Millennial hydrological variability in the continental northern Neotropics during MIS3-2 (59-15 cal ka BP) inferred from sediments of Lake Petén Itzá, Guatemala

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Abstract. Lake Petén Itzá (Guatemala) possesses one of the longest lacustrine sediment records in the northern Neotropics, which enabled study of paleo-climate variability in the region during the last ~400,000 years. We used geochemical (Ti, Ca/(Ti+Fe) and Mn/Fe) and mineralogical (carbonates, gypsum, quartz, clay) data from sediment core PI-2 to infer past changes in runoff, lake evaporation, organic matter sources and redox conditions in the water column, caused by hydrological changes in the northern Neotropics during Marine Isotope Stages (MIS) 3-2. From 57 to 39 cal ka BP climate conditions were relatively wet and the lake was marked by higher primary productivity and anoxic bottom waters. This wet environment is interrupted for two periods of possible low water-level at 52 and 46 cal ka BP when our data suggest higher evaporation, high terrestrial organic matter input and persistent oxic conditions. Between 39 and 23 cal ka BP, evaporation and input of terrestrial organic matter increased considerably, lake level declined and lake bottom waters generally became oxic. These conditions reversed during the Last Glacial Maximum (23.0-18.0 cal ka BP) when runoff and lake productivity increased and rising lake level caused bottom waters to again become anoxic. Comparison of our hydrologic proxy data with sea surface temperature anomalies between the eastern Pacific and the Caribbean suggest that changes in the intensity of the Caribbean Low-Level Jet (CLLJ) may have

influenced long-term changes in runoff during MIS3-2. A higher intensity of the CLLJ during the onset of MIS3 and the LGM might have led to greater runoff into the lake, whereas the MIS3-2 transition experienced a weaker CLLJ and consequently less runoff. A refined, high resolution age-depth model for the PI-2 sediment core enabled us to identify millennial-scale Greenland Interstadials (GI14-2), Greenland Stadials (GS14-2) and Heinrich Stadials (HS5-1). In general, HS and GS were characterized by drier conditions. In contrast to GS and HS, GI were characterized by greater runoff and overall wetter conditions, with the most pronounced GI peaks between 40 and 30 cal ka BP. Whereas GS9, 8, 7 and 6 began with abrupt increases in evaporation and ended with gradual increases in humidity, GS 11 and 10 show reversed patterns. The Lake Petén Itzá paleohydrology record, along with other regional paleoclimate records led us to conclude that shifts in the position of the Intertropical Convergence Zone (ITCZ) altered moisture delivery to the lake on millennial timescales. During GS and HS, high evaporation from Petén Itzá (dry climate conditions) was associated with a more southerly position of the ITCZ, whereas wetter GI prevailed during a more northerly ITCZ position. Whereas abrupt millennial-scale shifts in ITCZ and hydroclimate between GS/HS and GI can be linked to instabilities in the Atlantic Meridional Overturning Circulation (AMOC), longer-term changes were additionally influenced by changes in atmospheric convection linked to modulations of the CLLJ in response to ΔSST between the equatorial Pacific and tropical Atlantic.

1 Introduction

The last glacial period (115-11.7 cal ka BP) was marked by strong millennial-scale climate variability in the high-latitude Northern Hemisphere. Marine Isotope Stages (MIS) 3 (57-29 cal ka BP) and the last deglaciation (19-11.7 cal ka BP) were dominated by abrupt climate events (e.g. Heinrich, 1988; Lisiecki and Stern, 2016; Bradley and Diaz, 2021). In the Greenland ice core, these are referred to as Dansgaard-Oeschger (D/O) events (Johnsen et al. 1992) and consist of rapid oscillations between cold Greenland stadials (GS) and warm interstadials (GI). During some of the most extreme GS, North Atlantic marine sediment cores were found to contain layers of ice-rafted detritus (IRD) rich in detrital carbonate derived from Paleozoic bedrock that underlies Hudson Strait (Heinrich, 1988; Broecker et al., 1992; Hemming, 2004). These so-called "Heinrich events" (Heinrich, 1988; Broecker et al., 1992) were attributed to massive discharges of icebergs from the Laurentide Ice Sheet to the North Atlantic via Hudson Strait, and in some cases, to a European origin (e.g. Grousset et al. 2000). GS that contain Heinrich events are referred to as Heinrich stadials (HS). Freshwater forcing associated with Heinrich events weakened the Atlantic Meridional Overturning Circulation (AMOC) and the Intertropical Convergence Zone (ITCZ) moved south, resulting in periods of abrupt, substantial rainfall changes in the tropics and sub-tropics, referred to as "Tropical Hydroclimate Events" (Bradley and Diaz, 2021). Paleoclimate records from the northern Neotropics revealed that during those events, cool and dry conditions prevailed. For instance, such conditions were recorded in a speleothem record from Cuba, by a reduction in growth rates and a higher δ^{18}O values (Warken et al., 2019).

Lake Petén Itzá, northern Guatemala (Fig. 1), is located in a geologically and biologically diverse region that is climatically sensitive (Macario-González et al., 2022), affected by the annual migration of the ITCZ, trade wind intensity and moisture transport from the Caribbean Sea. The lake sediments represent one of the longest (~400 kyr) paleoclimate archives in the Neotropics (Kutterolf et al., 2016). Few paleoclimate records from the northern Neotropics are older than 100 kyr in age (e.g. Lake Chalco, Central Mexico; Martínez-Abarca et al., 2021a). In addition, the

relatively high sedimentation rate in Lake Petén Itzá enables high-temporal resolution sampling, making it possible to investigate abrupt, short duration climate changes such as GS and GI events during MIS3-2. This has been possible only for a few paleoclimate records from the Caribbean and the Gulf of Mexico region (e.g. Warken et al. 2020). For example, the Mg/Ca record from a speleothem in Cuba (Santo Domingo cave) documented relatively humid conditions during GI and drier climate during GS (Warken et al. 2019). GS were identified in earlier studies of Lake Petén Itzá sediments and suggested that mean annual air temperature (MAAT) was 19-20°C, 6°C lower than the modern annual atmospheric temperature in the lowland northern Neotropics (Correa-Metrio et al., 2012). The cooler conditions were accompanied by high fire frequency around the lake (Correa-Metrio et al., 2012). Identification of dry conditions during HS were initially based on the presence of gypsum layers (Hodell et al., 2008; Mueller et al., 2010). Subsequent work suggested an even greater decline in MAAT in the region during HS between 6 and 10°C (Hodell et al., 2012; Grauel et al., 2016). Evidence from an ostracod transfer function suggested Lake Petén Itzá experienced a decline in mean water temperature by 3°C (Cohuo et al., 2018; Pérez et al., 2021). Stable oxygen isotope measures on ostracod shells revealed low lake levels during HS, associated with dry conditions (Escobar et al., 2012). During HS1 (19-15 cal ka BP), one of the most studied periods in the Petén Itzá record, the presence of nektobenthic ostracod species such as *Cypridopsis okeechobei* and *Physocypria globula* as well as the appearance of *Limnocythere opesta,* suggest a relatively cold lake with high primary productivity and lower water levels (Pérez et al., 2013). These cold and dry conditions promoted the establishment of savanna vegetation dominated by Poaceae and Acacia, and in the lake, littoral cold-living ostracod species as *Cytheridella ilosvayi* and *Paracythereis opesta* were abundant (Pérez et al., 2021).

Previous paleoclimate and paleoenvironmental information about MIS3-2 was obtained primarily from Site PI-6 (water depth 71 m), one of the seven sites drilled in Lake Petén Itzá. Site PI-2, located 3 km east of Site PI-6 where the water depth is 54 m, showed a higher mean long-term sedimentation rates (~150 cm ka^{-1} vs. ~117 cm ka^{-1} at Site PI-2 and PI-6, respectively; Kutterolf et al., 2016). Therefore, millennial paleoclimate information was recorded at greater temporal resolution at Site PI-2, though the record covers a shorter time span (~56 kyr). Another advantage of Site PI-2 is that it lies in a flatter area and is thus less affected by episodic slumping that influence sedimentation rate. For this study, we used high-resolution geochemical and mineralogical data of sediments from Site PI-2 to explore hydrological variability in the northern Neotropics during MIS3-2 (59-15 cal ka BP). We compared our results from Lake Petén Itzá with other regional records to better understand potential impacts and drivers of climate shifts, particularly mechanisms that caused shifts in moisture transport to the northern Neotropics.

2 Study area

2.1 Location and climate

Lake Petén Itzá is located in the northern lowlands of Guatemala (16°59'39.90"N, 89°49'21.07"W, 110 m above sea level [m asl]; Fig. 1). It has a surface area of ~100 km^2 and a maximum depth of 165 m (Hodell et al., 2006). The region has a humid tropical climate ("Af" according to the Köppen classification), with mean monthly air temperatures ranging from 22 to 30°C (INSIVUMEH, 2021). Mean annual precipitation is ~1600 mm (INSIVUMEH, 2021), but varies intra-annually, with a pronounced dry season from January to May, and a wet season that extends from late May through December. The climate of the northern Neotropics, particularly in terms of precipitation, is influenced by different climate forcing mechanisms that are still debated. First, the rain season is during the summer when the ITCZ

is in its northernmost position. Second, the Caribbean Low-Level Jet (CLLJ), a region of maximum horizontal wind speeds (up to 16 m/s) at 925 millibars level, is linked to a precipitation maximum along the Caribbean and Central American coasts mainly between June and July (Amador et al., 2000). The CLLJ is a complex system responding to large-scale atmospheric changes, the Atlantic Warm Pool, as well as topographic effects and land-sea contrast in addition to variations in the sea surface temperature (SST) gradient between the eastern equatorial Pacific and Caribbean Sea (Spence et al., 2004; Wang, 2007). When the Pacific has higher temperatures than the Atlantic, the CLLJ intensifies towards the northern Caribbean, and consequently, precipitation increases at Petén (Whyte et al., 2008). Humidity can also be transported by the North American Monson (NAM) towards the north of Mexico from the Gulf of Mexico and the Caribbean, mainly during July, when atmospheric temperatures reach their maximum (Hu and Dominguez, 2015).

