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1 **Impact of water uptake and mixing state on submicron**  
2 **particles deposition in the human respiratory tract**  
3 **(HRT): Based on explicit hygroscopicity measurements**  
4 **at HRT-like conditions**

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18 **Abstract.** The particle hygroscopicity plays a key role in determining the particle deposition in the  
19 human respiratory tract (HRT). In this study, the effects of hygroscopicity and mixing state on regional  
20 and total deposition doses for children, adults, and elderly were quantified using the Multiple-Path  
21 Particle Dosimetry model based on the size-resolved particle hygroscopicity measurements at HRT-like  
22 conditions (relative humidity = 98%) performed in the North China Plain. The measured particle  
23 population with an external mixing state was dominated by hygroscopic particles (number fraction =  
24  $91.5 \pm 5.7\%$ , mean  $\pm$  standard deviation (SD), the same below). Particle hygroscopic growth in the  
25 HRT led to a reduction by around 24% in the total doses of submicron particles for all age groups. Such  
26 reduction was mainly caused by the growth of hygroscopic particles and was more pronounced in the  
27 pulmonary and tracheobronchial regions. Regardless of hygroscopicity, the elderly group had the  
28 highest total dose among the three age groups. With 270 nm in diameter as the boundary, the total  
29 deposition doses of particles smaller than this diameter were overestimated and those of larger particles  
30 were underestimated assuming no particle hygroscopic growth in the HRT. From the perspective of the  
31 daily variation, the deposition rates of hygroscopic particles with an average of  $2.88 \times 10^9$  #/h (SD =



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32  $8.10 \times 10^8 \text{ \#}/\text{h}$ ) during the daytime were larger than those  $((2.32 \times 10^9) \pm (2.41 \times 10^8) \text{ \#}/\text{h})$  at night. On  
33 the contrary, hydrophobic particles interpreted as freshly emitted soot and primary organic aerosols  
34 exhibited higher deposition rates at nighttime  $((3.39 \pm 1.34) \times 10^8 \text{ \#}/\text{h})$  than those in the day  $((2.58 \times$   
35  $10^8) \pm (7.60 \times 10^7) \text{ \#}/\text{h})$ . The traffic emissions during the rush hours enhanced the deposition rate of  
36 hydrophobic particles. This work provides a more explicit assessment of the impact of hygroscopicity  
37 and mixing state on the deposition pattern of submicron particles in the HRT.

38 **Keywords:** hygroscopicity; mixing state; HH-TDMA; lung deposition; MPPD



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## 39 1 Introduction

40 Toxicological and epidemiological studies showed that the declining life expectancy and rising  
41 premature mortality were both closely related to ambient particles (Chen et al., 2013; Correia et al.,  
42 2013; Pope and Dockery, 2013; Ching and Kajino, 2018; Dockery et al., 1993; Pope et al., 2009).  
43 Compared with coarse particles, submicron particles (i.e., particles with diameter  $\leq 1 \mu\text{m}$ ) have smaller  
44 sizes and larger specific surface areas, which tend to carry more toxic and harmful components and  
45 reach deeper into the human respiratory tract (HRT). Inhaled particles deposit along the HRT mainly by  
46 diffusion, sedimentation, impaction, and interception (Wang et al., 2018a). The major deposition  
47 mechanism depends on the particle size and specific deposition location (Varghese and Gangamma,  
48 2009). Unlike ambient environments, conditions in the HRT are warm and humid, where the relative  
49 humidity (RH) can be as high as 99.5% (Hussein et al., 2013). The unique environment can alter the  
50 chemical and physical characteristics of inhaled particles, leading to variations in particle deposition  
51 distributions and doses. To accurately quantify the deposition pattern of submicron particles in the HRT,  
52 it is therefore critical to account for such potential transformations and characterize inhaled particle  
53 properties in the HRT.

54 Due to experimental limitations of measuring inhaled particle number size distributions (PNSDs),  
55 regional doses in the HRT are typically estimated by means of mathematical models (Hofmann, 2011).  
56 The most widely used dosimetry models are the International Commission on Radiological Protection  
57 (ICRP, 1994) model and the Multiple-Path Particle Dosimetry (MPPD) model (Asgharian et al., 2001).  
58 Estimating the particle deposition fraction (DF) in these models is based on aerosol properties as well  
59 as individual's physiological parameters. These available dosimetry models, however, fail to  
60 incorporate some critical particle characteristics, especially the hygroscopicity (Ferron, 1977), which  
61 may cause variations in the particle size and therefore affect the deposition efficiency and pattern of  
62 particles in different lung regions.

63 To date, many studies have assessed the effects of hygroscopicity on ambient particle deposition  
64 in the HRT based on assumed values of the hygroscopic parameter (Kappa,  $\kappa$ ) representing  
65 non-hygroscopic, nearly hydrophobic, and hygroscopic particles (Voliotis and Samara, 2018) or  
66 estimations using models from  $\kappa$  of each chemical composition (Chalvatzaki and Lazaridis, 2018;  
67 Ching and Kajino, 2018; Haddrell et al., 2015; Hussein et al., 2013; Martonen and Schroeter, 2003;  
68 Rajaraman et al., 2020; Vu et al., 2015; Vu et al., 2018; Xu et al., 2021; Londahl et al., 2007). However,  
69 it is well-known that continental aerosols typically show an external mixing state and size-dependent  
70 hygroscopicity (Zong et al., 2021). Thus, in order to capture the real features of ambient particles'  
71 hygroscopic growth in the HRT, direct particle hygroscopic growth measurements (Cuevas-Robles et  
72 al., 2021; Farkas et al., 2022; Kristensson et al., 2013; Londahl et al., 2009; Vu et al., 2015; Youn et al.,  
73 2016) are a matter of necessity.

