

1 **Mulch application as the overarching factor explaining increase in soil organic carbon**
2 **stocks under conservation agriculture in two 8-year-old experiments in Zimbabwe**

3 Armwell Shumba^{a,b,c*}, Regis Chikowo^{a,d}, Christian Thierfelder^e, Marc Corbeels^{f,g}, Johan Six^h,
4 Rémi Cardinael^{a,b,f}

5 ^aDepartment of Plant Production Sciences and Technologies, University of Zimbabwe, Harare,
6 Zimbabwe

7 ^bCIRAD, UPR AIDA, Harare, Zimbabwe

8 ^cFertilizer, Farm Feeds and Remedies Institute, Department of Research and Specialist
9 Services, Ministry of Lands, Agriculture, Fisheries, Water and Rural Development, Harare,
10 Zimbabwe

11 ^dPlant, Soil and Microbial Sciences Department, Michigan State University, East Lansing, MI
12 48824, USA

13 ^eInternational Maize and Wheat Improvement Center (CIMMYT), P.O. Box MP 163, Mount
14 Pleasant, Harare, Zimbabwe

15 ^fAIDA, Univ Montpellier, CIRAD, Montpellier, France

16 ^gIITA, International Institute of Tropical Agriculture, PO Box 30772, Nairobi, 00100, Kenya

17 ^hDepartment of Environmental Systems Science, ETH Zurich, 8092 Zürich, Switzerland

18 * Corresponding author. Email: armwellshumba123@gmail.com

19

20

21

22

23

24

25

26 **Abstract**

27 Conservation agriculture (CA), combining reduced or no tillage, permanent soil cover and
28 improved rotations, is often promoted as a climate-smart practice. However, our understanding
29 about the impact of CA and its respective three principles on top and sub-soil organic carbon
30 (SOC) stocks in low input cropping systems of sub-Saharan Africa is rather limited. The study
31 was conducted at two long-term experimental sites established in 2013 in Zimbabwe. The soil
32 types were abruptic Lixisols at Domboshava Training Centre (DTC) and xanthic Ferralsol at
33 the University of Zimbabwe farm (UZF). Six treatments, replicated four times were
34 investigated: conventional tillage (CT), conventional tillage with rotation (CTR), NT, no-
35 tillage with mulch (NTM), no-tillage with rotation (NTR), no-tillage with mulch and rotation
36 (NTMR). Maize (*Zea mays* L.) was the main crop and treatments with rotation included cowpea
37 (*Vigna unguiculata* L. Walp.). SOC concentration and bulk density were determined for
38 samples taken from the 0-5, 5-10, 10-15, 15-20, 20-30, 30-40, 40-50, 50-75 and 75-100 cm
39 depths. Cumulative organic inputs to the soil were also estimated in all treatments. SOC stocks
40 at equivalent soil mass were significantly ($p < 0.05$) higher under NTM, NTR and NTMR
41 compared to NT and CT in top 5 and 10 cm layers at UZF, while SOC stocks were only
42 significantly higher under NTM and NTMR compared to NT and CT in top 5 cm at DTC. NT
43 alone had a slightly negative impact on top SOC stocks. Cumulative SOC stocks were not
44 significantly different between treatments when considering the whole 100 cm soil profile. Our
45 results showed the overarching role of crop residue mulching in CA cropping systems in
46 enhancing SOC stocks but that this effect was limited to the topsoil. The highest cumulative
47 organic carbon inputs to the soil were observed in NTM treatments at the two sites, and this
48 could probably explain the positive effect on SOC stocks. Our results also showed that the
49 combination of at least two CA principles including mulch is required to increase SOC stocks
50 in these low nitrogen input cropping systems.

51 **Key words:** organic inputs, climate change mitigation, climate-smart agriculture, deep soil
52 organic carbon, sustainable intensification

53

54 **1. Introduction**

55 Soil organic carbon (SOC) is an important determinant of soil fertility, productivity and
56 sustainability, and is a useful indicator of soil quality in tropical agricultural systems where
57 nutrient poor and highly weathered soils are managed with little external inputs (Lal, 1997;
58 Feller and Beare, 1997; Chivenge et al., 2007). Therefore, rebuilding depleted SOC stocks in
59 such soils holds potential to contribute to climate change mitigation (Bossio et al., 2020;
60 Minasny et al., 2017; Swanepoel et al., 2016) through sustainable management of agricultural
61 soils (Paustian et al., 2016; Dignac et al., 2017).

62 Conservation agriculture (CA), based on minimum soil disturbance, crop residue retention and
63 crop rotation, has been known to improve surface SOC, with beneficial effects on soil
64 functioning such as improved water infiltration (Thierfelder and Wall, 2012, 2009) and better
65 aggregate stability (Six et al., 1999; Thierfelder and Wall, 2012). The potential of CA to
66 increase SOC stocks and thereby mitigate climate change has, however, been much debated
67 (Corbeels et al., 2020a) but the general understanding is that, this potential is relatively low
68 (Du et al., 2017; Powlson et al., 2014, 2016; Cheesman et al., 2016; Corbeels et al., 2020a). In
69 fact, soil C storage has often been over-estimated for CA due to shallow soil sampling.
70 Compared to conventional tillage systems, no-tillage redistributes SOC in the soil profile, with
71 higher concentrations in the topsoil but potentially lower concentrations below, which can
72 result in no differences in whole profile SOC stocks between no-tillage and conventional tillage
73 (Angers and Eriksen-Hamel, 2008). However, this lack of significant differences in many

74 studies assessing whole profile SOC stocks suffer from not enough statistical power to
75 accurately assess the potential significant SOC changes (Kravchenko and Robertson, 2011).

76 CA can potentially build SOC in deeper soil layers from e.g. the use of cover crops with more
77 extended root systems (Kell, 2011; Thorup-Kristensen et al., 2020; Yang et al., 2023).
78 However, proper soil sampling strategies, to account for both topsoil and subsoil (> 30 cm
79 depth) SOC stocks must, therefore, be prioritized. Soil sampling has often been limited to the
80 top soil plough layer (0-30 cm) in the past two decades (Dube et al., 2012; Powlson et al., 2016;
81 Patra et al., 2019; Yost and Hartemink, 2020), where SOC concentrations, root densities
82 (Chikowo et al., 2003) and microbial activities (Mtambanengwe et al., 2004) are generally
83 largest (Rumpel et al., 2012) and which is the minimum default soil depth recommended by
84 the Intergovernmental Panel for Climate Change (IPCC, 2019). In a meta-analysis of SOC
85 stocks in the top 1 m of soils, Balesdent et al. (2018) found that soils below 0.3 m contain on
86 average 47 % of total SOC stock in the 1 m soil depth and accounts for 19 % of the SOC that
87 has been recently incorporated. Therefore, focusing on topsoil only, could underestimate the
88 potential of agricultural management practices to store SOC (Cardinael et al., 2015). In turn,
89 this can give wrong conclusions on the climate change mitigation potential of agricultural
90 management practices.

91 There have been many studies on the effects of CA on crop productivity and soil health benefits
92 (Corbeels, Naudin, et al., 2020; Kimaro et al., 2016; Mhlanga et al., 2022a; Swanepoel et al.,
93 2018; Thierfelder et al., 2015, 2017; Thierfelder & Mhlanga, 2022), and other studies have
94 fuelled the debate on CA practicality and adoption in SSA (Giller et al., 2009, 2015; Kassam
95 et al., 2019). However, the effects of CA on SOC dynamics has not been widely investigated
96 in SSA. Thierfelder et al., (2017) have alluded to the fact that, data on climate change mitigation
97 potential of CA in southern Africa is scanty hence the need for more research to better quantify

98 the mitigation effects of CA as a climate-smart technology. It has also been observed that
99 depending on the socio-economic and biophysical conditions, farmers may find it easier to
100 adopt certain CA principles and/or their different combinations (Mbanyele et al., 2021;
101 Baudron et al., 2012), although this also opened up new debates (Thierfelder et al., 2018).
102 Therefore, in this study, the focus was on the individual versus combined effects of CA
103 principles (no-tillage, crop residue retention, crop rotation) on SOC stocks.

104 As changes in SOC stocks take time to be detected, long-term experiments are crucial, but are
105 rare, especially in Africa (Bationo et al., 2013; Cardinael et al., 2022; Powlson et al., 2016;
106 Thierfelder and Mhlanga, 2022). This study was conducted on two long-term experiments
107 established in 2013 in Zimbabwe. We hypothesized that the full combination of CA
108 components would be associated with higher increases of SOC stocks than adoption of only
109 one component, and that this increase would mainly be due to increased C inputs to the soil
110 and minimum soil disturbance. However, C inputs due to crop rotation might be indirect and
111 we therefore hypothesise that the productivity of the crops is enhanced due to reduction on
112 biotic pressure (pests and diseases), and therefore C inputs to the soil might be increased too.
113 Secondly, cereals in a cereals-legumes rotations tend to benefit from added soil nitrogen
114 through biological nitrogen fixation by the preceding legume crop hence more productivity.
115 The third hypothesis is that crop diversification enhances soil biological processes via different
116 root systems, and enhanced microfauna diversity and/or abundance (e.g. mycorrhizae) that
117 could improve aggregate stability and therefore physical protection of soil carbon. Lastly, high
118 quality residues (from the legume crop) have been shown to be preferentially stabilized in the
119 soil due to a higher carbon use efficiency of soil microbes (Cotrufo et al., 2013; Kopittke et al.,
120 2018).

121

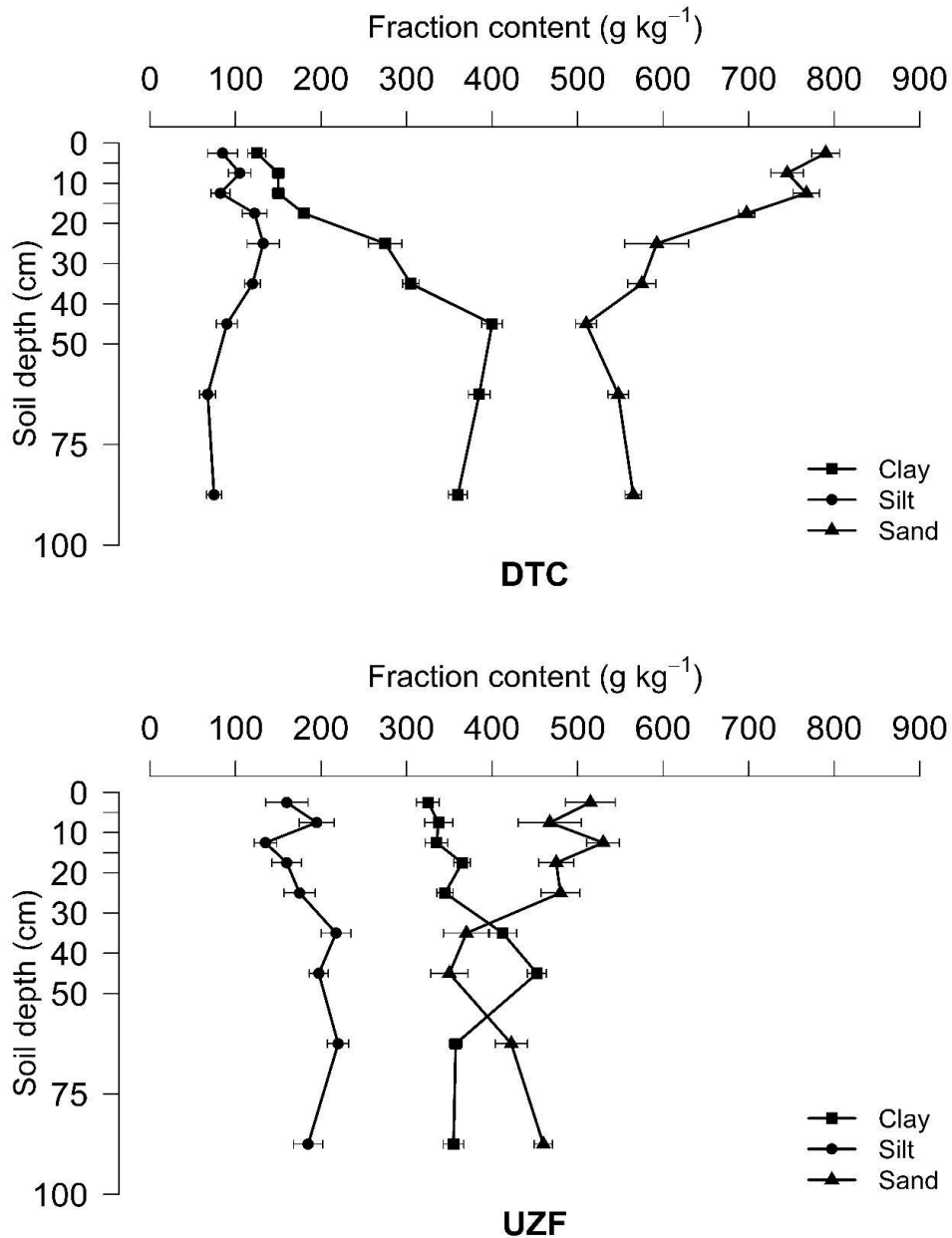
122 2. Materials and methods

123 2.1 Study sites

124 The study was conducted at two long-term experimental sites established in November 2013
125 by CIMMYT. The site at the University of Zimbabwe Farm (UZF) is located about 12 km north
126 of Harare city centre (31° 00' 48" E; 17° 42' 24" S), while the site at the Domboshava Training
127 Centre (DTC) is located about 30 km north-east of Harare (31° 07' 33" E; 17° 35' 17" S). UZF
128 soils are dolerite-derived xanthic *Ferralsols* (FAO classification) and are medium-textured
129 sandy clay loams (34 % clay) in the top 20 cm with a subsoil (20-40 cm) of slightly higher clay
130 content (38 %). DTC soils are granite-derived abruptic *Lixisols* (FAO classification) and are
131 light-textured sandy loams (15 % clay) in the 0-20 cm layer, overlying abruptly a heavier-
132 textured subsoil (20-40 cm) of 30 % clay (Figure 1).

