

1 **Mulch application as the overarching factor explaining increase in soil organic carbon**
2 **stocks under conservation agriculture in two 8-year-old experiments in Zimbabwe**

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26 **Abstract**

27 Conservation agriculture (CA), combining reduced or no tillage, permanent soil cover and
28 improved rotations, is often promoted as a climate-smart practice. However, our understanding
29 about the impact of CA and its respective three principles on top and sub-soil organic carbon
30 (SOC) stocks in low input cropping systems of sub-Saharan Africa is rather limited. The study
31 was conducted at two long-term experimental sites established in 2013 in Zimbabwe. The soil
32 types were abruptic Lixisols at Domboshava Training Centre (DTC) and xanthic Ferralsol at
33 the University of Zimbabwe farm (UZF). Six treatments, replicated four times were
34 investigated: conventional tillage (CT), conventional tillage with rotation (CTR), NT, no-
35 tillage with mulch (NTM), no-tillage with rotation (NTR), no-tillage with mulch and rotation
36 (NTMR). Maize (*Zea mays* L.) was the main crop and treatments with rotation included cowpea
37 (*Vigna unguiculata* L. Walp.). SOC concentration and bulk density were determined for
38 samples taken from the 0-5, 5-10, 10-15, 15-20, 20-30, 30-40, 40-50, 50-75 and 75-100 cm
39 depths. Cumulative organic inputs to the soil were also estimated in all treatments. SOC stocks
40 at equivalent soil mass were significantly ($p < 0.05$) higher under NTM, NTR and NTMR
41 compared to NT and CT in top 5 and 10 cm layers at UZF, while SOC stocks were only
42 significantly higher under NTM and NTMR compared to NT and CT in top 5 cm at DTC. NT
43 alone had a slightly negative impact on top SOC stocks. Cumulative SOC stocks were not
44 significantly different between treatments when considering the whole 100 cm soil profile. Our
45 results showed the overarching role of crop residue mulching in CA cropping systems in
46 enhancing SOC stocks but that this effect was limited to the topsoil. The highest cumulative
47 organic carbon inputs to the soil were observed in NTM treatments at the two sites, and this
48 could probably explain the positive effect on SOC stocks. Our results also showed that the
49 combination of at least two CA principles including mulch is required to increase SOC stocks
50 in these low nitrogen input cropping systems.

51 **Key words:** organic inputs, climate change mitigation, climate-smart agriculture, deep soil
52 organic carbon, sustainable intensification

53

54 **1. Introduction**

55 Soil organic carbon (SOC) is an important determinant of soil fertility, productivity and
56 sustainability, and is a useful indicator of soil quality in tropical agricultural systems where
57 nutrient poor and highly weathered soils are managed with little external inputs (Lal, 1997;
58 Feller and Beare, 1997; Chivenge et al., 2007). Therefore, rebuilding depleted SOC stocks in
59 such soils holds potential to contribute to climate change mitigation (Bossio et al., 2020;
60 Minasny et al., 2017; Swanepoel et al., 2016) through sustainable management of agricultural
61 soils (Paustian et al., 2016; Dignac et al., 2017).

62 Conservation agriculture (CA), based on minimum soil disturbance, crop residue retention and
63 crop rotation, has been known to improve surface SOC, with beneficial effects on soil
64 functioning such as improved water infiltration (Thierfelder and Wall, 2012, 2009) and better
65 aggregate stability (Six et al., 1999; Thierfelder and Wall, 2012). The potential of CA to
66 increase SOC stocks and thereby mitigate climate change has, however, been much debated
67 (Corbeels et al., 2020a) but the general understanding is that, this potential is relatively low
68 (Du et al., 2017; Powlson et al., 2014, 2016; Cheesman et al., 2016; Corbeels et al., 2020a). In
69 fact, soil C storage has often been over-estimated for CA due to shallow soil sampling.
70 Compared to conventional tillage systems, no-tillage redistributes SOC in the soil profile, with
71 higher concentrations in the topsoil but potentially lower concentrations below, which can
72 result in no differences in whole profile SOC stocks between no-tillage and conventional tillage
73 (Angers and Eriksen-Hamel, 2008). However, this lack of significant differences in many

74 studies assessing whole profile SOC stocks suffer from not enough statistical power to
75 accurately assess the potential significant SOC changes (Kravchenko and Robertson, 2011).

76 CA can potentially build SOC in deeper soil layers from e.g. the use of cover crops with more
77 extended root systems (Kell, 2011; Thorup-Kristensen et al., 2020; Yang et al., 2023).
78 However, proper soil sampling strategies, to account for both topsoil and subsoil (> 30 cm
79 depth) SOC stocks must, therefore, be prioritized. Soil sampling has often been limited to the
80 top soil plough layer (0-30 cm) in the past two decades (Dube et al., 2012; Powlson et al., 2016;
81 Patra et al., 2019; Yost and Hartemink, 2020), where SOC concentrations, root densities
82 (Chikowo et al., 2003) and microbial activities (Mtambanengwe et al., 2004) are generally
83 largest (Rumpel et al., 2012) and which is the minimum default soil depth recommended by
84 the Intergovernmental Panel for Climate Change (IPCC, 2019). In a meta-analysis of SOC
85 stocks in the top 1 m of soils, Balesdent et al. (2018) found that soils below 0.3 m contain on
86 average 47 % of total SOC stock in the 1 m soil depth and accounts for 19 % of the SOC that
87 has been recently incorporated. Therefore, focusing on topsoil only, could underestimate the
88 potential of agricultural management practices to store SOC (Cardinael et al., 2015). In turn,
89 this can give wrong conclusions on the climate change mitigation potential of agricultural
90 management practices.

91 There have been many studies on the effects of CA on crop productivity and soil health benefits
92 (Corbeels, Naudin, et al., 2020; Kimaro et al., 2016; Mhlanga et al., 2022a; Swanepoel et al.,
93 2018; Thierfelder et al., 2015, 2017; Thierfelder & Mhlanga, 2022), and other studies have
94 fuelled the debate on CA practicality and adoption in SSA (Giller et al., 2009, 2015; Kassam
95 et al., 2019). However, the effects of CA on SOC dynamics has not been widely investigated
96 in SSA. Thierfelder et al., (2017) have alluded to the fact that, data on climate change mitigation
97 potential of CA in southern Africa is scanty hence the need for more research to better quantify

98 the mitigation effects of CA as a climate-smart technology. It has also been observed that
99 depending on the socio-economic and biophysical conditions, farmers may find it easier to
100 adopt certain CA principles and/or their different combinations (Mbanyele et al., 2021;
101 Baudron et al., 2012), although this also opened up new debates (Thierfelder et al., 2018).
102 Therefore, in this study, the focus was on the individual versus combined effects of CA
103 principles (no-tillage, crop residue retention, crop rotation) on SOC stocks.

104 As changes in SOC stocks take time to be detected, long-term experiments are crucial, but are
105 rare, especially in Africa (Bationo et al., 2013; Cardinael et al., 2022; Powlson et al., 2016;
106 Thierfelder and Mhlanga, 2022). This study was conducted on two long-term experiments
107 established in 2013 in Zimbabwe. We hypothesized that the full combination of CA
108 components would be associated with higher increases ~~of in~~ in SOC stocks than adoption of only
109 one component. ~~and that this~~ This increase ~~in SOC stocks would could~~ in SOC stocks mainly be due to
110 increased C inputs to the soil, ~~especially under~~ especially under ~~and~~ minimum soil disturbance. However, C
111 inputs due to crop rotation ~~might could~~ might be indirect ~~and we therefore hypothesise that the~~ through
112 ~~increased crop~~ increased crop productivity ~~of the crops is enhanced~~ due to reduction on biotic pressure (pests
113 and diseases), and therefore C inputs to the soil might be increased ~~too. Secondly, cereal~~ too.
114 ~~Cereals, in a cereals-legumes~~ Cereals, in ~~rotations~~ rotations ~~tend to may~~ tend to benefit from added soil nitrogen through
115 biological nitrogen fixation ~~by from~~ by the preceding legume crop ~~hence enhancing more their~~
116 productivity. ~~Crop diversification, on the other hand, can enhance soil biological processes by~~
117 ~~increasing the diversity and/or abundance of microfauna like mycorrhizae. This, in turn,~~
118 ~~improves aggregate stability and offers physical protection for SOC. The third hypothesis is~~
119 ~~that crop diversification enhances soil biological processes via different root systems, and~~
120 ~~enhanced microfauna diversity and/or abundance (e.g. mycorrhizae) that could improve~~
121 ~~aggregate stability and therefore physical protection of soil carbon.~~ Lastly, high quality

122 residues (from the legume crop) have been shown to be preferentially stabilized in the soil due
123 to a higher carbon use efficiency of soil microbes (Cotrufo et al., 2013; Kopittke et al., 2018).

