Quality Assessment of Meta-Analyses on Soil Organic Carbon

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Abstract. Soil organic carbon (SOC) plays a vital role in the global carbon cycle and is a potential sink for carbon dioxide. Agricultural management practices can support carbon sequestration and therefore offer potential removal strategies, whilst improving overall soil quality. Meta-analysis allows to summarize results from primary articles by calculating an overall effect size and to reveal the source of variation across studies. The number of meta-analyses published in the field of agriculture is continuously rising. At the same time, more and more articles refer to their synthesis work as a meta-analysis, despite applying less than rigorous methodologies. As a result, poor quality meta-analyses are published, which may lead to questionable conclusions and recommendations to scientists, policymakers and farmers.

This study aims at quantitatively analyzing 31 meta-analyses, published between the years 2005-2020, studying the effects of different management practices on SOC. We compiled a quality criteria-set, suitable for soil and agricultural sciences, by adapting existing meta-analytical guidelines from other disciplines. The set is supported by a scoring scheme, which allows a quantitative analysis. The retrieved meta-analyses were structured according to 11 management categories, such as tillage, cover crops, crop residue management, biochar application etc., which allowed us to assess the state-of-knowledge on these categories. Major deficiencies were found in the use of standard metrics for effect size calculation, independence of effect sizes, standard deviation extraction for each study and study weighting by the inverse of variance. Only one out of 31 SOC meta-analyses, which studied the effects of no-till/reduced tillage compared to conventional tillage, was found to be of high quality. Therefore, improved meta-analyses on the effects of e.g., organic agriculture, biochar, fertilization or crop diversification on SOC are urgently needed.

We conclude that, despite the efforts over the last 15 years, the quality of meta-analyses on SOC research is still low. In order for the scientific community to provide high quality synthesis work and to make advancements in the sustainable management of agricultural soils, we need to adapt rigorous methodologies of meta-analysis as quickly as possible.

Keywords: effect size, soil management, synthesis, tillage, treatment effect, weighting

1. Introduction

1.1. Meta-analysis as a method and application in different disciplines

Meta-analysis was first defined by Glass as "the statistical analysis of a large collection of results for the purpose of integrating these findings" (1976, p.3). A newer, more precise definition by Koricheva and Gurevitch (2013) describes it as "a set of statistical methods for combining the magnitude of the outcomes (effect sizes) across different data sets addressing the same research question". It supports the structuring of the increasing amount of information (Koricheva and Gurevitch, 2014), which researchers of all fields face, and offers tools to process information with increased precision and reliability (Cooper et al., 2019b; Nakagawa and Cuthill, 2007).

Meta-analysis was developed to facilitate quantitative evidence synthesis in medical, social, and behavioral sciences (Gurevitch et al., 2018; Hedges et al., 1999). The method was first applied in ecology and evolutionary biology about 30 years ago, at a time where a need for quantitative assessment of urgent issues such as climate change or biodiversity losses arose. Since then, meta-analysis has developed within the field of ecology, establishing centers and collaborations for research synthesis (Gurevitch et al., 2018). The results of these contributions frequently provide relevant stakeholders and decision-makers with evidence-based information (Stewart, 2010).

In agricultural research, meta-analysis has only attracted a broader interest in the last decade (Fig. 1). Particularly, the use of meta-analysis as a tool to investigate the effects of agricultural management practices on relevant response variables, such as yield or soil physical or chemical parameters, is becoming increasingly prominent (Haddaway et al., 2017; Bai et al., 2019; Li et al., 2020). As these developments are rather recent, the knowledge on appropriate meta-analytical methodology is still finding its place in the research community.

Because of their close relationship, many methodological approaches of meta-analyses in ecology are also transferable to the field of agriculture and soil sciences. For instance, when comparing several agricultural studies, looking at a specific treatment effect compared to a control, contradictory outcomes are sometimes reported. By including the results of all studies and calculating a summary treatment effect, meta-analysis allows us to combine the available knowledge, regardless of the outcome, and calculate one number, which tells us about the overall estimated effect, thereby overcoming conflicting evidence. Therefore, combining results across several sites or assessing the impacts of environmental drivers, as climate change, are tasks that are processable by meta-analysis (Koricheva and Gurevitch, 2014). Nevertheless, research on agriculture and soil encounters issues, which are often specific to these fields. First, changes in soil, like soil organic carbon (SOC), are often slower and more difficult to detect (due to small sample size and spatial variability within-site and between-sites) (Mäkipää et al., 2008) compared to other physiological and biogeochemical changes; e.g., changes in plant tissue. Moreover, changes in SOC due to management practices have different responses depending on soil depths that need to be considered when summarizing results across studies. Agricultural systems are very complex, as not only pedoclimatic conditions influence soil, but also agricultural management practices impact variables of interest. Especially the mix or combination of practices, e.g. tillage plus crop residue retention, makes it difficult to distinguish between sources of effects (Xiao et al., 2021). Therefore, it is crucial to define not only the treatment but also the control of the experiments precisely to allow computation of heterogeneity. Lastly, when it comes to soil parameters and indicators, several methods are available for computation, which may cause difficulties in comparing outcomes. A good example is bulk density, which can be measured in a field experiment or estimated using pedotransfer functions in order to compute SOC stocks from concentrations. The potential uncertainty which arises by applying a pedotransfer function

73 developed in a particular area, and which is then applied on different sites (Schillaci et al., 2021) can diminish the

74 precision of final results.

75

1.2. Available guidelines and their applicability

77 So far, there are no collaborations or guidelines for publishing systematic reviews or meta-analyses on agricultural or soil

78 issues. In contrast, healthcare (The Cochrane Collaboration) and social sciences (The Campbell Collaboration) established

79 such collaborative networks to develop high quality reviews already in the 1990s (Gurevitch et al., 2018; Collaboration for

80 Environmental Evidence, 2018). These collaborations are focusing on specific disciplines and some of their tools, as

81 trainings or the Cochrane Handbook for Systematic Reviews of Interventions, are partly applicable for agricultural and

82 soil research (Table S1). Moreover, there are other voluntary guidelines available, which aim to support researchers in

83 e.g., reporting or producing meta-analyses. Checklists for evaluating social science research synthesis (Cooper et al.,

84 2019a) or evidence-based minimum item sets for reporting in systematic reviews and meta-analysis as PRISMA (Page et

85 al., 2021) support synthesis consumers and authors. PRISMA-EcoEvo is a PRISMA extension for syntheses in ecology

86 and evolutionary biology, which can be used for reporting, planning, registration and reviewing (O'Dea et al., 2021).

87 Moreover, for meta-analyses in ecology, a checklist of quality criteria is available (Koricheva and Gurevitch, 2014). The

88 Collaboration for Environmental Evidence (CEE) provides guidelines and standards for evidence synthesis in

89 environmental management, which can be used for conducting, commissioning or using the findings of systematic reviews

90 and systematic maps in environmental management. Further, reporting standards (ROSES), a checklist for appraisal of

91 confidence of evidence reviews (CEESAT) and free-to-access online training courses are offered by CEE. The

92 collaboration even brought forth "Environmental Evidence", a journal facilitating the publication of evidence synthesis in

93 environmental management (https://environmentalevidencejournal.biomedcentral.com/). Lastly, reviews by Philibert et al.

94 (2012), Beillouin et al. (2019) and Krupnik et al. (2019) assessed the quality of agronomic meta-analyses or compared

95 different meta-analytical methods with the help of quality criteria. However, they are formulated rather generally.

96   Although all these guidelines are available, they each use different criteria which are sometimes not reported

97 exhaustively (Koricheva and Gurevitch, 2014), making it difficult to apply them interdisciplinarily (Nakagawa and

98 Cuthill, 2007; Lortie et al., 2015), as for the quality assessment of meta-analyses in agricultural and soil sciences.

99 Additionally, as mentioned above, soil and agricultural scientists encounter specific issues different to ecology or

100 medicine, when aiming to synthesize research outcomes meta-analytically. The guidelines and standards for evidence

101 synthesis in environmental management and the CEESAT checklist by CEE clearly benefit scientists and other consumers

102 of soil and agricultural meta-analyses, but do mainly focus on systematic reviews and maps and contain elements not

103 mandatory in meta-analysis, e.g. registration, gathering a maximum of available relevant literature or performing critical

104 appraisal. Moreover, the guideline is exhaustive and requires inexperienced readers time and effort to understand. Many,

105 who are not aiming to become experts in the method themselves, might not be able to find the time for such an elaborate

106 reading.

107

1.3. Why we need meta-analytical guidelines in agricultural and soil research

109 The contribution of agriculture to the global anthropogenic greenhouse gas (GHG) emissions (Tubiello et al., 2015) and

110 the possibilities of sequestering carbon through improved soil management in the form of SOC (Smith, 2012; Paustian et

al., 2016; Smith et al., 2005) are topics that have occupied soil and agricultural researchers over the last decades. Since 2000, the number of articles published on SOC has increased yearly (Fig. 1), due to climate change pushing the scientific community to search for mitigation and adaption opportunities in numerous ways, such as through agronomic practices. Carbon sequestration in soils has gained increased resonance on the EU political agenda (EU Green Deal, Farm to Fork Strategy, EU Soil Strategy for 2030) - especially since the launch of "4 per mille initiative - Soils for Food Security and Climate" at COP21, and the publication of the global potentials of this initiative (Minasny et al., 2017).

Simultaneously, the number of meta-analyses published in the field of agriculture is continuously rising. We searched the Web of Science Core Collection for all available entries on "meta-analysis AND agriculture" since the year 2000 (Fig. 1, search conducted January 13th, 2022). Between 2000 and 2010, there was little change in the number of meta-analyses published; a steady rise can only be seen since 2010. The increasing amount of available information, not only in agriculture and SOC research but across all scientific fields, is creating the need to synthesize data into a form which is easier to comprehend and allows the detection of overarching patterns (Culina et al., 2018). Unfortunately, as a consequence of the rising popularity of this method, more and more publications refer to their synthesis work as meta-analyses, despite applying less than rigorous methodologies. Many times, the term is misapplied to publications synthesizing information of primary studies, regardless of the methodologies used (Gurevitch et al., 2018). In fact, only studies using well-established statistical procedures - most importantly suitable effect-size calculation, correct study weighting by the inverse of variance, analysis of possible heterogeneity and appropriate statistical models which account for the structure of the meta-analytical data - should use the term "meta-analysis" to describe their synthesis method (Vetter et al., 2013; Gurevitch et al., 2018). When applying "non-standard metrics", which is using other methods than effect size as defined by Borenstein et al. (2009) to quantitatively synthesize primary studies, articles should not be called a "meta-analysis" or claim that "effect sizes" were calculated, as these terms are specific to the meta-analytical methodology (Borenstein et al., 2009; Koricheva and Gurevitch, 2014; Cooper et al., 2019c). It is important to promote this clear definition to allow the distinction between a "true" meta-analysis and other forms of synthesis work as e.g., correlation analyses or analyses through machine learning.

The previously mentioned reviews by Philibert et al. (2012) and Krupnik et al. (2019), who analyzed the quality of meta-analyses in agronomy, found that the overall quality of meta-analyses in this field is low. Philibert et al. (2012) concluded that more than half of the publications in the searched databases mentioned meta-analyses as a method but did not carry the method out. Further issues regarding effect size metrics, weighting, and heterogeneity analysis were found. The more recent review by Krupnik et al. (2019), which analyzed meta-analyses studying the effects of conservation and organic agriculture on yield, also reported lacks in heterogeneity testing and weighting. Similarly, Beillouin et al. (2019), who studied meta-analyses on crop diversification, found issues on weighting, sensitivity analysis and database presentation. These results imply that the methodology applied in agronomical meta-analyses is variable and often not done according to standard metrics. The authors of the reviews concluded that there is a need for improvement of meta-analyses in agronomy.

