Towards a conceptualization of the hydrological processes behind changes of young water fraction with elevation: a focus on mountainous alpine catchments

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Abstract. The young water fraction (F^*_{yw}), defined as the fraction of catchment outflow with transit times of less than 2-3 months, is increasingly used in hydrological studies that exploit the potential of isotope tracers. The use of this new metric in catchment intercomparison studies is helpful to understand and conceptualize the relevant processes controlling catchment functioning. ~~Past works~~Previous studies have shown surprising evidence that mountainous catchments worldwide yield low F^*_{yw}. These low values have been partially explained by isolated hydrological processes, including deep vertical infiltration and long groundwater flow paths. However, a ~~harmonious~~ throughout framework illustrating the relevant mechanisms leading to a low F^*_{yw} in mountainous catchments is missing.

The main aim of this paper is to give an overview of what drives F^*_{yw} variations according to elevation, thus clarifying why it generally decreases at high elevation. For this purpose, we assembled a data set of 27 study catchments, located ~~across~~in both Switzerland and Italy, for which we calculate F^*_{yw} ~~values are available or have been calculated~~. We assume that this decrease can be explained by the groundwater storage potential, quantified by the areal extent of Quaternary deposits over a catchment (F_{qd}), and the low-flow duration (LFD) throughout the period of isotope sampling (PoS). In snow-dominated systems, LFD is strictly related to the snowpack persistence, quantified ~~from Sentinel 2 L2A satellite images~~ through the ~~average~~mean fractional snow cover area (F_{SCA}). The drivers ~~under study are directly or indirectly~~are related to the catchment storage contribution to the stream, that we quantify by applying a cutting-edge baseflow separation method to the discharge time series of the study sites and by estimating the ~~average~~mean baseflow fraction (F_{bf}) over the PoS.

35   Our results suggest that Quaternary deposits could ~~potentially~~ play a role in modulating F^*_{yw} elevation gradients via their capacity to store groundwater, but ~~a future~~subsequent confirmation with further, more detailed geological information is necessary. LFD ~~measures~~indicates the proportion of PoS in which the stream is sustained and dominated by stored ~~(old)~~ water coming from the catchment storage. Accordingly, our results reveal that the increase of LFD at high elevations, to a large extent driven by the persistence of winter snowpacks and the simultaneous lack of a liquid water input to the catchments,

40   results in lower F^*_{yw}. In our data set, F_{bf} reveals a strong complementarity with F^*_{yw}, suggesting that the latter could be estimated as $F^*_{yw} \simeq 1 - F_{bf}$ for catchments ~~in which~~without stable water isotopes measurements ~~are not available~~.

As a conclusion, we develop a perceptual model that integrates all the results of our analysis ~~to describe~~into a framework for how hydrological processes control F^*_{yw} according to elevation~~, laying~~. This lays the foundations for an improvement of the theory-driven models.

45   **1   Introduction**

Mountainous alpine catchments are often assumed to generate high shares of rapid surface or subsurface runoff due to the presence of exposed bedrock and steep landscapes. Consequently, the role of groundwater storage in high-elevation catchments has been often neglected (Hayashi, 2020). On the contrary, multiple worldwide studies quantified a considerable groundwater input to streamflow in high mountain catchments using tracer or water balance methods (Somers and McKenzie, 2020). Several

50   studies ~~located in~~from the Rocky Mountains and Andes show that, on average, about 47% of groundwater annually sustains the streamflow (Saberi et al., 2019; Somers et al., 2019; Carroll et al., 2018; Harrington et al., 2018; Cowie et al., 2017; Baraer et al., 2015; Gordon et al., 2015; Frisbee et al., 2011; Liu et al., 2004; Clow et al., 2003; Baraer et al., 2009). Similar ~~results~~percentages, 49% and 48%, are also found in the Himalayas ~~(49%)~~ and the Alps ~~(48%)~~, respectively ~~(~~(Chen et al., 2018; Engel et al., 2016; Käser and Hunkeler, 2016; Williams et al., 2016; Wilson et al., 2016; Andermann et al., 2012). ~~To date, it~~It

55   is well known that the ~~age of~~ water is stored ~~in catchments is well beyond the annual timescale~~longer than a year or a few years and that ~~it~~stored water plays a key role in streamflow generation processes (McDonnell, 2017; Jasechko, 2019). The study of water age ~~is crucial~~has implications for predicting the timing of nutrient cycles and pollutant transport since water age and solute dynamics are closely coupled (Li et al., 2021). ~~However~~Nevertheless, water age quantification is not straight forward. Kirchner (2016a, b) proposed a new metric to quantify the share of catchment outflow with transit times lower than roughly

60   0.2 years or 2-3 months: the young water fraction. This metric can be conveniently inferred from the dampening effect that a catchment has on the seasonal cycle of stable water isotopes in precipitation, i.e. by estimating the ratio of the amplitudes of the seasonal cycles of stable water isotopes in streamflow and in precipitation (Kirchner, 2016a). In this method, the seasonal cycle of stream water isotope measurements is modelled using a sine wave that can be flow-weighted or not, using ~~as weights~~ the discharge measured at the moment of sampling as a weight (von Freyberg et al., 2018). Isotopes measured in precipitation

65   can be modelled with a sine function weighted according to the volume of precipitation~~,~~ to reduce the influence of low-precipitation periods and to account for temporally aggregated rainfall samples (von Freyberg et al., 2018). Flow-weighted fits

to the seasonal tracer cycles predict the flow-weighted average young water fraction (F^*_{yw}) in streamflow, while unweighted fits to the seasonal tracer cycles predict the unweighted one (F_{yw}) (Kirchner, 2016b). Gallart et al. (2020a) recently highlighted the advantages of the flow-weighted analysis to compensate for subsampled high-flow periods, thus reducing the underestimation of the young water fraction. Hereafter, we will use the symbol '*' for referring to a flow-weighted variable, in order to be consistent with previous studies (von Freyberg et al., 2018; Gallart et al., 2020a).

F^*_{yw} is increasingly used in hydrological studies because it has the advantage of being free from the aggregation errors inherent to Mean Transit Time (MTT) estimates obtained through the classical convolution approach (Kirchner, 2016a). Even more so, F^*_{yw} is an informative descriptor of catchment hydrological functions, of nutrients cycles and of pollutant transport ~~(Stockinger et al., 2019; Benettin et al., 2017; Jasechko et al., 2016). Therefore~~(Stockinger et al., 2019; Benettin et al., 2017; Jasechko et al., 2016; Xia et al., 2023). For these reasons, this new metric is useful for catchment intercomparison studies to find what are the main hydro-climatic and landscape characteristics that drive the transit times of water lower than a threshold age which varies from about 2 ~~–~~ to 3 months. Indeed, ~~past works have~~previous work has tried to study the relationship between F^*_{yw} and catchment characteristics. von Freyberg et al. (2018) found that young water fractions of 22 Swiss catchments are significantly positively correlated ~~(with statistical significance)~~ with selected hydro-climatic indices and with the fraction of saturated area, suggesting that F^*_{yw} depends on catchment wetness, which promotes rapid flow paths. ~~Interestingly, in their data set, a statistically significant positive correlation with elevation was obtained after removing from their analysis the five snow-dominated catchments, which revealed the smallest F^*_{yw} values~~Interestingly, von Freyberg et al. (2018) found a statistically significant positive correlation with elevation after removing the five snow-dominated catchments, which expressed the smallest F^*_{yw} (von Freyberg et al., 2018). Likewise, Lutz et al. (2018) estimated F^*_{yw} for 24 catchments in Germany and found the smallest values for higher-elevation sites. These results are partially consistent with those of Jasechko et al. (2016)~~:~~, who based on the analysis of 254 watersheds worldwide, ~~their work revealed~~ discovered a reduction of F^*_{yw} in mountainous, steeper terrains. This could be related to deep vertical infiltration caused by fractures generated by high rock stress in complex terrain morphologies or by freely draining soils (i.e., cambisols and luvisols), both associated ~~to~~with high-elevation environments (Lutz et al., 2018; Jasechko et al., 2016; Gleeson et al., 2014). In addition, ~~the higher the~~ topographic roughness ~~is, the longer are the~~increases flow ~~paths, with a consequent rise of~~path, and correspondingly, transit ~~time~~time (Gleeson and Manning, 2008; Frisbee et al., 2011; Jasechko et al., 2016). Despite ~~of~~these studies, there is still a lack of a ~~harmonious~~ unified framework of how the ~~relevant drivers and hydrological processes in~~ variation among mountainous catchments ~~lead to a small percentage of~~result in less young water at high elevation~~, leaving this result basically unclear~~.

An early ~~work in~~example from the Swiss Alps ~~shows~~ showed that high celerity ~~is caused by~~originates from massive meltwater infiltration that pushes out groundwater reserves: streamflow following snowmelt is older than meltwater infiltrated in the current year (Martinec, 1975). The resulting effect on water partitioning between the surface and the subsurface should be analyzed considering the temporal concentration of water input ~~on the~~during the snowmelt period, but this remains largely unexplored ~~to date~~ (Rey et al., 2021). Despite of this lack of studies on water partitioning during snowmelt, several studies

100 have demonstrated the pivotal role of snowmelt in recharging groundwater during summer in high-elevation environments (Hayashi, 2020; Cochand et al., 2019; Du et al., 2019; Flerchinger et al., 1992).

From a water ~~storage~~ modeling perspective~~,~~ and thus from a water age perspective, snowpack storage and groundwater storage can be considered ~~as~~ a single entity: they both constitute catchment storage. Therefore, the analytical estimation of F^*_{yw} must reflect this "conceptual" decision ~~of considering~~ whether to consider the snowpack storage ~~as~~ to be part of the catchment storage

105 ~~or not~~. This point has been previously addressed by von Freyberg et al. ~~(2018): if total precipitation is considered as catchment input (what can be called the direct input case), the snowpack is implicitly considered as~~ (2018). If total precipitation is considered as catchment input (direct input case), the snowpack is implicitly considered to be part of the catchment storage and F^*_{yw} results from the combination of snowpack and subsurface storage. In this direct input case, F^*_{yw} is computed from the amplitudes of the seasonal cycles of stable isotopes of water in precipitation (A_P) and ~~in~~ streamflow (A^*_s). If total *liquid*

110 water input (composed of rainfall and snowmelt, sometimes called equivalent precipitation) is considered ~~as~~ to be catchment input, F^*_{yw} is computed based on the amplitudes of the cycles in equivalent precipitation (A_{Peq}) and in streamflow (A^*_s). This F^*_{yw} value then results from subsurface storage alone, since snowpack storage is excluded from the catchment storage (von Freyberg et al., 2018). If F^*_{yw} is estimated using a direct input setting (i.e., total precipitation directly), F^*_{yw} is expected to be smaller since the catchment storage is larger (von Freyberg et al., 2018). Also, Ceperley et al. (2020) investigated the role of

115 water input from snow in F^*_{yw} estimation, concluding that the low values in high alpine snow-dominated catchments result from a combination of snow cover effects and the storage in the subsurface. In the present work, the main aim is not to ~~focus on~~ address how the snowpack affects F^*_{yw} estimation in a single catchment, as this was treated ~~in previous works~~ previously (von Freyberg et al., 2018; Ceperley et al., 2020), but to investigate the hydrological processes (also related to the snowpack storage) that lead to ~~changes~~ variations in F^*_{yw} between catchments located at different elevations~~,~~ ~~focusing~~ with a focus on

120 high-elevation alpine catchments.

Some authors have revealed the possibility of ~~quaternary~~ Quaternary deposits (e.g., talus, moraine, alluvium) to store groundwater in high-elevation alpine catchments (Arnoux et al., 2021; Hayashi, 2020; Christensen et al., 2020). The stored water in these deposits can in fact sustain streamflow during the low-flow period (Hayashi, 2020; Arnoux et al., 2021), as supported by the strong positive correlation found by Arnoux et al. (2021) between the fraction of ~~quaternary~~ Quaternary deposits

125 and the Winter Flow Index (a low-flow indicator reflecting the groundwater contribution to the stream) for 13 alpine catchments~~.~~ During winter, the period without liquid water input can last 6 months or more in high elevation catchments. ~~Such~~ During such long periods, the storage-sustained flow ~~during long periods~~ points towards important amounts of stored water (or old water) that are well connected to the stream network and thereby remains accessible throughout the low flow period~~.~~ (Somers et al., 2019).

130 To further discuss the role of low flow in F^*_{yw} estimation, let's first consider that F^*_{yw} can be theoretically estimated based on the flow-weighted average of young water fractions (Kirchner, 2016b):

$$F_{yw}^* = \frac{A_S^*}{A_P} \simeq \frac{\sum_{i=1}^{n} Q(t_i) F_{yw}(t_i)}{\sum_{i=1}^{n} Q(t_i)}, \tag{1}$$

where n is the number of time-steps (e.g., days) in the period of isotope sampling, PoS, $Q(t_i)$ is the discharge at the time t_i (e.g., daily discharge), $F_{yw}(t_i)$ is the young water fraction at the time t_i (e.g., daily young water fraction). As is clear from Eq. (1),

135 F^*_{yw} becomes low if either $F_{yw}(t_i)$ is low for high flows or if $F_{yw}(t_i)$ is very low for many time steps or both. The low-flow periods correspond to the recession periods in which there is no new rainfall or meltwater input in the catchments. Thus, during these periods, the catchment storage releases stored water (or old water) to the stream sustaining the streamflow (Hayashi, 2020). Thus, we can anticipate that low $Q(t_i)$ values imply low $F_{yw}(t_i)$ values. Accordingly, the proportion of the low-flow period during a specified time-window should reduce the amount of young water reaching the stream during that time-window.

140 Nevertheless, the $F_{yw}(t_i)$ is higher during high flow (wet) periods (von Freyberg et al., 2018; Wilusz et al., 2017; Gallart et al., 2020b). Thus, the overall effect of the proportion of low-flow and high-flow periods upon F^*_{yw} remains *a priori* unclear. It is however tempting to think that the duration of low-flow period or the share of baseflow could explain F^*_{yw} ~~changes~~variations at different elevations (since both low-flow duration and the share of baseflow change with elevation). In addition, in high-elevation, snow-dominated catchments, the ~~snowpack~~ persistence of the snowpack is the main driver of the long low-flow

145 duration, since the low-flow period ~~in such environments~~at high elevation corresponds to the presence of the seasonal snowpack (corresponding to an absence of *liquid* water input), while the high-flow period is generally snowmelt-driven. Such snowmelt generally occurs in late spring or summer, and it is likely to be older than 2-3 months (because ~~melted~~the peak snow ~~fell more than~~fall occurred 3 months ~~before the onset of snowmelt).~~earlier). As a result, summer discharge ~~would~~ mainly ~~consist~~ consists of old water: either of current snowmelt that reaches the stream via faster surface or subsurface flow paths, or

150 old snowmelt (main component of groundwater storage) pushed out in the stream by infiltrated rainwater or meltwater. ~~Of course, part~~Part of the snowpack ~~could~~can release young water, but this ~~should be~~is a minor component in catchments with a seasonal snowpack. In contrast, in catchments with an ephemeral snowpack, it is common to observe intermittent winter snowmelt that is likely younger than 2-3 months: snowmelt is temporally close to snowfall. In this case streamflow receives relatively more young water from short-lived snowpacks. However, it is still unclear if seasonal or ephemeral snow cover

155 dynamics can affect the F^*_{yw} (Ceperley et al., 2020).

~~A special~~An innovative focus of our work is on variables that were not previously considered for explaining elevation gradients of young water fractions. We ~~namely~~specifically exclude catchment size, annual precipitation, bedrock porosity, pasture cover, open water cover that have been discussed and shown to have little correlation in the work of Jasechko et al. (2016).

A special case in terms of explanatory variables is mean annual precipitation: Jasechko et al. (2016) ~~in their worldwide study~~

160 did not observe any significant correlation between the F^*_{yw} and annual precipitation in their worldwide study. Lutz et al. (2018) found~~, based on 24 catchments in Germany,~~ that F^*_{yw} decreases with increasing mean annual precipitation, based on 24 catchments in Germany. In contrast, in the relatively wet rainfall-dominated and hybrid catchments studied by von Freyberg et al. (2018), F^*_{yw} was shown to increase with mean monthly precipitation, ~~which in turn both increase~~ and correspondingly

also with elevation. In their study, discharge (unsurprisingly correlated with precipitation) was considered as a proxy of catchment wetness, which favours rapid flow paths and thereby increases F^*_{yw} (von Freyberg et al., 2018). In snow-dominated systems, the use of mean annual precipitation as a proxy for catchment wetness could be misleading because the seasonal snowpack leads to a very dry period of the year despite the high *solid* water input. In other words, the temporal concentration of the liquid water input is the relevant variable. Indeed, the saturation of the system (i.e., high wetness conditions) can be observed also when the annual precipitation is low if a large volume of water (stored in the snowpack) is released in a relatively concentrated time interval. Indeed, despite ~~precipitations,~~the fact that precipitation and correspondingly ~~discharges~~discharge, are ~~relatively~~ higher in snow-dominated than in rainfall-dominated catchments, F^*_{yw} is generally lower in snow-dominated systems that are potentially wetter than rainfall-dominated ones. This suggests that the only precipitation can only partially explain the variations of F^*_{yw} and that other variables should be put under observation.

Accordingly, we omit here total annual precipitation as explanatory variable of low F^*_{yw} in snow-dominated catchments (but we consider precipitation for rainfall-dominated and hybrid catchments) and study a new set of hydrological variables to gain new insights into F^*_{yw} along elevation gradients: the fraction of Quaternary deposits (F_{qd}), the ~~average~~mean fraction of baseflow (F_{bf}), the low-flow duration (LFD) and the ~~average~~mean fractional snow cover area (F_{SCA}), defined in detail in ~~Section~~sections 3.2 and ~~Section~~ 3.3. ~~In the following, we~~We first describe the data set (~~Section~~section 2). Then, we present the F^*_{yw} estimation method (section 3.1) followed by the correlation analysis of the selected hydrological variables with the estimated F^*_{yw} and we bring these results back into the ongoing scientific discussion of F^*_{yw} (~~Sections~~sections 4.2, 1.1, 4.4, 4.5, 4.6).

2   Study sites

We analyze 27 study catchments located both in Switzerland and Italy integrating observations from multiple published data sets (25 catchments) with new additional observations (2 catchments) (Fig. 1). Geomorphological and hydro-climatic characteristics of the study sites are reported in Table 1.

