Impact of water uptake and mixing state on submicron particles deposition in the human respiratory tract (HRT): Based on explicit hygroscopicity measurements at HRT-like conditions

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Abstract. The particle hygroscopicity plays a key role in determining the particle deposition in the human respiratory tract (HRT). In this study, the effects of hygroscopicity and mixing state on regional and total deposition doses for children, adults, and elderly were quantified using the Multiple-Path Particle Dosimetry model based on the size-resolved particle hygroscopicity measurements at HRT-like conditions (relative humidity = 98%) performed in the North China Plain. The measured particle population with an external mixing state was dominated by hygroscopic particles (number fraction = 91.5 ± 5.7%), mean ± standard deviation (SD), the same below). Particle hygroscopic growth in the HRT led to a reduction by around 24% in the total doses of submicron particles for all age groups. Such reduction was mainly caused by the growth of hygroscopic particles and was more pronounced in the pulmonary and tracheobronchial regions. Regardless of hygroscopicity, the elderly group had the highest total dose among the three age groups. With 270 nm in diameter as the boundary, the total deposition doses of particles smaller than this diameter were overestimated and those of larger particles were underestimated assuming no particle hygroscopic growth in the HRT. From the perspective of the daily variation, the deposition rates of hygroscopic particles with an average of $2.88 \times 10^6$ #/h (SD =
8.10 × 10^8 #/h) during the daytime were larger than those ((2.32 × 10^9) ± (2.41 × 10^8)#/h) at night. On the contrary, hydrophobic particles interpreted as freshly emitted soot and primary organic aerosols exhibited higher deposition rates at nighttime ((3.39 ± 1.34) × 10^8 #/h) than those in the day ((2.58 × 10^8) ± (7.60 × 10^7) #/h). The traffic emissions during the rush hours enhanced the deposition rate of hydrophobic particles. This work provides a more explicit assessment of the impact of hygroscopicity and mixing state on the deposition pattern of submicron particles in the HRT.

**Keywords:** hygroscopicity; mixing state; HH-TDMA; lung deposition; MPPD
1 Introduction

Toxicological and epidemiological studies showed that the declining life expectancy and rising premature mortality were both closely related to ambient particles (Chen et al., 2013; Correia et al., 2013; Pope and Dockery, 2013; Ching and Kajino, 2018; Dockery et al., 1993; Pope et al., 2009). Compared with coarse particles, submicron particles (i.e., particles with diameter \( \leq 1 \mu m \)) have smaller sizes and larger specific surface areas, which tend to carry more toxic and harmful components and reach deeper into the human respiratory tract (HRT). Inhaled particles deposit along the HRT mainly by diffusion, sedimentation, impaction, and interception (Wang et al., 2018a). The major deposition mechanism depends on the particle size and specific deposition location (Varghese and Gangamma, 2009). Unlike ambient environments, conditions in the HRT are warm and humid, where the relative humidity (RH) can be as high as 99.5% (Hussein et al., 2013). The unique environment can alter the chemical and physical characteristics of inhaled particles, leading to variations in particle deposition distributions and doses. To accurately quantify the deposition pattern of submicron particles in the HRT, it is therefore critical to account for such potential transformations and characterize inhaled particle properties in the HRT.

Due to experimental limitations of measuring inhaled particle number size distributions (PNSDs), regional doses in the HRT are typically estimated by means of mathematical models (Hofmann, 2011). The most widely used dosimetry models are the International Commission on Radiological Protection (ICRP, 1994) model and the Multiple-Path Particle Dosimetry (MPPD) model (Asgharian et al., 2001). Estimating the particle deposition fraction (DF) in these models is based on aerosol properties as well as individual’s physiological parameters. These available dosimetry models, however, fail to incorporate some critical particle characteristics, especially the hygroscopicity (Ferron, 1977), which may cause variations in the particle size and therefore affect the deposition efficiency and pattern of particles in different lung regions.