Finally, it is a misconception that a high number of citations always equals quality (Aksnes et al., 2019; Leydesdorff et al., 2016). Koricheva and Gurevitch (2014) found that even in high-impact journals, cases of incorrect usage of the term "meta-analysis" can be encountered. This suggests that not only authors but also peer reviewers and journal editors do occasionally misunderstand the rules under which a meta-analysis must be conducted. O'Leary et al. (2016) analyzed the

149 effects of journal impact factor on review quality and concluded that a high impact factor does not guarantee high quality

150 of reviews and therefore did not recommended to use impact factor as a proxy for review quality.

151   All this provides reason to assume that core criteria, necessary in conducting meta-analyses, are not clear to many

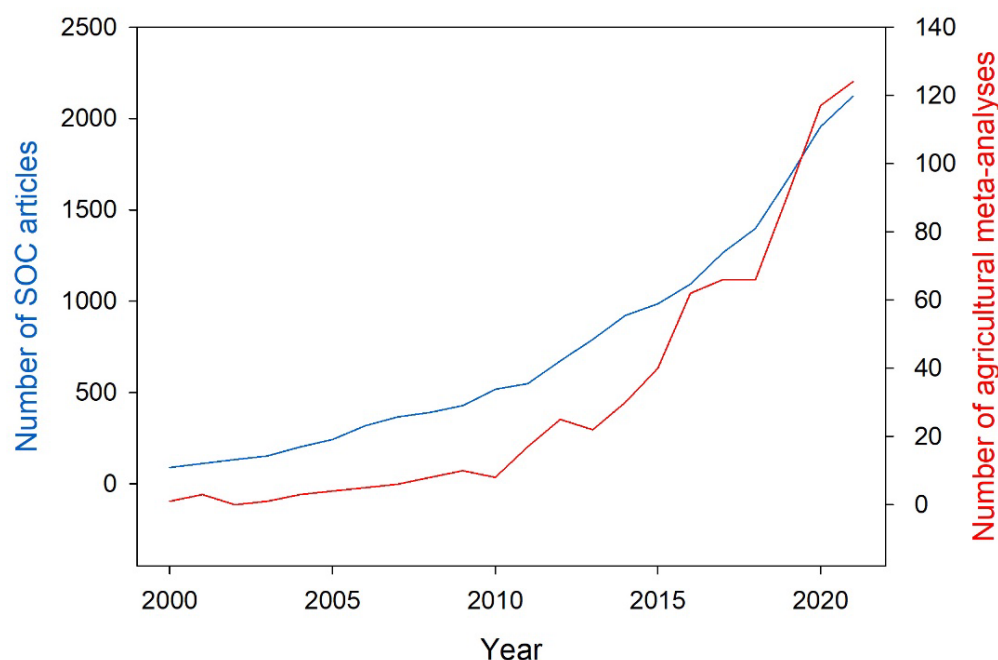
152 researchers in the field of agricultural and soil sciences. As a result, poor quality meta-analyses are published, which

153 might report questionable conclusions and recommendations to other scientists, policymakers and farmers. Moreover, the

154 interest in SOC sequestration and subsequent increase in related publications raises the question whether there are meta-

155 analyses synthesising this knowledge. If so, does their quality show similar trends to agricultural meta-analyses reviewed

156 in the past by Philibert et al. (2012), Beillouin et al. (2019) and Krupnik et al. (2019)?

157

158 **Figure 1: Number of meta-analyses in agriculture and primary research articles on soil organic published between 1 January**

159 **2000 and 31 December 2021** (search conducted on the 13 January 2022 on Web of Science Core Collection, searched in "Topic",

160 results taken from WoS "Analyse Results" tool; Boolean search string for MA in agriculture: meta-analysis AND agriculture, carbon;

161 Boolean search string for articles on SOC: "soil organic carbon")

162 **1.4. Objectives**

163 This study aims to quantitatively analyze 31 meta-analyses, studying the effects of different management practices on

164 SOC, relevant for European cropland, published between the years 2005-2020. We compiled a quality criteria-set suitable

165 for soil and agricultural sciences by adapting existing meta-analytical guidelines from other disciplines. The set is

166 supported by a scoring scheme, which allows a quantitative analysis. A subsequent evaluation of the management

167 practices studied in these SOC meta-analyses gives information on which agricultural operations require more or

168 improved research. Finally, the aim was to demonstrate how to conduct a quick assessment of meta-analyses relevant for

169 decision making. We chose a chapter of the IPCC "Special Report - Climate Change and Land" (Jia et al., 2019) and

170 analyzed the quality of cited meta-analyses by using the most critical criteria of the compiled criteria-set.

171

172 **2. Material and methods**

2.1. Quality criteria-set

The quality criteria-set is based on the previous work of many experienced researchers with expert knowledge on meta-analysis (Table S1). The "Checklist of quality criteria for meta-analysis for research synthesis, peer reviewers and editors" by Koricheva and Gurevitch (2014) was used as a basis for the composition of the 17 quality criteria (Table 1). Their checklist is also built upon the previous efforts of other scientists who established quality criteria-sets in the fields of ecology, environmental management, conservation biology and agronomy. Other literature such as, "Introduction to Meta-Analysis" by Borenstein et al. (2009), "Handbook to Meta-analysis in Ecology and Evolution" by Koricheva, Gurevitch and Mengersen (2013), and "Handbook of Research Synthesis and Meta-Analysis" by Cooper, Hedges and Valentine (2019c) further supported the criteria construction and acted as sources for in depth explanation of those criteria, providing the reader with additional information (Table S2).

The 17 quality criteria were structured according to three groups: "Literature Search and Inclusion / Exclusion Criteria", "Meta-analysis", and "Results and Database Presentation". Additionally, a further division of the "quality criteria" into "sub-criteria" was conducted to provide a more detailed guidance. Each quality criterium or - if available - sub-criterium, was specified with the help of the column "Is criterium applied in meta-analysis (to which extent)", which offers the reader possible options, based on the availability of data or items within the analyzed meta-analysis. Each option ends with a numerical "Score", which indicates its quality. All individual scores can be summarized into a total score with a maximum of 30; the higher the total score, the better the overall quality of the meta-analysis. Furthermore, the quality- and sub-criteria were specified in the column "Description" to provide the reader with more detailed information. The final column offers references of relevant literature, supporting the authors' decisions on criteria formulation and scoring. In the supplementary material (Table S2) an extended version of this column can be found, where direct quotes of cited experts are provided.

Of these 17 quality criteria, we defined three as so called "cut-off" criteria (criteria 6-8 in Table 1), namely "Effect size", "Standard deviation extracted (or computed from statistics)" and "Studies weighted by 1/variance". When these criteria are not fulfilled by a meta-analysis, the most essential and relevant steps in this specific synthesis method are not met. These "cut-off" criteria aim to help consumers of soil and agricultural meta-analyses to identify the defining elements of the article and judge whether it is a "true" meta-analysis or not. As we wanted to highlight criterium eight "Studies weighted by 1/variance" and credit meta-analyses which did weight all studies correctly, we attributed a maximum obtainable score of four to this criterium.

Table 1: Quality criteria-set for meta-analyses in agricultural and soil research.

Group	Quality criteria	Sub-criteria	Is criterion applied in Meta-analysis (and to which extent)	Score	Description
Literature search and inclusion / exclusion criteria	1. Literature search	Published literature extracted from	> 4 databases	3	Several databases should be used for extracting published literature to reduce the risk of selection bias
			between 2 and 4 databases	2	
			1 database	1	
			not reported	0	
		Grey literature (unpublished reports and experiments, project reports etc.) included	yes	1	Grey literature maximizes comprehensiveness and reduces risk of bias. Whether conducting a grey literature research is necessary or not is dependent on the meta-analysis itself and needs to be assessed by the authors
			no	0	
		Keywords/search string reported	yes	1	The search string(s) used to retrieve literature from different databases should be stated
			no	0	
	2. Authors checked the reference lists of other existing meta-analyses and reviews for available literature		yes	1	Ensures the inclusion of more relevant articles, as occasionally, keyword searching in databases does not provide results for all available literature
			no	0	
	3. Inclusion and exclusion criteria reported		yes	1	Inclusion and exclusion criteria should be clearly described and decisions for exclusion of studies should be transparent
			no	0	
	4. Control (C) and treatment (T) described		yes	1	Inclusion of studies on the same research topic and avoiding mixing "apples and oranges". The controls of included studies should be comparable to allow the correct computation of the treatment and moderator effect
			no	0	
	5. Moderators and their ranges or groups described		yes	1	Defining moderators is essential to evaluate the source of variation across studies. Their ranges or groups are important to indicate the limits within which moderators were studied
			no	0	
		ln(R) (log response ratio)		2	Easily interpretable by back-transformation of ln(R) to a percentage change from the control $\ln(R) = \ln(\bar{X}_1) - \ln(\bar{X}_2)$
		Raw mean difference (D)		1	Not recommended for meta-analyses having a range of control levels/scales. Example: when SOC stocks are studied, initial values can have a wide range (10-100 t ha^{-1}) $D = \bar{X}_1 - \bar{X}_2$

	Criterion	Option	Score	Explanation
Meta-analysis — "Cut-off" criteria	**6. Effect size**	Raw mean difference (D)	1	Not recommended for meta-analyses having a range of control levels/scales. Example: when SOC stocks are studied, initial values can have a wide range (10-100 t ha⁻¹) $D = \bar{X}_1 - \bar{X}_2$
		Standardized mean difference (e.g., Hedges' d)	1	Difficult to interpret: $d = \dfrac{\bar{X}_1 - \bar{X}_2}{s} J$ $J = 1 - \dfrac{3}{4(n_1 - n_2 - 2) - 1}$ where s is pooled standard deviation; J is a correction for small sample size $|d| = 0.2$ – small effects $|d| = 0.5$ – moderate effects $|d| = 0.8$ – large effects
		Non-standard metrics used or not calculated	0	Without the calculation of effect sizes, a synthesis does not qualify as a meta-analysis (all following quality criteria of group "Meta-analysis" account for 0)
	7. Standard deviation extracted (or computed from statistics)	From each study	2	Standard deviations (SDs) need to be extracted (or computed from available statistics, see Acutis et al. (2022)) from all studies in order to calculate the weight for each study. If SDs were extracted only from some studies and the rest was ignored or roughly estimated by e.g., calculating the overall mean SD of the available SD, a score of "1" was assigned
		From some studies	1	
		Not extracted	0	
	8. Studies weighted by 1/variance	For each study	4	Weighting of studies is only correct when done by the inverse of variance. Meta-analyses that extracted SD only for some studies but weighted by 1/variance did weigh "some studies" or "partly" $W_i = \dfrac{1}{V_{Y_i}}$
		For some studies	1	
		Not weighted / reported	0	
	9. Subgroup analysis and meta-regression	yes	1	Categorical and/or continuous moderators should be assessed by Q-test
		no	0	
	10. Model used	Random-effect or mixed-effect model	1	When conducting a meta-analysis in the field of agriculture, the random-effect or mixed-effect model should be chosen, as it acknowledges between-study variation
		Fixed-effect model	0	
		No model reported	0	
	11. Software used for meta-analysis	Meta-analytical software (as MetaWin, Metafor package, etc.) or other software (as SPSS, SAS, Stata, R, etc.)	1	Used software should be stated; when using general statistical analysis software, correct model choice (weighted + random model) and implementation are necessary
		Spreadsheet (as MS Excel) or not reported	0	
	12. Effect sizes are independent	1-2 effect sizes per study/site extracted	1	Effect sizes should be independent. For each study or site, one effect size should be extracted. When several combinations of treatment and control were studied, only one effect size per study or site should be extracted
		> 2 effect sizes per study/site extracted	0	
	13. Response variables and relevant parameters for their calculation were measured	yes	1	Response variables need to be measured in an experiment, not estimated or modelled (e.g., pedotransfer functions only provide estimates for bulk density and therefor introduce the risk of inaccurate calculation of SOC stock contents)
		no	0	