74 Hygroscopicity measurements are generally conducted by Humidity Tandem Differential Mobility  
75 Analyzer (H-TDMA) (Farkas et al., 2022; Kristensson et al., 2013; Londahl et al., 2009) or Differential  
76 Aerosol Sizing and Hygroscopicity Spectrometer Probe (DASH-SP) (Cuevas-Robles et al., 2021; Youn  
77 et al., 2016). For example, Farkas et al. (2022) modelled DFs of aerosol particles with four different  
78 diameters and studied in their dry state and after their hygroscopic growth at RH = 90% using a



79 H-TDMA (Farkas et al., 2022). Youn et al. (2016) examined size-resolved hygroscopicity data by  
80 DASH-SP for particles sampled near mining and smelting operations to study the effects of particles'  
81 hygroscopic growth on the HRT deposition of toxic contaminants (Youn et al., 2016). Most of such  
82 studies used hygroscopicity data measured at considerably lower RH conditions opposed to those  
83 occurring in the HRT (85%-90% vs.  $\approx 99.5\%$ ) (Vu et al., 2015; Swietlicki et al., 2008). It was further  
84 assumed that  $\kappa$  was independent of RH under the premise of the ideal solution. However, the presence  
85 of surface active, slightly soluble substances, and the co-condensation of semi-volatile soluble organic  
86 compounds can result in the humidity-dependent characteristic of  $\kappa$  (Wu et al., 2013; Wex et al., 2009;  
87 Topping and Mcfiggans, 2012). For instance, Liu et al. (2018) showed that  $\kappa$  could vary from about 0.1  
88 at RH < 20% to less than 0.05 when RH  $\approx 90\%$  due to the non-ideal mixing of water with hydrophobic  
89 and hydrophilic organic components (Liu et al., 2018). Therefore, an explicit hygroscopicity  
90 measurements at HRT-like conditions will make the deposition estimation more accurate.

91 In this study, the size-resolved particle hygroscopicity derived from a high humidity tandem  
92 differential mobility analyzer (HH-TDMA) at HRT-like conditions (RH = 98%) was used to quantify  
93 the effects of both hygroscopicity and external mixing state on particle deposition in the HRT using the  
94 MPPD model. The deposition doses of submicron particles were calculated in the head,  
95 tracheobronchial (TB), and pulmonary (P) regions in the HRT for different age groups. Further, the  
96 diurnal variations of deposition rates of hygroscopic and hydrophobic particles were also calculated to  
97 provide an insight into the particle deposition linked to human activities.

## 98 **2 Materials and Methods**

### 99 **2.1 The Sampling Site and Instruments**

100 The field campaign was conducted from June 8 to July 6 in 2014 at an ecological park in the rural  
101 area of Wangdu County (38.666°N, 115.210°E) in the North China Plain. The surroundings were wheat  
102 fields without significant industry emissions. A detailed description of the sampling site can be found  
103 in our previous study (Wu et al., 2017b). In brief, a HH-TDMA and a twin differential mobility particle  
104 sizer (TDMPS) were employed to measure the hygroscopic growth factor (HGF) of specific size  
105 particles at RH = 98% and the size-resolved PNSDs of particles ranging from 3 to 800 nm respectively.

### 106 **2.2 Particle Hygroscopic Growth Measurement**

107 The HH-TDMA was designed to measure the aerosol hygroscopic growth at high RH (90% -  
108 98%), using the technique of a temperature-controlled water bath, which is able to hold the RH of  
109 aerosols and sheath flow stable for RH > 90% (Hennig et al., 2005). More detailed information  
110 regarding the HH-TDMA system was provided by Bian et al. (2014) and Wu et al. (2017a). The HGF



111 was defined as the ratio of the wet particle diameter at a given RH ( $D_{p,wet}$ ) to the dry particle diameter  
 112 for  $RH < 10\%$  ( $D_{p,dry}$ ):

$$HGF = \frac{D_{p,wet}}{D_{p,dry}}, \quad (1)$$

113 The TDMAinv method developed by Gysel et al. (2009) was used to invert hygroscopicity data of  
 114 settled diameter particles (30, 50, 100, 150, 200, and 250 nm) to HGFs of size-resolved particles and  
 115 hygroscopic growth factor probability distribution function (GF-PDF) at  $RH = 98\%$  (Gysel et al., 2009).  
 116 The HGF was then converted into the hygroscopic parameter ( $\kappa$ ) according to the  $\kappa$ -Köhler theory  
 117 (Petters and Kreidenweis, 2007):

$$\kappa = (HGF^3 - 1) \left( \frac{\exp\left(\frac{A}{D_{p,dry} \cdot HGF}\right)}{RH} - 1 \right), \quad (2)$$

$$A = \frac{4 \sigma_{s/a} M_w}{RT \rho_w}, \quad (3)$$

118 where HGF and  $D_{p,dry}$  are the hygroscopic growth factor measured at 98% RH by HH-TDMA and the  
 119 dry particle diameter respectively,  $\sigma_{s/a}$  is the droplet surface tension (assumed to be that of pure  
 120 water,  $\sigma_{s/a} = 0.0728 \text{ N m}^{-2}$ ),  $M_w$  is the molecular weight of water,  $\rho_w$  is the density of liquid water,  
 121 R is the universal gas constant, and T is the absolute temperature.