2.2 Geology

Lake Petén Itzá lies in a basin formed by asymmetric faulting (Fig. 1). To the north, marine carbonates of Paleocene-Eocene age outcrop, whereas to the south surface rocks are composed of Cretaceous limestones (IGN, 1970). To the southeast, rocks and Quaternary alluvial sediments and soils dominate, the latter consisting mainly of carbonates and clays (Simmons et al., 1959; IGN, 1970; Mueller, 2009). The karst geology of the region promotes rapid infiltration of rainfall into the groundwater (Hodell et al., 2008), although a slow-flowing ephemeral stream at the southeast end of Lake Petén Itzá transports water and sediment into the lake basin during the rainy season.
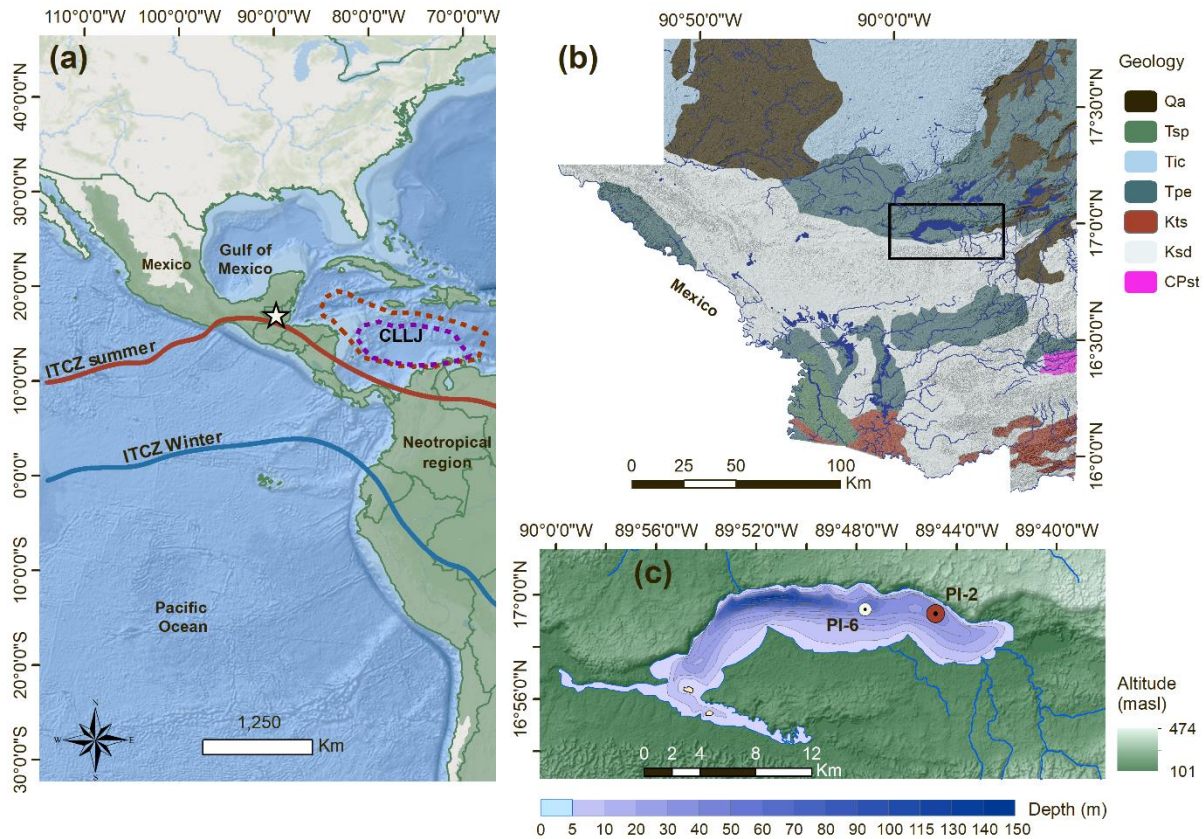
Figure 1. Location of Lake Petén Itzá, along with regional climatological and geological information. a) Location of Guatemala in Central America and geographic position of the lake (white star). Neotropical region (green), ITCZ positions during summer (red) and winter (blue). The extent of the CLLJ is summer (red) and winter (blue) is shown. The dotted lines represent the zonal easterly winds larger than 16 m/s at 925 millibars level associated with the CLLJ. Service Layer Credits: Esri, Garmin, GEBCO, NOAA and NGDC (2022). b) Overview of geology in northern Guatemala and location of Lake Petén Itzá (black rectangle) region: Qa) Quaternary alluvium, Tsp) Tertiary upper Oligocene-Pliocene, Tic) Eocene sedimentary rocks, Tpe) Paleocene-Eocene marine sediments, Kts) Cretaceous-Tertiary clastic sediments, Ksd) Cretaceous carbonaceous rocks, CPst) Carboniferous-Permian sand conglomerate (geological information: IGN, 1970). c) Digital elevation model, principal rivers and streams, and bathymetry of Lake Petén Itzá, location of core sites: PI-2 (red dot) and PI-6 (white dot).

3 Methods

3.1 ICDP drilling campaign

During February and March 2006, multiple cores were drilled at seven locations in Lake Petén Itzá (PI-1, PI-2, PI-3, PI-4, PI-6, PI-7 and PI-9) as part of International Continental Scientific Drilling Program (ICDP) project [PISDP]. Maximum drilling depth, 133 m, was achieved at Site PI-7. Sedimentology, magnetic susceptibility and density data for the cores were presented by Hodell et al. (2006, 2008) and Mueller et al. (2010). Here, we focus on the sediment sequence recovered from Site PI-2. The site displayed a relatively high mean sedimentation rate (~150 cm ka^{-1}; Kutterolf et al., 2016) and an average core recovery of 86.3%, which enabled climate and environmental studies at high temporal resolution. The PI-2 sequence was retrieved from a water depth of 54 m in the eastern part of the lake (16°59'58.04"N, 89°44'41.51"W, Fig. 1c). The drill site receives detrital material in the form of colluvium from the

steep northern shore. Five holes were drilled at Site PI-2, the longest of which reached a sediment depth of ~67 m. The composite sequence at Site PI-2 was divided into 11 lithostratigraphic units based on changes in facies composition (Mueller et al., 2010). For this study, we analyzed sediment samples from Units 6 to 2 (67-19 m depth), which span the interval of MIS3-2 (Correa-Metrio et al., 2012; Escobar et al., 2012).

130 **Table 1.** AMS ^{14}C dates and ages of tephra used for the age-depth model. Data with an asterisk (*) are measurements of terrestrial organic matter (i.e. woody debris, Mueller et al., 2010). Data with double asterisk (**) are tephra layers (Kutterolf et al., 2016). All radiocarbon dates were calibrated using a Bayesian model (Blaauw and Christen, 2011) and the IntCal20 curve (Reimer et al., 2020). "avg" refers to the mean age obtained from two dates in the same sample.

labID	Core, section cm	Depth (m)	Age (^{14}C yr)	± (1σ)	Mean (cal yr BP)	Modelled age range (cal yr BP)
144277*	2D-1H-1, 14	0.22	425	30	22	-60 – 150
139341*	2D-2H-2, 25	4.88	1715	35	1620	1516 – 1737
139342_avg*	2B-4H-2, 39	10.25	3740	33	4043	3655 – 4169
144270*	2A-5H-1, 87	10.85	4280	30	5203	4903 – 5288
139344_avg*	2B-5H-1, 102	12.45	7468	40	8276	8170 – 8390
139346*	2D-5H-1, 56	12.76	7835	30	8736	8614 – 8875
139399*	2B-6H-2, 41	16.43	11135	40	13057	12909 – 13168
139399*	2D-6H-2, 44	17.46	11880	35	13637	13439 – 13792
144272*	2A-8H-1,96	20.44	13095	40	15710	15497 – 15907
139400*	2D-8H-1, 5	21.65	13480	45	16197	16059 – 16326
139401_avg*	2B-8H-1, 132	22.24	13533	45	16408	16225 – 16600
139402*	2B-9H-1, 146	25.47	15355	50	18632	18321 – 18820
144274*	2B-10H-2, 98	29.59	19740	70	23904	23535 – 24236
144269*	2A-12H-1, 47	31.49	21940	80	26176	25932 – 26661
139403*	2B-12H-1, 121	38.41	25540	160	35488	32614 – 37722
139404*	2A-14H-1, 115	40.38	32680	980	36947	34181 – 38962
139405*	2A-16H-1, 66	44.55	34380	450	39794	38469 – 40926
139406*	2C-2H-1, 135	47.08	38760	740	42621	41955 – 43422
139407*	2A-17H-1, 104	48.06	41350	1020	43944	42974 – 44960
139343*	2A-17H-1, 151	48.4	41600	900	44195	43186 – 45263
C1**	2B-5H-2, 65	13.09	9805	100	9378	9231 – 9550
C2**	2A-7H-1, 131	17.69	13158	100	13761	13537 – 13959
C4**	2A-19H-2, 10	54.46	49100	2000	48793	45957 – 52137
C5**	2C-9E-1, 114	64.22	53000	3000	55826	51080 – 62132

135 **3.2 Age-depth model**

Previous studies used slightly different chronologies for the sediment sequences from Lake Petén Itzá, with a focus on the composite section from Site PI-6. Those studies used linear interpolation between radiocarbon dates (Hodell et al., 2008; Mueller et al., 2010), projection onto the PI-6 sequence of AMS ^{14}C dates from other cores (Escobar et al., 2012), and ages of tephra layers (Kutterolf et al., 2016). Mays et al., (2017) constructed a Bayesian age model for Site PI-6.

140 We similarly refined the age-depth model for PI-2 using a Bayesian model (Blaauw and Christen, 2011). In this model

(PETEN 02), we used 20 radiocarbon ages reported by Mueller et al. (2010) and Escobar et al. (2012), together with four dated tephra layers in the PI-2 sequence (Kutterolf et al., 2016; Table 1). Radiocarbon ages were calibrated using the IntCal20 curve (Reimer et al., 2020). The model was established using the Bacon package (Blaauw and Christen, 2011) of the R-Studio software (v. 4.2). An initial sedimentation rate of 1 mm yr^{-1} (100 cm ka^{-1}) and 28 segments along the core were assumed. Processes that deposit material rapidly at the bottom of the lake, such as turbidite flows and volcanic ashfalls, can confound the chronology by contributing substantial amounts of material in a short time span (Moernaut et al., 2017; Mulder et al., 2019). Hence, we excluded 31 such deposits during age modeling, including carbonaceous turbidites and tephra layers, identified using the descriptions of Mueller et al. (2010; Appendix A).

3.3 X-Ray fluorescence sediment analysis

X-Ray fluorescence (XRF) measurements were carried out at the University of Minnesota, Duluth, using a Cox Analytical Itrax Core Scanner (Cr-Tube, 30 kV, 55 mA, 15 s exposure) with a resolution of 1 cm. Particular focus was given to titanium (Ti), aluminum (Al), calcium (Ca), iron (Fe) and manganese (Mn) because these elements are reliable indicators of runoff (Ti, Al), evaporation (Ca) and redox conditions (Fe, Mn). Data from XRF, in counts per second (cps), were processed using a centered log-ratio transformation, following Weltje et al. (2015). Centered log-ratio-transformed (CLR) compositional data express elemental quantities in terms of actual concentrations and incorporate uncertainties acquired during core scanning such as sediment water content, grain size, and irregularities of the sediment surface (Dunlea et al., 2020). For each XRF measurement, we divided an element (e.g. Ti$_{(cps)}$) by the geometric average of the geochemical set (Ti, Al, Ca, Fe and Mn). The natural logarithm of the ratio was then calculated [e.g. ln (Ti$_{(cps)}$/ Geometric Average)]. Calibration was carried out using Xelerate software (Bloemsma, 2015; Weltje et al., 2015). A principal component analysis was carried out with CLR data (PCA; Appendix B) to distinguish the processes that control each element. The PCA results are given in Appendix B. We used these results to define the Ca/(Ti+Fe) ratio as an indicator of evaporation and the Mn/Fe as a proxy of redox processes (Wersin et al., 1991; Yarincik et al., 2000). Simultaneously, a LOESS smoothing function was applied to the CLR data to dampen the noise signal from measurement errors or anomalous data. LOESS smoothing was carried out in R-Studio (v. 4.2) (R Core Team, 2018) with a span value of 3.

3.4 X-Ray Diffraction for sediment mineral analysis

To document changes in sediment mineralogy, 100 samples from Site PI-2 cores were used for X-ray diffraction (XRD) analysis. Sampling was carried out at irregular intervals ranging from 0.5 to 1.0 m. Sediment samples were dried at room temperature and ground with a mortar and pestle. Measurements were conducted with a Rigaku Miniflex 600 (15mA/40kV) XRD at the Department of Physical Geography, Freie Universität Berlin. Peaks obtained from 3 to 80° of rotation were identified with X-Pert High Score (Version 1.0b) from Philips Analytical. The peaks were calibrated against the main quartz peak (I100) at d=3.34 Å. Diffraction potential files of the International Center for Diffractometric Data, USA, were used as reference for the identification of the different mineral phases. The quartz and gypsum counts, the sum of montmorillonite+vermiculite (clay) and the sum of calcite+dolomite+aragonite+magnesium calcite (carbonate) were added and the relative percentages were calculated as follows: Mineral [%] = (Mineral count*100)/Σ Minerals (Last, 2001).

3.4 Geochemistry of bulk sediment

Analyses of total carbon (TC), total organic carbon (TOC), total inorganic carbon (TIC) and total nitrogen (TN) were carried out on the same sediment samples used for XRD. All measurements were performed at the Department of Geological Sciences, University of Florida, Gainesville. TC and TN were determined with a Carlo Erba NA1500 CNHS Elemental Analyzer. TIC was measured coulometrically (Engleman et al., 1985) with a UIC CO_2 coulometer 5011 (Coulometrics) coupled with an AutoMate preparation device. TOC was calculated as the difference between TC and TIC. TOC/TN ratios are reported on a molar basis.

