

Extension of Ekman (1905) wind-driven transport theory to the β -plane

Nathan Paldor¹ and Lazar Friedland²

¹Fredy and Nadine Herrmann Institute of Earth Sciences, Hebrew University of Jerusalem, Jerusalem, Israel

²Racah Institute of Physics, Hebrew University of Jerusalem, Jerusalem, Israel

Correspondence: Nathan Paldor (nathan.paldor@mail.huji.ac.il)

Abstract. The seminal, Ekman (1905)'s, f -plane theory of wind driven transport at the ocean surface is extended to the β -plane by substituting the pseudo angular momentum for the zonal velocity in the Lagrangian equation. When the β term is added, the equations become nonlinear, which greatly complicates the analysis. Though rotation relates the momentum equations in the zonal and the meridional directions, the transformation to pseudo angular momentum greatly simplifies the longitudinal dynamics, which yields a clear description of the meridional dynamics in terms of a slow drift compounded by fast oscillations, which can then be applied to describe the motion in the zonal direction. Both analytical expressions and numerical calculations highlight the critical role of the equator in determining the trajectories of water columns forced by eastward directed (in the northern hemisphere) wind stress even when the water columns are initiated far from the equator. Our results demonstrate that the averaged motion in the zonal direction depends on the meridional oscillations and it is independent of the direction of the wind stress. The zonal drift is determined by a balance between the initial conditions and the magnitude of the wind stress so for some initial conditions it is as large as the mean meridional motion i.e., the averaged flow direction is not necessarily perpendicular to the wind direction.

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1 Introduction

The seminal theory of wind driven transport at the ocean surface was developed about 120 years ago by the Swedish oceanographer Vagn Walfrid Ekman for the highly idealized case of constant Coriolis frequency – the f -plane. The Ekman (1905) theory addresses the downward spiraling horizontal velocity in the ocean's surface and its vertical integral – the transport. Ekman's elegant solution of the problem has become a textbook material in physical oceanography, dynamical meteorology and geophysical fluid dynamics (see e.g. Gill, 1982; Pedlosky, 1987; Vallis, 2017). For uniform wind stress the dynamics on the f -plane consists of two parts: A steady flow to the right/left of the wind direction in the northern/southern hemisphere and inertial oscillations (of frequency f_0 – the constant Coriolis frequency). However, though it is one of the cornerstones of atmosphere and ocean dynamics, the theory was never extended to include the latitudinal increase in the Coriolis frequency,

known as the β effect, which is the focus of the present study. In contrast to the β -plane, in spherical coordinates the theory of wind-driven transport was studied numerically in Constantin and Johnson (2019) and Paldor (2002) but due to the complexity of the governing equations in these coordinates, the numerical solutions have not yielded analytic understanding. With the wind-driven dynamics on the f -plane fully understood and quantified, the β -plane offers an in-between set-up where analytical insight can complement the numerical solutions.

For given wind-stress forcing the known general differences between the dynamics on the f -plane and β -plane suggest heuristically that the extension of Ekman's transport theory to the β -plane should include the following qualitative elements:

1. An increase/decrease in mean meridional velocity for an eastward/westward directed stress due to the decrease/increase in Coriolis frequency when the water column moves southward/northward.
2. The frequency of oscillation about the mean velocity should decrease/increase (so oscillation period should increase/decrease) due to the decrease/increase in Coriolis frequency along the trajectory (for an eastward directed stress in the northern hemisphere while the opposite changes occur for westward directed stress and in the southern hemisphere).
3. Since the oscillation's frequency and amplitude are inversely correlated (energy flux is unchanged) a decrease in frequency should lead to an increase in amplitude and vice versa.
4. Since inertial oscillations, that form a perfectly circular motion on the f -plane, drift westward on the β -plane the averaged zonal motion should drift to the west. A heuristic reasoning of the westward drift in terms of the change in the radius of the inertia circle was proposed by Von Arx (1964) and complete quantitative theories of the drift were developed in Ripa (1997) and Paldor (2007).

The numerical solutions of the governing Lagrangian equations (see section 2 below) shown in figure 1 fully confirm the first 3 expectations listed above but contradict the fourth one – for both westward (right panel) and eastward (left panel) stresses, the trajectories drift to the east. From the particular example shown in figure 1 it is unclear whether the eastward transition is a general feature of the wind driven dynamics on the β -plane or a specific occurrence related to the particular choice of initial conditions and/or parameter values.