122 The head region, or upper respiratory tract, includes the nasal cavities, the pharynx, and the larynx.  
 123 In this study, the wet diameter of aerosols above the larynx was assumed to be equilibrated with the  
 124 ambient air conditions (Ching and Kajino, 2018), therefore set to the average value during the sampling  
 125 period ( $T = 26 \text{ }^\circ\text{C}$ ,  $RH = 60\%$ ). The TB and P regions belong to the lower respiratory tract which were  
 126 saturated with water vapor, and the temperature and RH inside were  $37 \text{ }^\circ\text{C}$  and  $99.5\%$ , respectively (Vu  
 127 et al., 2015). The wet particle diameter in the HRT was estimated by using the variant of Eq (2).  
 128 Detailed information can be found in Farkas et al. (2022).

### 129 2.3 Total, Hygroscopic, and Hydrophobic Particle Number Size Distributions

130 The TDMPS includes two Hauke-type differential mobility analyzers (DMA) that have different  
 131 effective center rod lengths which measure aerosol particles of 20 - 800 nm and 3 - 20 nm, respectively.  
 132 The two condensation particle counters (CPC) count particles downstream of DMAs. Combining the  
 133 counts from the two CPCs, the TDMPS can measure the PNSD of particles from 3 - 800 nm (electrical  
 134 mobility diameter). The instrument principle and structure of TDMPS can be found in Birmili et al.  
 135 (1999) and Wiedensohler et al. (2012). In this study, electrical mobility diameters were converted to  
 136 aerodynamic diameters using a particle density of  $1.5 \text{ g/cm}^3$  (Hu et al., 2012), matching the particle  
 137 size targeted by the MPPD model.

138 Taking particle mixing state into account, the particle population can be categorized into



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139 hygroscopic and hydrophobic groups according to HGFs measured at RH = 98% by HH-TDMA.  
140 Particles with  $HGF < 1.2$  were regarded as hydrophobic particles whereas those with  $HGF \geq 1.2$  were  
141 regarded as hygroscopic particles (Wang et al., 2018b; Zong et al., 2021). The hydrophobic particles in  
142 urban environments have previously been interpreted as originating from freshly emitted soot and  
143 exhaust particles, while the hygroscopic particles have been regarded as more processed and  
144 long-range transported (Swietlicki et al., 2008; Baltensperger, 2002). To obtain the PNSDs for both  
145 groups, the total PNSD measured by TDMPS were scaled by the number fractions (NF) of hydrophobic  
146 and hygroscopic particles. With  $HGF = 1.2$  as the cut-off point, the GF-PDF for each selected size was  
147 divided into the hydrophobic and hygroscopic modes. The calculation methods of the HGF and NF of  
148 each mode were detailed in Zong et al. (2021). The NFs of size-resolved particles within the measuring  
149 range of the TDMPS were calculated by linear interpolation methods, while those of particles out of the  
150 range were equal to the closest known NF.

#### 151 **2.4 Particle Dose Estimation**

152 The MPPD model (version 3.04) was used to estimate the deposition of particles in the HRT  
153 (MPPD: Multiple-Path Particle Dosimetry Model, 2022). This model calculates deposition and  
154 clearance of monodisperse and polydisperse aerosols in the size range of 1 nm - 100  $\mu\text{m}$  in the  
155 respiratory tracts of laboratory animals, human adults, and children. Within each airway, the deposition  
156 is calculated using theoretically derived efficiencies for deposition by diffusion, sedimentation,  
157 impaction, and interception within the airway or airway bifurcation. The model requires the following  
158 parameters as input: (1) airway morphometry parameters (airway morphometry model, functional  
159 residual capacity (FRC), and the upper respiratory tract (URT) volume); (2) particle properties (density,  
160 diameter); (3) exposure scenario (breathing frequency (BF), tidal volume (TV)); and (4)  
161 deposition/clearance.

162 In this study, the stochastic model (60<sup>th</sup> percentile) was chosen, which is closer to the realistic  
163 structure of human lungs (Voliotis and Samara, 2018; Li et al., 2016; Asgharian et al., 2001; Wang et al.,  
164 2021; Lyu et al., 2018; Avino et al., 2018; Manigrasso et al., 2015). The particle diameter range was set  
165 as 0.01 - 1.0  $\mu\text{m}$ . Particle density was taken as 1.5  $\text{g}/\text{cm}^3$  according to a previous study in Beijing (Hu  
166 et al., 2012). In order to obtain the deposition pattern of different age groups, the population was  
167 divided into three groups on the basis of their age: children (7 - 12 years old), adults (18 - 26 years old),



168 and the elderly (> 59 years old). Then, particle deposition was estimated based on Chinese localized  
 169 physiological parameters (Table 1). These values were considered for an exposure scenario for resting  
 170 (e.g., sitting) and nasal breathing. All the model simulations were conducted using the male  
 171 physiological parameters as corresponding data for females were not available. Elsewhere it was shown  
 172 that males received higher doses compared to females in all age classes due to the different  
 173 physiological parameters (e.g., higher TV and FRC) (Voliotis and Samara, 2018), hence similar  
 174 behavior would have been expected here. Similarly, different exposure scenarios (e.g. sleeping,  
 175 exercising, walking, etc) can result in different dose estimations and are not discussed here. All the  
 176 other model input parameters were set as default. It should be noted that any clearance mechanisms  
 177 were not considered in this study, hence our results show the upper limit of exposure.