4 Results

4.1 Chronology

Data presented in this study cover the depth interval from 67 to 19 m of the PI-2 record, corresponding to an age range from 59 to 15 cal ka BP (Fig. 2). From the sediment surface to 51 m depth, average age uncertainty is ±0.8 ka. The uncertainty of the chronology increases in the deeper sediment intervals, especially below 51 m depth (>46 cal ka BP), resulting in ±6.7 ka at the bottom of the sequence (67 m sediment depth). There were two intervals during which event deposits (mainly carbonaceous turbidites) were abundant: between 67 and 48 m sediment depth (58.5-43.8 cal ka BP) and from 23 m to 19 m (16.6-15 cal ka BP) continuing to the sediment surface. Our age-depth model differs from the one by Kutterolf et al. (2016) mainly in the interval between 40 and 34 cal ka BP, where ages calculated by our model are as much as 2 ka younger. This is, however, within the average uncertainty of our age model at these depths (greater than ±2.3 ka).

4.2 Climate proxies

Results are presented by age and according to the lithostratigraphic units proposed by Mueller et al. (2010; Fig. 3; Appendix B). CLR values for Ti vary between -2.1 (low runoff) and +1.6 (high runoff) throughout the sequence, with an average of -0.1±0.3 (Fig. 3). In Units 6 and 5, Ti is characterized by fluctuating values ranging between -1.6 and +0.7. Lowest average values (≤ -2.1) were observed in Unit 4. Units 3 and 2 display the highest Ti content, both with maxima of +1.1.

$CaCO_3$ values obtained by XRD vary from 4.2 to 75.0%, with an average of 33.9±15.3%. Units 6 and 5 show similar values of $CaCO_3$, oscillating between 8.7% and 73.4% (mean 40.7±12.4%). A reduction in the $CaCO_3$ content characterizes Unit 4 with an average of 28.9±14.9%. In Unit 3, data vary from 26.3% to 58.7% (mean = 34.7±7.5%). Unit 2, with an average of 20.9±17.9%, is characterized by a slight decrease in $CaCO_3$ content but shows a maximum of 75.0% at 15.5 cal ka BP.

CLR values of Ca/(Ti+Fe) range from -0.1 (low evaporation) to +6.4 (high evaporation) throughout the sequence, with an average of +3.0±1.0 (Fig. 3). In Units 6 and 5, Ca/(Ti+Fe) is variable (+0.7 to +5.9), with three pronounced peaks of +5.2 (51.9 cal ka BP; 58.9 m), +5.8 (46.1 cal ka BP; 50.8 m) and +5.4 (40.3 cal ka BP; 45.3 m). The ratio increases in Unit 4 and ranges from +1.5 to +5.9 (mean = +3.6±0.7). Unit 3 displays the lowest Ca/(Ti+Fe), varying between -0.1 and +4.0 (mean = +1.9±0.5). Unit 2 is characterized by highly variable Ca/(Ti+Fe), ranging between -0.1 and +6.4 (mean = +3.3±1.4), and shows highest values of up to +6.4 at the top of the investigated interval.

The mineralogical composition of the Lake Petén Itzá record obtained by XRD is dominated by carbonates, including calcite, dolomite, aragonite and magnesium calcite. About 65% of the sediment samples contained more than 50% carbonate, with calcite (mean 45.9±2.7%) and dolomite (mean 13.4±1.3%) being most common. Quartz shows highest average values in Units 6 (3.0±1.5%), 5 (3.2±2.0%) and 3 (5.1±2.5%). The clay content (montmorillonite+vermiculite) is highly variable throughout the record, ranging from 0 to 13.7% (mean 3.6±3.0%). It shows a gradual decrease from Unit 6 (4.5%) to Unit 4 (2.1%). Unit 3 contains the highest clay content (mean 8.5±2.9%), but decreases upward to an average of 1.9% in Unit 2. The gypsum content is highly variable and ranges from 0 to 100%, with an average of 32.6±3.6% (Fig. 3). Units 6, 5 and 3 show the lowest gypsum content of the record, with average values of 5.1%, 14.9% and 6.2%, respectively. In Unit 5, maxima of 96.8 and 77.7% occur at 50.9 cal ka BP (56.8 m) and 46.3 cal ka BP (51.1 m), respectively. In Units 4 and 2, a large increase in gypsum content is observed, with average values of 53.9 and 78.2%, respectively.

TOC values vary between 0.2 and 6.1%, with an average of 2.1±1.1% throughout the sequence (Fig. 3). In Unit 6, TOC values range from 1.1 to 4.5%. Unit 5 displays TOC values that range from 0.5 to 6.1%, and decrease substantially around 47.2 cal ka BP (52.3 m). From 37.8 to 30.9 cal ka BP (42.0 to 35.0 m depth) in Unit 4, three distinct maxima with TOC values of 3.7% (37.3 cal ka BP; 41.1 m), 5.2% (35.4 cal ka BP; 38.4 m) and 3.4% (33.0 cal ka BP; 36.5 m) were determined. The TOC content in Unit 3 increases to a maximum of 3.7%, with an average of 2.2±0.6%. Unit 2 is characterized by lower TOC values, which vary from 0.2 to 2.5% (mean 0.7±0.4%).

Molar TOC/TN ratios range from 4 (high aquatic organic matter content) to 38 (high terrestrial organic matter content) throughout the record (mean 16.8±6.3). Unit 6 shows TOC/TN ratios that average 10.7±3.2, with a gradual increase to 18.9 at the top of the unit (Fig. 3). Units 5 and 4 display similar TOC/TN ratios, ranging between 4.4 and 38. Four maxima of 31.3 (51.8 cal ka BP; 58.6 m), 35.9 (46.4 cal ka BP; 51.0 m), 27.4 (40.4 cal ka BP; 45.3 m) and 38 (31.9 cal ka BP; 35.7 m) were identified, as were minima of ~6.8 between 40.3 and 39.2 cal ka BP (45.2-43.9 m depth). At the top of Unit 4 (31.0-23.4 cal ka BP; 35.0-29.0 m depth), TOC/TN ratios decrease gradually from 26.1 to 10.8. Units 3 and 2 have the lowest values of the entire sequence, ranging between 4.6 and 17.5, with a slight increase to 20.9 at the top of Unit 2.

CLR values of Mn/Fe ratios range between -7.4 (anoxic) and +0.2 (oxic), with an average of -3.4±0.6 throughout the record (Fig. 3). Unit 6 displays the lowest values of the sequence varying between -6.6 and -2.7. Unit 5 presents a gradual increase in Mn/Fe ratios between 52.7 and 46.1 cal ka BP (60.0-50.8 m), reaching as high as -1.1. Units 5 and 4 show similar values, which vary from -7.4 to +0.2, with maxima of +0.2 (46.2 cal ka BP; 50.8 m), -1.6 (40.2 cal ka BP; 45.3 m), -1.7 (37.1 cal ka BP; 40.5 m) and -0.8 (29.6 cal ka BP; 34.3 m). In Units 3 and 2 values fluctuate between -7.3 and -2.6 (-3.8±0.5).
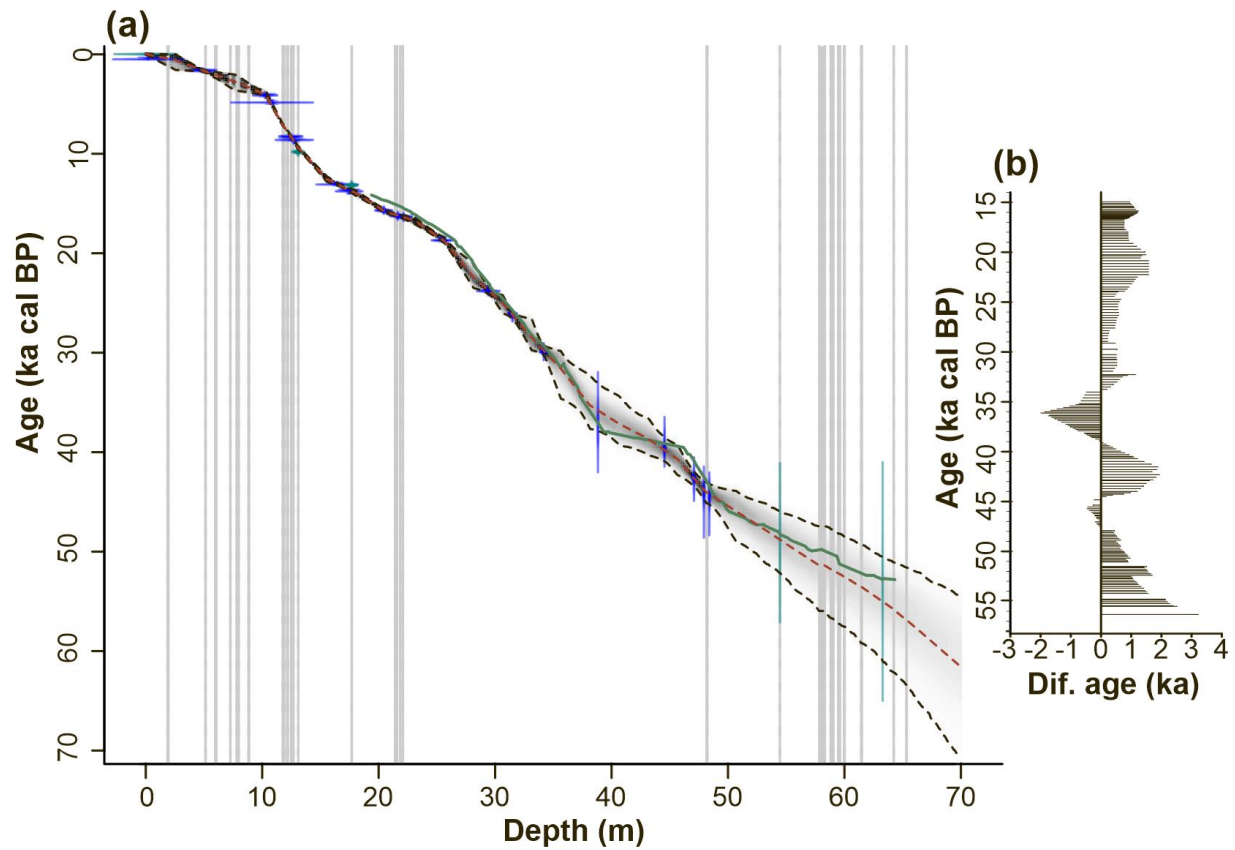
Figure 2. Age-depth model for the PI-2 record: a) Chronology of the PI-2 record. Gray vertical lines indicate the location of the 32 instantaneous deposits that were removed for the modelling. Ages and their uncertainties are indicated in blue. Green-solid line shows the chronology obtained by Kutterolf et al. (2016) and used by Cohuo et al. (2018, 2020). The red-dashed line represents the average age, whereas the black-dashed lines are the minimum and maximum range for each age. b) Age difference between the model used in this study and the one presented by Kutterolf et al. (2016) in the interval between 59 and 15 cal ka BP. Data were calculated as follows: Dif. age (ka) = age this study - age reported by Kutterolf et al. (2016).
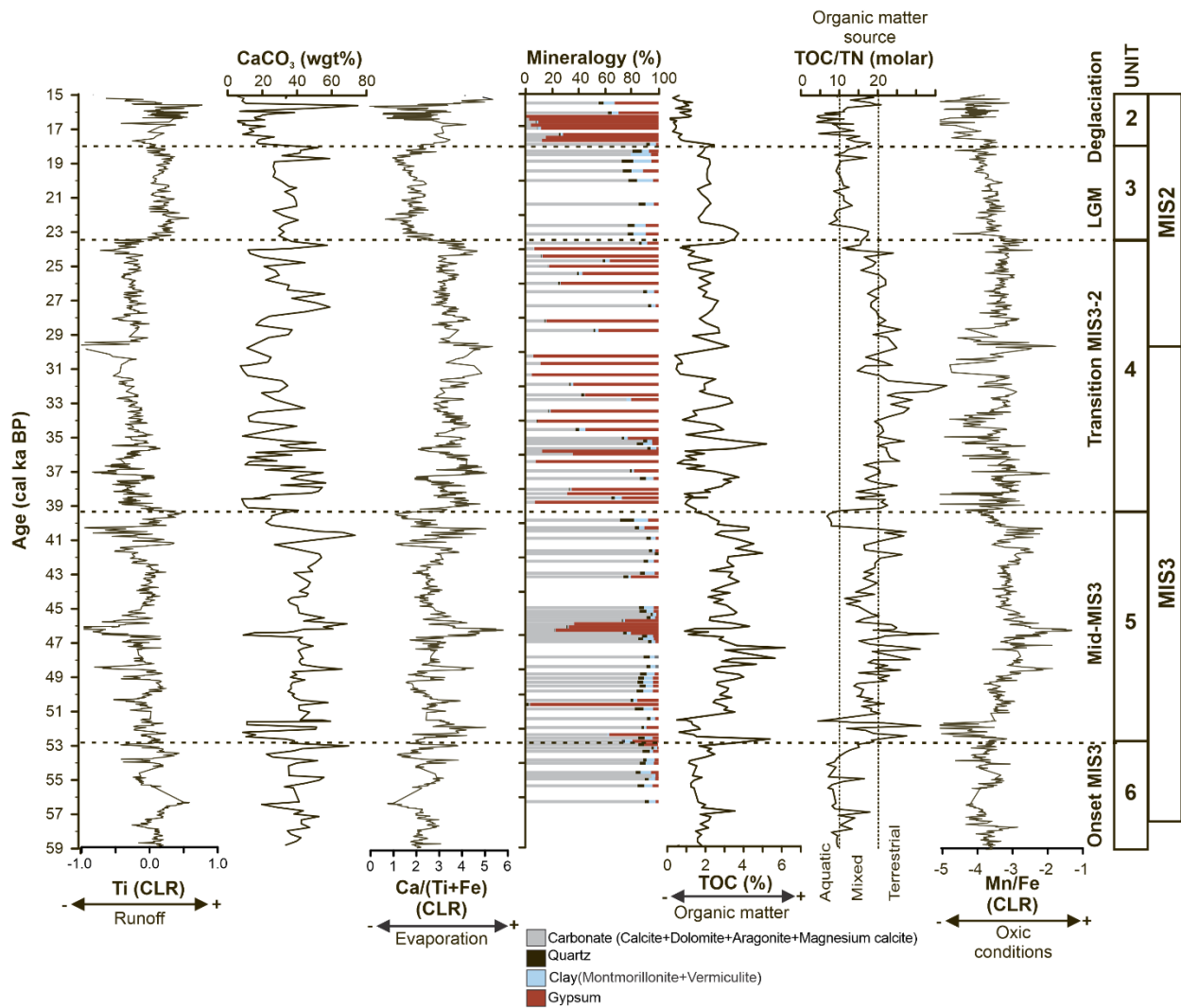
Figure 3. Sediment variables in the PI-2 sequence, between 59 and 15 cal ka BP. Black horizontal dotted lines indicate periods that coincide with unit boundaries described by Mueller et al. (2010). The timing of the MIS3-2 transition and the Last Glacial Maximum (LGM) is shown on the right (Lisiecki and Raymo, 2005). Runoff and evaporation are indicated by Ti centered log-ratio (CLR) values and Ca/(Ti+Fe) ratios, respectively. Carbonate (CaCO₃) content is shown as percentage dry weight (%wgt). Percent quartz, clay (montmorillonite+vermiculite) and gypsum are shown. Total organic carbon is an indicator of primary productivity, total organic carbon to total nitrogen (TOC/TN) ratios are indicators of organic matter sources, and the CLR value of Mn/Fe is used as a proxy for redox conditions.