To date, many studies have assessed the effects of hygroscopicity on ambient particle deposition in the HRT based on assumed values of the hygroscopic parameter (Kappa, \( \kappa \)) representing non-hygroscopic, nearly hydrophobic, and hygroscopic particles (Voliotis and Samara, 2018) or estimations using models from \( \kappa \) of each chemical composition (Chalvatzaki and Lazaridis, 2018; Ching and Kajino, 2018; Haddrell et al., 2015; Hussein et al., 2013; Martonen and Schroeter, 2003; Rajaraman et al., 2020; Vu et al., 2015; Vu et al., 2018; Xu et al., 2021; Londahl et al., 2007). However, it is well-known that continental aerosols typically show an external mixing state and size-dependent hygroscopicity (Zong et al., 2021). Thus, in order to capture the real features of ambient particles’ hygroscopic growth in the HRT, direct particle hygroscopic growth measurements (Cuevas-Robles et al., 2021; Farkas et al., 2022; Kristensson et al., 2013; Londahl et al., 2009; Vu et al., 2015; Youn et al., 2016) are a matter of necessity.

Hygroscopicity measurements are generally conducted by Humidity Tandem Differential Mobility Analyzer (H-TDMA) (Farkas et al., 2022; Kristensson et al., 2013; Londahl et al., 2009) or Differential Aerosol Sizing and Hygroscopicity Spectrometer Probe (DASH-SP) (Cuevas-Robles et al., 2021; Youn et al., 2016). For example, Farkas et al. (2022) modelled DFs of aerosol particles with four different diameters and studied in their dry state and after their hygroscopic growth at RH = 90% using a
H-TDMA (Farkas et al., 2022). Youn et al. (2016) examined size-resolved hygroscopicity data by DASH-SP for particles sampled near mining and smelting operations to study the effects of particles’ hygroscopic growth on the HRT deposition of toxic contaminants (Youn et al., 2016). Most of such studies used hygroscopicity data measured at considerably lower RH conditions opposed to those occurring in the HRT (85%-90% vs. ≈ 99.5%) (Vu et al., 2015; Swietlicki et al., 2008). It was further assumed that κ was independent of RH under the premise of the ideal solution. However, the presence of surface active, slightly soluble substances, and the co-condensation of semi-volatile soluble organic compounds can result in the humidity-dependent characteristic of κ (Wu et al., 2013; Wex et al., 2009; Topping and McFiggans, 2012). For instance, Liu et al. (2018) showed that κ could vary from about 0.1 at RH < 20% to less than 0.05 when RH = 90% due to the non-ideal mixing of water with hydrophobic and hydrophilic organic components (Liu et al., 2018). Therefore, an explicit hygroscopicity measurements at HRT-like conditions will make the deposition estimation more accurate.

In this study, the size-resolved particle hygroscopicity derived from a high humidity tandem differential mobility analyzer (HH-TDMA) at HRT-like conditions (RH = 98%) was used to quantify the effects of both hygroscopicity and external mixing state on particle deposition in the HRT using the MPPD model. The deposition doses of submicron particles were calculated in the head, tracheobronchial (TB), and pulmonary (P) regions in the HRT for different age groups. Further, the diurnal variations of deposition rates of hygroscopic and hydrophobic particles were also calculated to provide an insight into the particle deposition linked to human activities.

2 Materials and Methods

2.1 The Sampling Site and Instruments

The field campaign was conducted from June 8 to July 6 in 2014 at an ecological park in the rural area of Wangdu County (38.666°N, 115.210°E) in the North China Plain. The surroundings were wheat fields without significant industry emissions. A detailed description of the sampling site can be found in our previous study (Wu et al., 2017b). In brief, a HH-TDMA and a twin differential mobility particle sizer (TDMPS) were employed to measure the hygroscopic growth factor (HGF) of specific size particles at RH = 98% and the size-resolved PNSDs of particles ranging from 3 to 800 nm respectively.

2.2 Particle Hygroscopic Growth Measurement

The HH-TDMA was designed to measure the aerosol hygroscopic growth at high RH (90% - 98%), using the technique of a temperature-controlled water bath, which is able to hold the RH of aerosols and sheath flow stable for RH > 90% (Hennig et al., 2005). More detailed information regarding the HH-TDMA system was provided by Bian et al. (2014) and Wu et al. (2017a). The HGF
was defined as the ratio of the wet particle diameter at a given RH ($D_{P,wet}$) to the dry particle diameter for RH < 10% ($D_{P,dry}$):

$$HGF = \frac{D_{P,wet}}{D_{P,dry}}$$  \hspace{1cm} (1)