178 **Table 1 Physiological and breathing parameters for three age groups**

Age Groups <sup>a</sup>	FRC/mL	Height <sup>c</sup> /cm	URT Volume <sup>f</sup> /mL	TV <sup>e</sup> / mL	BF <sup>e</sup> / min <sup>-1</sup>	Exposure Time/ min day <sup>-1</sup>
Children	1330 <sup>b,c</sup>	139.3	21.91	630	22	96 <sup>e</sup>
Adults	3338 <sup>d</sup>	158.5	36.31	730	18	253 <sup>h</sup>
Elderly	3259 <sup>d</sup>	166.9	34.01	760	18	241 <sup>h</sup>

179 <sup>a</sup> Base on the available data, age groups here refer to males.

180 <sup>b</sup> Due to the lack of data, the FRC value of children is not a Chinese localization parameter.

181 <sup>c</sup> Stocks and Quanjer, 1995

182 <sup>d</sup> Cao, 2009

183 <sup>e</sup> Zhu, 2006

184 <sup>f</sup> Hart et al., 1963

185 <sup>g</sup> Duan, 2016

186 <sup>h</sup> Duan et al., 2014

187 The DF is the ratio of the mass/number/surface area of the deposited particles to that of inhaled  
 188 particles in a given region. The daily particle number doses and deposition rates for size-resolved  
 189 particles in a specific region were calculated as follows (Voliotis and Samara, 2018),

$$Dose_i = DF_i \times PNC_i \times TV \times BF \times t \quad (4)$$

$$Rate_i = DF_i \times PNC_i \times TV \times BF \quad (5)$$

190 where  $Dose_i$  is the deposition dose of  $i$ th size particle (particles/day),  $Rate_i$  is the deposition rate of  
 191  $i$ th size particle (particles/h),  $DF_i$  is the deposition fraction of  $i$ th size channel in a specific region,  
 192  $PNC_i$  is the particle number concentration ( $\#/cm^3$ ) corresponding to the  $i$ th size channel, TV is the tidal  
 193 volume (mL), BF is the breathing frequency ( $min^{-1}$ ), and  $t$  is the exposure time in ambient air  
 194 ( $min/day$ ). The deposition dose of a specific region was calculated by adding together doses of  
 195 size-resolved particles, and the total dose was the sum of three regional doses. The dose without  
 196 considering hygroscopicity was calculated on the basis of the dry PNSD. The dose considering

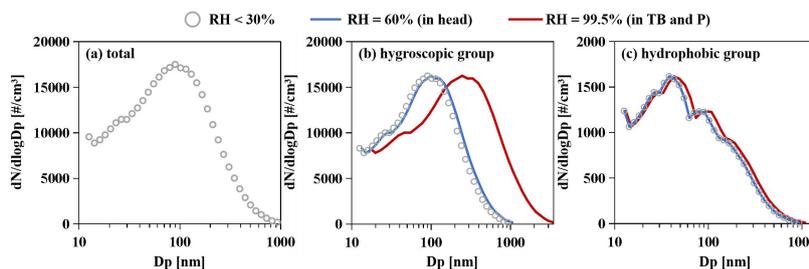


197 hygroscopicity was the sum of particle doses of hygroscopic and hydrophobic groups, which was  
 198 respectively calculated by the PNSD of two groups.

### 199 3 Results and Discussion

#### 200 3.1 Particle Number Size Distributions in the human respiratory tract

201 As described in Sect. 2.3, particles were categorized into hygroscopic and hydrophobic groups at  
 202 RH = 98% according to their hygroscopicity. Figure 1 showed the average ambient PNSD under dry  
 203 conditions (RH < 30%) over the entire field campaign and those of hygroscopic and hydrophobic  
 204 particles in the HRT. The average particle number concentrations (PNCs) of hygroscopic and  
 205 hydrophobic particles were  $(1.76 \pm 1.64) \times 10^4$  (mean  $\pm$  standard deviation (SD), the same below) and  
 206  $(1.70 \pm 3.14) \times 10^3$  #/cm<sup>3</sup>, respectively. The hygroscopic particles accounted for an average of  $(91.5 \pm$   
 207 5.7) % of the total PNC and dominated the measured aerosol population.

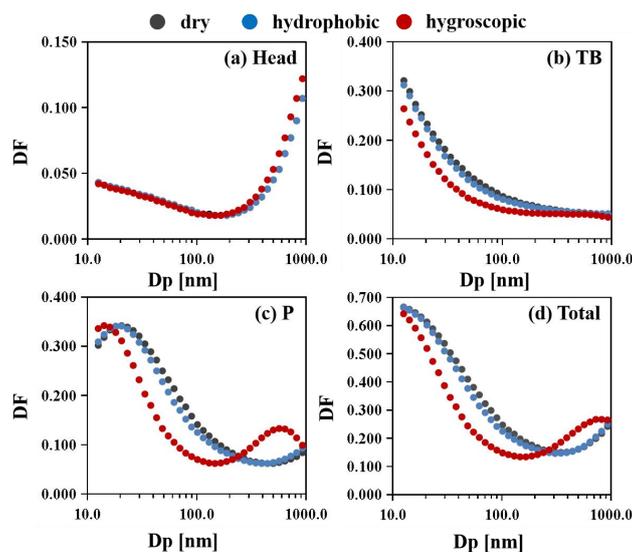


208  
 209 **Figure 1.** (a) The average particle number size distribution (PNSD) measured by TDMPS during the  
 210 sampling period. The average PNSDs of the (b) hygroscopic and (c) hydrophobic groups in the human  
 211 respiratory tract at different relative humidities (RH). The grey dots, blue, and red lines represent PNSDs  
 212 under dry conditions (RH < 30%), in the head (RH = 60%), and in the TB and P (RH = 99.5%), respectively.