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5 Discussion

The discussion of the Lake Petén Itzá paleoenvironment focuses on three key objectives: 1) hydrological variability during MIS3-2 and millennial oscillations (GS, GI and HS) recorded at Site PI-2, 2) comparison of our Site PI-2 data with previously reported data from Site PI-6, and 3) identification of potential climate forcing mechanisms that may have provided humidity to the Petén area through transregional proxy comparison. Our mineralogical and geochemical data are presented and interpreted according to the five periods that correspond to lithological Units 6-2 proposed by Mueller et al. (2010) (Appendix C): a) onset of MIS3, b) mid-MIS3, c) transition MIS3-2, d) last glacial maximum, and e) deglaciation. The lithological units were based on sedimentology and stratigraphy and verified with core-logging data (density, magnetic susceptibility) and with seismic reflection profiles throughout the Lake Petén basin.

5.1 Hydrological and environmental responses during MIS3-2

5.1.1 Onset of MIS3 (59-52.7 cal ka BP): High runoff and low evaporation

The onset of MIS3 corresponds to Unit 6. Ti is widely used as indicator for runoff (Mason and Moore 1982; Davies et al., 2015). High Ti (up to 0.7) in this unit suggests high runoff, particularly around 56 cal ka BP (Fig. 3). This is supported by concomitantly high clay and quartz content, with averages of 4.5 and 3.0%, respectively. Clay minerals, particularly montmorillonite and vermiculite, are generated during chemical weathering of unstable siliciclastic minerals such as plagioclase, especially in tropical regions where atmospheric humidity is high, resulting in the enrichment of quartz (Weltje, 1994; Boggs, 2006; Van De Kamp, 2010). Quaternary alluvial sediments could be the source of siliciclastic minerals (Simmons et al., 1959; Mueller, 2009). We suggest that the high clay and quartz content in Unit 6 is indicative of wet conditions, which provided abundant runoff to the lake. Ca provides information on supersaturation and precipitation of ions in solution, triggered by high evaporation (Engstrom and Wright, 1984; Boyle et al., 2001). Ca in lake sediments, however, can also originate from detrital inputs in karst regions such as in Petén, and from biogenic sources, i.e., shell formation by mollusks and ostracods and CO_2 withdrawal by plants for photosynthesis. Therefore, we normalized Ca values to indicators of detrital input such as Ti and Fe (Appendix B), and used the Ca/(Ti+Fe) as an indicator for past variability of evaporation (Mason and Moore, 1982; Yarincik et al., 2000). Low Ca/(Ti+Fe) ratios (mean 2.3±0.6) and gypsum content (mean 5.0±5.1%) at the onset of MIS3 indicate low evaporation of lake water and more humid conditions, with only a few intermittent dry periods, at ~55.1 and 53.8 cal ka BP (Fig. 3).

The TOC/TN ratio has long been used as indicator for the source of organic matter in lacustrine sediment sequences (Talbot and Johannessen, 1992; Meyers and Ishiwatari, 1995). In the interval between 59-53 cal ka BP, low TOC/TN ratios (mean 10.7±3.2) indicate that the sedimentary organic matter is predominantly of aquatic origin (Meyers et al., 2003). The Mn/Fe ratio is used to infer variations in redox conditions in lakes (Wersin et al., 1991; Naeher et al., 2013; Friedrich et al., 2014; Ortega-Guerrero et al., 2020). Lower values of the Mn/Fe ratio generally indicate low concentration of O_2 in the water column, which is explained by more rapid reduction of Mn compared to Fe under anoxic conditions favoring preferential Mn deposition. In contrast, higher values of the Mn/Fe ratio suggest high levels of O_2, as Fe oxidizes faster than Mn in oxic environments. Low Mn/Fe ratios (mean -3.7±0.3) indicate anoxic

conditions in the lake's bottom waters. Anoxia may have been associated with a high-water level (as is observed today),
which likely prevented wind-driven mixing of the water column.

High values of magnetic susceptibility measured at Site PI-6 (Fig. 4) support our interpretation of a wet climate compared to the less humid environment inferred for the end of MIS3 (48–23 cal ka BP; Hodell et al., 2008). Previously reported ostracod data from Sites PI-2 (Cohuo et al., 2020) and PI-6 (Pérez et al., 2021) are consistent with substantial precipitation in the study area during the deposition of Unit 6, and are associated with high water levels, reflected by the dominance of *Cypria petenensis*. Moreover, the low content of terrestrial organic matter at Site PI-2 is consistent with the pollen-based inference for extensive grasslands around Lake Petén Itzá, indicating relatively little terrestrial plant biomass in the watershed (Bush et al., 2009; Fig. 4). Absence of arboreal vegetation, contemporary with the highest deposition of aquatic organic matter in our record during the onset of MIS3, was likely associated with winter rains from north cold fronts that caused lake levels to increase (Hodell et al., 2008), leading to a more distal position of the coring site.

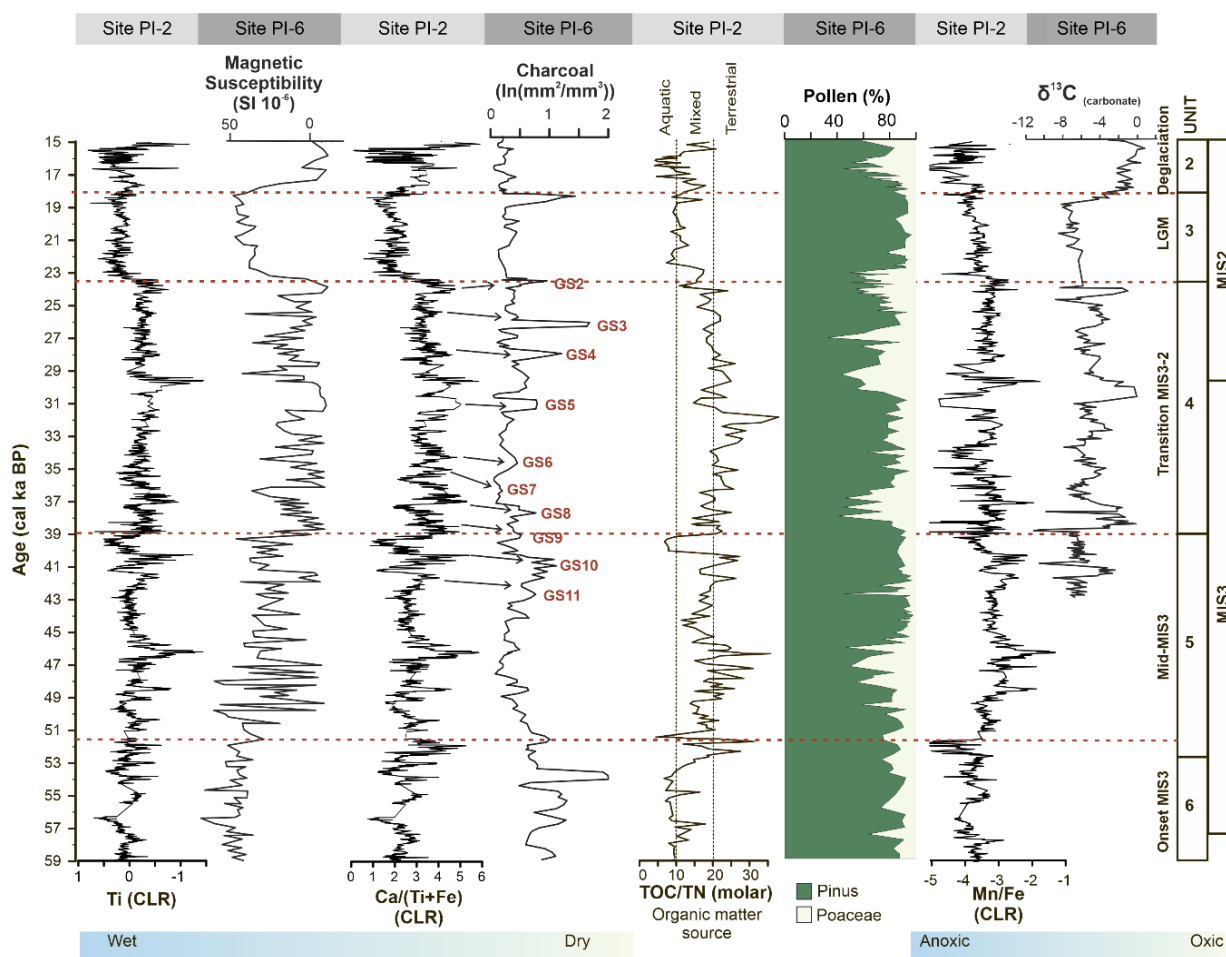



Figure 4. Sediment variables in cores from Sites PI-2 and PI-6 (3 km to the west [Fig. 1]) Centered log-ratio (CLR) values of Ti, Ca/(Ti+Fe) and Mn/Fe, TOC/TN and magnetic susceptibility (Hodell et al., 2008), Pinus/Poaceae pollen and charcoal datasets (Correa-Metrio et al., 2012) as well as δ13C values from ostracod valves (Escobar et al., 2012). Brown dashed lines indicate unit boundaries described by Mueller et al. (2010).