133 The two study sites have a sub-tropical climate with cool, dry winters and hot, wet summers
134 with mean annual minimum and maximum temperatures of 12°C and 25°C, respectively
135 (Mapanda et al., 2010). The rainy season starts in November and tails off in March with a mean
136 annual rainfall of 826 and 814 mm at UZF and DTC, respectively (Mhlanga, et al., 2022b).
137 Cumulative seasonal rainfall in 2019/20 (474 mm) was almost half of rainfall received in the
138 2020/21 season (932 mm) at DTC (Shumba et al., 2023b). At UZF, cumulative seasonal rainfall
139 was 551 mm and 637 mm in the 2019/20 and 2020/21 cropping seasons. On average, minimum
140 and maximum temperatures were 16.9 and 28.1 °C in 2019/20 and 15.5 and 27.2 °C in 2020/21
141 at DTC and 15.5 and 28.6 °C in 2019/20 and 15.3 and 27.5 °C in 2020/21 cropping season at
142 UZF.

143



144 **Figure 1.** Soil texture to 1 m soil depth at the DTC (top) and UZF (bottom) sites in Zimbabwe.

146 Error bars represent standard errors (N = 4).

147

148 **2.2 Experimental treatments and crop management**

149 Two identical experiments were set up at the study sites and treatments were maintained every
 150 season since November 2013. The experiments were set up in a randomised complete block

151 design (RCBD) with eight treatments replicated in four blocks. However, in this study we
152 investigated only six of these treatments. All crop residues were removed soon after harvesting
153 in all treatments, stored and then applied prior to planting in treatments with mulch. The six
154 treatments in our study were:

- 155 i. Conventional tillage (CT) – land preparation was done through digging with a hand hoe
156 and maize (*Zea mays* L.) was sown as a sole crop in rip lines that were created
157 afterwards using an animal-drawn Magoye ripper (a traditional plough with the
158 mouldboard replaced with a ripper tine) at DTC, and in planting basins (approximately
159 10 cm diameter and 10 cm depth) created using a hand hoe at UZF.
- 160 ii. Conventional tillage with rotation (CTR) – land preparation was done as in the CT
161 treatment and maize was rotated with cowpea (*Vigna unguiculata* L.).
- 162 iii. No-tillage (NT) – sole maize was sown in rip lines created using an animal-drawn
163 Magoye ripper (no further soil disturbance was done) at DTC, and in planting basins
164 (approximately 15 cm diameter and 15 cm depth) created using a hand hoe at UZF.
- 165 iv. No-tillage with mulch (NTM) – maize was sown as in the NT treatment and maize
166 residues from the previous season were applied on the soil surface between maize
167 rows at planting at a rate of 2.5 t DM ha⁻¹.
- 168 v. No-tillage with rotation (NTR) – maize was sown in rip lines and rotated with cowpea.
- 169 vi. No-tillage with mulch and rotation (NTMR) – maize was sown in rip lines and rotated
170 with cowpea and maize residues were applied on the soil surface between maize rows
171 at planting at a rate of 2.5 t DM ha⁻¹.

172 Crop residues were removed every year after harvest and weighed in again to maintain the
173 exact 2.5 t ha⁻¹ residue weight year after year. There was a total of 24 plots at each site which
174 were 6 m wide and 12 m long (72 m²). Treatments with rotation (CTR, NTR, NTMR) were

175 split into 6 m wide and 6 m long (36 m²) subplots where maize and cowpea were grown
176 interchangeably every season (maize was sown on one side of the plot while cowpea on the
177 other side).

178 The inter-row spacing was 90 cm and 45 cm for maize and cowpea, respectively, and the in-
179 row spacing was 25 cm for both crops which translated to 44,444 and 88,888 plants ha⁻¹,
180 respectively. Three seeds were planted per planting station and thinned to one after emergence.
181 Basal dressing of nitrogen (N), phosphorus (P) and potassium (K) was applied within 5 cm of
182 the seeds in the form of compound fertilizer for both maize and cowpea at 11.6 kg N ha⁻¹, 10.6
183 kg P ha⁻¹ and 9.6 kg K ha⁻¹, respectively. Nitrogen top dressing to maize only, was applied at
184 4 and 8 weeks after emergence (WAE) in two equal splits of 23.1 kg N ha⁻¹ each, as ammonium
185 nitrate when soil moisture was adequate. However, in the 2019/20 cropping season at both sites
186 and in the 2020/21 cropping season at UZF, the first N top dressing was delayed by an average
187 of 4.5 and 2.0 weeks, respectively, due to mid-season dry spells. Ammonium nitrate was side
188 dressed within 5 cm of the maize stems. Glyphosate [N-(phosphono-methyl) glycine], a pre-
189 emergent non-selective herbicide was applied at 1.025 L active ingredient ha⁻¹ soon after
190 sowing to control weeds. This was followed by manual hoe weeding whenever weeds reached
191 a maximum of 10 cm height or 10 cm in diameter for stoloniferous weeds to achieve a weed
192 clean field. More details about the experiment can be found in Shumba et al., (2023b) and
193 Mhlanga et al., (2022a).

194

195 **2.3 Soil sampling for bulk density determination and soil organic carbon analysis**

196 Soil sampling was done in May 2021 at both sites. For each treatment and replicate, two
197 sampling points in the maize rows and two sampling points in the middle of the inter-rows

198 were randomly selected. The two samples from the rows were pooled into one sample per
199 depth, similarly to the two samples taken in the inter-rows. The following nine depth
200 increments were considered for both SOC and bulk density (BD) measurements: 0-5, 5-10, 10-
201 15, 15-20, 20-30, 30-40, 40-50, 50-75 and 75-100 cm. Undisturbed soil samples using a metal
202 cylinder (5 cm diameter and 5 cm height) were taken from the following depth ranges 0-5, 5-
203 10, 10-15, 15-20 and 20-30 cm for both SOC and BD measurements. A motorized, hand-held
204 soil corer, with an inside diameter of 10 cm, was used to take samples for the 30-40, 40-50, 50-
205 75 and 75-100 cm depths for SOC analysis from the same positions where undisturbed samples
206 were taken. As no significant differences in BD were found below 20 cm between the different
207 treatments at the two sites (see results section) and to avoid too much destruction of the
208 experimental plots, two soil pits were opened at the edges of the experimental plots (also
209 cropped with maize since 2013) at each site to take BD samples for the 30-40, 40-50, 50-75
210 and 75-100 cm depths. As a result, BD below 30 cm depth was assumed the same across the
211 treatments.

212 Soil samples were crumbled and fresh weight was determined using a field scale. Soil moisture
213 was determined on a sub-sample by drying it in an oven at 105°C for 48 hours. All samples
214 were then air-dried and sieved through a 2 mm sieve to determine the mass proportion of coarse
215 soil (> 2 mm) as a fraction of the whole sample. Bulk density (BD) was determined by dividing
216 the dry mass of soil by the volume of the cylinder. Subsamples from the ≤ 2 mm soil fraction
217 were grinded to < 200 μm for SOC analysis. SOC was analysed in the ISO9001:2015-certified
218 IRD LAMA's laboratory in Dakar by dry combustion on 100-mg aliquots of soil (ground to <
219 200 μm) using a CHN elemental analyser (Thermo Finnigan Flash EA1112, Milan, Italy).

220

221 **2.4 Soil organic carbon stocks calculation**

222 The mass proportion of the coarse fraction (> 2 mm) was removed to calculate SOC stocks.
223 The equivalent soil mass (ESM) approach was used to determine SOC stocks to avoid
224 systematic bias in SOC calculation when using the fixed depth method (Ellert and Bettany,
225 1995; Wendt and Hauser, 2013; von Haden et al., 2020). We defined reference soil mass
226 profiles for each site, based on the lowest cumulative soil mass obtained for each replicate. For
227 these references, cumulative soil mass layers were 0-650, 650-1340, 1340-2060, 2060-4160,
228 4160-5590, 5590-7040, 7040-10550, 10550-13770 Mg soil ha⁻¹ at DTC and 0-460, 460-870,
229 870-1330, 1330-1840, 1840-2760, 2760-4030, 4030-5300, 5300-8190, 8190-11050 Mg soil
230 ha⁻¹ at UZF, which roughly corresponded to soil depth layers of 0-5, 5-10, 10-15, 15-20, 20-
231 30, 30-40, 40-50, 50-75, 75-100 cm, respectively. SOC stocks were calculated on the basis of
232 the same soil mass as the reference profile but different soil depth layers which varied by < 1.5
233 and < 0.6 cm at DTC and UZF, respectively. As mulch was only applied between maize rows,
234 and fertilizer was only applied on maize rows, it was estimated that the row and interrow space
235 represented 22 and 78 % respectively, hence SOC calculations were weighted accordingly
236 (Shumba et al., 2023b). Change in cumulative SOC stock between treatments for a given soil
237 depth was determined using the CT treatment as the reference treatment:

$$238 \Delta SOC \text{ stock} = SOC \text{ stock}_{treatment(i)} - SOC \text{ stock}_{CT(i)}, \text{ (Equation 1)}$$

239 where $SOC \text{ stock}_{treatment}$ is the cumulative SOC stock per treatment (CTR, NT, NTM, NRT,
240 NTMR) at a given soil layer and (*i*) representing 0-5, 0-10, 0-15, 0-20, 0-30, 0-40, 0-50, 50-
241 75, 75-100 cm.

242 SOC accumulation or loss rates (kg C ha⁻¹ yr⁻¹) were calculated by dividing the change in
243 stocks by the number of years between the establishment of the experiment and the time of soil
244 sampling (8 years):

245 $SOC\ accumulation/loss\ rate = \frac{\Delta SOC\ stocks}{8} \times 1000$, (Equation 2)

246

247 **2.5 Estimation of organic carbon inputs to the soil**

248 Maize and cowpea yield and aboveground biomass were measured since the inception of the
249 experiment, except for cowpea during the 2013/14 season. This data gap was filled by using
250 the average cowpea yield and aboveground biomass values across seasons (from 2013/14 to
251 2020/21). We assumed that 5 % of the maize aboveground vegetative biomass remained in the
252 field because maize stalk slashing at harvesting did not remove the whole stem. A root:shoot
253 ratio of 0.16 and 0.06 for maize and cowpea, respectively (Amos and Walters, 2006; Kahn and
254 Schroeder, 1999; Kimiti, 2011) was used to estimate the contribution of roots to organic C
255 inputs to the soils. Organic C input contribution from weeds was assumed insignificant since
256 there was effective control of weeds through the use of pre-emergence herbicide (glyphosate)
257 and timely manual weeding throughout the cropping season. We also assumed that the relative
258 amounts of organic C transferred through rhizodeposition was the same for maize and cowpea
259 (i.e. 0.45 x root C biomass (Balesdent et al., 2011) and that the organic C content of all plant
260 parts was 430 g kg⁻¹ (Ma et al., 2018). Cumulative organic C inputs to the soil were then
261 estimated for each treatment (Cardinael et al., 2022).

262

263 **2.6 Data analysis**

264 The full dataset is available in the CIRAD repository (Shumba et al., 2023a). Statistical analyses
265 were performed using R software, version 4.0.0 (R Core Team 2020). Normality was tested by
266 the Kolmogorov-Smirnov test. After confirming that data were normally distributed, analyses of

267 variance (ANOVA) was carried out to establish any significant treatment effects on BD, SOC
268 concentration, and SOC stock. Separation of means was done using the post hoc Tukey test at 5
269 % significance level using the *emmeans* function from the *emmeans* package (Bolker et al.,
270 2009).

271

272 **3. Results**

273 **3.1 Soil bulk density**

274 The different cropping systems (CT, CTR, NT, NTM, NTR, NTMR) had no significant ($p >$
275 0.05) effect on BD across all soil depths except in the 5-10 cm depth in the inter-row at DTC
276 (Figure 2) where BD was on average 5 % lower in the conventional tillage treatments (CT, CTR)
277 than in the no-tillage treatments (NT, NTR). However, soil depth and location (row or inter-row),
278 and the soil depth x location interaction had significant ($p < 0.001$) effects on BD. In the tillage
279 layer (0-15 cm), BD was at least 2 % higher in the inter-rows than in the rows at both sites. In
280 the deeper soil layer (15 – 30 cm), there were no significant ($p > 0.05$) differences. BD for depths
281 below 30 cm were the same across treatments since it was determined from pits outside the
282 experiment. It ranged between 1.47 – 1.51 and 1.47 – 1.49 g cm⁻³ (Table S1) in the subsoil (30 –
283 100 cm layers) at DTC and UZF, respectively.