In addition to resolving the issue of the zonal drift and quantifying the various rates of changes, the present study also addresses the equatorial problem that exists only on the β -plane. This equatorial issue can be described as follows: An eastward directed stress in the northern hemisphere forces a net southward directed mean flow which, on the β -plane, is accompanied by a decrease in the Coriolis frequency. Thus, at some time the wind forced water column must find itself in a latitude where the Coriolis frequency vanishes – the equator. From that point onward the water column is subject to non-rotating dynamics and must move eastward at an accelerated velocity. In the rest of this work we will estimate the time it takes the water column to change its dynamics from rotating to non-rotating and analyze how the two dynamical regimes connect with one another.

The work is organized as follows: In section 2 we nondimensionalize the governing Lagrangian equations and simplify them by substituting the pseudo angular momentum for the zonal velocity. The simplified system is analyzed in section 3 and the work concludes with a discussion and summary in section 4.

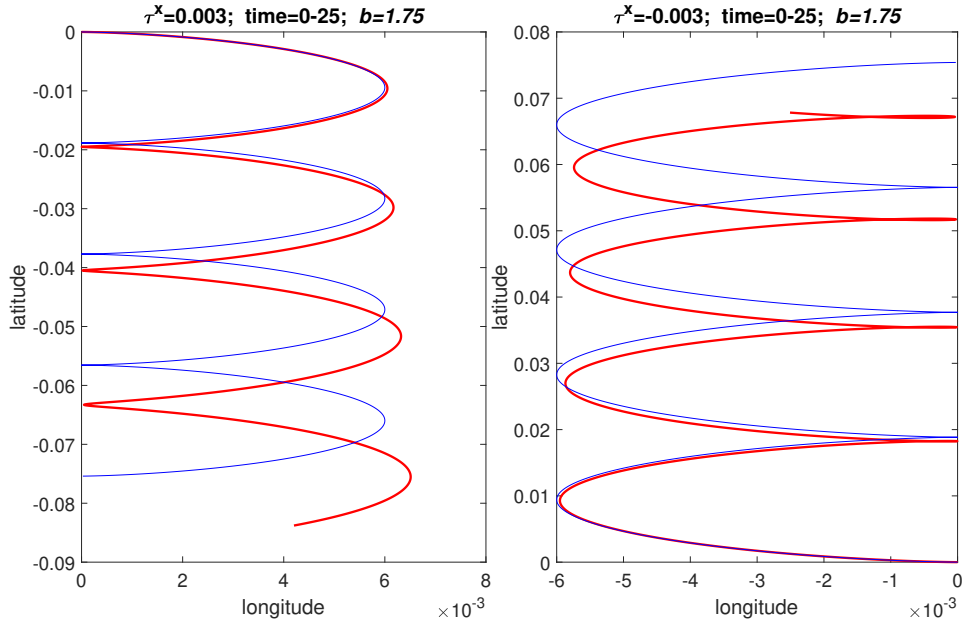


Figure 1. The (longitude, latitude) trajectories of water columns at the ocean surface subject to westward directed (right panel) and eastward directed (left panel) wind stress on the f -plane (blue curves) and on the β -plane (red curves). The time unit is the inverse of the mean Coriolis frequency and the longitude and latitude distances are scaled on Earth's radius. The value of b (scaled β) corresponds to 30° latitude. The scaling of the wind stress (τ^x) is detailed in section 2. Both trajectories start from $(x, y) = (0, 0)$ located at the bottom-right point in the right panel and at the upper-left point in the left panel

2 The Nondimensional Model

The time-dependent trajectory of a column of water in the surface Ekman layer forced by the overlying uniform wind stress on the f -plane is a fundamental problem of Physical Oceanography that is fully described in most textbooks (Gill, 1982; Pedlosky, 1987; Vallis, 2017). The governing Lagrangian equations that describe the dynamics of vertically integrated horizontal velocity components consist of the momentum equations in the zonal and meridional directions and the (trivial) relations between these velocity components and the changes in the coordinate of the moving column i.e.:

$$\frac{dx}{dt} = U, \quad \frac{dy}{dt} = V, \quad \frac{dU}{dt} = fV + \frac{\tau^x}{\rho}, \quad \frac{dV}{dt} = -fU. \quad (1)$$

Here τ^x is the uniform zonally directed wind stress (which is positive/negative for eastward/westward directed wind, respectively), ρ is the water density, $f = f_0 + \beta y$ is the Coriolis parameter (where $f_0 = 2\Omega \sin(\phi_0)$, $\beta = 2\Omega \cos(\phi_0)/a$ with a and Ω – Earth's radius and rotation frequency, respectively and ϕ_0 – the latitude where the plane is tangential to Earth), U and V are the vertically integrated horizontal velocity components in the eastward and northward directions, respectively, and x and y are the respective coordinates in these directions. The only added complication of this system relative to that studied in details in e.g. chapter 9 of Gill (1982) is that here the Coriolis frequency, f , in the momentum equations is y -dependent.