Predominantly wet conditions during the onset of MIS3, like those inferred from Lake Petén Itzá sediments, have also been reported from other sites in the northern Neotropics (Fig. 5) using geochemical records. They include Lakes Chalco, central Mexico (Martínez-Abarca et al., 2021b) and Babicora, northern Mexico (Roy et al., 2013). In contrast, pollen and sedimentological information from Lake Fúquene (Colombia) indicates moderately dry conditions and a reduction in lake-surface area associated with a decline in precipitation in northern South America (Groot et al., 2013). Differences in precipitation between the northern and southern limits of the American tropics were likely associated with the latitudinal position of the ITCZ (Jaeschke et al., 2007; Gibson and Peterson, 2014; Martínez-Abarca et al., 2021b; Lozano-García et al., 2022).

Reflectance data from marine sediments collected in the Cariaco Basin, off Venezuela (Deplazes et al., 2013), and $\delta^{18}O$ data from marine record MD02-2529 retrieved from the Eastern Equatorial Pacific (Leduc et al., 2007) indicate a more northerly position of the ITCZ during this period. Hodell et al. (2008) suggested that increases in runoff in Petén Itzá co-occurred with increases in SST in the subtropical northeast Atlantic (Site SU8118, Portugal; Bard et al., 2000). SST between sites in the region, however, have not yet been considered. Therefore, we compared the Ti data from Site PI-2 with the SST difference (ΔSST) calculated between Site MD02-2529 in the eastern Pacific (Leduc et al., 2007) and ODP Site 999A in the Caribbean (Schmidt et al. 2006; Fig. 6). It should be noted, though that the ΔSST provides considerable uncertainties associated with the prediction error of the quantitative estimation of SST in both records, their age-depth models, as well as the calculation of Δ itself due to the use of different temperature proxies (Mg/Ca planktonic foraminifera for ODP-999A, and alkenone $U^{K'}_{37}$ for MD02-2529) and temporal resolutions. Even with these limitations, the ΔSST record used as a CLLJ proxy for variations in the strength of the CLLJ shows an apparent coupling of the ΔSST with the low-frequent variations recorded in our Ti data (Fig. 6). Decreases is ΔSST indicate that the Caribbean SST was lower than the one in the Pacific. This could have promoted an increase in the intensity of the CLLJ since a cold Caribbean favors the expansion of the North Atlantic Subtropical High displacing the CLLJ to the west and increasing the humidity in Petén Itzá (Wang, 2007; Lachniet et al. 2009; Fig. 7). During the early MIS3, ΔSST decreased and it got drier until ~45 cal ka BP. After that, the ΔSST increased and wetter conditions occurred around the lake. Although the strength of the CLLJ does not solely depend on the ΔSST between the eastern Pacific and the Caribbean, but also depends on the regional topography, the position of the ITCZ, as well as the expansion/contraction of the North Atlantic Subtropical High (NASH; Wang, 2007), we find clear evidence for a close relationship between ΔSST and Ti and hence runoff to Lake Petén Itzá regarding low-frequent variations. This implies, that in addition to changes in the ITCZ, spatiotemporal changes are linked to variations in CLLJ steering the influx of moisture into Petén during MIS3-2. Additionally, despite the fact that there is no evidence for the variability of the NAM older than 12 cal kyr BP (Metcalfe et al., 2015), we do not rule out that during the onset of MIS3, a relatively warm period (Bradley and Diaz, 2021), mechanisms responsible for moisture transport towards northern Mexico from the Caribbean were similar to today, when higher atmospheric temperatures promote a greater entry of humidity to the Petén area between July and September (Hu and Dominguez, 2015).

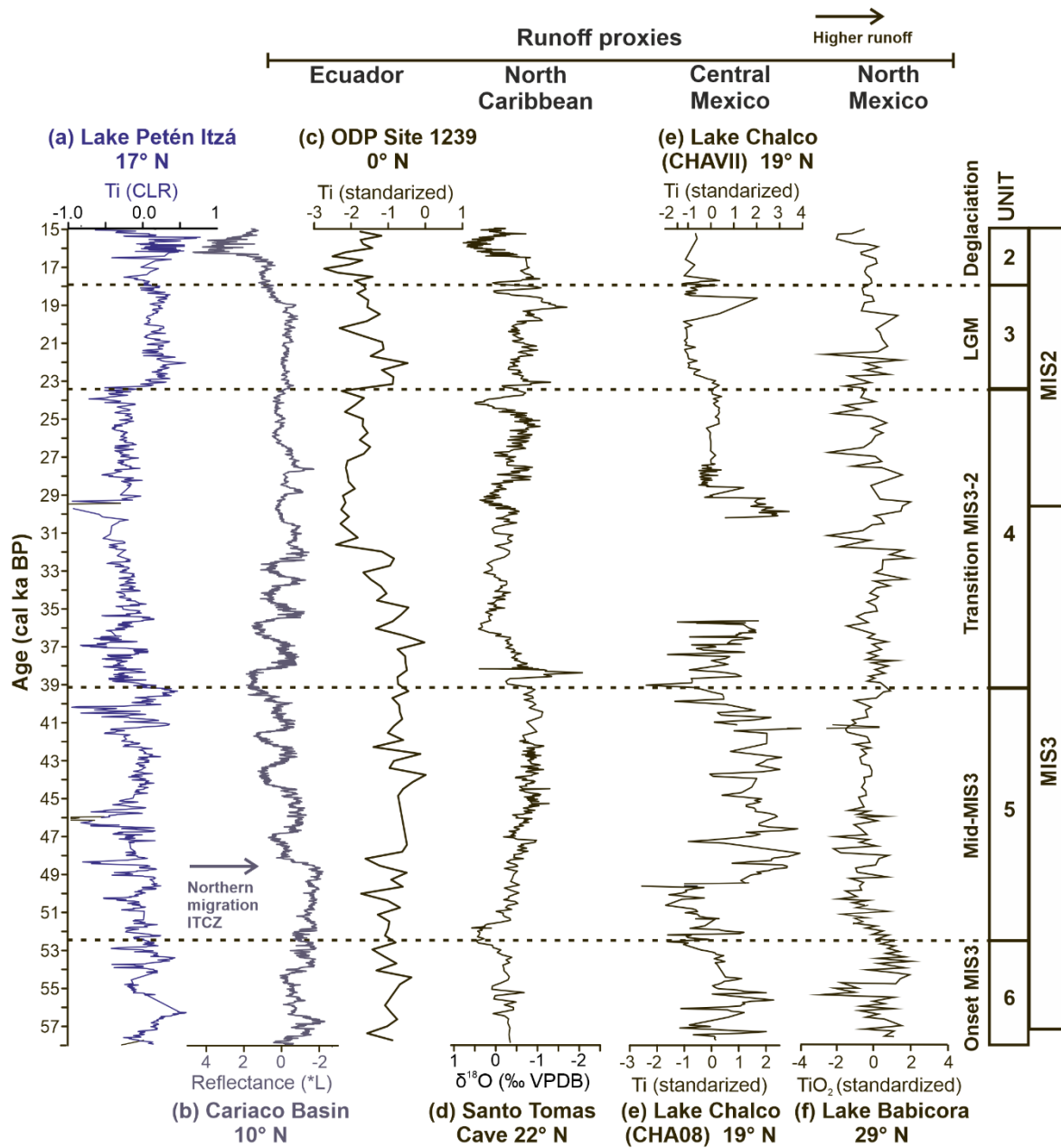



Figure 5. Comparison of paleoclimate and runoff/precipitation records spanning MIS3-2. a) Centered log-ratio Ti record from Lake Petén Itzá (this study). b) Reflectance data from core MD03-2621, Cariaco Basin (Deplazes et al., 2013). c) Standardized record of Ti obtained from ODP Site 1239 in the equatorial Pacific Ocean (Rincón-Martinez et al., 2010). d) $\delta^{18}O$ data from a stalagmite from Santo Tomas Cave, Cuba (Warken et al., 2019). e) Standardized record of Ti in two sedimentary sequences from Lake Chalco, Central Mexico (CHAVII site obtained from Lozano-García et al., 2015. CHA08 site from Martínez-Abarca et al., 2021b). g) Standardized TiO_2 data obtained from Lake Babicora, northern Mexico (Roy et al., 2013). Original data were standardized by subtracting the mean of the data and dividing by the standard deviation.

5.1.2 Mid-MIS3 (52.7-39.3 cal ka BP): Shift to higher evaporation and lower lake levels

The mid-section of MIS3 corresponds to Unit 5. High Ti (mean -0.1±0.3) and stable quartz contents (mean 3.2±2.0%) indicate that precipitation and runoff to Lake Petén Itzá remained high during the deposition of Unit 5 but they were lower than in Unit 6 (Fig. 3). An increase in TOC content (mean 2.8±1.0%) at 51 cal ka BP indicates increased productivity, and a pronounced increase in TOC/TN ratios (mean 18.7±5.9), indicates a higher loading of terrestrial organic matter to the lake (Meyers et al., 2003). The TOC content reaches maxima in two intervals, around 46.2 and 40.2 cal ka BP, coinciding with increased evaporation (Ca/(Ti+Fe) ratios of up to 5.9). These two periods correlate with peaks of oxic conditions, as suggested by maxima of the Mn/Fe ratio (0.2 and -1.6; Fig. 3). Our data thus suggest more oxygenated bottom waters, possibly associated with lower lake-levels, which resulted in greater wind-induced mixing of the water column (Yu et al., 1984; Gale et al., 2006). A short-lived increase in runoff terminates Unit 5, a result of more humid conditions that may have delivered greater nutrient loads to the lake. The latter would have favored the input of aquatic organic matter to the sediments between 40.4 and 39.3 cal ka BP. Wetter conditions and greater autochthonous production are supported by high Ti (up to 0.7) and low TOC/TN ratios (6.7), respectively.

A decrease in runoff and lake-level lowering, which interrupted the general wet climate during mid-MIS3, was also inferred by Pérez et al. (2021) from Site PI-6 based on ostracod assemblages that reflect higher conductivity. This was explained by an increase in ion concentrations in the water column associated with a higher evaporation/precipitation ratio. In addition, the presence of the high conductivity-preferring diatom *Cyclotella petenensis* was reported from Site PI-6 sediments during between 40 and 39 cal ka BP (Paillès et al., 2018), suggesting high evaporation rates. Enhanced evaporation was associated with an increase contribution of terrestrial organic matter. This may at first appear contradictory. However, it is consistent with pollen-based observation of an increase in non-arboreal communities, e.g., Poaceae during Unit 5 at Site PI-6 (Fig. 4; Correa-Metrio et al., 2012). We interpret the increase in terrestrial organic matter to not reflect changes in the terrestrial vegetation, but rather the proximity of the plant communities (grasslands) to Sites PI-2 and PI-6, because of the shrinking of lake surface area. This was observed at Lake Tzibaná (southern Mexico) during a 20-m decline in lake level, during which vegetation colonized subaerially exposed lake bottom and large amounts of organic matter entered the remnant basin during sporadic periods of rain (Martínez-Abarca et al., 2022).