The TDMAinv method developed by Gysel et al. (2009) was used to invert hygroscopicity data of settled diameter particles (30, 50, 100, 150, 200, and 250 nm) to HGFs of size-resolved particles and hygroscopic growth factor probability distribution function (GF-PDF) at RH = 98% (Gysel et al., 2009). The HGF was then converted into the hygroscopic parameter ($\kappa$) according to the $\kappa$-Köhler theory (Petters and Kreidenweis, 2007):

$$\kappa = (HGF^3 - 1)\left(\frac{\exp\left(\frac{A}{RH}\right) - 1}{\exp\left(\frac{A}{RH}\right)}\right)$$  \hspace{1cm} (2)

$$A = \frac{4\sigma_{s/a} M_w}{RT \rho_w}$$  \hspace{1cm} (3)

where HGF and $D_{P,dry}$ are the hygroscopic growth factor measured at 98% RH by HH-TDMA and the dry particle diameter respectively, $\sigma_{s/a}$ is the droplet surface tension (assumed to be that of pure water, $\sigma_{s/a} = 0.0728$ N m$^{-2}$), $M_w$ is the molecular weight of water, $\rho_w$ is the density of liquid water, R is the universal gas constant, and T is the absolute temperature.

The head region, or upper respiratory tract, includes the nasal cavities, the pharynx, and the larynx. In this study, the wet diameter of aerosols above the larynx was assumed to be equilibrated with the ambient air conditions (Ching and Kajino, 2018), therefore set to the average value during the sampling period (T = 26 °C, RH = 60%). The TB and P regions belong to the lower respiratory tract which were saturated with water vapor, and the temperature and RH inside were 37 °C and 99.5%, respectively (Vu et al., 2015). The wet particle diameter in the HRT was estimated by using the variant of Eq (2). Detailed information can be found in Farkas et al. (2022).

2.3 Total, Hygroscopic, and Hydrophobic Particle Number Size Distributions

The TDMS includes two Hauke-type differential mobility analyzers (DMA) that have different effective center rod lengths which measure aerosol particles of 20 - 800 nm and 3 - 20 nm, respectively. The two condensation particle counters (CPC) count particles downstream of DMAs. Combining the counts from the two CPCs, the TDMS can measure the PNSD of particles from 3 - 800 nm (electrical mobility diameter). The instrument principle and structure of TDMS can be found in Birmili et al. (1999) and Wiedensohler et al. (2012). In this study, electrical mobility diameters were converted to aerodynamic diameters using a particle density of 1.5 g/cm$^3$ (Hu et al., 2012), matching the particle size targeted by the MPPD model.

Taking particle mixing into account, the particle population can be categorized into
hygroscopic and hydrophobic groups according to HGFs measured at RH = 98% by HH-TDMA.

Particles with HGF < 1.2 were regarded as hydrophobic particles whereas those with HGF ≥ 1.2 were regarded as hygroscopic particles (Wang et al., 2018b; Zong et al., 2021). The hydrophobic particles in urban environments have previously been interpreted as originating from freshly emitted soot and exhaust particles, while the hygroscopic particles have been regarded as more processed and long-range transported (Swietlicki et al., 2008; Baltensperger, 2002). To obtain the PNSDs for both groups, the total PNSD measured by TDMPS were scaled by the number fractions (NF) of hydrophobic and hygroscopic particles. With HGF = 1.2 as the cut-off point, the GF-PDF for each selected size was divided into the hydrophobic and hygroscopic modes. The calculation methods of the HGF and NF of each mode were detailed in Zong et al. (2021). The NFs of size-resolved particles within the measuring range of the TDMPS were calculated by linear interpolation methods, while those of particles out of the range were equal to the closest known NF.

2.4 Particle Dose Estimation

The MPPD model (version 3.04) was used to estimate the deposition of particles in the HRT (MPPD: Multiple-Path Particle Dosimetry Model, 2022). This model calculates deposition and clearance of monodisperse and polydisperse aerosols in the size range of 1 nm - 100 μm in the respiratory tracts of laboratory animals, human adults, and children. Within each airway, the deposition is calculated using theoretically derived efficiencies for deposition by diffusion, sedimentation, impaction, and interception within the airway or airway bifurcation. The model requires the following parameters as input: (1) airway morphometry parameters (airway morphometry model, functional residual capacity (FRC), and the upper respiratory tract (URT) volume); (2) particle properties (density, diameter); (3) exposure scenario (breathing frequency (BF), tidal volume (TV)); and (4) deposition/clearance.