213 As shown in Figure 1(b), the hygroscopic particles grew slightly in the head (the blue line), while  
 214 they had a remarkable growth in the TB and P regions (the red line) attributed to high humidity  
 215 conditions and water uptake. Particularly, the diameter of hygroscopic particles corresponding to the  
 216 maximum PNC shifted from about 90 nm to 250 nm. As expected, no obvious size growth of  
 217 hydrophobic particles took place in the three regions in the HRT, and the peak appeared at  $D_p \approx 40$  nm  
 218 (Figure 1(c)).

#### 219 3.2 Regional and Total Deposition Fractions

220 Taking the adult group as an example, size-resolved regional and total DFs of particles under dry  
 221 conditions (black dots) and hydrophobic (blue dots) and hygroscopic (red dots) particles in humid  
 222 environments were shown in Figure 2.



223

224 **Figure 2. Size-resolved (a) head, (b) TB, (c) P, and (d) total deposition fractions (DFs) of particles under dry**  
 225 **conditions (i.e., without considering hygroscopicity), and hydrophobic and hygroscopic particles in humid**  
 226 **environments (i.e., considering hygroscopicity) for the adult group. The black, blue, and red dots represent**  
 227 **dry, hydrophobic, and hygroscopic particles, respectively. In Figure 2(a), the black dots representing DFs**  
 228 **under dry conditions is hidden behind the blue dots representing DFs of hydrophobic particles, because**  
 229 **these two sets of DFs are close to each other.**

230 As shown in Figure 2(a), there was no significant difference between head DFs whether  
 231 hygroscopicity was considered or not, because the conditions within the upper respiratory tract were in  
 232 balance with the surrounding environment (Ching and Kajino, 2018). With the increasing  $D_p$ , the head  
 233 DFs decreased at first and reached the minimum at around 150 nm, then increased sharply, which is  
 234 similar to the trend of the head DF curve using MPPD by Youn et al. (2016) (Youn et al., 2016).

235 In the TB, the DF declined monotonically associated with the increasing particle diameter, and  
 236 tended to plateau for particles with  $D_p > \sim 100$  nm (Figure 2(b)), which is consistent with the results of  
 237 previous studies (Youn et al., 2016; Hussein et al., 2019; Varghese and Gangamma, 2009). If  
 238 hygroscopicity was not taken into consideration, DFs of submicron particles were overestimated for  
 239 both groups (i.e., the blue dots for hydrophobic particles and the red dots for hygroscopic particles).  
 240 Using the percentage of the difference between DFs in two cases (i.e., considering hygroscopicity or  
 241 not) and the DF without considering hygroscopicity as a weight, tracheobronchial DFs of hydrophobic  
 242 particles were overestimated by less than 9.7%, while, 23.0% on average for hygroscopic particles. For  
 243 example, the DF of particles with dry diameters at around 50 nm was 0.131 without considering  
 244 hygroscopicity, and it shifted to 0.120 for hydrophobic and 0.083 for hygroscopic particles considering  
 245 hygroscopicity, with the differences of 8.4% and 36.6%.

246 Compared with size-resolved DFs of particles under dry conditions (the black dots in Figure 2(c)),  
 247 the DFs of hydrophobic (the blue dots) and hygroscopic (the red dots) particles in the P region were  
 248 overestimated in the range of 20 - 500 nm and 20 - 250 nm respectively, and those of particles outside



249 the above diameter ranges were underestimated. The DFs of hydrophobic and hygroscopic particles  
250 were respectively overestimated (underestimated) by up to 14.1% (10.7%) and 53.1% (109.7%).  
251 Similarly, taking particles with a dry particle diameter of 50 nm as an example, the DF in the P was  
252 0.250 without considering hygroscopicity, while it reduced to 0.133 (0.228) for hygroscopic  
253 (hydrophobic) particles considering hygroscopicity. Besides, resembled with the results of Youn et al.  
254 (2016) and Varghese et al. (2009), there was only one peak at the DF curve of the P region in the  
255 submicron range without considering hygroscopicity (black dots). Considering hygroscopicity, another  
256 peak of larger hygroscopic particles (~ 800 nm) appeared. It indicates that particle hygroscopicity  
257 enables more submicron particles with relatively large diameters to deposit in the deepest parts of the  
258 lung.