~~We~~Specifically, we assembled the 22 Swiss catchments studied by von Freyberg et al. (2018) with the three alpine catchments investigated by Ceperley et al. (2020) (Vallon de Nant, Noce Bianco at Pian Venezia and Bridge Creek Catchment) into a single data set. Hereafter we refer to these catchments with the ID reported in the above-mentioned published papers (Table 1). We also consider two additional high-elevation catchments located near the Nivolet Pass (Valsavaranche, Aosta Valley, Italy) (Gisolo et al., 2022). In this Alpine environment, we monitor the mainstream, called "Dora del Nivolet", and a secondary river called "Source". Hereafter we refer to these catchments with the ID: DOR and SOU, respectively. A detailed description of the DOR and SOU catchments is reported in the ~~Supplementary Material.~~supplementary material.

The von Freyberg et al. (2018) data set includes catchments with areas between 0.7 and 351 km^2 and mean elevations between 472 and 2369 m a.s.l. With the five catchments added here, the complete data set ~~covers~~includes catchment areas between 0.14 km^2 and 359 km^2 and ~~has~~spans mean ~~elevations~~elevation between 472 and 3049 m a.s.l. The ~~average~~ mean monthly

precipitation ~~is comprised~~ranges between 61.3 mm month^{-1} and 168.7 mm month^{-1} while mean discharge ~~is comprised~~ranges between 28.6 mm month^{-1} and 138.9 mm month^{-1}. The ~~average~~ mean slope ranges from 4° to 34~~°,~~° and our study sites reveal an increase of steepness with elevation (Fig.2a, Fig.2b). Precipitation increases with elevation until 1500 m a.s.l. ~~and~~above which it decreases ~~for higher elevations~~ (Fig. 2c, Fig. 2d), by highlighting a change of precipitation regime as described by previous studies (Santos et al., 2018). The five catchments added to the initial data set of von Freyberg et al. (2018) allow the analysis to explore the high-elevation regions (~~average~~ mean elevation > 1500 m a.s.l.) that were previously poorly represented. Most of the study catchments reveal a sedimentary bedrock, but also dolomitic and metamorphic bedrocks, characteristic of high-elevation sites, are included in our data set. Moreover, the presence of unconsolidated Quaternary deposits is widespread among our study catchments: only two catchments (BCC and SOU) do not reveal this type of geology. The complete data set now explores case studies from the Swiss plateau and Prealpine area, from the Jura and from five different Alpine regions, including the Northern part of the Swiss Alps, the Southern Swiss Alps (Alpi Ticinesi), the Western Italian Alps (Alpi Graie), the Rätische Alps and the Dolomites. ~~In summary~~Overall, this represents a good range of geologies as well as of climatic conditions.

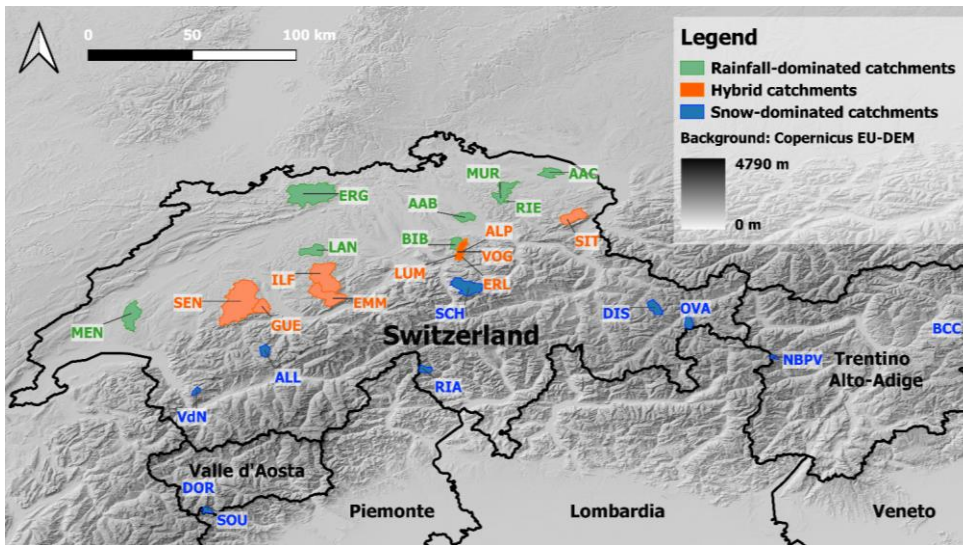
In order to be consistent with previous studies (von Freyberg et al., 2018; Staudinger et al., 2017), we classify the 23 Swiss catchments according to the hydro-climatic regimes proposed by Staudinger et al. (2017) which group the regimes defined by Weingartner and Aschwanden (1992) in three categories: rainfall-dominated (R), hybrid (H) and snow-dominated (S). For the four Italian catchments, where the aforementioned classification schemes cannot be rigorously applied, we use that proposed by Stoelzle et al. (2020). This classification scheme is based on mean and maximum catchment elevation, periods of typical low-flow, snow onset and begin of snowmelt and was already used by Stoelzle et al. (2020) to classify catchments outside the Swiss borders (e.g., German catchments). According to this classification scheme, the four Italian catchments (DOR, SOU, BCC and NBPV) are all categorized as snow-dominated (S). The classification of BCC is also consistent with the one given in a previous study without considering the application of a formal classification scheme ~~(Penna et al., 2016)~~(Penna et al., 2016). Across the three considered streamflow regimes, a shift of the monthly hydrograph peak (computed using discharge data in the PoS) from winter to summer months is observed (Fig. 3): this "flow peak-shifting" is a clear sign of the increasing predominance of snowmelt in the streamflow generation processes. Our data set includes NBPV, whose area is 42% glacier-covered and consequently ~~shows~~exhibits a characteristic glacier-dominated streamflow regime with a monthly peak in late summer~~. Thus, NBPV~~ (Zuecco et al., 2019; Carturan, 2016). NBPV has been classified as snow-dominated following the Stoelzle et al. (2020) classification scheme. Nevertheless, its characteristics suggest it may belong to a fourth category of glacier-dominated catchments~~, for which~~. Unfortunately, this category has not been considered by the aforementioned classification scheme and the definition of the classifiers for a new category is outside the scope of this work. In this catchment, the effect of glacier-melt on F^*_{yw} cannot be neglected, and this was partially discussed by Ceperley et al. (2020). In our data set, also the Dischmabach (DIS) and the Vallon de Nant (VdN) catchments are 2% and 3% glacier-covered, but we assume that the effect on F^*_{yw} is negligible~~.~~ when compared with that of the seasonal snowpack.

230

Figure 1 Location of the 27 study catchments with indication of the hydro-climatic regime.

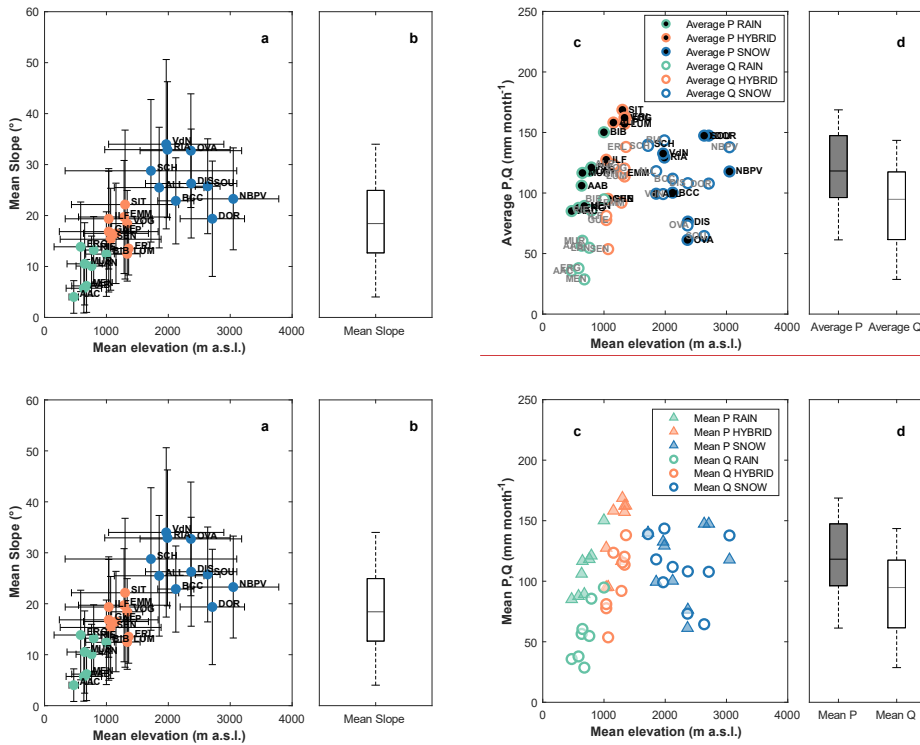



Figure 2 a) Mean slope against mean elevation. Vertical bars represent the mean slope standard deviation, horizontal bars represent min-max elevation range b) boxplot of the mean slope values c) ~~Average~~Mean precipitation and discharge against elevation d) boxplots of the ~~average~~mean precipitation and discharge values. Here and later: ~~the~~ boxplots show the ~~quartiles~~median and ~~min-max~~the interquartile range. ~~Red crosses indicate the~~ (IQR); the whiskers are defined as the IQR multiplied by 1.5; outliers are plotted with red '+' markers.

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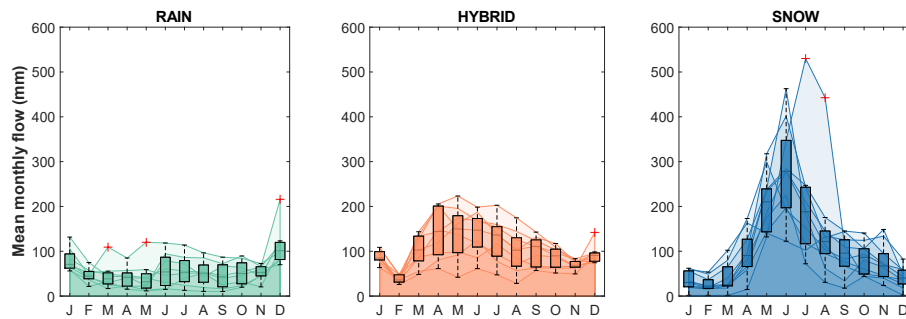


Figure 3 Boxplots of mean monthly flow for all the study catchments grouped according to their flow-regime (rainfall-dominated, hybrid, snow-dominated). Coloured areas represent the monthly flow of each study catchment belonging to the relative regime.

245 **Table 1 Catchments geomorphological and hydro-climatic characteristics. Catchments area and ~~average~~mean slope are directly calculated in Google Earth Engine. For the slope calculation we use the Shuttle Radar Topography Mission (SRTM) DEM (Farr et al., 2007). We obtained ~~average~~mean elevation and precipitation information of the existing data set directly from published papers (von Freyberg et al., 2018; Ceperley et al., 2020). Discharge (Q), Precipitation (P) and isotopic composition (δ¹⁸O) data are all referred to the Period of Sampling (PoS) indicated in this Table. The letter in brackets in the first column indicates the hydro-climatic regime: (R) = ~~Rainfall~~rainfall-dominated, (H) = ~~Hybrid~~hybrid, (S) = ~~Snow~~snow-dominated.**

ID (Regime)	Area (km²)	~~Avg~~Mean Elevation (m a.s.l.)	Elevation range (min-max)	~~Avg~~Mean Slope (°)	Dominant geology	Monthly P (mm month⁻¹)	Monthly Q (mm month⁻¹)	PoS δ¹⁸O, Q, P
AAB (R)	46.07	635	519-1092	5.73	Sedimentary Rock	106.1	56.48	Sep 2010-Feb 2013
AAC (R)	47.25	472	408-560	4.02	Unconsolidated sediments	85.1	35.73	Jul 2010-Dec 2011
ALL (S)	28.71	1852	1293-2742	25.48	Sedimentary Rock and unconsolidated sediments	99.4	118.04	Sep 2010-May 2015
ALP (H)	46.59	1154	845-1894	16.50	Sedimentary Rock and unconsolidated sediments	158.2	123.52	May 2010-Dec 2015
BCC (S)	0.14	2121	1932-2515	22.88	Dolomite	100.3	111.83	Mar 2010-Oct 2017
BIB (R)	31.83	999	827-1495	12.43	Sedimentary Rock and unconsolidated sediments	150.2	94.78	May 2010-Nov 2015

DIS (S)	42.75	2369	1663-3139	26.28	Metamorphic rock	76.4	108.11	Nov 2010-May 2015
DOR (S)	16.99	2711	2390-3430	19.37	Metamorphic rock	147.4	107.79	Nov 2017-Jan 2022
EMM (H)	124.03	1285	743-2216	19.71	Sedimentary Rock	116.6	91.99	Jun 2010-Nov 2013
ERG (R)	260.47	584	305-1165	13.86	Sedimentary Rock	87.7	37.88	Jun 2010-Nov 2015
ERL (H)	0.74	1359	1117-1650	13.53	Sedimentary Rock	162.4	138.04	Jul 2010-May 2015
GUE (H)	55.23	1037	556-2152	16.84	Sedimentary Rock and unconsolidated sediments	94.9	77.69	Jul 2010-Dec 2012
ILF (H)	186.94	1037	681-2087	19.36	Sedimentary Rock	127.5	81.09	Jul 2010-May 2015
LAN (R)	59.76	760	598-1100	10.08	Sedimentary Rock	118.2	54.78	Jul 2010-May 2015
LUM (H)	1.20	1336	1092-1508	12.49	Sedimentary Rock	157.1	113.63	Oct 2010-Nov 2015
MEN (R)	105.02	679	447-926	6.19	Sedimentary Rock and unconsolidated sediments	89.3	28.64	Jul 2010-Feb 2013
MUR (R)	79.92	648	467-1036	10.52	Sedimentary Rock and unconsolidated sediments	116.6	60.57	Jul 2010-Nov 2014
NBPV (S)	8.39	3049	2298-3769	23.27	Metamorphic and sedimentary rock	117.8	137.80	May 2013-Sep 2015
OVA (S)	26.87	2364	1519-3160	32.73	Dolomite	61.3	73.21	Aug 2010-Sep 2013
RIA (S)	23.85	1986	881-2908	32.93	Metamorphic rock	129.3	143.49	Jul 2010-Dec 2012
RIE (R)	3.18	794	671-938	13.23	Sedimentary Rock and unconsolidated sediments	121.1	85.58	Jul 2010-Feb 2013
SCH (S)	107.61	1719	487-3260	28.78	Sedimentary Rock and unconsolidated sediments	140.0	138.93	Apr 2011-May 2015
SEN (H)	350.24	1068	554-2184	15.35	Sedimentary Rock	95.2	53.66	Oct 2010-Mar 2013
SIT (H)	74.23	1301	768-2500	22.15	Sedimentary Rock	168.7	115.47	Nov 2010-May 2015
SOU (S)	0.16	2636	2390-2790	25.74	Metamorphic rock	147.4	64.47	Nov 2017-Jan 2022
VdN (S)	13.55	1966	1189-3051	34.00	Sedimentary Rock	132.6	99.14	Nov 2015-Dec 2018
VOG (H)	1.57	1335	1038-1540	18.42	Sedimentary Rock	162.2	120.24	Jun 2010-Nov 2015

3 Material and Methods

3.1 Young water fraction estimation from seasonal cycles of stable water isotopes in precipitation and streamwater: the "direct" input.

255 Kirchner (2016a) ~~has demonstrated that the~~designed the young water fraction as the proportion of the transit-time distribution younger than a threshold age (τ_{yw}). By assuming that the transit-time distribution mathematical form is the regularized lower incomplete gamma function for all the study catchments, the theoretical young water fraction (F_{yw}^T) can be expressed as:

$$F_{yw}^T = P(\tau < \tau_{yw}) = \int_0^{\tau_{yw}} \frac{\tau^{\alpha-1}}{\beta^\alpha \Gamma(\alpha)} e^{-\frac{\tau}{\beta}} d\tau \,, \qquad\qquad (2)$$

where α and β are the shape and scale factor, respectively.

260 By using thought experiments, Kirchner (2016a) has demonstrated that for a given shape factor α and across a wide range of scale factors β, the theoretical young water fraction can be accurately predicted by the amplitude ratios of seasonal sine curves fitted to stream water and precipitation isotope values. Operatively, we model seasonal isotope (e.g., δ^{18}O) cycles in stream water and precipitation ~~can be modelled by:~~as reported in Eq. (3.1) and Eq. (3.2):

$$\delta^{18}O_S(t) = A_S \sin(2\pi f t - \varphi_S) + k_S \,, \qquad\qquad (\cancel{2}3.1)$$

265 $$\delta^{18}O_P(t) = A_P \sin(2\pi f t - \varphi_P) + k_P \,, \qquad\qquad (3.\underline{2})$$

where $\delta^{18}O$ (‰) is the isotopic composition of water sampled at the time t (expressed in decimal years), A (‰) is the amplitude of the seasonal isotope cycle, φ (in radians, with 2π rad = 1 year) is the phase, f (yr^{-1}) is the frequency and k (‰) is the vertical offset of the seasonal isotope cycle. The subscript "S" refers to stream water, while the subscript "P" refers to precipitation. ~~As in the work of von Freyberg et al. (2018), the sine curves of Eq. (2) and Eq. (3) can be fitted on the isotope measurements~~

270 ~~(using the *Iteratively Re-weighted Least Squares* method for reducing the influence of outliers), which leads to estimates of A,~~ ~~φ and k parameters.~~ The sine wave is fitted to the isotopes measured in precipitation weighted according to the volume of precipitation ~~to reduce,~~ reducing the influence of low-precipitation periods and ~~to account~~accounting for temporally aggregated rainfall samples (von Freyberg et al., 2018); the sine-fit of stream water isotope measurements can be discharge-weighted or not, using the discharge measured at the moment of sampling as weights (von Freyberg et al., 2018). ~~Consequently,~~

275 ~~an unweighted amplitude (A_S) or a flow-weighted amplitude (A^*_S) can be obtained. Thus, following Kirchner (2016a), it is~~ ~~possible to calculate the time-weighted or flow-weighted young water fractions (F_{yw} or F^*_{yw}) via the "amplitude ratio~~ ~~approach":~~The sine curves of Eq. (3.1) and Eq. (3.2) are fitted on the isotope measurements using the *Iteratively Re-weighted Least Squares* method (for reducing the influence of outliers) which leads to estimates of A, φ and k parameters. A function for performing a sine fit using IRLS, based on the IRLS function made available by Kirchner and Knapp (2020), is available

280 in the supplementary material.