In this study, the stochastic model (60th percentile) was chosen, which is closer to the realistic structure of human lungs (Voliotis and Samara, 2018; Li et al., 2016; Asgharian et al., 2001; Wang et al., 2021; Lyu et al., 2018; Avino et al., 2018; Manigrasso et al., 2015). The particle diameter range was set as 0.01 - 1.0 μm. Particle density was taken as 1.5 g/cm³ according to a previous study in Beijing (Hu et al., 2012). In order to obtain the deposition pattern of different age groups, the population was divided into three groups on the basis of their age: children (7 - 12 years old), adults (18 - 26 years old),
and the elderly (> 59 years old). Then, particle deposition was estimated based on Chinese localized physiological parameters (Table 1). These values were considered for an exposure scenario for resting (e.g., sitting) and nasal breathing. All the model simulations were conducted using the male physiological parameters as corresponding data for females were not available. Elsewhere it was shown that males received higher doses compared to females in all age classes due to the different physiological parameters (e.g., higher TV and FRC) (Voliotis and Samara, 2018), hence similar behavior would have been expected here. Similarly, different exposure scenarios (e.g. sleeping, exercising, walking, etc) can result in different dose estimations and are not discussed here. All the other model input parameters were set as default. It should be noted that any clearance mechanisms were not considered in this study, hence our results show the upper limit of exposure.

Table 1 Physiological and breathing parameters for three age groups

<table>
<thead>
<tr>
<th>Age Groups</th>
<th>FRC/mL</th>
<th>Height/cm</th>
<th>URT Volume/mL</th>
<th>TV/L/mL</th>
<th>BF/min</th>
<th>Exposure Time/min day⁻¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children</td>
<td>1330⁶⁺</td>
<td>139.3</td>
<td>21.91</td>
<td>630</td>
<td>22</td>
<td>96⁶⁺</td>
</tr>
<tr>
<td>Adults</td>
<td>3338⁷</td>
<td>158.5</td>
<td>36.31</td>
<td>730</td>
<td>18</td>
<td>253⁹</td>
</tr>
<tr>
<td>Elderly</td>
<td>3259⁹</td>
<td>166.9</td>
<td>34.01</td>
<td>760</td>
<td>18</td>
<td>241⁹</td>
</tr>
</tbody>
</table>

* Base on the available data, age groups here refer to males.

⁶ Due to the lack of data, the FRC value of children is not a Chinese localization parameter.

⁷ Stocks and Quanjer, 1995

⁸ Cao, 2009

⁹ Zhu, 2006

¹ Hart et al., 1963

¹ Duan, 2016

¹ Duan et al., 2014

The DF is the ratio of the mass/number/surface area of the deposited particles to that of inhaled particles in a given region. The daily particle number doses and deposition rates for size-resolved particles in a specific region were calculated as follows (Voliotis and Samara, 2018),

\[
Dose_i = DF_i \times PNC_i \times TV \times BF \times \tau
\]

(4)

\[
Rate_i = DF_i \times PNC_i \times TV \times BF
\]

(5)

where \(Dose_i\) is the deposition dose of \(i\)th size particle (particles/day), \(Rate_i\) is the deposition rate of \(i\)th size particle (particles/h), \(DF_i\) is the deposition fraction of \(i\)th size channel in a specific region, \(PNC_i\) is the particle number concentration (#/cm²) corresponding to the \(i\)th size channel, \(TV\) is the tidal volume (mL), \(BF\) is the breathing frequency (min⁻¹), and \(\tau\) is the exposure time in ambient air (min/day). The deposition dose of a specific region was calculated by adding together doses of size-resolved particles, and the total dose was the sum of three regional doses. The dose without considering hygroscopicity was calculated on the basis of the dry PNSD. The dose considering
hygroscopicity was the sum of particle doses of hygroscopic and hydrophobic groups, which was respectively calculated by the PNSD of two groups.