The 4-dimensional system (1) can be easily integrated numerically but the general properties of its solutions can be best
70 deciphered by reducing the number of its free parameters. This is done by scaling time, t , on $\frac{1}{f_0}$, x and y on a so the velocity
scale is $f_0 a$ and the scale for the vertically integrated transport U and V is $f_0 a H$ where H is the depth (thickness) of the
Ekman layer. With this scaling the nondimensional Coriolis frequency is $1 + by$ where $b = \frac{\beta a}{f_0} = \cot(\phi_0)$ is the nondimensional
 β . The system is further simplified by replacing U by the pseudo angular momentum, defined as $D = U - y(1 + \frac{b}{2}y)$ in
nondimensional units. As was shown by Paldor (2007) when $\tau^x = 0$ i.e., in the Inertial case, D is conserved. We note that in
75 spherical coordinates the conservation of angular momentum, which is the spherical counterpart of D , yields a simple relation
between the zonal velocity and the latitude (Paldor, 2001). Formally, a similar quantity relating the zonal velocity, U , and the
meridional coordinate, y , can also be derived in Cartesian coordinates but, unlike spherical coordinates, this conserved quantity
is not the angular momentum. With these changes system (1) transforms to:

$$\frac{dx}{dt} = D + y(1 + \frac{b}{2}y), \quad (2)$$

$$80 \quad \frac{dy}{dt} = V, \quad (3)$$

$$\frac{dD}{dt} = \Gamma, \quad (4)$$

$$\frac{dV}{dt} = -(1 + by)(D + y(1 + \frac{b}{2}y)). \quad (5)$$

Here t , x , y and V denote the nondimensional counterparts of the dimensional variables denoted by the same symbols
in system (1) and, as explained above, $D = U - y(1 + \frac{b}{2}y)$ is the nondimensional pseudo angular momentum. Equation (4)
85 confirms that D is indeed conserved when $\Gamma = 0$. The solutions of this system are determined by the 4 required initial conditions
and the 2 parameters: $b = \frac{\beta a}{f_0} = \cot(\phi_0)$ – the nondimensional β and $\Gamma = \frac{\tau^x}{\rho f_0^2 a H}$ – the constant, nondimensional, surface wind
stress. The value of b at $\phi_0 = 30^\circ$ is 1.75 and for realistic values of $\tau^x / \rho \approx 2 \times 10^{-4} m^2 s^{-2}$, $f_0 = 10^{-4} s^{-1}$ and $H = 30m$
 $\Gamma = 10^{-3}$ so the theory should be applicable to b of $O(1)$ and $\Gamma \ll 1$. The sign of Γ is that of τ^x – positive for eastward
directed stress and negative for westward directed stress.

90 We solve this system by starting at the origin of the β -plane, i.e. $x(0) = y(0) = 0$ and assume that the initial $V(0)$ and $D(0) =$
 $U(0)$ are sufficiently small. The numerical solutions presented below are initiated with $D(0) = 0$ and $V(0) \neq 0$. However, the
definition of D implies that trajectories emanating from $D(0) \neq 0$ and $y(0) = 0$ can also be calculated starting from $D(0) = 0$
and a suitable $y(0) \neq 0$. Note that the choice $D(0) = 0$ does not restrict the generality of our solutions since the shift of time
from t to $t' = t + D(0)/\Gamma$ yields $D(t' = 0) = 0$ so $D(0) = 0$ can be assumed. The analysis of the solutions of system (2) – (5)
95 including numerical examples are presented in the next section.

3 Analysis

The analysis of system (2)-(5) begins with the (V, y) subsystem, i.e. equations (3) and (5) along with the (trivial) solution
 $D = \Gamma t$ of (4). The derived solution of $y(t)$ will then be substituted in Eq. (2) to yield the zonal propagation speed. First, we