284

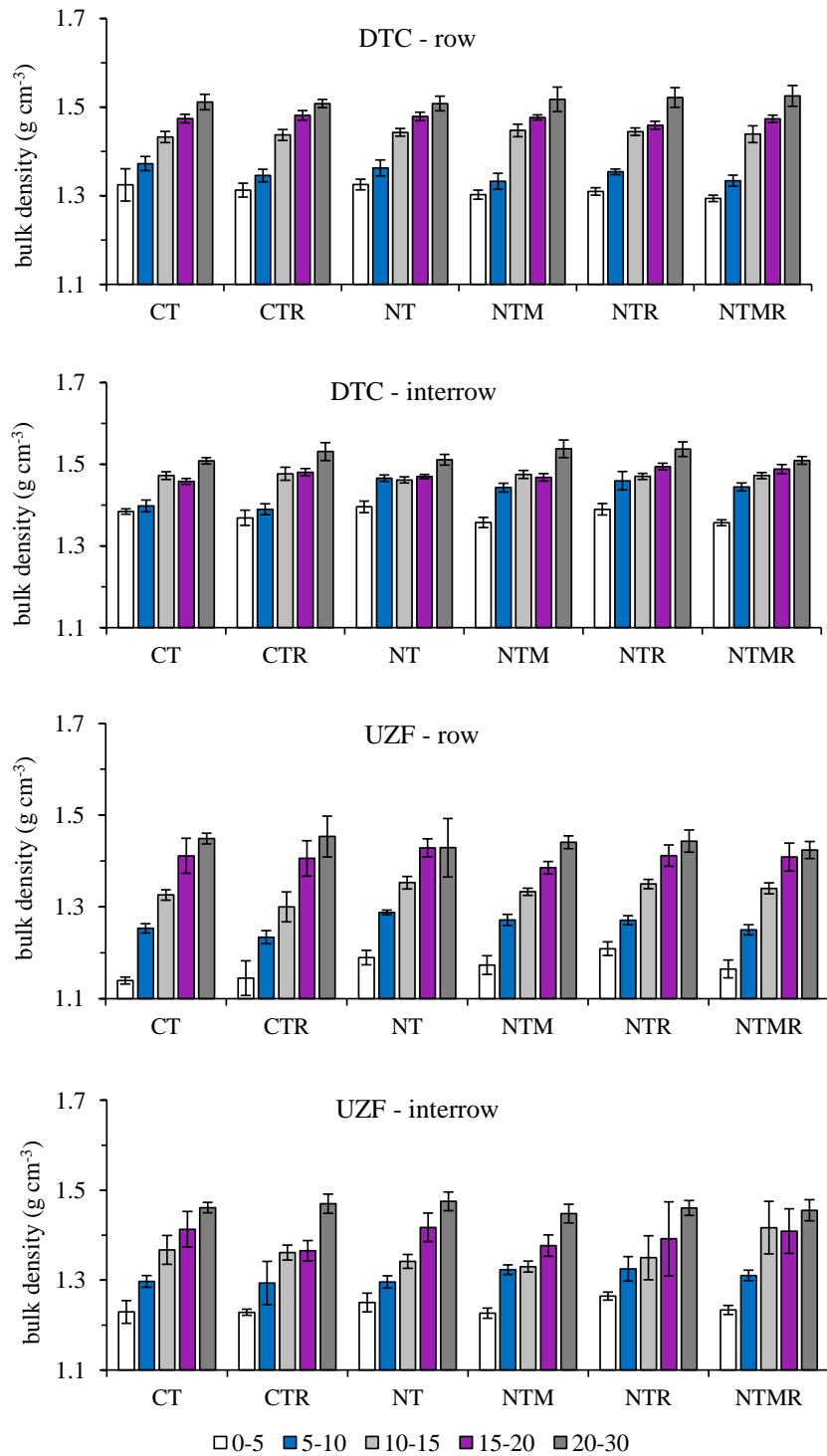
285

286

287

288

289

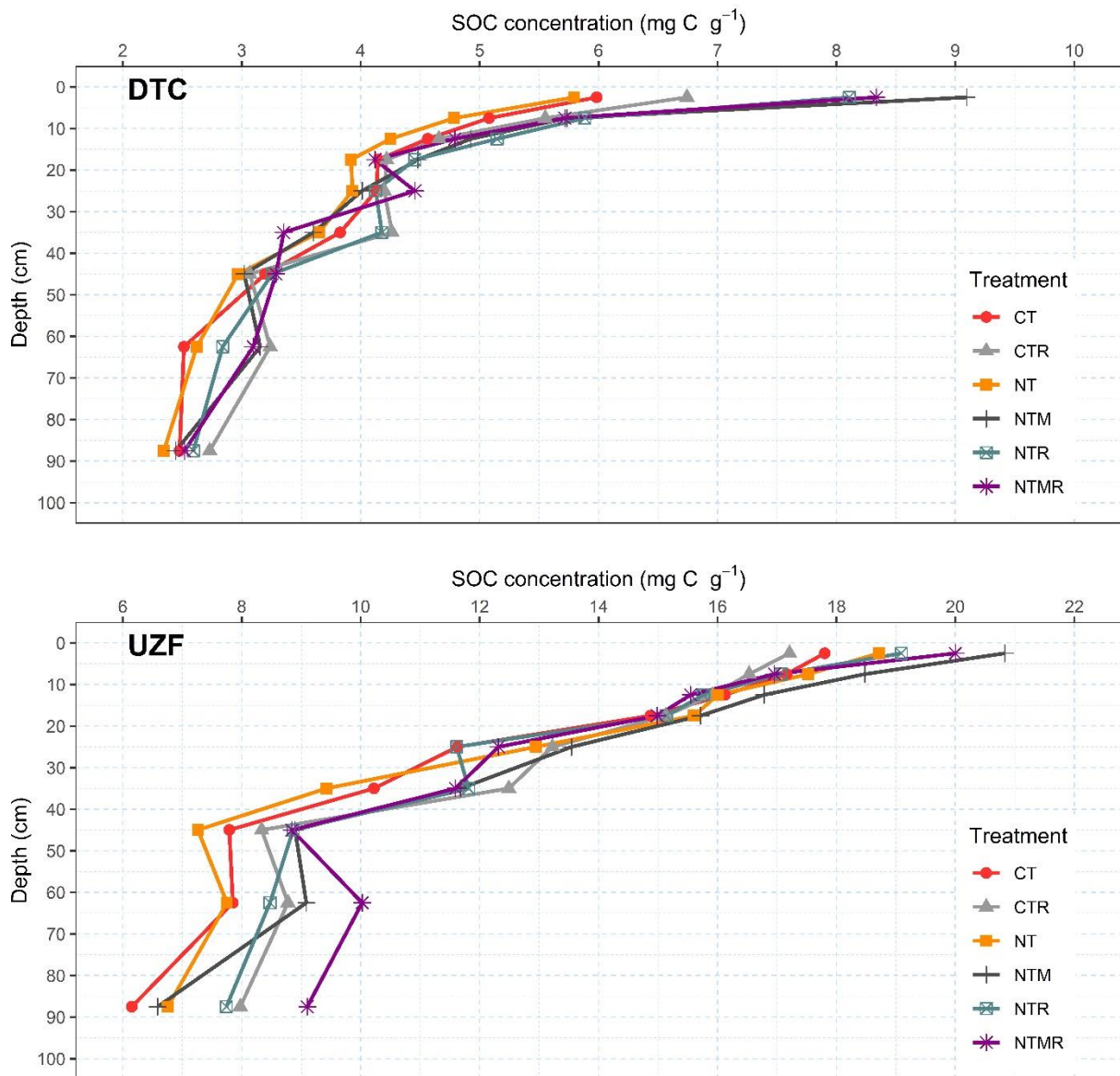


290
 291 **Figure 2.** Top soil bulk density (0-30 cm) at the Domboshava Training Centre (DTC) and
 292 University of Zimbabwe Farm (UZF) experimental sites in Zimbabwe. CT: conventional tillage,
 293 CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-
 294 tillage with rotation, NTMR: no-tillage with mulch and rotation. Error bars represent standard
 295 errors (N = 4).

296 **3.2 SOC concentration**

297 SOC concentration decreased significantly ($p < 0.001$) with soil depth (Figure 3, Table S2) and
298 was highest in the surface soil (0-5 cm) for all treatments (Table S2). There were significant
299 treatment effects in the 0-5 cm ($p = 0.001$) and 5-10 cm ($p = 0.005$) soil layers at DTC and in
300 the 0-5 cm layer ($p < 0.001$) only, at UZF. NTM had significantly ($p < 0.05$) higher SOC
301 concentration compared to conventional tillage treatments (CT, CTR) and NT in the 0-5 cm
302 soil layer at both sites (Figure 3); the increase in SOC concentration ranged between 31 to 46
303 % and 14 to 22 % at DTC and UZF, respectively. However, SOC concentration in NTM was
304 equal ($p > 0.05$) to NTR and NTMR treatments at both sites.

305 In the 5-10 cm soil layer of DTC, SOC concentrations in NTM and NTR were at least 19 %
306 higher ($p = 0.005$) than in NT and CT (Table S2). There were no significant ($p > 0.05$) treatment
307 effects on SOC concentration below 10 cm soil depth at DTC and below 5 cm depth at UZF.



308

309 **Figure 3.** Soil depth distribution of organic carbon concentration for the different experimental
 310 treatments at the Domboshava Training Centre (DTC) and University of Zimbabwe Farm
 311 (UZF) experimental sites in Zimbabwe. Error bars represent standard errors ($N = 4$). CT:
 312 conventional tillage, CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage
 313 with mulch, NTR: no-tillage with rotation, NTMR: no-tillage with mulch and rotation.

314

315

316 3.3 SOC stock

317 There were significant ($p < 0.05$) treatment effects on SOC stocks per soil layer in the top 5 at
318 UZF and 10 cm at DTC (Table S3). Compared to CT, CTR and NT, NTM had at least 1.1 and
319 1.3 times more SOC stocks in the top 5 and 10 cm layers at UZF and DTC, respectively. In
320 terms of cumulative SOC stocks, significant ($p < 0.05$) treatment effects were limited to the top
321 30 cm at DTC and the 20 cm at UZF, where no tillage with mulching (NTM) increased SOC
322 stocks (Table 1). There were no significant ($p > 0.05$) tillage effects on SOC stocks (CT vs NT)
323 for both sites. The rotation component had no significant ($p > 0.05$) effects on SOC stocks
324 when comparing CTR and NTR at DTC. However, the maize-cowpea rotation under NT (NTR)
325 had at least 16 % higher SOC stocks in the top 30 cm compared to NT. In contrast, NTR had
326 at least 7 % more SOC stocks than CTR in the top 10 cm at UZF. Compared to NT and CT,
327 the mulching component significantly ($p < 0.05$) increased SOC stocks by at least 8 % at UZF
328 and 13 % at DTC in the top 20 and 30 cm soil layers, respectively. SOC stocks in the full CA
329 treatment (NTMR) were not significantly ($p > 0.05$) different with the other combinations of
330 CA principles (NTM, NTR) and CTR at DTC. At UZF, the full CA treatment had similar SOC
331 stocks as all the other NT treatments (NT, NTM, NTR).

332 SOC stocks for the whole soil profile for this study (0-100 cm) were at least 8.1, 3.5 and 2.1
333 times higher at DTC and 11.6, 4.4 and 2.4 times higher at UZF than the SOC stocks in the 0-5
334 cm (surface soil), 0-15 cm (tillage depth) and 0-30 cm (IPCC standard depth) layers. SOC
335 stocks for the subsoil (30-100 cm) ranged from 18.4 to 51.4 Mg C ha⁻¹ at DTC and 41.9 to
336 124.9 Mg C ha⁻¹ at UZF. Therefore, subsoil represented more than half (at least 53 % at DTC
337 and 58 % at UZF) of SOC stocks for the whole 100 cm soil profile.

