cowpea were grown  
167 interchangeably every season (maize was sown on one side of the plot while cowpea on the  
168 other side).

169 The inter-row spacing was 90 cm and 45 cm for maize and cowpea, respectively, and the in-  
170 row spacing was 25 cm for both crops which translated to 44,444 and 88,888 plants ha<sup>-1</sup>,  
171 respectively. Three seeds were planted per planting station and thinned to one after emergence.  
172 Basal dressing of nitrogen (N), phosphorus (P) and potassium (K) was applied within 5 cm of  
173 the seeds in the form of compound fertilizer for both maize and cowpea at 11.6 kg N ha<sup>-1</sup>, 10.6  
174 kg P ha<sup>-1</sup> and 9.6 kg K ha<sup>-1</sup>, respectively. Nitrogen top dressing to maize only, was applied at





175 4 and 8 weeks after emergence (WAE) in two equal splits of 23.1 kg N ha<sup>-1</sup> each, as ammonium  
176 nitrate when soil moisture was adequate. However, in the 2019/20 cropping season at both sites  
177 and in the 2020/21 cropping season at UZF, the first N top dressing was delayed by an average  
178 of 4.5 and 2.0 weeks, respectively, due to mid-season dry spells. Ammonium nitrate was side  
179 dressed within 5 cm of the maize stems. Glyphosate [N-(phosphono-methyl) glycine], a pre-  
180 emergent non-selective herbicide was applied at 1.025 L active ingredient ha<sup>-1</sup> soon after  
181 sowing to control weeds. This was followed by manual hoe weeding whenever weeds reached  
182 a maximum of 10 cm height or 10 cm in diameter for stoloniferous weeds to achieve a weed  
183 clean field. More details about the experiment can be found in Shumba et al., (2022) and  
184 Mhlanga et al., (2022a).

185

### 186 **2.3 Soil sampling for bulk density determination and soil organic carbon analysis**

187 Soil sampling was done in May 2021 at both sites. For each treatment and replicate, two  
188 sampling points in the maize rows and two sampling points in the middle of the inter-rows  
189 were randomly selected. The two samples from the rows were pooled into one sample per  
190 depth, similarly to the two samples taken in the inter-rows. The following nine depth  
191 increments were considered for both SOC and bulk density (BD) measurements: 0-5, 5-10, 10-  
192 15, 15-20, 20-30, 30-40, 40-50, 50-75 and 75-100 cm. Undisturbed soil samples using a metal  
193 cylinder (5 cm diameter and 5 cm height) were taken from the following depth ranges 0-5, 5-  
194 10, 10-15, 15-20 and 20-30 cm for both SOC and BD measurements. A motorized, hand-held  
195 soil corer was used to take samples for the 30-40, 40-50, 50-75 and 75-100 cm depths for SOC  
196 analysis from the same positions where undisturbed samples were taken. As no significant  
197 differences in BD were found below 20 cm between the different treatments at the two sites  
198 (see results section) and to avoid too much destruction of the experimental plots, two soil pits



199 were opened at the edges of the experimental plots (also cropped with maize since 2013) at  
200 each site to take BD samples for the 30-40, 40-50, 50-75 and 75-100 cm depths. As a result,  
201 BD below 30 cm depth was assumed the same across the treatments.

202 Soil samples were crumbled and fresh weight was determined using a field scale. Soil moisture  
203 was determined on a sub-sample by drying it in an oven at 105°C for 48 hours. All samples  
204 were then air-dried and sieved through a 2 mm sieve to determine the mass proportion of coarse  
205 soil (> 2 mm) as a fraction of the whole sample. Bulk density (BD) was determined by dividing  
206 the dry mass of soil by the volume of the cylinder. Subsamples from the ≤ 2 mm soil fraction  
207 were grinded to < 200 μm for SOC analysis. SOC concentration was analysed with a CHN  
208 elemental analyser.

209

#### 210 **2.4 Soil organic carbon stocks calculation**

211 The equivalent soil mass (ESM) approach was used to determine SOC stocks to avoid  
212 systematic bias in SOC calculation when using the fixed depth method (Ellert & Bettany, 1995;  
213 von Haden et al., 2020; Wendt & Hauser, 2013). We defined reference soil mass profiles for  
214 each site, based on the lowest cumulative soil mass obtained for each replicate. For these  
215 references, cumulative soil mass layers were 0-650, 650-1340, 1340-2060, 2060-4160, 4160-  
216 5590, 5590-7040, 7040-10550, 10550-13770 Mg soil ha<sup>-1</sup> at DTC and 0-460, 460-870, 870-  
217 1330, 1330-1840, 1840-2760, 2760-4030, 4030-5300, 5300-8190, 8190-11050 Mg soil ha<sup>-1</sup> at  
218 UZF, which roughly corresponded to soil depth layers of 0-5, 5-10, 10-15, 15-20, 20-30, 30-  
219 40, 40-50, 50-75, 75-100 cm, respectively. SOC stocks were calculated on the basis of the same  
220 soil mass as the reference profile but different soil depth layers which varied by < 1.5 and <  
221 0.6 cm at DTC and UZF, respectively. As mulch was only applied between maize rows, and  
222 fertilizer was only applied on maize rows, it was estimated that the row and interrow space



223 represented 22 and 78 % respectively, hence SOC calculations were weighted accordingly  
224 (Shumba et al., 2022). Change in cumulative SOC stock between treatments for a given soil  
225 depth was determined using the CT treatment as the reference treatment:

$$226 \quad \Delta SOC \text{ stock} = SOC \text{ stock}_{treatment(i)} - SOC \text{ stock}_{CT(i)}, \text{ (Equation 1)}$$

227 where  $SOC \text{ stock}_{treatment}$  is the cumulative SOC stock per treatment (CTR, NT, NTM, NRT,  
228 NTMR) at a given soil layer and ( $i$ ) representing 0-5, 0-10, 0-15, 0-20, 0-30, 0-40, 0-50, 50-  
229 75, 75-100 cm.

230 SOC accumulation or loss rates ( $\text{kg C ha}^{-1} \text{ yr}^{-1}$ ) were calculated by dividing the change in  
231 stocks by the number of years between the establishment of the experiment and the time of soil  
232 sampling (8 years):

$$233 \quad SOC \text{ accumulation/loss rate} = \frac{\Delta SOC \text{ stocks}}{8} \times 1000, \text{ (Equation 2)}$$

234

## 235 **2.5 Estimation of organic carbon inputs to the soil**

236 Maize and cowpea yield and aboveground biomass were measured since the inception of the  
237 experiment, except for cowpea during the 2013/14 season. This data gap was filled by using  
238 the average cowpea yield and aboveground biomass values across seasons (from 2013/14 to  
239 2020/21). We assumed that 5 % of the maize aboveground vegetative biomass remained in the  
240 field because maize stalk slashing at harvesting did not remove the whole stem. A root:shoot  
241 ratio of 0.16 and 0.06 for maize and cowpea, respectively (Amos & Walters, 2006; Kahn &  
242 Schroeder, 1999; Kimiti, 2011) was used to estimate the contribution of roots to organic C  
243 inputs to the soils. Organic C input contribution from weeds was assumed insignificant since  
244 there was effective control of weeds through the use of pre-emergence herbicide (glyphosate)



245 and timely manual weeding throughout the cropping season. We also assumed that the relative  
246 amounts of organic C transferred through rhizodeposition was the same for maize and cowpea  
247 (i.e. 0.45 x root C biomass (Balesdent et al., 2011) and that the organic C content of all plant  
248 parts was 430 g kg<sup>-1</sup> (Ma et al., 2018). Cumulative organic C inputs to the soil were then  
249 estimated for each treatment (Cardinael et al., 2022).

