

# An approach for projecting the timing of abrupt winter Arctic sea ice loss

Camille Hankel<sup>1</sup> and Eli Tziperman<sup>1,2</sup>

<sup>1</sup>Department of Earth and Planetary Sciences, Harvard University, 20 Oxford St, Cambridge, MA 02138

<sup>2</sup>School of Engineering and Applied Sciences, Harvard University

**Correspondence:** Camille Hankel (camille\_hankel@g.harvard.edu)

1 **Abstract.** Abrupt and irreversible winter Arctic sea-ice loss may occur under anthropogenic warming due to the disappearance  
2 of a sea-ice equilibrium at a threshold value of CO<sub>2</sub>, commonly referred to as a tipping point. Previous work has been unable  
3 to conclusively identify whether a tipping point in winter Arctic sea ice exists because fully-coupled climate models are  
4 too computationally expensive to run to equilibrium for many CO<sub>2</sub> values. Here, we explore the deviation of sea ice from  
5 its equilibrium state under realistic rates of CO<sub>2</sub> increase to demonstrate for the first time how a few time-dependent CO<sub>2</sub>  
6 experiments can be used to predict the existence and timing of sea-ice tipping points without running the model to steady-state.  
7 This study highlights the inefficacy of using a single experiment with slow-changing CO<sub>2</sub> to discover changes in the sea-ice  
8 steady-state, and provides a novel alternate method that can be developed for the identification of tipping points in realistic  
9 climate models.

## 10 1 Introduction

11 The Arctic is warming at a rate at least twice as fast as the global mean with profound consequences for its sea ice cover.  
12 Sea ice is already exhibiting rapid retreat with warming, especially in the summertime, (Comiso and Parkinson, 2004; Nghiem  
13 et al., 2007; Stroeve et al., 2008; Notz and Stroeve, 2016; Stroeve and Notz, 2018), shortening the time that socioeconomic and  
14 ecological systems have to adapt. These concerns have motivated a large body of work dedicated to both observing present-day  
15 sea ice loss (Kwok and Untersteiner, 2011; Stroeve et al., 2012; Lindsay and Schweiger, 2015; Lavergne et al., 2019) and  
16 modeling sea ice to understand whether its projected loss is modulated by a threshold-like or “tipping point” behavior. Abrupt  
17 loss of Arctic sea ice could be driven by local positive feedback mechanisms (Curry et al., 1995; Abbot and Tziperman, 2008;  
18 Abbot et al., 2009; Kay et al., 2012; Leibowicz et al., 2012; Burt et al., 2016; Feldl et al., 2020; Hankel and Tziperman, 2021),  
19 remote feedback mechanisms that increase heat flux from the mid-latitudes (Holland et al., 2006; Park et al., 2015), or by  
20 the natural threshold corresponding to the seawater freezing point (Bathiany et al., 2016). If such an abrupt loss is caused by  
21 irreversible processes (typically, strong positive feedback mechanisms as opposed to the reversible mechanism of a freezing  
22 point threshold of Bathiany et al., 2016), it is referred to here as a “tipping point”. A tipping point in the sense used here is  
23 a change in the number or stability of steady-state solutions (Ghil and Childress, 1987; Strogatz, 1994) as a function of CO<sub>2</sub>  
24 and is also known as a bifurcation. We note that some of the climate literature uses “tipping points” in a more general sense

25 of a relatively rapid change (e.g., Lenton, 2012). While most studies have concluded that there is no tipping point during the  
26 transition from perennial to seasonal ice cover (i.e., during the loss of *summer* sea ice), the existence of a tipping point during  
27 the loss of *winter* sea ice (transition to year-round ice-free conditions) continues to be debated in the literature (Eisenman, 2007;  
28 Eisenman and Wettlaufer, 2009; Notz, 2009; Eisenman, 2012). Wagner and Eisenman (2015) showed that a winter tipping point  
29 disappeared from a simple model of sea ice with no active atmosphere when a longitudinal dimension was added. On the other  
30 hand, other literature (e.g., Abbot and Tziperman, 2008; Hankel and Tziperman, 2021) has demonstrated the importance of  
31 atmospheric feedbacks, not included in the model of Wagner and Eisenman (2015), in inducing winter sea ice tipping point.  
32 Furthermore, three out of seven fully-complex Global Climate Models (GCMs) that lost their winter sea ice completely in the  
33 CMIP5 Extended RCP8.5 Scenario showed a very abrupt change in winter Arctic sea ice resembling a tipping point (Hezel  
34 et al., 2014; Hankel and Tziperman, 2021). However, given the projected rapid changes to CO<sub>2</sub> in the coming centuries and  
35 the slower response of the climate system, we do not expect future sea ice to be fully equilibrated to the CO<sub>2</sub> forcing at a given  
36 time, making the standard steady-state tipping point analysis challenging. Thus, our first goal is to understand abrupt winter  
37 Arctic sea ice changes—which may or may not be due to tipping points—under rapidly changing CO<sub>2</sub> forcing, where sea ice  
38 is not at equilibrium.

39 Tipping points imply a bi-stability (meaning that sea ice can take on different values for the same CO<sub>2</sub> concentration), and  
40 hysteresis — an irreversible loss of sea ice even if CO<sub>2</sub> is later reduced. Bi-stability (and therefore tipping points) can be  
41 tested for by running model simulations to steady-state at many different CO<sub>2</sub> values, which is computationally inefficient in  
42 expensive, state-of-the-art GCMs. GCM studies, therefore, tend to use a single experiment with very gradual CO<sub>2</sub> increases  
43 and decreases (Li et al., 2013) or even a faster CO<sub>2</sub> change (Ridley et al., 2012; Armour et al., 2011) and look for hysteresis in  
44 sea ice that would imply the existence of a tipping point. These studies implicitly assume that such a run should approximate  
45 the behavior of the steady-state at different CO<sub>2</sub> concentrations. However, Li et al. (2013) further integrated two apparently  
46 bi-stable points and found that they equilibrated to the same value of winter sea ice: there was no “true” bi-stability at these  
47 two CO<sub>2</sub> concentrations, the sea ice was simply out of equilibrium with the CO<sub>2</sub> forcing. This calls into question the current  
48 use of time-changing CO<sub>2</sub> runs to study the bifurcation structure of sea ice.

49 In light of the difficulties in using climate model runs with time-changing CO<sub>2</sub> (hereafter “transient runs”), the first goal of  
50 this work is to understand the relationship between these transient runs and the steady-state value of sea ice in systems with and  
51 without bifurcations (since the existence of a bifurcation in winter sea ice remains unknown), and the second goal is to develop  
52 a new efficient method for the identification of tipping points from transient runs. Theoretical work in dynamical systems  
53 (Haberman, 1979; Mandel and Erneux, 1987; Baer et al., 1989; Tredicce et al., 2004) and studies related to bi-stability in the  
54 Atlantic Meridional Overturning Circulation (Kim et al., 2021; An et al., 2021) have examined systems with tipping points  
55 when the forcing parameter (CO<sub>2</sub> in our case) changes in time at a finite rate. They found that as the forcing parameter passes  
56 the bifurcation point, the system continues to follow the old equilibrium solution for some time before it rapidly transitions to  
57 the new one. Specifically, (Kim et al., 2021; An et al., 2021) find that the width of the hysteresis loop of AMOC is altered by  
58 the rate of forcing changes— this phenomenon is referred to as “rate-dependent hysteresis”. This rate-dependence occurs in their  
59 case in a system that also has bi-stability and hysteresis in the equilibrium state. This type of analysis has, to our knowledge,

60 not yet been applied in the context of winter sea ice loss under time-changing CO<sub>2</sub> concentrations, nor compared in systems  
61 with and without a bifurcation (that is, with and without an equilibrium hysteresis).