338

Site	Cumulative ESM (Mg ha ⁻¹)	Approximate soil depth (cm)	Cumulative SOC stocks (Mg C ha ⁻¹)								LSD	Significance
			CT	CTR	NT	NTM	NTR	NTMR				
DTC	650	0-5	3.9 ± 0.8c	4.4 ± 0.4bc	3.8 ± 0.7c	5.9 ± 1.2a	5.3 ± 1.1ab	5.4 ± 0.7ab	0.9	p < 0.001		
	1340	0-10	7.4 ± 1.3c	8.2 ± 0.6bc	7.1 ± 1.1c	9.9 ± 1.8a	9.4 ± 1.5ab	9.4 ± 1.1ab	1.2	p < 0.001		
	2060	0-15	10.7 ± 1.6c	11.6 ± 0.8bc	10.1 ± 1.3c	13.5 ± 2.0a	13.1 ± 1.7ab	12.9 ± 1.2ab	1.7	p < 0.05		
	2760	0-20	13.6 ± 1.7b	14.6 ± 1.0ab	12.9 ± 1.4b	16.7 ± 2.1a	16.2 ± 1.9a	15.8 ± 1.4a	2.1	p < 0.05		
	4160	0-30	19.4 ± 1.9ab	20.5 ± 1.2ab	18.4 ± 1.6b	22.3 ± 2.2a	22.0 ± 1.9a	22.0 ± 1.5a	2.7	p < 0.05		
	5590	0-40	24.9 ± 2.0a	26.6 ± 1.3a	23.7 ± 1.7a	27.5 ± 2.3a	27.9 ± 2.0a	26.9 ± 1.6a	3.1	ns		
	7040	0-50	29.6 ± 1.9a	31.2 ± 1.3a	28.0 ± 1.8a	32.0 ± 2.4a	32.7 ± 2.1a	31.7 ± 1.7a	3.4	ns		
	10550	0-75	38.5 ± 2.0a	42.6 ± 1.3a	37.3 ± 2.0a	39.5 ± 2.4a	42.7 ± 2.1a	42.6 ± 1.9a	5.2	ns		
	13770	0-100	46.5 ± 2.0a	51.4 ± 1.3a	44.8 ± 2.0a	47.5 ± 2.4a	51.1 ± 2.2a	50.7 ± 2.0a	6.3	ns		
	UZF	460	0-5	8.2 ± 0.9cd	7.9 ± 0.5d	8.6 ± 0.6bc	9.6 ± 1.0a	8.8 ± 0.9bc	9.2 ± 0.9ab	0.7	p < 0.001	
870		0-10	15.4 ± 1.5bc	14.8 ± 1.0c	15.9 ± 1.3b	17.3 ± 1.7a	15.9 ± 1.6b	16.3 ± 1.4ab	1.1	p < 0.05		
1330		0-15	22.9 ± 1.9b	22.1 ± 1.6b	23.4 ± 1.8b	25.1 ± 2.1a	23.2 ± 1.9b	23.6 ± 1.7ab	1.7	p < 0.05		
1840		0-20	30.8 ± 2.2b	29.9 ± 2.1b	31.3 ± 2.0ab	33.3 ± 2.4a	30.9 ± 2.2b	31.0 ± 2.1b	2	p < 0.05		
2760		0-30	42.3 ± 2.4a	42.8 ± 2.2a	44.1 ± 2.1a	46.4 ± 2.8a	41.9 ± 2.7a	43.3 ± 2.7a	3.3	ns		
4030		0-40	55.2 ± 2.6a	58.1 ± 2.6a	57.2 ± 2.2a	61.0 ± 3.3a	56.7 ± 3.0a	57.5 ± 3.2a	4.8	ns		
5300		0-50	66.3 ± 2.7a	70.4 ± 3.0a	67.5 ± 2.3a	73.1 ± 3.9a	68.8 ± 3.1a	69.7 ± 3.3a	6.6	ns		
8190		0-75	89.3 ± 3.1a	95.9 ± 3.3a	90.0 ± 2.7a	89.9 ± 4.6a	93.7 ± 3.9a	98.4 ± 4.3a	17	ns		
11050		0-100	107.8 ± 3.5a	119.1 ± 3.7a	109.8 ± 3.3a	110.9 ± 5.2a	116.1 ± 4.9a	124.9 ± 5.6a	19	ns		

339 **Table 1.** Cumulative SOC stocks at the Domboshava Training Centre (DTC) and University
340 of Zimbabwe Farm (UZF) after 8 years of different tillage, residue and crop management
341 systems. Means in the same row followed by different superscript letters are significantly

342 different and associated errors are standard errors ($N = 4$). CT: conventional tillage, CTR:
343 conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-tillage
344 with rotation, NTMR: no-tillage with mulch and rotation.

345

346 **3.4 SOC accumulation and loss rates**

347 SOC accumulation rates at UZF differed significantly ($p < 0.05$) with soil depth where top soil
348 layers (0-5, 0-10, 0-15, 0-20 and 0-30 cm) had SOC accumulation rates that were at least 6.9
349 times less than when considering the 0-100 cm soil profile (Table 2). In contrast, there were no
350 significant ($p > 0.05$) differences, at DTC in SOC accumulation rates with depth. On average,
351 SOC accumulation rates ranged between 0.13 and 0.08 Mg C ha⁻¹ yr⁻¹ in the top soil (0-5 cm)
352 to 0.33 and 1.16 Mg C ha⁻¹ yr⁻¹ for the whole 1 m soil profile at DTC and UZF, respectively.
353 The depth and treatment interaction had no significant ($p > 0.05$) effects at both sites.

354 On the other hand, the different treatments in this study had significant ($p < 0.05$) effects in
355 SOC accumulation / loss rates in the top 20 cm soil layer at both sites (Table 2). At DTC, NT
356 had significant ($p < 0.05$) net loss of SOC in the 0-20 cm layer, ranging between -0.09 and -
357 0.02 Mg C ha⁻¹ yr⁻¹, whereas NT treatments (NTM, NTR, NTMR) had SOC accumulation rates
358 ranging from 0.17 to 0.38 Mg C ha⁻¹ yr⁻¹. However, maize stover mulching (NTM) had
359 significantly ($p < 0.05$) higher SOC accumulation rates than CTR (2.9 – 4.2 times) and NT (5.2
360 – 13.5 times) in the top 15 cm and 20 cm layers, respectively. The different combinations of
361 mulching and rotation under NT (NTM, NTR and NTMR) had no significant ($p > 0.05$)
362 differences in SOC accumulation rates. Similarly, rotation treatments (CTR, NTR, NTMR)
363 showed no significant ($p > 0.05$) differences in SOC accumulation rates. Thus, the full CA
364 treatment had similar SOC accumulations rates to treatments with at least 2 combinations of
365 CA principles (NTM and NTR) and to CTR.

366 In contrast, at UZF, CTR had significant ($p < 0.05$) net loss of SOC in the top 20 cm (Table 2).
 367 The no-tillage treatments (NT, NTM, NTR, NTMR) showed significantly ($p < 0.05$) higher
 368 SOC accumulation rates ($0.05 - 0.25 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$) than CTR which ranged between -0.07 to
 369 $-0.03 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$ in top 10 cm soil layer. NTM had the highest SOC accumulations rates
 370 (0.28 to $0.32 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$) when considering the 0-15 and 0-20 cm soil layers. SOC
 371 accumulation rates in NTM were at least 3.8, 3.5 and 2.4 times higher than CTR, NT and NTR
 372 in the top 20 cm. The full CA treatment (NTMR) had significantly ($p < 0.05$) higher SOC
 373 accumulation rates compared to CTR ($2.5 - 5.3$ times) in the top 10 cm and lower SOC
 374 accumulation rate to NTM in the 0-10 cm (2.3 times) and 0-20 cm (10.6 times) soil layer.
 375 However, there were no significant ($p > 0.05$) differences in SOC accumulation rates between
 376 treatments beyond 20 cm soil layer at both sites.

Site	Approximate soil depth (cm)	SOC accumulation or loss rate ($\text{Mg C ha}^{-1} \text{ yr}^{-1}$)					LSD	Sig
		CTR	NT	NTM	NTR	NTMR		
DTC	0-5	$0.06 \pm 0.05bc$	$-0.02 \pm 0.02c$	$0.25 \pm 0.05a$	$0.17 \pm 0.02ab$	$0.19 \pm 0.04ab$	0.13	***
	0-10	$0.10 \pm 0.09bc$	$-0.04 \pm 0.04c$	$0.31 \pm 0.09a$	$0.24 \pm 0.01ab$	$0.25 \pm 0.08ab$	0.16	***
	0-15	$0.12 \pm 0.13bc$	$-0.07 \pm 0.05c$	$0.35 \pm 0.13a$	$0.30 \pm 0.01ab$	$0.27 \pm 0.12ab$	0.23	**
	0-20	$0.12 \pm 0.17ab$	$-0.09 \pm 0.05b$	$0.38 \pm 0.17a$	$0.32 \pm 0.01a$	$0.27 \pm 0.16a$	0.29	**
	0-30	$0.13 \pm 0.25a$	$-0.13 \pm 0.07a$	$0.36 \pm 0.25a$	$0.32 \pm 0.08a$	$0.33 \pm 0.20a$	0.35	ns
	0-40	$0.22 \pm 0.25a$	$-0.15 \pm 0.07a$	$0.33 \pm 0.25a$	$0.38 \pm 0.07a$	$0.25 \pm 0.23a$	0.41	ns
	0-50	$0.20 \pm 0.27a$	$-0.20 \pm 0.14a$	$0.30 \pm 0.27a$	$0.40 \pm 0.09a$	$0.26 \pm 0.22a$	0.46	ns
	0-75	$0.51 \pm 0.28a$	$-0.15 \pm 0.28a$	$0.13 \pm 0.28a$	$0.53 \pm 0.13a$	$0.51 \pm 0.20a$	0.73	ns
	0-100	$0.62 \pm 0.32a$	$-0.20 \pm 0.37a$	$0.13 \pm 0.32a$	$0.58 \pm 0.29a$	$0.53 \pm 0.20a$	0.86	ns
UZF	0-5	$-0.03 \pm 0.03c$	$0.05 \pm 0.04b$	$0.17 \pm 0.05a$	$0.07 \pm 0.04b$	$0.13 \pm 0.06ab$	0.08	***
	0-10	$-0.07 \pm 0.04c$	$0.07 \pm 0.08b$	$0.25 \pm 0.09a$	$0.07 \pm 0.07b$	$0.11 \pm 0.08b$	0.13	**
	0-15	$-0.10 \pm 0.03b$	$0.06 \pm 0.11b$	$0.28 \pm 0.13a$	$0.04 \pm 0.07b$	$0.09 \pm 0.11ab$	0.22	**
	0-20	$-0.11 \pm 0.07b$	$0.06 \pm 0.14b$	$0.32 \pm 0.17a$	$0.02 \pm 0.11b$	$0.03 \pm 0.12b$	0.25	**
	0-30	$0.06 \pm 0.15a$	$0.22 \pm 0.25a$	$0.51 \pm 0.25a$	$-0.05 \pm 0.18a$	$0.12 \pm 0.16a$	0.44	ns
	0-40	$0.37 \pm 0.11a$	$0.25 \pm 0.27a$	$0.72 \pm 0.25a$	$0.19 \pm 0.28a$	$0.29 \pm 0.14a$	0.65	ns
	0-50	$0.51 \pm 0.20a$	$0.15 \pm 0.34a$	$0.85 \pm 0.27a$	$0.31 \pm 0.41a$	$0.43 \pm 0.10a$	0.88	ns
	0-75	$0.83 \pm 0.56a$	$0.08 \pm 0.55a$	$0.08 \pm 0.28a$	$0.55 \pm 0.76a$	$1.14 \pm 0.44a$	1.17	ns
	0-100	$1.41 \pm 0.86a$	$0.25 \pm 0.75a$	$0.98 \pm 0.32a$	$1.03 \pm 1.26a$	$2.14 \pm 0.99a$	2.31	ns

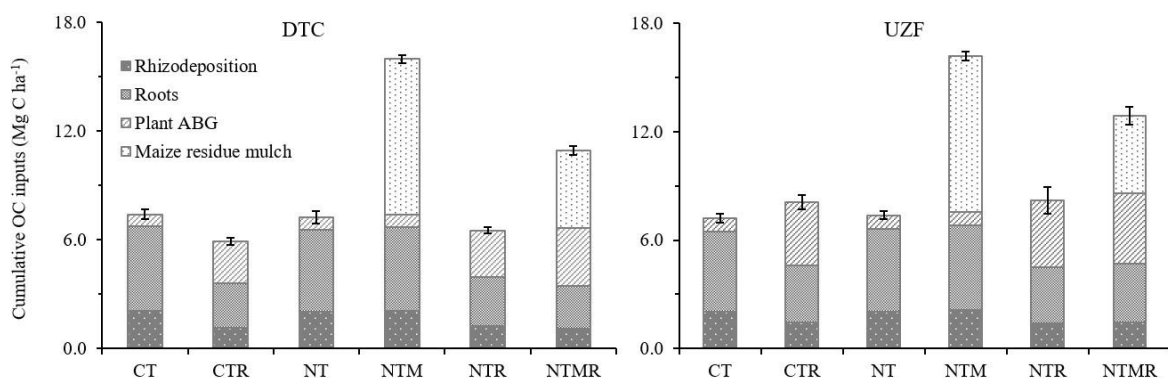
377 **Table 2.** SOC change rates (\pm standard error, $N = 4$) of the different treatments compared to
 378 CT (conventional tillage) at Domboshava Training Centre (DTC) and University of Zimbabwe

379 farm (UZF). Means in the same row followed by different superscripts are significantly
 380 different. CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch,
 381 NTR: no-tillage with rotation, NTMR: no-tillage with mulch and rotation, LSD = least
 382 significance difference, ns = not significant, Sig = significance, ** = $p < 0.05$, *** = $p < 0.001$.