Results and database presentation

Criterion	Sub-criterion	Option	Score	Description
14. Sensitivity analysis to test robustness of meta-analysis	Outliers and effect size distribution	yes / no	1 / 0	Presence of outliers should be tested and can be identified via effect size distribution in weighted histograms, box-plots, etc.
	Testing for publication bias	yes / no	1 / 0	Magnitude of publication bias should be estimated by funnel plots, Egger's regression or Fail-safe test
15. Results presentation in figures and tables	Summarized effect size and Confidence Intervals	yes / no	1 / 0	Summarized effect size and confidence intervals should be presented in a table or figure
	Moderator analysis (sub-group analysis and/or meta-regression)	yes / no	1 / 0	Moderator (covariates) analysis should be presented in form of figures or tables
	Forest plot	yes / no	1 / 0	Forest plots enable the graphical presentation of individual effect sizes of studies and the overall effect size including confidence intervals
16. Description of meta-data		yes / no	1 / 0	A description of meta-data (authors and year plus experimental location, treatments, etc.) in the article or appendix should be provided as a table
	Article ID and/or first author plus year			Each study should have a distinctive number to allow easy identification / First author and year of publication should be stated
	Country/location			Country and exact location of experiment
	Control (C)			Measure used as control
	Treatment (T)	Available and includes most of the listed criteria; Article ID and/or first author plus year must be described; either effect size or mean, SD and sample size of T/C must be described		Measure under investigation
	Moderators		2	Possible moderators (pedo-climatic, experimental conditions, duration of experiments, land use/crops/cropping systems)
	Means of C/T			
	Standard deviations of C/T			
	Sample sizes C/T			
	Effect size			
17. Full database including most of the following criteria for each study	Article ID and/or first author plus year	Available and includes the listed criteria (either effect size or mean, SD and sample size of T/C must be described)		
	Means of C/T			Means, SDs and sample sizes of treatment and control should be stated to allow replication of the meta-analysis
	Standard deviations of C/T		1	
	Sample sizes C/T			Calculated effect sizes should be stated
	Effect size			see above in point 17
		Not available or includes less information than score 1	0	If no database is provided, the meta-analysis is not transparent
Maximum reachable score per meta-analysis:			**30**	

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2.2. Quality assessment of meta-analyses on SOC

2.2.1. Inclusion criteria, exclusion criteria and search strategy

207 First, inclusion (IC) and exclusion criteria (EC) were defined to create a framework for the literature screening (Table 2).

208 Studies were included when they (IC1) used the term "meta-analysis" in their title, abstract or author keywords. (IC2)

209 Land uses included were arable- or crop land, also in combination with others as e.g., agroforestry or grassland. The (IC3)

210 assessment of the effects of one or several management practices on SOC needed to be the aim of the study. Moreover,

211 (IC7) European experiments needed to be a part of the (global) meta-analyses, as we wanted to collect and evaluate

212 syntheses relevant for Europe. Articles were excluded when, for example, modelling was used to obtain SOC results

213 (EC1). Articles were only included when they fulfilled all seven inclusion criteria.

214

215 **Table 2: Inclusion and exclusion criteria for the literature screening process.**

Inclusion criteria (IC)	Exclusion criteria (EC)
1. Term meta-analysis used in title, abstract or keywords to describe study style	Systematic reviews, and studies using modelling to obtain results
2. a) Cropland/arable land needs to be part of study; b) other agricultural forms as e.g., agroforestry, paddy soils/upland soils, grassland can be part of study	a) If primary data is from one experimental site (literature not found through database search - not possible to evaluate according to our criteria-set); b) Land-use change studied; c) Cropland/arable land plus forest studied (forest not comparable to arable land)
3. Effects of management practice on total SOC stocks or concentrations studied	Impact on SOC fractions investigated
4. Management practice effects on SOC is central topic	Management practice effects on SOC is not a central topic
5. Field experiments	Laboratory experiments
6. Conducted on mineral soils	Conducted on organic soils
7. European studies need to be part of studied experimental sites	Included only non-European experimental sites

216

217   The second step was the collection of existing meta-analyses on SOC changes due to different agricultural

218 management practices. Therefore, the Web of Science Core Collection (timeframe 1900-2020) and Scopus (timeframe

219 1960-2020) databases were searched on January 5th, 2021. Due to limited human resources, only these two scientific

220 databases were searched. The following Boolean search string was used to retrieve relevant articles: (meta-analy*) AND

221 soil AND (agriculture OR management) AND (SOC OR OC OR "soil organic carbon" OR "organic carbon"). 552 articles

222 were found (344 in Web of Science and 208 in Scopus) and automatic (conducted by Mendeley and JabRef software) and

223 manual duplicate removal reduced the results by 167 articles (Fig. 2). The results were compared with the meta-analyses

224 identified by Bolinder et al. (2020), who synthesized meta-analyses studying the effects of several management practices

225 on SOC changes in agroecosystems. This led to the identification of one further study which complied with our inclusion

226 and exclusion criteria (Table 2) and therefore was included in our evaluation. 386 articles were exported into excel and

227 screened by title, abstract and full text according to the pre-defined inclusion- and exclusion criteria. In total, 31 meta-

228 analyses relevant for the scope of our study were found. Many articles were excluded, as they did not contain the word

"meta-analysis" in their title, abstract or keywords, SOC was not the response variable of interest, or the studies
investigated did not include European sites. Figure 2 shows a flow diagram of the complete screening process. The full
information of the literature gathering, all 386 retrieved articles plus the screening decisions can be found in the
supplementary material (Table S3 and S4, respectively). The complete reference list of the 31 meta-analyses can be found
in the appendix (Table A1).
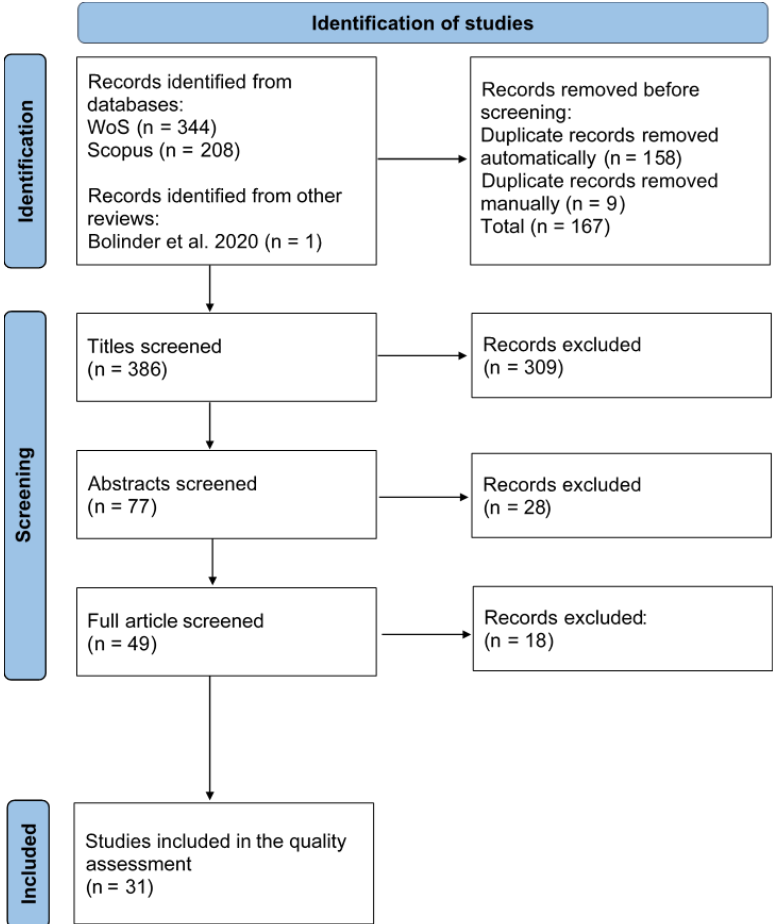
Figure 2: Flow diagram of literature search and screening. Adapted from: Page et al. *(2021)*

2.2.2. Quality analysis

The 31 retrieved meta-analyses were evaluated by two authors for their quality according to the quality criteria-set in
Table 1. Each article was read thoroughly to ascertain whether certain criteria were fulfilled or not. Total scores for each
meta-analysis were calculated, with a maximum reachable score of 30. The complete dataset containing the scores for
each meta-analysis and all calculations can be found in the supplementary material (Table S2, S5). SigmaPlot version 14.5
and Microsoft Excel version 1808 were used for plotting of figures and tables and for calculations.

2.2.3. Management categories

The retrieved data also offered the possibility to analyze the "state of knowledge" on meta-analyses studying management
effects on SOC. The aim was to assess how many meta-analyses were conducted on a certain management practice and
whether their quality was sufficient to stop the production of new meta-analyses on the respective practices. This

246 information will aid future research by guiding it towards knowledge needs and avoiding redundant work. We therefore
247 grouped the meta-analyses according to the management practices they studied. 11 management categories were formed
248 and are described in Table 3. These categories aim to structure the collected SOC meta-analyses and allow a simplified
249 investigation. As some meta-analyses studied the effects of more than one practice, they were added to all respective
250 categories.
251
252 **Table 3: Defined management categories, their included management practices and meta-analyses that studied their effects on**
253 **SOC.**

Nr.	Category	Description	SOC meta-analyses
1.	Tillage	no-till, reduced and deep tillage	Aguilera (2013), Angers (2008), Bai (2019), Cooper (2016), Feng (2020), González-Sánchez (2012), Haddaway (2017), Kopittke (2017), Li (2020), Luo (2010), Meurer (2018), Mondal (2020), Ogle (2005), Sun (2020), Virto (2012)
2.	Organic	organic practices	Aguilera (2013), Cooper (2016), García-Palacios (2018), Gattinger (2012), Kopittke (2017), Tuomisto (2012)
3.	Cover crop	cover crops used in crop rotation	Aguilera (2013), Bai (2019), González-Sánchez (2012), Jian (2020), Poeplau (2015), Sun (2020)
4.	Crop residue	crop residues were either left or removed from the field	Han (2016), Li (2020), Sun (2020), Xia (2018), Xu (2019)
5.	Fertilization	organic or mineral fertilizer was applied	Aguilera (2013), Han (2016), Ladha (2011), Xia (2018)
6.	Amendments	application of amendments (e.g., manure)	Aguilera (2013), Chen (2018), Kopittke (2017), Maillard (2014)
7.	Biochar	application of biochar	Bai (2019), Liu (2016), Majumder (2019)
8.	Diversification	more or different crops were used in rotation	King (2018), Mathew (2020), McDaniel (2014)
9.	Combined	effect of several practices combined was studied	Aguilera (2013)
10.	High input system	system that aims in increasing carbon by e.g., irrigation, winter crops, etc. according to IPCC (1997)	Ogle (2005)
11.	Set-aside	effect of setting-aside land from crop production and planting trees or grasses	Ogle (2005)

254

255 Finally, the total number of articles per category were calculated and meta-analyses with the highest scores identified.
256 Simultaneously, information on treatment and control, the geographical scale and soil depth were extracted. As the overall
257 score does not give information on whether the "cut-off" criteria were fulfilled, we extracted this information as well. We
258 presented the overall effect sizes of the meta-analyses only when both these elements were fulfilled.
259 Overall treatment effects on SOC are shown in percentage change from the control; when results were displayed in log
260 response ratio (LnR), we calculated percentages with the Eq. (1):
261
262 $\% \: change = (\text{Exp} \: (\text{LnR}) - 1) * 100\%$ (1)
263

2.3. Quick assessment of meta-analyses relevant for policy making – An example

To provide readers with an example of the impacts of meta-analytical quality on policy- and decision making, we screened Chapter 2: "Land–climate interactions", of the Intergovernmental Panel on Climate Change (IPCC) "Special Report - Climate Change and Land" (Jia et al., 2019) for cited articles which used the term "meta-analysis" in the title. We chose this report by the IPCC, as their outputs are highly relevant for combating the global climate crisis and are often the basis of policy-making (IPCC, 2019), and because this exact chapter is deeply connected to the contents of this review. In total, 16 articles were retrieved and checked against the "cut-off" criteria of the quality criteria-set (Table S6).