62 In order to analyze how the hysteresis of sea ice under time-changing forcing relates to the steady-state behavior of sea ice,  
63 we run a simple physics-based model of sea ice (Eisenman, 2007), configured in three different scenarios: with a large CO<sub>2</sub>  
64 range of bi-stability, a small range of bi-stability, and no bi-stability in the equilibrium. These three scenarios span the range  
65 of possible behaviors of winter sea ice in state-of-the-art climate models. Each case is run with different rates of CO<sub>2</sub> increase  
66 (ramping rates). We use results from this model and from an even simpler standard 1D dynamical system to demonstrate that  
67 the convergence of the transient behavior (under time-changing forcing) to the equilibrium behavior is very slow as a function  
68 of the ramping rate of CO<sub>2</sub>. In other words, even climate model runs with very slow-changing CO<sub>2</sub> forcing may simulate  
69 sea ice that is considerably out of equilibrium near the period of abrupt sea ice loss. Finally, we propose a novel approach  
70 for uncovering the underlying equilibrium behavior—and thus the existence and location of tipping points—in comprehensive  
71 models where it is computationally infeasible to simulate steady-state conditions for many CO<sub>2</sub> values. Such a method is  
72 important given the model-dependent nature of winter sea ice tipping points discussed above; uncovering the existence of sea  
73 ice tipping points in GCMs, which are the most realistic representation of Arctic-wide sea ice behavior that we have, is the  
74 next step toward understanding whether such tipping points exist in the real climate system. Our goal has some parallels to  
75 that of Gregory et al. (2004), who used un-equilibrated GCM runs to deduce the equilibrium climate sensitivity when fully-  
76 equilibrated runs were computationally infeasible.

77 As mentioned above, some GCMs exhibit an abrupt change in winter sea ice that may be a tipping point, and others do  
78 not (Hezel et al., 2014; Hankel and Tziperman, 2021). The reasons likely involve numerous differences in parameters and  
79 parameterizations. It is not obvious how to modify parameters in a single GCM to display all of these different behaviors.  
80 Therefore, we choose to use an idealized model of sea ice where we can directly produce different bifurcation behaviors to  
81 address our second goal and answer the question: is it possible to identify the CO<sub>2</sub> at which tipping points occur without running  
82 the model to a steady state for many CO<sub>2</sub> values? Answering such a question in a simple model is an obvious prerequisite to  
83 tackling the problem of identifying climate bi-stability in noisy, high-dimensional, GCMs. In order to perform this analysis for  
84 each of the three scenarios mentioned above, we modify the strength of the albedo feedback via the choice of surface albedo  
85 parameters. The albedo values used here to generate the three scenarios are not meant to reflect realistic albedo values, but  
86 rather allow us to represent in a single model the range of sea ice equilibria behaviors that may exist in different GCMs. We,  
87 therefore, follow in the footsteps of previous studies (e.g., Eisenman, 2007) that have also changed parameters outside of their  
88 physically relevant regime in order to understand *summer* sea ice bifurcation behavior; here we follow the same approach to  
89 understand when a *winter* sea ice bifurcation can be detected without running an expensive climate model to steady-state.

## 90 2 Methods

### 91 2.1 Sea ice model

92 The sea ice model used follows Eisenman (2007) almost exactly and its key features are depicted schematically in Figure 1.  
93 The model contains four state variables: sea ice effective thickness ( $V$ , which is volume divided by the area of the model  
94 grid box), sea ice area ( $A$ ), sea ice surface temperature ( $T_i$ ), and mixed layer temperature ( $T_{ml}$ ) for a single box representing  
95 the entire Arctic. Subsequent versions of this sea ice model have been used in Eisenman and Wettlaufer (2009), Eisenman  
96 (2012), and Wagner and Eisenman (2015). Those versions are derived from the model used here, making a few further modest  
97 simplifications (using a hyperbolic tangent function for surface albedo, assuming the ice surface temperature is in a steady  
98 state, combining all prognostic variables into one, enthalpy) that do not affect the qualitative behavior of the model (i.e., the  
99 nature of summer and winter sea ice bifurcations). We choose to implement the earlier model because it explicitly represents  
100 the key physical variables of ice volume, area, ocean temperature, and ice temperature as prognostic variables — as opposed  
101 to combining them all into a single enthalpy — and thus provides more transparency and interpretability. We, therefore, do not  
102 expect our results to change if we use any of the later model versions.

103 In the model, the atmosphere is assumed to be in radiative equilibrium with the surface, and the model is forced with a  
104 seasonal cycle of insolation, of poleward atmospheric heat transport from the mid-latitudes, and of local optical thickness  
105 of the atmosphere, which represents cloudiness. Sea ice growth and loss are primarily determined by the heat budget at the  
106 bottom of the ice and are therefore set by the balance between ocean-ice heat exchanges, and heat loss through the ice to the  
107 atmosphere. When conditions for surface melting are met (when the ice surface temperature is zero and net fluxes on the ice  
108 are positive), all surface heating goes into melting ice and the surface albedo of the ice is set to the melt pond albedo. The  
109 ocean temperature is affected by shortwave and longwave fluxes in the fraction of the box that is ice-free, and by ice-ocean  
110 heat exchanges. When the ocean temperature reaches zero, all additional cooling goes into ice production while the ocean  
111 temperature remains constant. The full equations of the sea ice model can be found in the original paper (Eisenman, 2007)  
112 and in the online Supporting Information; here, we highlight a few minor ways in which our implementation differs. First,  
113 for simplicity, we do not model leads, which in the original model were represented by capping the ice fraction at 0.95 rather  
114 than 1. Second, we use an approximation to the seasonal cycle of insolation (Hartmann, 2015) using a latitude of 75N. The  
115 atmospheric albedo is set to 0.425 to produce the same magnitude of the seasonal cycle as in the original model of Eisenman  
116 (2007).

### 117 2.2 Setup of simulations

118 In our transient-forcing scenarios (described below), we vary  $\text{CO}_2$  in time which affects the prescribed near-surface atmo-  
119 spheric mid-latitude temperature ( $T_{\text{mid-lat}}$ ) and the atmospheric optical depth ( $N$ , see Supporting Information). Specifically,  
120 we increase the annual mean of  $T_{\text{mid-lat}}$  by 3 °C per  $\text{CO}_2$  doubling and  $N$  by a  $\Delta N$  that corresponds to 3.7 W/m<sup>2</sup> per  
121 doubling. All model parameters are as in Eisenman (2007) except as mentioned below.

122 We configure the model in three different scenarios that yield a wide CO<sub>2</sub> range of bi-stability in winter sea ice (Scenario  
123 1), a small range of bi-stability in winter sea ice (Scenario 2), and no bi-stability in winter sea ice (Scenario 3). We do so by  
124 modifying the strength of the ice-albedo feedback by changing the albedos of bare ice ( $\alpha_i$ ), melt ponds ( $\alpha_{mp}$ ), and ocean ( $\alpha_o$ ),  
125 as listed in Table S1.

126 In each of the three scenarios, we tune the model (by adjusting the mean and amplitude of the atmospheric optical depth)  
127 to roughly match the observed seasonal cycle of ice thickness under pre-industrial CO<sub>2</sub> ( $\sim 2.5$ – $3.7$  m, Eisenman, 2007). We  
128 then run each scenario with multiple CO<sub>2</sub> ramping rates (expressed in “years per doubling”) with an initial stabilization period  
129 (fixed pre-industrial CO<sub>2</sub>), a period of exponentially increasing CO<sub>2</sub> concentration (which corresponds to linearly increasing  
130 radiative forcing), another period of stabilization at the maximum CO<sub>2</sub>, a period of decreasing CO<sub>2</sub>, and a final period of  
131 stabilization at the minimum CO<sub>2</sub> value (see Supplemental Figure S2). Scenarios 2 and 3 are ramped to higher final CO<sub>2</sub>  
132 values than Scenario 1 so that they lose all their sea ice. We also directly calculate the steady-state behavior of the sea ice (as  
133 done in the original study) by running many simulations with fixed CO<sub>2</sub> values until the seasonal cycle of all the variables  
134 stabilizes. Because we expect multiple equilibria (which could be ice-free, seasonal ice, or perennial ice) at some CO<sub>2</sub> values  
135 in Scenarios 1 and 2, we run these steady-state simulations starting with both a cold (ice-covered) and a warm (ice-free) initial  
136 condition in order to find these different steady-states. In the ice-free initial condition runs, the ice-albedo feedback will still  
137 play an important role if the temperature cools sufficiently for ice to develop. At CO<sub>2</sub> values for which the sea ice is bi-stable,  
138 the ice-free initial condition evolves to a perennially ice-free steady-state, and the ice-covered initial condition evolves to a  
139 seasonally ice-covered steady-state (seen by the dotted and dashed lines respectively in Figs. 2a and 2c).