3 Results and Discussion

3.1 Particle Number Size Distributions in the human respiratory tract

As described in Sect. 2.3, particles were categorized into hygroscopic and hydrophobic groups at RH = 98% according to their hygroscopicity. Figure 1 showed the average ambient PNSD under dry conditions (RH < 30%) over the entire field campaign and those of hygroscopic and hydrophobic particles in the HRT. The average particle number concentrations (PNCs) of hygroscopic and hydrophobic particles were \((1.76 \pm 1.64) \times 10^4\) (mean ± standard deviation (SD), the same below) and \((1.70 \pm 3.14) \times 10^3\)#/cm\(^3\), respectively. The hygroscopic particles accounted for an average of \((91.5 \pm 5.7)\%\) of the total PNC and dominated the measured aerosol population.

![Figure 1](https://doi.org/10.5194/egusphere-2022-256)

Figure 1. (a) The average particle number size distribution (PNSD) measured by TDMPS during the sampling period. The average PNSDs of the (b) hygroscopic and (c) hydrophobic groups in the human respiratory tract at different relative humidities (RH). The grey dots, blue, and red lines represent PNSDs under dry conditions (RH < 30%), in the head (RH = 60%), and in the TB and P (RH = 99.5%), respectively.

As shown in Figure 1(b), the hygroscopic particles grew slightly in the head (the blue line), while they had a remarkable growth in the TB and P regions (the red line) attributed to high humidity conditions and water uptake. Particularly, the diameter of hygroscopic particles corresponding to the maximum PNC shifted from about 90 nm to 250 nm. As expected, no obvious size growth of hydrophobic particles took place in the three regions in the HRT, and the peak appeared at \(D_p \approx 40\) nm (Figure 1(c)).

3.2 Regional and Total Deposition Fractions

Taking the adult group as an example, size-resolved regional and total DFs of particles under dry conditions (black dots) and hydrophobic (blue dots) and hygroscopic (red dots) particles in humid environments were shown in Figure 2.
Figure 2. Size-resolved (a) head, (b) TB, (c) P, and (d) total deposition fractions (DFs) of particles under dry conditions (i.e., without considering hygroscopicity), and hydrophobic and hygroscopic particles in humid environments (i.e., considering hygroscopicity) for the adult group. The black, blue, and red dots represent dry, hydrophobic, and hygroscopic particles, respectively. In Figure 2(a), the black dots representing DFs under dry conditions is hidden behind the blue dots representing DFs of hydrophobic particles, because these two sets of DFs are close to each other.

As shown in Figure 2(a), there was no significant difference between head DFs whether hygroscopicity was considered or not, because the conditions within the upper respiratory tract were in balance with the surrounding environment (Ching and Kajino, 2018). With the increasing \( D_p \), the head DFs decreased at first and reached the minimum at around 150 nm, then increased sharply, which is similar to the trend of the head DF curve using MPPD by Youn et al. (2016) (Youn et al., 2016).

In the TB, the DF declined monotonically associated with the increasing particle diameter, and tended to plateau for particles with \( D_p > \sim 100 \) nm (Figure 2(b)), which is consistent with the results of previous studies (Youn et al., 2016; Hussein et al., 2019; Varghese and Gangamma, 2009). If hygroscopicity was not taken into consideration, DFs of submicron particles were overestimated for both groups (i.e., the blue dots for hydrophobic particles and the red dots for hygroscopic particles). Using the percentage of the difference between DFs in two cases (i.e., considering hygroscopicity or not) and the DF without considering hygroscopicity as a weight, tracheobronchial DFs of hydrophobic particles were overestimated by less than 9.7\%, while, 23.0\% on average for hygroscopic particles. For example, the DF of particles with dry diameters at around 50 nm was 0.131 without considering hygroscopicity, and it shifted to 0.120 for hydrophobic and 0.083 for hygroscopic particles considering hygroscopicity, with the differences of 8.4\% and 36.6\%.