3. Results

The investigation of the 31 meta-analyses, studying management effects on SOC published between 1990 and 2020, found that Ogle et al. (2005) published the first article on this topic. Nevertheless, the synthesis did not qualify as a formal meta-analysis, as no effect size was calculated. The first formal meta-analysis on SOC was published by Luo et al. (2010), who looked at the effect of no-till versus conventional tillage. Overall, the number of SOC meta-analyses, published between 2005 and 2020, increased over time (Fig. 3A). Scores, which were calculated based on the fulfillment of the quality criteria, also experienced a rise (15-year period) and related significantly with the publication year (y= -1993.9+0.9954*x; R^2= 0.382) (Fig. 3B) (normal distribution of scores tested with Shapiro-Wilk test; P= 0.115). If the observed rise in quality is projected into the future, without any intervention, a score of 30 will only be reached by the year 2033. As the meta-analysis by Haddaway et al. (2017) (ID= 10; score= 29) is an outlier which influences the regression result, we also calculated how the prognosis would change if we removed this meta-analysis. The new regression line (y= -1907.6+0.9523*x; R^2= 0.548) estimates that scores of 30 will be reached in 2034.
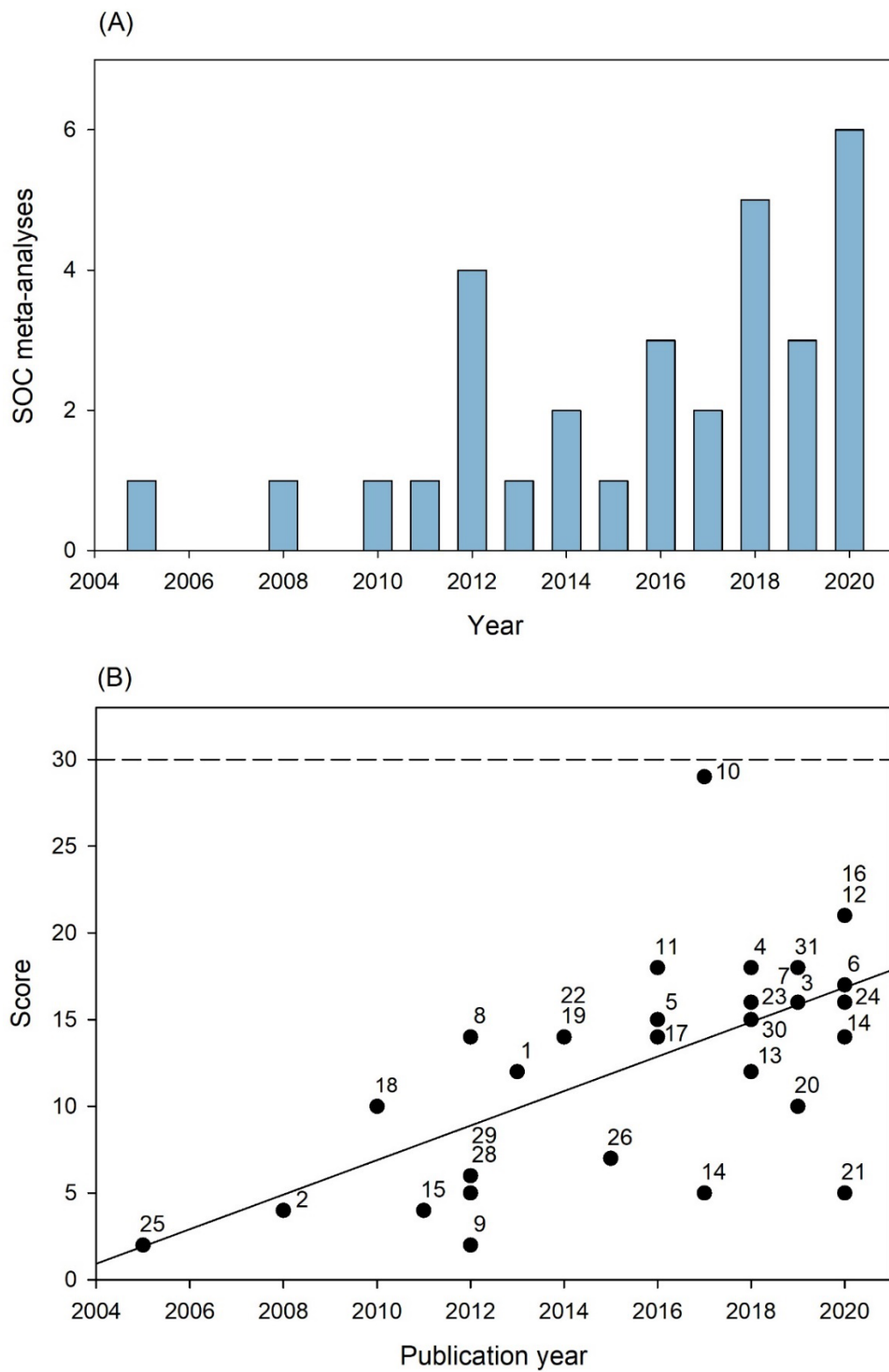
Figure 3: (A) Number of SOC meta-analyses published per year. (B) Scores of SOC meta-analyses over time (between 2005-2020) and corresponding regression line. Numbers beside dots indicate meta-analysis ID (ID and linked author information in Table A1 and Table S2). Dashed line indicates maximum score of 30.

3.1. Literature search and inclusion / exclusion criteria

The 17 quality criteria are clustered into three groups (Table 1). The first one, "Literature search and inclusion / exclusion criteria" consists of five quality criteria; the first criterium, "Literature Search", was satisfied by more than half of the meta-analyses (Fig. 4). In nearly a quarter of the analyses, authors checked the reference lists of other existing meta-analyses and reviews for available literature. Therefore, the usefulness of this method seems to be widely underestimated. By comparing retrieved literature to other existing publications, we can not only gain confidence in our search strategy, but also encounter information which might be difficult to find otherwise (e.g., grey literature).

Inclusion and exclusion criteria, as well as a description of treatment and a control were presented by almost all meta-analyses (we only analyzed whether treatment and control were described, not if they were comparable across included studies). Moderators were described by over half of SOC meta-analyses. Description of moderators, including their range (for continuous explanatory variables) or groups (for categorical explanatory variables) are necessary to present the way in which moderator analysis will be conducted. Results for the sub-criteria can be found in the supplementary material (Table S5).
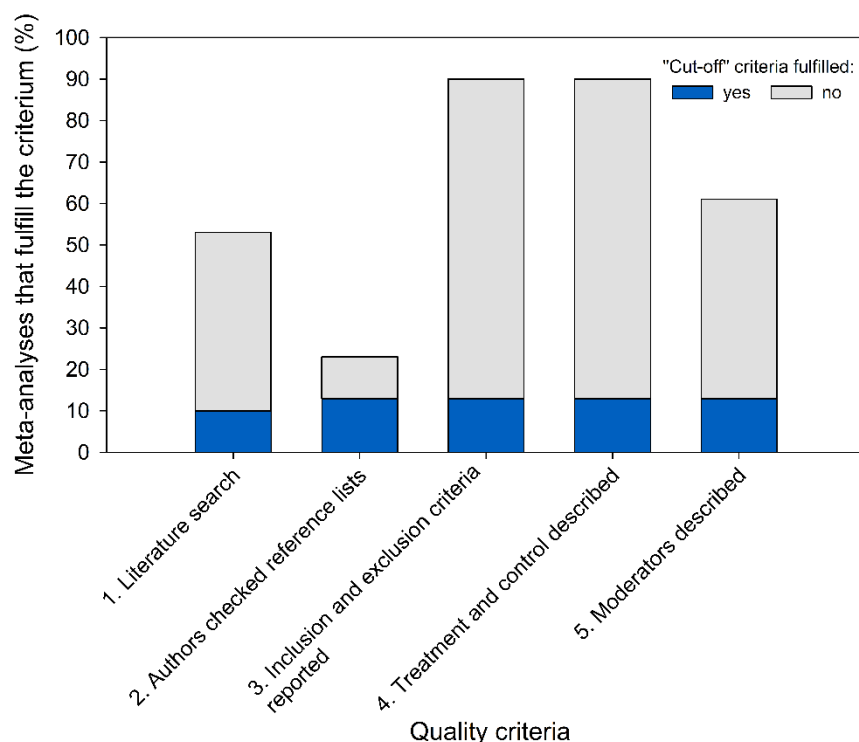
Figure 4: Compliance of meta-analyses with the criteria in group „Literature search and inclusion / exclusion criteria".

3.2. Meta-analysis

The "Meta-analysis" group consisted of nine quality criteria (Table 1), which were satisfied by the SOC meta-analyses to variant extents. Effect sizes were calculated according to standard metrics by 74% of meta-analyses (Fig. 5A). Almost half of meta-analyses used log response ratio for effect size calculation and about a third applied raw mean difference or standardized mean difference. Standard deviations (SDs) were extracted (or computed from available statistics) from all primary studies by 16% and partly (for some studies correctly extracted, but for the rest ignored or roughly estimated by

e.g., calculating the mean SD from available SDs or reassigning as 1/10 of the mean) by 42% of meta-analyses (Fig. 5B). Weighting each study by 1/variance was done by 13% of meta-analyses (Fig. 5C). Nineteen percentage of SOC meta-analyses weighted only some studies by the inverse of variance, as they only extracted or computed SDs from some studies (and therefore received a score of "1" for criterium 7; for a detailed description of the criterium for weighting, see quality criterium number eight in Table 1). Accordingly, weighting was not done in over two thirds of analyses. We classified these three criteria (effect size estimate, SDs extracted and weighting by 1/variance) as "cut-off" criteria (6-8 in Table 1). When these are not fulfilled, a meta-analysis does not account as such. In our quality assessment, we acknowledged when authors partially weighted by the inverse of variance (as they only partially extracted SDs) with one point for each. Nevertheless, we urge authors to extract SDs for each study (or compute them from available statistics) and further weight them by the inverse of variance in order to conduct a high-quality meta-analysis.
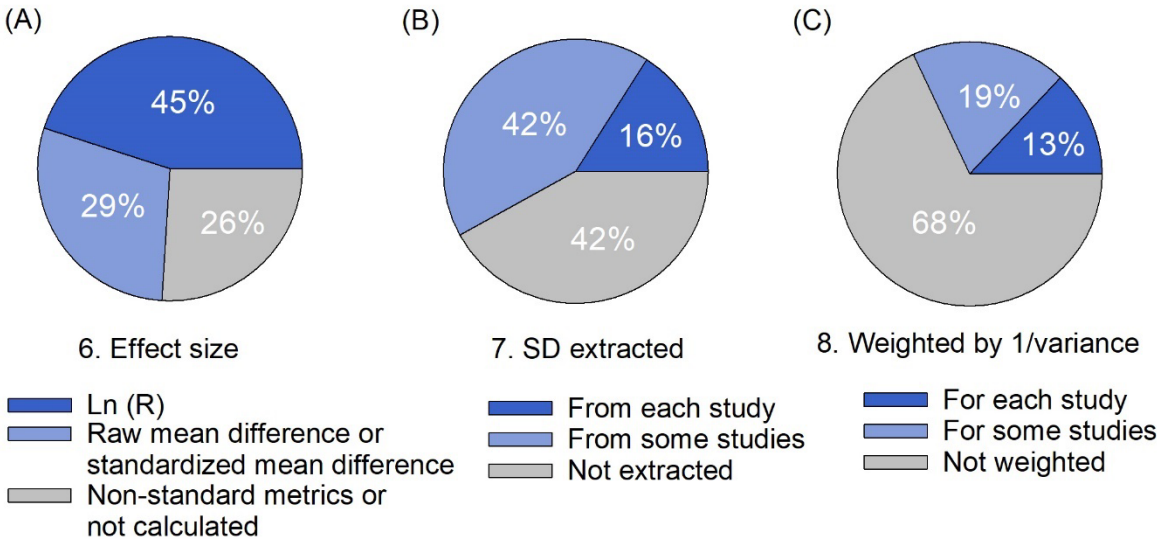
Figure 5: Compliance meta-analyses with "Cut-off" criteria in the group "Meta-analysis": (A) Ratio of effect size metrics used by the meta-analyses. (B) Ratio of meta-analyses which extracted or computed standard deviations. (C) Ratio of meta-analyses which weighted by the inverse of variance.