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125 **2. Materials and methods**

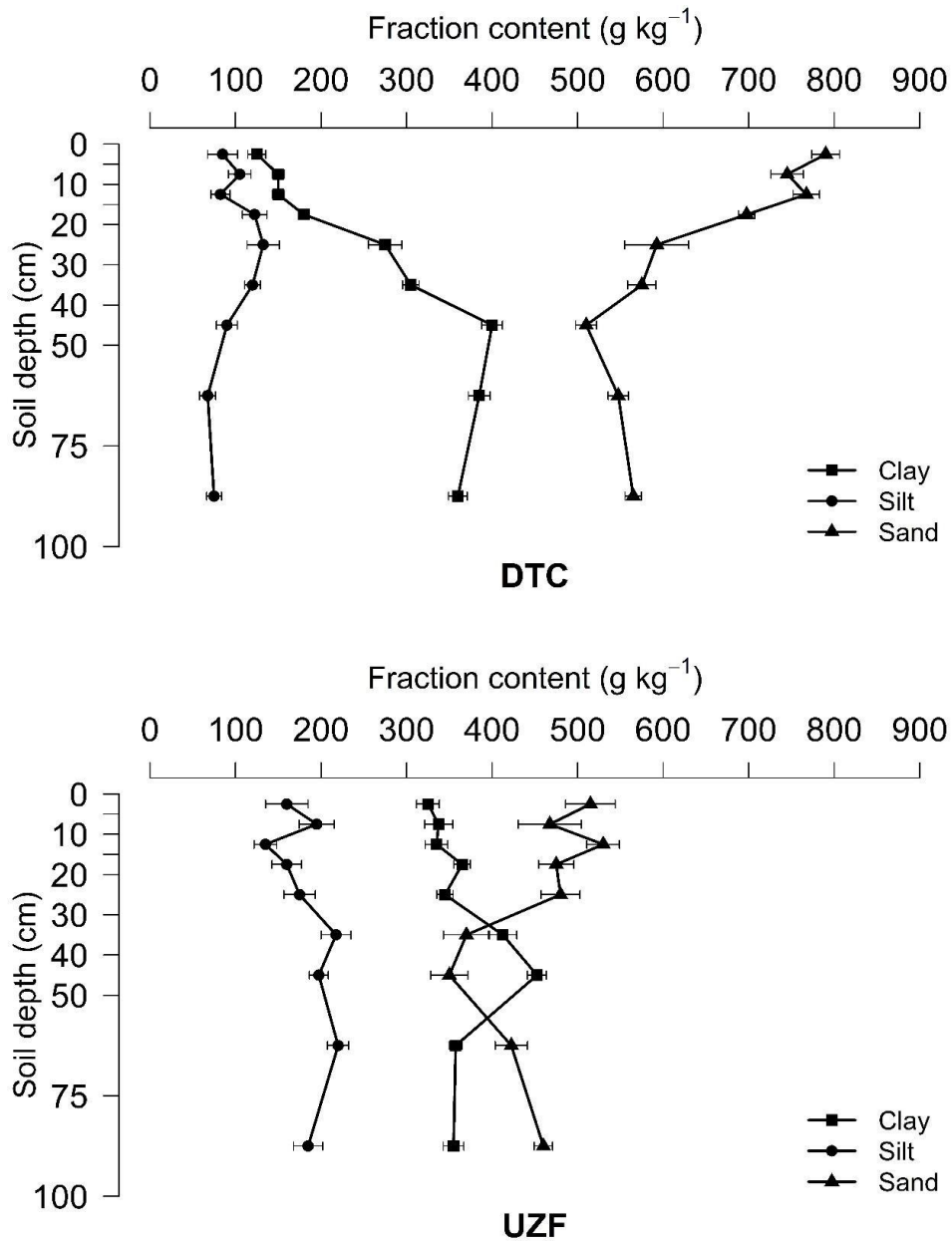
126 **2.1 Study sites**

127 The study was conducted at two long-term experimental sites established in November 2013
128 by CIMMYT. The site at the University of Zimbabwe Farm (UZF) is located about 12 km north
129 of Harare city centre (31° 00' 48" E; 17° 42' 24" S), while the site at the Domboshava Training
130 Centre (DTC) is located about 30 km north-east of Harare (31° 07' 33" E; 17° 35' 17" S). UZF
131 soils are dolerite-derived xanthic *Ferralsols* (FAO classification) and are medium-textured
132 sandy clay loams (34 % clay) in the top 20 cm with a subsoil (20-40 cm) of slightly higher clay
133 content (38 %). DTC soils are granite-derived abruptic *Lixisols* (FAO classification) and are
134 light-textured sandy loams (15 % clay) in the 0-20 cm layer, overlying abruptly a heavier-
135 textured subsoil (20-40 cm) of 30 % clay (Figure 1).

136 The two study sites have a sub-tropical climate with cool, dry winters and hot, wet summers
137 with mean annual minimum and maximum temperatures of 12°C and 25°C, respectively
138 (Mapanda et al., 2010). The rainy season starts in November and tails off in March with a mean
139 annual rainfall of 826 and 814 mm at UZF and DTC, respectively (Mhlanga, et al., 2022b).
140 Cumulative seasonal rainfall in 2019/20 (474 mm) was almost half of rainfall received in the
141 2020/21 season (932 mm) at DTC (Shumba et al., 2023b). At UZF, cumulative seasonal rainfall
142 was 551 mm and 637 mm in the 2019/20 and 2020/21 cropping seasons. On average, minimum
143 and maximum temperatures were 16.9 and 28.1 °C in 2019/20 and 15.5 and 27.2 °C in 2020/21

144 at DTC and 15.5 and 28.6 °C in 2019/20 and 15.3 and 27.5 °C in 2020/21 cropping season at
145 UZF.

146



147
148 **Figure 1.** Soil texture to 1 m soil depth at the DTC (top) and UZF (bottom) sites in Zimbabwe.

149 Error bars represent standard errors (N = 4).

150

151 2.2 Experimental treatments and crop management

152 Two identical experiments were set up at the study sites and treatments were maintained every
153 season since November 2013. The experiments were set up in a randomised complete block
154 design (RCBD) with eight treatments replicated in four blocks. However, in this study we
155 investigated only six of these treatments. All crop residues were removed soon after harvesting
156 in all treatments, stored and then applied prior to planting in treatments with mulch. The six
157 treatments in our study were:

- 158 i. Conventional tillage (CT) – land preparation was done through digging with a hand hoe
159 and maize (*Zea mays* L.) was sown as a sole crop in rip lines that were created
160 afterwards using an animal-drawn Magoye ripper (a traditional plough with the
161 mouldboard replaced with a ripper tine) at DTC, and in planting basins (approximately
162 10 cm diameter and 10 cm depth) created using a hand hoe at UZF.
- 163 ii. Conventional tillage with rotation (CTR) – land preparation was done as in the CT
164 treatment and maize was rotated with cowpea (*Vigna unguiculata* L.).
- 165 iii. No-tillage (NT) – sole maize was sown in rip lines created using an animal-drawn
166 Magoye ripper (no further soil disturbance was done) at DTC, and in planting basins
167 (approximately 15 cm diameter and 15 cm depth) created using a hand hoe at UZF.
- 168 iv. No-tillage with mulch (NTM) – maize was sown as in the NT treatment and maize
169 residues from the previous season were applied on the soil surface between maize
170 rows at planting at a rate of 2.5 t DM ha⁻¹.
- 171 v. No-tillage with rotation (NTR) – maize was sown in rip lines and rotated with cowpea.
- 172 vi. No-tillage with mulch and rotation (NTMR) – maize was sown in rip lines and rotated
173 with cowpea and maize residues were applied on the soil surface between maize rows
174 at planting at a rate of 2.5 t DM ha⁻¹.

175 Crop residues were removed every year after harvest and weighed in again to maintain the
176 exact 2.5 t ha⁻¹ residue weight year after year. There was a total of 24 plots at each site which
177 were 6 m wide and 12 m long (72 m²). Treatments with rotation (CTR, NTR, NTMR) were
178 split into 6 m wide and 6 m long (36 m²) subplots where maize and cowpea were grown
179 interchangeably every season (maize was sown on one side of the plot while cowpea on the
180 other side).

181 The inter-row spacing was 90 cm and 45 cm for maize and cowpea, respectively, and the in-
182 row spacing was 25 cm for both crops which translated to 44,444 and 88,888 plants ha⁻¹,
183 respectively. Three seeds were planted per planting station and thinned to one after emergence.
184 Basal dressing of nitrogen (N), phosphorus (P) and potassium (K) was applied within 5 cm of
185 the seeds in the form of compound fertilizer for both maize and cowpea at 11.6 kg N ha⁻¹, 10.6
186 kg P ha⁻¹ and 9.6 kg K ha⁻¹, respectively. Nitrogen top dressing to maize only, was applied at
187 4 and 8 weeks after emergence (WAE) in two equal splits of 23.1 kg N ha⁻¹ each, as ammonium
188 nitrate when soil moisture was adequate. However, in the 2019/20 cropping season at both sites
189 and in the 2020/21 cropping season at UZF, the first N top dressing was delayed by an average
190 of 4.5 and 2.0 weeks, respectively, due to mid-season dry spells. Ammonium nitrate was side
191 dressed within 5 cm of the maize stems. Glyphosate [N-(phosphono-methyl) glycine], a pre-
192 emergent non-selective herbicide was applied at 1.025 L active ingredient ha⁻¹ soon after
193 sowing to control weeds. This was followed by manual hoe weeding whenever weeds reached
194 a maximum of 10 cm height or 10 cm in diameter for stoloniferous weeds to achieve a weed
195 clean field. More details about the experiment can be found in Shumba et al., (2023b) and
196 Mhlanga et al., (2022a).

197

198 **2.3 Soil sampling for bulk density determination and soil organic carbon analysis**

199 Soil sampling was done in May 2021 at both sites. For each treatment and replicate, two
200 sampling points in the maize rows and two sampling points in the middle of the inter-rows
201 were randomly selected. The two samples from the rows were pooled into one sample per
202 depth, similarly to the two samples taken in the inter-rows. The following nine depth
203 increments were considered for both SOC and bulk density (BD) measurements: 0-5, 5-10, 10-
204 15, 15-20, 20-30, 30-40, 40-50, 50-75 and 75-100 cm. Undisturbed soil samples using a metal
205 cylinder (5 cm diameter and 5 cm height) were taken from the following depth ranges 0-5, 5-
206 10, 10-15, 15-20 and 20-30 cm for both SOC and BD measurements. A motorized, hand-held
207 soil corer, with an inside diameter of 10 cm, was used to take samples for the 30-40, 40-50, 50-
208 75 and 75-100 cm depths for SOC analysis from the same positions where undisturbed samples
209 were taken. As no significant differences in BD were found below 20 cm between the different
210 treatments at the two sites (see results section) and to avoid too much destruction of the
211 experimental plots, two soil pits were opened at the edges of the experimental plots (also
212 cropped with maize since 2013) at each site to take BD samples for the 30-40, 40-50, 50-75
213 and 75-100 cm depths. As a result, BD below 30 cm depth was assumed the same across the
214 treatments.