250

## 251 **2.6 Gas sampling, analyses and flux determinations**

252 The static chamber methodology was used for CO<sub>2</sub> gas sampling. The static chambers had PVC  
253 base rings (height = 0.1 m and inside radius = 0.1 m) and PVC cylindrical lids (height = 0.2 m  
254 and inside diameter = 0.1 m). Base rings were semi-permanently driven 0.07 m into the soil to  
255 avoid possible gas leakages and contamination by lateral diffusion (Abalos et al., 2013; Clough  
256 et al., 2020). The lids had an airtight and self-sealing rubber septum on top through which gas  
257 was sampled. During gas sampling, the lids were inserted about 0.02 m into the base rings and  
258 the contact area between the base rings and the lids was always smeared with petroleum jelly to  
259 avoid possible leakages of trapped gas. The static chambers were painted white to minimize  
260 temperature changes in the chamber headspace from the sun's radiative heat.

261 Surface area coverage for each chamber was 0.0314 m<sup>2</sup> and headspace volume of 0.006 m<sup>3</sup>. Gas  
262 sampling was done simultaneously in the row and interrow spaces, each replicate having a  
263 chamber in the row and in the middle of the inter-row (Shumba et al., 2022). It should be noted  
264 that, CO<sub>2</sub> measured in this study consisted of effluxes coming both from autotrophic and  
265 heterotrophic respiration.

266 A 20 mL syringe was used to collect gas samples at time 0 (immediately after securing the  
267 chamber) and after 48 minutes of gas trapping. The gas samples were pressurised into pre-



268 evacuated 12 mL Exetainer glass vials (Labco Ltd., Lampeter SA48, United Kingdom). Linearity  
269 tests were carried out at both sites by collecting gas samples at times 0, 15, 30, 48 and 60 minutes  
270 of gas trapping. Results showed that CO<sub>2</sub> emissions increased linearly with time, suggesting that  
271 two gas samplings at 0 and 48 minutes were relevant for this study since no saturation was  
272 observed (data not shown). Gas sampling was done between 10 am and 12 pm on every sampling  
273 day.

274 CO<sub>2</sub> efflux measurements were carried out during the cropping season (November to April) in  
275 2019/20 and 2020/21, but in 2021, CO<sub>2</sub> efflux measurements were extended into the dry season  
276 (May to September). Gas sampling was done at least every two weeks during the cropping  
277 season, with additional sampling following fertilizer applications and rainfall events (Shumba et  
278 al., 2022).

279 CO<sub>2</sub> was quantified at ETH Zurich by gas chromatography using the thermal conductivity  
280 detector and CO<sub>2</sub> fluxes were calculated as the differences in concentration between the 0 and 48  
281 minutes sampling times:

$$282 \quad F = \frac{(GC_f - GC_o) \times V}{T \times A} \quad , \text{ (Equation 4)}$$

283  
284 where  $F$  is the gas flux (mg CO<sub>2</sub> m<sup>-2</sup> hr<sup>-1</sup>),  $GC_f$  and  $GC_o$  are the gas concentration (ppm) at end  
285 (time 48 minutes) and start (time 0 minutes) of chamber closure,  $V$  is the chamber volume (mL),  
286  $T$  is the duration of the chamber closure (hours) and  $A$  is the surface area covered by the static  
287 chamber (m<sup>2</sup>).

288

## 289 **2.7 Cumulative soil CO<sub>2</sub>-C emissions**

290 Cumulative CO<sub>2</sub>-C emissions were determined using linear interpolation between sampling  
291 points by multiplying the mean flux of two successive sampling dates by the length of the



292 period between sampling and adding that amount to the previous cumulative total (Dorich et  
293 al., 2020). Cumulative efflux per treatment was computed as the weighted contribution from  
294 row and inter-row effluxes (Shumba et al., 2022).

295

## 296 **2.8 Data analysis**

297 Statistical analyses were performed using R software, version 4.0.0 (R Core Team 2020). Prior  
298 to analysis, CO<sub>2</sub> data were checked for normality by both visual inspection (Quantile-Quantile  
299 plots and density distributions) and with the Shapiro-Wilk test. Linear mixed effect models were  
300 fitted to daily CO<sub>2</sub> emissions using the *lmer* function from the *lme4* package (Bates, 2010), using  
301 as fixed effects the site (DTC, UZF), the season (2019/20, 2020/21), the treatment (CT, CTR,  
302 NT, NTM, NTR, NTMR) and the chamber position (row vs inter-row). The chamber number  
303 nested in the replicate was considered as random factor. The final models were chosen based on  
304 the lowest Akaike information criterion (AIC) and on the lowest Bayesian information criterion  
305 (BIC). An analysis of variance (ANOVA) was then done on the fitted models. Separation of  
306 means was done using the post hoc Tukey test at 5 % significance level using the *emmeans*  
307 function from the *emmeans* package (Bolker et al., 2009).

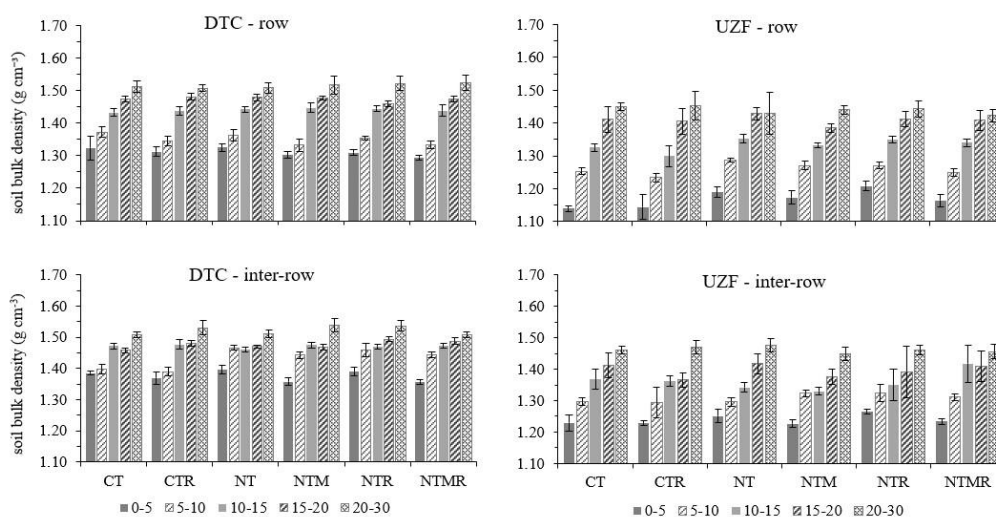
308 For soil data, normality was tested by the Kolmogorov-Smirnov test. After confirming that data  
309 were normally distributed, analyses of variance (ANOVA) was carried out to establish any  
310 significant treatment effects on BD, SOC concentration, and SOC stock. Subsequent mean  
311 separation was done using Tukey's test.

## 312 **3. Results**

### 313 **3.1 Soil bulk density**



314 The different cropping systems (CT, CTR, NT, NTM, NTR, NTMR) had no significant ( $p >$   
 315 0.05) effect on BD across all soil depths except in the 5-10 cm depth in the inter-row at DTC  
 316 (Figure 2) where BD was on average 5 % lower in the conventional tillage treatments (CT, CTR)  
 317 than in the no-tillage treatments (NT, NTR). However, soil depth and location (row or inter-row),  
 318 and the soil depth x location interaction had significant ( $p < 0.001$ ) effects on BD. In the tillage  
 319 layer (0-15 cm), BD was at least 2 % higher in the inter-rows than in the rows at both sites. In  
 320 the deeper soil layer (15 – 30 cm), there were no significant ( $p > 0.05$ ) differences. BD for depths  
 321 below 30 cm were the same across treatments since it was determined from pits outside the  
 322 experiment. It ranged between 1.47 – 1.51 and 1.47 – 1.49  $\text{g cm}^{-3}$  (Table S1) in the subsoil (30 –  
 323 100 cm layers) at DTC and UZF, respectively.