In Figure 6 and 7, satisfaction of criteria 9 to 14 and 15 to 17 (respectively) are displayed in form of stacked bars which show the percentage of meta-analyses that did fulfill the "cut-off" criteria (n= 4) and the ones that did not (n= 27; a total of 31). In the following, we will describe only the results for all 31 SOC meta-analyses. For the individual results, please refer to the figures. Corresponding data used for the calculation of these results can be found in the supplementary material (Table S7).

Subgroup analysis and meta-regression, which identify the source of variation between studies, were assessed by almost half of meta-analyses (Fig. 6). Models applied and software used were reported more frequently. Only about 25% of meta-analyses accounted for non-independence of effect size, while the rest failed to do so. Bulk density was measured in 35% of meta-analyses, the other 65% used pedotransfer function to estimate this parameter, therefore introducing a source of uncertainty in SOC stock estimation. Lastly, sensitivity analysis of the meta-analytical results was done rarely.
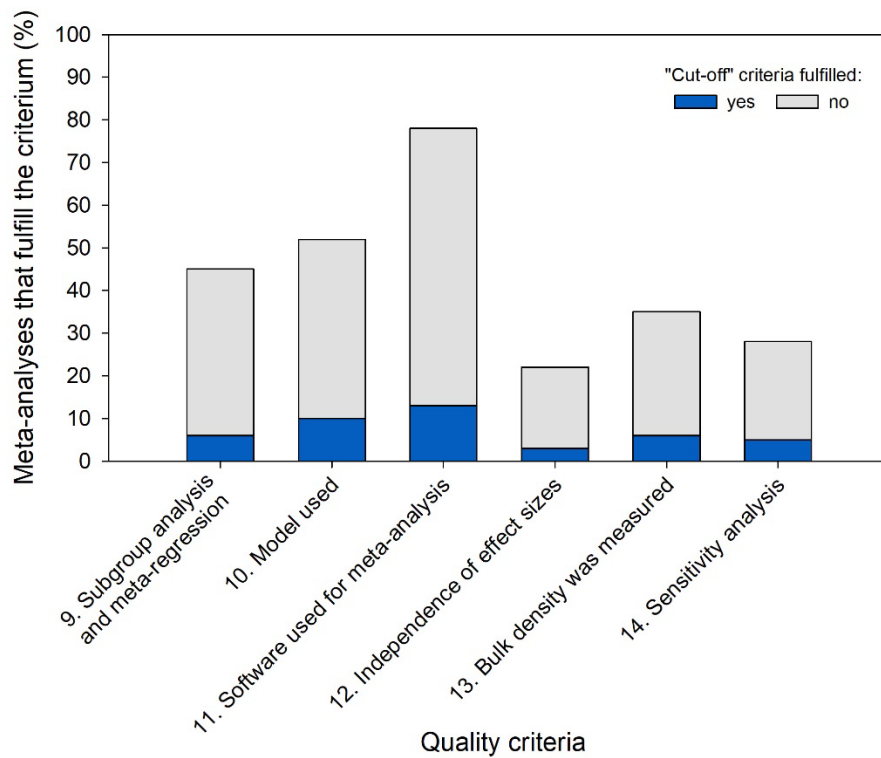
Figure 6: Compliance of meta-analyses with the criteria 9-14 in the group "Meta-analysis".

3.3. Results and database presentation

Figure 7 shows the results for the group "Results and database presentation". Almost half of the meta-analyses displayed their results in the form of figures or tables. Summarized effect sizes and confidence intervals or moderator analysis were presented graphically or in tabular form by 65% and 68% of meta-analyses respectively. Forest plots were presented by 6% of meta-analyses. Meta-data was presented in over two third of analyses, whereas a full database was made available to the readers in 13% and partly in 3% of cases (for further explanation see criterium 17 in Table 1). Information on the calculation of these results can be found in the supplementary material (Table S7).
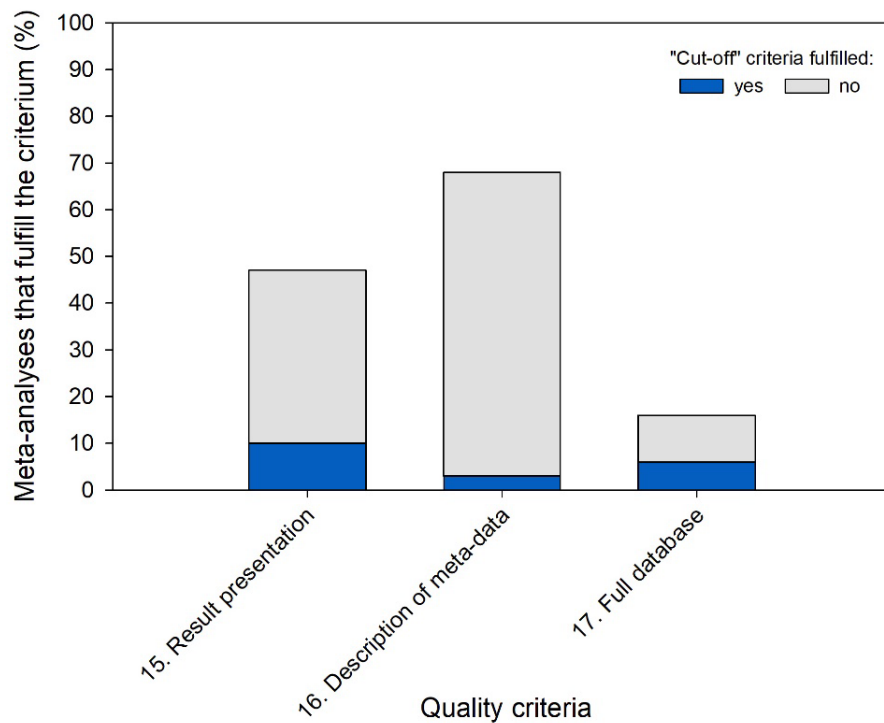
Figure 7: Compliance of meta-analyses with the criteria in the group "Results and database presentation".

3.4. Overarching findings

When looking at the overall results across the three quality criteria groups, quality varied greatly between the 31 analyses with a maximum score of 29, a minimum score of 2 and a median of 14. Haddaway et al. (2017) produced a meta-analysis of high quality which received the highest score according to our assessment. However, they used raw mean difference to calculate effect sizes, which may not be the most suitable for meta-analyses in the soil and agricultural field. In Sect. 4.2. "Meta-analysis" we will go more into detail on this issue. There were seven meta-analyses with scores up to five, the majority achieved scores between five and 15. Ten meta-analyses reached scores between 15 and 20, whereas only three reached a score above 20. Only four out of 31 meta-analyses are "true" meta-analyses, as they used standard metrics for effect size calculation and weighted all studies by the inverse of the variance (Fig. 8).
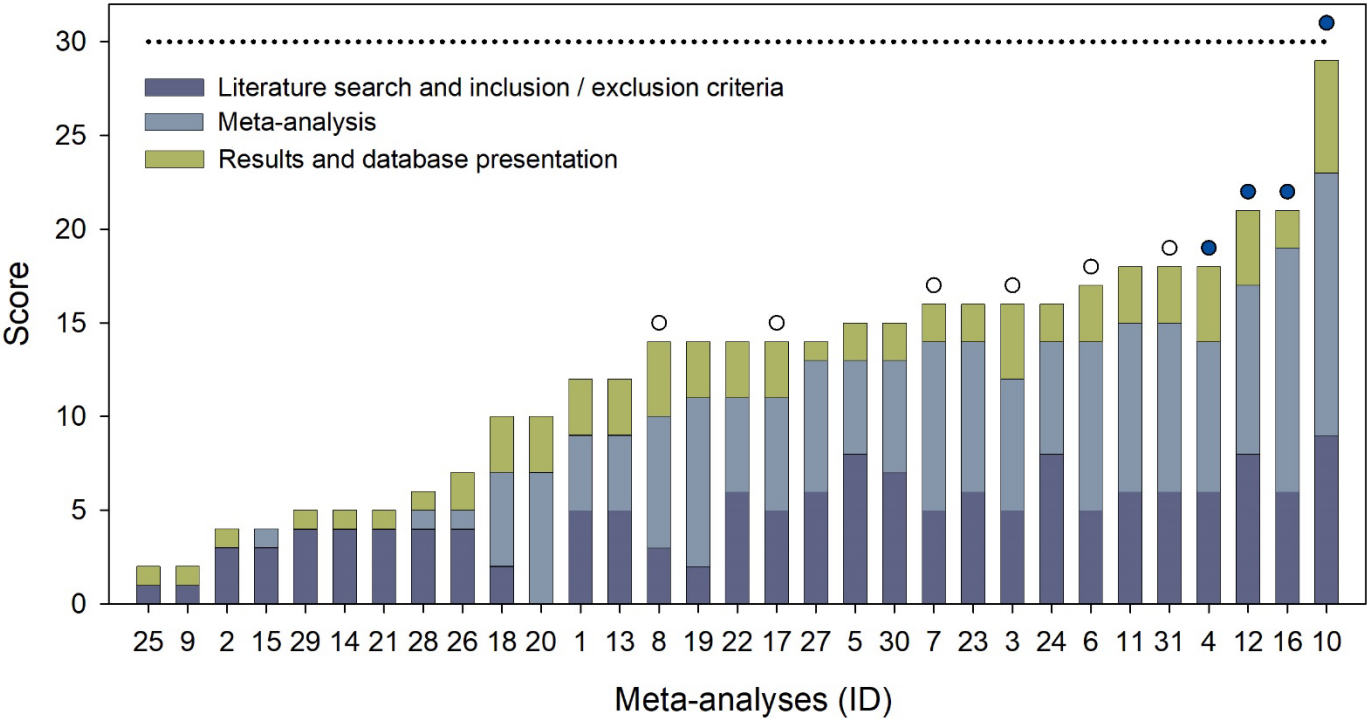
Figure 8: Scores of individual SOC meta-analyses displayed as scores per group. Sorted from lowest to highest achieved score. Meta-analysis ID and full reference information appear in Table A1. Dashed line indicates maximum reachable score of 30. Filled circles indicate "true" meta-analyses, which used standard metrics for effect size calculation and weighted each study by inverse variance. Open circles indicated meta-analyses which weighted some studies by inverse variance.