215 Soil samples were crumbled and fresh weight was determined using a field scale. Soil moisture
216 was determined on a sub-sample by drying it in an oven at 105°C for 48 hours. All samples
217 were then air-dried and sieved through a 2 mm sieve to determine the mass proportion of coarse
218 soil (> 2 mm) as a fraction of the whole sample. Bulk density (BD) was determined by dividing
219 the dry mass of soil by the volume of the cylinder. Subsamples from the ≤ 2 mm soil fraction
220 were grinded to < 200 µm for SOC analysis. SOC was analysed in the ISO9001:2015-certified
221 IRD LAMA's laboratory in Dakar by dry combustion on 100-mg aliquots of soil (ground to <
222 200 µm) using a CHN elemental analyser (Thermo Finnigan Flash EA1112, Milan, Italy).

223

224 **2.4 Soil organic carbon stocks calculation**

225 The mass proportion of the coarse fraction (> 2 mm) was removed to calculate SOC stocks.
226 The equivalent soil mass (ESM) approach was used to determine SOC stocks to avoid
227 systematic bias in SOC calculation when using the fixed depth method (Ellert and Bettany,
228 1995; Wendt and Hauser, 2013; von Haden et al., 2020). We defined reference soil mass
229 profiles for each site, based on the lowest cumulative soil mass obtained for each replicate. For
230 these references, cumulative soil mass layers were 0-650, 650-1340, 1340-2060, 2060-4160,
231 4160-5590, 5590-7040, 7040-10550, 10550-13770 Mg soil ha⁻¹ at DTC and 0-460, 460-870,
232 870-1330, 1330-1840, 1840-2760, 2760-4030, 4030-5300, 5300-8190, 8190-11050 Mg soil
233 ha⁻¹ at UZF, which roughly corresponded to soil depth layers of 0-5, 5-10, 10-15, 15-20, 20-
234 30, 30-40, 40-50, 50-75, 75-100 cm, respectively. SOC stocks were calculated on the basis of
235 the same soil mass as the reference profile but different soil depth layers which varied by < 1.5
236 and < 0.6 cm at DTC and UZF, respectively. As mulch was only applied between maize rows,
237 and fertilizer was only applied on maize rows, it was estimated that the row and interrow space
238 represented 22 and 78 % respectively, hence SOC calculations were weighted accordingly
239 (Shumba et al., 2023b). Change in cumulative SOC stock between treatments for a given soil
240 depth was determined using the CT treatment as the reference treatment:

$$241 \Delta SOC\ stock = SOC\ stock_{treatment(i)} - SOC\ stock_{CT(i)}, \text{ (Equation 1)}$$

242 where $SOC\ stock_{treatment}$ is the cumulative SOC stock per treatment (CTR, NT, NTM, NRT,
243 NTMR) at a given soil layer and (*i*) representing 0-5, 0-10, 0-15, 0-20, 0-30, 0-40, 0-50, 50-
244 75, 75-100 cm.

245 SOC accumulation or loss rates ($\text{kg C ha}^{-1} \text{ yr}^{-1}$) were calculated by dividing the change in
246 stocks by the number of years between the establishment of the experiment and the time of soil
247 sampling (8 years):

$$248 \text{ SOC accumulation/loss rate} = \frac{\Delta \text{SOC stocks}}{8} \times 1000, \text{ (Equation 2)}$$

249

250 **2.5 Estimation of organic carbon inputs to the soil**

251 Maize and cowpea yield and aboveground biomass were measured since the inception of the
252 experiment, except for cowpea during the 2013/14 season. This data gap was filled by using
253 the average cowpea yield and aboveground biomass values across seasons (from 2013/14 to
254 2020/21). We assumed that 5 % of the maize aboveground vegetative biomass remained in the
255 field because maize stalk slashing at harvesting did not remove the whole stem. A root:shoot
256 ratio of 0.16 and 0.06 for maize and cowpea, respectively (Amos and Walters, 2006; Kahn and
257 Schroeder, 1999; Kimiti, 2011) was used to estimate the contribution of roots to organic C
258 inputs to the soils. Organic C input contribution from weeds was assumed insignificant since
259 there was effective control of weeds through the use of pre-emergence herbicide (glyphosate)
260 and timely manual weeding throughout the cropping season. We also assumed that the relative
261 amounts of organic C transferred through rhizodeposition was the same for maize and cowpea
262 (i.e. $0.45 \times \text{root C biomass}$ (Balesdent et al., 2011) and that the organic C content of all plant
263 parts was 430 g kg^{-1} (Ma et al., 2018). Cumulative organic C inputs to the soil were then
264 estimated for each treatment (Cardinael et al., 2022).

265

266 **2.6 Data analysis**

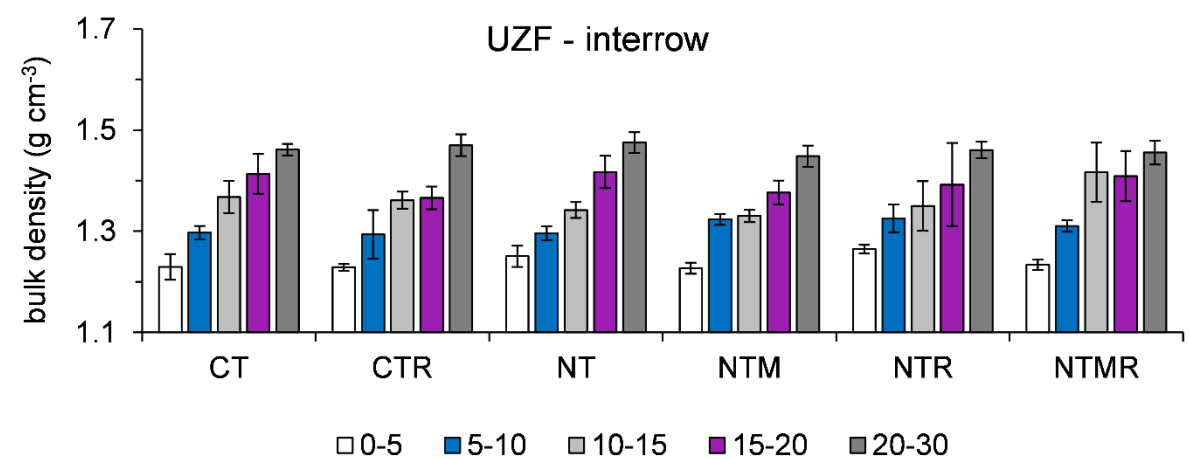
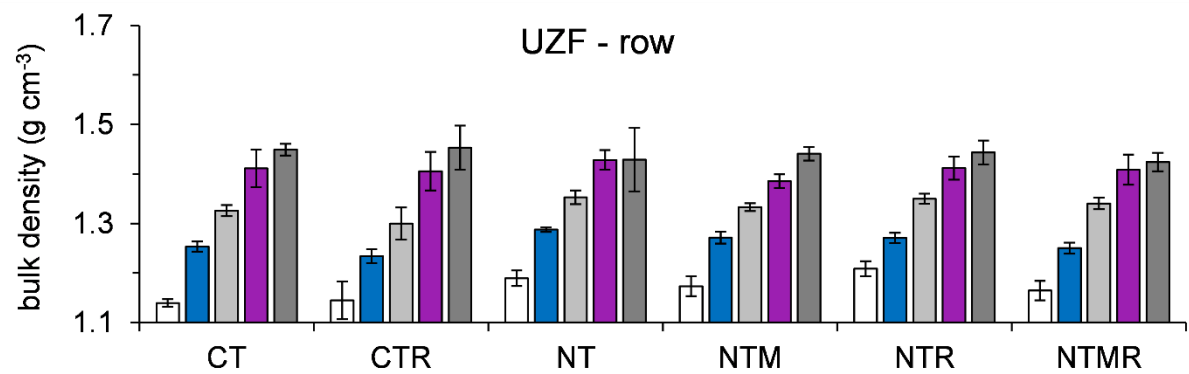
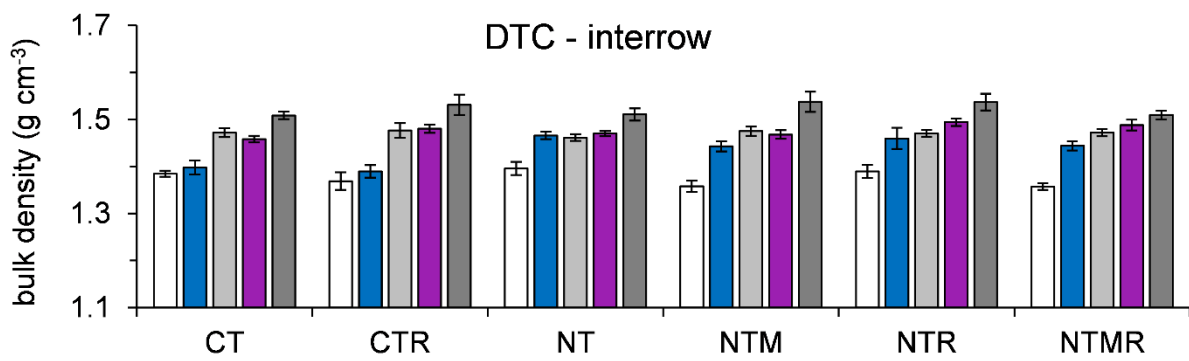
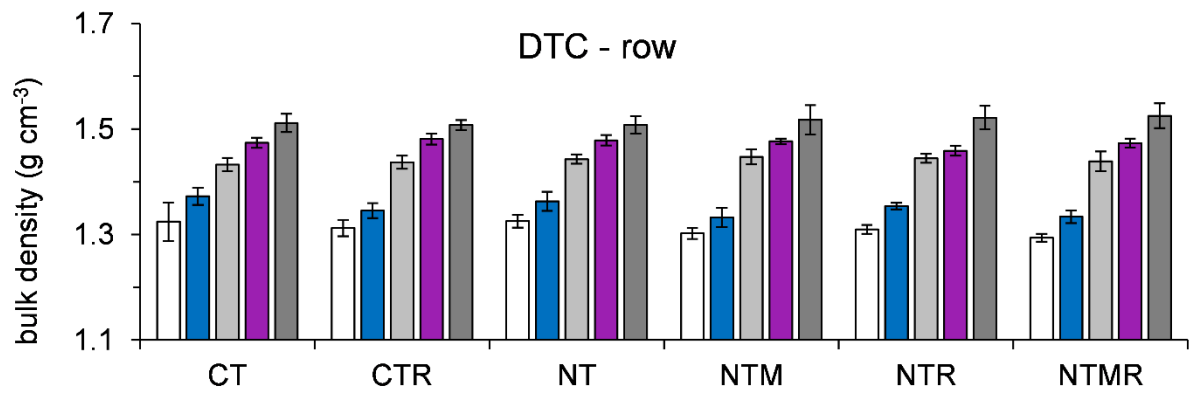
267 The full dataset is available in the CIRAD repository (Shumba et al., 2023a). Statistical analyses
268 were performed using R software, version 4.0.0 (R Core Team 2020). Normality was tested by
269 the Kolmogorov-Smirnov test. After confirming that data were normally distributed, analyses of
270 variance (ANOVA) was carried out to establish any significant treatment effects on BD, SOC
271 concentration, and SOC stock. Separation of means was done using the post hoc Tukey test at 5
272 % significance level using the *emmeans* function from the *emmeans* package (Bolker et al.,
273 2009).