Accordingly, depending on the unweighted or the flow-weighted fit, an unweighted amplitude (A_S) or a flow-weighted amplitude (A^*_S) can be obtained, respectively. Such amplitudes can be used to calculate the time-weighted (Eq. 4.1) or the flow-weighted (Eq. 4.2) young water fractions (F_{yw} or F^*_{yw}, respectively) via the "amplitude ratio approach":

$$F_{yw} = \frac{A_S}{A_P},$$

(4.1)

285
$$F^*_{yw} = \frac{A^*_S}{A_P}.$$

(4.2)

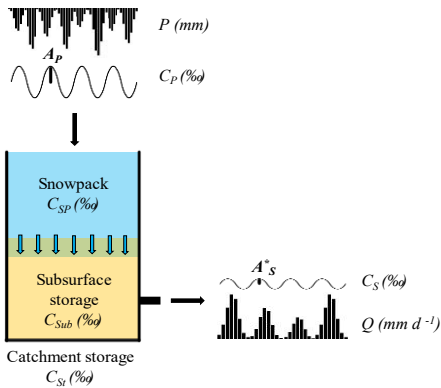
Gallart et al. (2020a) highlighted the advantages of the flow-weighted analysis (generally yielding A^*_S greater than A_S) to compensate for subsampled high-flow periods, which would otherwise lead to a young water fraction underestimate. ~~Accordingly, we will consider in this work, for all the study catchments, only the flow-weighted young water fractions. The uncertainty of these estimated F^*_{yw} can be obtained using a Gaussian error propagation (von Freyberg et al., 2018).~~

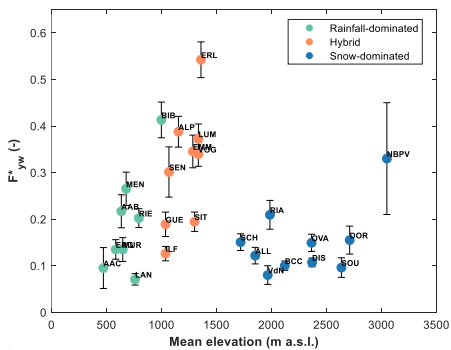
290 Accordingly, in this work, we calculate the flow-weighted young water fractions for all the study catchments by applying Eq. 4.2. We obtain the standard errors ($SE_{F^*_{yw}}$) of the estimated F^*_{yw} using Eq. (5):

$$SE_{F^*_{yw}} = \frac{1}{A_P} \sqrt{SE^2_{A^*_S} + \left(\frac{A^*_S}{A_P}\right)^2 \cdot SE^2_{A_P}}.$$

(5)

Where $SE_{A^*_S}$ and SE_{A_P} are the standard errors of the regression coefficients A^*_S and A_P. The analytical choice of using the amplitude (A_P) fitted ~~on~~to precipitation isotopes, instead of the amplitude (A_{Peq}) fitted ~~on~~to the equivalent precipitation (i.e.,

295 rain + snowmelt) isotopes, for estimating F^*_{yw} implies that the snowpack (and/or the glacier) is considered as part of the catchment storage and that the damped seasonal cycle observed in the stream is given by the mixing of precipitation with snowpack (and/or the glacier) and subsurface storage (the last two considered as a single entity), as illustrated in Fig. 4:

300 **Figure 4 Schematic representation of the "direct input" approach for estimating F*_yw. Light blue arrows indicate that meltwater coming from the snowpack preferentially infiltrates. The term "C" refers to the isotopic composition. The subscripts: "P" refers to "Precipitation", "S" refers to "Stream", "SP" refers to "Snowpack", "Sub" refers to "Subsurface storage" and "St" refers to "Catchment storage".**

For the published data sets (von Freyberg et al., 2018; Ceperley et al., 2020), we consider the F^*_{yw} values, with associated
305 errors, published or provided by the authors, while for the DOR and SOU catchments we estimate F^*_{yw} applying the methodology described in this Section (more info are available in the Supplementary Material). A plot of F^*_{yw} against mean elevation for the 27 study sites is shown in Fig. 5. F^*_{yw} values for all the study catchments are reported in Table 2.

310 **Figure 5 F^*_{yw} as function of mean catchment elevation.**

Since we have assumed that the transit-time distribution belongs to the family of gamma distributions, we can determine the parameter α of such distribution by solving the following implicit expression for α (Eq. 6):

$$\varphi_S^* - \varphi_P = \alpha \arctan\left(\sqrt{(A_S^*/A_P)^{-\frac{2}{\alpha}} - 1}\right). \tag{6}$$

315 We optimized to find the best solution of Eq. (6) using the best-fitting parameters $(\varphi_S^*, \varphi_P, A_S^*, A_P)$ with α spanning a wide interval between 0.01 and 20. For the relevant math, the reader is referred to Kirchner (2016a). We estimate the uncertainty of α assuming all the fitted parameters having a Gaussian distribution with a standard deviation equal to the regression error (Eq. 3.1, Eq. 3.2). We generate 1000 random samples of such parameters, and we estimate the optimal α for each parameter set and then compute their standard deviation.

320 As in past studies (Gallart et al., 2020a; Lutz et al., 2018), we use the parameter α to estimate τ_{yw} with the following second-order polynomial fit (Kirchner, 2016a):

$$\frac{\tau_{yw}}{T} \approx 0.0949 + 0.1065\alpha - 0.0126\alpha^2. \tag{7}$$

where T is the period of the tracer cycle (for a seasonal cycle, $T = 1$ year). We estimate the uncertainty of τ_{yw} by calculating the standard deviation of the threshold ages computed using the 1000 optimal α values previously obtained. A code for estimating 325 α and τ_{yw} with their uncertainties is made available in the supplementary material.

The comparison of F^*_{yw} among different catchments is potentially subject to a bias given by possibly different threshold ages ranging between 2 and 3 months. Accordingly, we couple each F^*_{yw} with the corresponding τ_{yw} to illustrate what the term "young" means for each study catchment.

3.2 Snow cover persistence quantified through the ~~average~~mean fractional snow cover area (F_{SCA})

330 In this paper, we quantify the snowpack persistence by calculating the ~~average~~mean fractional Snow Cover Area (F_{SCA}). It is calculated, for each catchment, over the period October 1st, 2017- September 30th, 2021 (hereafter defined as PoC, i.e., period of calculation) by using Sentinel-2 L2A satellite images. Temporally, this relatively recent satellite has increased the visitation frequency to a sub-weekly temporal resolution and increased the spatial resolution to 20 m for snow cover (Gascoin et al., 2019). High temporal resolution makes Sentinel-2 images preferable to Landsat images, which are available only once every 335 16 days and whose total number is often further reduced because of cloudiness (Hofmeister et al., 2022). The PoC generally differs from the PoS for the 27 study catchments. This is because Sentinel-2 L2A satellite images are not available before March 2017. For each image available in the PoC, we calculate the Normalized Difference Snow Index (NDSI) as suggested in the work of Dozier (1989):

$$NDSI = \frac{r_{green} - r_{SWIR}}{r_{green} + r_{SWIR}}, \tag{58}$$

340 where r_{green} is the reflectance in the green band (Sentinel-2 band 3) and r_{SWIR} is the shortwave infrared reflectance band (Sentinel-2 band 11). We classify as snowy pixels those with a NDSI value > 0.4 (Dozier, 1989). Based on the pixel-~~wise~~by-pixel snow classification, we compute the snapshot fractional Snow Cover Area (f_{SCA}) ~~as in the works of~~according to Di Marco et al. (2020) and Hofmeister et al. (2022):

$$f_{SCA} = \frac{N_{snow}}{N_{tot} - N_{clouds}} ,$$ (~~6~~9)

345 where N_{snow} is the number of snow cover pixels according to the applied NDSI threshold method, N_{tot} is the total number of pixels within the catchment area and N_{clouds} is the number of pixels classified as clouds and water bodies (Hofmeister et al., 2022). We identify the cloudy pixels directly using the Sentinel-2 band "Scene Classification Map". We operatively calculate N_{snow}, N_{tot} and N_{clouds} using a Google Earth Engine (Gorelick et al., 2017) ~~script~~code.

~~Using~~By using this procedure for calculating f_{SCA}, we sometimes obtain $f_{SCA} > 1$. The NDSI threshold method is generally able

350 to distinguish between snow and no-snow pixels (Aalstad et al., 2020). Accordingly, clouds and snow have similar reflectance in the green band, but clouds highly reflect in the shortwave infrared band, while snow reflectance is low in this band. Thus, the N_{snow} estimation is generally accurate. On the other hand, it is necessary to ~~not consider~~disregard the false positive pixels deriving from clouds detection (i.e., snow classified as clouds). If $f_{SCA} > 1$, we calculate f_{SCA} as N_{snow}/N_{tot} since this is the only heuristic solution that guarantees no overestimation. Moreover, by looking at sample Sentinel-2 images during the summer

355 periods for all the catchments, we impose $f_{SCA} = 0$ during July and August, since when $f_{SCA} \neq 0$, this usually results from clouds falsely identified ~~clouds~~as snow; by imposing $f_{SCA} = 0$ clearly leads to fewer errors (~~missed~~only missing occasional summer snowfall events of very shallow depth) than falsely accounting for (far more) frequent clouds. The NBPV catchment is an exception: we do not impose $f_{SCA} = 0$ during July and August since it generally has snow over the glacier also during summer. Finally, we compute the ~~average~~mean fractional snow cover area (F_{SCA}) for each catchment by averaging all f_{SCA} values

360 available for all snow images in the PoC, without interpolation between the time steps.

3.3   Fraction of Quaternary deposits, low-flow duration and the groundwater contribution to the stream

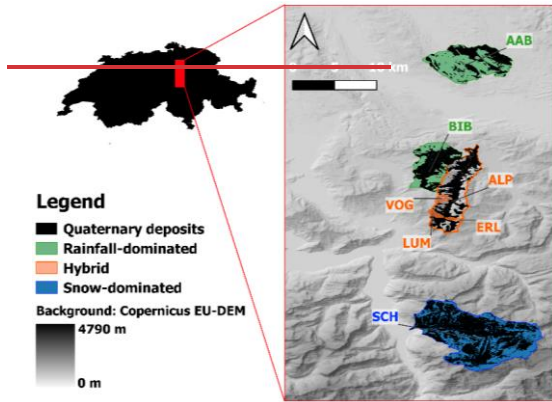
Similarly to Arnoux et al. (2021), we calculate the portion of the catchment area occupied by Quaternary deposits (A_{qd}) (available from government geological data sets) with respect to the total catchment area (A). Thus, we calculate the fraction of Quaternary deposits (F_{qd}) as reported by Eq. 10:

365 $$F_{qd} = \frac{A_{qd}}{A} ,$$ (~~We~~10)

Additionally, we use the same Winter Flow Index (WFI) as Arnoux et al. (2021), as indicated by Eq. ~~7~~11:

$$WFI = \frac{Q_{NM7}}{Q_{mean}}$$ (~~7~~11)

where Q_{NM7} is the minimum discharge over seven consecutive days during the winter period (from November to June) and Q_{mean} is the mean annual discharge. We calculate it for the 27 study catchments during the PoS. ~~Similarly to Arnoux et al.~~

375

To relate WFI to low flow, we apply the recent baseflow separation technique described by Duncan (2019) to the discharge
380 time series of the 27 study catchments (within the PoS indicated in Table 1). In short, this method comprises a single backward pass through the data to fit an exponential master baseflow recession curve (Eq. 912.1), followed by ~~a~~the single ~~forward~~backward pass (Eq. 912.2, Eq. 912.3) of the Lyne and Hollick (1979) algorithm to smooth the connection between segments of the master recession~~.~~ by simulating a gradual groundwater recharge during the runoff event (Duncan, 2019):

$$M(t_{i-1}) = \frac{M(t_i) - c}{k} + c$$ (912.1)

385 $$Q_q(t_i) = kQ_q(t_{i-1}) + \left(M(t_i) - M(t_{i-1})\right)\frac{1+k}{2}$$ (912.2)

$$Q_{bf}(t_i) = M(t_i) - Q_q(t_i),$$ (912.3)

where $M(t_i)$, $Q_q(t_i)$ and $Q_{bf}(t_i)$ are the master recession value, the quick recession flow and the baseflow at time t_i, respectively. In this study, we consider daily time steps (i.e., $t_i - t_{i-1} = 1$ day). This method has 2 parameters: k is the recession constant; c is

a constant flow added to the exponential decay component. We set the recession constant $k = 0.925$ (Nathan and McMahon,
1990); we add no constant flow to the exponential decay (i.e., in terms of Duncan (2019) method, $c=0$). A ~~Matlab ©~~ code with
the implementation of the Duncan (2019) baseflow filter has been made available in the ~~Supplementary Material~~supplementary
material.

To express the catchment storage contribution to streamflow in a form that is directly comparable to the ~~young water~~
~~fraction~~F^*_{yw}, we define the baseflow fraction (F_{bf}) as reported in Eq. ~~10~~13:

$$F_{bf} = \frac{1}{n}\sum_{i=1}^{n}\frac{Q_{bf}(t_i)}{Q(t_i)},$$ (~~10~~13)

where $Q_{bf}(t_i)$ is the baseflow (mm d^{-1}) at the time t_i (obtained as indicated by Eq. ~~9~~12.3) and $Q(t_i)$ is the discharge (mm d^{-1}) at
the time t_i. Following the 0.9 to 0.95 range recommendation for k of Nathan and McMahon (1990), we test the uncertainty of
this value by drawing random samples (10000 values) from a normal distribution with mean 0.925 and standard deviation 25%
of the range given by Nathan and McMahon (1990) (i.e. standard deviation of 0.0125 which ensures that the 10% and 90%
sample percentiles correspond to the original range). Thereby we obtain 10000 values of F_{bf} for each catchment, of which we
compute the standard deviation.

As introduced in ~~Section~~section 1, ~~F^*_{yw} can be low if the snapshot young water fraction $F_{yw}(t_i)$ is very low for many time~~
~~steps. Past studies revealed that F^*_{yw} increases with the catchment wetness (von Freyberg et al., 2018; Wilusz et al., 2017). If~~
~~we consider the discharge (Q) as a proxy for the catchment wetness, we can reliably assert that $F(t_i)$ is low for low $Q(t_i)$. Thus,~~
~~another important variable is the duration of the low-flow period. In this study, we define a low-flow period (T_{Low}) as follows:~~

~~$$T_{Low} = \forall t_i : \frac{Q_{bf}(t_i)}{Q(t_i)} \geq 0.85 .$$~~ ~~(11)~~

. F^*_{yw} can be low if the snapshot young water fraction $F_{yw}(t_i)$ is very low for many time steps. If we consider the discharge (Q)
as a proxy for the catchment wetness, we can reliably assert that $F_{yw}(t_i)$ is low for low $Q(t_i)$. Thus, another important variable
is the duration of the low-flow period. In this study, we define a low-flow period (T_{Low}) as follows:

$$T_{Low} = \forall t_i : \frac{Q_{bf}(t_i)}{Q(t_i)} \geq 0.85 .$$ (14)

Thus, a low-flow period is defined here as a period when 85% of the total flow is composed of baseflow (i.e., baseflow-
dominated). Accordingly, we define the low-flow duration (LFD), as the proportion of the time-steps (e.g., days) in the PoS
that can be considered as a low flow period according to Eq. (~~11~~14).

4   Results and Discussion – Towards a harmonious and exhaustive framework of the hydrological processes that drive the young water fraction variations with elevation.

We present and discuss hereafter (Section 4.1, 4.2, 4.3 and 4.4) the F^*_{yw} and τ_{yw} estimates (section 4.1) and the identified relations between F^*_{yw} and the studied explanatory variables (F_{qd}, F_{bf}, LFD and F_{SCA}),section 4.2, 1.1, 4.4 and 4.5), followed by the emerging perceptual model that describes the main processes driving the F^*_{yw} variations with mean catchment elevation and harmonizes our results with previous studies (Sectionsection 4.6).

4.1   Young water fractions (F^*_{yw}) and corresponding threshold ages

By assembling F^*_{yw} values determined by different authors, that very likely used different source codes, could possibly result in a bias. Indeed, differences in F^*_{yw} among catchments could be driven by the different methods rather than the physical factors. Therefore, the same approach must be applied to all the study catchments to remove the bias introduced by the estimation method of F^*_{yw}. For all the study catchments sinusoidal cycles were fitted to both precipitation and streamwater $\delta^{18}O$ data by using the IRLS regression (results for six representative study catchments in Fig. 5, complete results in Fig. S2). We estimate F^*_{yw} via Eq. (4.2) by using the best-fitting amplitudes of seasonal cycles. The best-fit amplitudes (A_P, A^*_S), phases (φ_P, φ^*_S), and corresponding standard errors are reported in Table 2.

The F^*_{yw} values achieved in this study are consistent with published F^*_{yw} values of Ceperley et al. (2020) and with direct-input F^*_{yw} of von Freyberg et al. (2018). Accordingly, a two-sample Kolmogorov-Smirnov test accepts the null hypothesis that the new and past F^*_{yw} estimates are from the same continuous distribution at the 5% significance level. The F^*_{yw} estimates are reported in Fig. 7a against the mean catchment elevation and are also listed in Table 2. F^*_{yw} increases with mean catchment elevation until 1500 m a.s.l., which corresponds to the elevation above which all catchments are snow-dominated (with NBPV detected as an outlier as discussed in section 4.5). This pattern is also reflected by the median F^*_{yw} within each flow regime: the median F^*_{yw} is 0.13 for rainfall-dominated catchments, 0.29 for hybrid catchments and 0.12 for snow-dominated catchments. Such results are consistent with previous studies that have shown the tendency toward low F^*_{yw} in mountainous catchments (Ceperley et al., 2020; von Freyberg et al., 2018; Lutz et al., 2018; Jasechko et al., 2016).