3.5. Analyzing management categories

Management practices studied in the meta-analyses were counted in order to assess their incidence. We found that almost half of the 31 meta-analyses studied the effects of tillage on SOC (in some cases besides other management practices) (Table 4). Other practices studied frequently were "organic agriculture" and "cover crop cultivation" (6 times each). Data on "crop residue", "fertilization", "amendments", "biochar" and "diversification" were synthesized less often. The effects of "combined practices", "high input" and "setting aside" on SOC were each assessed once. We found that meta-analyses, which passed the "cut-off" criteria, are available for four out of the 11 management categories (tillage, cover crop, crop residue, amendment). For tillage, we decided to show the three meta-analyses with the best scores (Bai et al., 2019; Haddaway et al., 2017; Li et al., 2020), as several analyses above average quality were available. Nevertheless, only Haddaway et al. (2017) fulfilled the criteria for effect size calculation, SDs and weighting, whilst also achieving an overall high score and is therefore the one publication providing a high-quality meta-analysis on the effects of management practices on SOC. In the categories "organic", "fertilization", "biochar", "diversification", "combined", "high input" and "set-aside", no meta-analyses conducted according to the standards are currently available. In the last column of Table 4, overall effect sizes for SOC can be found. As Haddaway et al. (2017) calculated effect sizes by raw mean difference, if was not possible to transform their results from stock into percentages. For the five management categories where no meta-analysis weighed by the inverse of variance ("fertilization", "diversification", "combined", "high input system" and "set-aside"), overall effect sizes for SOC change are not displayed. When looking at the retrieved data on SOC changes

381   per management category (Table 4), it is apparent that the largest increases of SOC compared to the controls were

382   achieved in the categories "organic", "cover crop", "amendments" and "biochar".

383

Table 4: Meta-analyses with the highest score per management category, effect size and weighting used, and overall SOC responses.

Management category	Number of times this practice was studied in all 31 meta-analyses	Meta-analysis with the highest score	Treatment and control	Scale of meta-analysis	Score	Effect size used (standard metrics)	Weighted by 1/variance	Soil depth (cm)	SOC response
Tillage	15	Haddaway et al. (2017)	no tillage - high intensity tillage	warm temperate climate zone; global	29	Raw mean difference	yes	0-30	4.61 Mg ha^{-1}
		Li et al. (2020)	no tillage - conventional tillage	global	21	ln(R)	yes	0-30	11%
		Bai et al. (2019)	conservation tillage (NT, RT) - conventional tillage	global	16	ln(R)	partly	0-100	8%
Organic	6	Garcia-Palacios et al. (2018)	organic farming - conventional farming	global	16	ln(R)	partly	0-90; average 0-18	27%
Cover crop	6	Jian et al. (2020)	cover crop - no cover crop	global	21	ln(R)	yes	0-30; >30	15.5% or 30.0% *
Crop residue	5	Li et al. (2020)	no tillage with residue retention - no tillage without residue retention	global	21	ln(R)	yes	0-30	13%
Fertilization	4	Han et al. (2016)	-	global	18	ln(R)	no	-	-
Amendments	4	Chen et al. (2018)	organic amendments plus inorganic fertilization - inorganic fertilization; organic amendments – no fertilization	global	18	ln(R)	yes	7-30; average 15-20	29% and 49%, respectively
Biochar	3	Bai et al. (2019)	biochar - no biochar	global	16	ln(R)	partly	0-10	28%
Diversification	3	McDaniel et al. (2014)	-	global	14	ln(R)	no	-	-
Combined	1	Aguilera et al. (2013)	-	Mediterranean climate; global	12	ln(R)	no	-	-
High input system	1	Ogle et al. (2005)	-	temperate and tropical regions; global	2	no	no	-	-
Set-aside	1	Ogle et al. (2005)	-	temperate and tropical regions; global	2	no	no	-	-

Color scheme in green, yellow and grey aims to support the visual presentation of these outcomes. Meta-analyses which did not calculate effect sizes according to standard metrics or weighted by the inverse of variance do not qualify as meta-analyses; results are therefore not presented. The maximum achievable score is 30.

*Results for when all comparisons were included or only comparisons with SD values were included, respectively.

3.6. Example of quick quality assessment of meta-analyses, relevant for policy making

Our quick analysis of the IPCC special report (Jia et al., 2019) found that out of 16 articles, more than 50% did not qualify as "true" meta-analyses, as five did not calculate effect sizes according to standard metrics and four failed to extract SDs and to weight by the inverse of variance. Seven articles did in fact conduct meta-analysis correctly. Six meta-analyses used log response ratio to calculate effect sizes, one used standardized mean difference. These seven meta-analyses extracted SDs for each study and weighted by the inverse of variance. Calculations and references of all 16 analyzed articles can be found in Table S6.

4. Discussion

Previous guidelines and expert knowledge on meta-analysis from other disciplines were adapted to construct an easy-to-use criteria-set for the quantitative quality assessment of meta-analyses in soil and agricultural research. With the help of these criteria, we analyzed 31 meta-analyses, studying the effects of different management practices on SOC. Moreover, the retrieved meta-analyses were structured according to 11 categories of agricultural management practices, which allowed us to assess and analyze the state-of-knowledge on these categories. Hence, recommendations for future meta-analytical research and general improvement of applied methodology can be given. We found major deficiencies in the reporting of literature searches, application of standard metrics for effect size calculation, correct weighting by the inverse of variance, extraction of independent effect sizes and database presentation. The quality of meta-analyses rose over time (15-year period) and correlated significantly with publication year ($R^2 = 0.382$). Similar trends were observed in quality assessments of meta-analyses in the medical (Jamshidi et al., 2018) and environmental (Beillouin et al., 2019) field.

In the following, we will discuss the results of the quality assessment of meta-analyses on SOC with the findings of four quality assessments of meta-analyses and quantitative reviews in agronomy and ecology. We included the study by Philibert et al. (2012), focusing on agri-environment and -biodiversity, the review of Krupnik et al. (2019), looking at conservation and organic agriculture, the study by Beillouin et al. (2019), studying crop diversification and the excellent evaluation of meta-analyses in plant ecology by Koricheva and Gurevitch (2014). To simplify the discussion, not all information for the 17 quality criteria was extracted from the reviews. Instead, we selected quality criteria to be discussed according to 1. the information available in most of the reviews, which allowed a comparison of results and 2. relevance (as e.g., effect size metrics), as certain quality-criteria are more important than others.

4.1. Literature search and inclusion and exclusion criteria

The comparison of reviews for the criterium "Literature search reported" showed that our study found higher compliance (53%) with this criterium than the ones of Philibert et al. (2012) or Koricheva and Gurevitch (2014) (Table 5). Beillouin et al. (2019) reported that 46% of meta-analyses presented the search string and 86% the eligibility criteria. Krupnik et al. (2019) found that all analyzed meta-analyses presented the literature search sufficiently. This high agreement may be caused by the small study number (n=17) or the definition of less demanding criteria by the authors.

A quality criterium, which is of special significance to the soil and agricultural field, is the inclusion of grey literature. Here, exceptionally large amounts of data are available, as governmental research activities are not focused on publishing results in scientific journals. Therefore, although the inclusion of grey literature is not compulsory, it is highly encouraged (Culina et al., 2018). When conducting a meta-analysis on an international or global scale, analysts will find that grey

literature is often available in national languages only, which complicates and restricts its inclusion. Nevertheless, the most essential part of searching for literature, whether scientific or grey, is complete reporting.

Our results show that this reporting of search strategies is often limited. Therefore, essential information to allow reproduction of the study is lacking and possible differences in outcomes between meta-analyses, studying the same effects, cannot be fully explained. If a synthesis is not replicable, it cannot be fully trusted, as mistakes in methodological proceedings are possible (Haddaway et al., 2020; Parker et al., 2016). In another review, Hungate et al. (2009) showed how important complete reporting of search and screening strategy is. Lack of transparency prompted criticism on the results of meta-analyses. Non-identical time frames over which literature was gathered, differences regarding inclusion criteria and, in our eyes most importantly, limited search methods can influence the number of articles found and taken up into a meta-analysis. This indicates the need to draw quality criteria and disseminate good practices across research fields and to improve the power of meta-analytical results.

4.2. Meta-analysis

Effect size calculation is an essential and mandatory part of meta-analysis (Koricheva and Gurevitch, 2013). Therefore, the term "meta-analysis" should only be used when data is quantitatively synthesized as described in the textbooks of Borenstein et al. (2009); Cooper, Hedges and Valentine (2019c) and Koricheva et al. (2013). The investigation regarding the compliance of our SOC meta-analyses with the criterium "Effect size calculated according to standard metrics", showed that about three quarters of meta-analyses did calculate effect sizes according to such metrics. Koricheva and Gurevitch (2014) came to similar conclusions in their review of meta-analyses in plant ecology (Table 5). Further, only about half of SOC meta-analyses used log response ratio for effect size calculation.

These findings indicate that correct calculations of effect sizes are not applied consistently in the fields of SOC and plant ecology, although they represent the most fundamental and critical part in meta-analysis. Among the several possible choices in effect size metrics, we recommend using log response ratios when conducting soil and agricultural meta-analyses. They are easy to interpret, and effect sizes are not affected by different variances of control and experimental groups. Overall, they are more suitable for meta-analyses studying agricultural management effects on soil parameters as e.g., SOC, than the standardized mean difference (Hedge's *d*). When using the standardized mean difference, the results are more difficult to interpret (especially for policy makers or farmers) compared to log response ratios, which can be back-transformed to percent changes from the control.

In Sect. 3.3 "Results and database presentation", we mentioned that, in our opinion, raw mean difference (also called unstandardized mean difference) is not recommended for calculating effect sizes in the field of soil and agricultural research. Unlike response ratio, raw mean difference does not consider variations in control levels, which are often highly variable across field experiments, particularly, on a global scale. In case of SOC studies, control levels may vary between 10 and 100 t C ha^{-1}, which makes using raw mean difference between treatment and control as an index of effect size meaningless. It may result in similar effect sizes for the relatively large as for small responses, as illustrated in Figure 9. Therefore, raw mean difference can only be applied when all experiments studied in the meta-analysis are using the same scale (Borenstein et al., 2009). Raw mean difference usually does not result in a normal distribution of effect sizes, which is a prerequisite. Although this metric is easy to use, it may be suitable for meta-analyses when controls do not present a large variation across studies. That, however, is hardly possible to achieve for the diversity of pedo-climatic conditions.

Studies	SOC control (t ha^{-1})	SOC treatment (t ha^{-1})	Response ratio (%)	Raw mean difference (t ha^{-1})
Study 1	10	20	100	10
Study 2	50	60	20	10
Study 3	100	110	10	10

Figure 9: Example of the relationship between the SOC levels in control and effect sizes measured as response ratio or raw mean difference for three studies. Response ratio indicates increasing effect size with decreasing control level. Raw mean difference indicates equal effect sizes for all experiments and does not consider variation in control levels. Triangles indicate an increase or decrease of values; rectangle indicates constant values.

Weighting is essential, as different studies have different precision, and more precise studies with larger sample size need to be more heavily weighted in an analysis. The weighting should be done by the inverse of variance. Applying it in other ways, for example by sample size, can lead to several problems such as the introduction of unknown biases (as in e.g., Maillard and Angers, 2014; Han et al., 2016). When not weighted at all (as in e.g., King and Blesh, 2018), the variation within- and between-studies is not separated. Therefore, common- and random-effects models are not useable, leading to difficulties in assessing heterogeneity (Gurevitch et al., 2018). All these possible biases can adulterate the results of meta-analyses and therefore lead to false conclusions. According to findings by Hungate et al. (2009), depending on the functions used for weighting, differences in mean estimates of the effect sizes can be found. Weighting by sample size or not weighting resulted in comparable effect size estimates which often were larger than when weighted by inverse of variance. Our assessment showed that only 13% of SOC meta-analyses weighted by the inverse of variance, whereas Philibert et al. (2012) found 37% compliance. Koricheva and Gurevitch (2014) reported that three quarters of meta-analyses weighted by 1/variance. Meta-analyses studied by Krupnik et al. (2019) weighted by sample size, therefore are not correctly conducted according to our criteria-set. Beillouin et al. (2019) found that 40% of meta-analyses, studying diversification effects, weighted by 1/variance (and in some cases by sample size).