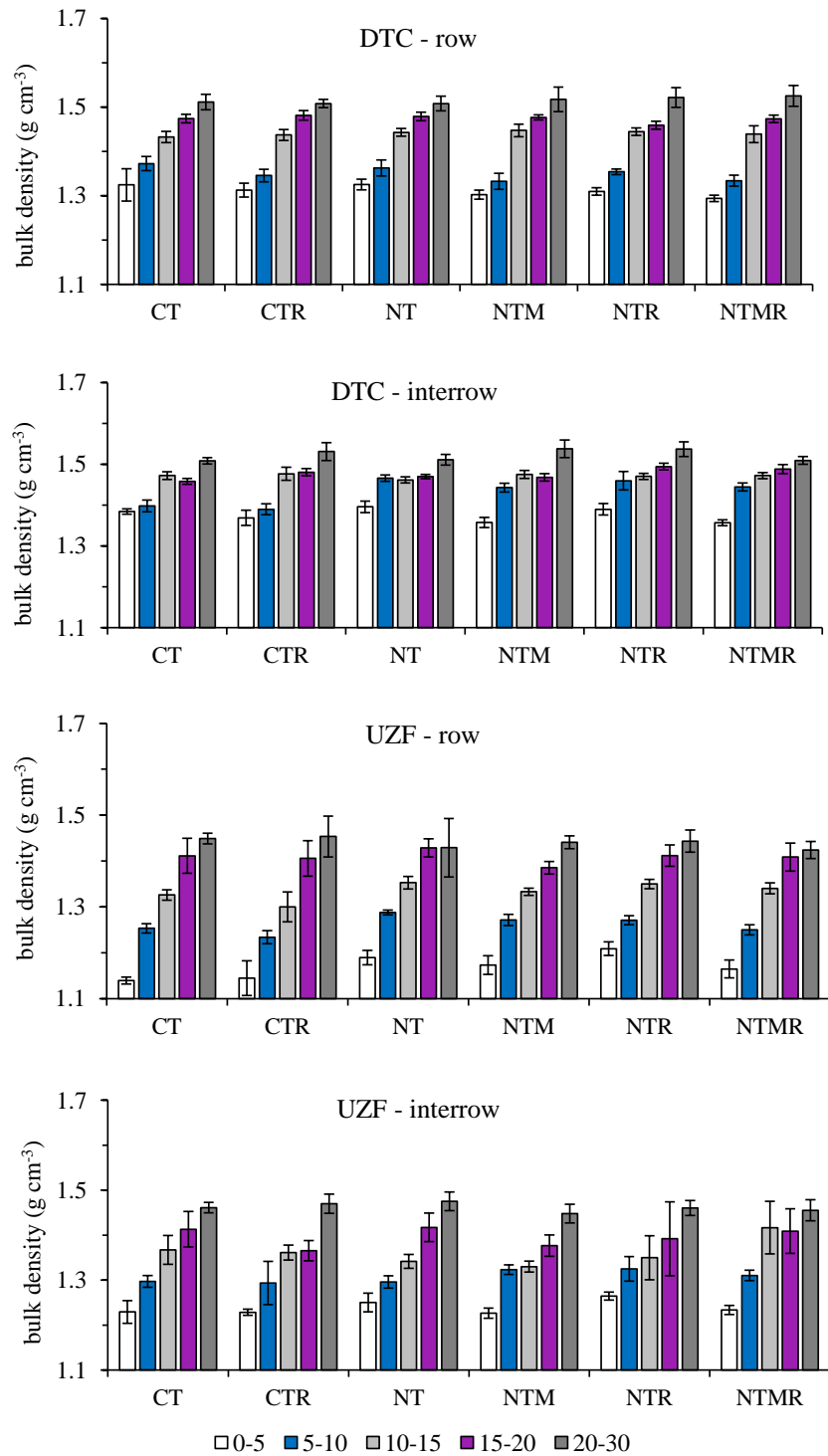
274

275 **3. Results**

276 **3.1 Soil bulk density**

277 The different cropping systems (CT, CTR, NT, NTM, NTR, NTMR) had no significant ($p >$
278 0.05) effect on BD across all soil depths except in the 5-10 cm depth in the inter-row at DTC
279 (Figure 2) where BD was on average 5 % lower in the conventional tillage treatments (CT, CTR)
280 than in the no-tillage treatments (NT, NTR). However, soil depth and location (row or inter-row),
281 and the soil depth x location interaction had significant ($p < 0.001$) effects on BD. In the tillage
282 layer (0-15 cm), BD was at least 2 % higher in the inter-rows than in the rows at both sites. In
283 the deeper soil layer (15 – 30 cm), there were no significant ($p > 0.05$) differences. BD for depths
284 below 30 cm were the same across treatments since it was determined from pits outside the
285 experiment. It ranged between 1.47 – 1.51 and 1.47 – 1.49 g cm⁻³ (Table S1) in the subsoil (30 –
286 100 cm layers) at DTC and UZF, respectively.





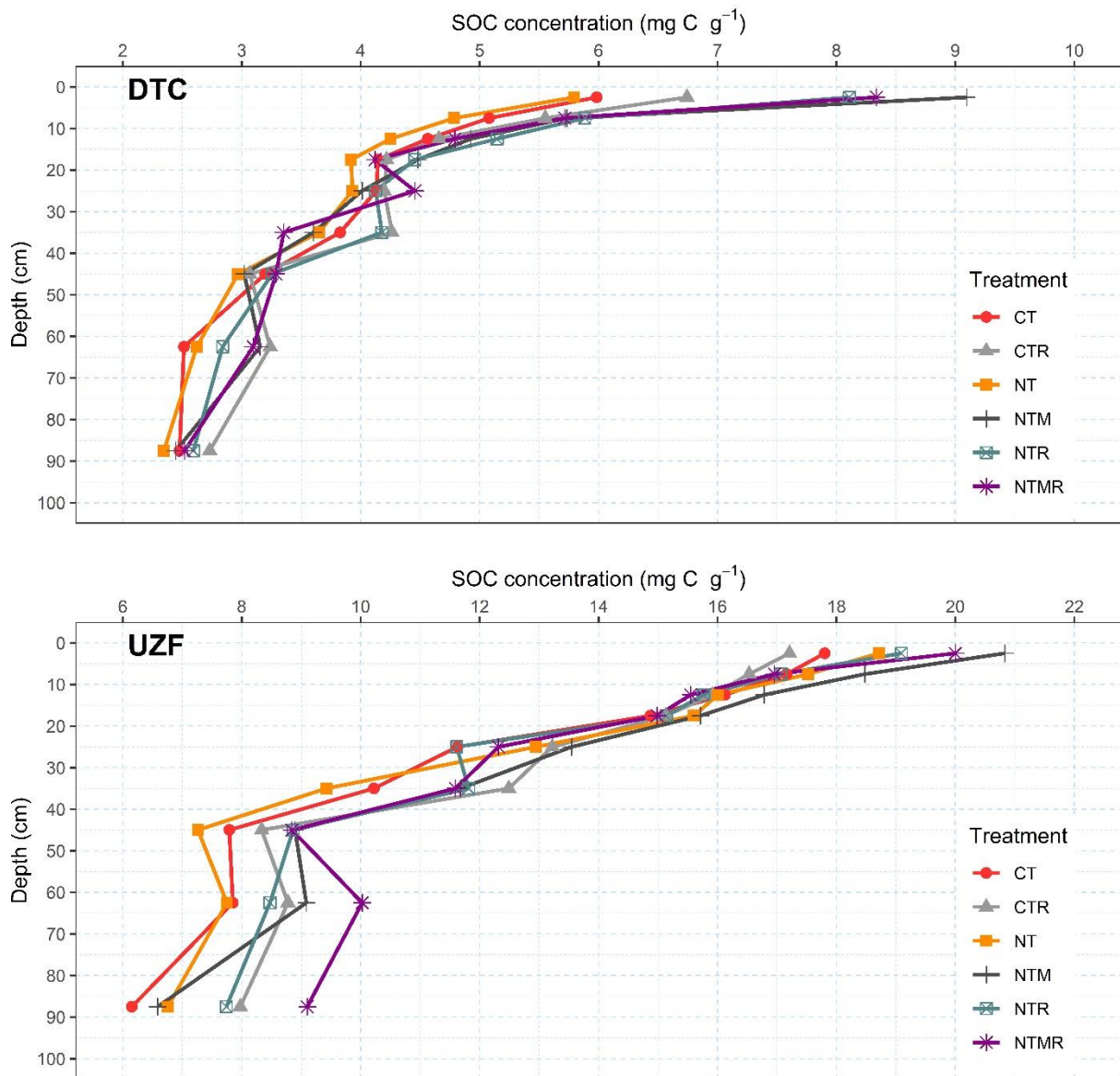
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289 **Figure 2.** Top soil bulk density (0-30 cm) at the Domboshava Training Centre (DTC) and
 290 University of Zimbabwe Farm (UZF) experimental sites in Zimbabwe. CT: conventional tillage,
 291 CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-
 292 tillage with rotation, NTMR: no-tillage with mulch and rotation. Error bars represent standard
 293 errors (N = 4).