324

325 **Figure 2.** Top soil bulk density (0-30 cm) at the Domboshava Training Centre (DTC) and  
 326 University of Zimbabwe Farm (UZF) experimental sites in Zimbabwe. CT: conventional tillage,  
 327 CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-  
 328 tillage with rotation, NTMR: no-tillage with mulch and rotation. Error bars represent standard  
 329 errors ( $N = 4$ ).

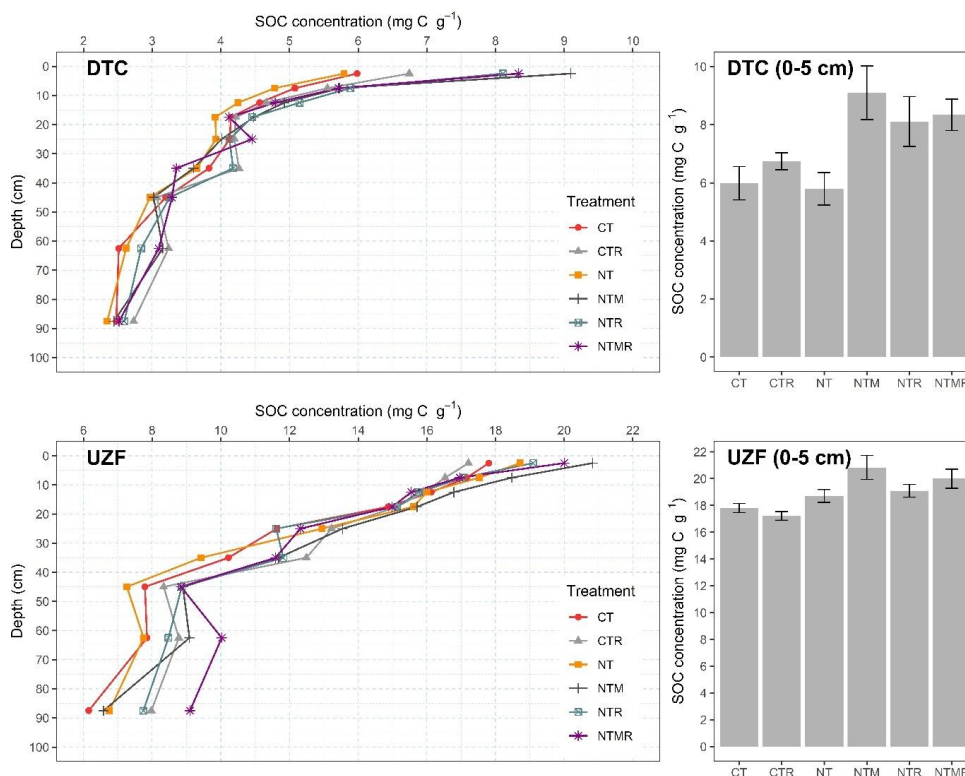


330 **3.2 SOC concentrations**

331 SOC concentration decreased significantly ( $p < 0.001$ ) with soil depth (Figure 3, Table S2) and  
332 was highest in the surface soil (0-5 cm) for all treatments (Table S2). There were significant  
333 treatment effects in the 0-5 cm ( $p = 0.001$ ) and 5-10 cm ( $p = 0.005$ ) soil layers at DTC and in  
334 the 0-5 cm layer ( $p < 0.001$ ) only, at UZF. NTM had significantly ( $p < 0.05$ ) higher SOC  
335 concentration compared to conventional tillage treatments (CT, CTR) and NT in the 0-5 cm  
336 soil layer at both sites (Figure 3); the increase in SOC concentration ranged between 31 to 46  
337 % and 14 to 22 % at DTC and UZF, respectively. However, SOC concentration in NTM was  
338 equal ( $p > 0.05$ ) to NTR and NTMR treatments at both sites.

339 In the 5-10 cm soil layer of DTC, SOC concentrations in NTM and NTR were at least 19 %  
340 higher ( $p = 0.005$ ) than in NT and CT (Table S2). There were no significant ( $p > 0.05$ ) treatment  
341 effects on SOC concentration below 10 cm soil depth at DTC and below 5 cm depth at UZF.





342

343 **Figure 3:** Soil depth distribution of organic carbon concentration for the different experimental  
 344 treatments at the Domboshava Training Centre (DTC) and University of Zimbabwe Farm  
 345 (UZF) experimental sites in Zimbabwe. Error bars represent standard errors (N = 4). CT:  
 346 conventional tillage, CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage  
 347 with mulch, NTR: no-tillage with rotation, NTMR: no-tillage with mulch and rotation.

348

### 349 3.3 SOC stocks

350 There were significant ( $p < 0.05$ ) treatment effects on SOC stocks per soil layer in the 0-5 and  
 351 5-10 cm soil layers at DTC and the 0-5 cm soil layer at UZF (Table S3). Compared to CT, CTR  
 352 and NT, NTM had at least 1.1 and 1.3 times more SOC stocks in the top 5 and 10 cm layers at  
 353 UZF and DTC, respectively. In terms of cumulative SOC stocks, significant ( $p < 0.05$ )



354 treatment effects were limited to the top 30 cm soil layer at DTC and the 20 cm layer at UZF,  
355 where no tillage with mulching (NTM) increased SOC stocks (Table 1). There were no  
356 significant ( $p > 0.05$ ) tillage effects on SOC stocks (CT vs NT) for both sites. The rotation  
357 component had no significant ( $p > 0.05$ ) effects on SOC stocks when comparing CTR and NTR  
358 at DTC. However, the maize-cowpea rotation under NT (NTR) had at least 16 % higher SOC  
359 stocks in the top 30 cm compared to NT. In contrast, NTR had at least 7 % more SOC stocks  
360 than CTR in the top 10 cm soil layer at UZF, though there were no significant ( $p > 0.05$ )  
361 differences in SOC stocks between NTR and NT. Compared to NT and CT, the mulching  
362 component significantly ( $p < 0.05$ ) increased SOC stocks by at least 8 % at UZF and 13 % at  
363 DTC in the top 20 and 30 cm soil layers, respectively. SOC stocks in the full CA treatment  
364 (NTMR) were not significantly ( $p > 0.05$ ) different with the other combinations of CA  
365 principles (NTM, NTR) and CTR at DTC. At UZF, the full CA treatment had similar SOC  
366 stocks as all the other NT treatments (NT, NTM, NTR).

367 SOC stocks for the whole soil profile for this study (0-100 cm) were at least 8.1, 3.5 and 2.1  
368 times higher at DTC and 11.6, 4.4 and 2.4 times higher at UZF than the SOC stocks in the 0-5  
369 cm (surface soil), 0-15 cm (tillage depth) and 0-30 cm (IPCC standard depth) layers. SOC  
370 stocks for the subsoil (30-100 cm) ranged from 18.4 to 51.4 Mg C ha<sup>-1</sup> at DTC and 41.9 to  
371 124.9 Mg C ha<sup>-1</sup> at UZF. Therefore, subsoil represented more than half (at least 53 % at DTC  
372 and 58 % at UZF) of SOC stocks for the whole 100 cm soil profile.

373 **Table 1:** Cumulative SOC stocks at the Domboshava Training Centre (DTC) and University  
374 of Zimbabwe Farm (UZF) after 8 years of different tillage, residue and crop management  
375 systems. Means in the same row followed by different superscript letters are significantly  
376 different and associated errors are standard errors (N = 4). CT: conventional tillage, CTR:



377 conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-tillage

378 with rotation, NTMR: no-tillage with mulch and rotation.