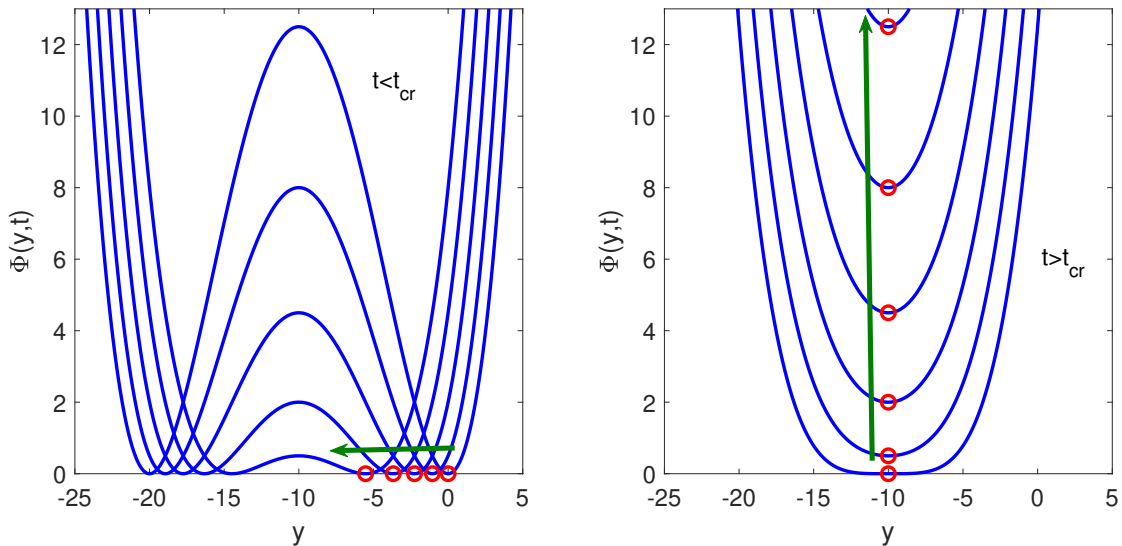


Figure 2. The change in the potential $\Phi(y, t)$ for $b = 0.1$ and $\Gamma = 0.1$ at $t = 0, 10, 20, \dots, 100$. The direction of increase in time is indicated by the green arrows for $t < t_{cr}$ (left panel) and $t > t_{cr}$ (right panel). The minima, y_m^+ , of the potentials are indicated by red circles

combine equations (3) and (5) to the single second-order equation

$$100 \quad \frac{d^2 y}{dt^2} = -(1 + by) \left[D + y \left(1 + \frac{b}{2} y \right) \right]. \quad (6)$$

We will discuss solutions of this equation for initial conditions in the vicinity of $y = dy/dt = V = 0$ and assume that Γ is sufficiently small [for the smallness condition see equation (A3) in the Appendix]. We proceed by rewriting Eq. (6) as

$$\frac{d^2 y}{dt^2} = - \frac{\partial \Phi(y, t)}{\partial y} \quad (7)$$

where

$$105 \quad \Phi(y, t) = \frac{1}{2} \left[\Gamma t + y \left(1 + \frac{1}{2} by \right) \right]^2. \quad (8)$$

Equation (7) describes the dynamics of a quasi-particle in a slowly (for small Γ) time varying quasi-potential well $\Phi(y, t)$. In figure 2 we illustrate this potential for $\Gamma = b = 0.1$ at times $t = 0, 10, 20, \dots, 100$. The minima of these potentials, denoted collectively by y_m , are given by the 3 roots of:

$$\frac{\partial \Phi}{\partial y} \Big|_{y=y_m} = \left[\Gamma t + y_m \left(1 + \frac{1}{2} by_m \right) \right] (1 + by_m) = 0. \quad (9)$$

110 Two cases should be considered depending on time being below or above the critical time

$$t_{cr} = \frac{1}{2b\Gamma}. \quad (10)$$

For $t < t_{cr}$, there exist two minima defined by $\Gamma t + y_m(1 + \frac{1}{2}by_m) = 0$, i.e.,

$$y_m^\pm = \frac{1}{b}(-1 \pm \sqrt{1 - 2b\Gamma t}) \quad (11)$$

while for $t > t_{cr}$, there exists a single minimum located at

$$115 \quad y_m^0 = -\frac{1}{b}. \quad (12)$$

The direction of evolution of y_m^+ in time and its transformation to y_m^0 (red circles in figure 2) are indicated by the green arrows for $t < t_{cr}$ (left panel) and $t > t_{cr}$ (right panel) in figure 2.

The main idea of the following analysis is that since the system starts *near* $y = dy/dt = V = 0$, i.e. near the minimum of the potential, y_m^+ , by the adiabatic theory (see pages 531-535 in Goldstein, 1980) it will *stay near* this minimum for $t < t_{cr}$.

120 At $t = t_{cr}$, y_m^+ transforms into y_m^0 and therefore at all $t > t_{cr}$, the system remains near y_m^0 . Thus, the column remains near the minimum of Φ at all times, while this minimum is slowly decreasing for $t < t_{cr}$ and stays constant for $t > t_{cr}$. Since the trajectory originates near the minimum y_m^+ and since for small Γ the variation of the potential is slow (see Eq. (9)), we expect the solution for y to be of the form

$$y = y_m(t) + \delta y \quad (13)$$

125 where $y_m(t)$ starts at y_m^+ and later (i.e. at $t = t_{cr}$) transforms into y_m^0 and δy is a small perturbation. We substitute this form of solution into Eq. (6) and rewrite the resulting equation as

$$\frac{d^2 \delta y}{dt^2} = F - \omega_0^2(t) \delta y - A \delta y^2 - B \delta y^3 \quad (14)$$