When using a random- or mixed-effect model, effect sizes might show a certain amount of variability that cannot be explained by sampling errors alone, raising the question whether moderator effects may have influenced the results. A moderator is a third variable that conditions the relations between two others. Therefore, moderator analysis must be conducted to identify their effects (Lipsey, 2019). In agricultural and soil sciences, abiotic factors (climatic zone, temperature, soil pH, clay content, etc.) as well as other applied management practices can moderate the results and should subsequently be accounted for (Valkama et al., 2015). Moderators can be analyzed by subgroup analysis or meta-regression. Subgroup analysis is suitable for categorical moderators which can be described in form of groups, e.g., climate zone (tropical, continental, Mediterranean, etc.). Contrary, meta-regression is suitable for continuous moderators (e.g., duration of experiment, soil pH, etc.). We found that moderator analysis in form of Q-test was performed by about

half of analyzed SOC meta-analyses. Results by reviews of Philibert et al. (2012), Koricheva and Gurevitch (2014) and Beillouin et al. (2019) showed that meta-analyses in agri-environment, plant ecology and conservation agriculture complied almost twice as much with this criterium.

Another issue frequently found in meta-analyses is the non-independence of effect size estimates, which occurs when effect sizes are not extracted independently, but are somehow related to each other - for example observations from different soil layers, from different treatment levels, or from sites located nearby which share the same pedo-climatic conditions. This non-independence can lead to the underestimation of standard error of the mean effect and subsequently can impact the free evaluations of the effects' statistical significance. Therefore, meta-analysts should be aware of the sources of non-independence and should select only one effect size among several related effect sizes (Gurevitch and Hedges, 1999; Nakagawa et al., 2017). An example would be the inclusion of only the treatment effect of cover crop mix A on SOC, compared to a control with no cover crops, although the results of several other mixes (B, C and D) are available too. As they have been conducted in different plots but on the same site, they share the same control and pedoclimatic characteristics and, therefore, are not independent. The same applies to several observations (e.g., SOC) taken from multiple sub-layers/horizons or varying treatment levels (e.g., fertilization experiments). It should also be acknowledged that in order to conduct a high-quality meta-analysis, the number of included independent studies/experiments from primary articles should be sufficient to allow the calculation of a rigorous overall effect estimate and to study the source of variation across studies. Hedges et al. (1999) structured sample sizes requirements as following: $n \geq 50$, a large body of primary data; $20 \leq n \leq 50$, intermediate; $n \leq 20$, small. It is recommended to include at least 50 independent studies into a meta-analysis to obtain reasonably accurate 95% confidence intervals for effect sizes.

Lastly, the degree of sensitivity of meta-analytical results should be assessed. When results are sensitive to e.g., publication bias, it is indicated that these factors need specific attention (Koricheva and Gurevitch, 2014). Funnel plots can support the interpretation of statistics by visualizing bias and highlighting outliers (Borenstein et al., 2009), which should be excluded to conduct the analyses without them and see if the overall results are affected (Rothstein et al., 2013). Another possibility is the testing via the Fail-safe number. The computation of this number allows us to detect how many additional studies it would take to reduce the overall effect to a non-significant one (Rosenthals's method) or an arbitrary minimal level (Orwin's method) (Borenstein et al., 2009). Philibert et al. (2012) reported that less than 10% of meta-analyses conducted sensitivity analysis. About 30% of SOC meta-analyses fulfilled this criterium. Beillouin et al. (2019) and Krupnik et al. (2019) found that about 40% conducted sensitivity analysis, whereas Koricheva and Gurevitch (2014) found a higher agreement of their meta-analyses or reviews with this criterium.

4.3. Results and database presentation

In the group "Result and database presentation", the presentation and availability of results and full database, which give all necessary information to reproduce an analysis, were compared. Extracted data should be provided to an extent sufficient to inform readers about all subsequent synthesis work (Woodcock et al., 2014).

The results of the moderator analysis should be displayed in form of figures or tables. For subgroup analysis, a summary forest plot (see Gurevitch et al. 2018, Figure 1c) is suitable. This plot should not be confused with the classic forest plot, which shows all calculated effect sizes, corresponding confidence intervals and summary effect size. Meta-regression can be displayed in form of e.g., a bubble plot (see Gurevitch et al. 2018, Figure 1d).

528   Finally, if data is not provided sufficiently enough to update studies, information must be gathered once again, causing

529   redundant work. Full datasets promote the use of the data by others and enable updating and detection of errors

530   (Koricheva and Gurevitch, 2014). Of all five reviews, our findings complied least with this criterium (Table 5). Only 16%

531   SOC meta-analyses reported databases, including all relevant information to allow recalculation of effect sizes. Overall,

532   results were poor. Philibert et al. (2012) received similar results, Koricheva and Gurevitch (2014) and Beillouin et al.

533   (2019) found higher correspondences, and Krupnik et al. (2019) identified the highest agreement (over 70%) with the

534   criterium. This might be explained by the small sample size or less demanding criteria, as in our analysis of criterium

535   "Literature Search Reported".

Table 5: Comparison of quality assessment of meta-analyses in disciplines of soil science, agronomy and plant ecology.

Topic	Author	Number of meta-analyses or quantitative reviews under assessment	Literature search reported	Effect size calculated according to standard metrics	Weight	Subgroup analysis and meta-regression	Sensitivity analysis	Full database
Soil organic carbon	This study	31	53%	74%	13% by 1/variance, 19% partly	45% (by Q-test)	26% outlier or effect size distribution; 29% detection of publication bias	16%
Agri-environment and -biodiversity	Philibert et al. (2012)	73	22%	not reported	37% weighted by 1/variance	95%	8%	18%
Conservation and organic agriculture	Krupnik et al. (2019)	17	100%	not reported	82% weighted by replication, plot or yield sampling area	not reported	41% sensitivity analysis, 47% publication bias	71%
Crop diversification	Beillouin et al. (2019)	99	46% search string, 86% eligibility criteria	not reported	40% weighted 1/variance or sample size	98% explored causes of heterogeneity	40%	32%
Plant ecology	Koricheva and Gurevitch (2014)	322	32%	85%	74% weighted by 1/variance	89% explored causes of heterogeneity	61% publication bias; 25% applied some form of sensitivity analysis	31%

Data in percentages was directly extracted from the publications or calculated from total numbers.

4.4. Management categories

The results (Table 4) show that the management category "Tillage" was studied by 15 meta-analyses, with the highest score of 29 by the meta-analysis of Haddaway et al. (2017), who provided a in depth and high-quality synthesis of no-till/reduced tillage versus conventional tillage effects on SOC at a global level using raw mean difference as effect size. A review of agricultural meta-analyses recently published by Young et al. (2021) found 14 meta-studies looking at the effects of no-till on SOC. Beillouin et al. (2021), who provide findings of available meta-analyses studying various land management practices on a global scale, identified over 20 studies on tillage effects. Therefore, we suggest that the topic is well covered for the moment and no further global meta-analysis is needed until there is a substantial number of new publications or new potential moderator effects of interest. Nevertheless, according to our findings, high quality meta-analyses and systematic reviews studying tillage effects on SOC in specific pedoclimatic zones or continents, such as Europe, are still missing.

The maximum score (16) in the organic management category was reached by the publication of García-Palacios et al. (2018), which lacked in-depth reporting of the search strategy and independency of effect sizes, used studies where pedotransfer functions were applied, did not check for outliers, only extracted SDs partly, and thus weighted partly by 1/variance. Regarding the effect of cover crops on SOC, Jian et al. (2020) produced the meta-analysis which reached the highest score (21) out of six meta-analyses in this category. Reporting of literature searches and effect size calculations was conducted well, but the study failed to calculate moderator effects and to conduct sensitivity analysis, had non-independent effect sizes, and included studies with pedotransfer function application. Lessmann et al. (2022), who evaluated the global variation in SOC sequestration through improved cropland management, found six meta-studies analyzing cover crop effects on SOC. In the category "crop residue", the maximum score of 21 was reached by the meta-analysis of Li et al. (2020). Literature search reporting, effect size calculation and moderator analysis was done well, but effect sizes were not extracted independently, outliers were not assessed, and a full database was not provided. Maximum scores in all other management categories did not achieve scores above 18. We therefore conclude that there is a need for further and improved meta-analyses on all management categories, except no-till/reduced tillage versus conventional tillage.

4.5. Impact of meta-analysis quality on policy making

In our quick quality assessment of meta-analyses cited in chapter 2 of the IPCC "Special Report - Climate Change and Land" (Jia et al., 2019), we found that over 50% of studies (nine out of 16) which used the term "meta-analysis" in their title, were in fact no true meta-analyses, as they did not fulfil the "cut-off" criteria. As not even the key criteria for conducting a meta-analysis were followed by these articles, the quality of the overall study and therefore the reliability of their results is unsure. In a study by O'Leary et al. (2016), 92 reviews were assessed on their value for decision-making with the help of the Collaboration for Environmental Evidence Synthesis Assessment Tool (CEESAT) (Woodcock et al., 2014; Collaboration for Environmental Evidence, 2020), which contains elements for analysing transparency, objectivity and comprehensiveness. They found that the evidence reviews did perform poorly, with a median score of 2.5 (of possible 39). Further, many of these reviews showed low reliability in methodology, which enhances the risk that the current knowledge is not adequately reflected. They concluded, that "such reviews thus have the potential to misinform decision-making, especially if selectively used by stakeholders with particular priorities" (O'Leary et al., 2016, p.80).

575   Scientific literature is used increasingly for environmental management decision making (Dicks et al., 2014).

576 Especially documents that synthesize the results of multiple studies and peer-reviewed publications are primary sources of

577 information for respondents (Seavy and Howell, 2010). Although science is by far not the only factor which is influencing

578 policy decisions, there have been cases in which scientific findings have had crucial impacts on policy changes (Pullin and

579 Knight, 2012). Therefore, researchers are obligated to ensure that their evidence reviews (such as meta-analyses)

580 accurately reflect the primary evidence base and are reliable and transparent (O'Leary et al., 2016).

581

582 **4.6. How to fix the problem**

583   The described limitations call for advances in meta-analyses conducted in soil and agricultural research. Firstly, to

584 improve the overall quality, it is crucial to support education at university level and implement training for interested

585 scientists and stakeholders. Gurevitch et al. (2018) stressed that such trainings should be part of the curriculum for higher-

586 degree students. Furthermore, they point out that not only scientists but also editors, reviewers and science-policy

587 practitioners would greatly benefit from knowledge on meta-analytical methodology, as it would enable them to assess the

588 quality of meta-analyses and interpret results.

589   Secondly, readers of meta-analyses should check for the presence of key elements assuring transparency and

590 replicability of the article (Lortie et al., 2015). Krupnik et al. (2019) argue that scientists and policy makers need to

591 evaluate meta-analyses critically regarding treatment definition, data collection and analysis. Results of meta-analyses on

592 highly politicized agronomic topics should be interpreted especially carefully. We fully agree with these claims and

593 support the appeal to be critical when it comes to meta-analytical outcomes. The proposed quality criteria-set should aid

594 this demanding process.

595   An issue that meta-analysts frequently face, is that many primary publications do not report SDs, which are needed to

596 calculate variance and subsequently weight studies by the inverse of it. As a result, many studies cannot be included in the

597 meta-analysis, thereby reducing the amount of valuable information needed to gain rigorous results. To solve this issue, a

598 new tool named "EX-TRACT" was recently developed (Acutis et al., 2022). The easy-to-use Excel© worksheet

599 application allows to obtain pooled error standard deviations (s_w) from ANOVA and in Multiple Comparison Tests (MCT)

600 outcomes. By using this tool, we can double the number of studies which can be included in a meta-analysis (Acutis et al.,

601 2022) and avoid discarding primary literature which fits our scope.