383

384 3.5 Organic carbon inputs via crops residues, root mortality and rhizodeposition to the 385 soil

386 There were significant ($p < 0.001$) differences in cumulative OC inputs between treatments
 387 (Figure 4). Cumulative OC inputs were at least 1.5 times higher in mulch treatments (NTM,
 388 NTMR) than in treatments without mulch. However, the mulch plus rotation treatment
 389 (NTMR) had significantly ($p < 0.001$) lower cumulative OC inputs than continuous mulching
 390 (NTM). Cumulative OC input after 8 seasons was as high as 16.0 and 10.5 Mg C ha⁻¹ at DTC
 391 and 16.2 and 12.4 Mg C ha⁻¹ at UZF in NTM and NTMR, respectively (Figure 4), resulting in
 392 mean annual OC input rates of about 1.3 to 1.6 Mg C ha⁻¹ yr⁻¹ for NTMR and 2.0 Mg C ha⁻¹ yr⁻¹
 393 ¹ for NTM. The other treatments had mean annual OC input rates ≤ 1.0 Mg C ha⁻¹ yr⁻¹.



394

395 **Figure 4.** Estimated cumulative organic carbon (OC) inputs to the soil from the 2013/14 to the
 396 2020/21 cropping season for the different treatments at the Domboshava Training Centre

397 (DTC) and the University of Zimbabwe Farm (UZF) experimental sites. Error bars represent
398 standard errors ($n = 4$) for the cumulative OC. CT: conventional tillage, CTR: conventional
399 tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-tillage with
400 rotation, NTMR: no-tillage with mulch and rotation, ABG: aboveground biomass.

401

402 **4. Discussion**

403 **4.1 Role of soil texture in SOC accumulation**

404 Soil texture is widely recognized to influence SOC stocks (Sun et al., 2020) through physical
405 and chemical protection of SOC against microbially mediated decomposition (Chivenge et al.,
406 2007; Mtambanengwe et al., 2004). In our study, the main difference between the two study
407 sites is soil texture in the top soil (0-30 cm), where DTC had light textured (sandy loams) soils
408 and UZF had medium to heavy textured (sandy-clay-loams) soils (Figure 1). These soil textural
409 differences explain why there were no differences in SOC stocks, changes and accumulation
410 rates between NTM, NTR and NTMR at DTC regardless of higher cumulative OC inputs in
411 NTM and NTMR (Figure 4). The direct SOC inputs in the top soil at DTC, where SOC was
412 more concentrated (Table S2, Figure 3) was subject to mineralization because of low clay
413 content and thus low protection by soil micro-aggregates (Chivenge et al., 2007;
414 Mtambanengwe et al., 2004; Sun et al., 2020), such that the differences in OC inputs had little
415 effect. Light textured soils have large pores which cannot protect SOC against microbial
416 decomposition (Mtambanengwe et al., 2004; Christensen, 1987; Sun et al., 2020; Kravchenko
417 and Guber, 2017). Additionally, the low clay content meant less surface area for SOC
418 adsorption (Han et al., 2016; Churchman et al., 2020) which is another mechanism for SOC
419 protection from mineralization. In contrast, there were differences between NTM and NTR at
420 UZF in the top soil layers and intermediate between NTM and NTMR. Cumulative OC inputs

421 in NTMR (12.4 Mg C ha⁻¹) were about 75 % of cumulative OC inputs in NTM (16.2 Mg C ha⁻¹) (Figure 4) after 8 seasons. The added C, especially from maize stover mulch, most likely
422 was protected by clay particles as well as formation of organo-mineral complexes (Malepfane
423 et al., 2022; Chivenge et al., 2007; Jephitha et al., 2023) which protects SOC from mineralization
424 (Dunjana et al., 2012; Shumba et al., 2020; Button et al., 2022; Rumpel et al., 2012; Sanaullah
425 et al., 2016).

427

428 **4.2 SOC distribution across soil depth**

429 Cumulative SOC stocks for the whole soil profile (0-100 cm) for this study were at least 8.0,
430 4.0 and 2.0 times higher than the 0-5 (surface soil), 0-15 (tillage depth for the study) and 0-30
431 (IPCC standard depth for SOC studies), for the two sites, respectively. This means that, over
432 half of SOC stocks for this study were in the sub-soil (30-100 cm) which reflects on the
433 importance of sub-soil SOC stocks. Significant SOC stocks in the sub-soil have also been
434 reported by other authors (Yost and Hartemink, 2020; Balesdent et al., 2018; Cardinael et al.,
435 2015; Harrison et al., 2011; Lal, 2018). Significant effects of mulch and/or rotation under NT
436 were restricted to the top 30 cm in our study as well as other studies in SSA (Dube et al., 2012;
437 Powlson et al., 2016) and the world at large (Balesdent et al., 2018; Yost and Hartemink, 2020),
438 which is most likely why the default soil depth for IPCC for SOC studies is 0-30 cm (IPCC,
439 2019). However, this underestimates whole soil profile C storage (Harrison et al., 2011; Singh
440 et al., 2018; Lorenz and Lal, 2005). Therefore, it is crucial to consider whole soil profile
441 sampling when monitoring SOC storage in agricultural ecosystems to determine their C
442 sequestration potential in the pursuit of climate change mitigation (Malepfane et al., 2022).
443 SOC mineralization is relatively low in the sub-soil due to lack of oxygen and physical
444 protection of SOC (aggregate protected C) (Rumpel et al., 2012; Sanaullah et al., 2016; Shumba

445 et al., 2020; Button et al., 2022). Therefore, in the pursuit to improve subsoil (> 30 cm) SOC
446 stocks through root mortality and exudates, crop varieties with higher root-length densities
447 (Chikowo et al., 2003) in the subsoil are recommended.

448 In this study, there is a conspicuous rotation effect at UZF in the subsoil (60 – 100 cm) on SOC
449 concentration which is however, not significant. However, there is a block effect at UZF on
450 SOC concentration in the subsoil as shown in Figure S2 (see Figure S1 for DTC where no
451 block effect was observed) where there seems to be “outliers” in blocks 3 and 4. We decided
452 not to exclude the “outliers” since we thought it was a block effect rather than a treatment
453 effect. As a result, there are no significant differences in SOC concentration between treatments
454 in deep soils. If we exclude the “outliers” in deep soils the graph for SOC concentration is as
455 shown in Figure S3 where the rotation effects tend to diminish. Nonetheless, all raw data of
456 this paper can be freely accessed on the CIRAD data repository and linked to this paper
457 (Shumba et al., 2023a).

458

459 **4.3 Cumulative SOC stocks and accumulation rates**

460 Overall, the insignificant differences in cumulative SOC stocks and SOC accumulation / loss
461 rates between the different cropping systems in this and other studies (Laura et al., 2022; Leal
462 et al., 2020) when considering whole soil profile (0-100 cm) is alluded to the dilution effect
463 due to low OC inputs beyond 30 cm. Organic C inputs in the subsoil (> 30 cm) through crop
464 root mortality and root exudates are highly reduced due to low root biomass (Button et al.,
465 2022; Chikowo et al., 2003). Several authors have also reported similar cumulative SOC stocks
466 for soil profile depth > 30 cm between different tillage and residue management practices
467 (Angers et al., 1997; Doran et al., 1998; Lal, 2015; Powlson et al., 2014). This can be alluded
468 to an accumulation of uncertainty when cumulating SOC stocks in several soil layers with their

469 respective error of measurement. This weakens the power of detecting statistically significant
470 differences even where such differences exist (Kravchenko and Robertson, 2011). Kravchenko
471 and Robertson, (2011) bemoaned the lack of enough replication when sampling deep soil
472 horizons to reduce variability and the importance of post hoc power analysis to reduce Type II
473 error. This study was limited to four replicates which might not have enough statistical power
474 to detect significant differences between treatments when considering the whole soil profile.

475 **4.3.1 Mulching**

476 The overarching role of mulching in cumulative SOC stocks and accumulation / loss rates at
477 both sites (Tables 1 and 2), albeit, in the top soil (< 30 cm) has been shown in this study.
478 Cumulative SOC stocks (Table 1) and SOC accumulation / loss rates (Table 2) did not differ
479 with residue management under NT systems (NTM, NTMR) in the top soil at DTC regardless
480 of high external OC inputs through maize residue application in mulch treatments (Figure 4,
481 Table S4). This was attributed to low clay content (< 15 % clay) in the top 20 cm hence low
482 physical SOC protection (Chivenge et al., 2007; Mtambanengwe et al., 2004; Sun et al., 2020),
483 such that the differences in OC inputs had little effect. Alternatively, SOC can be protected
484 from mineralization through adsorption to clay particles (Han et al., 2016; Churchman et al.,
485 2020). However, there was low surface area for SOC adsorption due to low clay content in the
486 top soil at DTC. Conversely, maize residue mulching effects were significant at UZF though
487 NTMR was indifferent when compared to the rest of the NT treatments. Cumulative OC inputs
488 in NTMR (12.4 Mg C ha⁻¹) were about 77 % of cumulative OC inputs in NTM (16.2 Mg C ha⁻¹)
489 but at least 57 % higher OC inputs than NT and NTR after 8 seasons (Figure 4). This was
490 alluded to SOC adsorption and physical protection due to higher clay content at UZF.
491 Nonetheless, several studies have shown that aboveground biomass is less effective in
492 sustaining SOC stocks compared to belowground biomass (Hirte et al., 2018, 2021; Jones et

493 al., 2009; Villarino et al., 2021) and we attribute that to the insignificant cumulative SOC stocks
494 and accumulation rates between the NT treatments other than NTM regardless of higher
495 aboveground biomass in NTR and NMTR than NT (Figure 4).

496 **4.3.2 Tillage**

497 Significant changes in SOC stocks and accumulation rates were restricted to the top 20 cm at
498 both sites below which there were no differences between treatments (Table 2). The
499 consistently low SOC stocks under NT, CT and CTR and SOC accumulation rates (CTR and
500 NT) at both sites was attributed to low OC inputs (Table S4, Figure 4). NT and CT had
501 generally low yields in terms of grain and vegetative aboveground biomass (Mhlanga et al.,
502 2021; Shumba et al., 2023b) since the establishment of the experiment in the 2013/14 season
503 and hence low OC inputs through stubble, root mortality and root exudates. Our results
504 dovetails with studies done elsewhere (Du et al., 2017; Koga and Tsuji, 2009) and meta-
505 analyses and reviews (Corbeels et al., 2020a; Lal, 2018, 2015) where the authors found that
506 NT alone does not significantly improve SOC. However, higher SOC stocks were observed
507 when NT was combined with at least two CA principles (mulching and rotation) at DTC in the
508 top 20 cm (Table 1). It has been reported that NT cropping systems enhance SOC accumulation
509 through increasing C inputs in the top layers and reducing erosion through minimum soil
510 disturbance (Six et al., 2000; Lal, 2015, 2018; Bai et al., 2019; Cai et al., 2022). Minimum soil
511 disturbance through NT also physically protects SOC in microaggregates from exposure to
512 oxidative losses (Shumba et al., 2020; Six et al., 2002; Dolan et al., 2006; Liang et al., 2020).
513 However, NT without mulch is a nonentity compared to other combinations of CA principles
514 for long-term sustainability in cropping systems (Nyamangara et al., 2013; Kodzwa et al., 2020;
515 Mhlanga et al., 2021; Li et al., 2020; Bohoussou et al., 2022) and NT is only effective in
516 increasing SOC stocks when it is associated with other CA principles, especially mulch. On

517 the other hand, our study suggest that NT can achieve the same results of SOC storage as NTR
518 and NTMR since they had similar SOC stocks at UZF. This can be explained by the low
519 aboveground OC inputs in rotation treatments during the season when cowpeas were grown.

520 **4.3.3 Maize-cowpea rotation**

521 Legume rotations have been found to improve SOC accumulation rates and subsequent soil
522 structural improvement (aggregation) induced by the addition of organic residues with
523 favourable C/N ratio (Virk et al., 2022; Laub et al., 2023; Jephita et al., 2023). However, in our
524 study, cowpea rotation benefits on SOC accumulation rates were not significant at DTC.
525 Maize-cowpea rotation had no significant effects on maize yield (Shumba et al., 2023b;
526 Mhlanga et al., 2021) which corresponded to low belowground biomass as well. Instead, maize
527 stover mulching improved maize yields at DTC. Nevertheless, benefits from cowpea rotation
528 under NT cropping systems (NTR, NTMR) compared to CT cropping systems (CTR) were
529 significant, albeit only in the top 10 cm, at UZF; CTR had a net loss of SOC (-0.07 ± 0.04 to
530 0.03 ± 0.03 Mg C ha⁻¹ yr⁻¹). Significantly higher maize yields in rotation treatments were
531 observed at UZF (Shumba et al., 2023b; Mhlanga et al., 2021) and were attributed to more soil
532 mineral N due to biological nitrogen fixation from the preceding cowpeas. Higher aboveground
533 biomass is positively related to below ground biomass resulting in significant belowground OC
534 inputs, of higher quality in the rotation treatments in the season when maize is grown. However,
535 the net SOC loss in CTR at UZF was due to seasonal exposure to oxidative losses (SOC
536 mineralization) through disruption of soil macroaggregates by tillage as alluded by Bai et al.,
537 (2019); Cambardella and Elliott, (1993) and Lal, (2018). We underscore that maize-cowpea
538 rotation under NT improved SOC accumulation in the top soil due to reduced soil disturbance
539 and alternate OC inputs of high (cowpeas) and low quality (maize). High quality OC inputs
540 have a positive priming effect (Chen et al., 2014) which have been shown to be preferentially

541 stabilized in the soil due to a higher carbon use efficiency of soil microbes (Cotrufo et al., 2013;
542 Kopittke et al., 2018). This explains significant improvement in SOC stocks under the
543 combination of NT and alternate high- and low-quality OC inputs (maize-cowpea rotation) to
544 the soil in medium to heavy textured soils at UZF and vice versa at DTC.