### 140 2.3 Cubic ODE

141 The main points we are trying to make about the transient versus equilibrium behavior of winter sea ice near a tipping point  
142 are not unique to the problem of winter sea ice, and in order to demonstrate this, we use the simplest mathematical model  
143 that can display tipping points, following other studies that have also used such simple dynamical systems (Ditlevsen and  
144 Johnsen, 2010; Bathiany et al., 2018; Ritchie et al., 2021; Boers, 2021). The cubic ODE used, while much simpler than the  
145 sea ice model above, has some of the key characteristics of the sea ice system (it is a non-autonomous system due to the time-  
146 depending forcing and has saddle-node bifurcations), which allows for direct comparison between the two models. The ODE  
147 equation,

$$148 \frac{dx}{dt} = -x^3 + \delta x + \beta(t), \quad \beta(t) = \beta_0 + \mu t, \quad (1)$$

149 contains a time-changing forcing parameter,  $\beta(t)$  mimicking the effects of CO<sub>2</sub> in the sea ice model. We consider this differ-  
150 ential equation in three scenarios, paralleling those used with the sea ice model: in Scenario 1,  $\delta = 5$  leading to a wide region  
151 of bi-stability; in Scenario 2,  $\delta = 1$  leading to a narrow region of bi-stability, and finally, in Scenario 3,  $\delta = 0$  leading to a  
152 mono-stable system. The different values of  $\delta$ , therefore, produce the same three scenarios that were achieved in the sea ice  
153 model by modifying the strength of the ice-albedo feedback. We mimic the hysteresis experiments of the sea ice model with  
154 a sequence of ramping up and ramping down (using different ramping rates,  $\mu$ ) with values of  $\beta$  ranging from  $-10$  to  $10$  to

155 sweep the parameter space that contains the bifurcations. We calculate the steady-states with fixed values of  $\beta$  ( $\mu = 0$ ), starting  
156 with both a positive and a negative initial condition of  $x$  to yield two stable solutions when these exist.

157 We want to calculate the upper and lower CO<sub>2</sub> values of the hysteresis region in runs with time-changing (i.e., transient)  
158 CO<sub>2</sub> forcing. We do so by calculating the CO<sub>2</sub> value at which the March sea ice area drops below a critical threshold (50%  
159 ice coverage; results are insensitive to the specific value used) during increasing and decreasing CO<sub>2</sub> integrations: we denote  
160 these CO<sub>2</sub> values  $CO_2^i$  and  $CO_2^d$ , respectively (see Supplemental Figure S9). The difference between  $CO_2^i$  and  $CO_2^d$  is referred  
161 to below as the “hysteresis width” of the rate-dependent hysteresis whether an equilibrium hysteresis exists or not; this width  
162 approaches the width of bi-stability at very slow ramping rates.

## 163 2.4 A new method for predicting the CO<sub>2</sub> of the sea ice tipping point

164 One of our main goals (see Introduction) is to efficiently estimate the equilibrium behavior of sea ice, including the location of  
165 tipping points, without running the model to a steady state for many CO<sub>2</sub> values. This would show that such estimation could  
166 be calculated for GCMs where tipping points cannot be detected using steady-state runs due to their computational cost. In  
167 order to estimate the values of  $CO_2^i$  and  $CO_2^d$  that would have occurred for an infinitely slow ramping rate (in other words, the  
168 range of CO<sub>2</sub> for which there is bi-stability) using only the transient runs, we fit a polynomial of the form  $f(x) = mx^c + b$  to  
169  $CO_2^i$  and  $CO_2^d$  as functions of the ramping rate  $x$ . Because  $c$  is negative, the fitted parameter  $b$  represents the prediction of  $CO_2^i$   
170 and  $CO_2^d$  at infinitely slow ramping rates, i.e., in the steady state. We also calculate the uncertainty on the fitted parameter  $b$  by  
171 block-bootstrapping to account for auto-correlation; see Supporting Information. Other fits to  $CO_2^i$  and  $CO_2^d$  as a function of  
172 ramping rates, such as an exponential function  $f(x) = a + b \exp(-cx)$  could in principle be used, although we found that fit to  
173 be less good in our case.

## 174 3 Results

175 In the following three subsections, we discuss the behavior of the sea ice model and the cubic ODE under time-changing  
176 forcing, the relationship of the transient and equilibrium behaviors, and a method that we propose for inferring the existence  
177 and location of tipping points from the transient behavior. Equilibrium hysteresis refers here to the path-dependent solution of  
178 a variable due to bi-stability and a bifurcation in the steady-state (in other words, the loop traced by the steady-state solutions).  
179 The term “rate-dependent hysteresis” (An et al., 2021; Manoli et al., 2020) describes hysteresis loops that appear in time-  
180 changing forcing runs (rather than in the steady state) and that depend on the rate of forcing change. In our analysis “rate-  
181 dependent hysteresis” applies to both systems with and without equilibrium hysteresis: it refers to any differences in the results  
182 for increasing vs. decreasing CO<sub>2</sub> simulations of sea ice that are altered by the rate of CO<sub>2</sub> change.

### 183 3.1 Transient response of Arctic winter sea ice to time-changing CO<sub>2</sub>

184 Our goal in this section is to understand the relationship of winter sea ice forced with time-changing CO<sub>2</sub> to its equilibrium  
185 state, both in cases with and without a sea ice tipping point. In Figs. 2a,c,e, we plot the results of running all three scenarios

186 (wide range of bi-stability (Scenario 1), narrow range of bi-stability (2), and no bi-stability (3)) under time-changing (transient)  
187 and fixed CO<sub>2</sub> values. In all scenarios, the experiments run with time-changing CO<sub>2</sub> exhibit rate-dependent hysteresis; the  
188 hysteresis width (lower horizontal gray bar in Fig. 2a) is larger for faster ramping rates (Figs. 2a,c,e). For Scenarios 1 and  
189 2, which have a region of bi-stability and equilibrium hysteresis (upper gray bar in Fig. 2a), this corresponds to a widening  
190 from the equilibrium hysteresis (that would exist even with infinitely slow ramping rates), while in Scenario 3, this hysteresis  
191 occurs only in transient simulations and is due to the inertia in the system (the sea ice can't respond instantaneously to forcing  
192 changes). In Scenarios 1 and 2, whose equilibrium solutions (dashed and dotted black lines in Fig. 2) have a tipping point  
193 and therefore an infinite gradient of sea ice thickness vs. CO<sub>2</sub>, the faster ramping rates also lead to more gradual (and finite)  
194 gradient of sea ice thickness vs. CO<sub>2</sub>.

195 The rate-dependent hysteresis loops across all scenarios at fast enough ramping rates (loops composed of the darkest blue  
196 and darkest red) are qualitatively similar in shape, despite their different underlying steady-state structures. This similarity  
197 indicates that from a single hysteresis run with time-changing CO<sub>2</sub> we cannot discern whether the underlying Arctic winter  
198 sea ice equilibrium behavior has a region of bi-stability or not, nor how wide the region of true bi-stability is. In particular, a  
199 single hysteresis loop found from a time-changing forcing simulation would always overestimate the width of bi-stability if it  
200 was assumed to represent a quasi-steady state. This result demonstrates that the apparent sea ice hysteresis loop found by Li  
201 et al. (2013) could be due to a system without an equilibrium hysteresis, as they suggest, or due to a system with a narrower  
202 equilibrium hysteresis than the one implied by their transient simulation.