Even though we remove the bias introduced by the estimation method of F^*_{yw}, the application of Eq. (4.2) implicitly introduces another bias if we want to use F^*_{yw} for intercomparison purposes (which is the goal of this work). By computing the amplitude ratio, we estimate F_{yw}^T (Eq. 2), without defining a corresponding τ_{yw} (which can be estimated via Eq. 7). Therefore, part of the scatter of F^*_{yw} between catchments might be because of different τ_{yw} rather than physical factors, also if the τ_{yw} is expected to vary modestly between 2 and 3 months (Kirchner, 2016a). Accordingly, past studies estimated F^*_{yw} using the amplitude ratio approach without information about the corresponding τ_{yw} (Stockinger et al., 2019; von Freyberg et al., 2018; Jasechko et al., 2016). Nevertheless, we estimate τ_{yw} and α for each study catchment: the resulting estimates are reported in Fig. 7b and are listed in Table 2. Our estimates of the α parameter ($0.19 \leq \alpha \leq 2.1$) are consistent with the shape factor range ($0.2 \leq \alpha \leq 2$) investigated by Kirchner (2016a). Consequently, the τ_{yw} obtained by applying Eq. (7) fall between 1.38 and 3.16 months. As

expected, τ_{yw} varies in a narrow range consistent with the explanation provided by Kirchner (2016a). However, in order to have a fully coherent metric for all the catchments, the optimal procedure would be to set τ_{yw} and then calculate the young water fraction corresponding to such τ_{yw}. Nevertheless, establishing a constant τ_{yw} for all the catchments could be a tricky choice. Indeed, by setting a τ_{yw} higher than that obtained via Eq. (7), we are improperly using the TTD to estimate the young water fraction. From this reasoning, the only solution is to set τ_{yw} equal to the overall minimum τ_{yw}. This choice ensures that the TTD is used properly to estimate the young water fraction in all the sites. What we could expect is that all the young water fractions would be lower with respect to those obtained with the amplitude ratio approach. However, changes in young water fraction depending on changes in τ_{yw} are unintuitive since they vary with the TTD shape. Accordingly, a constant reduction of τ_{yw} would change the area under the transit time pdf differently based on the α value. Thus, the overall effect of the reduced τ_{yw} upon the young water fraction remains a priori unknown.

Since in this study we are using the amplitude ratio approach, our F^*_{yw} estimates refer to the proportion of runoff younger than an inconsistent threshold age. This variation by catchment (albeit limited) is the main limitation of this work.

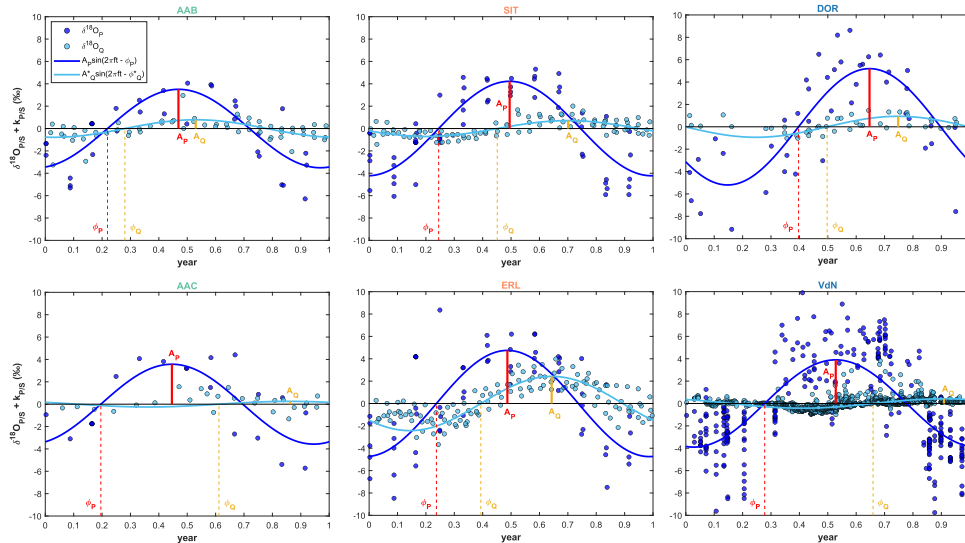



Figure 6 Sinusoidal cycles of both precipitation and streamflow fitted to the $\delta^{18}O$ data (using the IRLS method) for six representative study catchments. Amplitudes (‰) and phases (year) are indicated in the figure. Please note that both $\delta^{18}O$ data and sinusoidal cycles of precipitation and streamwater are vertically shifted of k_P and k_S, respectively.

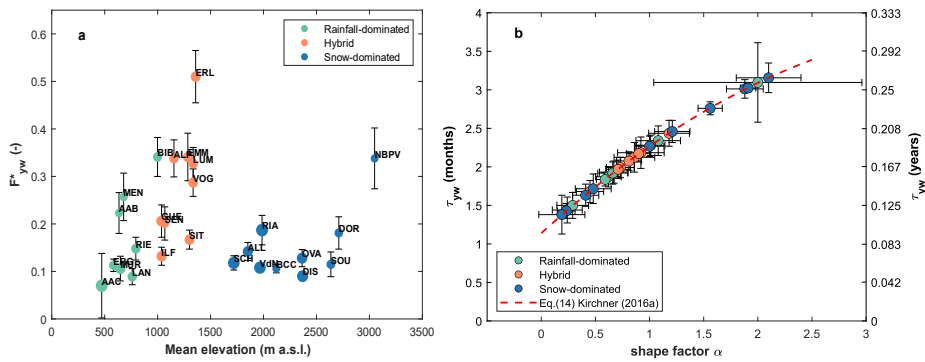



Figure 7 a) F^*_{yw} **as function of mean catchment elevation. Points dimension is proportional to** τ_{yw} **b)** τ_{yw}, **obtained with Eq. 14 of Kirchner (2016a), as function of the shape factor α.**

4.~~1~~4.2 The role of Quaternary deposits

~~Confirming~~In line with the results of Arnoux et al. (2021), we find a negative statistically significant correlation between F^*_{yw} and WFI ($\rho_{Spearman}$ = -0.4~~5~~, p-value ~~=~~≤ 0.0~~40~~01, see Fig. S~~5~~S6), suggesting (unsurprisingly) that more groundwater contribution to streamflow increases the water age. WFI and F_{qd} values for all the study catchments are reported in ~~Table 2.~~Table 2. To analyze the relationship of F^*_{yw} with Quaternary deposits we ~~rule out~~exclude the SOU and BCC catchments since they show F_{qd} = 0 (see ~~Table 2~~Table 2). ~~Including~~The inclusion of catchments with F_{qd} = 0 would bias the analysis since ~~something that is~~an absent parameter cannot ~~have a role in modulating~~modulate the share of groundwater and thus the young water fraction in the stream.

~~Focusing~~By focusing first only on the snow-dominated catchments, a linear fit on the data returns a negative slope of -0.3~~1~~36 (R^2 = 0.4~~5~~2), indicating a reduction of F^*_{yw} with increasing F_{qd} (Fig. 8a). Moreover, we find a Spearman rank correlation coefficient of -0.6~~2~~6 with a p-value of 0.~~12~~13, meaning a negative, but not statistically significant correlation between F^*_{yw} and F_{qd}. This result can be explained by considering several factors. First, water storage in Quaternary deposits is not the only groundwater storage contribution to the stream in such environments: additional storage is provided by the bedrock fractures (Gleeson et al., 2014; Jasechko et al., 2016; Martin et al., 2021), possibly caused by rock stress and high erosion rates and by the bedrock geology, which has influence on groundwater retention capacity (Hayashi, 2020). Second, the area covered by Quaternary deposits could be a not sufficient good proxy of the groundwater storage potential: the knowledge of the thickness of these deposits (i.e., their volume) and the bedrock topography are crucial factors for controlling groundwater storage (Arnoux et al., 2021; Hayashi, 2020) but corresponding data is not available to date.

485   F^*_{yw} values of the hybrid catchments reveal a weak positive correlation with Quaternary deposits ($\rho_{Spearman}$ = 0.~~1~~13, p-value =

0.~~81~~74) while, for rainfall-dominated catchments, they show a negative correlation ($\rho_{Spearman}$ =-0.~~5~~52, p-value = 0.~~2~~22);

however, both correlations are not statistically significant. These weak correlations suggest that F_{qd} represents only a limited

part of the catchment geology responsible for groundwater flow and that it can only be considered as a first-order measure of

geological groundwater storage.

490   We furthermore observe that F_{qd} decreases with mean catchment elevation in our data set (Fig. 8b), revealing a negative

statistically significant correlation ($\rho_{Spearman}$ =-0.5, p-value < 0.01). This negative correlation reflects the fact that F_{qd} decreases

when the mean slope increases (Arnoux et al., 2021).

   To conclude, we stress that more catchments and more geological information would be required to statistically validate these

observations about the role of the groundwater storage potential for explaining young water fraction variations.

495

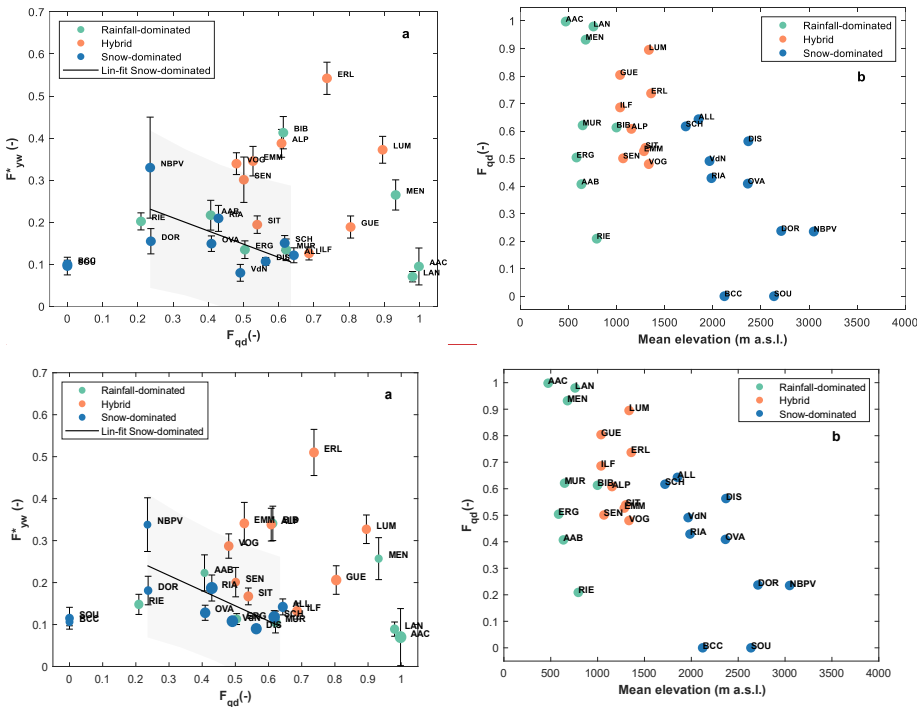



Figure 8 a) Young water fraction against fraction of Quaternary deposits. Points dimension is proportional to τ_{yw} b) Fraction of quaternary deposits against mean catchments elevation.

~~4.2   Stored (old) water contribution to streamflow (F_{bf}) and F^*_{yw}~~

4.3   The role of groundwater flow (baseflow) in F^*_{yw}

The baseflow time series resulting from the baseflow separation of Duncan (2019) for six representative study catchments (two of each regime) are reported in Fig. 9 (complete results in Fig. ~~S2~~S3). This figure shows the effect of groundwater recharge from rain and snowmelt through the "smoothed" baseflow proposed by Duncan (2019). This "smoothing" simulates a delayed storage contribution to the stream following the recharge phase during an input event. This recharge phase promotes the system wetness, thus favoring ~~an~~ increasing quick flow. The increasing quick flow during events also leads to an increase of $F_{yw}(t_i)$, as found ~~by previous works~~previously (von Freyberg et al., 2018). However, the relative amount of baseflow remains high during events: the ~~average~~mean baseflow fraction during the high-flow period is 0.49 and 0.52 for hybrid and rainfall-dominated catchments, while it is 0.63 for snow-dominated catchments. In agreement with worldwide stable-isotope-based hydrograph separations results (Jasechko, 2019), this outcome underlines the mobilization of stored water (i.e., old water) during rainfall and snowmelt events, and this process seems to be particularly relevant in high-elevation catchments.

Accordingly, in snow-dominated systems, the snowmelt largely transits through the groundwater store (Hayashi, 2020; Cochand et al., 2019; Du et al., 2019; Flerchinger et al., 1992; Martinec, 1975), as schematized in Fig. 4, and the very high baseflow in high mountain catchments during summer is a direct sign of meltwater infiltration and percolation to groundwater that pushes old snowmelt (the main groundwater storage component) out to the stream network, as also found by Martinec (1975). This is also supported by the fact that groundwater, in such catchments, often has the isotopic signature of snowmelt (Michelon et al., ~~2022~~2023; Pavlovskii et al., 2018).

~~Looking at~~When examining the overall flow (and not only at the high-flow periods), F_{bf} is generally lower for hybrid catchments (~~average~~mean F_{bf} = 0.67) than for rainfall-dominated (~~average~~mean F_{bf} = 0.74) and snow-dominated catchments (~~average~~mean F_{bf} = 0.83). The values of F_{bf} for all the study sites are reported in Table 2. In the BCC catchment, ~~we find a~~the F_{bf} (0.87) ~~that~~ is consistent with the previous findings of Penna et al. ~~(2016)~~(2016) who found using stable water isotopes~~: they have shown~~ that, on average, ~~from~~between 80% ~~to~~and 98% of ~~BCC~~the discharge in BCC is composed of pre-event water (assumed to represent groundwater). ~~The values of F_{bf} for all the study sites are reported in Table 2.~~ On average, the F_{bf} computed over the entire PoS are higher than those computed during the high-flow periods. This result suggests, unsurprisingly, that the largest ~~amount~~percentage of ~~stored water~~base flow is released during low-flow periods. Accordingly, the variations of F_{bf} with elevation among different catchments (Fig. 10b) can be explained considering the changes in low-flow duration (LFD) with elevation, as will be discussed in ~~Section~~section 4.4.

Baseflow filters were already applied in previous studies and their results were correlated with F^*_{yw}. For example, von Freyberg et al. (2018) found a strong positive correlation ($\rho_{Spearman}$ = 0.73, p-value < 0.001) between F^*_{yw} and the Quick-~~flow~~Flow Index (QFI), calculated as the ~~average~~mean ratio between (Q-Q_{bf}) and Q, where Q is the daily discharge and Q_{bf} is the daily baseflow

calculated in their paper with the Lyne and Hollick (1979) baseflow filter. ~~Relating~~By relating the F_{bf} to F^*_{yw}, we have found a strong negative correlation ($\rho_{Spearman}$ = -0.~~75~~73, p-value < 0.001), showed in Fig. 10a, consistent with ~~previous~~the results of von Freyberg et al. (2018).

535 In snow-free systems, F^*_{yw} is by definition related to F_{bf}: Baseflow is composed of groundwater and groundwater is the dominant source of old water in such systems (in absence of large lakes). In snow-influenced systems, through the "direct input" approach for estimating F^*_{yw}, we consider the snowpack (i.e., a temporarily old water storage) as part of the catchment storage. However, the share of snowmelt (with age > 3 months) that flows off quickly as surface or fast subsurface runoff will not show up in F_{bf}. In other words, F_{bf} is not able to take into account all the snowmelt, but only the part of meltwater that 540 infiltrates and recharges the groundwater storage, which is a large portion of the overall snowmelt.

4.2.1~~4.3.1~~   The complementarity between the fraction of baseflow (F_{bf}) and the young water fraction (F^*_{yw})

A by-product of this work is that the F_{bf}, estimated ~~F_{bf}, applying~~with the Duncan (2019) baseflow filter, is roughly the complementary term of F^*_{yw} (Fig. 10a, Fig 10b) which is an important result for catchments where isotope measurements are missing. In such catchments, F^*_{yw} could potentially be estimated without the application of the amplitude ratio approach as:

545 $$F^*_{yw} \simeq 1 - F_{bf} ,$$ (~~12~~15)

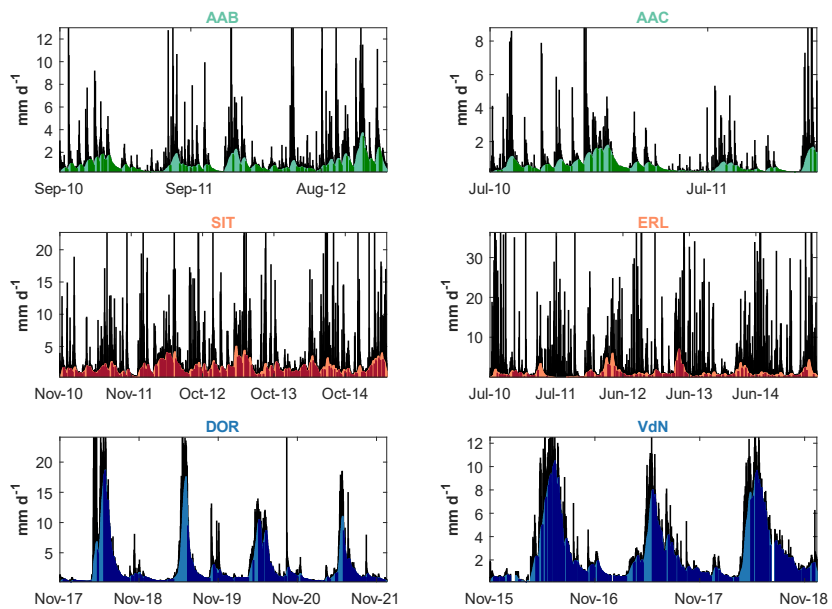
Some of our case studies show considerable "residuals" of 1- $(F_{bf} + F^*_{yw})$ (Fig. 10b). This is partially due to the uncertainty of the parameters used for estimating F_{bf}. In this regard, Duncan (2019) suggests some calibration guidelines to obtain ~~an~~ optimal parameters set for baseflow estimation per catchment. In this work, we did not use the calibration guidelines, but we simply used the recession parameter proposed by Nathan and McMahon (1990) in order to achieve factual and reproducible results. 550 In addition, the estimation of baseflow during an event is generally less rigorous than during the recession phase (Duncan, 2019), affecting the F_{bf} estimation. Moreover, F^*_{yw} values are influenced by the sampling rate: the higher is the frequency of sampling, the higher is the young water fraction (Gallart et al., 2020a; Stockinger et al., 2016). Thus, the young water fraction calculated with the "amplitude ratio" approach generally underestimates the "~~real~~theoretical" young water fraction, and we simply compensate by computing the flow-weighted young water fraction (F^*_{yw}). In hybrid and snow-dominated catchments 555 these "residuals" can also be explained by considering that the F_{bf} does not include surface runoff or fast lateral subsurface flow of meltwater, likely older than ~~2-3 months~~the estimated threshold ages, following a snowmelt event. On the other hand, these residuals might also be related to the non-linear recession behavior of catchments, which was shown by Santos et al. (2018) to ~~be dominant for~~dominate Swiss low elevation (i.e., rain-dominated) catchments, ~~in which case~~when the exponential recession assumption of the baseflow filter necessarily leads to less reliable results (Duncan, 2019).

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Figure 9: Baseflow separation for six representative study catchments using the Duncan (2019) filter. The black area represents the daily discharge, while the coloured area represents the estimated daily baseflow. The darker colour represents a time step in which at least the 85% of the daily discharge is composed by baseflow.