Site	Cumulative ESM (Mg ha <sup>-1</sup> )	Approximate soil depth (cm)	Cumulative SOC stocks (Mg C ha <sup>-1</sup> )							LSD	Significance
			CT	CTR	NT	NTM	NTR	NTMR			
	650	0-5	3.9 ± 0.8 <sup>c</sup>	4.4 ± 0.4 <sup>bc</sup>	3.8 ± 0.7 <sup>c</sup>	5.9 ± 1.2 <sup>a</sup>	5.3 ± 1.1 <sup>ab</sup>	5.4 ± 0.7 <sup>ab</sup>	0.9	p < 0.001	
	1340	0-10	7.4 ± 1.3 <sup>c</sup>	8.2 ± 0.6 <sup>bc</sup>	7.1 ± 1.1 <sup>c</sup>	9.9 ± 1.8 <sup>a</sup>	9.4 ± 1.5 <sup>ab</sup>	9.4 ± 1.1 <sup>ab</sup>	1.2	p < 0.001	
	2060	0-15	10.7 ± 1.6 <sup>c</sup>	11.6 ± 0.8 <sup>bc</sup>	10.1 ± 1.3 <sup>c</sup>	13.5 ± 2.0 <sup>a</sup>	13.1 ± 1.7 <sup>ab</sup>	12.9 ± 1.2 <sup>ab</sup>	1.7	p < 0.05	
	2760	0-20	13.6 ± 1.7 <sup>b</sup>	14.6 ± 1.0 <sup>ab</sup>	12.9 ± 1.4 <sup>b</sup>	16.7 ± 2.1 <sup>a</sup>	16.2 ± 1.9 <sup>a</sup>	15.8 ± 1.4 <sup>a</sup>	2.1	p < 0.05	
DTC	4160	0-30	19.4 ± 1.9 <sup>ab</sup>	20.5 ± 1.2 <sup>ab</sup>	18.4 ± 1.6 <sup>b</sup>	22.3 ± 2.2 <sup>a</sup>	22.0 ± 1.9 <sup>a</sup>	22.0 ± 1.5 <sup>a</sup>	2.7	p < 0.05	
	5590	0-40	24.9 ± 2.0 <sup>a</sup>	26.6 ± 1.3 <sup>a</sup>	23.7 ± 1.7 <sup>a</sup>	27.5 ± 2.3 <sup>a</sup>	27.9 ± 2.0 <sup>a</sup>	26.9 ± 1.6 <sup>a</sup>	3.1	ns	
	7040	0-50	29.6 ± 1.9 <sup>a</sup>	31.2 ± 1.3 <sup>a</sup>	28.0 ± 1.8 <sup>a</sup>	32.0 ± 2.4 <sup>a</sup>	32.7 ± 2.1 <sup>a</sup>	31.7 ± 1.7 <sup>a</sup>	3.4	ns	
	10550	0-75	38.5 ± 2.0 <sup>a</sup>	42.6 ± 1.3 <sup>a</sup>	37.3 ± 2.0 <sup>a</sup>	39.5 ± 2.4 <sup>a</sup>	42.7 ± 2.1 <sup>a</sup>	42.6 ± 1.9 <sup>a</sup>	5.2	ns	
	13770	0-100	46.5 ± 2.0 <sup>a</sup>	51.4 ± 1.3 <sup>a</sup>	44.8 ± 2.0 <sup>a</sup>	47.5 ± 2.4 <sup>a</sup>	51.1 ± 2.2 <sup>a</sup>	50.7 ± 2.0 <sup>a</sup>	6.3	ns	
	460	0-5	8.2 ± 0.9 <sup>cd</sup>	7.9 ± 0.5 <sup>d</sup>	8.6 ± 0.6 <sup>bc</sup>	9.6 ± 1.0 <sup>a</sup>	8.8 ± 0.9 <sup>bc</sup>	9.2 ± 0.9 <sup>ab</sup>	0.7	p < 0.001	
	870	0-10	15.4 ± 1.5 <sup>bc</sup>	14.8 ± 1.0 <sup>c</sup>	15.9 ± 1.3 <sup>b</sup>	17.3 ± 1.7 <sup>a</sup>	15.9 ± 1.6 <sup>b</sup>	16.3 ± 1.4 <sup>ab</sup>	1.1	p < 0.05	
	1330	0-15	22.9 ± 1.9 <sup>b</sup>	22.1 ± 1.6 <sup>b</sup>	23.4 ± 1.8 <sup>b</sup>	25.1 ± 2.1 <sup>a</sup>	23.2 ± 1.9 <sup>b</sup>	23.6 ± 1.7 <sup>ab</sup>	1.7	p < 0.05	
	1840	0-20	30.8 ± 2.2 <sup>b</sup>	29.9 ± 2.1 <sup>b</sup>	31.3 ± 2.0 <sup>ab</sup>	33.3 ± 2.4 <sup>a</sup>	30.9 ± 2.2 <sup>b</sup>	31.0 ± 2.1 <sup>b</sup>	2	p < 0.05	
UZF	2760	0-30	42.3 ± 2.4 <sup>a</sup>	42.8 ± 2.2 <sup>a</sup>	44.1 ± 2.1 <sup>a</sup>	46.4 ± 2.8 <sup>a</sup>	41.9 ± 2.7 <sup>a</sup>	43.3 ± 2.7 <sup>a</sup>	3.3	ns	
	4030	0-40	55.2 ± 2.6 <sup>a</sup>	58.1 ± 2.6 <sup>a</sup>	57.2 ± 2.2 <sup>a</sup>	61.0 ± 3.3 <sup>a</sup>	56.7 ± 3.0 <sup>a</sup>	57.5 ± 3.2 <sup>a</sup>	4.8	ns	
	5300	0-50	66.3 ± 2.7 <sup>a</sup>	70.4 ± 3.0 <sup>a</sup>	67.5 ± 2.3 <sup>a</sup>	73.1 ± 3.9 <sup>a</sup>	68.8 ± 3.1 <sup>a</sup>	69.7 ± 3.3 <sup>a</sup>	6.6	ns	
	8190	0-75	89.3 ± 3.1 <sup>a</sup>	95.9 ± 3.3 <sup>a</sup>	90.0 ± 2.7 <sup>a</sup>	89.9 ± 4.6 <sup>a</sup>	93.7 ± 3.9 <sup>a</sup>	98.4 ± 4.3 <sup>a</sup>	17	ns	
	11050	0-100	107.8 ± 3.5 <sup>a</sup>	119.1 ± 3.7 <sup>a</sup>	109.8 ± 3.3 <sup>a</sup>	110.9 ± 5.2 <sup>a</sup>	116.1 ± 4.9 <sup>a</sup>	124.9 ± 5.6 <sup>a</sup>	19	ns	



379 **3.4 SOC accumulation and loss rates**

380 SOC accumulation rates differed significantly ( $p < 0.05$ ) with soil depth where top soil layers  
381 (0-5, 0-10, 0-15, 0-20 and 0-30 cm) had SOC accumulation rates that were at least 6.9 times  
382 less than when considering the 0-100 cm soil profile at UZF (Table 2). In contrast, there were  
383 no significant ( $p > 0.05$ ) differences in SOC accumulation rates with depth at DTC. On average,  
384 SOC accumulation rates ranged between  $0.13 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$  in the top soil (0-5 cm) to  $0.33$   
385  $\text{Mg C ha}^{-1} \text{ yr}^{-1}$  for the whole 1 m soil profile at DTC. The depth and treatment interaction had  
386 no significant ( $p > 0.05$ ) effects at both sites.