203 We now discuss the behavior of the simple cubic ODE (Eqn. 1) under similarly time-changing forcing. Previous work in  
204 the dynamical systems literature (e.g., Haberman, 1979; Mandel and Erneux, 1987; Baer et al., 1989; Breban et al., 2003;  
205 Tredicce et al., 2004; Kaszás et al., 2019) has examined a variety of simple systems to understand the nature of bifurcations in  
206 the presence of a time-changing ("drifting" or "transient") forcing parameter. In the climate literature as well (e.g., Ditlevsen  
207 and Johnsen, 2010; Bathiany et al., 2018; Ritchie et al., 2021; Boers, 2021), idealized dynamical systems similar to our Eqn. 1  
208 have been used to understand the predictability of tipping points in the presence of noise, and the ability to recover from such  
209 tipping points ("overshoot" scenarios). These works, as well as the AMOC study of An et al. (2021), found that a system with  
210 a bifurcation that is run with a time-changing forcing parameter can follow a given equilibrium value beyond the bifurcation  
211 value of the forcing parameter before undergoing the tipping point transition to the new equilibrium value. This is consistent  
212 with the out-of-equilibrium behaviors we find for sea ice in Scenarios 1 and 2. To our knowledge, the simple ODE used here  
213 has not yet been analyzed with our specific goal in mind: to compare the shape of rate-dependent hysteresis loops in generic  
214 dynamical systems both with and without bifurcations, and to address the question of whether the equilibrium behavior can be  
215 inferred from the rate-dependent behavior of such systems.

216 To address these two goals, we configure Eqn. 1 analogously to the sea ice model in three scenarios with wide bi-stability  
217 (Scenario 1), narrow bi-stability (Scenario 2), and no bi-stability (Scenario 3) and force it with a time-changing forcing pa-  
218 rameter. In Figs. 2b,d,f, we see that the three scenarios with similar dynamics (but different equilibrium structures) all display  
219 rate-dependent hysteresis, similar to the result from the sea ice model. Specifically, even when there is only one stable equilib-  
220 rium solution in both models (Scenario 3, panels e and f), there is still a narrow region of rate-dependent hysteresis. Thus, we

221 find that the inability to tell if rate-dependent hysteresis in Arctic winter sea ice is accompanied by an underlying equilibrium  
222 hysteresis appears to be a generic feature of dynamical systems, which helps explain the challenges of interpreting the results  
223 of Li et al. (2013).

224 Mathematically, this 1D system is fundamentally different from the sea ice model because it is not periodically forced. We  
225 show in the Supporting Information that adding a sinusoidal forcing term to the ODE does not qualitatively change our results.

### 226 3.2 Slow convergence of the rate-dependent hysteresis to the equilibrium behavior

227 Our next objective is to demonstrate that it would require expensive runs in a GCM to approach the equilibrium behavior of  
228 sea ice using slower and slower-changing CO<sub>2</sub> runs (hysteresis experiments). As we saw in Fig. 2, the rate of loss of sea ice  
229 with increasing CO<sub>2</sub> is infinite (dashed and dotted black lines) in Scenarios 1 and 2 at the tipping points. On the other hand, the  
230 gradient of sea ice thickness with respect to CO<sub>2</sub> is more gradual and finite under time-changing forcing (blue and red curves)  
231 but steepens as the ramping rate of CO<sub>2</sub> decreases. We now quantify the rate of this steepening by examining the maximum  
232 gradient of sea ice loss during each transient simulation as a function of ramping rate (inverse of the years per doubling of  
233 CO<sub>2</sub>).

234 In Fig. 3a, we plot the maximum gradient of March sea ice thickness *with respect to CO<sub>2</sub>* during each hysteresis experiment,  
235 as a function of the CO<sub>2</sub> ramping rate. In Scenarios 1 and 2 (wide and narrow bi-stability, respectively), the maximum gradient  
236 gets greater as the ramping rate is slower (Fig. 3a, negative slopes of solid and dashed lines), consistent with Fig. 2 (e.g.,  
237 steepening from dark blue to light blue curves in Figs. 2a,b). In particular, the gradient approximately follows a negative power  
238 law as a function of ramping rate on both warming and cooling time series. In Scenario 3, the maximum gradient is nearly  
239 insensitive to the ramping rate (relatively flat dash-dotted lines). In Fig. 3b, we see a similar result for the simple ODE, as seen  
240 by the shallowing of the power law from Scenarios 1 to 3 (though here the slope in Scenario 3 is clearly nonzero). Notably,  
241 in the cubic ODE the power law in the case with the largest region of bi-stability (Scenario 1) is approximately given by  
242  $\max(dx/d\beta) \propto \mu^{-1}$ , where  $\mu$  again is the ramping rate. The Supporting Information further explains the above convergence  
243 rate of  $\mu^{-1}$ .

244 A dependence of the maximum gradient on (ramping rate)<sup>-1</sup> in the case of wide bi-stability suggests that running a climate  
245 model with twice as gradual CO<sub>2</sub> ramping leads to less than a factor of two increase in the gradient  $\max(dV/dCO_2)$ . This is  
246 an important result because this implies that the distance between the CO<sub>2</sub> at the simulated transient “tipping point” and the  
247 CO<sub>2</sub> of the true (equilibrium) tipping point (which we want to estimate) also only reduces by a factor of two when the ramping  
248 rate is reduced by a factor of two. A greater power law slope (e.g., a slope of -2) would imply a much faster convergence to  
249 the equilibrium location of the tipping point. Thus, using more and more gradual ramping experiments may be an inefficient  
250 way to approach the equilibrium behavior of this physical system, suggesting the need for a more efficient approach, discussed  
251 next.



### 252 3.3 Predicting the steady-state behavior of sea ice using only transient runs

253 Our main novel result, presented next, is a method for finding the  $\text{CO}_2$  concentration at which a bifurcation (if any) occurs in  
254 the equilibrium using computationally feasible transient model runs instead of fixed-forcing steady-state runs. We are interested  
255 in this  $\text{CO}_2$  concentration because it determines the threshold beyond which significant sea ice loss is practically irreversible  
256 (Ritchie et al., 2021). In our simple, inexpensive model, we can test the estimates of the bi-stability and associated tipping  
257 points derived from transient model runs against the known true tipping points and equilibrium structure that are found from  
258 fixed-forcing runs (see Methods). When used in a GCM, our method would provide a prediction for the existence and location  
259 of tipping points when the equilibrium value of sea ice is actually unknown. Thus, this section is a proof of concept that our  
260 new method can accurately determine whether observed rate-dependent hysteresis is caused by lag around a system with no  
261 bi-stability or tipping points or caused by a rate-dependent widening of an equilibrium hysteresis loop in a system with tipping  
262 points.

263 In Fig. 4a, we plot a measure of the upper and lower  $\text{CO}_2$  values that correspond to the rightmost and leftmost edges of the  
264 rate-dependent hysteresis (by calculating the  $\text{CO}_2$  at which the March sea ice area crosses a critical threshold, see Methods  
265 and Supplementary Figure S9). We plot this threshold for the warming (increasing greenhouse concentration) trajectories in  
266 blue ( $\text{CO}_2^i$ ) and for the cooling (decreasing greenhouse) trajectories in red ( $\text{CO}_2^d$ ), as a function of the ramping rate for all  
267 three scenarios. As expected, as the ramping rate gets slower  $\text{CO}_2^i$  and  $\text{CO}_2^d$  asymptote to the  $\text{CO}_2$  values corresponding to the  
268 edges of the equilibrium hysteresis and the location of the true tipping points in the case of Scenarios 1 and 2 (denoted by the  
269  $\times$  symbols). In Scenario 3,  $\text{CO}_2^i$  and  $\text{CO}_2^d$  asymptote to the same value (the rate-dependent hysteresis width approaches zero)  
270 because there is no bi-stability in the steady-state.

271 Finally, we demonstrate that fitting a curve to the edges of the rate-dependent hysteresis ( $\text{CO}_2^i$  and  $\text{CO}_2^d$ ) as a function of the  
272 ramping rate can be used to predict  $\text{CO}_2^i$  and  $\text{CO}_2^d$  at infinitely slow ramping rates (i.e., the edges of the equilibrium hysteresis).  
273 This would allow us to estimate the  $\text{CO}_2$  value corresponding to a bifurcation in the equilibrium behavior without running  
274 a model to a steady state. In Fig. 4a, we plot  $\text{CO}_2^i$  and  $\text{CO}_2^d$ , and the curves that fit them (see Methods) as functions of the  
275 ramping rate, and the predicted values of  $\text{CO}_2^i$  and  $\text{CO}_2^d$  at infinitely slow ramping rates with a 95% confidence interval range  
276 shaded around them. We perform this fitting and estimation process using all the ramping experiments (18 different ramping  
277 rates total, as shown in Fig. 4a). We then repeat the fit using fewer and fewer experiments to explore how the uncertainty on  
278 predicted values of  $\text{CO}_2^i$  and  $\text{CO}_2^d$  increases as we move to only using a few fast ramping experiments that are more feasible  
279 when using full complexity climate models. Fig. 4b shows a summary of these analyses.