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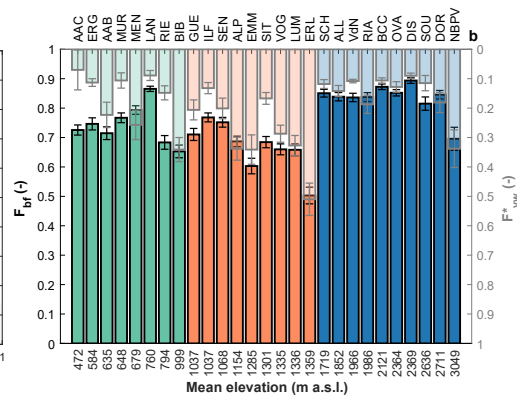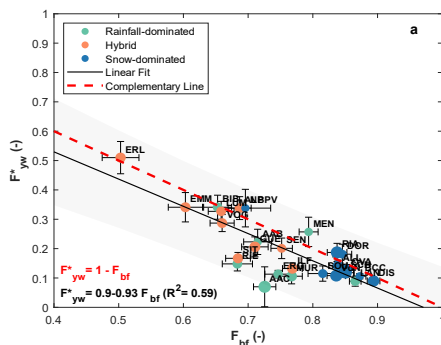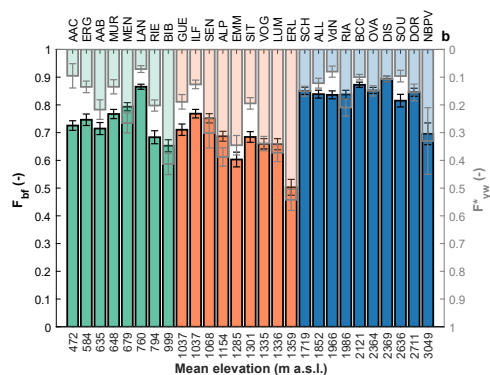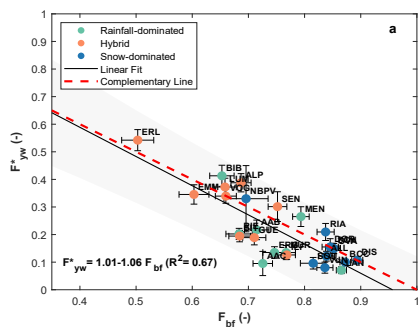
Figure 10 a) Young water fraction plotted against fraction of baseflow; vertical and horizontal bars represent +/- standard deviation. Grey area represents the 95% prediction bounds of a linear regression of F^*_{yw} on F_{bf}. Points dimension is proportional to τ_{yw} b) Fraction of baseflow and young water fraction against mean elevation. Bars with black edge indicate F_{bf} (left axis), while bars with grey edge indicate F^*_{yw} (right axis). Vertical bars represent +/- standard deviation.

4.34.4 Low-flow duration (LFD) and F^*_{yw}

The values of LFD for all the study sites are reported in ~~Table 2.~~Table 2. Specifically, LFD is lower for hybrid catchments (median LFD = 0.39), and it is increasingly higher for rainfall (median LFD = 0.50) and snow-dominated catchments (median LFD = 0.62). In hybrid catchments, the presence of rain and snowmelt events ~~during~~spanning large parts of the year and the relatively low evapotranspiration (compared to rainfall-dominated catchments) ~~evapotranspiration~~ due to reduced temperatures

(Goulden et al., 2012), ~~strongly~~dramatically reduces the duration of low-flow periods, and this is also visible from the recurring discharge peaks (Fig. 9~~.)~~). In low-lying, rain-dominated catchments, evapotranspiration and precipitation are respectively higher and lower than in hybrid catchments, leading to longer low-flow periods (usually during summer and autumn). Under current climate and according to our data set, in snow-dominated catchments, we observe longer winter low-flow periods (streamflow decreasing below 0.5 to 1 mm/d for the highest locations, see Fig. ~~S6~~S7) on an annual scale than in hybrid catchments. To gain additional insights into the high LFD in snow-dominated catchments and the low LFD in hybrid catchments, it is necessary to further consider the role of snowpack persistence, discussed in the following ~~Section~~section. The variations of LFD with elevation are shown in Fig. 12b.

~~It is well known that low~~Low-flow periods are typically baseflow-dominated (or old water dominated). Accordingly, as anticipated in ~~Section~~section 1.1, the variation of F_{bf} between catchments reflects the proportion of the low-flow duration during the PoS. We observe that the higher the LFD is, the higher is the F_{bf}; in fact, they are strongly positively correlated ($\rho_{Spearman} = 0.97$, p-value < 0.001) as shown in Fig. 11. The negative correlation between LFD and F^*_{yw} is lower ($\rho_{Spearman} =-0.~~75~~74$, p-value < 0.001, Fig, 12a) but nevertheless suggests that LFD is an important predictor for F^*_{yw}.
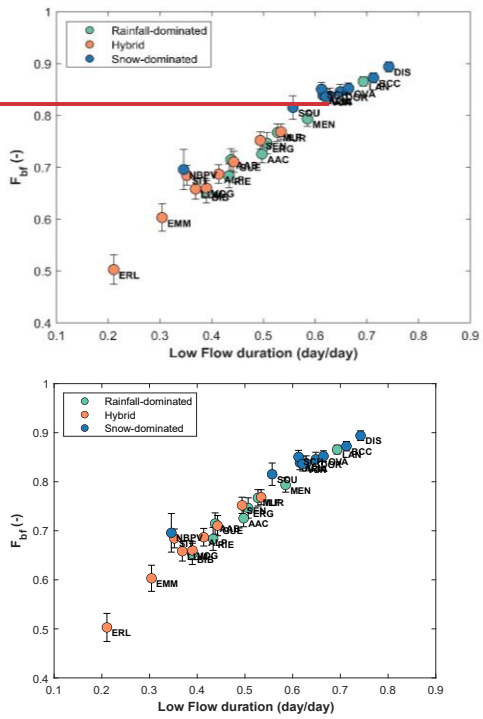
Figure 11 *F_{bf}* **against the low Flow Duration (LFD)**

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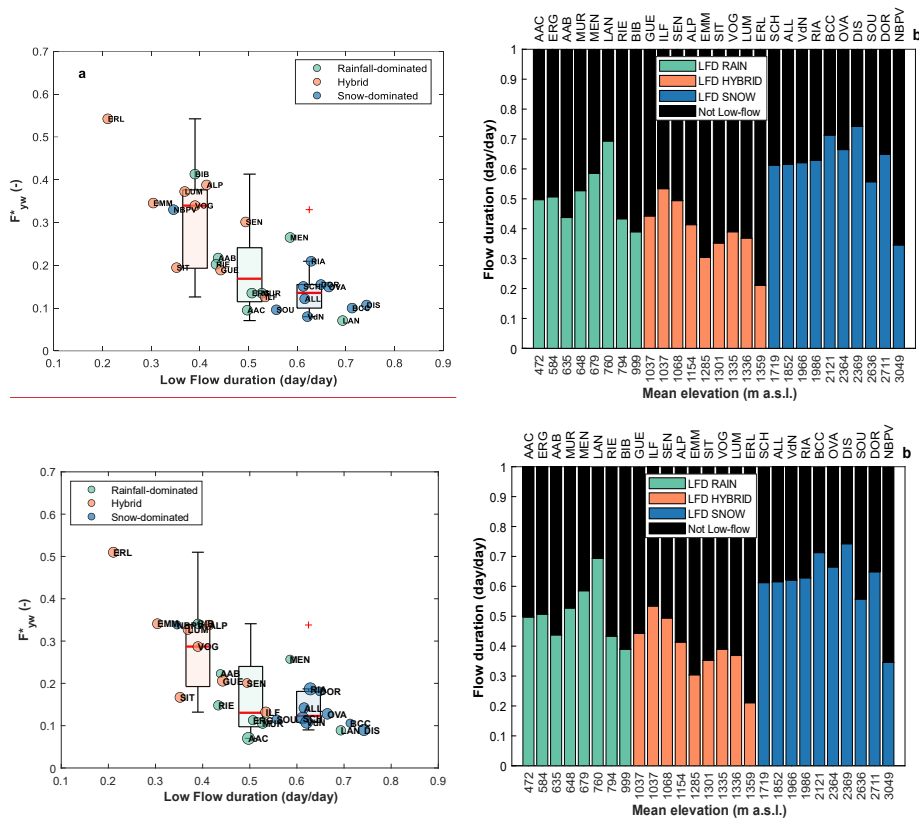


Figure 12 a) *F*_{yw}* **against the Low Flow Duration, LFD. Boxplots of** *F*_{yw}* **for catchments belonging to the same regime are plotted in correspondence to the median LFD. Points dimension is proportional to** τ_{yw} **b) LFD against mean elevation.**

600   **4.44.5 The role of snowpack persistence**

We ~~next~~ explore next the presence of an ephemeral or seasonal snowpack as a relevant factor for the time-concentration of liquid water input and for LFD. We consider the F_{SCA}, calculated as reported in ~~Section~~section 3.2, as a proxy of the snowpack persistence. The F_{SCA} values for all the study sites are reported in ~~Table 2~~Table 2. The underlying f_{SCA} timeseries for six representative study catchments (two for each hydro-climatic regime) are reported in Fig 13, (for complete results ~~in~~, see Fig.

605   ~~S3~~S4). All the catchments characterized by a seasonal snow-cover (i.e., snow-dominated) reveal a high F_{SCA} (> 0.40, median

$F_{SCA} = 0.51$). Gradually smaller F_{SCA} values correspond to increasingly more ephemeral snowpacks with intermittent snowmelt events during the winter season (Petersky and Harpold, 2018), as reflected by the spiky f_{SCA} timeseries of hybrid and rainfall-dominated catchments (Fig. 13).

Our results ~~show~~exhibit a bell-shaped behavior of F^*_{yw} with varying F_{SCA} (Fig. 14a). Specifically, we observe a general increase of F^*_{yw} for F_{SCA} values roughly below 0.3. This result can be explained considering that especially in hybrid catchments (median F_{SCA} = 0.28), but partially also in rain-dominated catchments (median F_{SCA} = 0.13), streamflow receives relatively more young water from ephemeral snowpacks. These short-lived snowpacks melt during the winter season resulting in ~~little~~only a short delay between precipitation input and melt (i.e., no water aging in the snowpack), and ~~corresponding~~correspondingly meltwater ~~potentially~~ flows off quickly into the stream (reducing LFD, Fig.15~~),~~), e.g., in presence of a frozen surface soil layer. In fact, ephemeral and slightly thick snowpacks do not protect the underlying soil from freezing (Harrison et al., 2021; Rey et al., 2021). Even for low elevation locations ($< \approx 1500$ m a.s.l.), freezing conditions are regularly observed during winter (Keller et al., 2017).

For F_{SCA} values roughly higher than 0.3, we observe a decrease of F^*_{yw} with F_{SCA}; here all the catchments of our data set are snow-dominated. The mechanisms at play here are: i) in catchments with seasonal snowpacks, streamflow receives snowmelt in spring and summer that is at least partly older than 2-3 months (because part of the snow fell more than 3 months before the melt occurs). ii) The building up of a persistent, deep snowpack can promote deep vertical infiltration during the main melt period, either by insulating the soil and thereby preventing/reducing freezing (Harrison et al., 2021; Rey et al., 2021; Jasechko et al., 2016) or by gradual soil thawing during the melt period (Rey et al., 2021; Scherler et al., 2010). The temporal dynamic of snow accumulation and melt supports the pivotal role of snowmelt in recharging groundwater during summer in high-elevation environments (Cochand et al., 2019; Du et al., 2019; Flerchinger et al., 1992). A similar result was also found for dolomitic catchments (such as BCC and OVA) by Lucianetti et al. (2020)~~,~~, who ~~revealed~~discovered that different proportions of rain and snow ~~contributions~~contribute to the recharge of springs in the Dolomites, with a gradually higher meltwater contribution in springs with increasing elevation. This role of snowmelt supports our analytical choice of computing F^*_{yw} through the "direct input" approach, thus considering the snowpack as part of the catchment storage. In addition, the potentially large shares of meltwater that recharge groundwater via deep vertical infiltration also result in old water sustaining winter baseflow (Fig. ~~S4~~S5): the persistent snowpack and the absence of a *liquid* water input favor a groundwater storage ~~emptying resulting in~~release that creates a longer winter low-flow period that increases LFD (Fig.15), thus reducing F^*_{yw}, as discussed in ~~Section~~section 4.4.

F_{SCA} is strongly correlated with the mean catchment elevation in our data set ($\rho_{Spearman}$ = 0.97, p-value < 0.01, Fig. 14b). A posteriori, we could have considered mean elevation instead of F_{SCA} as a proxy for snowpack persistence. However, a priori, it could be approximative to describe the snow cover persistence only with the increasing elevation: the persistence of snow in a catchment also depends on ~~catchment aspect, topography~~overall topographic and climatic characteristics, specifically relating to snow and aspect (Painter et al., 2023)~~ snow-related and climatic characteristics.~~. In fact, catchments with very

different characteristics (e.g., different elevation ranges, different areas etc.) can reveal a similar mean elevation, but the snowpack persistence could considerably change. This is the reason why we ~~decided to focus~~focused on F_{SCA} that integrates these physical factors.

The above mechanisms are ~~not able~~unable to explain the hydrological ~~functioning~~function of the glacier-dominated NBPV catchment, which ~~shows~~has a very high $F*_{yw}$ and is ~~categorized as~~ an outlier among the snow-dominated catchments (Fig. 14a). The high $F*_{yw}$ of the high elevation glacier-covered (42%) catchment can be explained considering that the glacier-melt produces high amounts of streamflow that transit the glacier-system very quickly during the summer, given generally fast englacial and subglacial flow paths and the often limited water storage capacity in the glacier forefield (Müller et al., 2022; Saberi et al., 2019; Jansson et al., 2003). Schmieder et al. (2019) also found a high young water fraction in an Austrian glacier-covered (35%) catchment leading them to the conclusion that the basin behaves like a 'Teflon basin' with fast transmitted ice melt, also if this behavior is differentiated in space.

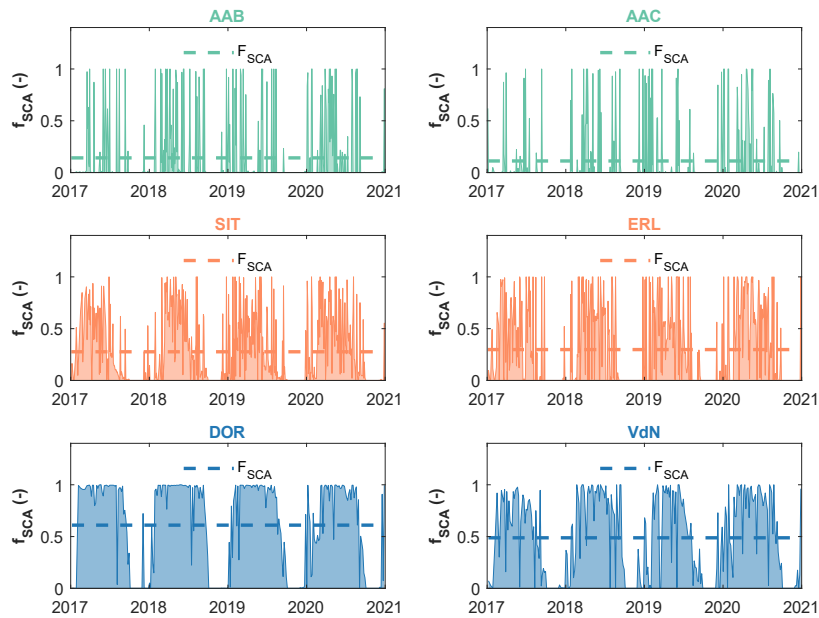



Figure 13 Timeseries of f_{SCA} for 6 representative study catchments (two for each hydro-climatic regime), illustrating the gradual increase of the F_{SCA} passing from rainfall-dominated to snow-dominated catchments.

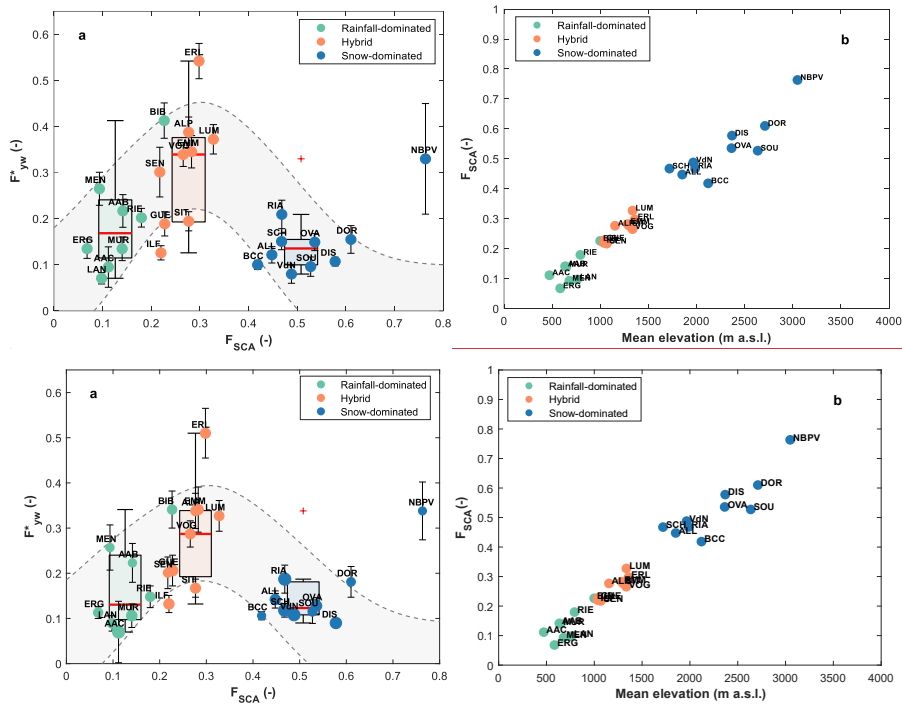



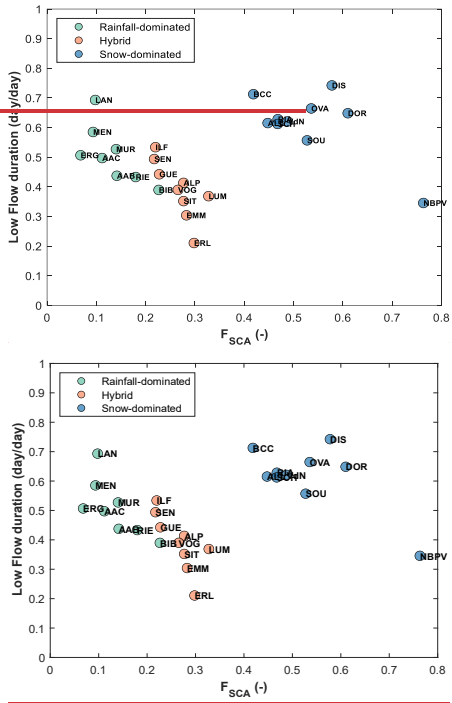
Figure 14 a) Young water fraction against F_{SCA}. The grey area represents the perceptual bell-shaped behaviour of F^*_{yw} with increasing F_{SCA}. Points dimension is proportional to τ_{yw} b) F_{SCA} against mean elevation.