387 On the other hand, the different treatments in this study had significant ( $p < 0.05$ ) effects in  
388 SOC accumulation rates in the top 20 cm soil layer at both sites (Table 2). At DTC, NT had  
389 significant ( $p < 0.05$ ) net loss of SOC in the 0-20 cm layer, ranging between  $-0.09$  and  $-0.02$   
390  $\text{Mg C ha}^{-1} \text{ yr}^{-1}$ , whereas the treatments with different combinations of CA principles under NT  
391 (NTM, NTR, NTMR) has accumulation rates ranging from  $0.17$  to  $0.38 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$ .  
392 However, maize stover mulching (NTM) had significantly ( $p < 0.05$ ) higher SOC accumulation  
393 rates than CTR (2.9 – 4.2 times) and NT (5.2 – 13.5 times) in the top 15 cm and 20 cm layers,  
394 respectively. The different combinations of mulching and rotation under NT had no significant  
395 ( $p > 0.05$ ) differences in SOC accumulation rates. Similarly, rotation treatments (CTR, NTR,  
396 NTMR) showed no significant ( $p > 0.05$ ) differences in SOC accumulation rates. Thus, the full  
397 CA treatment had similar SOC accumulations rates to treatments with at least 2 combinations  
398 of CA principles (NTM and NTR) and to CTR.

399 In contrast, at UZF, CTR had significant ( $p < 0.05$ ) net loss of SOC in the top 20 cm (Table 2).  
400 The no-tillage treatments (NT, NTM, NTR, NTMR) showed significantly ( $p < 0.05$ ) higher  
401 SOC accumulation rates ( $0.05 - 0.25 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$ ) than CTR which ranged between  $-0.07$  to  
402  $-0.03 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$  in top 10 cm soil layer. NTM had the highest SOC accumulations rates



403 (0.28 to 0.32 Mg C ha<sup>-1</sup> yr<sup>-1</sup>) when considering the 0-15 and 0-20 cm soil layers. SOC  
 404 accumulation rates in NTM were at least 3.8, 3.5 and 2.4 times higher than CTR, NT and NTR  
 405 in the top 20 cm. The full CA treatment (NTMR) had significantly ( $p < 0.05$ ) higher SOC  
 406 accumulation rates compared to CTR (2.5 – 5.3 times) in the top 10 cm and lower SOC  
 407 accumulation rate to NTM in the 0-10 cm (2.3 times) and 0-20 cm (10.6 times) soil layer.  
 408 However, there were no significant ( $p > 0.05$ ) differences in SOC accumulation rates between  
 409 treatments beyond 20 cm soil layer at both sites.

410 **Table 2:** SOC change rates ( $\pm$  standard error, N = 4) of the different treatments compared to  
 411 CT (conventional tillage) at Domboshava Training Centre (DTC) and University of Zimbabwe  
 412 farm (UZF). Means in the same row followed by different superscripts are significantly  
 413 different. CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch,  
 414 NTR: no-tillage with rotation, NTMR: no-tillage with mulch and rotation, LSD = least  
 415 significance difference, ns = not significant, Sig = significance, \*\* =  $p < 0.05$ , \*\*\* =  $p < 0.001$ .

Site	Approximate soil depth (cm)	SOC accumulation or loss rate (Mg C ha <sup>-1</sup> yr <sup>-1</sup> )					LSD	Sig
		CTR	NT	NTM	NTR	NTMR		
DTC	0-5	0.06 ± 0.05 <sup>bc</sup>	-0.02 ± 0.02 <sup>c</sup>	0.25 ± 0.05 <sup>a</sup>	0.17 ± 0.02 <sup>ab</sup>	0.19 ± 0.04 <sup>ab</sup>	0.13	***
	0-10	0.10 ± 0.09 <sup>bc</sup>	-0.04 ± 0.04 <sup>c</sup>	0.31 ± 0.09 <sup>a</sup>	0.24 ± 0.01 <sup>ab</sup>	0.25 ± 0.08 <sup>ab</sup>	0.16	***
	0-15	0.12 ± 0.13 <sup>bc</sup>	-0.07 ± 0.05 <sup>c</sup>	0.35 ± 0.13 <sup>a</sup>	0.30 ± 0.01 <sup>ab</sup>	0.27 ± 0.12 <sup>ab</sup>	0.23	**
	0-20	0.12 ± 0.17 <sup>ab</sup>	-0.09 ± 0.05 <sup>b</sup>	0.38 ± 0.17 <sup>a</sup>	0.32 ± 0.01 <sup>a</sup>	0.27 ± 0.16 <sup>a</sup>	0.29	**
	0-30	0.13 ± 0.25 <sup>a</sup>	-0.13 ± 0.07 <sup>a</sup>	0.36 ± 0.25 <sup>a</sup>	0.32 ± 0.08 <sup>a</sup>	0.33 ± 0.20 <sup>a</sup>	0.35	ns
	0-40	0.22 ± 0.25 <sup>a</sup>	-0.15 ± 0.07 <sup>a</sup>	0.33 ± 0.25 <sup>a</sup>	0.38 ± 0.07 <sup>a</sup>	0.25 ± 0.23 <sup>a</sup>	0.41	ns
	0-50	0.20 ± 0.27 <sup>a</sup>	-0.20 ± 0.14 <sup>a</sup>	0.30 ± 0.27 <sup>a</sup>	0.40 ± 0.09 <sup>a</sup>	0.26 ± 0.22 <sup>a</sup>	0.46	ns
	0-75	0.51 ± 0.28 <sup>a</sup>	-0.15 ± 0.28 <sup>a</sup>	0.13 ± 0.28 <sup>a</sup>	0.53 ± 0.13 <sup>a</sup>	0.51 ± 0.20 <sup>a</sup>	0.73	ns
	0-100	0.62 ± 0.32 <sup>a</sup>	-0.20 ± 0.37 <sup>a</sup>	0.13 ± 0.32 <sup>a</sup>	0.58 ± 0.29 <sup>a</sup>	0.53 ± 0.20 <sup>a</sup>	0.86	ns
UZF	0-5	-0.03 ± 0.03 <sup>c</sup>	0.05 ± 0.04 <sup>b</sup>	0.17 ± 0.05 <sup>a</sup>	0.07 ± 0.04 <sup>b</sup>	0.13 ± 0.06 <sup>ab</sup>	0.08	***
	0-10	-0.07 ± 0.04 <sup>c</sup>	0.07 ± 0.08 <sup>b</sup>	0.25 ± 0.09 <sup>a</sup>	0.07 ± 0.07 <sup>b</sup>	0.11 ± 0.08 <sup>b</sup>	0.13	**
	0-15	-0.10 ± 0.03 <sup>b</sup>	0.06 ± 0.11 <sup>b</sup>	0.28 ± 0.13 <sup>a</sup>	0.04 ± 0.07 <sup>b</sup>	0.09 ± 0.11 <sup>ab</sup>	0.22	**
	0-20	-0.11 ± 0.07 <sup>b</sup>	0.06 ± 0.14 <sup>b</sup>	0.32 ± 0.17 <sup>a</sup>	0.02 ± 0.11 <sup>b</sup>	0.03 ± 0.12 <sup>b</sup>	0.25	**
	0-30	0.06 ± 0.15 <sup>a</sup>	0.22 ± 0.25 <sup>a</sup>	0.51 ± 0.25 <sup>a</sup>	-0.05 ± 0.18 <sup>a</sup>	0.12 ± 0.16 <sup>a</sup>	0.44	ns
	0-40	0.37 ± 0.11 <sup>a</sup>	0.25 ± 0.27 <sup>a</sup>	0.72 ± 0.25 <sup>a</sup>	0.19 ± 0.28 <sup>a</sup>	0.29 ± 0.14 <sup>a</sup>	0.65	ns
	0-50	0.51 ± 0.20 <sup>a</sup>	0.15 ± 0.34 <sup>a</sup>	0.85 ± 0.27 <sup>a</sup>	0.31 ± 0.41 <sup>a</sup>	0.43 ± 0.10 <sup>a</sup>	0.88	ns
	0-75	0.83 ± 0.56 <sup>a</sup>	0.08 ± 0.55 <sup>a</sup>	0.08 ± 0.28 <sup>a</sup>	0.55 ± 0.76 <sup>a</sup>	1.14 ± 0.44 <sup>a</sup>	1.17	ns
	0-100	1.41 ± 0.86 <sup>a</sup>	0.25 ± 0.75 <sup>a</sup>	0.98 ± 0.32 <sup>a</sup>	1.03 ± 1.26 <sup>a</sup>	2.14 ± 0.99 <sup>a</sup>	2.31	ns