602   Another available and highly useful tool allows the computation of SOC stock and its SD for a single soil layer based

603 on SOC concentration and bulk density (also from multiple sub-layers) (Tadiello et al., 2022). The Excel© workbook

604 automatically computes the means of stocks and SDs, saving the results in a ready-to-use database. This is especially

605 helpful when conducting a meta-analysis. Since in original articles, SOC observations are often presented for multiple

606 sub-layers, but not for the complete soil profile, meta-analysts tend to extract all available observations per a study,

607 leading to a non-independence of effect sizes. With the help of this tool, it is possible to "fuse" the results from all layers

608 into one, *independent* effect size.

609   The publication of protocols prior to a meta-analysis would benefit the method by allowing constructive criticism and

610 suggestions for improvement by the scientific community (Moher et al., 2015; Brandt et al., 2013). Gurevitch et al. (2018)

611 described that the pre-registration of planned meta-analyses, which are then peer-reviewed and published before the actual

612 analysis is conducted, can aid the reduction of selective reporting and publication bias. Systematic review protocols for

613 environmental sciences from the journal "Environmental Evidence" or the initiative "ROSES" are available and can be

614 used for the construction of meta-analytical protocols. Protocols then can be published in suitable journals, e.g. MethodsX.

615   Lastly, another viable asset in improving the quality of future meta-analyses in soil science would be the creation of a

616 European meta-analysis hub, which focuses on 1) the development of high-quality products, 2) the assessment of quality

617 and 3) the creation of a European database. The database should comprise all available information of former meta-

618 analyses on soil and agricultural research, providing researchers with valuable data. With the help of this database, new

619 meta-analyses, studying management practices relevant for the pedoclimatic zones present in Europe, could be conducted.

620 This is important, as the inclusion of global experiments into an analysis can lead to over-diversification and therefore to

621 the combination of "apples and oranges", which is not expedient.

622

5. Conclusions

624 Quality assessment of meta-analyses, especially in the complex agricultural set up, allows the detection of rigorous

625 synthesis efforts and their distinction from work with lower quality. Meta-analyses in soil and agricultural research may

626 encounter specific issues, which differ to other fields like medicine, environment or ecology. Therefore, we adapted meta-

627 analytical guidelines from other disciplines to construct an easy-to-use criteria-set, which is suited to quantitatively assess

628 the quality of meta-analyses in agriculture and soil sciences. With the help of these criteria, we further investigated the

629 quality of 31 meta-analyses, studying the effects of agricultural management practices on SOC. By doing so, we aimed to

630 present the application of the criteria-set and analyze the quality of quantitative reviews within this prominent topic. Our

631 analysis showed that the overall quality of analyses improved over time, but only one achieved a high score. Deficits were

632 found in literature search, statistical analyses, and data presentation. The correct weighting by 1/variance of effect sizes

633 was found to be a challenge for many authors. In some cases, the term "meta-analysis" is still falsely used to describe

634 quantitative syntheses of any style, independent of methodology applied. The analysis also revealed that out of 11

635 identified management categories studied by the meta-analyses, only the effects of no-till/reduced tillage versus

636 conventional tillage on SOC are studied sufficiently in form of a high quality meta-analytical synthesis.

637   Our results indicate that the quality of meta-analyses in agricultural and soil sciences is, despite all efforts, still not

638 satisfactory. As the information presented in summarizing research articles is frequently used by decision makers, this can

639 also have negative impacts on evidence-based policymaking. It is high time that the agricultural and soil scientific

640 community adapts rigorous meta-analytical methodologies and improves the quality of its output. We believe that the

641 method is a viable and indispensable tool in quantitative synthesis of agricultural and soil research and only with

642 combined efforts and collaborations between stakeholders across disciplines we will be able to overcome the presented

643 challenges.

     6. Appendix

645   **Table A1: Assessed SOC meta-analyses and their identification numbers.**

Identification number (ID)	Reference of meta-analysis
1	Aguilera, E., Lassaletta, L., Gattinger, A., Gimeno, B.S., 2013. Managing soil carbon for climate change mitigation and adaptation in Mediterranean cropping systems: A meta-analysis. Agric. Ecosyst. Environ. 168, 25–36. https://doi.org/10.1016/j.agee.2013.02.003
2	Angers, D.A., Eriksen-Hamel, N.S., 2008. Full-Inversion tillage and organic carbon distribution in soil profiles: A Meta-Analysis. Soil Sci. Soc. Am. J. 72, 1370–1374. https://doi.org/10.2136/sssaj2007.0342
3	Bai, X., Huang, Y., Ren, W., Coyne, M., Jacinthe, P.-A., Tao, B., Hui, D., Yang, J., Matocha, C., 2019. Responses of soil carbon sequestration to climate-smart agriculture practices: A meta-analysis. Glob. Chang. Biol. 25, 2591–2606. https://doi.org/10.1111/gcb.14658
4	Chen, Y., Camps-Arbestain, M., Shen, Q., Singh, B., Cayuela, M.L., 2018. The long-term role of organic amendments in building soil nutrient fertility: a meta-analysis and review. Nutr. Cycl. Agroecosyst. 111, 103–125. https://doi.org/10.1007/s10705-017-9903-5
5	Cooper, J., Baranski, M., Stewart, G., Nobel-de Lange, M., Bàrberi, P., Fließbach, A., Peigné, J., Berner, A., Brock, C., Casagrande, M., Crowley, O., David, C., De Vliegher, A., Döring, T.F., Dupont, A., Entz, M., Grosse, M., Haase, T., Halde, C., Hammerl, V., Huiting, H., Leithold, G., Messmer, M., Schloter, M., Sukkel, W., van der Heijden, M.G.A., Willekens, K., Wittwer, R., Mäder, P., 2016. Shallow non-inversion tillage in organic farming maintains crop yields and increases soil C stocks: a meta-analysis. Agron. Sustain. Dev. 36. https://doi.org/10.1007/s13593-016-0354-1
6	Feng, Q., An, C., Chen, Z., Wang, Z., 2020. Can deep tillage enhance carbon sequestration in soils? A meta-analysis towards GHG mitigation and sustainable agricultural management. Renew. Sustain. Energy Rev. 133, 110293. https://doi.org/https://doi.org/10.1016/j.rser.2020.110293
7	García-Palacios, P., Gattinger, A., Bracht-Jørgensen, H., Brussaard, L., Carvalho, F., Castro, H., Clément, J.-C., De Deyn, G., D'Hertefeldt, T., Foulquier, A., Hedlund, K., Lavorel, S., Legay, N., Lori, M., Mäder, P., Martínez-García, L.B., da Silva, P., Muller, A., Nascimento, E., Reis, F., Symanczik, S., Paulo Sousa, J., Milla, R., 2018. Crop traits drive soil carbon sequestration under organic farming. J. Appl. Ecol. 55, 2496–2505. https://doi.org/10.1111/1365-2664.13113
8	Gattinger, A., Muller, A., Haeni, M., Skinner, C., Fliessbach, A., Buchmann, N., Mäder, P., Stolze, M., Smith, P., Scialabba, N.E.H., Niggli, U., 2012. Enhanced top soil carbon stocks under organic farming. Proc. Natl. Acad. Sci. U. S. A. 109, 18226–18231. https://doi.org/10.1073/pnas.1209429109

9   González-Sánchez, E.J., Ordóñez-Fernández, R., Carbonell-Bojollo, R., Veroz-González, O., Gil-Ribes, J.A., 2012. Meta-analysis on atmospheric carbon capture in Spain through the use of conservation agriculture. Soil Tillage Res. 122, 52–60. https://doi.org/10.1016/j.still.2012.03.001

10   Haddaway, N.R., Hedlund, K., Jackson, L.E., Katterer, T., Lugato, E., Thomsen, I.K., Jorgensen, H.B., Isberg, P.-E., 2017. How does tillage intensity affect soil organic carbon? A systematic review. Environ. Evid. 6. https://doi.org/10.1186/s13750-017-0108-9

11   Han, P., Zhang, W., Wang, G., Sun, W., Huang, Y., 2016. Changes in soil organic carbon in croplands subjected to fertilizer management: a global meta-analysis. Sci. Rep. 6. https://doi.org/10.1038/srep27199

12   Jian, J., Du, X., Reiter, M.S., Stewart, R.D., 2020. A meta-analysis of global cropland soil carbon changes due to cover cropping. Soil Biol. Biochem. 143, 107735. https://doi.org/10.1016/j.soilbio.2020.107735

13   King, A.E., Blesh, J., 2018. Crop rotations for increased soil carbon: Perenniality as a guiding principle: Perenniality. Ecol. Appl. 28, 249–261. https://doi.org/10.1002/eap.1648

14   Kopittke, P.M., Dalal, R.C., Finn, D., Menzies, N.W., 2017. Global changes in soil stocks of carbon, nitrogen, phosphorus, and sulphur as influenced by long-term agricultural production. Glob. Chang. Biol. 23, 2509–2519. https://doi.org/10.1111/gcb.13513

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18   Luo, Z., Wang, E., Sun, O.J., 2010. Can no-tillage stimulate carbon sequestration in agricultural soils? A meta-analysis of paired experiments. Agric. Ecosyst. Environ. 139, 224–231. https://doi.org/10.1016/j.agee.2010.08.006

19   Maillard, É., Angers, D.A., 2014. Animal manure application and soil organic carbon stocks: A meta-analysis. Glob. Chang. Biol. 20, 666–679. https://doi.org/10.1111/gcb.12438

20   Majumder, S., Neogi, S., Dutta, T., Powel, M.A., Banik, P., 2019. The impact of biochar on soil carbon sequestration: Meta-analytical approach to evaluating environmental and economic advantages. J. Environ. Manage. 250. https://doi.org/10.1016/j.jenvman.2019.109466

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22   McDaniel, M.D., Tiemann, L.K., Grandy, A.S., 2014. Does agricultural crop diversity enhance soil microbial biomass and organic matter dynamics? A meta-analysis. Ecol. Appl. 24, 560–570. https://doi.org/10.1890/13-0616.1

23   Meurer, K.H.E., Haddaway, N.R., Bolinder, M.A., Kätterer, T., 2018. Tillage intensity affects total SOC stocks in boreo-temperate regions only in the topsoil—A systematic review using an ESM approach. Earth-Science Rev. 177, 613–622. https://doi.org/10.1016/j.earscirev.2017.12.015

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Supplementary material

The supplementary material can be found through this link: https://doi.org/10.5281/zenodo.6389949

Table S1: List of resources for assessing the quality of, reporting or creating meta-analyses in several disciplines

Table S2: 31 soil organic carbon meta-analyses and their individual scores per (sub)-criterium

Table S3: Literature gathering

Table S4: Information on screening process

Table S5: Results for all meta-analyses per group and (sub)-criterium

Table S6: Quick quality assessment of meta-analyses in IPCC report with the help of "cut-off" criteria

Table S7: Results for criteria 1-5 and 9-17 from meta-analyses that passed and did not pass the "cut-off" criteria

Table S8: Template for quality assessment

Funding

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No. 862695 EJP SOIL.

Author contribution

JF and EV compiled the quality criteria-set and performed the quality assessment. SZB initiated the study and raised the funding. All authors contributed to the conceptual planning of the study, to the writing and to interpretation of results. All authors provided input on earlier versions of the manuscript and read and approved of the final review.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Acknowledgements

We wish to thank Prof. Bas van Wesemael, Dr. John Koestel, Prof. Marco Acutis, Dr. Damien Beillouin, and Tommaso Tadiello for their thoughtful comments and Dylan Goff, MSc. for proofreading this manuscript.

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