660 **Figure 15 Low-flow duration (LFD) against F_{SCA}**

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Table 2 ~~F^*_{yw}, F_{qd}, LFD, F_{bf}, F_{SCA} and WFI values for~~ Summary table with all the relevant quantities estimated for the 27 study catchments.

ID (Regime)	$A^*_S \pm SE$ (‰)	$A_P \pm SE$ (‰)	$\phi^*_S \pm SE$ (rad)	$\phi_P \pm SE$ (rad)	$F^*_{yw} \pm SE$ (-)	F_{qd} $\alpha \pm$ SD	$\tau_{yw} \pm SD$ (yr)	LFD (d/d)	F_{bf} (-)	F_{SCA} (-)	WFI (-)

(Reg.)						(-)					
AAB (R)	0.78±0.12	3.51±0.44	1.76±0.17	1.38±0.13	0.22±0.04	0.4~~124~~±0.14	0.4~~412~~±0.014	0.44	0.71	0.14	0.14
AAC (R)	0.~~10~~25±0.24	3.58±0.~~99~~61	3.84±0.~~50~~74	1.23±0.18	0.07±0.07	2.00±0.96	0.258±0.043	0.5	0.73	0.11	0.15
ALL (S)	0.~~12~~82±0.09	5.77±0.~~64~~43	3.21±0.13	1.78±0.08	0.14±0.02	1.00±0.13	0.189±0.011	0.62	0.84	0.45	0.24
ALP (H)	1.25±0.~~39~~09	3.7±0.~~61~~35	2.56±0.07	1.58±0.1	0.34±0.04	0.73±0.13	0.166±0.011	0.41	0.69	0.28	0.06
BCC (S)	0.~~10~~51±0.03	4.84±0.25	2.64±0.11	2.28±0.07	0.11±0.01	0.23±0.08	0.119±0.008	0.71	0.87	0.42	0.23
BIB (R)	1.27±0.~~41~~09	3.73±0.~~61~~35	2.45±0.07	1.58±0.1	0.34±0.04	0.62±0.12	0.156±0.011	0.39	0.65	0.23	0.06
DIS (S)	0.62±0.04	6.86±0.43	3.89±0.09	1.77±0.07	0.09±0.01	1.56±0.11	0.5~~6~~23±0.07	0.74	0.89	0.58	0.19
DOR (S)	0.~~16~~94±0.15	5.2±0.~~24~~53	3.13±0.15	2.5±0.1	0.18±0.03	0.41±0.12	0.136±0.012	0.65	0.85	0.61	0.06
EMM (H)	1.2±0.~~35~~12	3.53±0.~~53~~38	2.74±0.1	1.64±0.12	0.34±0.05	0.86±0.19	0.177±0.016	0.3	0.6	0.28	0.01
ERG (R)	0.~~14~~42±0.03	3.71±0.~~50~~29	2.44±0.07	1.53±0.09	0.11±0.01	0.59±0.08	0.153±0.007	0.51	0.75	0.07	0.05
ERL (H)	2.42±0.~~54~~11	4.75±0.~~74~~46	2.47±0.05	1.49±0.1	0.51±0.05	0.92±0.22	0.182±0.017	0.21	0.~~50~~5	0.~~30~~3	0.01
GUE (H)	0.72±0.09	3.51±0.4	2.98±0.1	1.44±0.13	0.21±0.03	1.18±0.19	0.8~~2~~03±0.14	0.44	0.71	0.23	0.07
ILF (H)	0.58±0.07	4.36±0.36	3±0.12	1.55±0.09	0.13±0.02	1.01±0.~~69~~13	0.19±0.011	0.53	0.77	0.22	0.12
LAN (R)	0.~~07~~34±0.06	3.79±0.~~98~~36	2.6±0.16	1.57±0.1	0.09±0.02	0.67±0.13	0.161±0.012	0.69	0.87	0.~~10~~1	0.~~40~~4
LUM (H)	1.62±0.~~37~~09	4.97±0.~~90~~44	2.48±0.06	1.52±0.09	0.33±0.03	0.71±0.11	0.164±0.01	0.37	0.66	0.33	0.08
MEN (R)	0.~~27~~77±0.12	3±0.~~93~~36	1.84±0.17	1.39±0.14	0.26±0.05	0.29±0.15	0.125±0.014	0.59	0.79	0.09	0.18
MUR (R)	0.~~13~~37±0.08	3.51±0.~~62~~36	2.96±0.21	1.4±0.11	0.11±0.03	1.08±0.21	0.195±0.016	0.53	0.77	0.14	0.19
NBPV (S)	1.52±0.~~33~~09	4.48±0.~~24~~81	3.1±0.13	2.81±0.32	0.34±0.06	0.19±0.21	0.115±0.021	0.35	0.7	0.76	0.~~0~~0
OVA (S)	0.~~15~~9±0.10	7±0.~~41~~61	3.37±0.14	1.68±0.09	0.13±0.02	1.21±0.16	0.205±0.012	0.66	0.85	0.54	0.21
RIA (S)	0.~~21~~91±0.12	4.86±0.~~43~~52	3.54±0.14	1.22±0.12	0.19±0.03	2.10±0.3	0.263±0.016	0.63	0.84	0.47	0.11
RIE (R)	0.59±0.06	3.96±0.48	2.34±0.~~21~~2	1.34±0.~~21~~14	0.15±0.02	0.66±0.14	0.16±0.012	0.43	0.68	0.18	0.07
SCH (S)	0.~~15~~6±0.06	5.13±0.~~62~~4	4.08±0.11	1.74±0.09	0.12±0.02	1.88±0.17	0.251±0.01	0.61	0.85	0.47	0.~~20~~2
SEN (H)	0.~~30~~83±0.12	4.1±0.~~54~~1	2.23±0.14	1.55±0.12	0.2±0.04	0.45±0.13	0.14±0.012	0.49	0.75	0.22	0.24
SIT (H)	0.~~19~~71±0.07	4.22±0.31	2.83±0.1	1.54±0.~~54~~08	0.17±0.02	0.9±0.11	0.181±0.009	0.35	0.68	0.28	0.07

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SOU (S)	0.106±0.12	5.2±0.53	3.24±0.23	2.5±0.1	0.11±0.03	0.48±0.17	0.143±0.016	0.56	0.82	0.53	0.01
VdN (S)	0.0842±0.01	3.89±0.4919	4.14±0.03	1.74±0.05	0.11±0.01	1.91±0.07	0.252±0.004	0.62	0.84	0.49	0.04
VOG (H)	1.38±0.3408	4.81±0.4842	2.6±0.06	1.5±0.09	0.29±0.03	0.81±0.11	0.173±0.01	0.39	0.66	0.27	0.07

670

4.54.6 Process interplay along elevation: perceptual model

675 The identified key drivers of young water fractions for rainfall-dominated, hybrid and snow-dominated catchments can conveniently be summarized into a perceptual model of the involved hydrological processes and their seasonal interplay (Fig. 16).

High-elevation catchments are characterised by long winter low-flow periods, resulting from the build-up of a seasonal snowpack, and sustained by the emptying of groundwater (or old water) storage. Accordingly, such storage releases stored 680 water, mainly old meltwater, for prolonged periods where the snowpack can last for several months (typically from December to early April) before releasing water during the melting season. Such seasonal snowpack can protect the underlying soils from freezing, favouringthus promoting meltwater infiltration and groundwater recharge. From this viewpoint, snowpack is considered as part of the catchment storage and there is a thin line between groundwater and meltwater in snow-dominated catchments. Snowmelt or rain events push out old meltwater to the stream during summer, as suggested by the relatively high 685 amount of daily baseflow during the melting season. During this period, the high catchment wetness might even lead to saturation and thereby favour fast flow paths of meltwater or rainwater, which in turn can temporarily increase the young water fraction. Despite this increase during high-flow periods, the prevailing winter low-flow periods in such systems lead to a reduction of the average annual young water fraction.

In catchments with an ephemeral snowpack, at lower elevations, snowmelt events occur regularly during winter such that water 690 released from the corresponding short-lived snowpack is likely younger than 3 months. Moreover, ephemeral snowpacks do not protect the underlying soils from freezing and rapid flow paths can emerge during episodic or long-term soil surface freezing, by increasing the young water fraction. The high $F*_{yw}$ of such systems is also explained by the simultaneity of snowmelt and rain events during extended parts of the year (leading to large volume of annual precipitation) and the relatively low (compared to rainfall-dominated catchments) evapotranspiration. Both processes increase the catchments wetness and 695 reduce the low-flow periods length.

Finally, at the lowest elevations, lower amounts of precipitation and higher evapotranspiration favour longer low-flow periods, mainly sustained by old groundwater from alluvial aquifers, which lead to both a F^*_{yw} and catchment wetness reduction. Further, the relatively flat topographies at the lowest elevations favour slow flow paths increasing the transit times of water.

How well current hydrological models can represent the interplay of these processes along elevation gradients is left for future research, but our perceptual model builds a solid basis for an improvement of theory-driven models (Clark et al., 2016).
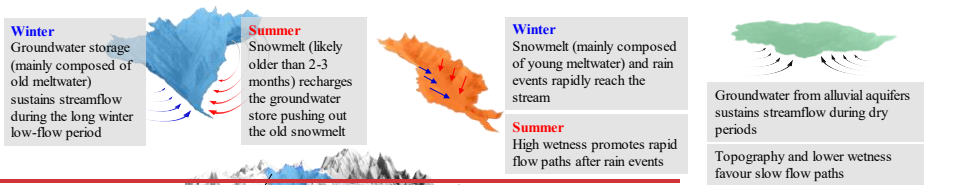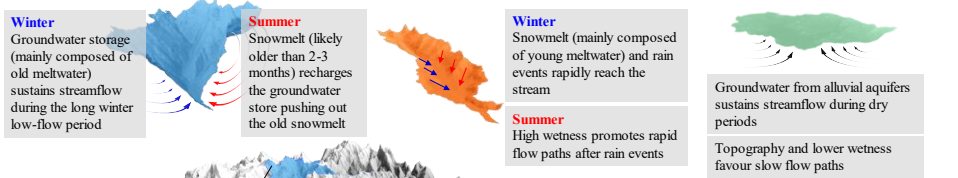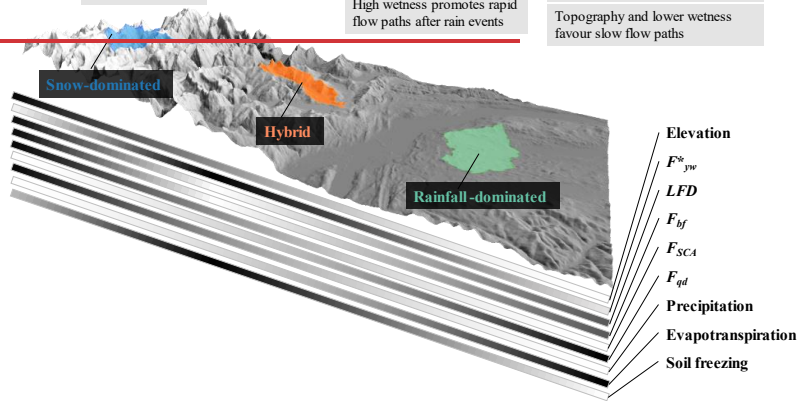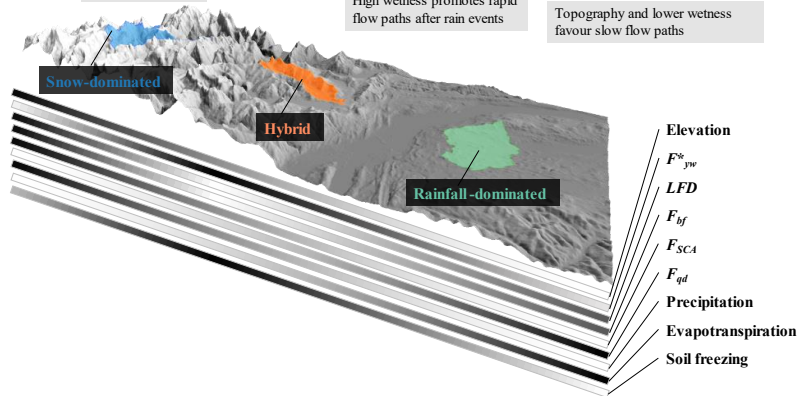
Figure 16 Perceptual model of the hydrological processes that drive the young water fraction variations with elevation. This model emerges from our analysis and harmonizes these results with those of previous studies. For snow-dominated and hybrid catchments, we indicate the dominant processes, occurring during summer and during winter, that lead to low and high F^*_{yw}, respectively.

5 Conclusion

This study proposes a conceptualization of the processes behind changes in young water fraction (F^*_{yw}) with elevation, defined here following Kirchner (2016a) as ~~water~~streamwater that is younger than ~~2~~ a threshold age (τ_{yw}) which varies from about 2 to 3 months. The analysis is focused on amplitude-ratio-based ~~on~~ young water fractions for a set of 27 study catchments located in Switzerland and Italy which span a wide range of geological and hydro-climatic conditions. Threshold ages (τ_{yw}) achieved from both phase and amplitude information of seasonal cycles, and referred to F^*_{yw} estimates, are slightly different among the studied catchments and this is the main limitation of this work, also if τ_{yw} varies modestly from about 1.5 to 3 months.

Our analysis focuses on mountainous catchments to fill the knowledge gap referring to the surprisingly low young water fractions at high elevations (> 1500 m a.s.l.), but we have also considered catchments at lower elevations to obtain a complete picture of the dominant hydrological processes at different elevations.

We have focused on variables and processes that were not previously considered for explaining elevation gradients of young water fraction. We have investigated the role of i) ~~the~~ groundwater storage potential ii) ~~the~~ catchment storage contribution to the stream iii) ~~the~~ low-~~fow~~flow duration iv) ~~the~~ snowpack persistence. Our results suggest that ii) iii) and iv) are ~~connected to each other~~interconnected: low-flow periods are generally sustained by old water deriving from the catchment storage and the length of such periods is driven by the snowpack persistence at high elevations. The proportion of low-flow periods during the period of isotope sampling strongly influences the amount of old water contributing to the stream, thus reducing the estimated F^*_{yw}. Consequently, the low-flow duration, which varies with elevation, can be retained as driver of the F^*_{yw} changes with elevation. Given the importance of low-flow periods, we have also investigated the role of groundwater storage potential, represented here by the portion of catchment area covered by Quaternary deposits. Our results suggest that ~~this analysis~~an exhaustive description of the groundwater storage potential should be completed with more detailed geological information e.g., the geology and topography of bedrock, the fraction of fractured bedrock and the deposits' thickness, which is challenging to retrieve from geological data set. We have ~~finally harmonized~~brought together the results of this analysis in a perceptual model that describes a framework for how hydrological processes control the F^*_{yw} according to elevation, laying the foundations for an improvement of theory-driven models.

The strong complementarity between F^*_{yw} and the ~~average~~mean fraction of baseflow obtained for our data set suggests that F^*_{yw} could be estimated starting from automated baseflow separation techniques for catchments in which stable water isotopes measurements are not available. This complementarity should however be validated in future work, by considering e.g., alternative baseflow separation techniques and different hydro-climatic conditions.

Finally, the conceptualization of the hydrological processes described in this paper do not fit the high young water fraction of the single glacier-dominated catchment of our data set. In conclusion, we encourage future studies to compare and to collect

isotopic data from glacier-dominated catchments to better understand the processes in such systems that, under glacier retreat due to climate change, will see a gradual transition to purely snow-dominated systems.

740 *Data availability*. Time series of both δ^2H and $\delta^{18}O$ in streamflow and precipitation, complemented with MeteoSwiss daily precipitation data, for the 22 Swiss catchments investigated by von Freyberg et al. (2018) are available in the data repository Zenodo at https://zenodo.org/record/4057967#.Y00oMHZBxPY (Staudinger et al., 2020). Meteorological, hydrological and isotope data of VdN, BCC and NBPV catchments are available at: https://onlinelibrary.wiley.com/action/downloadSupplement?doi=10.1002%2Fhyp.13937&file=hyp13937-sup-0009-

745 Supinfo2.zip. ~~For the existing data set, we used the values of *F**ₘ (direct input) reported in Fig. 4c of von Freyberg et al. (2018), kindly provided by the corresponding author, and in Table 6 of Ceperley et al. (2020) with associated errors.~~ Daily discharge data for the ERL, LÜM and VOG catchments are provided by the *Swiss Federal Institute for Forest, Snow and Landscape research* (*WSL*), Birmensdorf, Switzerland. Streamflow data for the AAB and GUE catchments are provided by the *Office for Waste, Water, Energy and Air* (*WWEA*) of the Canton of Zurich and by the *Office for Water and Waste* of the

750 Canton of Bern, respectively. Daily discharge data of the remaining 17 Swiss catchments studied by von Freyberg et al. (2018) are provided by the *Swiss Federal Office for the Environment* (*FOEN*).

The .shp of the AAB, GUE, ERL, LÜM and VOG catchments boundaries are available from the data repository Zenodo at https://zenodo.org/record/4057967#.Y00oMHZBxPY (Staudinger et al., 2020). The .shp of NBPV, BCC and VdN catchments, are provided by Dr. Giulia Zuecco and Dr. Anthony Michelon (University of Lausanne, Switzerland) as personal

755 communication. The DOR and SOU catchments boundaries are delineated in a GIS environment using the 10-m resolution Digital Elevation Model (DEM) available from the *Aosta Valley Regional Geoportal*. Finally, the catchment boundaries of the remaining 17 Swiss catchments investigated by von Freyberg et al. (2018) are directly obtained from the *Swiss Federal Office for the Environment* (*FOEN*).

Quaternary cover for all Swiss catchments has been calculated using the Geological Atlas of Switzerland (GeoCover data set,

760 1:25000 scale) available from the *Federal Office of Topography swisstopo*. For the DOR and SOU catchments the vectorized Valsavaranche geological map (1:100000 scale) is provided by the *Cartography Office of SCT Geoportal*. For the NBPV and BCC catchments the .shp of unconsolidated sediments is provided by Dr. Giulia Zuecco.