294 **3.2 SOC concentration**

295 SOC concentration decreased significantly ($p < 0.001$) with soil depth (Figure 3, Table S2) and
296 was highest in the surface soil (0-5 cm) for all treatments (Table S2). There were significant
297 treatment effects in the 0-5 cm ($p = 0.001$) and 5-10 cm ($p = 0.005$) soil layers at DTC and in
298 the 0-5 cm layer ($p < 0.001$) only, at UZF. NTM had significantly ($p < 0.05$) higher SOC
299 concentration compared to conventional tillage treatments (CT, CTR) and NT in the 0-5 cm
300 soil layer at both sites (Figure 3); the increase in SOC concentration ranged between 31 to 46
301 % and 14 to 22 % at DTC and UZF, respectively. However, SOC concentration in NTM was
302 equal ($p > 0.05$) to NTR and NTMR treatments at both sites.

303 In the 5-10 cm soil layer of DTC, SOC concentrations in NTM and NTR were at least 19 %
304 higher ($p = 0.005$) than in NT and CT (Table S2). There were no significant ($p > 0.05$) treatment
305 effects on SOC concentration below 10 cm soil depth at DTC and below 5 cm depth at UZF.



306

307 **Figure 3.** Soil depth distribution of organic carbon concentration for the different experimental
 308 treatments at the Domboshava Training Centre (DTC) and University of Zimbabwe Farm
 309 (UZF) experimental sites in Zimbabwe. Error bars represent standard errors (N = 4). CT:
 310 conventional tillage, CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage
 311 with mulch, NTR: no-tillage with rotation, NTMR: no-tillage with mulch and rotation.

312

313

314 3.3 SOC stock

315 There were significant ($p < 0.05$) treatment effects on SOC stocks per soil layer in the top 5 at
316 UZF and 10 cm at DTC (Table S3). Compared to CT, CTR and NT, NTM had at least 1.1 and
317 1.3 times more SOC stocks in the top 5 and 10 cm layers at UZF and DTC, respectively. In
318 terms of cumulative SOC stocks, significant ($p < 0.05$) treatment effects were limited to the top
319 30 cm at DTC and the 20 cm at UZF, where no tillage with mulching (NTM) increased SOC
320 stocks (Table 1). There were no significant ($p > 0.05$) tillage effects on SOC stocks (CT vs NT)
321 for both sites. The rotation component had no significant ($p > 0.05$) effects on SOC stocks
322 when comparing CTR and NTR at DTC. However, the maize-cowpea rotation under NT (NTR)
323 had at least 16 % higher SOC stocks in the top 30 cm compared to NT. In contrast, NTR had
324 at least 7 % more SOC stocks than CTR in the top 10 cm at UZF. Compared to NT and CT,
325 the mulching component significantly ($p < 0.05$) increased SOC stocks by at least 8 % at UZF
326 and 13 % at DTC in the top 20 and 30 cm soil layers, respectively. SOC stocks in the full CA
327 treatment (NTMR) were not significantly ($p > 0.05$) different with the other combinations of
328 CA principles (NTM, NTR) and CTR at DTC. At UZF, the full CA treatment had similar SOC
329 stocks as all the other NT treatments (NT, NTM, NTR).

330 SOC stocks for the whole soil profile for this study (0-100 cm) were at least 8.1, 3.5 and 2.1
331 times higher at DTC and 11.6, 4.4 and 2.4 times higher at UZF than the SOC stocks in the 0-5
332 cm (surface soil), 0-15 cm (tillage depth) and 0-30 cm (IPCC standard depth) layers. SOC
333 stocks for the subsoil (30-100 cm) ranged from 18.4 to 51.4 Mg C ha⁻¹ at DTC and 41.9 to
334 124.9 Mg C ha⁻¹ at UZF. Therefore, subsoil represented more than half (at least 53 % at DTC
335 and 58 % at UZF) of SOC stocks for the whole 100 cm soil profile.

336

Site	Cumulative ESM (Mg ha ⁻¹)	Approximate soil depth (cm)	Cumulative SOC stocks (Mg C ha ⁻¹)								LSD	Significance
			CT	CTR	NT	NTM	NTR	NTMR				
DTC	650	0-5	3.9 ± 0.8c	4.4 ± 0.4bc	3.8 ± 0.7c	5.9 ± 1.2a	5.3 ± 1.1ab	5.4 ± 0.7ab	0.9	p < 0.001		
	1340	0-10	7.4 ± 1.3c	8.2 ± 0.6bc	7.1 ± 1.1c	9.9 ± 1.8a	9.4 ± 1.5ab	9.4 ± 1.1ab	1.2	p < 0.001		
	2060	0-15	10.7 ± 1.6c	11.6 ± 0.8bc	10.1 ± 1.3c	13.5 ± 2.0a	13.1 ± 1.7ab	12.9 ± 1.2ab	1.7	p < 0.05		
	2760	0-20	13.6 ± 1.7b	14.6 ± 1.0ab	12.9 ± 1.4b	16.7 ± 2.1a	16.2 ± 1.9a	15.8 ± 1.4a	2.1	p < 0.05		
	4160	0-30	19.4 ± 1.9ab	20.5 ± 1.2ab	18.4 ± 1.6b	22.3 ± 2.2a	22.0 ± 1.9a	22.0 ± 1.5a	2.7	p < 0.05		
	5590	0-40	24.9 ± 2.0a	26.6 ± 1.3a	23.7 ± 1.7a	27.5 ± 2.3a	27.9 ± 2.0a	26.9 ± 1.6a	3.1	ns		
	7040	0-50	29.6 ± 1.9a	31.2 ± 1.3a	28.0 ± 1.8a	32.0 ± 2.4a	32.7 ± 2.1a	31.7 ± 1.7a	3.4	ns		
	10550	0-75	38.5 ± 2.0a	42.6 ± 1.3a	37.3 ± 2.0a	39.5 ± 2.4a	42.7 ± 2.1a	42.6 ± 1.9a	5.2	ns		
	13770	0-100	46.5 ± 2.0a	51.4 ± 1.3a	44.8 ± 2.0a	47.5 ± 2.4a	51.1 ± 2.2a	50.7 ± 2.0a	6.3	ns		
	UZF	460	0-5	8.2 ± 0.9cd	7.9 ± 0.5d	8.6 ± 0.6bc	9.6 ± 1.0a	8.8 ± 0.9bc	9.2 ± 0.9ab	0.7	p < 0.001	
870		0-10	15.4 ± 1.5bc	14.8 ± 1.0c	15.9 ± 1.3b	17.3 ± 1.7a	15.9 ± 1.6b	16.3 ± 1.4ab	1.1	p < 0.05		
1330		0-15	22.9 ± 1.9b	22.1 ± 1.6b	23.4 ± 1.8b	25.1 ± 2.1a	23.2 ± 1.9b	23.6 ± 1.7ab	1.7	p < 0.05		
1840		0-20	30.8 ± 2.2b	29.9 ± 2.1b	31.3 ± 2.0ab	33.3 ± 2.4a	30.9 ± 2.2b	31.0 ± 2.1b	2	p < 0.05		
2760		0-30	42.3 ± 2.4a	42.8 ± 2.2a	44.1 ± 2.1a	46.4 ± 2.8a	41.9 ± 2.7a	43.3 ± 2.7a	3.3	ns		
4030		0-40	55.2 ± 2.6a	58.1 ± 2.6a	57.2 ± 2.2a	61.0 ± 3.3a	56.7 ± 3.0a	57.5 ± 3.2a	4.8	ns		
5300		0-50	66.3 ± 2.7a	70.4 ± 3.0a	67.5 ± 2.3a	73.1 ± 3.9a	68.8 ± 3.1a	69.7 ± 3.3a	6.6	ns		
8190		0-75	89.3 ± 3.1a	95.9 ± 3.3a	90.0 ± 2.7a	89.9 ± 4.6a	93.7 ± 3.9a	98.4 ± 4.3a	17	ns		
11050		0-100	107.8 ± 3.5a	119.1 ± 3.7a	109.8 ± 3.3a	110.9 ± 5.2a	116.1 ± 4.9a	124.9 ± 5.6a	19	ns		

337 **Table 1.** Cumulative SOC stocks at the Domboshava Training Centre (DTC) and University
338 of Zimbabwe Farm (UZF) after 8 years of different tillage, residue and crop management
339 systems. Means in the same row followed by different superscript letters are significantly

340 different and associated errors are standard errors ($N = 4$). CT: conventional tillage, CTR:
341 conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-tillage
342 with rotation, NTMR: no-tillage with mulch and rotation.

343

344 **3.4 SOC accumulation and loss rates**

345 SOC accumulation rates at UZF differed significantly ($p < 0.05$) with soil depth where top soil
346 layers (0-5, 0-10, 0-15, 0-20 and 0-30 cm) had SOC accumulation rates that were at least 6.9
347 times less than when considering the 0-100 cm soil profile (Table 2). In contrast, there were no
348 significant ($p > 0.05$) differences, at DTC in SOC accumulation rates with depth. On average,
349 SOC accumulation rates ranged between 0.13 and 0.08 Mg C ha⁻¹ yr⁻¹ in the top soil (0-5 cm)
350 to 0.33 and 1.16 Mg C ha⁻¹ yr⁻¹ for the whole 1 m soil profile at DTC and UZF, respectively.
351 The depth and treatment interaction had no significant ($p > 0.05$) effects at both sites.