where $F = -d^2 y_m / dt^2$ is an inhomogeneous forcing term and the coefficients of the other 3 terms on the RHS of this equation are:

$$130 \quad \omega_0^2(t) = \begin{cases} (1 + by_m^+)^2 = 1 - 2b\Gamma t, & t < t_{cr} \\ b\Gamma t - 1/2, & t > t_{cr} \end{cases} \quad (15)$$

$$A = \begin{cases} (3/2)b\omega_0, & t < t_{cr} \\ 0, & t > t_{cr} \end{cases} \quad (16)$$

and

$$B = \frac{1}{2}b^2.$$

135 In the present model, equation (11) implies $d^2 y_m^+ / dt^2 = -b\Gamma^2(1 - 2b\Gamma t)^{-3/2}$ so $F = -d^2 y_m^+ / dt^2 > 0$ for $t < t_{cr}$. The second term on the RHS of Eq. (14) describes linear oscillations having slowly varying frequency $\omega_0(t)$, while the third and fourth terms represent the effect of small anharmonicity of the potential well near the minimum. Note that for $y_m = y_m^+$ the term $y_m^+(t)$ in Eq. (13) describes slow monotonic variation of the latitude shown by the green curves in our example in figure 2 at

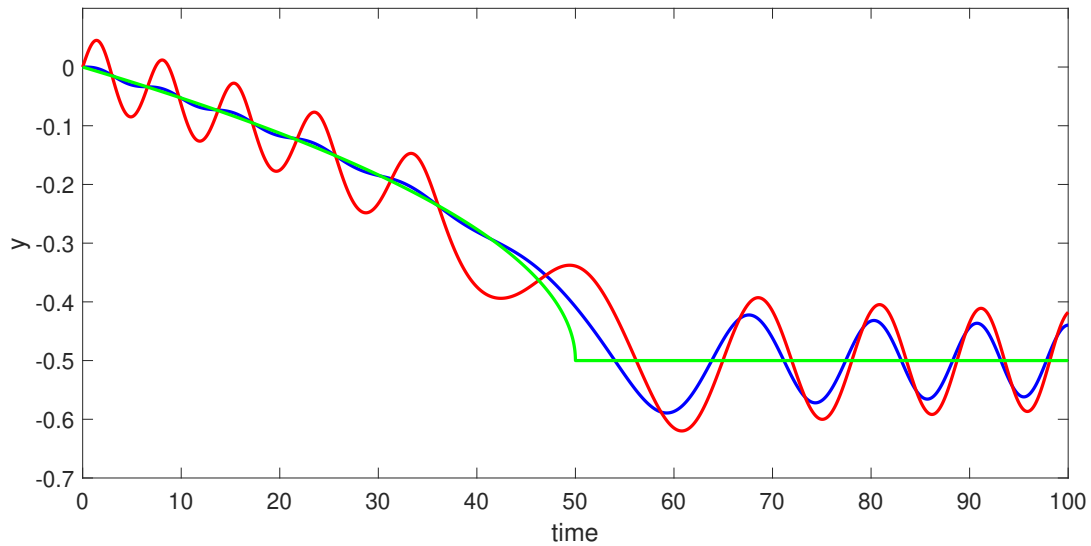


Figure 3. Numerical solutions of $y(t)$ in system (2) - (5) starting from $x = y = V = D = 0$ (blue curves) and from $x = y = D = 0$, but $V = 0.05$ (red curves) for $b = 2$ and $\Gamma = 0.005$. The green curve shows the evolution of $y_m(t)$.

$t < t_{cr}$. No such variation exists at $t > t_{cr}$ since then $y_m = y_m^0 = const$. As will be shown below, the nonlinear terms in (14) mostly affect the zonal drift in x .

Importantly, for constant parameters ω_0 , A and B the solution of Eq. (14) can be found in textbooks (see e.g. pages 86-87 in Landau and Lifshitz, 1982) and it has the form

$$\delta y = \frac{F}{\omega_0^2} + a \cos \psi - \frac{Aa^2}{2\omega_0^2} + \frac{Aa^2}{6\omega_0^2} \cos(2\psi) + O(a^3), \quad (17)$$

where $\psi = \omega t + \phi_0$, ϕ_0 takes into account initial conditions, and

$$\omega = \omega_0 + \left(\frac{3B}{8\omega_0} - \frac{5A^2}{12\omega_0^3} \right) a^2. \quad (18)$$

Therefore, δy includes harmonic oscillations of amplitude a and $O(a^2)$ corrections and oscillation frequency ω (that includes an $O(a^2)$ correction to ω_0). As is shown in the Appendix, when ω_0 is a slow function of time as in our case [$d\omega_0/dt \sim O(\Gamma)$], the solution (17) remains the same, but ψ is replaced by $\psi = \int \omega dt + \phi_0$ and the oscillation's amplitude a becomes a slow function of time such that $\omega a^2 = const$.