DOR and SOU data are available from Alessio Gentile upon reasonable request.

765 *Code availability*. A GEE ~~script~~code for calculating Snow Cover Area and Cloud Cover Area time series over a region of interest has been made available at: ~~https://code.earthengine.google.com/8239cfe7aab498180e5c42475023cb80?noload=true.~~https://code.earthengine.google.com/8239cfe7aab498180e5c42475023cb80?noload=true. A Matlab © code with the implementation of the Duncan (2019)

baseflow filter ~~is~~and a Matlab © code for performing IRLS and for calculating $F*_{yw}$, α and τ_{yw} are both available with the ~~Supplementary Material~~supplementary material of this article.

Supplement. The supplement related to this article is available online at

Author contributions. AG, NC, BS and SF identified the research gap, defined the methodology, developed the perceptual model and prepared the paper. AG analyzed the data set. DG, DC, MP and SF collected the water samples for the DOR and SOU catchments. GZ analyzed spatial data related to NBPV and BCC catchments. All authors revised the manuscript and gave final approval to the submitted version.

Competing interests. The authors declare that they have no conflict of interest.

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~~Summary:~~

~~This document contains pictures of the Dora del Nivolet catchment, (Fig. S1). Next the Fig. S2 illustrates the f_{SCA} timeseries for all the 27 study catchments. The Fig. S3 shows the amount of baseflow obtained applying the Duncan (2019) baseflow filter for all the 27 study sites. The Fig. S4 shows the winter baseflow and the total winter flow against the mean catchment's elevation. The Fig. S5 shows the average winter discharge against elevation. The last figure, Fig. S6, illustrates the annual baseflow against F_{SCA}. Finally, the Table S1 summarizes the results of the main quantities investigated in this study for all the study catchments.~~

Towards a conceptualization of the hydrological processes behind changes of young water fraction with elevation: a focus on mountainous alpine catchments - supplementary material

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Summary:

This document contains additional information about the stable water isotopes collected in the 27 study catchments with a focus on the DOR and SOU catchments. Some pictures of the Dora del Nivolet catchment are reported in Fig. S1. Fig. S2 shows sinusoidal cycles fitted to the $\delta^{18}O$ data of the 27 study catchments using IRLS with indication of amplitudes and phases of the seasonal cycles. Fig. S3 shows the amount of baseflow obtained applying the Duncan (2019) baseflow filter for all the 27 study sites. Next Fig. S4 illustrates the f_{SCA} timeseries for all the 27 study catchments. Fig. S5 shows

the winter baseflow and the total winter flow against the mean elevation. Fig. S6 shows the young water fraction (F^*_{yw}) plotted against the Winter Flow Index (*WFI*). Fig. S7 shows the mean winter discharge against elevation.

In the Supplementary Material have also been made available:

- A Matlab © code with the implementation of the Duncan (2019) baseflow filter.
- A Matlab © code for performing IRLS and for calculating F^*_{yw}, α and τ_{yw}.

Additional information about the stable water isotopes collected in the 27 study catchments.

Regarding the Swiss catchments studied by von Freyberg et al. (2018), stream water samples for isotopic analyses were collected fortnightly until December 2014 and have been collected weekly since January 2015 for the Alp (ALP), Biber (BIB), Erlenbach (ERL), Luempenenbach (LUM) and Vogelbach (VOG) catchments (Staudinger et al., 2020). For the remaining 17 catchments, samples are collected fortnightly (Staudinger et al., 2020). Isotopes in precipitation were not measured at their catchments-set: $\delta^{18}O$ values from monthly cumulative precipitation samples were interpolated from long-term observations at nearby monitoring stations (von Freyberg et al., 2018). In the Noce Bianco at Pian Venezia (NBPV) catchment, stream water samples were collected both manually and automatically (by an ISCO sampler) at the daily or subdaily timescale during summer (Zuecco et al., 2019; Ceperley et al., 2020). In the Bridge Creek Catchment (BCC), stream water samples were collected manually during selected rainfall and snowmelt events, and approximately monthly from May to October 2011–2016 (Penna et al., 2016, 2017; Ceperley et al., 2020). Both for NBPV and BCC bulk samples of rain water were collected monthly at the outlet of the catchment by 5-L bottles equipped with a funnel and a layer of mineral oil to prevent evaporation, whereas snow samples were collected using an aluminum cylinder, inserted vertically from the surface to a depth of 20 cm (Zuecco et al., 2019; Penna et al., 2016). In the Vallon de Nant (VdN) catchment, stream water samples were collected both manually and automatically (by an ISCO sampler). Bulk rain samples were weekly or biweekly collected for isotopic analyses using funnels flowing into insulated bags at three locations (1253, 1500 and 2100 m a.s.l.) between June 2016 and November 2018. Between February 2016 and April 2018, snow samples were collected from the entire snow profile at various locations in the catchment (Ceperley et al., 2020). Finally, for DOR and SOU catchments, stream water samples were manually collected at the outlet points at the monthly timescale, while precipitation samples were collected using a double rain and snowfall isotope sampler installed on a pole 3.7 m high with the same time-resolution.

Additional information on the DOR ans SOU catchments

Dora del Nivolet (DOR) catchment has a catchment area of about 17 km² and its elevation ranges from 2390 to 3430 m a.s.l. Average annual precipitation in the period November 2017- January 2022 was about 1800 mm. We monitor precipitation every month with a rain gauge located at roughly 2560 m a.s.l. We measure streamflow continuously (10 min timestep) at the DOR outlet point and in a lateral subcatchment, on the left bank of the mainstream, using piezo-resistive multi-sensors. We call this lateral subcatchment "Source" (SOU), since it is characterized by water emerging from underground. The SOU subcatchment extends for roughly 0.16 km² and its elevation ranges from 2390 to 2790 m a.s.l. The DOR catchment experiences a snow-dominated hydro-climatic regime with the snowpack generally persisting from mid-November to mid-May when the snowmelt starts. Since the snowpack melts during the growing season, it uncovers a typical alpine meadow home to plant species including Gentiana Lutea L., Juniperus Communis L., Vaccinium Myrtillus L., Salix Alpina Scop. and Trifolium Alpinum L. The lithology of DOR is dominated by gneiss. Bedrock emerges at high elevations, while at medium elevations talus dominates. At lower elevations we find the alpine meadow, characterized by peat substrate, through which the mainstream flows. Water samples for isotopic analysis are collected

of both bulk precipitation and stream water at a monthly time resolution. All precipitation and stream water samples were analyzed with laser spectroscopy at the Forest Hydrology laboratory of University of Padova (Italy).

We apply the methodology described in Section 3.1 of the main text to estimate the young water fraction in DOR and SOU catchments. The flow-weighted young water fractions (F^*_{yw}) are 0.18 ± 0.03 and 0.11 ± 0.03 for DOR and SOU catchments, respectively. The F^*_{yw} results for these two high-elevation catchments agree with F^*_{yw} estimated by Jasechko et al. (2016), Lutz et al. (2018), Ceperley et al.(2020), who found less young streamflow in mountains than in other landscapes.

Figure S1. A) Panoramic view of the Dora del Nivolet (DOR) catchment. © Google Earth B) Outlet point of the Dora del Nivolet catchment where streamwater samples are manually collected. C) Dora del Nivolet catchment during winter D) Rain and snowfall isotope sampler (preventing evaporation) installed on a pole 3.7 m high.

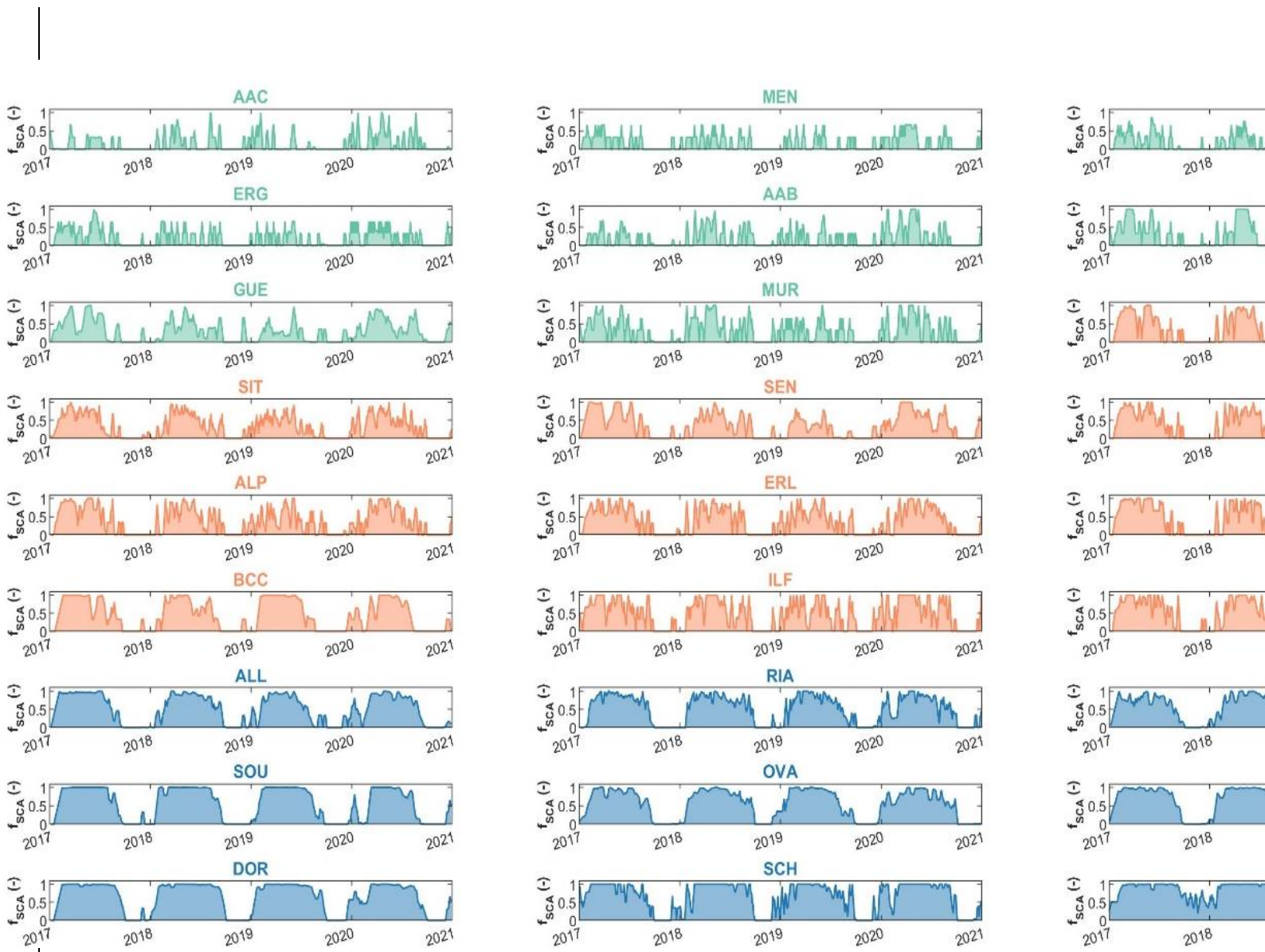



Figure S2.

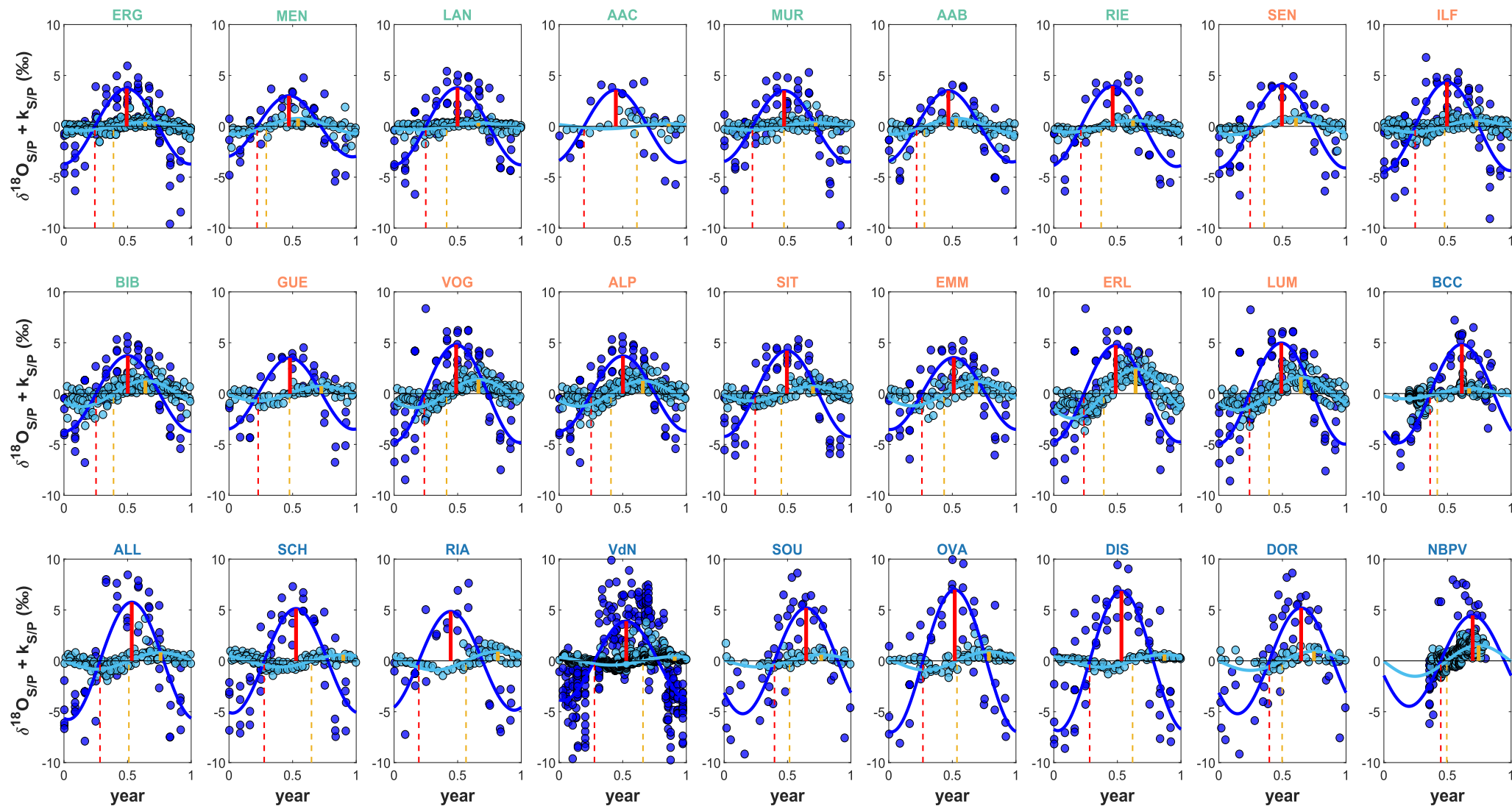
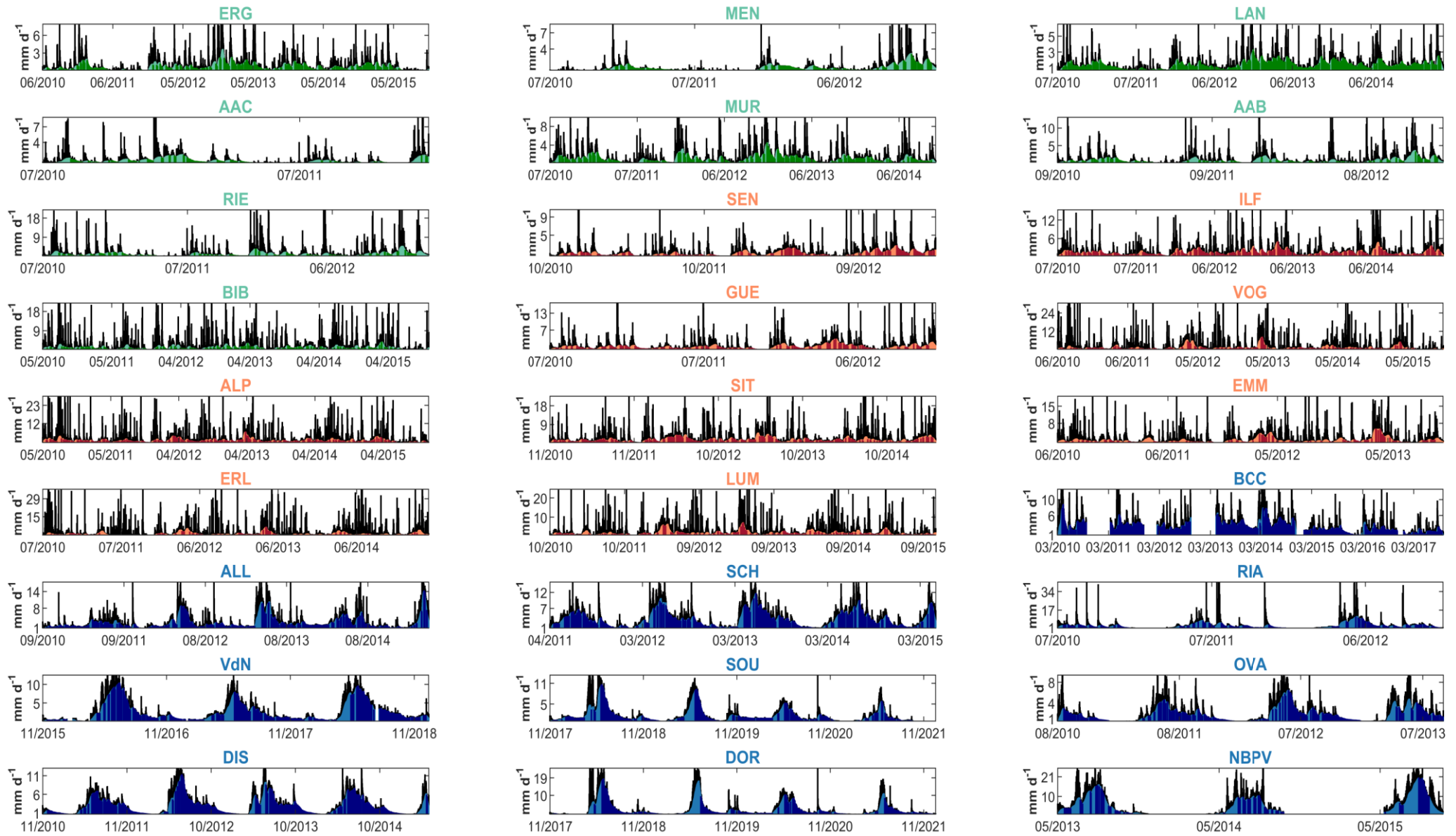



Figure S2. Sinusoidal cycles (lines) fitted to the δ¹⁸O data (points) using IRLS: dark blue color refers to precipitation, light blue color refers to streamwater. Amplitudes (continuous lines) and phases (dotted lines) are indicated in the figure: red color refers to precipitation, yellow color refers to streamwater.

f_{SCA} timeseries for all the study sites.