280 The predicted values of  $\text{CO}_2^i$  and  $\text{CO}_2^d$  are remarkably accurate for all scenarios (points approaching the red and blue  $\times$  in  
281 Fig. 4b), even when excluding several of the slower ramping experiments. This is an important test because when this method  
282 is applied to a GCM, one would only have a smaller number of faster ramping experiments due to computational limitations.  
283 The uncertainties (indicated by the shaded blue and red bars around the points) in the predictions grow when excluding more  
284 experiments from the curve fitting process but still remain very low, especially for Scenarios 1 and 2. In predicting  $\text{CO}_2^d$  for  
285 Scenario 3, the uncertainties are a bit higher because the functional form of our fit does not represent this case as well as

286 the others, leading to serial correlation in the residuals. The structure in the residuals can be used to guide the choice of the  
287 functional form used to fit such data in future applications. This same method and functional form can also successfully predict  
288 the equilibrium structure of our simple ODE (Eqn. 1), with even smaller uncertainties on the prediction when using very few  
289 ramping experiments (see Figure S11). Finally, we can use the difference of the distributions  $\text{CO}_2^i$  and  $\text{CO}_2^d$  to calculate the  
290 probability that bi-stability—and thus a tipping point—exists (see Supporting Information). Another very similar approach  
291 using only the difference between  $\text{CO}_2^i$  and  $\text{CO}_2^d$  (i.e., the hysteresis width) as a function of the ramping rate is also shown in  
292 Figure S10.

293 Overall, these results demonstrate the potential for using several shorter runs with time-changing  $\text{CO}_2$  forcing to efficiently  
294 estimate the  $\text{CO}_2$  value of the tipping points and predict the existence of bi-stability in GCMs where equilibrium runs or long,  
295 slow-ramping hysteresis runs are computationally infeasible.

## 296 4 Discussion

297 We have shown that a single climate model hysteresis run with time-changing (transient) forcing cannot be used to conclusively  
298 estimate the true location of Arctic winter sea ice tipping points, the range of bi-stability in the steady-state, and even the  
299 existence of bi-stability at all. We demonstrated that the transient sea-ice responses under a time-changing  $\text{CO}_2$  reflect the  
300 generic behavior of a nonlinear dynamical system (e.g., our Eqn. 1): specifically, we showed that systems with and without bi-  
301 stability can also produce qualitatively indistinguishable rate-dependent hysteresis behavior. We also find that very long model  
302 runs are needed to identify whether the system approaches a bifurcation (Fig. 3) and at what  $\text{CO}_2$  this occurs. We showed that  
303 even in runs with a very slow-changing  $\text{CO}_2$ , the system can be surprisingly far from the equilibrium as it undergoes a tipping  
304 point, consistent with the work of Li et al. (2013). In addition, even with a very slow ramping experiment, one would always  
305 have to perform additional expensive fixed-forcing experiments (as done by Li et al., 2013) to confirm that the experiment was  
306 indeed in quasi-equilibrium. Instead, we propose a novel method that uses a few fast-ramping experiments to efficiently predict  
307 the true range of bi-stability and provide uncertainty estimates on this prediction.

308 We demonstrated that the method we propose can accurately predict the steady-state behavior of sea ice in a simple model;  
309 now we discuss applying this method to a GCM. First, we note that while we use a highly idealized model of sea ice in  
310 this study, the method developed deals with identifying bi-stability in complex systems with unknown equilibrium structures  
311 more generally. This means that the framework should be applicable to other models (including GCMs), since moving from  
312 fast to slower ramping rates allows convergence to the equilibrium behavior. It could also be used in the context of vastly  
313 different climate problems, for example, in identifying the abrupt transitions to a moist greenhouse (Popp et al., 2016), runaway  
314 greenhouse (Goldblatt et al., 2013), or snowball Earth state (Hyde et al., 2000). The functional form used to fit the transient  
315 runs, as well as the level of certainty achieved from a given number of experiments, would likely depend on the given model  
316 and climate problem analyzed. Possible challenges in finding the functional best fit to the transient runs might mirror those of  
317 Gregory et al. (2004) who encountered difficulties when trying to fit a line to un-equilibrated GCM runs with a different goal

318 of deducing the equilibrium climate sensitivity. We suggest that a careful examination of the residuals from a given fit can help  
319 guide the choice of functional form.

320 The generality of the method also highlights another advantage: the same set of ramping experiments in a GCM could be  
321 used to analyze all suspected tipping elements in the Earth's climate system simultaneously. The main challenge we anticipate  
322 in applying this method to GCMs comes from the significant stochastic variability and multiple timescales of forcings that  
323 may render the calculated width of the rate-dependent hysteresis more uncertain in a GCM. Nonetheless, using multiple runs  
324 to estimate the width of the bi-stability of a given climate variable and providing a quantified uncertainty on such a prediction  
325 should offer a potential improvement over using a single hysteresis experiment.

326 We can estimate the efficiency of the proposed approach over more standard ones when applied in a GCM. Taking the  
327 experimental setup of Li et al. (2013) as a guide, we can assume that a slow-ramping experiment to  $4\times\text{CO}_2$  requires a 2000-  
328 year ramp up and ramp down with at minimum a 2500-year equilibration period after each ramp (though they actually allowed  
329 the model to equilibrate for nearly 6000 years). Within the 500 ppm width of the rate-dependent hysteresis found by Li et al.  
330 (2013), ten fixed-forcing experiments 2500 years long would be needed to test for bi-stability and estimate the tipping point  
331 location at a relatively crude accuracy of 100 ppm. This leads to a total of 34,000 simulation years. On the other hand, if we  
332 used our proposed approach, we could run three ramping experiments with fast to intermediate rates of 100, 200, and 400 years  
333 to quadruple  $\text{CO}_2$ . We would run only one experiment to complete equilibration after ramp up (2500 years) and run the others  
334 only until they lost their sea ice, using the ice-free steady-state run to conduct the three ramp downs. This yields a total of  
335 approximately 6400 simulation years and computational savings by over a factor of 5. Using only three ramping experiments  
336 is sufficient to get an estimate of the equilibrium hysteresis width and location, but the uncertainty of the estimate could still  
337 be high.

338 Finally, our results indicate that rate-dependent hysteresis and irreversibility of Arctic winter sea ice are expected to be  
339 relevant for realistic rates of  $\text{CO}_2$  increase. While rate-dependent hysteresis has been explored in other climate contexts (e.g.,  
340 AMOC, Kim et al., 2021; An et al., 2021), previous work on Arctic winter sea ice has typically sought to identify equilibrium  
341 hysteresis in sea ice because it would imply irreversibility of sea ice loss, generally ignoring the out-of-equilibrium behavior  
342 of sea ice under rapid  $\text{CO}_2$  changes. The SSP585 Scenario in CMIP6 corresponds to a ramping rate of approximately 60 years  
343 per  $\text{CO}_2$  doubling: a rate at which sea ice in our idealized model already exhibits rate-dependent hysteresis, that is, significant  
344 deviation from its steady state (see Figs. 2 and S2). Since we identify rate-dependent hysteresis in sea ice here in all scenarios,  
345 even without a deep ocean and subsequent recalcitrant warming (Held et al., 2010), we expect rate-dependent hysteresis to be  
346 even more pronounced in GCMs and in the real climate when such long-timescale components are included. We, therefore,  
347 conclude that *on policy-relevant timescales* the significant irreversibility of winter Arctic sea ice involved in rate-dependent  
348 hysteresis is likely to occur in the real climate system due to the expected lagged response regardless of whether an actual  
349 bifurcation (tipping point) in the equilibrium exists.