Figure 3 shows the numerical solutions of $y(t)$ for two slightly different initial conditions. As predicted, both the blue curve (column initiated with $x = y = V = D = 0$) and red curve (column initiated with $x = y = D = 0$ and $V = 0.05$) oscillate about the evolution curve of y_m (green curve). The results show that away from the equator (i.e. for $t < t_{cr}$) the amplitude of oscillations is larger when $V \neq 0$. This completes our solution for the latitude, y , and we proceed to the longitudinal dynamics.

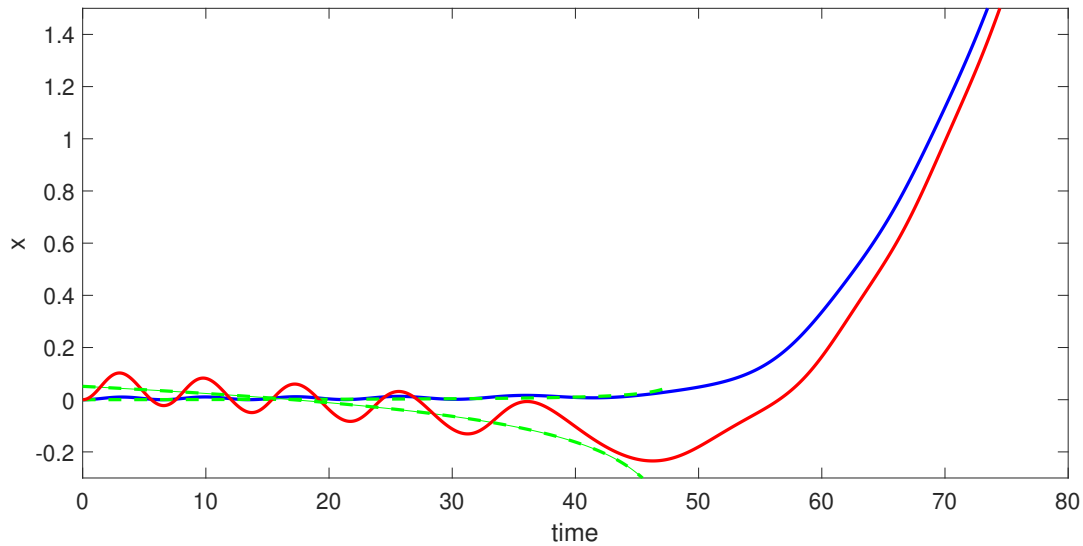


Figure 4. Numerical solutions of $x(t)$ in system (2) - (5) starting from the same initial conditions as in figure 3 for the blue and red curves. The green curves show the monotonic evolution (averaged over oscillations) of x described by the theory developed here for two different values of $a(t = 0)$.

The dynamics in the zonal direction, x , is governed by Eq. (2) which after substitution of (13) becomes

$$155 \quad \frac{dx}{dt} = \left[D + y_m \left(1 + \frac{b}{2} y_m \right) \right] + (1 + b y_m) \delta y + \frac{b}{2} \delta y^2. \quad (19)$$

Here again we consider two cases. For $t < t_{cr}$, $D + y_m^+ (1 + \frac{b}{2} y_m^+) = 0$ and, therefore, by averaging in time (i.e. neglecting oscillatory components due to δy) and using Eqs. (17) and (15) we get

$$\frac{d\langle x \rangle}{dt} = -\frac{ba^2}{2} + \frac{F}{\omega_0}. \quad (20)$$

This equation shows that the average zonal drift is a nonlinear phenomenon in terms of the amplitude of oscillation. Since, as
 160 was shown above, $F > 0$ for $t < t_{cr}$, the drift is determined by the balance between $ba^2/2$ (determined by the initial displacement from the fixed point $V = 0, D = 0, y = y_m^+$) and $F (\propto \Gamma^2/\omega_0)$. Thus, the sign (direction) of the drift is independent of the sign of Γ . In contrast, for $t > t_{cr}$, $y_m^0 = -1/b$, so $D + y_m^0 (1 + \frac{b}{2} y_m^0) = \Gamma t - 1/(2b)$ and therefore,

$$\frac{d\langle x \rangle}{dt} = \Gamma t - \frac{1}{2b} + \frac{1}{4} ba^2. \quad (21)$$

Figure 4 displays numerical solutions of $x(t)$ in system (2) - (5) starting from the same initial conditions as in figure 3 for the
 165 blue and red curves. The green curves show the monotonic evolution (averaged over oscillations) of x described by the theory developed here for two different values of $a(t = 0)$. As predicted, the zonal drift on the equator is positive and monotonic.