352 On the other hand, the different treatments in this study had significant ($p < 0.05$) effects in
353 SOC accumulation / loss rates in the top 20 cm soil layer at both sites (Table 2). At DTC, NT
354 had significant ($p < 0.05$) net loss of SOC in the 0-20 cm layer, ranging between -0.09 and -
355 0.02 Mg C ha⁻¹ yr⁻¹, whereas NT treatments (NTM, NTR, NTMR) had SOC accumulation rates
356 ranging from 0.17 to 0.38 Mg C ha⁻¹ yr⁻¹. However, maize stover mulching (NTM) had
357 significantly ($p < 0.05$) higher SOC accumulation rates than CTR (2.9 – 4.2 times) and NT (5.2
358 – 13.5 times) in the top 15 cm and 20 cm layers, respectively. The different combinations of
359 mulching and rotation under NT (NTM, NTR and NTMR) had no significant ($p > 0.05$)
360 differences in SOC accumulation rates. Similarly, rotation treatments (CTR, NTR, NTMR)
361 showed no significant ($p > 0.05$) differences in SOC accumulation rates. Thus, the full CA
362 treatment had similar SOC accumulations rates to treatments with at least 2 combinations of
363 CA principles (NTM and NTR) and to CTR.

364 In contrast, at UZF, CTR had significant ($p < 0.05$) net loss of SOC in the top 20 cm (Table 2).
 365 The no-tillage treatments (NT, NTM, NTR, NTMR) showed significantly ($p < 0.05$) higher
 366 SOC accumulation rates ($0.05 - 0.25 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$) than CTR which ranged between -0.07 to
 367 $-0.03 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$ in top 10 cm soil layer. NTM had the highest SOC accumulations rates
 368 (0.28 to $0.32 \text{ Mg C ha}^{-1} \text{ yr}^{-1}$) when considering the 0-15 and 0-20 cm soil layers. SOC
 369 accumulation rates in NTM were at least 3.8, 3.5 and 2.4 times higher than CTR, NT and NTR
 370 in the top 20 cm. The full CA treatment (NTMR) had significantly ($p < 0.05$) higher SOC
 371 accumulation rates compared to CTR ($2.5 - 5.3$ times) in the top 10 cm and lower SOC
 372 accumulation rate to NTM in the 0-10 cm (2.3 times) and 0-20 cm (10.6 times) soil layer.
 373 However, there were no significant ($p > 0.05$) differences in SOC accumulation rates between
 374 treatments beyond 20 cm soil layer at both sites.

Site	Approximate soil depth (cm)	SOC accumulation or loss rate ($\text{Mg C ha}^{-1} \text{ yr}^{-1}$)					LSD	Sig
		CTR	NT	NTM	NTR	NTMR		
DTC	0-5	$0.06 \pm 0.05bc$	$-0.02 \pm 0.02c$	$0.25 \pm 0.05a$	$0.17 \pm 0.02ab$	$0.19 \pm 0.04ab$	0.13	***
	0-10	$0.10 \pm 0.09bc$	$-0.04 \pm 0.04c$	$0.31 \pm 0.09a$	$0.24 \pm 0.01ab$	$0.25 \pm 0.08ab$	0.16	***
	0-15	$0.12 \pm 0.13bc$	$-0.07 \pm 0.05c$	$0.35 \pm 0.13a$	$0.30 \pm 0.01ab$	$0.27 \pm 0.12ab$	0.23	**
	0-20	$0.12 \pm 0.17ab$	$-0.09 \pm 0.05b$	$0.38 \pm 0.17a$	$0.32 \pm 0.01a$	$0.27 \pm 0.16a$	0.29	**
	0-30	$0.13 \pm 0.25a$	$-0.13 \pm 0.07a$	$0.36 \pm 0.25a$	$0.32 \pm 0.08a$	$0.33 \pm 0.20a$	0.35	ns
	0-40	$0.22 \pm 0.25a$	$-0.15 \pm 0.07a$	$0.33 \pm 0.25a$	$0.38 \pm 0.07a$	$0.25 \pm 0.23a$	0.41	ns
	0-50	$0.20 \pm 0.27a$	$-0.20 \pm 0.14a$	$0.30 \pm 0.27a$	$0.40 \pm 0.09a$	$0.26 \pm 0.22a$	0.46	ns
	0-75	$0.51 \pm 0.28a$	$-0.15 \pm 0.28a$	$0.13 \pm 0.28a$	$0.53 \pm 0.13a$	$0.51 \pm 0.20a$	0.73	ns
	0-100	$0.62 \pm 0.32a$	$-0.20 \pm 0.37a$	$0.13 \pm 0.32a$	$0.58 \pm 0.29a$	$0.53 \pm 0.20a$	0.86	ns
UZF	0-5	$-0.03 \pm 0.03c$	$0.05 \pm 0.04b$	$0.17 \pm 0.05a$	$0.07 \pm 0.04b$	$0.13 \pm 0.06ab$	0.08	***
	0-10	$-0.07 \pm 0.04c$	$0.07 \pm 0.08b$	$0.25 \pm 0.09a$	$0.07 \pm 0.07b$	$0.11 \pm 0.08b$	0.13	**
	0-15	$-0.10 \pm 0.03b$	$0.06 \pm 0.11b$	$0.28 \pm 0.13a$	$0.04 \pm 0.07b$	$0.09 \pm 0.11ab$	0.22	**
	0-20	$-0.11 \pm 0.07b$	$0.06 \pm 0.14b$	$0.32 \pm 0.17a$	$0.02 \pm 0.11b$	$0.03 \pm 0.12b$	0.25	**
	0-30	$0.06 \pm 0.15a$	$0.22 \pm 0.25a$	$0.51 \pm 0.25a$	$-0.05 \pm 0.18a$	$0.12 \pm 0.16a$	0.44	ns
	0-40	$0.37 \pm 0.11a$	$0.25 \pm 0.27a$	$0.72 \pm 0.25a$	$0.19 \pm 0.28a$	$0.29 \pm 0.14a$	0.65	ns
	0-50	$0.51 \pm 0.20a$	$0.15 \pm 0.34a$	$0.85 \pm 0.27a$	$0.31 \pm 0.41a$	$0.43 \pm 0.10a$	0.88	ns
	0-75	$0.83 \pm 0.56a$	$0.08 \pm 0.55a$	$0.08 \pm 0.28a$	$0.55 \pm 0.76a$	$1.14 \pm 0.44a$	1.17	ns
	0-100	$1.41 \pm 0.86a$	$0.25 \pm 0.75a$	$0.98 \pm 0.32a$	$1.03 \pm 1.26a$	$2.14 \pm 0.99a$	2.31	ns

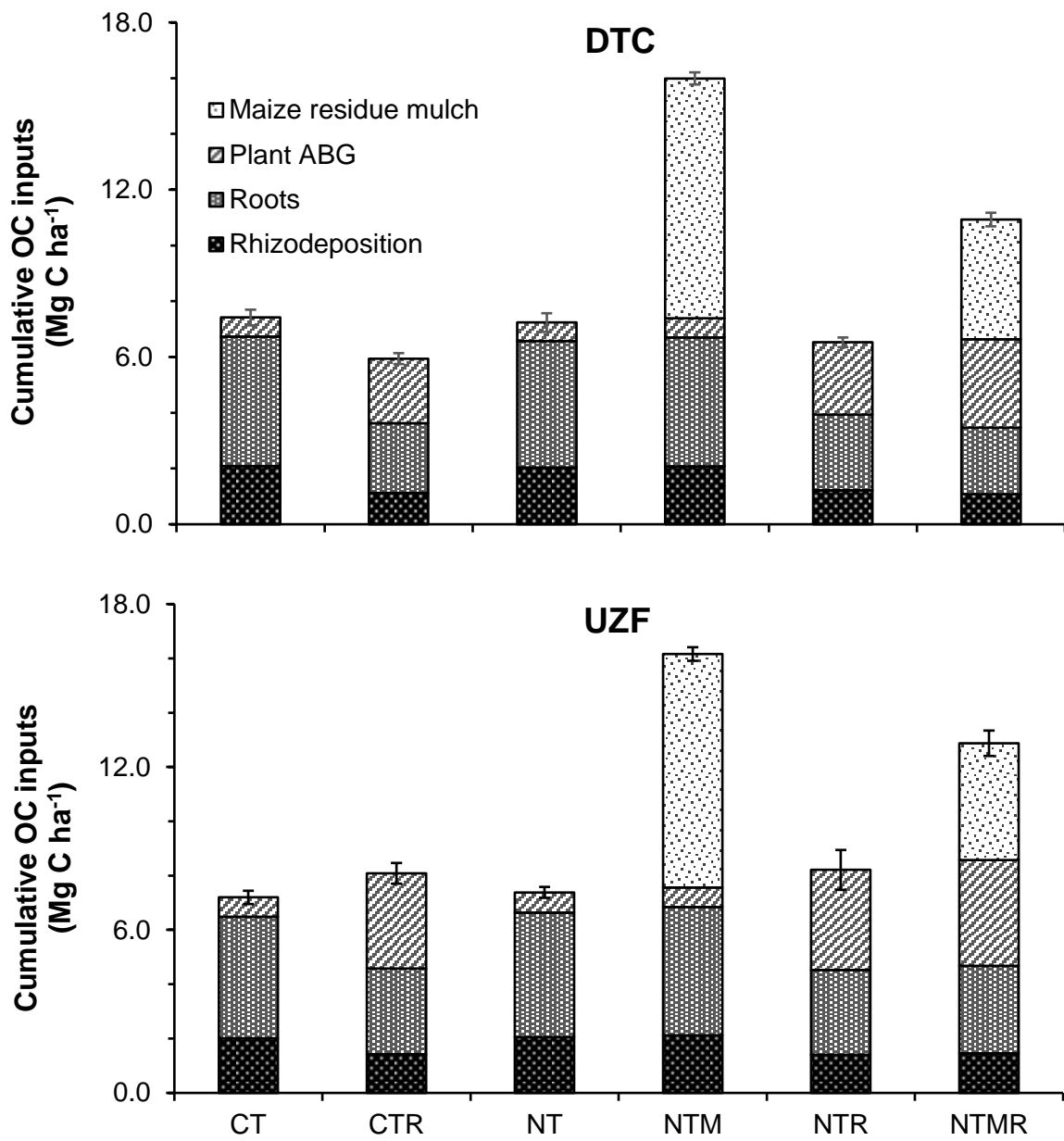
375 **Table 2.** SOC change rates (\pm standard error, $N = 4$) of the different treatments compared to
 376 CT (conventional tillage) at Domboshava Training Centre (DTC) and University of Zimbabwe