350 *Code availability.* An implementation of the Eisenman 2007 sea ice model in python used for this study can be found on Zenodo at:  
351 <https://doi.org/10.5281/zenodo.6708812> (Hankel, 2022).

352 *Author contributions.* CH and ET designed the research project and prepared the manuscript together, CH implemented the model and  
353 conducted the experiments.

354 *Competing interests.* The authors declare no competing interests.

355 *Acknowledgements.* The authors would like to thank Ian Eisenman for his helpful input during the project and for the guidance in using  
356 his sea ice model. We thank the anonymous reviewers for their constructive feedback. ET thanks the Weizmann Institute for its hospitality  
357 during parts of this work. This work has been funded by the NSF Climate Dynamics program (joint NSF/NERC) grant AGS-1924538.

## 358 **References**

- 359 Abbot, D. S. and Tziperman, E.: Sea ice, high-latitude convection, and equable climates, *Geophysical Research Letters*, 35, 2008.
- 360 Abbot, D. S., Walker, C., and Tziperman, E.: Can a convective cloud feedback help to eliminate winter sea ice at high CO<sub>2</sub> concentrations?,  
361 *J. Climate*, 22, 5719–5731, <https://doi.org/10.1175/2009JCLI2854.1>, 2009.
- 362 An, S.-I., Kim, H.-J., and Kim, S.-K.: Rate-Dependent Hysteresis of the Atlantic Meridional Overturning Circulation System and Its Asym-  
363 metric Loop, *Geophysical Research Letters*, 48, e2020GL090132, 2021.
- 364 Armour, K., Eisenman, I., Blanchard-Wrigglesworth, E., McCusker, K., and Bitz, C.: The reversibility of sea ice loss in a state-of-the-art  
365 climate model, *Geophysical Research Letters*, 38, 2011.
- 366 Baer, S. M., Erneux, T., and Rinzel, J.: The slow passage through a Hopf bifurcation: delay, memory effects, and resonance, *SIAM Journal*  
367 *on Applied mathematics*, 49, 55–71, 1989.
- 368 Bathiany, S., Notz, D., Mauritsen, T., Raedel, G., and Brovkin, V.: On the potential for abrupt Arctic winter sea ice loss, *Journal of Climate*,  
369 29, 2703–2719, 2016.
- 370 Bathiany, S., Scheffer, M., Van Nes, E., Williamson, M., and Lenton, T.: Abrupt climate change in an oscillating world, *Scientific reports*, 8,  
371 1–12, 2018.
- 372 Boers, N.: Observation-based early-warning signals for a collapse of the Atlantic Meridional Overturning Circulation, *Nature Climate*  
373 *Change*, 11, 680–688, 2021.
- 374 Breban, R., Nusse, H. E., and Ott, E.: Lack of predictability in dynamical systems with drift: scaling of indeterminate saddle-node bifurca-  
375 tions, *Physics Letters A*, 319, 79–84, 2003.
- 376 Burt, M. A., Randall, D. A., and Branson, M. D.: Dark warming, *Journal of Climate*, 29, 705–719, 2016.
- 377 Comiso, J. C. and Parkinson, C. L.: Satellite observed changes in the Arctic, *Physics Today*, 2004.
- 378 Curry, J. A., Schramm, J. L., and Ebert, E. E.: Sea ice–albedo climate feedback mechanism, *J. Climate*, 8, 240–247, 1995.
- 379 Ditlevsen, P. D. and Johnsen, S. J.: Tipping points: Early warning and wishful thinking, *Geophys. Res. Lett.*, 37, 2010.
- 380 Eisenman, I.: Arctic catastrophes in an idealized sea ice model, 2006 Program of Studies: Ice (Geophysical Fluid Dynamics Program), pp.  
381 133–161, 2007.
- 382 Eisenman, I.: Factors controlling the bifurcation structure of sea ice retreat, *Journal of Geophysical Research: Atmospheres*, 117, 2012.
- 383 Eisenman, I. and Wettlaufer, J. S.: Nonlinear threshold behavior during the loss of Arctic sea ice, *Proc Nat Acad Sci USA*, 106, 28–32, 2009.
- 384 Feldl, N., Po-Chedley, S., Singh, H. K., Hay, S., and Kushner, P. J.: Sea ice and atmospheric circulation shape the high-latitude lapse rate  
385 feedback, *npj Climate and Atmospheric Science*, 3, 1–9, 2020.
- 386 Ghil, M. and Childress, S.: *Topics in Geophysical Fluid Dynamics: Atmospheric Dynamics, Dynamo Theory and Climate Dynamics*,  
387 Springer-Verlag, New York, 1987.
- 388 Goldblatt, C., Robinson, T. D., Zahnle, K. J., and Crisp, D.: Low simulated radiation limit for runaway greenhouse climates, *Nature Geo-*  
389 *science*, 6, 661–667, 2013.
- 390 Gregory, J., Ingram, W., Palmer, M., Jones, G., Stott, P., Thorpe, R., Lowe, J., Johns, T., and Williams, K.: A new method for diagnosing  
391 radiative forcing and climate sensitivity, *Geophysical research letters*, 31, 2004.
- 392 Haberman, R.: Slowly varying jump and transition phenomena associated with algebraic bifurcation problems, *SIAM Journal on Applied*  
393 *Mathematics*, 37, 69–106, 1979.
- 394 Hankel, C.: *camillehankel/sea\_ice\_thermo\_0d: 0D-Sea-Ice-Model*, <https://doi.org/10.5281/zenodo.6708812>, 2022.

395 Hankel, C. and Tziperman, E.: The Role of Atmospheric Feedbacks in Abrupt Winter Arctic Sea Ice Loss in Future Warming Scenarios,  
396 *Journal of Climate*, 34, 4435–4447, 2021.

397 Hartmann, D. L.: *Global physical climatology*, vol. 103, chap. Chapter 2, Newnes, 2015.

398 Held, I. M., Winton, M., Takahashi, K., Delworth, T., Zeng, F., and Vallis, G. K.: Probing the fast and slow components of global warming  
399 by returning abruptly to preindustrial forcing, *Journal of Climate*, 23, 2418–2427, 2010.

400 Hezel, P., Fichefet, T., and Massonnet, F.: Modeled Arctic sea ice evolution through 2300 in CMIP5 extended RCPs, *The Cryosphere*, 8,  
401 1195–1204, 2014.

402 Holland, M. M., Bitz, C. M., and Tremblay, B.: Future abrupt reductions in the summer Arctic sea ice, *Geophysical Research Letters*, 33,  
403 2006.

404 Hyde, W. T., Crowley, T. J., Baum, S. K., and Peltier, W. R.: Neoproterozoic ‘snowball Earth’ simulations with a coupled climate/ice-sheet  
405 model, *Nature*, 405, 425–429, 2000.

406 Kaszás, B., Feudel, U., and Tél, T.: Tipping phenomena in typical dynamical systems subjected to parameter drift, *Scientific reports*, 9, 8654,  
407 2019.

408 Kay, J. E., Holland, M. M., Bitz, C. M., Blanchard-Wrigglesworth, E., Gettelman, A., Conley, A., and Bailey, D.: The influence of local  
409 feedbacks and northward heat transport on the equilibrium Arctic climate response to increased greenhouse gas forcing, *Journal of Climate*,  
410 25, 5433–5450, 2012.

411 Kim, H.-J., An, S.-I., Kim, S.-K., and Park, J.-H.: Feedback processes modulating the sensitivity of Atlantic thermohaline circulation to  
412 freshwater forcing timescales, *Journal of Climate*, 34, 5081–5092, 2021.

413 Kwok, R. and Untersteiner, N.: The thinning of Arctic sea ice, *Phys. Today*, 64, 36–41, 2011.

414 Lavergne, T., Sørensen, A. M., Kern, S., Tonboe, R., Notz, D., Aaboe, S., Bell, L., Dybkjær, G., Eastwood, S., Gabarro, C., et al.: Version 2  
415 of the EUMETSAT OSI SAF and ESA CCI sea-ice concentration climate data records, *The Cryosphere*, 13, 49–78, 2019.