Compared with size-resolved DFs of particles under dry conditions (the black dots in Figure 2(c)), the DFs of hydrophobic (the blue dots) and hygroscopic (the red dots) particles in the P region were overestimated in the range of 20 - 500 nm and 20 - 250 nm respectively, and those of particles outside
the above diameter ranges were underestimated. The DFs of hydrophobic and hygroscopic particles were respectively overestimated (underestimated) by up to 14.1% (10.7%) and 53.1% (109.7%). Similarly, taking particles with a dry particle diameter of 50 nm as an example, the DF in the P was 0.250 without considering hygroscopicity, while it reduced to 0.133 (0.228) for hygroscopic (hydrophobic) particles considering hygroscopicity. Besides, resembled with the results of Youn et al. (2016) and Varghese et al. (2009), there was only one peak at the DF curve of the P region in the submicron range without considering hygroscopicity (black dots). Considering hygroscopicity, another peak of larger hygroscopic particles (~ 800 nm) appeared. It indicates that particle hygroscopicity enables more submicron particles with relatively large diameters to deposit in the deepest parts of the lung.

In Figure 2(d), the total DFs of hydrophobic particles (the blue dots) had a similar trend as those of dry particles due to regional DFs mentioned above. For the hygroscopic group (the red dots), with $D_p = 270$ nm as the boundary, DFs of smaller particles were overestimated by 27.6% on average, while those of larger particles were underestimated by 28.6% on average. When considering hygroscopicity, submicron particles undergo hygroscopic growth by water uptake, and particle sizes increase as a whole (Figure 1(b) and (c)). For small particles dominated by diffusion, as $D_p$ increasing, Brownian motion intensity decreased, and the diffusion deposition decreased accordingly. For large particles dominated by interception and inertial impaction, these two efficiencies increased with the particle size. Therefore, the corresponding particle deposition increased. This result is consistent with the previous study using the ICRP model which concluded that the deposition of particles with $D_p < 200$ nm was overestimated without considering water uptake (Vu et al., 2015). Additionally, the trend of the total DFs in both cases in this study is similar to the experimental data of breathing NaCl with/without hygroscopicity through noses (Chalvatzaki and Lazaridis, 2018). In general, hygroscopicity has a significant effect on regional DFs of hygroscopic particles in the TB and P regions. While, no obvious variation occurred in the DFs of two groups in the head or those of hydrophobic particles in the TB and P.

### 3.3 Regional and Total Deposition Doses for Different Age Groups

Regional (head, TB, and P) and total deposition number doses with/without considering hygroscopicity were calculated for children (a), adults (b), and the elderly (c) in Figure 3. Specific values of deposition doses of hydrophobic and hygroscopic particles in two cases can be found in Table S1 - S3. Hussein et al. (2013) (Hussein et al., 2013) found that the deposited dose calculations in the other age groups (the elderly and teens) were in the same order of magnitudes as that of adults. This is also true in our results. In both cases, the elderly group had the highest total deposition dose among the three groups, followed by adults and children. While, Voliotis et al. (2018) concluded that adults received the highest doses among all age groups, which may be caused by different physiological parameter values, such as TV. In each group, the contribution of the P region to the total dose was the greatest (> ~ 55%), which was similar to the published conclusions (Voliotis and Samara, 2018; Hussein et al., 2013; Manigrasso et al., 2017; Li et al., 2016). Taking hygroscopicity into consideration, total deposition doses significantly reduced by about a quarter (24.0% - 24.1%) for all age groups. The
greatest reduction took place in doses in the P region (25.9% - 26.3%), followed by doses in the TB (24.2% - 26.1%). Head deposition had only minor variations (-0.9% - +0.5%) in both cases.

In both cases, adults (Figure 3(b)) and the elderly (Figure 3(c)) groups received similar regional and total doses. In contrast, children had the minimum total dose (Figure 3(a)), which was around half (47.4% on average) to that for adults. The proportion of pulmonary deposition in total doses for children was up to 62.9% considering hygroscopicity. By comparison, it accounted for 54.6% and 55.7% for adults and the elderly groups, respectively. This indicates that particles inhaled by children are more likely to deposit in their pulmonary regions, which is in accordance with the results of previous studies (Voliotis and Samara, 2018; Voliotis et al., 2021).

As shown by the red lines in Figure 3, the contribution of hydrophobic particles to total deposition doses was about 10.0% for all age groups, while it increased to 12.5% after considering hygroscopicity. Hydrophobic particles were assumed to originate from freshly emitted soot and exhaust particles (Swietlicki et al., 2008; Baltensperger, 2002), which are composed of species that do great harm to human health, such as black carbon (BC) (Highwood and Kinnersley, 2006), primary organic aerosols (Mauderly and Chow, 2008), and polycyclic aromatic hydrocarbons (Kim et al., 2013; Haritash and Kaushik, 2009). Therefore, we need to pay attention to the deposition effects of hydrophobic particles.