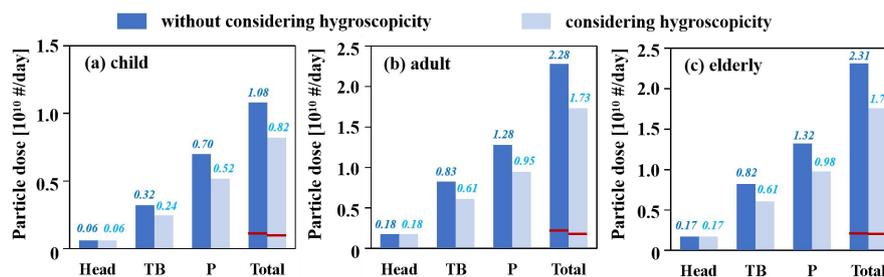
259 In Figure 2(d), the total DFs of hydrophobic particles (the blue dots) had a similar trend as those  
260 of dry particles due to regional DFs mentioned above. For the hygroscopic group (the red dots), with  
261  $D_p = 270$  nm as the boundary, DFs of smaller particles were overestimated by 27.6% on average, while  
262 those of larger particles were underestimated by 28.6% on average. When considering hygroscopicity,  
263 submicron particles undergo hygroscopic growth by water uptake, and particle sizes increase as a  
264 whole (Figure 1(b) and (c)). For small particles dominated by diffusion, as  $D_p$  increasing, Brownian  
265 motion intensity decreased, and the diffusion deposition decreased accordingly. For large particles  
266 dominated by interception and inertial impaction, these two efficiencies increased with the particle size.  
267 Therefore, the corresponding particle deposition increased. This result is consistent with the previous  
268 study using the ICRP model which concluded that the deposition of particles with  $D_p < 200$  nm was  
269 overestimated without considering water uptake (Vu et al., 2015). Additionally, the trend of the total  
270 DFs in both cases in this study is similar to the experimental data of breathing NaCl with/without  
271 hygroscopicity through noses (Chalvatzaki and Lazaridis, 2018). In general, hygroscopicity has a  
272 significant effect on regional DFs of hygroscopic particles in the TB and P regions. While, no obvious  
273 variation occurred in the DFs of two groups in the head or those of hydrophobic particles in the TB and  
274 P.

### 275 3.3 Regional and Total Deposition Doses for Different Age Groups

276 Regional (head, TB, and P) and total deposition number doses with/without considering  
277 hygroscopicity were calculated for children (a), adults (b), and the elderly (c) in Figure 3. Specific  
278 values of deposition doses of hydrophobic and hygroscopic particles in two cases can be found in Table  
279 S1 - S3. Hussein et al. (2013) (Hussein et al., 2013) found that the deposited dose calculations in the  
280 other age groups (the elderly and teens) were in the same order of magnitudes as that of adults. This is  
281 also true in our results. In both cases, the elderly group had the highest total deposition dose among the  
282 three groups, followed by adults and children. While, Voliotis et al. (2018) concluded that adults  
283 received the highest doses among all age groups, which may be caused by different physiological  
284 parameter values, such as TV. In each group, the contribution of the P region to the total dose was the  
285 greatest (> ~ 55%), which was similar to the published conclusions (Voliotis and Samara, 2018;  
286 Hussein et al., 2013; Manigrasso et al., 2017; Li et al., 2016). Taking hygroscopicity into consideration,  
287 total deposition doses significantly reduced by about a quarter (24.0% - 24.1%) for all age groups. The



288 greatest reduction took place in doses in the P region (25.9% - 26.3%), followed by doses in the TB  
 289 (24.2% - 26.1%). Head deposition had only minor variations (-0.9% - +0.5%) in both cases.



290

291 **Figure 3. Regional and total deposition doses for (a) children, (b) adults, and (c) the elderly with/without**  
 292 **considering particle hygroscopicity. The dark blue columns represent doses without considering**  
 293 **hygroscopicity. The light blue columns represent doses considering hygroscopicity. The red lines on the**  
 294 **column represent the division of doses of hygroscopic (above the red line) and hydrophobic particles (below**  
 295 **the red line). Numbers above each column mean the corresponding particle doses with a unit of 10<sup>10</sup>**  
 296 **particles/day.**

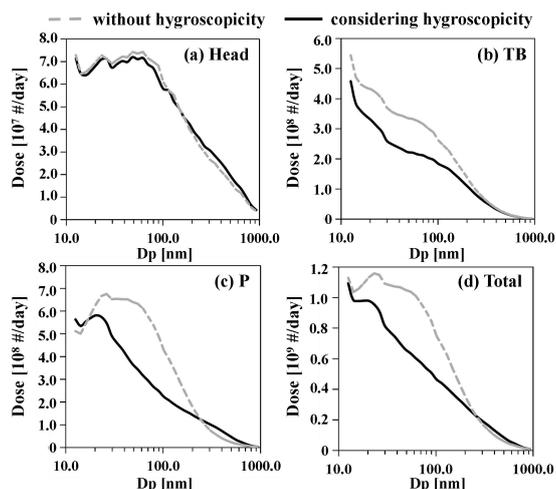
297 In both cases, adults (Figure 3(b)) and the elderly (Figure 3(c)) groups received similar regional  
 298 and total doses. In contrast, children had the minimum total dose (Figure 3(a)), which was around half  
 299 (47.4% on average) to that for adults. The proportion of pulmonary deposition in total doses for  
 300 children was up to 62.9% considering hygroscopicity. By comparison, it accounted for 54.6% and  
 301 55.7% for adults and the elderly groups, respectively. This indicates that particles inhaled by children  
 302 are more likely to deposit in their pulmonary regions, which is in accordance with the results of  
 303 previous studies (Voliotis and Samara, 2018; Voliotis et al., 2021).

304 As shown by the red lines in Figure 3, the contribution of hydrophobic particles to total deposition  
 305 doses was about 10.0% for all age groups, while it increased to 12.5% after considering hygroscopicity.  
 306 Hydrophobic particles were assumed to originate from freshly emitted soot and exhaust particles  
 307 (Swietlicki et al., 2008; Baltensperger, 2002), which are composed of species that do great harm to  
 308 human health, such as black carbon (BC) (Highwood and Kinnersley, 2006), primary organic aerosols  
 309 (Mauderly and Chow, 2008), and polycyclic aromatic hydrocarbons (Kim et al., 2013; Haritash and  
 310 Kaushik, 2009). Therefore, we need to pay attention to the deposition effects of hydrophobic particles.