416 **3.5 Organic carbon inputs via crops residues, root mortality and rhizodeposition to the**  
417 **soil**

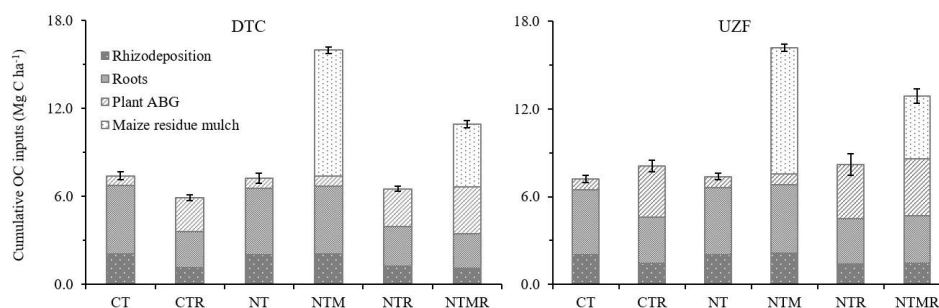
418 Figure 4 presents cumulative OC inputs which significantly ( $p < 0.001$ ) differed between  
419 cropping systems. Cumulative OC inputs were at least 1.5 times higher in mulch treatments  
420 (NTM, NTMR) than in treatments without mulch. However, the mulch plus rotation treatment  
421 (NTMR) had significantly ( $p < 0.001$ ) lower cumulative OC inputs than continuous mulching  
422 (NTM). Cumulative OC input after 8 seasons was as high as 16.0 and 10.5 Mg C ha<sup>-1</sup> at DTC  
423 and 16.2 and 12.4 Mg C ha<sup>-1</sup> at UZF in NTM and NTMR, respectively (Figure 4), resulting in  
424 mean seasonal OC input rates of about 1.3 to 1.6 Mg C ha<sup>-1</sup> season<sup>-1</sup> for NTMR and 2.0 Mg C  
425 ha<sup>-1</sup> season<sup>-1</sup> for NTM. The other treatments had mean seasonal OC input rates  $\leq 1.0$  Mg C ha<sup>-1</sup>  
426 season<sup>-1</sup>.

427

428 **3.6 Soil CO<sub>2</sub>-C efflux and cumulative emissions**

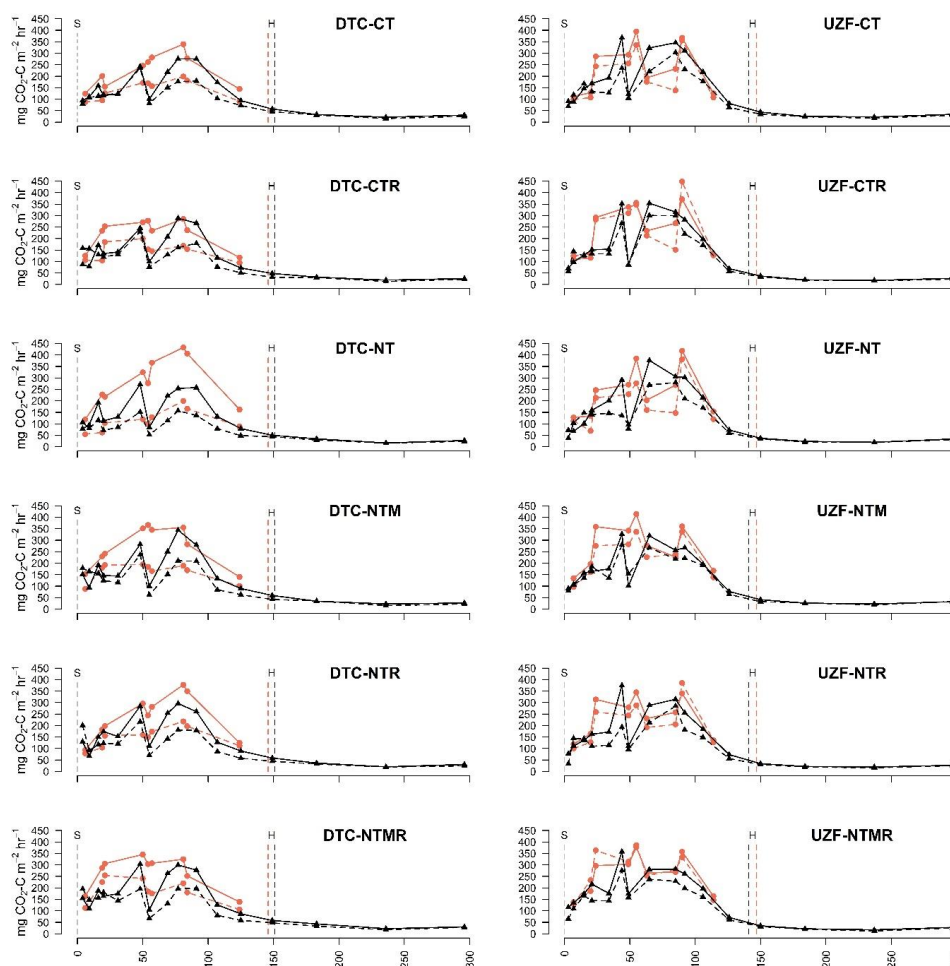
429 Daily soil CO<sub>2</sub> fluxes were significantly ( $p < 0.05$ ) higher in the maize rows than the inter-rows  
430 at both sites (Figure 5 and S2). However, there were no significant ( $p > 0.05$ ) differences in daily  
431 CO<sub>2</sub> fluxes between treatments. Fluxes of CO<sub>2</sub> spiked at maximum maize vegetative stage (from  
432 approximately 25 to 100 days after germination) in the rainy season and tailed off to  $< 50$  mg  
433 CO<sub>2</sub>-C m<sup>-2</sup> hr<sup>-1</sup> after harvesting and into the dry season (May to September 2021).

434 There were no significant ( $p > 0.05$ ) differences in cumulative CO<sub>2</sub>-C emissions for both  
435 seasons and sites (Figure 6). Cumulative CO<sub>2</sub>-C emissions ranged from 5.0 to 6.2 Mg CO<sub>2</sub>-C  
436 ha<sup>-1</sup> yr<sup>-1</sup> and 5.9 to 7.5 Mg CO<sub>2</sub>-C ha<sup>-1</sup> yr<sup>-1</sup> at DTC and UZF, respectively, in the 2019/20  
437 cropping season. In the 2020/21 season, cumulative CO<sub>2</sub>-C emissions ranged between 4.3 to  
438 6.3 Mg CO<sub>2</sub>-C ha<sup>-1</sup> yr<sup>-1</sup> and 5.8 to 7.5 Mg CO<sub>2</sub>-C ha<sup>-1</sup> yr<sup>-1</sup> at DTC and UZF, respectively.