The adults’ regional and total deposition doses of size-resolved particles with/without considering hygroscopicity were shown in Figure 4. The effects of hygroscopicity in particle doses in the head (Figure 4(a)) are insignificant, because the RH in the upper respiratory tract was close to that under dry conditions. Regional doses in the TB decreased due to particle hygroscopic growth (Figure 4(b)), and the greatest reduction (~ 33%) appeared between 40 and 80 nm in diameter. Similarly, particle hygroscopicity considerably decreased deposition doses (up to 50.3%) in the P region for particle sizes between 20 and 240 nm (Figure 4(c)). Inversely, particle doses increased (up to 102.6%) in the P region for diameters less than 20 nm and above 240 nm due to hygroscopic growth. As a result, the total deposition dose, as shown in Figure 4(d), was overestimated for particles smaller than around 270 nm with a maximum of 40.8% without considering hygroscopicity. The deposition doses of particles larger...
than this diameter were underestimated and the maximum was 43.0%.

Figure 4. (a) Head, (b) TB, (c) P, and (d) total deposition doses of size-resolved particles for the adult group with/without considering hygroscopicity. The grey dashed line represents doses without considering hygroscopicity. The black solid line represents doses considering hygroscopicity.

3.4 Deposition Rates of Hygroscopic and Hydrophobic Particles

In order to link human daily activities to particulate matter deposition, the diurnal variations of deposition rates of hygroscopic and hydrophobic particles for the adult group averaged over the entire field campaign were investigated and displayed in Figure 5. Additionally, the average concentrations of NO, CO, BC, and OH radical were also given in Figure 5. No matter which time was considered during a day, the deposition rate of hygroscopic particles ((3.60 ± 6.68) × 10^9 #/h) in the HRT was nearly one magnitude higher than that of hydrophobic particles ((5.15 ± 14.4) × 10^8 #/h).
Figure 5. The diurnal variations of deposition rates of (a) hygroscopic and (b) hydrophobic particles for the adult group. The red lines represent the median deposition rate. The upper and lower edges of the grey area represent the 75th and 25th quantiles of deposition rates, respectively. (c) The diurnal variations of the average concentrations of NO, CO, BC, and OH radical during the sampling period. The blue, red, black, and green lines represent NO, CO, BC, and OH radical, respectively.

The deposition rate of hygroscopic particles (Figure 5(a)) was higher during the daytime (5:00 - 19:00, $(2.88 \times 10^8) \pm (8.10 \times 10^8) /\text{h}$) than at night (from 20:00 to 4:00 the next day, $(2.32 \times 10^8) \pm (2.41 \times 10^8) /\text{h}$). The peak appeared at noon and the deposition rate reached the top at 12:00 $(4.74 \times 10^8 /\text{h}$ on average). The enhanced deposition rate can be attributed to the strong atmospheric oxidation capacity during the daytime, indicated by OH radical in Figure 5(c), which creates new particles or transfers the pre-existing aerosols to more aged particles through nucleation, semi-volatile partitioning, and multiphase chemistry (Raes et al., 2000; Donahue et al., 2014; Tan et al., 2020; Rudich et al., 2007).

During the field campaign, the new particle formation (NPF) events took place frequently (Figure S1). Our previous study showed that the NPF events and subsequent growth produced a large amount of hygroscopic and internally mixed particles (Wu et al., 2017b), thus leading to the enhanced deposition rate of hygroscopic particles in the day.

On the contrary, hydrophobic particles (Figure 5(b)) exhibited higher deposition rate at nighttime ($3.39 \pm 1.34 \times 10^8 /\text{h}$) than that in the day ($2.58 \times 10^8 \pm 7.60 \times 10^7 /\text{h}$). The deposition rate of hydrophobic particles peaked at 6:00 - 8:00 during morning rush hours $(3.37 \times 10^8 /\text{h}$ on average), as indicated by NO, CO, and BC concentrations in Figure 5(c). In the evening, the deposition rate step-wisely increased and reached the maximum $(5.17 \times 10^8 /\text{h}$ on average) at around 21 o’clock. Correspondingly, BC concentrations increased as well. The strong primary emissions, weak chemical processes, and low boundary layer height resulted in the increased hydrophobic particle number concentration. Thus, people who are exposed to outdoor air during rush hours and the evening may have a higher exposure risk to hydrophobic particles.