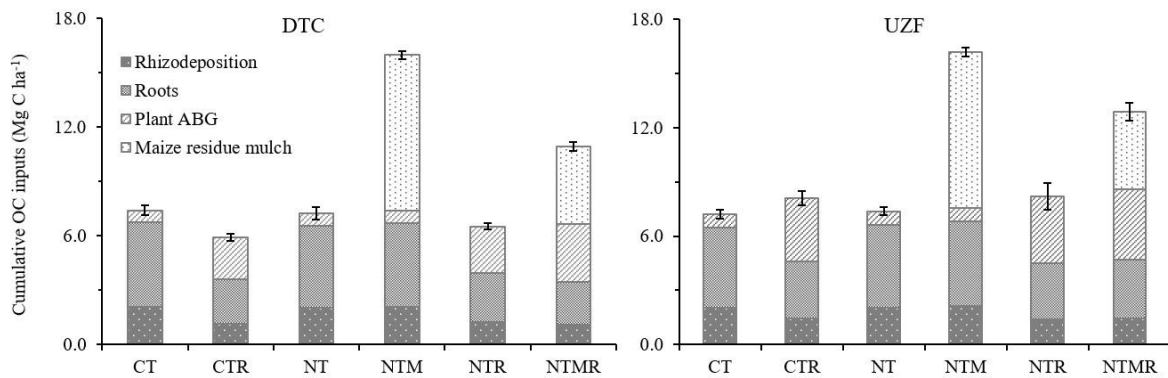
377 farm (UZF). Means in the same row followed by different superscripts are significantly
378 different. CTR: conventional tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch,
379 NTR: no-tillage with rotation, NTMR: no-tillage with mulch and rotation, LSD = least
380 significance difference, ns = not significant, Sig = significance, ** = $p < 0.05$, *** = $p < 0.001$.

381

382 **3.5 Organic carbon inputs via crops residues, root mortality and rhizodeposition to the** 383 **soil**

384 There were significant ($p < 0.001$) differences in cumulative OC inputs between treatments
385 (Figure 4). Cumulative OC inputs were at least 1.5 times higher in mulch treatments (NTM,
386 NTMR) than in treatments without mulch. However, the mulch plus rotation treatment
387 (NTMR) had significantly ($p < 0.001$) lower cumulative OC inputs than continuous mulching
388 (NTM). Cumulative OC input after 8 seasons was as high as 16.0 and 10.5 Mg C ha⁻¹ at DTC
389 and 16.2 and 12.4 Mg C ha⁻¹ at UZF in NTM and NTMR, respectively (Figure 4), resulting in
390 mean annual OC input rates of about 1.3 to 1.6 Mg C ha⁻¹ yr⁻¹ for NTMR and 2.0 Mg C ha⁻¹ yr⁻¹
391 for NTM. The other treatments had mean annual OC input rates ≤ 1.0 Mg C ha⁻¹ yr⁻¹.





393

394 **Figure 4.** Estimated cumulative organic carbon (OC) inputs to the soil from the 2013/14 to the
 395 2020/21 cropping season for the different treatments at the Domboshava Training Centre
 396 (DTC) and the University of Zimbabwe Farm (UZF) experimental sites. Error bars represent
 397 standard errors (n = 4) for the cumulative OC. CT: conventional tillage, CTR: conventional
 398 tillage with rotation, NT: no-tillage, NTM: no-tillage with mulch, NTR: no-tillage with
 399 rotation, NTMR: no-tillage with mulch and rotation, ABG: aboveground biomass
 400 [\(corresponding to an estimated 5 % of the maize aboveground vegetative biomass remained in](#)
 401 [the field because maize stalk slashing at harvesting did not remove the whole stem\).](#)

402

403 4. Discussion

404 ~~4.1 Role of soil texture in SOC accumulation~~

405 ~~Soil texture is widely recognized to influence SOC stocks (Sun et al., 2020) through physical~~
 406 ~~and chemical protection of SOC against microbially mediated decomposition (Chivenge et al.,~~
 407 ~~2007; Mtambanengwe et al., 2004). In our study, the main difference between the two study~~
 408 ~~sites is soil texture in the top soil (0-30 cm), where DTC had light textured (sandy loams) soils~~
 409 ~~and UZF had medium to heavy textured (sandy clay loams) soils (Figure 1). These soil textural~~
 410 ~~differences explain why there were no differences in SOC stocks, changes and accumulation~~

411 ~~rates between NTM, NTR and NTMR at DTC regardless of higher cumulative OC inputs in~~
412 ~~NTM and NTMR (Figure 4). The direct SOC inputs in the top soil at DTC, where SOC was~~
413 ~~more concentrated (Table S2, Figure 3) was subject to mineralization because of low clay~~
414 ~~content and thus low protection by soil micro-aggregates (Chivenge et al., 2007;~~
415 ~~Mtambanengwe et al., 2004; Sun et al., 2020), such that the differences in OC inputs had little~~
416 ~~effect. Light textured soils have large pores which cannot protect SOC against microbial~~
417 ~~decomposition (Mtambanengwe et al., 2004; Christensen, 1987; Sun et al., 2020; Kravchenko~~
418 ~~and Guber, 2017). Additionally, the low clay content meant less surface area for SOC~~
419 ~~adsorption (Han et al., 2016; Churchman et al., 2020) which is another mechanism for SOC~~
420 ~~protection from mineralization. In contrast, there were differences between NTM and NTR at~~
421 ~~UZF in the top soil layers and intermediate between NTM and NTMR. Cumulative OC inputs~~
422 ~~in NTMR ($12.4 \text{ Mg C ha}^{-1}$) were about 75 % of cumulative OC inputs in NTM ($16.2 \text{ Mg C ha}^{-1}$)~~
423 ~~(Figure 4) after 8 seasons. The added C, especially from maize stover mulch, most likely~~
424 ~~was protected by clay particles as well as formation of organo-mineral complexes (Malepfane~~
425 ~~et al., 2022; Chivenge et al., 2007; Jephita et al., 2023) which protects SOC from mineralization~~
426 ~~(Dunjana et al., 2012; Shumba et al., 2020; Button et al., 2022; Rumpel et al., 2012; Sanullah~~
427 ~~et al., 2016).~~

429 **4.2.1 SOC distribution across soil depth**

430 Cumulative SOC stocks for the whole soil profile (0-100 cm) for this study were at least 8.0,
431 4.0 and 2.0 times higher than the 0-5 (surface soil), 0-15 (tillage depth for the study) and 0-30
432 (IPCC standard depth for SOC studies), for the two sites, respectively. This means that, over
433 half of SOC stocks for this study were in the sub-soil (30-100 cm) which reflects on the
434 importance of sub-soil SOC stocks. Significant SOC stocks in the sub-soil have also been

435 reported by other authors (Yost and Hartemink, 2020; Balesdent et al., 2018; Cardinael et al.,
436 2015; Harrison et al., 2011; Lal, 2018). Significant effects of mulch and/or rotation under NT
437 were restricted to the top 30 cm in our study as well as other studies in SSA (Dube et al., 2012;
438 Powlson et al., 2016) and the world at large (Balesdent et al., 2018; Yost and Hartemink, 2020),
439 which is most likely why the default soil depth for IPCC for SOC studies is 0-30 cm (IPCC,
440 2019). However, this underestimates whole soil profile C storage (Harrison et al., 2011; Singh
441 et al., 2018; Lorenz and Lal, 2005). Therefore, it is crucial to consider whole soil profile
442 sampling when monitoring SOC storage in agricultural ecosystems to determine their C
443 sequestration potential in the pursuit of climate change mitigation (Malepfane et al., 2022).
444 SOC mineralization is relatively low in the sub-soil due to lack of oxygen and physical
445 protection of SOC (aggregate protected C) (Rumpel et al., 2012; Sanaullah et al., 2016; Shumba
446 et al., 2020; Button et al., 2022). Therefore, in the pursuit to improve subsoil (> 30 cm) SOC
447 stocks through root mortality and exudates, crop varieties with higher root-length densities
448 (Chikowo et al., 2003) in the subsoil are recommended.

449 ~~In this study, there is a conspicuous rotation effect at UZF in the subsoil (60–100 cm) on SOC~~
450 ~~concentration which is however, not significant. However, there is a block effect at UZF on~~
451 ~~SOC concentration in the subsoil as shown in Figure S2 (see Figure S1 for DTC where no~~
452 ~~block effect was observed) where there seems to be “outliers” in blocks 3 and 4. We decided~~
453 ~~not to exclude the “outliers” since we thought it was a block effect rather than a treatment~~
454 ~~effect. As a result, there are no significant differences in SOC concentration between treatments~~
455 ~~in deep soils. If we exclude the “outliers” in deep soils the graph for SOC concentration is as~~
456 ~~shown in Figure S3 where the rotation effects tend to diminish. Nonetheless, all raw data of~~
457 ~~this paper can be freely accessed on the CIRAD data repository and linked to this paper~~
458 ~~(Shumba et al., 2023a).~~

460 **4.3.2 Cumulative SOC stocks and accumulation rates**

461 Overall, the insignificant differences in cumulative SOC stocks and SOC accumulation / loss
462 rates between the different cropping systems in this and other studies (Laura et al., 2022; Leal
463 et al., 2020) when considering whole soil profile (0-100 cm) is alluded to the dilution effect
464 due to low OC inputs beyond 30 cm. Organic C inputs in the subsoil (> 30 cm) through crop
465 root mortality and root exudates are highly reduced due to low root biomass (Button et al.,
466 2022; Chikowo et al., 2003). Several authors have also reported similar cumulative SOC stocks
467 for soil profile depth > 30 cm between different tillage and residue management practices
468 (Angers et al., 1997; Doran et al., 1998; Lal, 2015; Powlson et al., 2014). This can be alluded
469 to an accumulation of uncertainty when cumulating SOC stocks in several soil layers with their
470 respective error of measurement. This weakens the power of detecting statistically significant
471 differences even where such differences exist (Kravchenko and Robertson, 2011). Kravchenko
472 and Robertson, (2011) bemoaned the lack of enough replication when sampling deep soil
473 horizons to reduce variability and the importance of post hoc power analysis to reduce Type II
474 error. This study was limited to four replicates which might not have enough statistical power
475 to detect significant differences between treatments when considering the whole soil profile.