416 Leibowicz, B. D., Abbot, D. S., Emanuel, K. A., and Tziperman, E.: Correlation between present-day model simulation of Arc-  
417 tic cloud radiative forcing and sea ice consistent with positive winter convective cloud feedback, *J. Adv. Model. Earth Syst.*, 4,  
418 <https://doi.org/10.1029/2012MS000153>, 2012.

419 Lenton, T. M.: Arctic climate tipping points, *Ambio*, 41, 10–22, 2012.

420 Li, C., Notz, D., Tietsche, S., and Marotzke, J.: The transient versus the equilibrium response of sea ice to global warming, *Journal of Climate*,  
421 26, 5624–5636, 2013.

422 Lindsay, R. and Schweiger, A.: Arctic sea ice thickness loss determined using subsurface, aircraft, and satellite observations, *The Cryosphere*,  
423 9, 269–283, 2015.

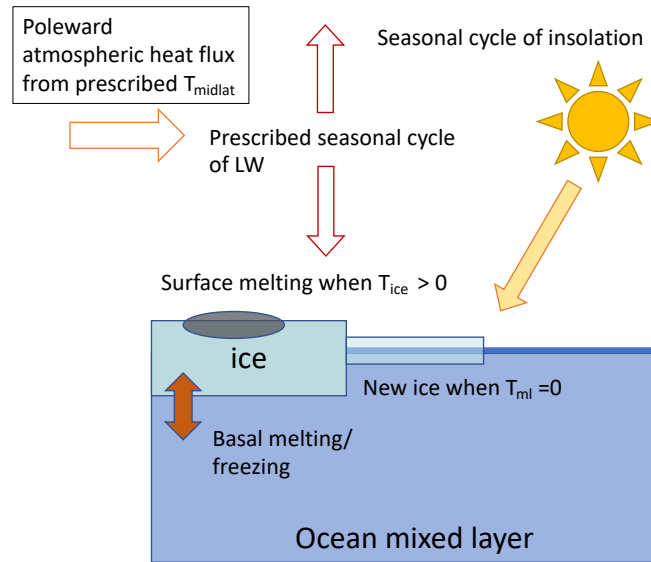
424 Mandel, P. and Erneux, T.: The slow passage through a steady bifurcation: delay and memory effects, *Journal of statistical physics*, 48,  
425 1059–1070, 1987.

426 Manoli, G., Faticchi, S., Bou-Zeid, E., and Katul, G. G.: Seasonal hysteresis of surface urban heat islands, *Proceedings of the National  
427 Academy of Sciences*, 117, 7082–7089, 2020.

428 Nghiem, S., Rigor, I., Perovich, D., Clemente-Colón, P., Weatherly, J., and Neumann, G.: Rapid reduction of Arctic perennial sea ice,  
429 *Geophysical Research Letters*, 34, 2007.

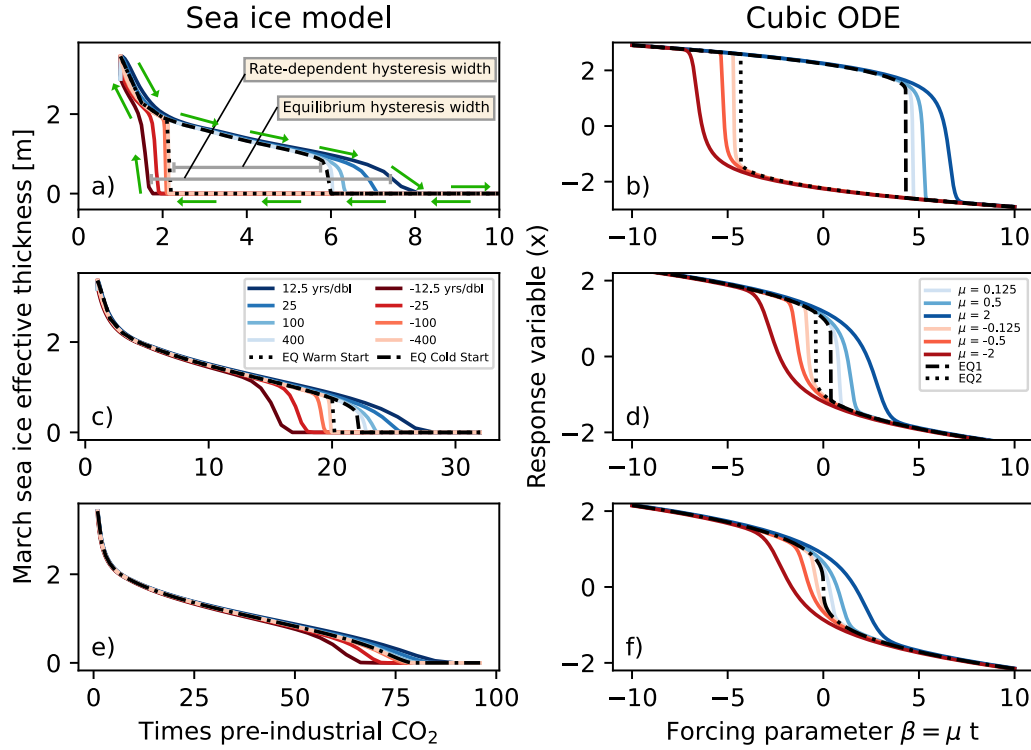
430 Notz, D.: The future of ice sheets and sea ice: Between reversible retreat and unstoppable loss, *Proceedings of the National Academy of  
431 Sciences*, 106, 20590–20595, 2009.

432 Notz, D. and Stroeve, J.: Observed Arctic sea-ice loss directly follows anthropogenic CO<sub>2</sub> emission, *Science*, 354, 747–750, 2016.



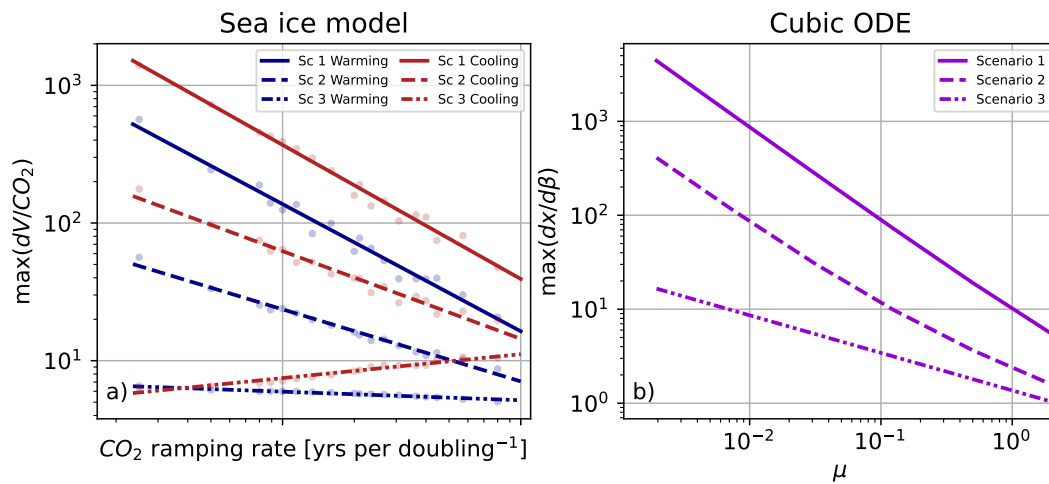
**Figure 1.** Schematic showing some of the key features of the Eisenman (2007) model. Its four prognostic variables are: ice volume, ice area, ice surface temperature, and ocean mixed layer temperature. The full model equations can be found in the Supporting Information.