It is well-recognized that the freshly emitted hydrophobic particles may be transferred into aged hygroscopic particles (Tan et al., 2020) via atmospheric aging with enhanced volume fractions of inorganic components and organic compounds with higher O:C (Wu et al., 2016; Jimenez et al., 2009). If we take 50 nm-particles as an example, the $\kappa$ ranged from 0.08 to 0.46 during the entire campaign, implying their different aging degrees. Since BC primarily comes from combustion processes, the $\kappa$ corresponding to the top 5% highest mass concentrations of BC was employed to represent the $\kappa$ value of primary emission particles (Figure S2). The $\kappa$ of BC with $D_p = 50$ nm was $0.19 \pm 0.10$, which was lower than that of the similar size particles during the NPF events ($\kappa = 0.37 \pm 0.03$) in our previous publications (Wu et al., 2017b). In this study, the total DF for adults was $\sim 0.258$ when $\kappa = 0.19$, while it dropped to $\sim 0.217$ when $\kappa = 0.37$, with a decline change of 15.9%. Assuming particles emitted from different sources (i.e., primary emissions vs. secondary transformation) with the same PNC and diameter, the deposition doses of aged particles in the HRT were lower compared to those of freshly emitted particles.
4 Conclusions

To accurately quantify the effects of both hygroscopicity and external mixing state on the particle deposition, the size-resolved particle hygroscopicity measured at HRT-like conditions (RH = 98%) was used to estimate the deposition doses of submicron particles in the HRT for different age groups with/without considering hygroscopicity using the MPPD model.

The total particle number concentrations were dominated by the hygroscopic particles (number fraction = (91.5 ± 5.7)%). Taking hygroscopicity into consideration, total deposition doses significantly reduced by about a quarter (24.0% - 24.1%) for all age groups. The greatest reduction took place in doses in the P (25.9% - 26.3%) and TB (24.2% - 26.1%) regions. Head deposition had only minor variations (-0.9% - +0.5%) in both cases. With 270-nm as the boundary, the total doses of smaller particles were overestimated and those of larger particles were underestimated. Regardless of hygroscopicity, the elderly groups received the highest total doses, and children had the lowest doses, which was around half to that for the elderly. Pulmonary doses dominated the deposition pattern. The diurnal variations of deposition rates of hygroscopic and hydrophobic particles were also calculated.

The deposition rate of hygroscopic particles was higher during the daytime (2.88 × 10^8 #/h vs. (2.32 × 10^8) ± (2.41 × 10^8) #/h at night) attributed to the strong atmospheric oxidation capacity. Hydrophobic particles exhibited higher deposition rate at nighttime ((3.39 ± 1.34) × 10^7 #/h) than those in the day ((2.58 × 10^8) ± (7.60 × 10^7) #/h), which was associated with strong primary emissions, weak chemical processes, and low boundary layer height. The traffic emissions during the rush hours also enhanced the deposition rate of hydrophobic particles. Additionally, fresh emitted particles have lower hygroscopicity and higher DFs compared with aged particles with the same diameter and concentration, which may result in higher deposition. Based on a more explicit hygroscopicity measurement at RH = 98%, this work provides an insight into the impact of hygroscopicity on the deposition pattern of submicron particles in the HRT. Moreover, combined with human activities, it deepens the understanding of the relationship of particle mixing state and particle deposition.

Data availability. The data presented in this article can be accessed through the corresponding author Zhijun Wu (zhijunwu@pku.edu.cn).

Author contribution. ZW, JG, DP, LZ, HH, and AW carried out the field observation and obtained data. RM and TZ processed and analyzed data. All authors discussed the results and contributed to the writing of this paper. RM prepared the manuscript with the contributions of all co-authors. ZW, AV, and MH further modified and improved the manuscript.

Competing interests. The authors declare that they have no conflict of interest.

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