545

546 **5. Conclusions**

547 Our study has shown the overarching importance of mulching and of combining at least two
548 CA principles to improve top SOC stocks. No tillage (NT) alone could not increase SOC stocks,
549 and even led to a slight decrease compared to CT, due to lower crop productivity in NT and
550 therefore reduced OC inputs to the soil. Nevertheless, whole profile (0-100 cm) SOC stocks
551 were the same between all the treatment. Our study also showed that sampling the entire soil
552 profile is necessary for a more accurate view of SOC accumulation potential among different
553 cropping systems.

554

555 **6. Data availability**

556 All data are freely available on the CIRAD data repository
557 <https://doi.org/10.18167/DVN1/VPOCHN> (Shumba et al., 2023a).

558

559 **7. Author contributions**

560 CT designed, established and maintained the experiments since 2013; RCa, RCh were involved
561 in soil sampling campaigns; AS, RCa performed the statistical analyses, graphics and drafting
562 the manuscript; AS, RCa, RCh, MC, JS, CT reviewed and edited the manuscript.

563

564 **8. Competing interests**

565 One of the co-authors is a member of the editorial board of the SOIL journal. The other authors
566 have no competing interests to declare.

567

568 **9. Acknowledgements**

569 This study was funded by the DSCATT project “Agricultural Intensification and Dynamics of
570 Soil Carbon Sequestration in Tropical and Temperate Farming Systems” (N° AF 1802-001, N°
571 FT C002181), supported by the Agropolis Foundation (“Programme d’Investissement
572 d’Avenir” Labex Agro, ANR-10-LABX- 0001-01) and by the TOTAL Foundation within a
573 patronage agreement. Authors are grateful to the International Maize and Wheat Improvement
574 Center (CIMMYT) for the setup and running of the experiment. We also acknowledge the
575 donors of the MAIZE CGIAR Research Program (www.maize.org) and the Ukama Ustawi
576 Regional CGIAR Initiative who supported the trials up to 2018 and staff time until 2023. We
577 thank Britta Jahn-Humphrey for carrying out the gas analyses at ETH Zürich. We also thank
578 Admire Muwati for his help in gas sampling. Special thanks go to the technical personnel at
579 each experimental locations namely Tarirai Muoni, Sign Phiri, Herbert Chipara and Connie
580 Madembo who continuously assisted in trial establishment and management.

581

582 **10. References**

583 Amos, B. and Walters, D. T.: Maize Root Biomass and Net Rhizodeposited Carbon, *Soil Sci.*
584 *Soc. Am. J.*, 70, 1489–1503, <https://doi.org/10.2136/sssaj2005.0216>, 2006.

585 Angers, D. A. and Eriksen-Hamel, N. S.: Full-inversion tillage and organic carbon distribution
586 in soil profiles: A meta-analysis, *Soil Sci. Soc. Am. J.*, 72, 1370–1374,
587 <https://doi.org/10.2136/sssaj2007.0342>, 2008.

588 Angers, D. A., Bolinder, M. A., Carter, M. R., Gregorich, E. G., Drury, C. F., Liang, B. C.,
589 Voroney, R. P., Simard, R. R., Donald, R. G., Bevaert, R. P., and Martel, J.: Impact of tillage
590 practices on organic carbon and nitrogen storage in cool, humid soils of eastern Canada, *Soil*
591 *Tillage Res.*, 41, 191–201, <https://doi.org/10.4141/S96-111>, 1997.

- 592 Bai, X., Huang, Y., Ren, W., Coyne, M., Jacinthe, P.-A., Bo, T., Hui, D., Yang, J., and
593 Matocha, C.: Responses of soil carbon sequestration to climate-smart agriculture practices: A
594 meta-analysis, 25, 2591–2606, <https://doi.org/10.1111/gcb.14658>, 2019.
- 595 Balesdent, J., Derrien, D., Fontaine, S., Kirman, S., Klumpp, K., Loiseau, P., Marol, C.,
596 Nguyen, C., Pean, M., Personeni, E., and Robin, C.: Contribution de la rhizodéposition aux
597 matières organiques du sol, quelques implications pour la modélisation de la dynamique du
598 carbone, *Etude Gest. des sols*, 18 (3), 201–216, 2011.
- 599 Balesdent, J., Basile-Doelsch, I., Chadoeuf, J., Cornu, S., Derrien, D., Fekiacova, Z., and Hatté,
600 C.: Atmosphere–soil carbon transfer as a function of soil depth, *Nature*, 559, 599–602,
601 <https://doi.org/10.1038/s41586-018-0328-3>, 2018.
- 602 Bationo, A., Kihara, J., Vanlauwe, B., Waswa, B., Adolwa, I., and Saidou, K.: Overview of
603 Long Term Experiments in Africa, in: *Lessons Learned from Long-Term Soil Fertility
604 Management Experiments in Africa.*, Springer Science+Business Media Dordrecht, 1–26,
605 <https://doi.org/10.1007/978-94-007-2938-4>, 2013.
- 606 Baudron, F., Andersson, J. A., Corbeels, M., and Giller, K. E.: Failing to Yield? Ploughs,
607 Conservation Agriculture and the Problem of Agricultural Intensification: An Example from
608 the Zambezi Valley, Zimbabwe, *J. Dev. Stud.*, 48, 393–412,
609 <https://doi.org/10.1080/00220388.2011.587509>, 2012.
- 610 Bohoussou, Y. N. D., Kou, Y. H., Yu, W. B., Lin, B. jian, Virk, A. L., Zhao, X., Dang, Y. P.,
611 and Zhang, H. L.: Impacts of the components of conservation agriculture on soil organic carbon
612 and total nitrogen storage: A global meta-analysis, *Sci. Total Environ.*, 842, 156822,
613 <https://doi.org/10.1016/J.SCITOTENV.2022.156822>, 2022.
- 614 Bolker, B. M., Brooks, M. E., Clark, C. J., Geange, S. W., Poulsen, J. R., Stevens, M. H. H.,
615 and White, J. S. S.: Generalized linear mixed models: a practical guide for ecology and
616 evolution, *Trends Ecol. Evol.*, 24, 127–135, <https://doi.org/10.1016/j.tree.2008.10.008>, 2009.
- 617 Bossio, D. A., Cook-Patton, S. C., Ellis, P. W., Fargione, J., Sanderman, J., Smith, P., Wood,
618 S., Zomer, R. J., von Unger, M., Emmer, I. M., and Griscom, B. W.: The role of soil carbon in
619 natural climate solutions, *Nat. Sustain.*, 3, 391–398, [https://doi.org/10.1038/s41893-020-0491-](https://doi.org/10.1038/s41893-020-0491-z)
620 z, 2020.
- 621 Button, E. S., Pett-Ridge, J., Murphy, D. V., Kuzyakov, Y., Chadwick, D. R., and Jones, D. L.:
622 Deep-C storage: Biological, chemical and physical strategies to enhance carbon stocks in
623 agricultural subsoils, *Soil Biol. Biochem.*, 170, 108697,
624 <https://doi.org/10.1016/j.soilbio.2022.108697>, 2022.
- 625 Cai, A., Han, T., Ren, T., Sanderman, J., Rui, Y., Wang, B., Smith, P., Xu, M., and Yu'e Li:
626 Declines in soil carbon storage under no tillage can be alleviated in the long run, 425, 1–3,
627 <https://doi.org/10.1016/j.geoderma.2022.116028>, 2022.
- 628 Cambardella, C. A. and Elliott, E. T.: Carbon and Nitrogen Distribution in Aggregates from
629 Cultivated and Native Grassland Soils, *Soil Sci. Soc. Am. J.*, 57, 1071–1076,
630 <https://doi.org/10.2136/SSSAJ1993.03615995005700040032X>, 1993.
- 631 Cardinael, R., Chevallier, T., Barthès, B. G., Saby, N. P. A., Parent, T., Dupraz, C., Bernoux,
632 M., and Chenu, C.: Impact of alley cropping agroforestry on stocks, forms and spatial
633 distribution of soil organic carbon - A case study in a Mediterranean context, *Geoderma*, 259–

634 260, 288–299, <https://doi.org/10.1016/j.geoderma.2015.06.015>, 2015.

635 Cardinael, R., Guibert, H., Kouassi Brédoumy, S. T., Gigou, J., N’Goran, K. E., and Corbeels,
636 M.: Sustaining maize yields and soil carbon following land clearing in the forest–savannah
637 transition zone of West Africa: Results from a 20-year experiment, *F. Crop. Res.*, 275,
638 <https://doi.org/10.1016/j.fcr.2021.108335>, 2022.

639 Cheesman, S., Thierfelder, C., Eash, N. S., Kassie, G. T., and Frossard, E.: Soil carbon stocks
640 in conservation agriculture systems of Southern Africa, *Soil Tillage Res.*, 156, 99–109,
641 <https://doi.org/10.1016/j.still.2015.09.018>, 2016.

642 Chen, R., Senbayram, M., Blagodatsky, S., Myachina, O., Dittert, K., Lin, X., Blagodatskaya,
643 E., and Kuzyakov, Y.: Soil C and N availability determine the priming effect: Microbial N
644 mining and stoichiometric decomposition theories, *Glob. Chang. Biol.*, 20, 2356–2367,
645 <https://doi.org/10.1111/gcb.12475>, 2014.

646 Chikowo, R., Mapfumo, P., Nyamugafata, P., Nyamadzawo, G., and Giller, K. E.: Nitrate-N
647 dynamics following improved fallows and maize root development in a Zimbabwean sandy
648 clay loam, *Agrofor. Syst.*, 59, 187–195,
649 <https://doi.org/10.1023/B:AGFO.0000005219.07409.a0>, 2003.

650 Chivenge, P. P., Murwira, H. K., Giller, K. E., Mapfumo, P., and Six, J.: Long-term impact of
651 reduced tillage and residue management on soil carbon stabilization: Implications for
652 conservation agriculture on contrasting soils, *Soil Tillage Res.*, 94, 328–337,
653 <https://doi.org/10.1016/j.still.2006.08.006>, 2007.

654 Christensen, B. T.: Decomposability of organic matter in particle size fractions from field soils
655 with straw incorporation, *Soil Biol. Biochem.*, 19, 429–435, [https://doi.org/10.1016/0038-0717\(87\)90034-4](https://doi.org/10.1016/0038-0717(87)90034-4), 1987.

657 Churchman, G. J., Singh, M., Schapel, A., Sarkar, B., and Bolan, N.: Clay Minerals As the Key
658 To the Sequestration of Carbon in Soils, *Clays Clay Miner.*, 68, 135–143,
659 <https://doi.org/10.1007/s42860-020-00071-z>, 2020.

660 Corbeels, M., Cardinael, R., Powlson, D., Chikowo, R., and Gerard, B.: Carbon sequestration
661 potential through conservation agriculture in Africa has been largely overestimated: Comment
662 on: “Meta-analysis on carbon sequestration through conservation agriculture in Africa,” *Soil*
663 *Tillage Res.*, 196, 104300, <https://doi.org/10.1016/j.still.2019.104300>, 2020a.

664 Corbeels, M., Naudin, K., Whitbread, A. M., Kühne, R., and Letourmy, P.: Limits of
665 conservation agriculture to overcome low crop yields in sub-Saharan Africa, *Nat. Food*, 1, 447–
666 454, <https://doi.org/10.1038/s43016-020-0114-x>, 2020b.

667 Cotrufo, M. F., Wallenstein, M. D., Boot, C. M., Deneff, K., and Paul, E.: The Microbial
668 Efficiency-Matrix Stabilization (MEMS) framework integrates plant litter decomposition with
669 soil organic matter stabilization: Do labile plant inputs form stable soil organic matter?, *Glob.*
670 *Chang. Biol.*, 19, 988–995, <https://doi.org/10.1111/gcb.12113>, 2013.

671 Dignac, M. F., Derrien, D., Barré, P., Barot, S., Cécillon, L., Chenu, C., Chevallier, T.,
672 Freschet, G. T., Garnier, P., Guenet, B., Hedde, M., Klumpp, K., Lashermes, G., Maron, P. A.,
673 Nunan, N., Roumet, C., and Basile-Doelsch, I.: Increasing soil carbon storage: mechanisms,
674 effects of agricultural practices and proxies. A review, *Agron. Sustain. Dev.*, 37,
675 <https://doi.org/10.1007/s13593-017-0421-2>, 2017.