- 433 Park, D.-S. R., Lee, S., and Feldstein, S. B.: Attribution of the recent winter sea ice decline over the Atlantic sector of the Arctic Ocean,  
 434 *Journal of Climate*, 28, 4027–4033, 2015.
- 435 Popp, M., Schmidt, H., and Marotzke, J.: Transition to a moist greenhouse with CO<sub>2</sub> and solar forcing, *Nature communications*, 7, 1–10,  
 436 2016.
- 437 Ridley, J., Lowe, J., and Hewitt, H.: How reversible is sea ice loss?, *The Cryosphere*, 6, 193, 2012.
- 438 Ritchie, P. D., Clarke, J. J., Cox, P. M., and Huntingford, C.: Overshooting tipping point thresholds in a changing climate, *Nature*, 592,  
 439 517–523, 2021.
- 440 Stroeve, J. and Notz, D.: Changing state of Arctic sea ice across all seasons, *Environmental Research Letters*, 13, 103 001, 2018.
- 441 Stroeve, J., Serreze, M., Drobot, S., Gearheard, S., Holland, M., Maslanik, J., Meier, W., and Scambos, T.: Arctic sea ice extent plummets in  
 442 2007, *Eos, Transactions American Geophysical Union*, 89, 13–14, 2008.
- 443 Stroeve, J. C., Serreze, M. C., Holland, M. M., Kay, J. E., Malanik, J., and Barrett, A. P.: The Arctic’s rapidly shrinking sea ice cover: a  
 444 research synthesis, *Climatic change*, 110, 1005–1027, 2012.
- 445 Strogatz, S.: *Nonlinear dynamics and chaos*, Westview Press, 1994.
- 446 Tredicce, J. R., Lippi, G. L., Mandel, P., Charasse, B., Chevalier, A., and Picqué, B.: Critical slowing down at a bifurcation, *American Journal*  
 447 *of Physics*, 72, 799–809, 2004.
- 448 Wagner, T. J. and Eisenman, I.: How climate model complexity influences sea ice stability, *Journal of Climate*, 28, 3998–4014, 2015.

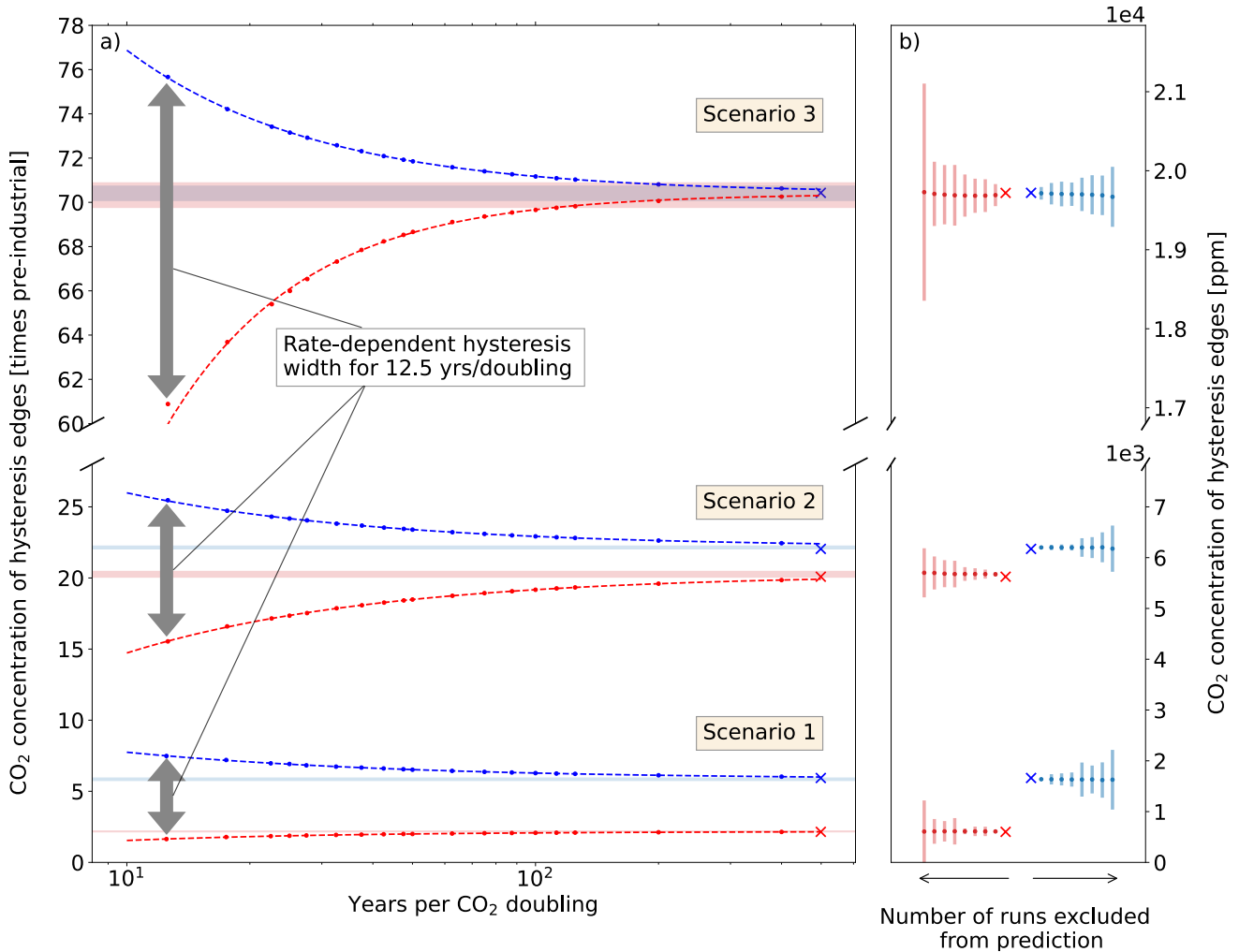


**Figure 2.** Hysteresis runs (time-changing forcing) and equilibrium runs (fixed forcing) for average March sea ice effective thickness (sea ice volume divided by area of the grid cell; panels a,c,d) and the simple ODE from Eq. 1 (b,d,f). The first row corresponds to Scenario 1 (wide bi-stability), the second row to Scenario 2 (narrow bi-stability), and the third to Scenario 3 (no bi-stability). Blue lines indicate simulations with increasing forcing ( $\text{CO}_2$  or  $\beta$ ), while red lines indicate simulations with decreasing forcing. Dashed and dotted black lines indicate the steady-state values of sea ice or the ODE variable  $x$ . These two black lines are different when the two initial conditions evolve to two different steady-states. The legends indicate the different ramping rates (represented by darker colors for faster rates), which are in units of years per  $\text{CO}_2$  doubling in the case of the sea ice model. The green arrows demonstrate the direction of evolving sea ice effective thickness during the hysteresis experiments.





**Figure 3.** Maximum gradient of sea ice effective thickness with respect to  $CO_2$  in panel a, and the maximum gradient of  $x$  with respect to the forcing parameter  $\beta$  in panel b during transient simulations. For the sea ice model (a) the data points from the 18 different runs are shown as faded points, with a superimposed line of best fit. For the cubic ODE (b) the maximum gradient lines corresponding to increasing and decreasing forcing time series are identical due to the symmetry around  $\beta = 0$  seen in Fig. 1b, d, and f.



**Figure 4.** Estimating the equilibrium tipping point value from the rate-dependent hysteresis runs. In panel a, the scatter points show the CO<sub>2</sub> value of the right and left edges of the rate-dependent hysteresis ( $\text{CO}_2^i$  and  $\text{CO}_2^d$ , located along increasing (blue) and decreasing (red) CO<sub>2</sub> time-series respectively) for different ramping rates. The dashed lines show the curve that is fitted to the scatter points, and the shaded blue and red bands show  $\pm 2\sigma$  around the predicted values of  $\text{CO}_2^i$  and  $\text{CO}_2^d$  at infinitely slow ramping rates. The blue and red  $\times$ 's show the true equilibrium values of  $\text{CO}_2^i$  and  $\text{CO}_2^d$  (calculated from the fixed CO<sub>2</sub> runs starting with cold and warm initial conditions respectively). In panel b, we analyze the accuracy of this prediction as we use fewer transient runs. For the three scenarios, we show the result of sequentially excluding the most gradual ramping simulations from the curve-fitting process used for predictions. The dots and the corresponding bars represent the predicted equilibrium values of  $\text{CO}_2^i$  and  $\text{CO}_2^d$ , and  $\pm 2\sigma$  around the prediction, and dots moving away from the true value with larger error bars correspond to excluding more and more runs from the calculation.