Whereas our Lake Petén Itzá record, together with other lake and speleothem archives from the circum-Caribbean and Gulf of Mexico, such as Lake Tulane, Florida (Grimm et al., 2006); Abaco Island, Bahamas (Arienzo et al., 2017); Santo Tomas Cave, Cuba (Warken et al., 2019) and Larga Cave, Puerto Rico (Warken et al., 2020), reveal moderately wet conditions, several paleoclimate records from northern and central Mexico, including those from Lakes Babicora (Roy et al., 2013), Tecocomulco (Caballero et al., 1999), Patzcuaro (Bradbury, 2000) and Chalco (Ortega-Guerrero et al., 2020), indicate reduced rainfall during the midst of MIS3 (Fig. 5). This spatial climate contrast may have been associated with the beginning of the southward migration of the ITCZ. The ΔSST between the eastern Pacific and the Caribbean shows a slight decrease, suggesting that the CLLJ decreased in intensity (Fig. 6), thereby promoting low runoff into Lake Petén Itzá. Despite this, climate at Petén Itzá remained relatively humid, possibly attributed to moisture supply associated with a stronger AMOC. Indeed, it has been shown that a strengthening of the AMOC may

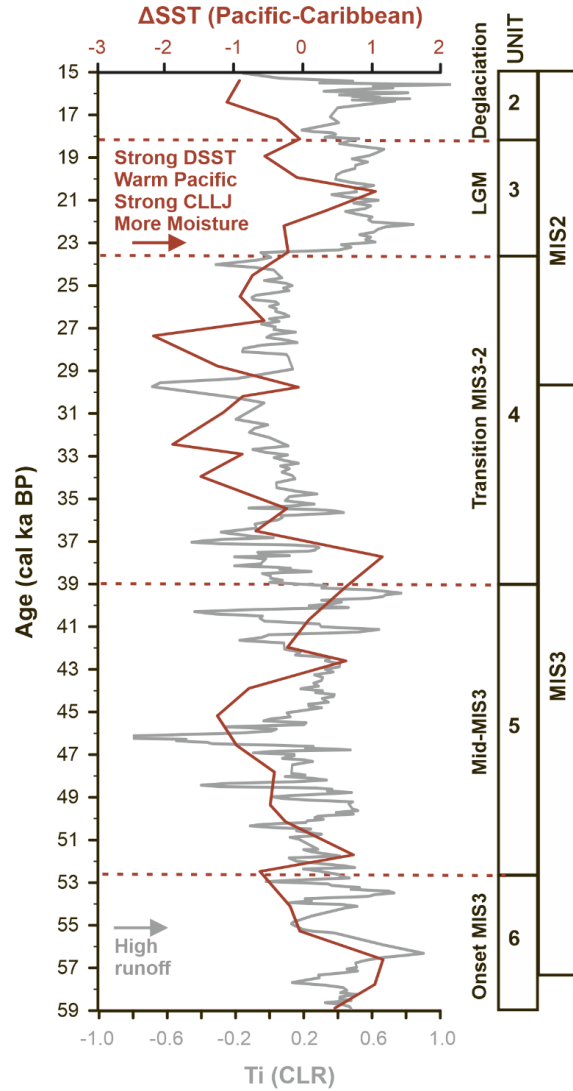
promote an enhanced northward heat transport, a lower cross-equatorial ΔSST and, consequently, wetter conditions in the tropical Northern Hemisphere (Fig. 7; Clark et al., 2001; Waelbroeck et al., 2018).

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Figure 6. Low-frequent co-variability between runoff (Ti) and changes in the intensity of the Caribbean Low-Level Jet (CLLJ). As a proxy for the CLLJ, we use the Pacific-Caribbean differences in sea surface temperature (ΔSST). A stronger ΔSST due to a cooling in the Caribbean and/or warming in the Pacific cause a stronger CLLJ with more precipitation and runoff at Lake Petén Itzá. Red line: ΔSST calculated by subtracting annual SST values from marine sediment record at Site MD02-2529 in the eastern Pacific (Costa Rica; Leduc et al., 2007) from values at ODP Site 999A located in the Caribbean (Schmidt et al., 2006). Site 999A SST data were obtained using Mg/Ca ratios of the planktonic foraminifera *Globigerinoides ruber*, whereas the MD02-2529 dataset is based on the $U^{K'}_{37}$. As both records contain different temporal resolution, we approximated the closest ages between both records and subtracted the available SST data. Grey line: Ti from Site PI-2 in Lake Petén Itzá (this study). Ti data were averaged using a LOESS smoothing function (factor=10). The different time periods discussed in the text, are linked to the stratigraphic units defined by Mueller et al. (2010).

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5.1.3 Transition MIS3-2 (39.3-23.5 cal ka BP): Great hydrological instability

The final stage of MIS3 and the beginning of MIS2 correspond to Unit 4. This unit is characterized by high variability in runoff and evaporation. The decrease in Ti (mean -0.3±0.3) indicates a decline in runoff. Moreover, variable but higher Ca/(Ti+Fe) ratios (mean 3.6±0.7) indicates an increase in evaporation relative to Unit 5 (Fig. 3). In addition, the carbonate content shows a trend similar to that of the Ti dataset. This coupling may suggest an input of detrital carbonate from the karstic bedrock in the catchment. Carbonate in lake sediments is commonly related to: 1) inorganic calcite precipitation and consequently to periods of high productivity and/or evaporation, and 2) high nutrients input promoting eutrophication, an increase in pH and, consequently, enhanced biogenic calcite formation (Megard, 1993; Dean, 1999). Mineralogical data display higher values of gypsum (mean 53.9±3.4%), suggesting drier conditions and hence lower chemical weathering in the catchment. High and stable values of the Mn/Fe ratio (mean -3.3±0.5) indicates oxic bottom waters within this unit, possibly associated with a decline in lake level and greater wind mixing. TOC/TN ratios rapidly increase to values >20, suggesting a relative decline in the contribution of aquatic organic matter input relative to that from terrestrial sources. After 32 cal ka BP, however, TOC/TN ratios decreased gradually to values of ~10, indicating a shift to again a dominance of aquatic organic matter. In addition, lower TOC values (mean 1.9%±1.0) in Unit 4 may suggest a low preservation of sedimentary organic matter as a result of its oxidation favored by the establishment of the epilimnion at the PI-2 site, the latter as result of the decline in lake levels.

Lower lake levels during the MIS3-2 transition were inferred previously using the Site PI-6 core (Cohuo et al., 2020; Pérez et al., 2021), from an increase in the relative abundance of the endemic ostracod *Paracythereis opesta*, a benthic species associated with shallow-water environments (<40 m depth) (Cohuo et al., 2017; Echeverría et al., 2019). In addition, Paillès et al. (2018) found abundant *Cyclotella petenensis* and *C. cassandrae* in deposits from that Unit in PI-6. These diatom species are characteristic of high-conductivity waters, which agrees with our interpretation. Lower water levels that enabled oxygenation of the water column is also supported by high δ^{13}C values measured in the ostracod *Lymnocythere opesta* at Site PI-6(Fig. 4; Escobar et al., 2012). The gradual decrease in runoff, associated with dry conditions at site PI-2, correlates with a decrease in magnetic susceptibly at Site PI-6 (Fig. 4). By other hand, the high proportions of terrestrial organic matter prior to 32 cal ka BP coincide with an increase in sedimentary δ^{13}C$_{TOC}$ values in the PI-6 record, which was interpreted to reflect a greater proportion of C$_4$ plants in the catchment, indicative of drier climate (Mays et al., 2017). The contribution of allochthonous organic matter may also have decreased because of the spread of C$_4$ savanna vegetation in the lake catchment, with high relative abundances of Cyperaceae and Poaceae (Fig. 4; Correa-Metrio et al., 2012).

Paleoclimatic conditions different from those around Lake Petén Itzá were inferred from lakes of central and northern Mexico, where a wetter climate and less saline conditions prevailed (e.g. Lake Babicora, Chávez-Lara et al., 2012; Lake Chalco, Caballero et al., 2019; Fig. 5). Additionally, in more northerly records from the Gulf of Mexico, a gradual reduction in humidity was also inferred for the time period when Unit 4 was deposited, using paleo-precipitation models (Donders et al., 2011). This inter-regional comparison of paleoclimate records indicates that the Petén region and northern Gulf of Mexico were dominated by dry conditions during the MIS3-2 transition. We suggest that during the transition (39.3-23.5 cal ka BP), the ITCZ was mainly located farther south, accounting for the lower precipitation and consequent reduction in runoff to Petén Itzá. The gradual trend towards drier conditions observed after 29 cal ka

BP, however, resembles the trend of reduced SST in the eastern Pacific that may have lessened the intensity of the CLLJ, resulting in decreased moisture transport to the Petén region. Therefore, it is possible that much of the runoff to Lake Petén Itzá depended on the position of the CLLJ during the transition.

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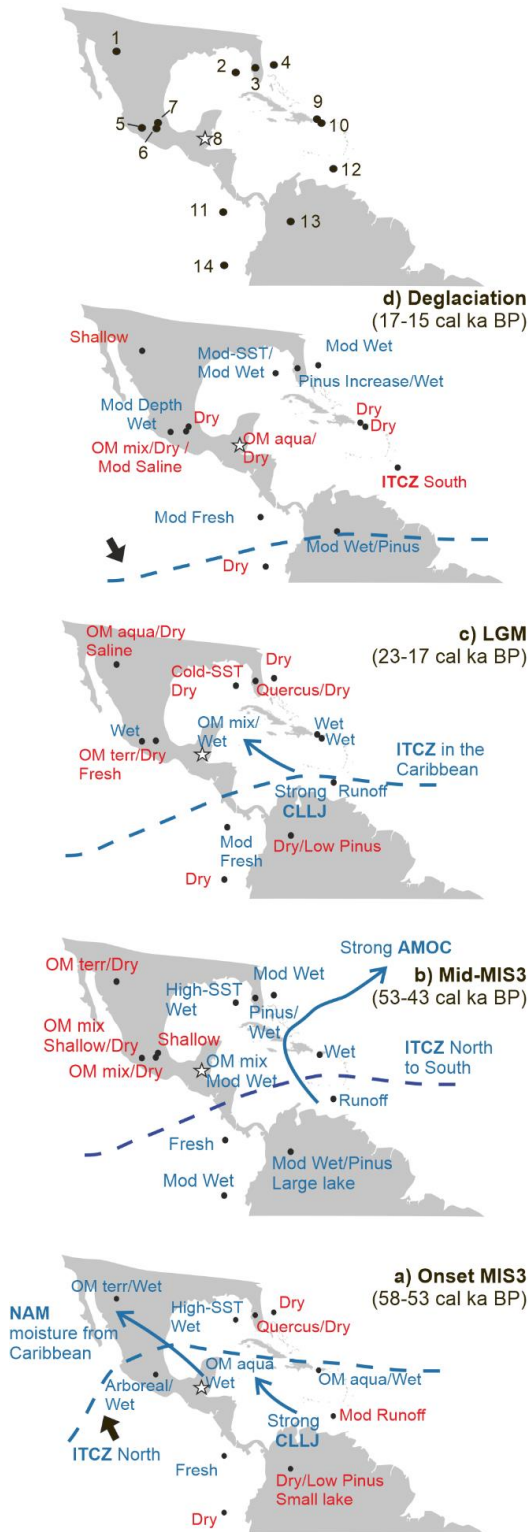
Figure 7. Maps showing regional paleoclimatie records and limnological/climate characteristics inferred for the (a) onset of MIS3, (b) mid-MIS3, (c) the Last Glacial Maximum (LGM) and (d) deglaciation. Blue refers to mainly humid conditions, whereas red indicates primarily dry conditions. Possible mechanisms providing moisture to the northern Neotropics are indicated. Abbreviations: OM aqua (aquatic organic matter), OM terr (terrestrial organic matter), OM mix (mixed organic matter), Mod (moderate), SST (sea surface temperature), AMOC (Atlantic Meridional Overturning Circulation), ITCZ (Intertropical Convergence Zone), CLLJ (Caribbean Low-Level Jet). Sites: 1) Lake Babicora (Roy et al., 2013), 2) marine record MD02-2575 (Ziegler et al., 2008), 3) Lake Tulane (Grimm et al., 2006), 4) Bahamian speleothem record AB-DC (Arienzo et al., 2017), 5) Lake Patzcuaro (Bradbury, 2000), 6) Lake Chalco (Martínez-Abarca et al., 2021b), 7) Lake Tecocomulco (Caballero et al., 1999), 8) Lake Petén Itzá (this study, marked with a star), 9) Blanchard Cave (Royer et al., 2017), 10) Larga Cave (Warken et al., 2020), 11) marine record MD02-2529 (Leduc et al., 2007), 12) Cariaco Basin record MD03-2621 (Deplazes et al., 2013), 13) Lake Fúquene (Groot et al., 2011), 14) marine record ODP Site 1239 (Rincón-Martínez et al., 2010).