Figure 5 compares the $(x(t), y(t))$ trajectories emanating from different initial velocities V for eastward directed (solid curves) and westward directed (thin curves) wind stresses of identical magnitude. The various curves clearly demonstrate the

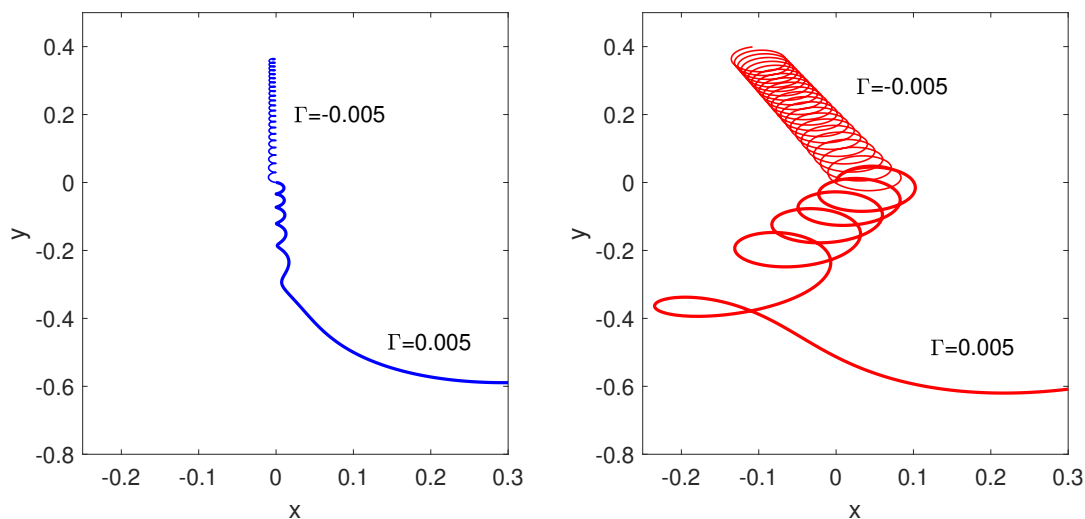


Figure 5. The different water column trajectories for $b = 2$, initial conditions $x = y = D = 0$ and different initial velocities, V . Left panel (blue curves): $V(t = 0) = 0.00$; Right panel (red curves): $V(t = 0) = 0.05$. The values of Γ are noted near each of the curves: thin curves denote negative (westward directed) stresses and thick curves denote positive (eastward directed) stresses.

effect of both the wind stress direction and the initial velocity. Trajectories emanating with $V = 0$ (left panel) are very similar to those on the f -plane until one reaches the equator (which is completely missing from the f -plane dynamics) where a trajectory consists of a steady translation and oscillations. In accordance with the intuitions presented in the Introduction on the f -plane the oscillation's (inertial) frequency changes with latitude i.e. increasing/decreasing in northward/westward directed trajectories while the oscillation's amplitude follows the opposite pattern. As expected, the zonal drift of the oscillations in the right panel of figure 5 is independent of the sign of Γ as it is determined by the balance between the initial deviation from $V = 0$ and Γ^2 .

175 4 Discussion and Summary

The two simple limits of $b = 0$ (Ekman transport on the f -plane) and $\Gamma = 0$ (inertial trajectories on the β -plane) should be discussed as special cases of the involved theory presented here. These limits are well known in physical oceanography but they were never presented as limits of a single dynamical system.

In the $b = 0$ limit (wind forced transport on the f -plane) the potential in (8) becomes $\Phi(y) = \frac{1}{2}(D + y)^2$ (recall: $D = \Gamma t$). This potential has a single minimum at $y^f = -D$ and the frequency of oscillation near this point is $\omega^f = 1$. Near y^f the potential, Φ , is identical to that of a Harmonic Oscillator: $\frac{1}{2}(y - y^f)^2$. The substitution $b = 0$ leaves equation (4) unchanged so $D = \Gamma t$ i.e. $y^f = -D$ must decrease (or increase depending on the sign of Γ) indefinitely at the same rate as Γ . Thus the potential Φ simply translates in the $+y$ or $-y$ directions without changing its shape.

The $\Gamma = 0$ limit (inertial trajectories on the β -plane) implies, according to equation (4), that D is conserved i.e. it is time-
 185 independent. Thus, system (2) - (5) has two conserved quantities – D and the energy – E . With the increase in the initial
 energy (say by increasing $V(t = 0)$) the inertial trajectory will oscillate in (V, y) while drifting westward (see Ripa, 1997;
 Paldor, 2007) as on the sphere (Paldor, 2001). Equation (20) and the trajectories shown in figure 5 show that the long-term
 westward drift on the β -plane when $\Gamma \neq 0$ is slower than in the inertial, $\Gamma = 0$, case and it is independent of the sign of Γ .