439

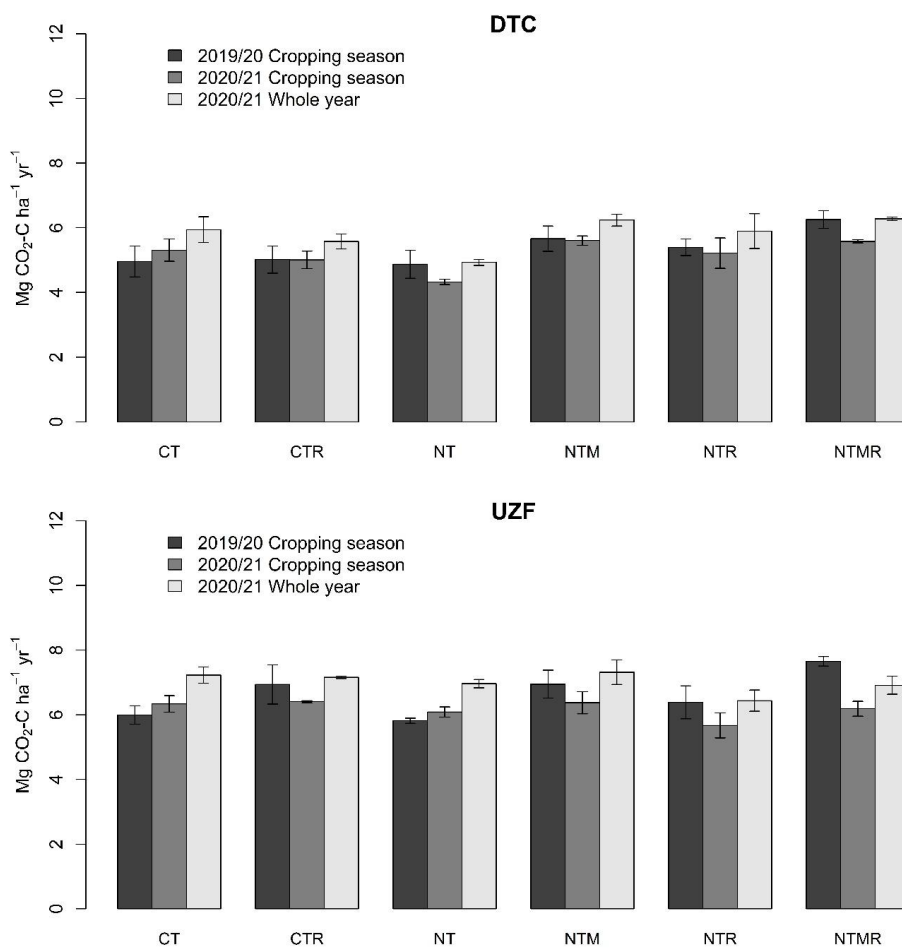
440 **Figure 4:** Estimated cumulative organic carbon (OC) inputs to the soil from the 2013/14 to the  
441 2020/21 cropping season for the different treatments at the Domboshava Training Centre (DTC)  
442 and the University of Zimbabwe Farm (UZF) experimental sites. Error bars represent standard  
443 errors ( $n = 4$ ) for the cumulative OC. CT: conventional tillage, CTR: conventional tillage with  
444 rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-tillage with rotation, NTMR:  
445 no-tillage with mulch and rotation, ABG: aboveground biomass.



446

447 **Figure 5:** Daily CO<sub>2</sub>-C fluxes during the 2019/2020 (orange) and 2020/21 (black) seasons for  
 448 the different treatments at Domboshava Training Centre (DTC) and University of Zimbabwe  
 449 Farm (UZF) experimental sites. Solid and dotted lines represent fluxes measured in the maize  
 450 intra-row and inter-row spaces respectively; CT: conventional tillage, CTR: conventional tillage  
 451 with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-tillage with rotation, NTMR:  
 452 no-tillage with mulch and rotation, S = sowing and H = harvesting.





453

454 **Figure 6:** Cumulative total CO<sub>2</sub>-C emissions for the different treatments in the 2019/20  
455 cropping season, the 2020/21 cropping season, and the whole year (2020/21) at Domboshava  
456 Training Centre (DTC) and University of Zimbabwe Farm (UZF). Bars represent standard  
457 errors (N = 4). CT: conventional tillage, CTR: conventional tillage with rotation, NT: no-  
458 tillage, NTM: no-tillage with mulch, NTR: no-tillage with rotation, NTMR: no-tillage with  
459 mulch and rotation.

460



461 **4. Discussion**

462 **4.1 SOC distribution across soil depth**

463 Cumulative SOC stocks for the whole soil profile (0-100 cm) for this study were at least 8.0,  
464 4.0 and 2.0 times higher than the 0-5 (surface soil), 0-15 (tillage depth for the study) and 0-30  
465 (IPCC standard depth for SOC studies), for the two sites, respectively. This means that, > 50  
466 % SOC stocks for this study were in the sub-soil (30-100 cm) which reflects on the importance  
467 of sub-soil SOC stocks. Significant SOC stocks in the sub-soil have also been reported by other  
468 authors (Balesdent et al., 2018; Cardinael et al., 2015; Harrison et al., 2011; Lal, 2018; Yost &  
469 Hartemink, 2020). Significant treatment effects were restricted to the top 30 cm in our study as  
470 well as other studies in SSA (Dube et al., 2012; Powlson et al., 2016) and the world at large  
471 (Balesdent et al., 2018; Yost & Hartemink, 2020), which is most likely why the default soil  
472 depth for IPCC for SOC studies is 0-30 cm (IPCC, 2019). However, this underestimates whole  
473 soil profile C storage (Harrison et al., 2011; Lorenz & Lal, 2005; Singh et al., 2018) and hence  
474 the need to consider depth differentiated assessments of whole soil profiles when monitoring  
475 SOC changes in agricultural ecosystems if long term SOC storage is to be effective in the  
476 pursuit of climate change mitigation (Malepfane et al., 2022). The differentiated soil depth  
477 assessments of SOC also show soil depth sections that are sensitive to disturbance (tillage) and  
478 OC inputs through above-, below-ground biomass and organic soil fertility amendments like  
479 manure and compost. SOC mineralization is relatively low in the sub-soil due to lack of oxygen  
480 and physical protection of SOC (aggregate protected C) (Button et al., 2022; Rumpel et al.,  
481 2012; Sanaullah et al., 2016; Shumba et al., 2020). Therefore, crop varieties with deep rooting  
482 systems are encouraged to be developed in the pursuit of increasing subsoil OC inputs through  
483 root mortality and exudates.

484



485 **4.2 Cumulative SOC stocks and accumulation rates**

486 Significant changes in SOC stocks and accumulation rates were restricted to the top 20 cm at  
487 both sites below which there were no differences between treatments (Table 2). The  
488 consistently low SOC stocks under NT, CT and CTR and SOC accumulation rates (CTR and  
489 NT) at both sites was attributed to low OC inputs (Table S4, Figure 4). NT and CT had  
490 generally low yields in terms of grain and vegetative aboveground biomass (Mhlanga et al.,  
491 2021; Shumba et al., 2022) since the establishment of the experiment in the 2013/14 season  
492 hence low OC inputs through stubble, root mortality and root exudates. Our results dovetails  
493 with studies done elsewhere (Abdalla et al., 2016; Du et al., 2017; Koga & Tsuji, 2009) and  
494 meta-analyses and reviews (Corbeels, Cardinael, et al., 2020; Lal, 2015, 2018) where the  
495 authors found that NT alone does not significantly improve SOC. However, higher SOC stocks  
496 were observed when NT was combined with at least two CA principles (mulching and rotation)  
497 at DTC in the top 20 cm (Table 1). It has been reported that NT cropping systems does not  
498 necessarily add SOC but their contribution to SOC accumulation is largely accomplished by  
499 increasing C inputs in the top layers and reducing erosion through minimum soil disturbance  
500 (Bai et al., 2019; Lal, 2015, 2018; Six et al., 2000). Thus, NT without mulch is a nonentity  
501 compared to other combinations of CA principles for long-term sustainability in cropping  
502 systems (Bohoussou et al., 2022; Kodzwa et al., 2020; Li et al., 2020; Mhlanga et al., 2021;  
503 Nyamangara et al., 2013) and NT is only effective in increasing SOC stocks when it is  
504 associated with other CA principles, especially mulch.