5.1.4 Last Glacial Maximum (23.5-18.0 cal ka BP): A sudden large increase in runoff

The Last Glacial Maximum (LGM) corresponds to Unit 3, which was studied previously using sediments from Site PI-6 (Hodell et al., 2008; Bush et al., 2009; Pérez et al., 2011; Mays et al., 2017). Ti is highest in Unit 3 and varies between -0.6 and 1.1, showing an abrupt increase in humidity and runoff (Fig. 3). This is also supported by the increases in clay and quartz contents (means of 8.5±2.9% and 5.1±2.5%, respectively). Ca/(Ti+Fe) ratios were lowest in this unit (mean 1.9±0.5), indicating significantly reduced rates of evaporation (Fig. 3). TOC/TN ratios <10 suggest high sedimentation of aquatic-derived organic matter. Lower Mn/Fe ratios (mean -3.7±0.3) and generally higher TOC content (2.2±0.6%) suggest that the deep lake was characterized by persistent bottom water anoxia that facilitated the preservation of organic matter.

More humid conditions and higher lake levels during the deposition of Unit 3 were also inferred from sediments at Site PI-6. High magnetic susceptibility and density values suggest high detrital input (Fig. 4; Hodell et al., 2006, 2008), while more negative $\delta^{18}O$ and $\delta^{13}C$ values of ostracod shells indicate higher lake levels and establishment of an anoxic hypolimnion at Site PI-6 (Escobar et al., 2012; Pérez et al., 2013). Ostracod assemblage analysis revealed the presence of deep-water species (>40 m depth) such as *Cypria petenensis* (Pérez et al., 2021), while the presence of the diatom *Discotella gabinii* indicates low-conductivity and alkaline water during the LGM (Paillès et al., 2018).

Wet conditions during the LGM were also deduced from $\delta^{18}O$ values in speleothems from the Caribbean region, including those from Blanchard Cave, Guadaloupe (Royer et al., 2017), Larga Cave, Puerto Rico (Warken et al., 2020), Santo Tomas Cave, Cuba (Warken et al. 2019) and Juxtlahuaca Cave, Guerrero, southwest Mexico (Lachniet et al., 2014). In contrast, dry conditions were inferred from other paleoclimate records from central and northern Mexico (e.g. La Piscina de Yuriria [Davies, 1995]; Lake Patzcuaro [Bradbury, 2000]; Lake Babicora [Roy et al., 2013]; and Lake Chalco [Lozano-García et al., 2015]), the northern Gulf of Mexico (e.g. Lake Tulane, Florida [Grimm et al., 2006; Donders et al., 2011]), Colombia (Lake Fúquene, Groot et al., 2011, 2013; Vriend et al., 2012) and the East Equatorial Pacific ODP-1239 record (Rincón-Martínez et al., 2010) (Fig. 5). This is consistent with the multi-record analyses of Bradbury (1997) and Ramírez-Barahona and Eguiarte (2013), which showed dry conditions for western central Mexico and concomitantly wet conditions in eastern and southern Mexico. Our regional comparison using records from Mexico, the Gulf of Mexico, and the Caribbean indicates that the ITCZ may have been mainly positioned over Central America during the LGM (Fig. 7). It is also possible that the decrease in atmospheric temperatures reduced the amount of humidity that entered Mexico from the Caribbean (Hu and Dominguez, 2015). Previous studies showed that during the LGM, an analog to the negative phase of the El Niño Southern Oscillation (ENSO) persisted, which resulted in a weakening of the NAM, explaining the droughts in central and northern Mexico (Lachniet et al., 2013). The ΔSST suggest that water temperatures in the eastern Pacific were ~1 °C higher than those in the Caribbean during the LGM (Fig. 6), which may have promoted a more intense CLLJ and thus increased moisture transport to the Caribbean, including to the Petén region. This is consistent with estimates from fossil records (e.g. Trend-Staid and Prell, 2002; Kucera et al., 2005) and numerical simulations (e.g. Kitoh and Murakami, 2002; Otto-Bliesner et al., 2009).

5.1.5 Deglaciation (18.0-15.0 cal ka BP): Low runoff and enhanced evaporation

At the onset of Unit 2 (18.0-16.3 cal ka BP), a decrease in Ti to 0.1 and an increase in Ca/(Ti+Fe) ratios and gypsum content (averages of 3.3±1.4 and 78.2±32.8%, respectively) indicate a reduced runoff, drier conditions and an increase in evaporation, which would have resulted in lower lake level (Fig. 3). As in Unit 4, carbonate and Ti values are coupled, indicating that input of carbonates into the lake may depend partly on runoff and precipitation. This is consistent with ostracod-based inferences from Site PI-6 that indicate lower water levels and greater conductivity with a dominance of littoral ostracod species such as *Cypridopsis vidua*, *Heterocypris putei* and *Paracythereis opesta* (Díaz et al., 2017; Cohuo et al., 2018; Pérez et al., 2021). Likewise, high $\delta^{18}O$ values in ostracod shells and gypsum hydration water indicate high evaporation (Escobar et al., 2012; Hodell et al., 2012; Grauel et al., 2016). An estimated 56-m lake level decline was reported by Anselmetti et al. (2006) and Hodell et al. (2006), based on the occurrence of a paleo-shoreline in seismic profiles. Comparatively low TOC/TN ratios at Site PI-2 (mean 11.5±4.8) indicate a decrease in the relative contribution of organic matter from terrestrial sources. Furthermore, *n*-alkane distributions in the PI-6 record show a reduced loading of terrestrial plant material between 18 and 16 cal ka BP (Mays et al., 2017). This may be explained dy the predominance of grassland in the vicinity of the lake (Fig. 4; Bush et al., 2009), which may have contributed little to the sedimentary organic matter.

Dry climate conditions such as at Petén Itzá were deduced from lake sediments in lakes of central Mexico and the Caribbean (Bradbury, 2000; Lozano-García et al., 2015; Royer et al., 2017; Caballero et al., 2019; Martínez-Abarca et al., 2019; Warken et al., 2020), whereas records from the northern Gulf of Mexico suggest wet conditions that originated from extra-tropical fronts that moved south during the early phase of deglaciation (Ziegler et al., 2008; Donders et al., 2011; Roy et al., 2013; Arienzo et al., 2017). This can be explained by the latitudinal migration of the ITCZ to the south after the LGM and the collapse of the AMOC during HS1, which promoted dry environments throughout Central Mexico and the Caribbean (Fig. 7).

Unit 2 terminates with a sudden increase in Ti (up to 0.8) between 16.3 and 15.0 cal ka BP, indicating an increase in precipitation and runoff. A decrease in Ca/(Ti+Fe) (up to -0.1) suggests evaporation remained low, and low TOC/TN ratios (<10.9) indicate a predominance of aquatic organic matter. Although dry conditions may have prevailed at the beginning of the deglaciation corresponding to the first stage of HS1, the second part (17-15 cal ka BP) was characterized by an increase in runoff and precipitation (Hodell et al., 2012; Pérez et al., 2013). This may have been linked to a slight AMOC recovery that preceded the second stage of HS1, indicated by lower values of $\delta^{18}O$ foraminifera tests in the North Atlantic (McManus et al. 2004).

5.2 Millennial-scale climate variability

Whereas long-term transient climate changes have been inferred from multiple records in the region, our high-resolution geochemical records from Site PI-2 also reveal short-term variations, including abrupt shifts in hydrological proxies between 59 and 15 cal ka BP, similar to those observed in the GICC05 ice-core record from Greenland (Svensson et al., 2008). Low Ca/(Ti+Fe) ratios are associated with high Ti during GI. This suggests wet conditions and enhanced runoff. Maxima of Ca/(Ti+Fe) and increased gypsum content at Site PI-2 are largely contemporaneous

with increases in the *L reflectance values in marine core MD03-2621 from the Cariaco Basin, offshore Venezuela (Fig. 8), particularly during GS11-2 (Peterson et al., 2000; Deplazes et al., 2013). Transport of moisture to the Petén region between 42 and 24 cal ka BP seems to have been dominated by changes in SSTs between the eastern Pacific and the Caribbean, and in turn, by the intensity of the CLLJ. However, variability in runoff and evaporation, suggested by our Ca/(Ti+Fe) ratios during GS11-2 and in the Cariaco L* reflectance record, may have been largely influenced by millennial-scale changes in the position of the ITCZ.

Maxima in Ca/(Ti+Fe) and hence more humid conditions are more frequent during GS11-2. Consequently, the intensity of evaporation (dry conditions) was more pronounced between 42 and 32 cal ka BP, suggesting that the Lake Petén Itzá basin was more susceptible to changes in precipitation, evaporation and drainage during the middle and end of MIS3. No apparent increases in Ca/(Ti+Fe) were observed during GS14-12. However, the Petén Itzá chronology has a ±2 kyr uncertainty for ages >45 cal ka BP and we therefore cannot exclude the possibility that the Ca/(Ti+Fe) increases at 48.4, 46.2 and 43.8 cal ka BP correspond to low values of *L reflectance in the Cariaco Basin record at 49.3 (GS14), 48.1 (GS13) and 43.7 (GS12) cal ka BP, respectively.

The high resolution of the geochemical data, together with the high sedimentation rates at Site PI-2 compared to PI-6, enabled us to study the impact of several GS on the northern Neotropics (Fig. 8). GS 11 and 10 show a gradual increase in evaporation over ~1200 years, followed by a rapid decrease over ~400 years. On the contrary, GS9-6 started with a rapid increase in evaporation over ~500 years that was followed by a gradual reduction in evaporation over ~1200 years. This difference may likely be explained by changes in the intensity of the CLLJ. During GS 11 and 10, the CLLJ was stronger and provided more moisture to the region (Fig. 6). Consequently, millennial scale oscillations in the position of the ITCZ and particularly its displacement to the south were possibly muted by the CLLJ. With respect to GS9-6, the intensity of the CLLJ and its capacity to transport moisture decreased, so any millennial-scale change in the ITCZ produced abrupt changes in lake evaporation and catchment runoff. Ca/(Ti+Fe) maxima associated with GS5-3 are less pronounced, which may have been a consequence of a weaker CLLJ during the onset of MIS2 as high values of ΔSST between the Caribbean and Eastern Pacific reveal between 34 and 24 cal ka BP. Evidence of GS2 is missing and may be linked to the onset of the LGM which was characterized by high humidity in Petén (see section 5.1.4) and may have suppressed the GS2 signal in the sediment record.