676 Dolan, M. S., Clapp, C. E., Allmaras, R. R., Baker, J. M., and Molina, J. A. E.: Soil organic
677 carbon and nitrogen in a Minnesota soil as related to tillage, residue and nitrogen management,
678 *Soil Tillage Res.*, 89, 221–231, <https://doi.org/10.1016/j.still.2005.07.015>, 2006.

679 Doran, J. W., Elliott, E. T., and Paustian, K.: Soil microbial activity, nitrogen cycling, and long-
680 term changes in organic carbon pools as related to fallow tillage management, *Soil Tillage*
681 *Res.*, 49, 3–18, [https://doi.org/10.1016/S0167-1987\(98\)00150-0](https://doi.org/10.1016/S0167-1987(98)00150-0), 1998.

682 Du, Z., Angers, D. A., Ren, T., Zhang, Q., and Li, G.: The effect of no-till on organic C storage
683 in Chinese soils should not be overemphasized: A meta-analysis, *Agric. Ecosyst. Environ.*,
684 236, 1–11, <https://doi.org/10.1016/j.agee.2016.11.007>, 2017.

685 Dube, E., Chiduzwa, C., and Muchaonyerwa, P.: Conservation agriculture effects on soil organic
686 matter on a Haplic Cambisol after four years of maize-oat and maize-grazing vetch rotations
687 in South Africa, *Soil Tillage Res.*, 123, 21–28, <https://doi.org/10.1016/j.still.2012.02.008>,
688 2012.

689 Dunjana, N., Nyamugafata, P., Shumba, A., Nyamangara, J., and Zingore, S.: Effects of cattle
690 manure on selected soil physical properties of smallholder farms on two soils of Murewa,
691 Zimbabwe, *Soil Use Manag.*, 28, <https://doi.org/10.1111/j.1475-2743.2012.00394.x>, 2012.

692 Ellert, B. H. and Bettany, J. R.: Calculation of organic matter and nutrients stored in soils under
693 contrasting management regimes, *Can. J. Soil Sci.*, 75, 529–538,
694 <https://doi.org/10.4141/cjss95-075>, 1995.

695 Feller, C. and Beare, M. H.: Physical control of soil organic matter dynamics in the tropics,
696 *Geoderma*, 79, 69–116, [https://doi.org/10.1016/S0016-7061\(97\)00039-6](https://doi.org/10.1016/S0016-7061(97)00039-6), 1997.

697 Giller, K. E., Witter, E., Corbeels, M., and Tittonell, P.: Conservation agriculture and
698 smallholder farming in Africa: The heretics' view, *F. Crop. Res.*, 114, 23–34,
699 <https://doi.org/10.1016/j.fcr.2009.06.017>, 2009.

700 Giller, K. E., Andersson, J. A., Corbeels, M., Kirkegaard, J., Mortensen, D., Erenstein, O., and
701 Vanlauwe, B.: Beyond conservation agriculture, *Front. Plant Sci.*, 6, 1–14,
702 <https://doi.org/10.3389/fpls.2015.00870>, 2015.

703 von Haden, A. C., Yang, W. H., and DeLucia, E. H.: Soils' dirty little secret: Depth-based
704 comparisons can be inadequate for quantifying changes in soil organic carbon and other
705 mineral soil properties, *Glob. Chang. Biol.*, 26, 3759–3770, <https://doi.org/10.1111/gcb.15124>,
706 2020.

707 Han, L., Sun, K., Jin, J., and Xing, B.: Some concepts of soil organic carbon characteristics and
708 mineral interaction from a review of literature, *Soil Biol. Biochem.*, 94, 107–121,
709 <https://doi.org/10.1016/j.soilbio.2015.11.023>, 2016.

710 Harrison, R. B., Footen, P. W., Harrison, R. B., Footen, P. W., and Strahm, B. D.: Deep Soil
711 Horizons: Contribution and Importance to Soil Carbon Pools and in Assessing Whole-
712 Ecosystem Response to Management and Global Change, *For. Sci.*, 57, 67–76, 2011.

713 Hirte, J., Leifeld, J., Abiven, S., Oberholzer, H. R., and Mayer, J.: Below ground carbon inputs
714 to soil via root biomass and rhizodeposition of field-grown maize and wheat at harvest are
715 independent of net primary productivity, *Agric. Ecosyst. Environ.*, 265, 556–566,
716 <https://doi.org/10.1016/j.agee.2018.07.010>, 2018.

- 717 Hirte, J., Walder, F., Hess, J., Büchi, L., Colombi, T., van der Heijden, M. G., and Mayer, J.:
718 Enhanced root carbon allocation through organic farming is restricted to topsoils, *Sci. Total*
719 *Environ.*, 755, 143551, <https://doi.org/10.1016/j.scitotenv.2020.143551>, 2021.
- 720 IPCC: 2019 Refinement to the 2006 IPCC Guidelines for National Greenhouse Gas
721 Inventories., 1–19 pp., 2019.
- 722 Jephitha, G., Jefline, K., Willis, G., and Justice, N.: Carbon stock, aggregate stability and
723 hydraulic properties of soils under tillage, crop rotation and mineral fertiliser application in
724 sub-humid Zimbabwe, *Heliyon*, 9, <https://doi.org/10.1016/j.heliyon.2023.e15846>, 2023.
- 725 Jones, D. L., Nguyen, C., and Finlay, R. D.: Carbon flow in the rhizosphere : carbon trading at
726 the soil – root interface, *Plant Soil*, 321, 5–33, <https://doi.org/10.1007/s11104-009-9925-0>,
727 2009.
- 728 Kahn, B. A. and Schroeder, J. L.: Root Characteristics and Seed Yields of Cowpeas Grown
729 with and without Added Nitrogen Fertilizer, *Hortscience A Publ. Am. Soc. Horticultural Sci.*,
730 34, 1238–1239, <https://doi.org/10.21273/hortsci.34.7.1238>, 1999.
- 731 Kassam, A., Friedrich, T., and Derpsch, R.: Global spread of Conservation Agriculture, *Int. J.*
732 *Environ. Stud.*, 76, 29–51, <https://doi.org/10.1080/00207233.2018.1494927>, 2019.
- 733 Kell, D. B.: Breeding crop plants with deep roots: their role in sustainable carbon , nutrient and
734 water sequestration, *Ann. Bot.*, 108, 407–418, <https://doi.org/10.1093/aob/mcr175>, 2011.
- 735 Kimaro, A. A., Mpanda, M., Rioux, J., Aynekulu, E., Shaba, S., Thiong’o, M., Mutuo, P.,
736 Abwanda, S., Shepherd, K., Neufeldt, H., and Rosenstock, T. S.: Is conservation agriculture
737 ‘climate-smart’ for maize farmers in the highlands of Tanzania?, *Nutr. Cycl. Agroecosystems*,
738 105, 217–228, <https://doi.org/10.1007/s10705-015-9711-8>, 2016.
- 739 Kimiti, J. M.: Influence of integrated soil nutrient management on cowpea root growth in the
740 semi-arid Eastern Kenya, *African J. Agric. Res.*, 6, 3084–3091,
741 <https://doi.org/10.5897/AJAR10.1023>, 2011.
- 742 Kodzwa, J. J., Gotosa, J., and Nyamangara, J.: Mulching is the most important of the three
743 conservation agriculture principles in increasing crop yield in the short term, under sub humid
744 tropical conditions in Zimbabwe, *Soil Tillage Res.*, 197, 104515,
745 <https://doi.org/10.1016/j.still.2019.104515>, 2020.
- 746 Koga, N. and Tsuji, H.: Effects of reduced tillage, crop residue management and manure
747 application practices on crop yields and soil carbon sequestration on an Andisol in northern
748 Japan, *Soil Sci. Plant Nutr.*, 55, 546–557, <https://doi.org/10.1111/j.1747-0765.2009.00385.x>,
749 2009.
- 750 Kopittke, P. M., Hernandez-Soriano, M. C., Dalal, R. C., Finn, D., Menzies, N. W., Hoeschen,
751 C., and Mueller, C. W.: Nitrogen-rich microbial products provide new organo-mineral
752 associations for the stabilization of soil organic matter, *Glob. Chang. Biol.*, 24, 1762–1770,
753 <https://doi.org/10.1111/gcb.14009>, 2018.
- 754 Kravchenko, A. N. and Guber, A. K.: Soil pores and their contributions to soil carbon
755 processes, *Geoderma*, 287, 31–39, <https://doi.org/10.1016/j.geoderma.2016.06.027>, 2017.
- 756 Kravchenko, A. N. and Robertson, G. P.: Whole-Profile Soil Carbon Stocks: The Danger of
757 Assuming Too Much from Analyses of Too Little, *Soil Sci. Soc. Am. J.*, 75, 235–240,

758 <https://doi.org/10.2136/sssaj2010.0076>, 2011.

759 Lal, R.: Residue management, conservation tillage and soil restoration for mitigating
760 greenhouse effect by CO₂-enrichment, *Soil Tillage Res.*, 43, 81–107, 1997.

761 Lal, R.: Sequestering carbon and increasing productivity by conservation agriculture, *J. Soil*
762 *Water Conserv.*, 70, 55A-62A, <https://doi.org/10.2489/jswc.70.3.55A>, 2015.

763 Lal, R.: Digging deeper: A holistic perspective of factors affecting soil organic carbon
764 sequestration in agroecosystems, *Glob. Chang. Biol.*, 24, 3285–3301,
765 <https://doi.org/10.1111/gcb.14054>, 2018.

766 Laub, M., Corbeels, M., Couëdel, A., Ndungu, S. M., Mucheru-muna, M. W., Mugendi, D.,
767 Necpalova, M., Waswa, W., Van de Broek, M., Vanlauwe, B., and Six, J.: Managing soil
768 organic carbon in tropical agroecosystems: evidence from four long-term experiments in
769 Kenya, *SOIL*, 9, 301–323, <https://doi.org/10.5194/soil-9-301-2023>, 2023.

770 Laura, van der P. K., Andy, R., Meagan, S., Francisco, C. J., Wallenstein, M. D., and Cotrufo,
771 M. F.: Addressing the soil carbon dilemma: Legumes in intensified rotations regenerate soil
772 carbon while maintaining yields in semi-arid dryland wheat farms., *Agric. Ecosyst. Environ.*,
773 330, <https://doi.org/10.1016/j.agee.2022.107906>, 2022.

774 Leal, O. A., Amado, T. J. C., Fiorin, J. E., Keller, C., Reimche, G. B., Rice, C. W., Nicoloso,
775 R. S., Bortolotto, R. P., and Schwalbert, R.: Linking cover crop residue quality and tillage
776 system to CO₂-C emission, soil c and n stocks and crop yield based on a long-term experiment,
777 *Agronomy*, 10, <https://doi.org/10.3390/agronomy10121848>, 2020.

778 Li, Y., Li, Z., Chang, S. X., Cui, S., Jagadamma, S., Zhang, Q., and Cai, Y.: Residue retention
779 promotes soil carbon accumulation in minimum tillage systems: Implications for conservation
780 agriculture, *Sci. Total Environ.*, <https://doi.org/10.1016/j.scitotenv.2020.140147>, 2020.

781 Liang, B. C., VandenBygaart, A. J., MacDonald, J. D., Cerkowniak, D., McConkey, B. G.,
782 Desjardins, R. L., and Angers, D. A.: Revisiting no-till's impact on soil organic carbon storage
783 in Canada, *Soil Tillage Res.*, 198, 104529, <https://doi.org/10.1016/j.still.2019.104529>, 2020.

784 Lorenz, K. and Lal, R.: The Depth Distribution of Soil Organic Carbon in Relation to Land
785 Use and Management and the Potential of Carbon Sequestration in Subsoil Horizons, *Adv.*
786 *Agron.*, 88, 35–66, [https://doi.org/10.1016/S0065-2113\(05\)88002-2](https://doi.org/10.1016/S0065-2113(05)88002-2), 2005.

787 Ma, S., He, F., Tian, D., Zou, D., Yan, Z., Yang, Y., Zhou, T., Huang, K., Shen, H., and Fang,
788 J.: Variations and determinants of carbon content in plants: A global synthesis, *Biogeosciences*,
789 15, 693–702, <https://doi.org/10.5194/bg-15-693-2018>, 2018.

790 Malepfane, N. M., Muchaonyerwa, P., Hughes, J. C., and Zengeni, R.: Land use and site effects
791 on the distribution of carbon in some humic soil profiles of KwaZulu-Natal, South Africa,
792 *Heliyon*, 8, <https://doi.org/10.1016/j.heliyon.2021.e08709>, 2022.

793 Mapanda, F., Mupini, J., Wuta, M., Nyamangara, J., and Rees, R. M.: A cross-ecosystem
794 assessment of the effects of land cover and land use on soil emission of selected greenhouse
795 gases and related soil properties in Zimbabwe, *Eur. J. Soil Sci.*, 61, 721–733,
796 <https://doi.org/10.1111/j.1365-2389.2010.01266.x>, 2010.