505 On the other hand, our study suggest that NT can achieve the same results of SOC storage as  
506 NTR and NTMR since they had similar SOC stocks at UZF. This can be explained by the low  
507 aboveground OC inputs in rotation treatments during the season when cowpeas were grown.  
508 Therefore, the differences in the response to SOC changes and accumulation rates to the



509 treatments in this study, where NT and CTR had the lowest SOC accumulation rates at DTC  
510 and UZF respectively, suggests that SOC storage is, as expected, site specific.

511 Legume rotations have been found to improve SOC accumulation rates and subsequent soil  
512 structural improvement (aggregation) induced by the addition of organic residues with  
513 favourable C/N ratio (Jephitha et al., 2023; Laub et al., 2023; Virk et al., 2022). However, in our  
514 study, cowpea rotation benefits on SOC accumulation rates were not observed in comparison  
515 to monocropping under NTM at DTC. Nevertheless, benefits from cowpea rotation under NT  
516 cropping systems (NTR, NTMR) compared to CT cropping systems (CTR) were significant,  
517 albeit only in the top 10 cm, at UZF; CTR had a net loss of SOC ( $-0.07 \pm 0.04$  to  $0.03 \pm 0.03$   
518  $\text{Mg C ha}^{-1} \text{ yr}^{-1}$ ). In addition to low OC inputs (Figure 4), the net SOC loss in CTR was due to  
519 seasonal exposure to oxidative losses (SOC mineralization) through disruption of soil  
520 macroaggregates by tillage as alluded by Bai et al., (2019); Cambardella and Elliott, (1993)  
521 and Lal, (2018).

522 Overall, the insignificant differences in cumulative SOC stocks and SOC accumulation / loss  
523 rates between the different cropping systems in this and other studies (Laura et al., 2022; Leal  
524 et al., 2020) when considering whole soil profile (0-100 cm) is alluded to the dilution effect  
525 due to low OC inputs beyond 30 cm. Organic C inputs in the subsoil ( $> 30$  cm) through crop  
526 root mortality and root exudates are highly reduced due to low root biomass (Button et al.,  
527 2022; Chikowo et al., 2003). Several authors have also reported similar cumulative SOC stocks  
528 for soil profile depth  $> 30$  cm between different tillage and residue management practices  
529 (Angers et al., 1997; Doran et al., 1998; Lal, 2015; Powlson et al., 2014). This can be alluded  
530 to an accumulation of uncertainty when cumulating SOC stocks in several soil layers with their  
531 respective error of measurement, which complicates the task of detecting statistically  
532 significant differences even where such differences exist (Kravchenko & Robertson, 2011).



533 Kravchenko and Robertson, (2011) bemoaned the lack of enough replication when sampling  
534 deep soil horizons to reduce variability and the importance of post hoc power analysis to reduce  
535 Type II error.

536

### 537 **4.3 Role of soil texture in SOC accumulation**

538 Soil texture is widely recognized to influence SOC stocks (Sun et al., 2020) through physical  
539 and chemical protection of SOC against microbially mediated decomposition (Chivenge et al.,  
540 2007; Mtambanengwe et al., 2004). In our study, the main difference between the two study  
541 sites is soil texture in the top soil (0-30 cm), where DTC had light textured (sandy loams) soils  
542 and UZF had medium to heavy textured (sandy-clay-loams) soils (Figure 1). These soil textural  
543 differences explain why there were no differences in SOC stocks, changes and accumulation  
544 rates between NTM, NTR and NTMR at DTC regardless of higher cumulative OC inputs in  
545 NTM and NTMR (Figure 4). The direct SOC inputs in the top soil, where SOC was more  
546 concentrated (Table S2, Figure 3) was subject to mineralization because of low clay content  
547 and thus low protection by soil micro-aggregates (Chivenge et al., 2007; Mtambanengwe et al.,  
548 2004; Sun et al., 2020), such that the differences in OC inputs had little effect. Light textured  
549 soils have large pores which cannot protect SOC against microbial decomposition  
550 (Christensen, 1987; Kravchenko & Guber, 2017; Mtambanengwe et al., 2004; Sun et al., 2020).  
551 In contrast, there were differences between NTM and NTR at UZF in the top soil layers and  
552 intermediate between NTM and NTMR. Cumulative OC inputs in NTMR (12.4 Mg C ha<sup>-1</sup>)  
553 were about 75 % of cumulative OC inputs in NTM (16.2 Mg C ha<sup>-1</sup>) (Figure 4) after 8 seasons.  
554 The added C, especially from maize stover mulch, most likely was protected by clay particles  
555 as well as formation of organo-mineral complexes (Chivenge et al., 2007; Jephitha et al., 2023;



556 Malepfane et al., 2022) which protects SOC from mineralization (Button et al., 2022; Dunjana  
557 et al., 2012; Rumpel et al., 2012; Sanaullah et al., 2016; Shumba et al., 2020).

558

#### 559 **4.4 Soil CO<sub>2</sub> fluxes and cumulative CO<sub>2</sub> emissions**

560 Despite the higher OC inputs in NT cropping systems with mulch, CO<sub>2</sub> fluxes and cumulative  
561 emissions were similar between treatments. This is attributed to the fact that the CO<sub>2</sub> fluxes in  
562 this study were the sum of autotrophic and heterotrophic respiration (Heinemeyer et al., 2007);  
563 hence possible treatment effects on heterotrophic respiration were most likely masked. Maize  
564 root respiration (autotrophic respiration) has been shown to contribute an average of about 45  
565 % (Hao and Jiang, 2014) to total soil respiration (heterotrophic and autotrophic respiration). In  
566 contrast to other studies (Carbonell-Bojollo et al., 2019; Chatskikh and Olesen, 2007;  
567 McDonald et al., 2019; O'Dell et al., 2020), no higher fluxes and emissions were observed  
568 following top soil disturbance in the CT treatments (Figures 5 and 6). This was attributed to  
569 low SOC stocks in CT treatments in the top 15 cm which was the plough depth in this study.

570

#### 571 **5. Conclusions**

572 Our study has shown the overarching importance of combining at least two CA principles to  
573 improve top SOC stocks. Mulching under no tillage system (NTM) improves SOC stocks in  
574 the top soil though the same can be achieved by the full CA (NTMR), or no tillage plus rotation  
575 (NTR) cropping system on a sandy soil. The absence of tillage alone (NT) could not increase  
576 SOC stocks, and even lead to a slight decrease compared to CT, due to lower crop productivity  
577 in NT and therefore reduced OC inputs to the soil. Nevertheless, whole profile (0-100 cm) SOC  
578 stocks was the same between all the treatment. Our study also showed that sampling the entire



579 soil profile is necessary for a more accurate view of SOC accumulation potential among  
580 different cropping systems.

581

## 582 **6. Author contributions**

583 CT designed, established and maintained the experiments since 2013,  
584 AS, RCa, RCh were involved in various gas and soil sampling campaigns; JS was involved in  
585 laboratory analysis of gas samples,  
586 AS, RCa performed the statistical analyses, graphics and drafting the manuscript,  
587 AS, RCa, RCh, MC, JS, CT reviewed and edited the manuscript

588

## 589 **7. Competing interests**

590 One of the co-authors is a member of the editorial board of the SOIL journal. The other authors  
591 have no competing interests to declare.

592

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606

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