The response to GI and GS in Lake Petén Itzá has been studied in sediments from Site PI-6. For example, Correa-Metrio et al. (2012) provided a high-resolution record of pollen and carbonized material (~200 year-resolution), which revealed an increase in forest fires in this region during GS. This is consistent with high evaporation in response to dry conditions in the northern Neotropics. The latter is more apparent for GS13, GS9 and GS5, whose presence in our record is synchronous with the North Atlantic IRD deposits associated with HS5-3, respectively. The enhanced Ca/(Ti+Fe) ratios during GS13, GS9 and GS5 in Lake Petén Itzá may have been a response to dry conditions that dominated during HS. In addition, higher abundances of gypsum were found during GS13 and GS9, suggesting high evaporation of lake water (Fig. 8). Similar increases in Ca/(Ti+Fe) and gypsum content are observed during GS8, GS7, GS5, GS4 and GS3. We did not notice an increase in gypsum content during GS11, GS10 and GS6, which may be

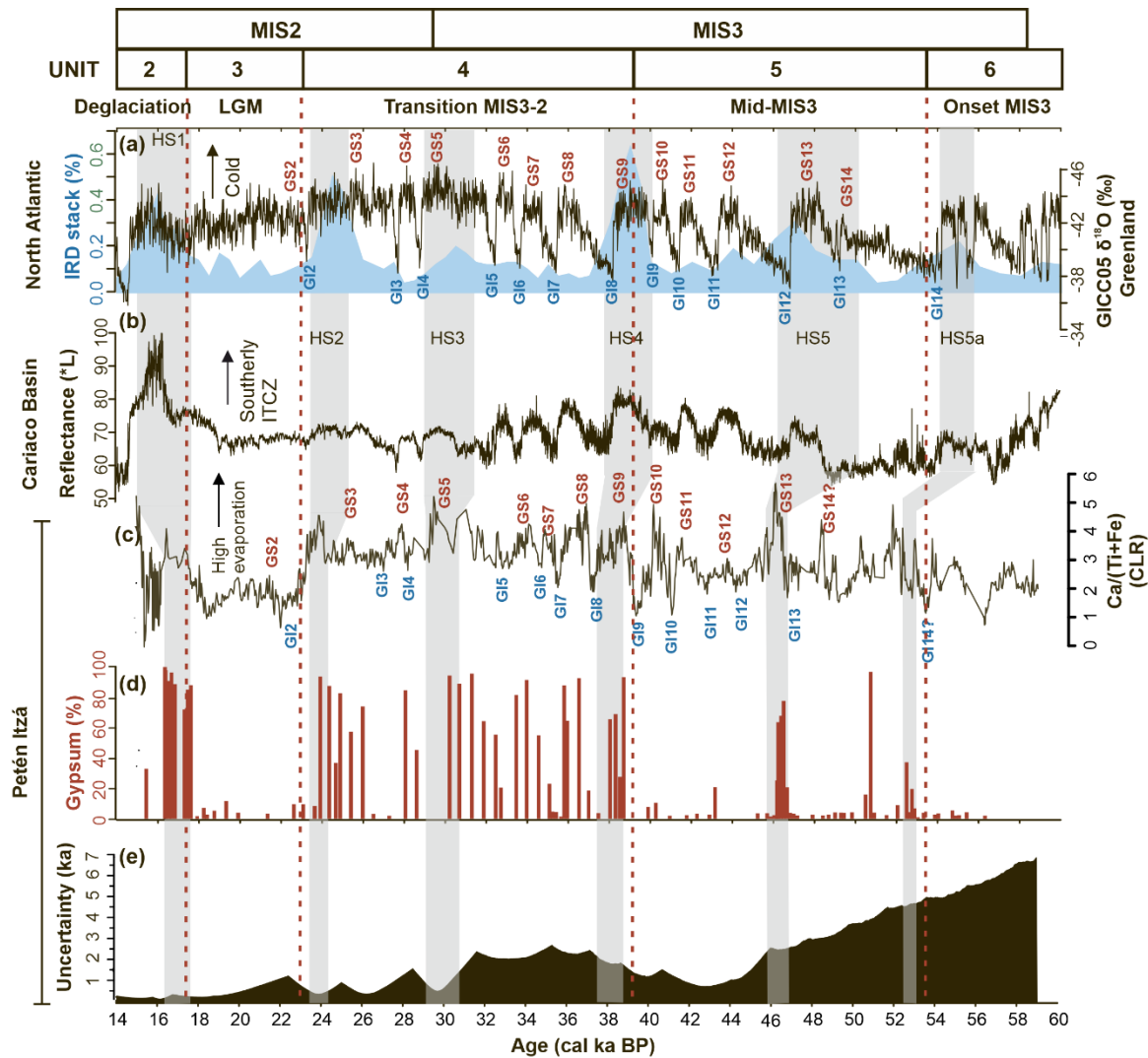
related to the low sampling resolution in this interval. The higher Ca/(Ti+Fe) ratios, however, points to an increase in evaporation.

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Figure 8. Temporal variation of climate proxies in the Petén Itzá PI-2 sediment record compared to other paleoclimate records covering the time span from 60 to 14 cal ka BP. a) North Atlantic ice rafted debris (IRD) stack derived from 15 individual sediment cores (Lisiecki and Stern, 2016). Oxygen isotopes ($\delta^{18}O$) from the GICC05 ice core from Greenland (Svensson et al., 2008). More negative values represent colder intervals used to define Greenland Stadials (GS), more positive values represent warmer periods

590 corresponding to Greenland Interstadials (GI). b) Reflectance L* from Cariaco Basin sediments, reported by Deplazes et al. (2013).Higher values indicate a southward migration of the Intertropical Convergence Zone (ITCZ). c) Ca/(Ti+Fe) ratios , d) gypsum content. e) Uncertainty of the age-depth model. Gray shaded areas represent HS.

The new age-depth model established here shows that gypsum sand layers were deposited during cold stages HS4-1, in agreement with results by Hodell et al. (2008), Mueller et al. (2010) and Escobar et al. (2012) and with the HS chronology from multiple glaciomarine records across the North Atlantic (Labeyrie et al., 1995; Jullien et al., 2006, 2007; Hodell et al., 2010; Appendix D). With regard to the age uncertainty, HS5 is likely found between GI13 and 12 (49.3-46 cal ka BP), also corresponding to a period characterized by gypsum deposition. Lake Petén Itzá sediments associated with HS5-1 show Ti below average for the entire sequence, revealing high evaporation and low runoff, associated with dry conditions during their deposition.

Similarities between records from Sites PI-6 and PI-2 confirm the overall suitability of Lake Petén Itzá sediments as hydroclimate archive. Ostracod data, for example, suggest that HS3-1 were characterized by high lake-water conductivity, associated with an increase in evaporation and a reduction in runoff (Cohuo et al., 2018; Pérez et al., 2021). In addition, pollen records show the establishment of savanna vegetation, associated with dry conditions and a drop-in MAAT of up to 6°C (Correa-Metrio et al., 2012; Hodell et al., 2012). Moreover, $\delta^{13}C$ and $\delta^{18}O$ values in ostracods indicate a lake level lowering such that Site PI-6 was in such shallow waters that the overlying water column did not stratify thermally (Escobar et al., 2012). This is in agreement with paleoclimate records from the Eastern Equatorial Pacific, the Caribbean and Central Mexico (Leduc et al., 2007; Arienzo et al., 2015, 2017; Medina-Elizalde et al., 2017; Hodell et al., 2017; Caballero et al., 2019), which suggests that HS4-1 were generally dry and cold. The dry response in Lake Petén Itzá during HS correlates with the globally recognized "Tropical Hydroclimatic Events (THEs)", during which extreme regional anomalies in rainfall occurred (Bradley and Díaz, 2021). The dominance of dry conditions in the Caribbean region during THEs was favored by meltwater input to the North Atlantic that, in turn, reduced the AMOC. As a result, the mean position of the ITCZ moved approximately 1° to the south, promoting droughts not only in the northern Neotropics but also in Africa and the Arabian Peninsula (Tjallingii et al., 2008; Zarriess et al., 2011).

A key finding of our high-resolution record is confirmation of the abruptness of millennial-scale hydroclimate shifts, which enabled us to link them to AMOC shifts, rather than to gradual longer-term changes caused by orbital forcing, which underlie the short-term, abrupt climate excursions. The spatio-temporal paleoclimate changes (Fig. 7) identified from various records across the Neotropics imply that the causes of transient vs. rapid shifts in the region are more complex than mere latitudinal shifts in the ITCZ in response to AMOC. In particular, meridional inter-basin changes in the SST gradient between the Pacific and Atlantic appear to have influenced shifts in the strength and location of deep convection linked to the CLLJ that steered moisture into some parts of the Neotropics, while other areas were dry. Our results are conceptually consistent with findings from recent climate modelling of the SE-Asian monsoon region during the late glacial, which show that regional changes in atmospheric deep convection in response to SST changes can cause strong regional hydroclimate contrasts linked to meridional shifts in low pressure centers, rather than only latitudinal shifts in the position of the ITCZ (Hällberg et al. 2022).

6 Conclusions

We used the sediment record from Site PI-2 in Lake Petén Itzá to infer changes in runoff, evaporation intensity, organic matter provenance and redox conditions during MIS3-2 (59-15 cal ka BP). The onset and middle of MIS3 (59-39.2 cal ka BP) was characterized by periods of high precipitation and runoff into Lake Petén Itzá. At that time, lake levels were high, the lake was highly productive and bottom water anoxia persisted. The MIS3-2 transition (39-24 cal ka BP) was characterized by a gradual decline in runoff and an increase in evaporation but it was accompanied by high climate variability indicative of regional climate instability. This regime shift was accompanied by input of mixed aquatic and terrestrial organic matter and more oxygenated bottom waters, related to lower lake levels towards the end of MIS3. MIS2 was a dry period with low runoff, except for the LGM, during which wet conditions prevailed. During the LGM, lake sediments received greater inputs of aquatic organic matter, and the lake hypolimnion was persistently anoxic, presumably associated with deep-water conditions.

Both GS and GI were detected in the sediment record at Site PI-2. Compared to previous studies, the record from Site PI-2 provides greater temporal resolution and demonstrates that GS 9, 8, 7 and 6 began with abrupt increases in evaporation and ended with gradual increases in humidity, whereas GS 11 and 10 showed the reverse pattern. This can be explained by the lack of moisture transported by the CLLJ during GS9-6, which made the local climate susceptible to changes in the latitudinal position of the ITCZ. The high resolution of the PI-2 record highlights the abruptness of climate shifts, which are tied to abrupt shifts in the strength of AMOC.

Comparison of our climate proxy records with other terrestrial and marine paleoclimate data from the northern Neotropics, the Caribbean, Florida, and northern Mexico indicates that variability in precipitation and in turn, runoff, during MIS3-2, was strongly influenced by latitudinal shifts in position of the ITCZ in response to changes in the strength of the AMOC. Changes in the intensity of the CLLJ and the transport of moisture by the NAM to northern Mexico also influenced fluctuations in runoff. Short-term changes in Ti and Ca/(Ti+Fe) indicate that latitudinal ITCZ variations during MIS3-2 modified runoff on short (millennial) timescales in response to AMOC shifts, whereas the CLLJ, whose strength/weakening depends on the ΔSST between the Pacific and the Caribbean, among other factors such as the extension of the NASH and the interaction with the ITZC, additionally influenced the ingress of moisture into the region on longer time scales. While our study suggests the importance of inter-basin SST differences in defining regional moisture changes via the strength of the CLLJ on longer timescales, in addition to shifts in the ITCZ, more records and additional modelling studies are required to disentangle the importance of interhemispheric changes (ITCZ) and inter-basin changes (CLLJ) on different timescales.

Author contribution

All of the authors listed made substantial contributions to the manuscript. RMA, AS, LP and TB directed the research and participated in drafting the manuscript; DH, MB, JC, DA, and FA led the Petén Itzá Scientific Drilling Project. Material used for radiocarbon dating that was obtained by TG. MA, PH, DH and SK reviewed the data; MB, DH, SC, LMG, MS, JC, FA, DA, TG, ACM and FS contributed to the interpretation and discussion of the manuscript.

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