476 **4.3.2.1 Mulching**

477 The overarching role of mulching in cumulative SOC stocks and accumulation / loss rates at
478 both sites (Tables 1 and 2), albeit, in the top soil (< 30 cm) has been shown in this study.
479 Cumulative SOC stocks (Table 1) and SOC accumulation / loss rates (Table 2) did not differ
480 with residue management under NT systems (NTM, NTMR) in the top soil at DTC regardless
481 of high external OC inputs through maize residue application in mulch treatments (Figure 4,
482 Table S4). This was attributed to low clay content (< 15 % clay) in the top 20 cm hence low

483 physical SOC protection (Chivenge et al., 2007; Mtambanengwe et al., 2004; Sun et al., 2020),
484 such that the differences in OC inputs had little effect. Alternatively, SOC can be protected
485 from mineralization through adsorption to clay particles (Han et al., 2016; Churchman et al.,
486 2020). However, there was low surface area for SOC adsorption due to low clay content in the
487 top soil at DTC. Conversely, maize residue mulching effects were significant at UZF though
488 NTMR was indifferent when compared to the rest of the NT treatments. Cumulative OC inputs
489 in NTMR (12.4 Mg C ha⁻¹) were about 77 % of cumulative OC inputs in NTM (16.2 Mg C ha⁻¹)
490 but at least 57 % higher OC inputs than NT and NTR after 8 seasons (Figure 4). This was
491 alluded to SOC adsorption and physical protection due to higher clay content at UZF.
492 Nonetheless, several studies have shown that aboveground biomass is less effective in
493 sustaining SOC stocks compared to belowground biomass (Hirte et al., 2018, 2021; Jones et
494 al., 2009; Villarino et al., 2021) and we attribute that to the insignificant cumulative SOC stocks
495 and accumulation rates between the NT treatments other than NTM regardless of higher
496 aboveground biomass in NTR and NMTR than NT (Figure 4).

497 **4.3.2.2 Tillage**

498 Significant changes in SOC stocks and accumulation rates were restricted to the top 20 cm at
499 both sites below which there were no differences between treatments (Table 2). The
500 consistently low SOC stocks under NT, CT and CTR and SOC accumulation rates (CTR and
501 NT) at both sites was attributed to low OC inputs (Table S4, Figure 4). NT and CT had
502 generally low yields in terms of grain and vegetative aboveground biomass (Mhlanga et al.,
503 2021; Shumba et al., 2023b) since the establishment of the experiment in the 2013/14 season
504 and hence low OC inputs through stubble, root mortality and root exudates. Our results
505 dovetails with studies done elsewhere (Du et al., 2017; Koga and Tsuji, 2009) and meta-
506 analyses and reviews (Corbeels et al., 2020a; Lal, 2018, 2015) where the authors found that

507 NT alone does not significantly improve SOC. However, higher SOC stocks were observed
508 when NT was combined with at least two CA principles (mulching and rotation) at DTC in the
509 top 20 cm (Table 1). It has been reported that NT cropping systems enhance SOC accumulation
510 through increasing C inputs in the top layers and reducing erosion through minimum soil
511 disturbance (Six et al., 2000; Lal, 2015, 2018; Bai et al., 2019; Cai et al., 2022). Minimum soil
512 disturbance through NT also physically protects SOC in microaggregates from exposure to
513 oxidative losses (Shumba et al., 2020; Six et al., 2002; Dolan et al., 2006; Liang et al., 2020).
514 However, NT without mulch is a nonentity compared to other combinations of CA principles
515 for long-term sustainability in cropping systems (Nyamangara et al., 2013; Kodzwa et al., 2020;
516 Mhlanga et al., 2021; Li et al., 2020; Bohoussou et al., 2022) and NT is only effective in
517 increasing SOC stocks when it is associated with other CA principles, especially mulch. On
518 the other hand, our study suggest that NT can achieve the same results of SOC storage as NTR
519 and NTMR since they had similar SOC stocks at UZF. This can be explained by the low
520 aboveground OC inputs in rotation treatments during the season when cowpeas were grown.

521 **4.32.3 Maize-cowpea rotation**

522 Legume rotations have been found to improve SOC accumulation rates and subsequent soil
523 structural improvement (aggregation) induced by the addition of organic residues with
524 favourable C/N ratio (Virk et al., 2022; Laub et al., 2023; Jephita et al., 2023). However, in our
525 study, cowpea rotation benefits on SOC accumulation rates were not significant at DTC.
526 Maize-cowpea rotation had no significant effects on maize yield (Shumba et al., 2023b;
527 Mhlanga et al., 2021) which corresponded to low belowground biomass as well. Instead, maize
528 stover mulching improved maize yields at DTC. Nevertheless, benefits from cowpea rotation
529 under NT cropping systems (NTR, NTMR) compared to CT cropping systems (CTR) were
530 significant, albeit only in the top 10 cm, at UZF; CTR had a net loss of SOC (-0.07 ± 0.04 to

531 0.03 ± 0.03 Mg C ha⁻¹ yr⁻¹). Significantly higher maize yields in rotation treatments were
532 observed at UZF (Shumba et al., 2023b; Mhlanga et al., 2021) and were attributed to more soil
533 mineral N due to biological nitrogen fixation from the preceding cowpeas. Higher aboveground
534 biomass is positively related to below ground biomass resulting in significant belowground OC
535 inputs, of higher quality in the rotation treatments in the season when maize is grown. However,
536 the net SOC loss in CTR at UZF was due to seasonal exposure to oxidative losses (SOC
537 mineralization) through disruption of soil macroaggregates by tillage as alluded by Bai et al.,
538 (2019); Cambardella and Elliott, (1993) and Lal, (2018). We underscore that maize-cowpea
539 rotation under NT improved SOC accumulation in the top soil due to reduced soil disturbance
540 and alternate OC inputs of high (cowpeas) and low quality (maize). High quality OC inputs
541 have a positive priming effect (Chen et al., 2014) which have been shown to be preferentially
542 stabilized in the soil due to a higher carbon use efficiency of soil microbes (Cotrufo et al., 2013;
543 Kopittke et al., 2018). This explains significant improvement in SOC stocks under the
544 combination of NT and alternate high- and low-quality OC inputs (maize-cowpea rotation) to
545 the soil in medium to heavy textured soils at UZF and vice versa at DTC.

546 **4.3. Role of soil texture in SOC accumulation**

547 Soil texture is widely recognized to influence SOC stocks (Sun et al., 2020) through physical
548 and chemical protection of SOC against microbially mediated decomposition (Chivenge et al.,
549 2007; Mtambanengwe et al., 2004). In our study, the main difference between the two study
550 sites is soil texture in the top soil (0-30 cm), where DTC had light textured (sandy loams) soils
551 and UZF had medium to heavy textured (sandy-clay-loams) soils (Figure 1). These soil textural
552 differences explain why there were no differences in SOC stocks, changes and accumulation
553 rates between NTM, NTR and NTMR at DTC regardless of higher cumulative OC inputs in
554 NTM and NTMR (Figure 4). The direct SOC inputs in the top soil at DTC, where SOC was

555 more concentrated (Table S2, Figure 3) was subject to mineralization because of low clay
556 content and thus low protection by soil micro-aggregates (Chivenge et al., 2007;
557 Mtambanengwe et al., 2004; Sun et al., 2020), such that the differences in OC inputs had little
558 effect. Light textured soils have large pores which cannot protect SOC against microbial
559 decomposition (Mtambanengwe et al., 2004; Christensen, 1987; Sun et al., 2020; Kravchenko
560 and Guber, 2017). Additionally, the low clay content meant less surface area for SOC
561 adsorption (Han et al., 2016; Churchman et al., 2020) which is another mechanism for SOC
562 protection from mineralization. In contrast, there were differences between NTM and NTR at
563 UZF in the top soil layers and intermediate between NTM and NTMR. Cumulative OC inputs
564 in NTMR (12.4 Mg C ha⁻¹) were about 75 % of cumulative OC inputs in NTM (16.2 Mg C ha⁻
565 ¹) (Figure 4) after 8 seasons. The added C, especially from maize stover mulch, most likely
566 was protected by clay particles as well as formation of organo-mineral complexes (Malepfane
567 et al., 2022; Chivenge et al., 2007; Jephita et al., 2023) which protects SOC from mineralization
568 (Dunjana et al., 2012; Shumba et al., 2020; Button et al., 2022; Rumpel et al., 2012; Sanaullah
569 et al., 2016).

570

571 **5. Conclusions**

572 Our study has shown the overarching importance of mulching and of combining at least two
573 CA principles to improve top SOC stocks. No tillage (NT) alone could not increase SOC stocks,
574 and even led to a slight decrease compared to CT, due to lower crop productivity in NT and
575 therefore reduced OC inputs to the soil. Nevertheless, whole profile (0-100 cm) SOC stocks
576 were the same between all the treatment. Our study also showed that sampling the entire soil
577 profile is necessary for a more accurate view of SOC accumulation potential among different
578 cropping systems.

579

580 **6. Data availability**

581 All data are freely available on the CIRAD data repository
582 <https://doi.org/10.18167/DVN1/VPOCHN> (Shumba et al., 2023a).

583

584 **7. Author contributions**

585 CT designed, established and maintained the experiments since 2013; RCa, RCh were involved
586 in soil sampling campaigns; AS, RCa performed the statistical analyses, graphics and drafting
587 the manuscript; AS, RCa, RCh, MC, JS, CT reviewed and edited the manuscript.

588

589 **8. Competing interests**

590 One of the co-authors is a member of the editorial board of the SOIL journal. The other authors
591 have no competing interests to declare.

592

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606

607 **10. References**

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