797 Mbanyele, V., Mtambanengwe, F., Nezomba, H., Groot, J. C. J., and Mapfumo, P.:
798 Comparative short-term performance of soil water management options for increased

- 799 productivity of maize-cowpea intercropping in semi-arid Zimbabwe, *J. Agric. Food Res.*, 5,
800 100189, <https://doi.org/10.1016/j.jafr.2021.100189>, 2021.
- 801 Mhlanga, B., Ercoli, L., Pellegrino, E., Onofri, A., and Thierfelder, C.: The crucial role of
802 mulch to enhance the stability and resilience of cropping systems in southern Africa, *Agron.*
803 *Sustain. Dev.*, 41, <https://doi.org/10.1007/s13593-021-00687-y>, 2021.
- 804 Mhlanga, B., Pellegrino, E., Thierfelder, C., and Ercoli, L.: Conservation agriculture practices
805 drive maize yield by regulating soil nutrient availability, arbuscular mycorrhizas, and plant
806 nutrient uptake, *F. Crop. Res.*, 277, 108403, <https://doi.org/10.1016/j.fcr.2021.108403>, 2022a.
- 807 Mhlanga, B., Ercoli, L., Thierfelder, C., and Pellegrino, E.: Conservation agriculture practices
808 lead to diverse weed communities and higher maize grain yield in Southern Africa, *F. Crop.*
809 *Res.*, 289, 108724, <https://doi.org/10.1016/j.fcr.2022.108724>, 2022b.
- 810 Minasny, B., Malone, B. P., McBratney, A. B., Angers, D. A., Arrouays, D., Chambers, A.,
811 Chaplot, V., Chen, Z. S., Cheng, K., Das, B. S., Field, D. J., Gimona, A., Hedley, C. B., Hong,
812 S. Y., Mandal, B., Marchant, B. P., Martin, M., McConkey, B. G., Mulder, V. L., O'Rourke,
813 S., Richer-de-Forges, A. C., Odeh, I., Padarian, J., Paustian, K., Pan, G., Poggio, L., Savin, I.,
814 Stolbovoy, V., Stockmann, U., Sulaeman, Y., Tsui, C. C., Vågen, T. G., van Wesemael, B.,
815 and Winowiecki, L.: Soil carbon 4 per mille, *Geoderma*, 292, 59–86,
816 <https://doi.org/10.1016/j.geoderma.2017.01.002>, 2017.
- 817 Mtambanengwe, F., Mapfumo, P., and Kirchmann, H.: Decomposition of organic matter in soil
818 as influenced by texture and pore size distribution, in: *Managing Nutrient Cycles to Sustain*
819 *Soil Fertility in Sub-Saharan Africa*, edited by: Bationo, A., Academy Science Publishers and
820 TSBF CIAT, Nairobi, 261–276, 2004.
- 821 Nyamangara, J., Masvaya, E. N., Tirivavi, R., and Nyengerai, K.: Effect of hand-hoe based
822 conservation agriculture on soil fertility and maize yield in selected smallholder areas in
823 Zimbabwe, *Soil Tillage Res.*, 126, 19–25, <https://doi.org/10.1016/j.still.2012.07.018>, 2013.
- 824 Patra, S., Julich, S., Feger, K. H., Jat, M. L., Sharma, P. C., and Schwärzel, K.: Effect of
825 conservation agriculture on stratification of soil organic matter under cereal-based cropping
826 systems, *Arch. Agron. Soil Sci.*, 65, 2013–2028,
827 <https://doi.org/10.1080/03650340.2019.1588462>, 2019.
- 828 Paustian, K., Lehmann, J., Ogle, S., Reay, D., Robertson, G. P., and Smith, P.: Climate-smart
829 soils, *Nature*, 532, 49–57, <https://doi.org/10.1038/nature17174>, 2016.
- 830 Powelson, D. S., Stirling, C. M., Jat, M. L., Gerard, B. G., Palm, C. A., Sanchez, P. A., and
831 Cassman, K. G.: Limited potential of no-till agriculture for climate change mitigation, *Nat.*
832 *Clim. Chang.*, 4, 678–683, <https://doi.org/10.1038/nclimate2292>, 2014.
- 833 Powelson, D. S., Stirling, C. M., Thierfelder, C., White, R. P., and Jat, M. L.: Does conservation
834 agriculture deliver climate change mitigation through soil carbon sequestration in tropical agro-
835 ecosystems ?, *Agriculture, Ecosyst. Environ.*, 220, 164–174,
836 <https://doi.org/10.1016/j.agee.2016.01.005>, 2016.
- 837 R Core Team, 2020. R: A Language and Environment for Statistical Computing. R Foundation
838 for Statistical Computing, Vienna, Austria. <https://www.R-project.org/>.
- 839 Rumpel, C., Chabbi, A., and Marschner, B.: Carbon Storage and Sequestration in Subsoil

- 840 Horizons: Knowledge, Gaps and Potentials, in: Recarbonization of the Biosphere: Ecosystems
841 and the Global Carbon Cycle, edited by: Lal, R., Lorenz, K., Hüttl, R. F., Schneider, B. U., and
842 Von Braun, J., Springer Science+Business Media B.V, 445–464, [https://doi.org/10.1007/978-](https://doi.org/10.1007/978-94-007-4159-1)
843 [94-007-4159-1](https://doi.org/10.1007/978-94-007-4159-1), 2012.
- 844 Sanaullah, M., Chabbi, A., Maron, P. A., Baumann, K., Tardy, V., Blagodatskaya, E.,
845 Kuzyakov, Y., and Rumpel, C.: How do microbial communities in top- and subsoil respond to
846 root litter addition under field conditions?, *Soil Biol. Biochem.*, 103, 28–38,
847 <https://doi.org/10.1016/j.soilbio.2016.07.017>, 2016.
- 848 Shumba, A., Dunjana, N., Nyamasoka, B., Nyamugafata, P., Madyiwa, S., and Nyamangara,
849 J.: Maize (*Zea mays*) yield and its relationship to soil properties under integrated fertility,
850 mulch and tillage management in urban agriculture, *South African J. Plant Soil*, 1–10,
851 <https://doi.org/10.1080/02571862.2019.1678686>, 2020.
- 852 Shumba, A., Chikowo, R., Thierfelder, C., Corbeels, M., Six, J., and Cardinael, R.: Data for
853 "Mulch application as the overarching factor explaining increase in soil organic carbon stocks
854 under conservation agriculture in two 8-year-old experiments in Zimbabwe",
855 <https://doi.org/10.18167/DVN1/VPOCHN>, CIRAD Dataverse, V2, 2023a.
- 856 Shumba, A., Chikowo, R., Corbeels, M., Six, J., Thierfelder, C., and Cardinael, R.: Long-term
857 tillage, residue management and crop rotation impacts on N₂O and CH₄ emissions on two
858 contrasting soils in sub-humid Zimbabwe, *Agric. Ecosyst. Environ.*, 341,
859 <https://doi.org/10.1016/j.agee.2022.108207>, 2023b.
- 860 Singh, G., Schoonover, J. E., Williard, K. W. J., Kaur, G., and Crim, J.: Carbon and Nitrogen
861 Pools in Deep Soil Horizons at Different Landscape Positions, *Soil Sci. Soc. Am. J.*, 82, 1512–
862 1525, <https://doi.org/10.2136/sssaj2018.03.0092>, 2018.
- 863 Six, J., Paustian, K., and Elliott, E.: Aggregate and soil organic matter dynamics under
864 conventional and no-tillage systems, *Soil Sci. Soc. Am. J.*, 63, 1350–1358, 1999.
- 865 Six, J., Elliott, E. T., and Paustian, K.: Soil macroaggregate turnover and microaggregate
866 formation: A mechanism for C sequestration under no-tillage agriculture, *Soil Biol. Biochem.*,
867 32, 2099–2103, [https://doi.org/10.1016/S0038-0717\(00\)00179-6](https://doi.org/10.1016/S0038-0717(00)00179-6), 2000.
- 868 Six, J., Conant, R. T., Paul, E. A., and Paustian, K.: Stabilization mechanisms of soil organic
869 matter : Implications for C-saturation of soils, 155–176, 2002.
- 870 Sun, W., Canadell, J. G., Yu, L. L., Yu, L. L., Zhang, W., Smith, P., Fischer, T., and Huang,
871 Y.: Climate drives global soil carbon sequestration and crop yield changes under conservation
872 agriculture, *Glob. Chang. Biol.*, 26, 3325–3335, <https://doi.org/10.1111/gcb.15001>, 2020.
- 873 Swanepoel, C. M., van der Laan, M., Weepener, H. L., du Preez, C. C., and Annandale, J. G.:
874 Review and meta-analysis of organic matter in cultivated soils in southern Africa, *Nutr. Cycl.*
875 *Agroecosystems*, 104, 107–123, <https://doi.org/10.1007/s10705-016-9763-4>, 2016.
- 876 Swanepoel, C. M., Rötter, R. P., van der Laan, M., Annandale, J. G., Beukes, D. J., du Preez,
877 C. C., Swanepoel, L. H., van der Merwe, A., and Hoffmann, M. P.: The benefits of conservation
878 agriculture on soil organic carbon and yield in southern Africa are site-specific, *Soil Tillage*
879 *Res.*, 183, 72–82, <https://doi.org/10.1016/j.still.2018.05.016>, 2018.
- 880 Thierfelder, C. and Mhlanga, B.: Short-term yield gains or long-term sustainability? – a

881 synthesis of Conservation Agriculture long-term experiments in Southern Africa, *Agric.*
882 *Ecosyst. Environ.*, 326, 107812, <https://doi.org/10.1016/j.agee.2021.107812>, 2022.

883 Thierfelder, C. and Wall, P. C.: Effects of conservation agriculture techniques on infiltration
884 and soil water content in Zambia and Zimbabwe, *Soil Tillage Res.*, 105, 217–227,
885 <https://doi.org/10.1016/j.still.2009.07.007>, 2009.

886 Thierfelder, C. and Wall, P. C.: Effects of conservation agriculture on soil quality and
887 productivity in contrasting agro-ecological environments of Zimbabwe, *Soil Use Manag.*, 28,
888 209–220, <https://doi.org/10.1111/j.1475-2743.2012.00406.x>, 2012.

889 Thierfelder, C., Matemba-Mutasa, R., and Rusinamhodzi, L.: Yield response of maize (*Zea*
890 *mays* L.) to conservation agriculture cropping system in Southern Africa, *Soil Tillage Res.*,
891 146, 230–242, <https://doi.org/10.1016/j.still.2014.10.015>, 2015.

892 Thierfelder, C., Chivenge, P., Mupangwa, W., Rosenstock, T. S., Lamanna, C., and Eyre, J. X.:
893 How climate-smart is conservation agriculture (CA)? – its potential to deliver on adaptation,
894 mitigation and productivity on smallholder farms in southern Africa, *Food Secur.*, 9, 537–560,
895 <https://doi.org/10.1007/s12571-017-0665-3>, 2017.

896 Thierfelder, C., Baudron, F., Setimela, P., Nyagumbo, I., Mupangwa, W., Mhlanga, B., Lee,
897 N., and Gérard, B.: Complementary practices supporting conservation agriculture in southern
898 Africa. A review, *Agron. Sustain. Dev.*, 38, <https://doi.org/10.1007/s13593-018-0492-8>, 2018.

899 Thorup-Kristensen, K., Halberg, N., Nicolaisen, M., Olesen, J. E., Crews, T. E., Hinsinger, P.,
900 Kirkegaard, J., Pierret, A., and Dresbøll, D. B.: Digging Deeper for Agricultural Resources,
901 the Value of Deep Rooting, *Trends Plant Sci.*, 25, 406–417,
902 <https://doi.org/10.1016/j.tplants.2019.12.007>, 2020.

903 Villarino, S. H., Pinto, P., Jackson, R. B., and Piñeiro, G.: Plant rhizodeposition : A key factor
904 for soil organic matter formation in stable fractions, *Sci. Adv.*, 7, 1–14,
905 <https://doi.org/10.1126/sciadv.abd3176>, 2021.

906 Virk, A. L., Lin, B. J., Kan, Z. R., Qi, J. Y., Dang, Y. P., Lal, R., Zhao, X., and Zhang, H. L.:
907 Simultaneous effects of legume cultivation on carbon and nitrogen accumulation in soil, *Adv.*
908 *Agron.*, 171, 75–110, <https://doi.org/10.1016/bs.agron.2021.08.002>, 2022.

909 Wendt, J. W. and Hauser, S.: An equivalent soil mass procedure for monitoring soil organic
910 carbon in multiple soil layers, *Eur. J. Soil Sci.*, 64, 58–65, <https://doi.org/10.1111/ejss.12002>,
911 2013.

912 Yang, L., Luo, Y., Lu, B., Zhou, G., Chang, D., Gao, S., Zhang, J., Che, Z., and Cao, W.: Long-
913 term maize and pea intercropping improved subsoil carbon storage while reduced greenhouse
914 gas emissions, *Agric. Ecosyst. Environ.*, 349, 108444,
915 <https://doi.org/10.1016/J.AGEE.2023.108444>, 2023.

916 Yost, J. L. and Hartemink, A. E.: How deep is the soil studied – an analysis of four soil science
917 journals, *Plant Soil*, 452, 5–18, <https://doi.org/10.1007/s11104-020-04550-z>, 2020.

918