311 The adults' regional and total deposition doses of size-resolved particles with/without considering  
 312 hygroscopicity were shown in Figure 4. The effects of hygroscopicity in particle doses in the head  
 313 (Figure 4(a)) are insignificant, because the RH in the upper respiratory tract was close to that under dry  
 314 conditions. Regional doses in the TB decreased due to particle hygroscopic growth (Figure 4(b)), and  
 315 the greatest reduction (~ 33%) appeared between 40 and 80 nm in diameter. Similarly, particle  
 316 hygroscopicity considerably decreased deposition doses (up to 50.3%) in the P region for particle sizes  
 317 between 20 and 240 nm (Figure 4(c)). Inversely, particle doses increased (up to 102.6%) in the P region  
 318 for diameters less than 20 nm and above 240 nm due to hygroscopic growth. As a result, the total  
 319 deposition dose, as shown in Figure 4(d), was overestimated for particles smaller than around 270 nm  
 320 with a maximum of 40.8% without considering hygroscopicity. The deposition doses of particles larger



321 than this diameter were underestimated and the maximum was 43.0%.

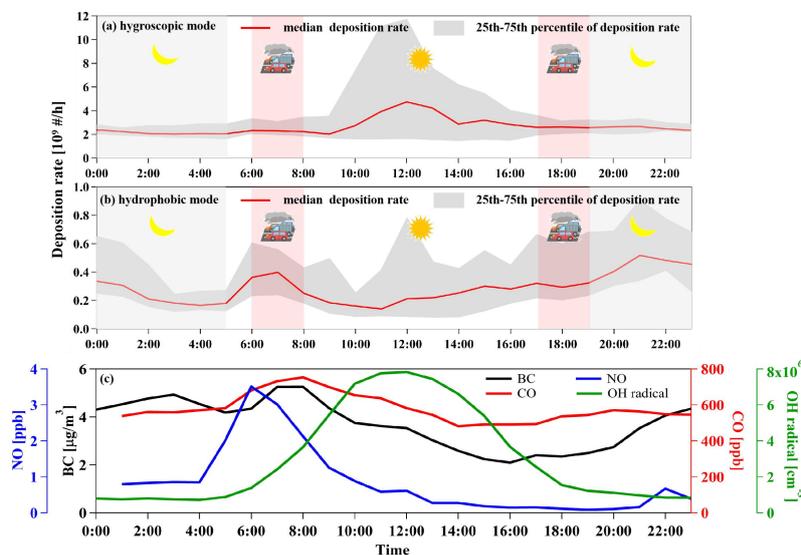


322

323 **Figure 4. (a) Head, (b) TB, (c) P, and (d) total deposition doses of size-resolved particles for the adult group**  
 324 **with/without considering hygroscopicity. The grey dashed line represents doses without considering**  
 325 **hygroscopicity. The black solid line represents doses considering hygroscopicity.**

326 **3.4 Deposition Rates of Hygroscopic and Hydrophobic Particles**

327 In order to link human daily activities to particulate matter deposition, the diurnal variations of  
 328 deposition rates of hygroscopic and hydrophobic particles for the adult group averaged over the entire  
 329 field campaign were investigated and displayed in Figure 5. Additionally, the average concentrations of  
 330 NO, CO, BC, and OH radical were also given in Figure 5. No matter which time was considered during  
 331 a day, the deposition rate of hygroscopic particles ( $(3.60 \pm 6.68) \times 10^9$  #/h) in the HRT was nearly one  
 332 magnitude higher than that of hydrophobic particles ( $(5.15 \pm 14.4) \times 10^8$  #/h).



333



334 **Figure 5. The diurnal variations of deposition rates of (a) hygroscopic and (b) hydrophobic particles for the**  
335 **adult group. The red lines represent the median deposition rate. The upper and lower edges of the grey area**  
336 **represent the 75<sup>th</sup> and 25<sup>th</sup> quantiles of deposition rates, respectively. (c) The diurnal variations of the**  
337 **average concentrations of NO, CO, BC, and OH radical during the sampling period. The blue, red, black,**  
338 **and green lines represent NO, CO, BC, and OH radical, respectively.**

339 The deposition rate of hygroscopic particles (Figure 5 (a)) was higher during the daytime (5:00 -  
340 19:00,  $(2.88 \times 10^9) \pm (8.10 \times 10^8)$  #/h) than that at night (from 20:00 to 4:00 the next day,  $(2.32 \times 10^9)$   
341  $\pm (2.41 \times 10^8)$  #/h). The peak appeared at noon and the deposition rate reached the top at 12:00 ( $4.74 \times$   
342  $10^9$  #/h on average). The enhanced deposition rate can be attributed to the strong atmospheric oxidation  
343 capacity during the daytime, indicated by OH radical in Figure 5(c), which creates new particles or  
344 transfers the pre-existing aerosols to more aged particles through nucleation, semi-volatile partitioning,  
345 and multiphase chemistry (Raes et al., 2000; Donahue et al., 2014; Tan et al., 2020; Rudich et al., 2007).  
346 During the field campaign, the new particle formation (NPF) events took place frequently (Figure S1).  
347 Our previous study showed that the NPF events and subsequent growth produced a large amount of  
348 hygroscopic and internally mixed particles (Wu et al., 2017b), thus leading to the enhanced deposition  
349 rate of hygroscopic particles in the day.