The solutions of the nonlinear system (2) - (5) are determined by the 2 initial conditions ($x = 0 = D$ can be assumed without
 190 loss of generality since x does not affect the dynamics and D can be translated in time) and the values of the two parameters,
 b and Γ (that represent the dimensional parameters β and τ^x , respectively) for a total of 4 parameters! Thus, these solutions
 display a wide range of temporal evolution and this work describes and analyzes the general properties of these solutions and
 illustrates them in numerical examples. In particular, the westward drift of the trajectories can be eastward (as in figure 1 or
 westward (as in figure 5. The sensitive dependence on parameter values (including initial conditions) is a defining property of
 195 nonlinear systems such as that studied here.

The symmetry between y_m^+ and y_m^- in the present theory suggests that for the same wind stress, Γ , the southern hemisphere's
 fixed point will also move towards the equator, i.e. northward. However, in all other respects the evolution near y_m^- is identical
 to that described above for y_m^+ .

The importance of latitudes where the curl of the wind-stress vanishes, that play a fundamental role in (Stommel, 1948)
 200 vorticity based theory of wind driven ocean gyres, can not be captured in extensions of the present Lagrangian theory. However,
 extensions of the present new Lagrangian theory on the β -plane can include variable wind stress, $\tau^x(y)$, which can highlight
 the role played by latitudes where the wind-stress itself vanishes. Furthermore, the extension of the present study to spherical
 geometry using the concepts developed here is an interesting and valuable focus of a future study.

Appendix A: Adiabatic evolution of meridional oscillations and initial conditions

205 In this appendix we discuss adiabatic (slow) evolution of linear longitudinal oscillations described by [see Eq. (14)]

$$\frac{d^2 \delta y}{dt^2} = -\omega_0^2(t) \delta y + \frac{F}{\omega_0^2} \quad (\text{A1})$$

and seek solution of this equation of form

$$\delta y = a(t) \cos\left(\int_0^t \omega_0(t) dt + \phi_0\right) + \frac{F}{\omega_0^2}. \quad (\text{A2})$$

Here ϕ_0 is added to take into account initial conditions and we assume that the change of ω_0 during one period $2\pi/\omega_0$ of
 210 oscillations is small, i.e.

$$\frac{d\omega_0}{dt} \frac{2\pi}{\omega_0} \ll \omega_0 \quad (\text{A3})$$

which is guaranteed if Γ is sufficiently small. This is our adiabaticity criterion. A similar condition, $\frac{da}{dt} \frac{2\pi}{\omega_0} \ll a$, is also assumed for the amplitude of oscillations. Next, we substitute (A2) into (A1) and neglect d^2a/dt^2 to get

$$2 \frac{da}{dt} \omega_0 + a \frac{d\omega_0}{dt} = 0, \quad (\text{A4})$$

215 yielding

$$\omega_0 a^2 = I = \text{Const.} \quad (\text{A5})$$

The constant I (the action) is given by initial conditions. When the nonlinear terms in (14) are included in the analysis, all the derivation of weakly nonlinear solution as described in pages 86-87 of Landau and Lifshitz (1982) is not affected by the replacement of the linear component $a \cos(\omega t + \phi_0)$ by $a(t) \cos(\int_0^t \omega(t) dt + \phi_0)$ in the adiabatic problem which is the basis of
220 solution (17) in section 3.

Finally, the action I , which remains constant all all times, can be calculated from the initial conditions, $\delta y(0)$ and $V(0) = d(\delta y)/dt|_{t=0}$. Using (A2) we have $\delta y(0) = a(0) \cos \phi_0 + F(0)/\omega_0^2(0)$ and $V(0) = -a(0)\omega_0(0) \sin \phi_0$. Then

$$a(0)^2 = \left(\delta y(0) - \frac{F(0)}{\omega_0^2(0)} \right)^2 + \left(\frac{V(0)}{\omega_0(0)} \right)^2 \quad (\text{A6})$$

and

$$225 \quad I = \omega_0(0) \left(\delta y(0) - \frac{F(0)}{\omega_0^2(0)} \right)^2 + \frac{V^2(0)}{\omega_0(0)}. \quad (\text{A7})$$

The case depicted in figures 3 and 4 has $\delta y(0) = 0$, so one gets $a^2(0) = \frac{F^2(0)+V^2(0)}{\omega_0^2(0)}$ and $I = \omega_0(0)a^2(0)$.

Author contributions. The research on the problem was initiated by NP, who also proposed the transformation to the pseudo angular momentum while LF proposed the application of the adiabaticity theory. Both authors contributed equally to the numerical calculations and manuscript preparation.

230 *Competing interests.* The authors declare that they have no conflict of interests

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