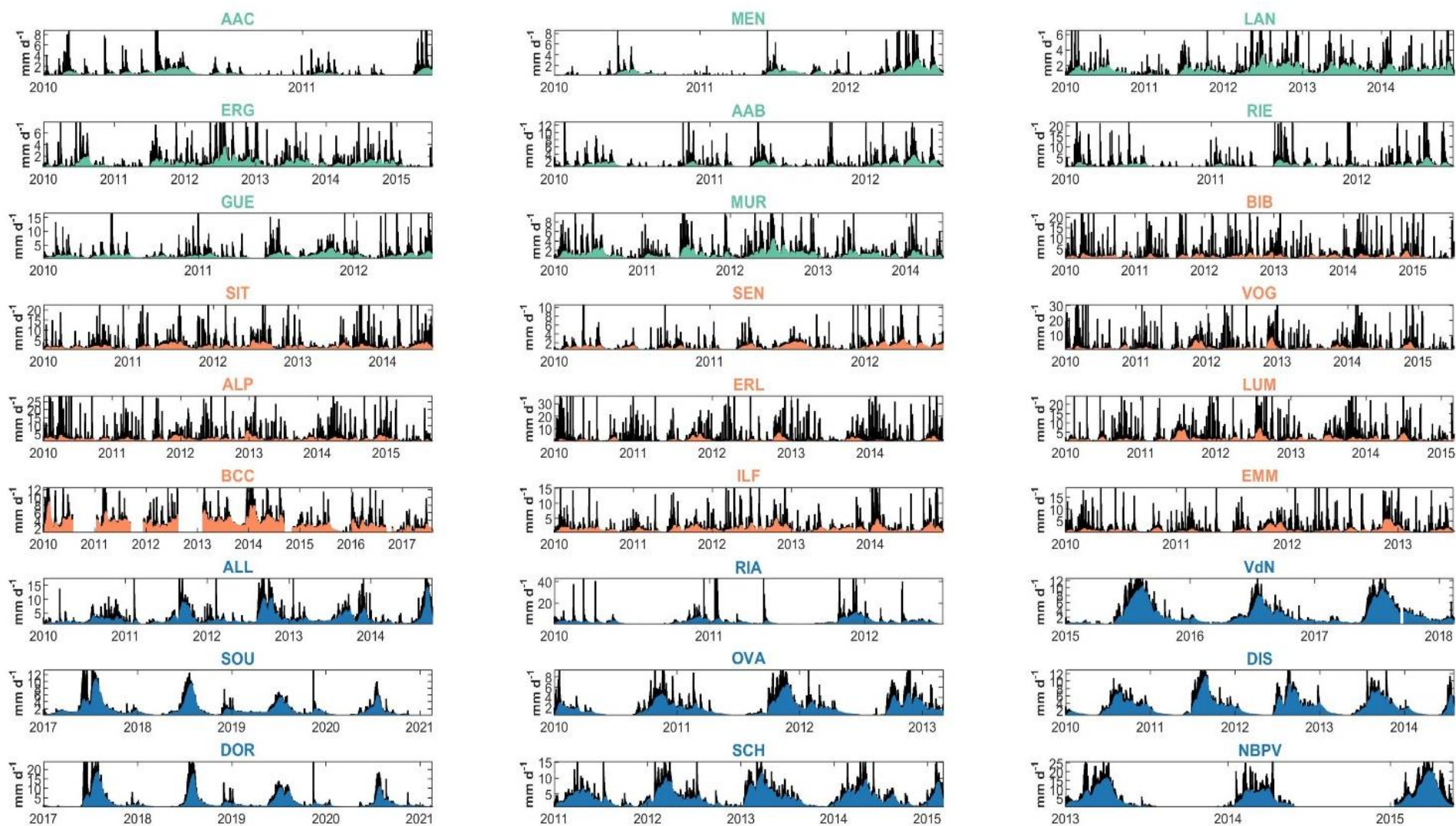



Figure S3. Baseflow separation using the Duncan (2019) filter for all the study sites. The darker color indicates low-flow periods.

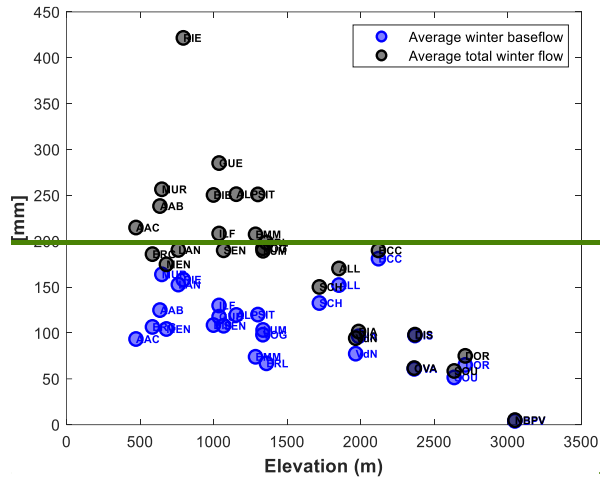
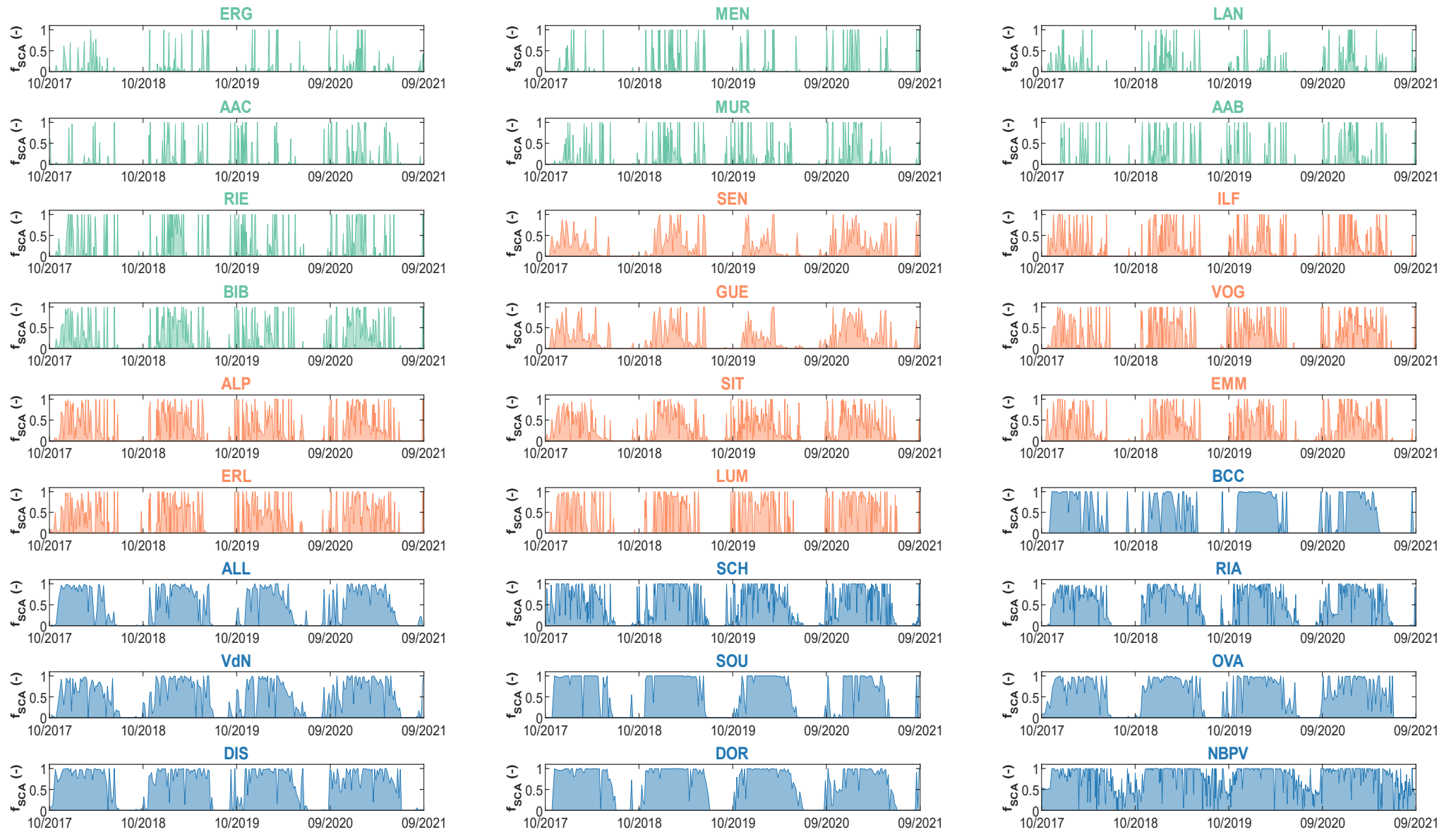



Figure S4. *f_SCA* timeseries for all the study sites.

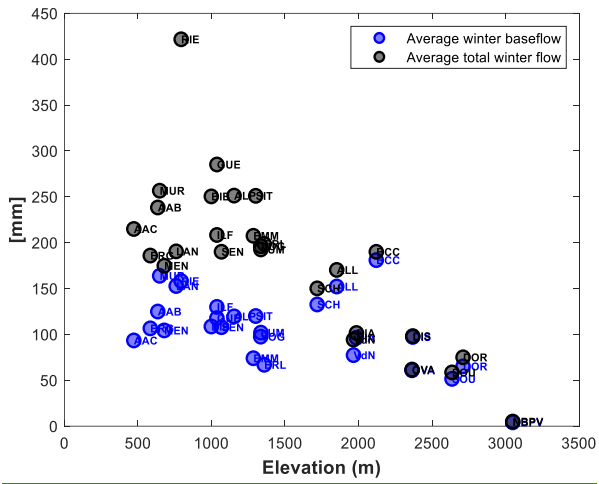



Figure S5. Winter baseflow and total winter flow against elevation.

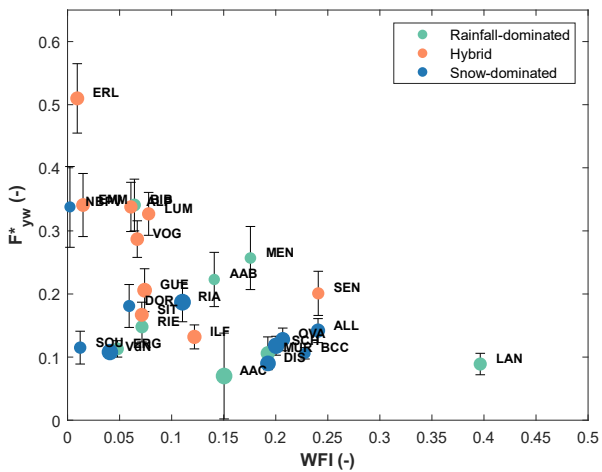
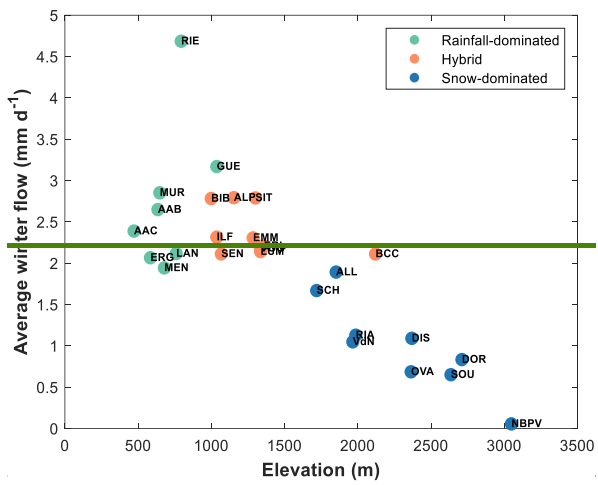



Figure S6. Young water fraction against Winter Flow Index. Points dimension is proportional to τ_{yw}.

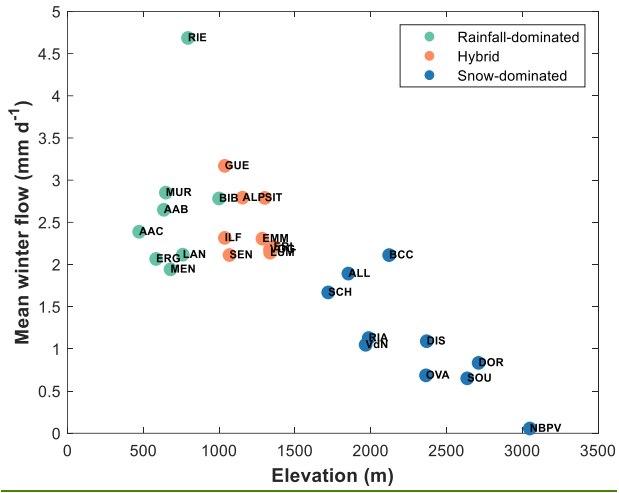
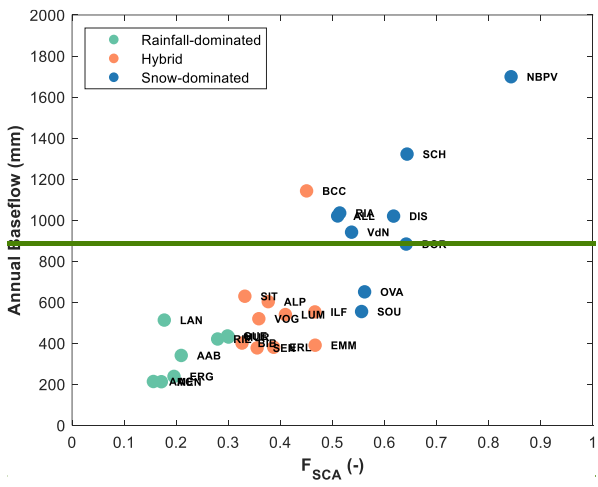



Figure S7. Mean ~~Figure S5. Average~~ **winter discharge against elevation.**

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~~**Figure S6. Annual baseflow against F_{SCA}**~~

Table S1. Summary of catchments characteristics. CH: Switzerland, ITA: Italy, R: rainfall-dominated, H: hybrid, S: snow-dominated.

ID	Catchment Name	Nation	Area GEE (km²)	Area (published) (km²)	Average Slope (°)	F_{yw} (-)	F_{qd} (-)	F_{bf} (-)	WFI (-)	F_{SCA} (-)	Q_{June}/Q_{DJF} (-)	hydro-climatic regime (this paper)	hydro-climatic regime (Staudinger et al., 2017)
AAB	Aabach	CH	46.07	49.00	5.73	0.22	0.41	0.71	0.14	0.21	0.33	R	R
AAC	Aach	CH	47.25	50.00	4.02	0.10	1.00	0.73	0.15	0.16	0.22	R	R
ALL	Allenbach	CH	28.71	28.80	25.48	0.11	0.64	0.84	0.24	0.51	1.51	S	S
ALP	Alp	CH	46.59	46.50	16.50	0.35	0.61	0.69	0.06	0.38	0.50	H	H
BCC	Bridge Creek Catchment	ITA	0.14	0.14	22.88	0.11	0.00	0.87	0.23	0.45	0.62	H	-
BIB	Biber	CH	31.83	31.60	12.43	0.39	0.61	0.65	0.06	0.32	0.39	H	R
DIS	Dischmabach	CH	42.75	43.20	26.28	0.10	0.56	0.89	0.19	0.62	4.51	S	S
DOR	Dora	ITA	16.99	-	19.37	0.16	0.24	0.85	0.06	0.64	6.32	S	-
EMM	Emme	CH	124.03	127.00	19.71	0.32	0.53	0.60	0.01	0.47	0.33	H	H
ERG	Ergolz	CH	260.47	261.20	13.86	0.14	0.50	0.75	0.05	0.20	0.21	R	R
ERL	Erlenbach	CH	0.74	0.70	13.53	0.49	0.74	0.50	0.01	0.39	0.84	H	H
GUE	Guerbe	CH	55.23	55.40	16.84	0.18	0.80	0.71	0.07	0.29	0.62	R	H
ILF	Ilfis	CH	186.94	187.90	19.36	0.12	0.69	0.77	0.12	0.47	0.37	H	H
LAN	Langeten	CH	59.76	60.30	10.08	0.07	0.98	0.87	0.40	0.18	0.29	R	R
LUM	Lümpenenbach	CH	1.20	0.90	12.49	0.33	0.90	0.66	0.08	0.41	0.80	H	H
MEN	Mentue	CH	105.02	105.00	6.19	0.26	0.93	0.79	0.18	0.17	0.16	R	R
MUR	Murg	CH	79.92	76.80	10.52	0.13	0.62	0.77	0.19	0.30	0.23	R	R
NBPV	Noce Bianco at Pian Venezia	ITA	8.39	8.40	23.27	0.34	0.24	0.70	0.00	0.84	65.82	S	-
OVA	Ova da Cluozza	CH	26.87	26.90	32.73	0.14	0.41	0.85	0.21	0.56	3.74	S	S
RIA	Riale di Calneggia	CH	23.85	23.90	32.93	0.22	0.43	0.84	0.11	0.51	2.16	S	S

RIE	Rietholzbach	CH	3.18	3.20	13.23	0.20	0.21	0.68	0.07	0.28	0.30	R	R
SCH	Schaenen	CH	107.61	107.90	28.78	0.18	0.62	0.85	0.20	0.64	1.54	S	S
SEN	Sense	CH	350.24	351.20	15.35	0.29	0.50	0.75	0.24	0.36	0.42	H	H
SIT	Sitter	CH	74.23	88.20	22.15	0.19	0.54	0.68	0.07	0.33	0.44	H	H
SOU	Source	ITA	0.16	-	25.74	0.10	0.00	0.82	0.01	0.56	3.81	S	-
VdN	Vallon de Nant	CH	13.55	13.50	34.00	0.08	0.49	0.84	0.04	0.54	2.85	S	-
VOG	Vogelbach	CH	1.57	1.60	18.42	0.31	0.48	0.66	0.07	0.36	0.94	H	H