350 On the contrary, hydrophobic particles (Figure 5(b)) exhibited higher deposition rate at nighttime  
351  $((3.39 \pm 1.34) \times 10^8$  #/h) than that in the day  $((2.58 \times 10^8) \pm (7.60 \times 10^7)$  #/h). The deposition rate of  
352 hydrophobic particles peaked at 6:00 - 8:00 during morning rush hours ( $3.37 \times 10^8$  #/h on average), as  
353 indicated by NO, CO, and BC concentrations in Figure 5(c). In the evening, the deposition rate  
354 step-wisely increased and reached the maximum ( $5.17 \times 10^8$  #/h on average) at around 21 o'clock.  
355 Correspondingly, BC concentrations increased as well. The strong primary emissions, weak chemical  
356 processes, and low boundary layer height resulted in the increased hydrophobic particle number  
357 concentration. Thus, people who are exposed to outdoor air during rush hours and the evening may  
358 have a higher exposure risk to hydrophobic particles.

359 It is well-recognized that the freshly emitted hydrophobic particles may be transferred into aged  
360 hygroscopic particles (Tan et al., 2020) via atmospheric aging with enhanced volume fractions of  
361 inorganic components and organic compounds with higher O:C (Wu et al., 2016; Jimenez et al., 2009).  
362 If we take 50 nm-particles as an example, the  $\kappa$  ranged from 0.08 to 0.46 during the entire campaign,  
363 implying their different aging degrees. Since BC primarily comes from combustion processes, the  $\kappa$   
364 corresponding to the top 5% highest mass concentrations of BC was employed to represent the  $\kappa$  value  
365 of primary emission particles (Figure S2). The  $\kappa$  of BC with  $D_p = 50$  nm was  $0.19 \pm 0.10$ , which was  
366 lower than that of the similar size particles during the NPF events ( $\kappa = 0.37 \pm 0.03$ ) in our previous  
367 publications (Wu et al., 2017b). In this study, the total DF for adults was  $\sim 0.258$  when  $\kappa = 0.19$ , while  
368 it dropped to  $\sim 0.217$  when  $\kappa = 0.37$ , with a decline change of 15.9%. Assuming particles emitted from  
369 different sources (i.e., primary emissions vs. secondary transformation) with the same PNC and  
370 diameter, the deposition doses of aged particles in the HRT were lower compared to those of freshly  
371 emitted particles.

372



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373 **4 Conclusions**

374 To accurately quantify the effects of both hygroscopicity and external mixing state on the particle  
375 deposition, the size-resolved particle hygroscopicity measured at HRT-like conditions (RH = 98%) was  
376 used to estimate the deposition doses of submicron particles in the HRT for different age groups  
377 with/without considering hygroscopicity using the MPPD model.

378 The total particle number concentrations were dominated by the hygroscopic particles (number  
379 fraction =  $(91.5 \pm 5.7)\%$ ). Taking hygroscopicity into consideration, total deposition doses significantly  
380 reduced by about a quarter (24.0% - 24.1%) for all age groups. The greatest reduction took place in  
381 doses in the P (25.9% - 26.3%) and TB (24.2% - 26.1%) regions. Head deposition had only minor  
382 variations (-0.9% - +0.5%) in both cases. With 270-nm as the boundary, the total doses of smaller  
383 particles were overestimated and those of larger particles were underestimated. Regardless of  
384 hygroscopicity, the elderly groups received the highest total doses, and children had the lowest doses,  
385 which was around half to that for the elderly. Pulmonary doses dominated the deposition pattern. The  
386 diurnal variations of deposition rates of hygroscopic and hydrophobic particles were also calculated.  
387 The deposition rate of hygroscopic particles was higher during the daytime ( $2.88 \times 10^9$ )  $\pm$  ( $8.10 \times 10^8$   
388 #/h vs.  $(2.32 \times 10^9) \pm (2.41 \times 10^8)$  #/h at night) attributed to the strong atmospheric oxidation capacity.  
389 Hydrophobic particles exhibited higher deposition rate at nighttime ( $(3.39 \pm 1.34) \times 10^8$  #/h) than those  
390 in the day ( $(2.58 \times 10^8) \pm (7.60 \times 10^7)$  #/h), which was associated with strong primary emissions, weak  
391 chemical processes, and low boundary layer height. The traffic emissions during the rush hours also  
392 enhanced the deposition rate of hydrophobic particles. Additionally, fresh emitted particles have lower  
393 hygroscopicity and higher DFs compared with aged particles with the same diameter and concentration,  
394 which may result in higher deposition. Based on a more explicit hygroscopicity measurement at RH =  
395 98%, this work provides an insight into the impact of hygroscopicity on the deposition pattern of  
396 submicron particles in the HRT. Moreover, combined with human activities, it deepens the  
397 understanding of the relationship of particle mixing state and particle deposition.

398  
399 *Data availability.* The data presented in this article can be accessed through the corresponding author  
400 Zhijun Wu (zhijunwu@pku.edu.cn).

401 *Author contribution.* ZW, JG, DP, LZ, HH, and AW carried out the field observation and obtained data.  
402 RM and TZ processed and analyzed data. All authors discussed the results and contributed to the  
403 writing of this paper. RM prepared the manuscript with the contributions of all co-authors. ZW, AV,  
404 and MH further modified and improved the manuscript.

405 *Competing interests.* The authors declare that they have no conflict of interest.

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